



BIEG WSCHODZĄCEGO SŁOŃCA STAŃCOWA (GMINA LIPNICA WIELKA) – BABIA GÓRA

B4SPORT

Organizator: "Kozica" Fundacja Biegów Górskich
Data: 2020-10-04
Miejsce: Stańcowa
Dystans: 4,5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 4.5km	Czas brutto 4.5km	Różn	Tempo min/km	Tempo km/h
1	TUKA Michał	36	NIŻNÁ / TT VAVREČKA	M1	1	00:42:37.00	00:42:37.00		9:28	6.3 (100%)
2	KIDOŃ Robert	28	ORAWARUN	M1	2	00:44:44.00	00:44:44.00	+00:02:07 (4.7%)	9:56	6 (95.2%)
3	DATA Tomasz	15	HRMAX ŻORY	M2	1	00:45:26.00	00:45:26.00	+00:02:49 (6.2%)	10:05	5.9 (93.7%)
4	KIECANA Grzegorz	69		M1	3	00:48:22.00	00:48:22.00	+00:05:45 (11.9%)	10:44	5.6 (88.9%)
5	JAKIEŁA-RZADKOSZ Katarzyna	41		K1	1	00:49:35.00	00:49:35.00	+00:06:58 (14.1%)	11:01	5.4 (85.7%)
6	MAGERCAK Miłos	72		M1	4	00:50:35.00	00:50:35.00	+00:07:58 (15.7%)	11:14	5.3 (84.1%)
7	FIDELUS Jacek	19	WCHSZT	M2	2	00:50:41.00	00:50:41.00	+00:08:04 (15.9%)	11:15	5.3 (84.1%)
8	KORDECKI Łukasz	62	WCHSZT	M2	3	00:51:02.00	00:51:02.00	+00:08:25 (16.5%)	11:20	5.3 (84.1%)
9	SZYMIK Marcin	35	NATURE'S SUNSHINE POLAND	M2	4	00:51:56.00	00:51:56.00	+00:09:19 (17.9%)	11:32	5.2 (82.5%)
10	PIETRAS Mateusz	30	RUN4FUN	M2	5	00:52:48.00	00:52:48.00	+00:10:11 (19.3%)	11:44	5.1 (81.0%)
11	DOMALIK Marcin	39		M1	5	00:53:43.00	00:53:43.00	+00:11:06 (20.7%)	11:56	5 (79.4%)
12	ZACHARA Dawid	53		M1	6	00:54:13.00	00:54:13.00	+00:11:36 (21.4%)	12:02	5 (79.4%)
13	CZARNECKI Jakub	31		M1	7	00:54:25.00	00:54:25.00	+00:11:48 (21.7%)	12:05	5 (79.4%)
14	TUSK Paweł	61	KS ISKRA PRZY AMW GDYNIA	M1	8	00:56:02.00	00:56:02.00	+00:13:25 (23.9%)	12:27	4.8 (76.2%)
15	KIDOŃ Anna	27	ORAWARUN	K1	2	00:56:44.00	00:56:44.00	+00:14:07 (24.9%)	12:36	4.8 (76.2%)
16	SZNAJDER Jarosław	52		M3	1	00:58:02.00	00:58:02.00	+00:15:25 (26.6%)	12:53	4.7 (74.6%)
17	CHROBAK Łukasz	25		M1	9	00:58:10.00	00:58:10.00	+00:15:33 (26.7%)	12:55	4.6 (73.0%)
18	GÓRKA Robert	70	WISŁA	M2	6	00:58:23.00	00:58:23.00	+00:15:46 (27.0%)	12:58	4.6 (73.0%)
19	WYSZYŃSKI Artur	59		M2	7	00:59:08.00	00:59:08.00	+00:16:31 (27.9%)	13:08	4.6 (73.0%)
20	KOBRYŃ Dominik	32	BYLEDOBIEC ANIN	M2	8	00:59:33.00	00:59:33.00	+00:16:56 (28.4%)	13:14	4.5 (71.4%)
