

**Wydarzenie:** BIEG WIKINGA  
**Organizator:** Uczniowski Klub Sportowy „WYSPA”, Gmina Wolin.  
**Data:** 2022-09-25  
**Miejsce:** Wolin  
**Dystans:** 5 km



Klasyfikacja: K-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Gmina Wolin	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	MASŁYK Małgorzata	371		K50-59	1		00:33:48.30		6:45	8.9 (100%)
2	OLEJNIK Marzena	435		K50-59	2		00:35:53.75	+00:02:05 (5.8%)	7:10	8.4 (94.4%)
3	MISIUK Marta	381	LOVELASY	K30-39	1		00:36:03.95	+00:02:15 (6.3%)	7:12	8.3 (93.3%)
4	DAJLID Martyna	319		K16-20	1	Tak	00:36:26.90	+00:02:38 (7.3%)	7:17	8.2 (92.1%)
5	MISIEWICZ Bożena	380		K60-69	1		00:36:40.85	+00:02:52 (7.8%)	7:20	8.2 (92.1%)
6	MICHALSKA Anna	375		K40-49	1	Tak	00:36:48.35	+00:03:00 (8.2%)	7:21	8.2 (92.1%)
7	GÓRSKA Agnieszka	334		K40-49	2		00:37:56.75	+00:04:08 (10.9%)	7:35	7.9 (88.8%)
8	MARTYNA Ewa	370		K60-69	2		00:38:44.25	+00:04:55 (12.7%)	7:44	7.7 (86.5%)
9	GŁADZIK Anna	440		K40-49	3		00:39:06.95	+00:05:18 (13.6%)	7:49	7.7 (86.5%)
10	ŁAZOWSKA Edyta	363	KOMPAS TEAM	K40-49	4		00:39:27.40	+00:05:39 (14.3%)	7:53	7.6 (85.4%)
11	DEMKOWICZ Edyta	321	WEGAS	K50-59	3	Tak	00:39:56.50	+00:06:08 (15.4%)	7:59	7.5 (84.3%)
12	MUSZKIET-SOBAŃSKA Agnieszka	386	MUFFINKOWE MORSY	K40-49	5		00:40:04.20	+00:06:15 (15.6%)	8:00	7.5 (84.3%)
13	ZACHARSKA Barbara	429	FABRYKA NORDICA TRZCIANKA	K50-59	4		00:40:12.95	+00:06:24 (15.9%)	8:02	7.5 (84.3%)
14	SZYDŁOWSKA-JAROSZ Agnieszka	415	POBIEROWO BIEGA	K50-59	5		00:40:23.95	+00:06:35 (16.3%)	8:04	7.4 (83.1%)
15	BARYŁA Dorota	304		K50-59	6	Tak	00:40:24.50	+00:06:36 (16.3%)	8:04	7.4 (83.1%)
16	MISZTAL Krystyna	383		K60-69	3	Tak	00:40:26.00	+00:06:37 (16.4%)	8:05	7.4 (83.1%)
17	JUDKIEWICZ Halina	348		K50-59	7	Tak	00:40:29.50	+00:06:41 (16.5%)	8:05	7.4 (83.1%)
18	SZCZEBLEWSKA Katarzyna	414		K40-49	6	Tak	00:40:37.60	+00:06:49 (16.8%)	8:07	7.4 (83.1%)
19	MACKOWSKA Izabela	441		K40-49	7		00:41:08.00	+00:07:19 (17.8%)	8:13	7.3 (82.0%)
20	RADZIK Katarzyna	395		K50-59	8		00:41:26.75	+00:07:38 (18.4%)	8:17	7.2 (80.9%)
21	GASIŃSKA-KOŁYSZKO Ewa	331		K30-39	2		00:41:38.10	+00:07:49 (18.8%)	8:19	7.2 (80.9%)
22	MATWIEJCZUK Agnieszka	372	FURTYMKA TEAM	K40-49	8		00:41:38.30	+00:07:50 (18.8%)	8:19	7.2 (80.9%)
23	WOLF Irena	428		K50-59	9		00:41:49.40	+00:08:01 (19.2%)	8:21	7.2 (80.9%)
24	KRAJEWSKA Beata	354	BIEGACZE ŚWINOUJŚCIE	K40-49	9		00:41:57.50	+00:08:09 (19.4%)	8:23	7.2 (80.9%)
