



# BIEG WSCHODZĄCEGO SŁOŃCA STAŃCOWA (GMINA LIPNICA WIELKA) – BABIA GÓRA

B4SPORT

**Organizator:** "Kozica" Fundacja Biegów Górskich  
**Data:** 2020-10-04  
**Miejsce:** Stańcowa  
**Dystans:** 4,5 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 4.5km	Czas brutto 4.5km	Różn	Tempo min/km	Tempo km/h
1	<b>TUKA Michał</b>	<b>36</b>	NIŻNÁ / TT VAVREČKA	M1	1	<b>00:42:37.00</b>	<b>00:42:37.00</b>		9:28	6.3 (100%)
2	<b>KIDOŃ Robert</b>	<b>28</b>	ORAWARUN	M1	2	<b>00:44:44.00</b>	<b>00:44:44.00</b>	+00:02:07 (4.7%)	9:56	6 (95.2%)
3	<b>DATA Tomasz</b>	<b>15</b>	HRMAX ŻORY	M2	1	<b>00:45:26.00</b>	<b>00:45:26.00</b>	+00:02:49 (6.2%)	10:05	5.9 (93.7%)
4	<b>KIECANA Grzegorz</b>	<b>69</b>		M1	3	<b>00:48:22.00</b>	<b>00:48:22.00</b>	+00:05:45 (11.9%)	10:44	5.6 (88.9%)
5	<b>JAKIEŁA-RZADKOSZ Katarzyna</b>	<b>41</b>		K1	1	<b>00:49:35.00</b>	<b>00:49:35.00</b>	+00:06:58 (14.1%)	11:01	5.4 (85.7%)
6	<b>MAGERCAK Miłos</b>	<b>72</b>		M1	4	<b>00:50:35.00</b>	<b>00:50:35.00</b>	+00:07:58 (15.7%)	11:14	5.3 (84.1%)
7	<b>FIDELUS Jacek</b>	<b>19</b>	WCHSZT	M2	2	<b>00:50:41.00</b>	<b>00:50:41.00</b>	+00:08:04 (15.9%)	11:15	5.3 (84.1%)
8	<b>KORDECKI Łukasz</b>	<b>62</b>	WCHSZT	M2	3	<b>00:51:02.00</b>	<b>00:51:02.00</b>	+00:08:25 (16.5%)	11:20	5.3 (84.1%)
9	<b>SZYMIK Marcin</b>	<b>35</b>	NATURE'S SUNSHINE POLAND	M2	4	<b>00:51:56.00</b>	<b>00:51:56.00</b>	+00:09:19 (17.9%)	11:32	5.2 (82.5%)
10	<b>PIETRAS Mateusz</b>	<b>30</b>	RUN4FUN	M2	5	<b>00:52:48.00</b>	<b>00:52:48.00</b>	+00:10:11 (19.3%)	11:44	5.1 (81.0%)
11	<b>DOMALIK Marcin</b>	<b>39</b>		M1	5	<b>00:53:43.00</b>	<b>00:53:43.00</b>	+00:11:06 (20.7%)	11:56	5 (79.4%)
12	<b>ZACHARA Dawid</b>	<b>53</b>		M1	6	<b>00:54:13.00</b>	<b>00:54:13.00</b>	+00:11:36 (21.4%)	12:02	5 (79.4%)
13	<b>CZARNECKI Jakub</b>	<b>31</b>		M1	7	<b>00:54:25.00</b>	<b>00:54:25.00</b>	+00:11:48 (21.7%)	12:05	5 (79.4%)
14	<b>TUSK Paweł</b>	<b>61</b>	KS ISKRA PRZY AMW GDYNIA	M1	8	<b>00:56:02.00</b>	<b>00:56:02.00</b>	+00:13:25 (23.9%)	12:27	4.8 (76.2%)