21	PACHURA Kinga	666		K2	1	00:59:51.00	00:59:51.00	+00:17:14 (28.8%)	13:18	4.5 (71.4%)
22	FIDELUS Joanna	64	WCHSZT	K2	2	01:01:13.00	01:01:13.00	+00:18:36 (30.4%)	13:36	4.4 (69.8%)
23	HOŁUJ Andrzej	45		M3	2	01:01:33.00	01:01:33.00	+00:18:56 (30.8%)	13:40	4.4 (69.8%)
24	SIĄKAŁA Krystian	50	WIKTORIA I FRANCISZEK	M2	9	01:02:57.00	01:02:57.00	+00:20:20 (32.3%)	13:59	4.3 (68.3%)
25	KORZENIOWSKI Krzysztof	49		M2	10	01:03:07.00	01:03:07.00	+00:20:30 (32.5%)	14:01	4.3 (68.3%)
26	SPRLAK Miłos	73		M1	10	01:04:53.00	01:04:53.00	+00:22:16 (34.3%)	14:25	4.2 (66.7%)
27	KAMIŃSKI Marcin	3		M3	3	01:04:58.00	01:04:58.00	+00:22:21 (34.4%)	14:26	4.2 (66.7%)
28	ŚCIGALSKI Marcin	1	NIEPOŁOMICE BIEGAJĄ	M3	4	01:05:32.00	01:05:32.00	+00:22:55 (35.0%)	14:33	4.1 (65.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 4.5km	Czas brutto 4.5km	Różn	Tempo min/km	Tempo km/h
29	SIDZINA Arek	21		M2	11	01:06:12.00	01:06:12.00	+00:23:35 (35.6%)	14:42	4.1 (65.1%)
30	PICZAK Jarosław	24		M2	12	01:06:47.00	01:06:47.00	+00:24:10 (36.2%)	14:50	4 (63.5%)
31	GÓRKA Krzysztof	71	Z BIEGANIEM MI DO GÓR	M2	13	01:06:54.00	01:06:54.00	+00:24:17 (36.3%)	14:52	4 (63.5%)
32	NOWICKA Katarzyna	7		K1	3	01:08:08.00	01:08:08.00	+00:25:31 (37.5%)	15:08	4 (63.5%)
33	PRZYSTASZ Magda	67	NIEPOŁOMICE BIEGAJĄ	K1	4	01:08:22.00	01:08:22.00	+00:25:45 (37.7%)	15:11	3.9 (61.9%)
34	LENCZOWSKI Jakub	37	IRON DRAGON TRIATHLON CLUB / DOBRENARTY.PL	M2	14	01:09:58.00	01:09:58.00	+00:27:21 (39.1%)	15:32	3.9 (61.9%)
35	MUCHA Grażyna	16		K2	3	01:10:34.00	01:10:34.00	+00:27:57 (39.6%)	15:40	3.8 (60.3%)
36	WYKA Artur	65		M1	11	01:11:09.00	01:11:09.00	+00:28:32 (40.1%)	15:48	3.8 (60.3%)
37	LICHOSYT Łukasz	38		M1	12	01:11:24.00	01:11:24.00	+00:28:47 (40.3%)	15:52	3.8 (60.3%)
38	LICHOSYT Bronisław	43		M3	5	01:12:39.00	01:12:39.00	+00:30:02 (41.3%)	16:08	3.7 (58.7%)
39	WISNIEWSKI Piotr	33		M2	15	01:13:09.00	01:13:09.00	+00:30:32 (41.7%)	16:15	3.7 (58.7%)
40	KATOLIK Jolanta	9	CROSTRENING RACIBÓRZ	K2	4	01:13:16.00	01:13:16.00	+00:30:39 (41.8%)	16:16	3.7 (58.7%)
41	TUCHOWSKA Anna	60		K2	5	01:13:52.00	01:13:52.00	+00:31:15 (42.3%)	16:24	3.7 (58.7%)
