



Klasyfikacja: M2

# BIEG WSCHODZĄCEGO SŁOŃCA 2020

B4SPORT

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

Festiwal Biegów Alpejskich 2020  
"Kozica" Fundacja Biegów Górskich  
2020-08-02  
Zawoja  
4,7 km

| Msc | Zawodnik              | Numer | Klub                                         | Kategoria | Mkat | Czas startu | Czas netto<br>4.7km | Czas brutto<br>4.7km | Różn              | Tempo<br>min/km | Tempo<br>km/h |
|-----|-----------------------|-------|----------------------------------------------|-----------|------|-------------|---------------------|----------------------|-------------------|-----------------|---------------|
| 1   | JAWORSKI Zbigniew     | 375   |                                              | M2        | 1    | 00:00:02    | 00:35:45.45         | 00:35:48.00          |                   | 7:36            | 7.9 (100%)    |
| 2   | KARGÓŁ Rafał          | 348   | FANTASTIC 4                                  | M2        | 2    | 00:00:03    | 00:40:05.00         | 00:40:08.60          | +00:04:19 (10.8%) | 8:31            | 7 (88.6%)     |
| 3   | ORCHOLSKI Witold      | 390   | T. S. OPATRUNKI TORUŃ                        | M2        | 3    | 00:00:04    | 00:42:08.00         | 00:42:12.60          | +00:06:22 (15.1%) | 8:57            | 6.7 (84.8%)   |
| 4   | BUCZYŃSKI Adam        | 416   | NON STOP TRAIL                               | M2        | 4    | 00:00:04    | 00:42:47.75         | 00:42:51.95          | +00:07:02 (16.4%) | 9:06            | 6.6 (83.5%)   |
| 5   | GARSKI Krystian       | 394   | ŚWIAT PŁYTEK U KRYSPIŃ                       | M2        | 5    | 00:00:05    | 00:43:31.75         | 00:43:36.90          | +00:07:46 (17.9%) | 9:15            | 6.5 (82.3%)   |
| 6   | SUSKA Łukasz          | 278   |                                              | M2        | 6    | 00:00:04    | 00:43:46.05         | 00:43:50.35          | +00:08:00 (18.3%) | 9:18            | 6.4 (81.0%)   |
| 7   | SZEWCZYK Krzysztof    | 433   | CZEWARUN TIM                                 | M2        | 7    | 00:00:08    | 00:44:45.45         | 00:44:54.00          | +00:09:00 (20.1%) | 9:31            | 6.3 (79.7%)   |
| 8   | ROGOWSKI Maciek       | 349   | FANTASTIC 4/SREBRNI BIEGACZE TARNOWSKIE GÓRY | M2        | 8    | 00:00:03    | 00:44:50.25         | 00:44:53.55          | +00:09:04 (20.3%) | 9:32            | 6.3 (79.7%)   |
| 9   | PIETRAS Mateusz       | 365   |                                              | M2        | 9    | 00:00:05    | 00:45:57.65         | 00:46:03.20          | +00:10:12 (22.2%) | 9:46            | 6.1 (77.2%)   |
| 10  | MORDARSKI Michał      | 367   |                                              | M2        | 10   | 00:00:18    | 00:46:16.65         | 00:46:35.00          | +00:10:31 (22.7%) | 9:50            | 6.1 (77.2%)   |
| 11  | MACIOŁ Sebastian      | 298   | TTA BIERUŃ                                   | M2        | 11   | 00:00:04    | 00:49:10.75         | 00:49:15.45          | +00:13:25 (27.3%) | 10:27           | 5.7 (72.2%)   |
| 12  | MIROCHA Łukasz        | 247   |                                              | M2        | 12   | 00:00:19    | 00:50:24.65         | 00:50:43.75          | +00:14:39 (29.1%) | 10:43           | 5.6 (70.9%)   |
| 13  | GRAJKOWSKI Tomasz     | 260   |                                              | M2        | 13   | 00:00:23    | 00:50:30.60         | 00:50:53.65          | +00:14:45 (29.2%) | 10:44           | 5.6 (70.9%)   |