15	<b>KIDOŃ Anna</b>	<b>27</b>	ORAWARUN	K1	2	<b>00:56:44.00</b>	<b>00:56:44.00</b>	+00:14:07 (24.9%)	12:36	4.8 (76.2%)
16	<b>SZNAJDER Jarosław</b>	<b>52</b>		M3	1	<b>00:58:02.00</b>	<b>00:58:02.00</b>	+00:15:25 (26.6%)	12:53	4.7 (74.6%)
17	<b>CHROBAK Łukasz</b>	<b>25</b>		M1	9	<b>00:58:10.00</b>	<b>00:58:10.00</b>	+00:15:33 (26.7%)	12:55	4.6 (73.0%)
18	<b>GÓRKA Robert</b>	<b>70</b>	WISŁA	M2	6	<b>00:58:23.00</b>	<b>00:58:23.00</b>	+00:15:46 (27.0%)	12:58	4.6 (73.0%)
19	<b>WYSZYŃSKI Artur</b>	<b>59</b>		M2	7	<b>00:59:08.00</b>	<b>00:59:08.00</b>	+00:16:31 (27.9%)	13:08	4.6 (73.0%)
20	<b>KOBRYŃ Dominik</b>	<b>32</b>	BYLEDOBIEC ANIN	M2	8	<b>00:59:33.00</b>	<b>00:59:33.00</b>	+00:16:56 (28.4%)	13:14	4.5 (71.4%)
21	<b>PACHURA Kinga</b>	<b>666</b>		K2	1	<b>00:59:51.00</b>	<b>00:59:51.00</b>	+00:17:14 (28.8%)	13:18	4.5 (71.4%)
22	<b>FIDELUS Joanna</b>	<b>64</b>	WCHSZT	K2	2	<b>01:01:13.00</b>	<b>01:01:13.00</b>	+00:18:36 (30.4%)	13:36	4.4 (69.8%)
23	<b>HOŁUJ Andrzej</b>	<b>45</b>		M3	2	<b>01:01:33.00</b>	<b>01:01:33.00</b>	+00:18:56 (30.8%)	13:40	4.4 (69.8%)
24	<b>SIĄKAŁA Krystian</b>	<b>50</b>	WIKTORIA I FRANCISZEK	M2	9	<b>01:02:57.00</b>	<b>01:02:57.00</b>	+00:20:20 (32.3%)	13:59	4.3 (68.3%)
25	<b>KORZENIOWSKI Krzysztof</b>	<b>49</b>		M2	10	<b>01:03:07.00</b>	<b>01:03:07.00</b>	+00:20:30 (32.5%)	14:01	4.3 (68.3%)
26	<b>SPRLAK Miłos</b>	<b>73</b>		M1	10	<b>01:04:53.00</b>	<b>01:04:53.00</b>	+00:22:16 (34.3%)	14:25	4.2 (66.7%)
27	<b>KAMIŃSKI Marcin</b>	<b>3</b>		M3	3	<b>01:04:58.00</b>	<b>01:04:58.00</b>	+00:22:21 (34.4%)	14:26	4.2 (66.7%)
28	<b>ŚCIGALSKI Marcin</b>	<b>1</b>	NIEPOŁOMICE BIEGAJĄ	M3	4	<b>01:05:32.00</b>	<b>01:05:32.00</b>	+00:22:55 (35.0%)	14:33	4.1 (65.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 4.5km	Czas brutto 4.5km	Różn	Tempo min/km	Tempo km/h
29	<b>SIDZINA Arek</b>	<b>21</b>		M2	11	<b>01:06:12.00</b>	<b>01:06:12.00</b>	+00:23:35 (35.6%)	14:42	4.1 (65.1%)
30	<b>PICZAK Jarosław</b>	<b>24</b>		M2	12	<b>01:06:47.00</b>	<b>01:06:47.00</b>	+00:24:10 (36.2%)	14:50	4 (63.5%)
31	<b>GÓRKA Krzysztof</b>	<b>71</b>	Z BIEGANIEM MI DO GÓR	M2	13	<b>01:06:54.00</b>	<b>01:06:54.00</b>	+00:24:17 (36.3%)	14:52	4 (63.5%)
