

Wydarzenie: BIEG WIKINGA
Organizator: Uczniowski Klub Sportowy „WYSPA”, Gmina Wolin.
Data: 2022-09-25
Miejsce: Wolin
Dystans: 5 km



Klasyfikacja: M-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Gmina Wolin	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	SZAMOTULSKI Henryk	413	EKSPEDYCJA NORDIC TEAM SZCZECIN	M40-49	1		00:29:09.85		5:49	10.3 (100%)
2	DOŁĘGOWSKI Marek	322		M50-59	1	Tak	00:32:25.90	+00:03:16 (10.1%)	6:29	9.3 (90.3%)
3	RUDAWSKI Maciej	397	MARSZ PO ZDROWIE	M30-39	1		00:34:31.85	+00:05:22 (15.5%)	6:54	8.7 (84.5%)
4	CIEMNY Tadeusz	314		M70+	1		00:34:35.55	+00:05:25 (15.7%)	6:55	8.7 (84.5%)
5	MAŃKA Marian	369		M50-59	2		00:34:42.60	+00:05:32 (16.0%)	6:56	8.6 (83.5%)
6	CHADAŚ Jarosław	309		M30-39	2		00:34:51.05	+00:05:41 (16.3%)	6:58	8.6 (83.5%)
7	WIERCHANOWSKI Bogdan	424		M60-69	1		00:36:34.55	+00:07:24 (20.3%)	7:18	8.2 (79.6%)
8	PARCHIMOWICZ Janusz	391		M60-69	2		00:36:38.80	+00:07:28 (20.4%)	7:19	8.2 (79.6%)
9	MAZUREK Maciej	373		M40-49	2		00:37:34.40	+00:08:24 (22.4%)	7:30	8 (77.7%)
10	LEDZION Robert	361		M50-59	3		00:39:08.55	+00:09:58 (25.5%)	7:49	7.7 (74.8%)
11	GRALAK Jacek	335		M40-49	3		00:39:29.75	+00:10:19 (26.2%)	7:53	7.6 (73.8%)
12	KUBISIAK Damian	357		M40-49	4	Tak	00:40:06.05	+00:10:56 (27.3%)	8:01	7.5 (72.8%)
13	WASILEWICZ Kazimierz	421		M70+	2		00:40:12.55	+00:11:02 (27.5%)	8:02	7.5 (72.8%)
14	STRAŻYŃSKI Paweł	409		M30-39	3	Tak	00:40:41.95	+00:11:32 (28.3%)	8:08	7.4 (71.8%)
15	MACIEJEWSKI Zenon	366	SJSNŚ	M60-69	3		00:41:38.75	+00:12:28 (30.0%)	8:19	7.2 (69.9%)
16	DZIEMIDOWICZ Arkadiusz	327		M40-49	5	Tak	00:42:13.15	+00:13:03 (30.9%)	8:26	7.1 (68.9%)
17	FALEŃSKI Rafał	328		M40-49	6		00:42:23.35	+00:13:13 (31.2%)	8:28	7.1 (68.9%)
18	TARNOWSKI Dariusz	419		M60-69	4	Tak	00:43:00.05	+00:13:50 (32.2%)	8:36	7 (68.0%)
19	KARPS Mirosław	436		M40-49	7		00:43:11.50	+00:14:01 (32.5%)	8:38	6.9 (67.0%)
20	SAJEWICZ Piotr	402	WALKING WARRIORS	M40-49	8		00:43:20.85	+00:14:11 (32.7%)	8:40	6.9 (67.0%)
21	JAMROŻEK Paweł	343		M30-39	4	Tak	00:43:38.35	+00:14:28 (33.2%)	8:43	6.9 (67.0%)
22	KARBOWSKI Łukasz	349		M30-39	5		00:43:40.95	+00:14:31 (33.2%)	8:44	6.9 (67.0%)
23	JABLONSKI Romuald	341		M70+	3	Tak	00:45:44.65	+00:16:34 (36.2%)	9:08	6.6 (64.1%)
24	CIEŚLAK Adam	317	LEGENDARY POWER SZEWC	M60-69	5		00:46:03.30	+00:16:53 (36.7%)	9:12	6.5 (63.1%)
25	POL Henryk	393		M60-69	6		00:47:24.65	+00:18:14 (38.5%)	9:28	6.3 (61.2%)
26	MISZTAL Jan	384		M70+	4	Tak	00:47:34.55	+00:18:24 (38.7%)	9:30	6.3 (61.2%)
27	KRZYŻANOWSKI Mariusz	355		M50-59	4		00:47:43.00	+00:18:33 (38.9%)	9:32	6.3 (61.2%)

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28	HALICKI Łukasz	339	MANUALREHA	M30-39	6	Tak	00:47:48.30	+00:18:38 (39.0%)	9:33	6.3 (61.2%)
29	MAJZNER Mariusz	367		M21-29	1		00:51:36.75	+00:22:26 (43.5%)	10:19	5.8 (56.3%)
30	BARYŁA Piotr	303		M50-59	5	Tak	00:52:14.45	+00:23:04 (44.2%)	10:26	5.7 (55.3%)
31	STEFANIAK Marcin	437		M60-69	7		00:52:43.65	+00:23:33 (44.7%)	10:32	5.7 (55.3%)
32	KULIKOWSKI Michał	359		M60-69	8		00:55:24.10	+00:26:14 (47.4%)	11:04	5.4 (52.4%)
33	MACIEJEWSKI Henryk	438		M70+	5		01:04:15.65	+00:35:05 (54.6%)	12:51	4.7 (45.6%)

Znaleziono 33 wynik(ów)