25	DZIEMIDOWICZ Jadwiga	326		K40-49	10	Tak	00:42:00.55	+00:08:12 (19.5%)	8:24	7.1 (79.8%)
26	FUTYMA Karolina	330	FUTYMKA TEAM	K30-39	3		00:42:20.70	+00:08:32 (20.2%)	8:28	7.1 (79.8%)
27	GRZYBOWSKA Ewa	337		K50-59	10	Tak	00:42:22.85	+00:08:34 (20.2%)	8:28	7.1 (79.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Gmina Wolin	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
28	<b>BIAŁEK Magdalena</b>	<b>305</b>		K40-49	11	Tak	<b>00:42:25.35</b>	+00:08:37 (20.3%)	8:29	7.1 (79.8%)
29	<b>MIĘTKIEWICZ Monika</b>	<b>376</b>		K21-29	1	Tak	<b>00:42:27.90</b>	+00:08:39 (20.4%)	8:29	7.1 (79.8%)
30	<b>WOJTYSIAK Dorota</b>	<b>427</b>		K30-39	4	Tak	<b>00:42:28.10</b>	+00:08:39 (20.4%)	8:29	7.1 (79.8%)
31	<b>ARSZELEWSKA Ewelina</b>	<b>302</b>		K30-39	5	Tak	<b>00:42:28.55</b>	+00:08:40 (20.4%)	8:29	7.1 (79.8%)
32	<b>STASIAK Iwona</b>	<b>407</b>		K60-69	4		<b>00:42:30.45</b>	+00:08:42 (20.5%)	8:30	7.1 (79.8%)
33	<b>MIKLAS Aleksandra</b>	<b>377</b>	WALKING WARRIORS	K30-39	6		<b>00:42:33.75</b>	+00:08:45 (20.6%)	8:30	7.1 (79.8%)
34	<b>HYŻOWIECKA Martyna</b>	<b>340</b>		K30-39	7	Tak	<b>00:42:45.40</b>	+00:08:57 (20.9%)	8:33	7 (78.7%)
35	<b>STUDZIŃSKA Dorota</b>	<b>410</b>		K30-39	8	Tak	<b>00:42:45.85</b>	+00:08:57 (21.0%)	8:33	7 (78.7%)
36	<b>RUSINOWICZ Małgorzata</b>	<b>398</b>		K30-39	9	Tak	<b>00:42:46.15</b>	+00:08:57 (21.0%)	8:33	7 (78.7%)
37	<b>PUTRESZA Ewa</b>	<b>394</b>		K40-49	12		<b>00:42:46.95</b>	+00:08:58 (21.0%)	8:33	7 (78.7%)
38	<b>ZDZIEBŁO Magdalena</b>	<b>432</b>		K40-49	13		<b>00:42:58.80</b>	+00:09:10 (21.3%)	8:35	7 (78.7%)
39	<b>JAMROŻEK Julita</b>	<b>342</b>		K30-39	10	Tak	<b>00:43:09.20</b>	+00:09:20 (21.7%)	8:37	7 (78.7%)
40	<b>ZUŻEWICZ Małgorzata</b>	<b>434</b>		K40-49	14	Tak	<b>00:43:17.70</b>	+00:09:29 (21.9%)	8:39	6.9 (77.5%)
40	<b>DWORNIK Orlena</b>	<b>325</b>		K21-29	2		<b>00:43:17.70</b>	+00:09:29 (21.9%)	8:39	6.9 (77.5%)
42	<b>SAJEWICZ Marta</b>	<b>400</b>	WALKING WARRIORS	K40-49	15		<b>00:43:21.15</b>	+00:09:32 (22.0%)	8:40	6.9 (77.5%)
43	<b>KARPIS Joanna</b>	<b>350</b>		K30-39	11		<b>00:43:22.55</b>	+00:09:34 (22.1%)	8:40	6.9 (77.5%)
44	<b>ZAJĄC Bożena</b>	<b>430</b>	LEGENDARY POWER SZEWC	K60-69	5		<b>00:43:31.10</b>	+00:09:42 (22.3%)	8:42	6.9 (77.5%)
45	<b>PACEK Małgorzata</b>	<b>389</b>	KOMPAS TEAM	K40-49	16		<b>00:43:33.10</b>	+00:09:44 (22.4%)	8:42	6.9 (77.5%)
46	<b>MIKOŁAJCZYK Marlena</b>	<b>378</b>	ENDORFINA NOWOGARD	K40-49	17		<b>00:43:42.10</b>	+00:09:53 (22.6%)	8:44	6.9 (77.5%)