32	<b>NOWICKA Katarzyna</b>	<b>7</b>		K1	3	<b>01:08:08.00</b>	<b>01:08:08.00</b>	+00:25:31 (37.5%)	15:08	4 (63.5%)
33	<b>PRZYSTASZ Magda</b>	<b>67</b>	NIEPOŁOMICE BIEGAJĄ	K1	4	<b>01:08:22.00</b>	<b>01:08:22.00</b>	+00:25:45 (37.7%)	15:11	3.9 (61.9%)
34	<b>LENCZOWSKI Jakub</b>	<b>37</b>	IRON DRAGON TRIATHLON CLUB / DOBRENARTY.PL	M2	14	<b>01:09:58.00</b>	<b>01:09:58.00</b>	+00:27:21 (39.1%)	15:32	3.9 (61.9%)
35	<b>MUCHA Grażyna</b>	<b>16</b>		K2	3	<b>01:10:34.00</b>	<b>01:10:34.00</b>	+00:27:57 (39.6%)	15:40	3.8 (60.3%)
36	<b>WYKA Artur</b>	<b>65</b>		M1	11	<b>01:11:09.00</b>	<b>01:11:09.00</b>	+00:28:32 (40.1%)	15:48	3.8 (60.3%)
37	<b>LICHOSYT Łukasz</b>	<b>38</b>		M1	12	<b>01:11:24.00</b>	<b>01:11:24.00</b>	+00:28:47 (40.3%)	15:52	3.8 (60.3%)
38	<b>LICHOSYT Bronisław</b>	<b>43</b>		M3	5	<b>01:12:39.00</b>	<b>01:12:39.00</b>	+00:30:02 (41.3%)	16:08	3.7 (58.7%)
39	<b>WISNIEWSKI Piotr</b>	<b>33</b>		M2	15	<b>01:13:09.00</b>	<b>01:13:09.00</b>	+00:30:32 (41.7%)	16:15	3.7 (58.7%)
40	<b>KATOLIK Jolanta</b>	<b>9</b>	CROSTRENING RACIBÓRZ	K2	4	<b>01:13:16.00</b>	<b>01:13:16.00</b>	+00:30:39 (41.8%)	16:16	3.7 (58.7%)
41	<b>TUCHOWSKA Anna</b>	<b>60</b>		K2	5	<b>01:13:52.00</b>	<b>01:13:52.00</b>	+00:31:15 (42.3%)	16:24	3.7 (58.7%)
42	<b>JĘDRYKA Anna</b>	<b>11</b>		K1	5	<b>01:15:49.00</b>	<b>01:15:49.00</b>	+00:33:12 (43.8%)	16:50	3.6 (57.1%)
43	<b>MATYSIAK Sławomir</b>	<b>10</b>		M1	13	<b>01:16:25.00</b>	<b>01:16:25.00</b>	+00:33:48 (44.2%)	16:58	3.5 (55.6%)
44	<b>JOŃCZYK Bartłomiej</b>	<b>55</b>		M2	16	<b>01:16:34.00</b>	<b>01:16:34.00</b>	+00:33:57 (44.3%)	17:00	3.5 (55.6%)
45	<b>JOŃCZYK Marcin</b>	<b>18</b>	HAJIME RUN TEAM/ESKADRA	M2	17	<b>01:16:38.00</b>	<b>01:16:38.00</b>	+00:34:01 (44.4%)	17:01	3.5 (55.6%)
46	<b>HADAM Przemysław</b>	<b>23</b>		M2	18	<b>01:18:01.00</b>	<b>01:18:01.00</b>	+00:35:24 (45.4%)	17:20	3.5 (55.6%)
47	<b>MALISZEWSKA Marta</b>	<b>42</b>	KINGRUNNER ULTRA	K2	6	<b>01:18:29.00</b>	<b>01:18:29.00</b>	+00:35:52 (45.7%)	17:26	3.4 (54.0%)