| 14  | BŁASZCZYKOWSKI Marcin | 340   |                                              | M2        | 14   | 00:00:47    | 00:50:34.55         | 00:51:21.95          | +00:14:49 (29.3%) | 10:45           | 5.6 (70.9%)   |
| 15  | LABIAK Krystian       | 231   | GISZOWIEC BIEGA RAZEM                        | M2        | 15   | 00:00:51    | 00:50:40.00         | 00:51:31.60          | +00:14:54 (29.4%) | 10:46           | 5.6 (70.9%)   |
| 16  | WIATR Wojciech        | 366   | ENDURANCE TEAM                               | M2        | 16   | 00:00:15    | 00:51:28.80         | 00:51:44.40          | +00:15:43 (30.5%) | 10:57           | 5.5 (69.6%)   |
| 17  | SITEK Szymon          | 414   | ZABIEGANI CZESTOCHOWA                        | M2        | 17   | 00:00:15    | 00:51:45.70         | 00:52:01.10          | +00:16:00 (30.9%) | 11:00           | 5.4 (68.4%)   |
| 18  | FILIPOWSKI Rafał      | 320   | FILIPRUN TEAM                                | M2        | 18   | 00:00:10    | 00:53:42.45         | 00:53:52.45          | +00:17:57 (33.4%) | 11:25           | 5.3 (67.1%)   |
| 19  | MANTERYS Michał       | 353   | KKM KALORYFER                                | M2        | 19   | 00:00:22    | 00:54:40.45         | 00:55:03.15          | +00:18:55 (34.6%) | 11:38           | 5.2 (65.8%)   |
| 20  | CIĘŻKI Konrad         | 202   | EVERRUN                                      | M2        | 20   | 00:00:19    | 00:55:18.40         | 00:55:37.60          | +00:19:32 (35.3%) | 11:45           | 5.1 (64.6%)   |
| 21  | STACHOWSKI Damian     | 268   |                                              | M2        | 21   | 00:00:39    | 00:55:42.50         | 00:56:21.65          | +00:19:57 (35.8%) | 11:51           | 5.1 (64.6%)   |
| 22  | MITEK Sergiusz        | 296   |                                              | M2        | 22   | 00:01:02    | 00:55:44.55         | 00:56:47.25          | +00:19:59 (35.9%) | 11:51           | 5.1 (64.6%)   |
| 23  | BAŃKOWSKI Kamil       | 426   |                                              | M2        | 23   | 00:00:51    | 00:55:58.85         | 00:56:50.75          | +00:20:13 (36.1%) | 11:54           | 5 (63.3%)     |
| 24  | SŁOWIK Radosław       | 204   | KLUB BIEGACZA LEROY MERLIN                   | M2        | 24   | 00:01:01    | 00:56:29.25         | 00:57:30.85          | +00:20:43 (36.7%) | 12:01           | 5 (63.3%)     |
| 25  | BAJDA Michał          | 205   |                                              | M2        | 25   | 00:00:13    | 00:57:30.35         | 00:57:44.25          | +00:21:44 (37.8%) | 12:14           | 4.9 (62.0%)   |
| 26  | DZIUBIŃSKI Leszek     | 305   |                                              | M2        | 26   | 00:00:21    | 00:57:32.55         | 00:57:54.50          | +00:21:47 (37.9%) | 12:14           | 4.9 (62.0%)   |
| 27  | STAJER Tomasz         | 447   |                                              | M2        | 27   | 00:00:24    | 00:58:05.85         | 00:58:30.65          | +00:22:20 (38.5%) | 12:21           | 4.9 (62.0%)   |
| 28  | BIAŁECKI Aleksander   | 301   | ROZBIEGANE MYSŁOWICE                         | M2        | 28   | 00:00:53    | 00:58:18.10         | 00:59:11.10          | +00:22:32 (38.7%) | 12:24           | 4.8 (60.8%)   |