47	<b>JĘDRUCH Beata</b>	<b>346</b>		K40-49	18		<b>00:43:51.70</b>	+00:10:03 (22.9%)	8:46	6.8 (76.4%)
48	<b>MACIEJEWSKA Grażyna Maria</b>	<b>364</b>	STARGARD JA SIĘ NIE ŚCIGAM	K60-69	6		<b>00:44:10.20</b>	+00:10:21 (23.5%)	8:50	6.8 (76.4%)
49	<b>NOWAK Aneta</b>	<b>388</b>		K40-49	19		<b>00:44:26.85</b>	+00:10:38 (23.9%)	8:53	6.8 (76.4%)
50	<b>SAJEWICZ Magdaloena</b>	<b>401</b>	WALKING WARRIORS	K30-39	12		<b>00:44:27.40</b>	+00:10:39 (24.0%)	8:53	6.7 (75.3%)
51	<b>RAICHENBACH Agnieszka</b>	<b>396</b>	WB TEAM ŻARNOWO	K30-39	13		<b>00:44:30.70</b>	+00:10:42 (24.1%)	8:54	6.7 (75.3%)
52	<b>TAŁAJKOWSKA Ania</b>	<b>417</b>		K30-39	14	Tak	<b>00:44:31.20</b>	+00:10:42 (24.1%)	8:54	6.7 (75.3%)
53	<b>TARNOWSKA Maria</b>	<b>418</b>		K60-69	7	Tak	<b>00:44:55.15</b>	+00:11:06 (24.7%)	8:59	6.7 (75.3%)
54	<b>WENTA Julia</b>	<b>423</b>		K30-39	15		<b>00:44:56.20</b>	+00:11:07 (24.8%)	8:59	6.7 (75.3%)
55	<b>KOSTKIEWICZ Iwona</b>	<b>352</b>		K40-49	20		<b>00:45:19.60</b>	+00:11:31 (25.4%)	9:03	6.6 (74.2%)
56	<b>JĘDRZEJEWSKA Katarzyna</b>	<b>347</b>		K40-49	21		<b>00:45:24.85</b>	+00:11:36 (25.6%)	9:04	6.6 (74.2%)
57	<b>PANCIUCHIN Wioleta</b>	<b>390</b>		K50-59	11	Tak	<b>00:45:36.70</b>	+00:11:48 (25.9%)	9:07	6.6 (74.2%)
58	<b>JANOWSKA-PASZKOWSKA Joanna</b>	<b>345</b>		K30-39	16		<b>00:45:39.05</b>	+00:11:50 (25.9%)	9:07	6.6 (74.2%)
59	<b>FIREK Monika</b>	<b>329</b>		K30-39	17	Tak	<b>00:45:39.60</b>	+00:11:51 (26.0%)	9:07	6.6 (74.2%)
60	<b>LITWINIAK Izabela</b>	<b>362</b>	FUTYMKA TEAM	K40-49	22		<b>00:46:02.05</b>	+00:12:13 (26.6%)	9:12	6.5 (73.0%)
61	<b>CIEŚLAK Helena</b>	<b>316</b>	LEGENDARY POWER SZEWC	K50-59	12		<b>00:46:05.05</b>	+00:12:16 (26.6%)	9:13	6.5 (73.0%)
62	<b>CEBEREK-PŁOTCZYK Marcelina</b>	<b>308</b>		K60-69	8		<b>00:46:16.15</b>	+00:12:27 (26.9%)	9:15	6.5 (73.0%)
63	<b>KUBISIAK Marta</b>	<b>358</b>		K30-39	18	Tak	<b>00:46:44.10</b>	+00:12:55 (27.7%)	9:20	6.4 (71.9%)
64	<b>CIELUCH Bogusława</b>	<b>313</b>		K50-59	13		<b>00:47:23.90</b>	+00:13:35 (28.7%)	9:28	6.3 (70.8%)
65	<b>JANECKA Renata</b>	<b>344</b>		K50-59	14	Tak	<b>00:47:34.70</b>	+00:13:46 (28.9%)	9:30	6.3 (70.8%)
66	<b>WOJTOWICZ Sylwia</b>	<b>426</b>		K40-49	23	Tak	<b>00:47:36.15</b>	+00:13:47 (29.0%)	9:31	6.3 (70.8%)
67	<b>HALICKA Dagmara</b>	<b>338</b>	MANUALREHA	K30-39	19	Tak	<b>00:47:47.70</b>	+00:13:59 (29.3%)	9:33	6.3 (70.8%)