42	JĘDRYKA Anna	11		K1	5	01:15:49.00	01:15:49.00	+00:33:12 (43.8%)	16:50	3.6 (57.1%)
43	MATYSIAK Sławomir	10		M1	13	01:16:25.00	01:16:25.00	+00:33:48 (44.2%)	16:58	3.5 (55.6%)
44	JOŃCZYK Bartłomiej	55		M2	16	01:16:34.00	01:16:34.00	+00:33:57 (44.3%)	17:00	3.5 (55.6%)
45	JOŃCZYK Marcin	18	HAJIME RUN TEAM/ESKADRA	M2	17	01:16:38.00	01:16:38.00	+00:34:01 (44.4%)	17:01	3.5 (55.6%)
46	HADAM Przemysław	23		M2	18	01:18:01.00	01:18:01.00	+00:35:24 (45.4%)	17:20	3.5 (55.6%)
47	MALISZEWSKA Marta	42	KINGRUNNER ULTRA	K2	6	01:18:29.00	01:18:29.00	+00:35:52 (45.7%)	17:26	3.4 (54.0%)
48	SZABELAK Witold	44	KINGRUNNER ULTRA	M2	19	01:18:33.00	01:18:33.00	+00:35:56 (45.7%)	17:27	3.4 (54.0%)
49	BAJOŁEK Aleksandra	5	AZS AWF MASTERS KRAKOW	K3	1	01:19:12.00	01:19:12.00	+00:36:35 (46.2%)	17:36	3.4 (54.0%)
50	NOWAKOWSKI Michał	66		M1	14	01:20:29.00	01:20:29.00	+00:37:52 (47.0%)	17:53	3.4 (54.0%)
51	GRZEGORZEK Katarzyna	8	KOZA NOSTRA	K1	6	01:20:57.00	01:20:57.00	+00:38:20 (47.4%)	17:59	3.3 (52.4%)
52	KUTYŁA Stanisław	58		M2	20	01:21:36.00	01:21:36.00	+00:38:59 (47.8%)	18:08	3.3 (52.4%)
53	KUTYŁA Agnieszka	57		K3	2	01:21:39.00	01:21:39.00	+00:39:02 (47.8%)	18:08	3.3 (52.4%)
54	SIWINSKA Gosia	14		K2	7	01:22:10.00	01:22:10.00	+00:39:33 (48.1%)	18:15	3.3 (52.4%)
55	MICHALSKA Ewa	22	MELA TEAM	K2	8	01:22:25.00	01:22:25.00	+00:39:48 (48.3%)	18:18	3.3 (52.4%)
56	KOSIŃSKA Asia	6		K1	7	01:23:24.00	01:23:24.00	+00:40:47 (48.9%)	18:32	3.2 (50.8%)
57	GĘBALSKA Agnieszka	26		K1	8	01:23:32.00	01:23:32.00	+00:40:55 (49.0%)	18:33	3.2 (50.8%)
58	GĘBALSKA Kasia	4		K1	9	01:24:15.00	01:24:15.00	+00:41:38 (49.4%)	18:43	3.2 (50.8%)
59	PESCHAK Anna	12		K2	9	01:24:18.00	01:24:18.00	+00:41:41 (49.4%)	18:44	3.2 (50.8%)
60	PSZCZÓŁKA-BUSCH Aneta	63		K2	10	01:26:24.00	01:26:24.00	+00:43:47 (50.7%)	19:12	3.1 (49.2%)
61	HOŁUJ Barbara	48		K3	3	01:27:15.00	01:27:15.00	+00:44:38 (51.2%)	19:23	3.1 (49.2%)
62	WAŁCZYK Andrzej	29		M1	15	01:27:53.00	01:27:53.00	+00:45:16 (51.5%)	19:31	3.1 (49.2%)
63	MIKOŁAJCZAK Magdalena	13		K2	11	01:31:04.00	01:31:04.00	+00:48:27 (53.2%)	20:14	3 (47.6%)
	KAFAROWSKI Jakub	68	KS KANDAHAR	Open M		DNF	DNF	-	-	- (0.0%)

Znaleziono 64 wynik(ów)