| Msc                                | Zawodnik                | Numer | Klub                         | Kategoria | Mkat | Czas startu | Czas netto<br>4.7km | Czas brutto<br>4.7km | Różn              | Tempo<br>min/km | Tempo<br>km/h |
|------------------------------------|-------------------------|-------|------------------------------|-----------|------|-------------|---------------------|----------------------|-------------------|-----------------|---------------|
| 29                                 | DOMIN Łukasz            | 313   | RUN TO THE HILLA TEAM LIBIAŻ | M2        | 29   | 00:00:27    | 00:58:28.00         | 00:58:55.95          | +00:22:42 (38.8%) | 12:26           | 4.8 (60.8%)   |
| 30                                 | SUSKI Daniel            | 396   | BOCIEK WADOWICE              | M2        | 30   | 00:00:46    | 01:00:09.65         | 01:00:56.55          | +00:24:24 (40.6%) | 12:48           | 4.7 (59.5%)   |
| 31                                 | KAMIŃSKI Mirosław       | 331   |                              | M2        | 31   | 00:01:10    | 01:00:19.70         | 01:01:30.00          | +00:24:34 (40.7%) | 12:50           | 4.7 (59.5%)   |
| 32                                 | RYGIEL Janusz           | 304   |                              | M2        | 32   | 00:00:08    | 01:00:20.10         | 01:00:28.60          | +00:24:34 (40.7%) | 12:50           | 4.7 (59.5%)   |
| 33                                 | GRUDNIEWSKI Rafał       | 405   |                              | M2        | 33   | 00:00:12    | 01:00:29.55         | 01:00:41.60          | +00:24:44 (40.9%) | 12:52           | 4.7 (59.5%)   |
| 34                                 | STELMASZCZYK Bartłomiej | 302   | NIKODEMOS WINDYKACJA         | M2        | 34   | 00:00:42    | 01:01:45.15         | 01:02:27.60          | +00:25:59 (42.1%) | 13:08           | 4.6 (58.2%)   |
| 35                                 | RESZOWSKI Bartłomiej    | 223   | NIGHT RUNNERS                | M2        | 35   | 00:00:33    | 01:01:58.70         | 01:02:32.60          | +00:26:13 (42.3%) | 13:11           | 4.5 (57.0%)   |
| 36                                 | SĘK Marek               | 370   | WM TRISELF                   | M2        | 36   | 00:00:20    | 01:02:48.30         | 01:03:08.70          | +00:27:02 (43.1%) | 13:21           | 4.5 (57.0%)   |
| 37                                 | SOBCZAK Daniel          | 210   | KB WYSZKÓW                   | M2        | 37   | 00:00:46    | 01:02:50.35         | 01:03:36.45          | +00:27:04 (43.1%) | 13:22           | 4.5 (57.0%)   |
| 38                                 | JEŻOWSKI Jacek          | 402   |                              | M2        | 38   | 00:00:38    | 01:02:50.60         | 01:03:29.20          | +00:27:05 (43.1%) | 13:22           | 4.5 (57.0%)   |
| 39                                 | BARANOWSKI Marcin       | 286   |                              | M2        | 39   | 00:01:06    | 01:05:12.00         | 01:06:18.50          | +00:29:26 (45.2%) | 13:52           | 4.3 (54.4%)   |
| 40                                 | STOSZ Bartosz           | 300   |                              | M2        | 40   | 00:00:31    | 01:05:12.90         | 01:05:44.50          | +00:29:27 (45.2%) | 13:52           | 4.3 (54.4%)   |
| 41                                 | KROTOS Krzysztof        | 299   | OQS                          | M2        | 41   | 00:00:34    | 01:05:13.20         | 01:05:47.40          | +00:29:27 (45.2%) | 13:52           | 4.3 (54.4%)   |
| 42                                 | SKOCZYŁAS Piotr         | 411   | ENDURANCE TEAM               | M2        | 42   | 00:00:32    | 01:05:29.20         | 01:06:01.75          | +00:29:43 (45.4%) | 13:55           | 4.3 (54.4%)   |