48	<b>SZABELAK Witold</b>	<b>44</b>	KINGRUNNER ULTRA	M2	19	<b>01:18:33.00</b>	<b>01:18:33.00</b>	+00:35:56 (45.7%)	17:27	3.4 (54.0%)
49	<b>BAJOŁEK Aleksandra</b>	<b>5</b>	AZS AWF MASTERS KRAKOW	K3	1	<b>01:19:12.00</b>	<b>01:19:12.00</b>	+00:36:35 (46.2%)	17:36	3.4 (54.0%)
50	<b>NOWAKOWSKI Michał</b>	<b>66</b>		M1	14	<b>01:20:29.00</b>	<b>01:20:29.00</b>	+00:37:52 (47.0%)	17:53	3.4 (54.0%)
51	<b>GRZEGORZEK Katarzyna</b>	<b>8</b>	KOZA NOSTRA	K1	6	<b>01:20:57.00</b>	<b>01:20:57.00</b>	+00:38:20 (47.4%)	17:59	3.3 (52.4%)
52	<b>KUTYŁA Stanisław</b>	<b>58</b>		M2	20	<b>01:21:36.00</b>	<b>01:21:36.00</b>	+00:38:59 (47.8%)	18:08	3.3 (52.4%)
53	<b>KUTYŁA Agnieszka</b>	<b>57</b>		K3	2	<b>01:21:39.00</b>	<b>01:21:39.00</b>	+00:39:02 (47.8%)	18:08	3.3 (52.4%)
54	<b>SIWINSKA Gosia</b>	<b>14</b>		K2	7	<b>01:22:10.00</b>	<b>01:22:10.00</b>	+00:39:33 (48.1%)	18:15	3.3 (52.4%)
55	<b>MICHALSKA Ewa</b>	<b>22</b>	MELA TEAM	K2	8	<b>01:22:25.00</b>	<b>01:22:25.00</b>	+00:39:48 (48.3%)	18:18	3.3 (52.4%)
56	<b>KOSIŃSKA Asia</b>	<b>6</b>		K1	7	<b>01:23:24.00</b>	<b>01:23:24.00</b>	+00:40:47 (48.9%)	18:32	3.2 (50.8%)
57	<b>GĘBALSKA Agnieszka</b>	<b>26</b>		K1	8	<b>01:23:32.00</b>	<b>01:23:32.00</b>	+00:40:55 (49.0%)	18:33	3.2 (50.8%)
58	<b>GĘBALSKA Kasia</b>	<b>4</b>		K1	9	<b>01:24:15.00</b>	<b>01:24:15.00</b>	+00:41:38 (49.4%)	18:43	3.2 (50.8%)
59	<b>PESCHAK Anna</b>	<b>12</b>		K2	9	<b>01:24:18.00</b>	<b>01:24:18.00</b>	+00:41:41 (49.4%)	18:44	3.2 (50.8%)
60	<b>PSZCZÓŁKA-BUSCH Aneta</b>	<b>63</b>		K2	10	<b>01:26:24.00</b>	<b>01:26:24.00</b>	+00:43:47 (50.7%)	19:12	3.1 (49.2%)
61	<b>HOŁUJ Barbara</b>	<b>48</b>		K3	3	<b>01:27:15.00</b>	<b>01:27:15.00</b>	+00:44:38 (51.2%)	19:23	3.1 (49.2%)
62	<b>WAŁCZYK Andrzej</b>	<b>29</b>		M1	15	<b>01:27:53.00</b>	<b>01:27:53.00</b>	+00:45:16 (51.5%)	19:31	3.1 (49.2%)
63	<b>MIKOŁAJCZAK Magdalena</b>	<b>13</b>		K2	11	<b>01:31:04.00</b>	<b>01:31:04.00</b>	+00:48:27 (53.2%)	20:14	3 (47.6%)
	<b>KAFAROWSKI Jakub</b>	<b>68</b>	KS KANDAHAR	Open M		<b>DNF</b>	<b>DNF</b>	-	-	- (0.0%)

Znaleziono 64 wynik(ów)