68	<b>SZAŁAŃSKA Ilona</b>	<b>412</b>		K40-49	24		<b>00:47:48.90</b>	+00:14:00 (29.3%)	9:33	6.3 (70.8%)
69	<b>CHORZEPA Zofia</b>	<b>312</b>		K60-69	9		<b>00:47:51.60</b>	+00:14:03 (29.4%)	9:34	6.3 (70.8%)
70	<b>SAJEWICZ Bożena</b>	<b>403</b>	WALKING WARRIORS	K60-69	10		<b>00:48:23.40</b>	+00:14:35 (30.1%)	9:40	6.2 (69.7%)
71	<b>WIŚNIEWSKA Elżbieta</b>	<b>425</b>		K50-59	15		<b>00:48:40.45</b>	+00:14:52 (30.5%)	9:44	6.2 (69.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Gmina Wolin	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
72	<b>ŚLĘZAK Anita</b>	<b>416</b>		K40-49	25		<b>00:49:25.35</b>	+00:15:37 (31.6%)	9:53	6.1 (68.5%)
73	<b>TARWID Bożena</b>	<b>420</b>		K50-59	16		<b>00:49:25.65</b>	+00:15:37 (31.6%)	9:53	6.1 (68.5%)
74	<b>GEBKA-ZYLA Magdalena</b>	<b>332</b>		K40-49	26		<b>00:49:26.10</b>	+00:15:37 (31.6%)	9:53	6.1 (68.5%)
75	<b>MICHALAK Monika</b>	<b>374</b>	FUTYMKA TEAM	K40-49	27		<b>00:50:02.75</b>	+00:16:14 (32.5%)	10:00	6 (67.4%)
76	<b>LEDZION Dagmara</b>	<b>360</b>		K40-49	28		<b>00:50:06.40</b>	+00:16:18 (32.5%)	10:01	6 (67.4%)
77	<b>ZELEK Grażyna</b>	<b>433</b>		K70+	1	Tak	<b>00:50:22.85</b>	+00:16:34 (32.9%)	10:04	6 (67.4%)
78	<b>BILIŃSKA Krystyna</b>	<b>306</b>		K60-69	11	Tak	<b>00:50:26.25</b>	+00:16:37 (33.0%)	10:05	5.9 (66.3%)
79	<b>MAJZNER Mirosława</b>	<b>368</b>		K40-49	29		<b>00:51:37.60</b>	+00:17:49 (34.5%)	10:19	5.8 (65.2%)
80	<b>CIESIELSKA Aga</b>	<b>315</b>		K50-59	17		<b>00:52:07.75</b>	+00:18:19 (35.2%)	10:25	5.8 (65.2%)
81	<b>AGATOWSKA Joanna</b>	<b>301</b>		K50-59	18		<b>00:52:09.35</b>	+00:18:21 (35.2%)	10:25	5.8 (65.2%)
82	<b>ZALEWSKA Joanna</b>	<b>431</b>		K50-59	19		<b>00:52:45.00</b>	+00:18:56 (35.9%)	10:33	5.7 (64.0%)
83	<b>DUDZINSKA Zofia</b>	<b>324</b>		K60-69	12		<b>00:52:47.55</b>	+00:18:59 (36.0%)	10:33	5.7 (64.0%)
84	<b>BOJKO Krystyna</b>	<b>307</b>		K60-69	13		<b>00:52:53.55</b>	+00:19:05 (36.1%)	10:34	5.7 (64.0%)
85	<b>STEFANIAK Ela</b>	<b>408</b>	ATOMÓWKI	K50-59	20		<b>00:53:17.75</b>	+00:19:29 (36.6%)	10:39	5.6 (62.9%)
86	<b>CHARÓW Katarzyna</b>	<b>310</b>	ATOMÓWKI	K40-49	30	Tak	<b>00:53:18.00</b>	+00:19:29 (36.6%)	10:39	5.6 (62.9%)
87	<b>SZAJA Beata</b>	<b>411</b>	ATOMÓWKI	K50-59	21		<b>01:03:27.65</b>	+00:29:39 (46.7%)	12:41	4.7 (52.8%)
88	<b>MACIEJEWSKA Grażyna Teresa</b>	<b>365</b>	S K M	K60-69	14		<b>01:04:16.10</b>	+00:30:27 (47.4%)	12:51	4.7 (52.8%)

Znaleziono 88 wynik(ów)