| 43                                 | STARK Sebastian         | 283   | WIECZORNE BIEGANIE W OPOLU   | M2        | 43   | 00:00:36    | 01:06:03.40         | 01:06:39.40          | +00:30:17 (45.9%) | 14:03           | 4.3 (54.4%)   |
| 44                                 | MALKUSZ Damian          | 212   | KLUB GISZOWIEC BIEGA RAZEM   | M2        | 44   | 00:01:01    | 01:07:16.70         | 01:08:18.60          | +00:31:31 (46.9%) | 14:18           | 4.2 (53.2%)   |
| 45                                 | FEJA Adam               | 311   |                              | M2        | 45   | 00:01:01    | 01:08:17.35         | 01:09:19.15          | +00:32:31 (47.6%) | 14:31           | 4.1 (51.9%)   |
| 46                                 | CZEPIEL Daniel          | 336   |                              | M2        | 46   | 00:01:23    | 01:08:29.20         | 01:09:52.80          | +00:32:43 (47.8%) | 14:34           | 4.1 (51.9%)   |
| 47                                 | MAJOWSKI Michał         | 254   | CARBON SPORT SILESIA         | M2        | 47   | 00:00:29    | 01:09:40.05         | 01:10:09.70          | +00:33:54 (48.7%) | 14:49           | 4 (50.6%)     |
| 48                                 | KUBICKI Mariusz         | 435   |                              | M2        | 48   | 00:00:16    | 01:09:41.40         | 01:09:58.00          | +00:33:55 (48.7%) | 14:49           | 4 (50.6%)     |
| 49                                 | JÓZEFUS Rafał           | 232   |                              | M2        | 49   | 00:00:00    | 01:15:54.00         | 01:15:54.00          | +00:40:08 (52.9%) | 16:08           | 3.7 (46.8%)   |
| 50                                 | SZELĄG Piotr            | 392   | TURBO JEŻE TEAM              | M2        | 50   | 00:00:39    | 01:16:08.05         | 01:16:47.75          | +00:40:22 (53.0%) | 16:11           | 3.7 (46.8%)   |
| 51                                 | SZYDŁOWSKI Damian       | 385   |                              | M2        | 51   | 00:00:50    | 01:16:35.60         | 01:17:25.65          | +00:40:50 (53.3%) | 16:17           | 3.7 (46.8%)   |
| 52                                 | PODLEŚNY Marek          | 380   |                              | M2        | 52   | 00:00:00    | 01:20:17.85         | 01:20:17.85          | +00:44:32 (55.5%) | 17:04           | 3.5 (44.3%)   |
| 53                                 | RATKA Artur             | 378   | ORLETA CZĘSTOCHOWA           | M2        | 53   | 00:01:05    | 01:23:46.35         | 01:24:51.40          | +00:48:00 (57.3%) | 17:49           | 3.4 (43.0%)   |
| Przekroczony limit czasu: 01:30:00 |                         |       |                              |           |      |             |                     |                      |                   |                 |               |
| 54                                 | ŚWIĄTEK Tomasz          | 242   |                              | M2        | 54   | 00:00:35    | 01:37:02.90         | 01:37:37.90          | +01:01:17 (63.2%) | 20:38           | 2.9 (36.7%)   |
| 55                                 | DYNIA Grzegorz          | 258   |                              | M2        | 55   | 00:00:00    | 01:37:51.50         | 01:37:51.50          | +01:02:06 (63.5%) | 20:49           | 2.9 (36.7%)   |
| 56                                 | PODLEŚNY Marek          | 432   |                              | M2        | 56   | 00:01:31    | 01:38:02.85         | 01:39:34.05          | +01:02:17 (63.5%) | 20:51           | 2.9 (36.7%)   |

Znaleziono 56 wynik(ów)