



BIEG WIKINGA - NW 5 KM

B4SPORT

Event: BIEG WIKINGA
Organiser: Uczniowski Klub Sportowy „WYSPA”, Gmina Wolin.
Date: 2022-09-25
Place: Wolin
Distance: 5 km



Classification: M40-49

Place	Participant	Number	Club	Category	MCat	Gmina Wolin	Net time 5km	Gap	Pace min/km	Pace km/h
1	SZAMOTULSKI Henryk	413	EKSPEDYCJA NORDIC TEAM SZCZECIN	M40-49	1		00:29:09.85		5:49	10.3 (100%)
2	MAZUREK Maciej	373		M40-49	2		00:37:34.40	+00:08:24 (22.4%)	7:30	8 (77.7%)
3	GRALAK Jacek	335		M40-49	3		00:39:29.75	+00:10:19 (26.2%)	7:53	7.6 (73.8%)
4	KUBISIAK Damian	357		M40-49	4	Tak	00:40:06.05	+00:10:56 (27.3%)	8:01	7.5 (72.8%)
5	DZIEMIDOWICZ Arkadiusz	327		M40-49	5	Tak	00:42:13.15	+00:13:03 (30.9%)	8:26	7.1 (68.9%)
6	FALEŃSKI Rafał	328		M40-49	6		00:42:23.35	+00:13:13 (31.2%)	8:28	7.1 (68.9%)
7	KARPS Mirosław	436		M40-49	7		00:43:11.50	+00:14:01 (32.5%)	8:38	6.9 (67.0%)
8	SAJEWICZ Piotr	402	WALKING WARRIORS	M40-49	8		00:43:20.85	+00:14:11 (32.7%)	8:40	6.9 (67.0%)

Total 8 results.