

# BIEG ZA MIASTEM - 10KM

B4SPORT

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INTELIGENTNE ZAWODY SPORTOWE

**Wydarzenie:** Event za Miastem  
**Organizator:** Stowarzyszenie Biegaj Za Miastem  
**Data:** 2021-09-11  
**Miejsce:** Łysomice  
**Dystans:** 10 km

Klasyfikacja: K-30

| Msc | Zawodnik                              | Numer      | Klub         | Kategoria | Mkat | Czas netto 10km    | Czas brutto 10km   | Różn             | Tempo min/km | Tempo km/h  |
|-----|---------------------------------------|------------|--------------|-----------|------|--------------------|--------------------|------------------|--------------|-------------|
| 1   | <b>ZIÓŁKOWSKA Katarzyna</b>           | <b>40</b>  |              | K-30      | 1    | <b>01:12:39.50</b> | <b>01:12:44.25</b> |                  | 7:15         | 8.3 (100%)  |
| 2   | <b>CIESZYŃSKA-RATAJCZAK Katarzyna</b> | <b>58</b>  | ZELGNO BIEGA | K-30      | 2    | <b>01:12:59.20</b> | <b>01:13:03.35</b> | +00:00:19 (0.4%) | 7:17         | 8.2 (98.8%) |
| 3   | <b>LEWANDOWSKA Weronika</b>           | <b>139</b> |              | K-30      | 3    | <b>01:13:16.85</b> | <b>01:13:18.50</b> | +00:00:34 (0.8%) | 7:19         | 8.2 (98.8%) |
| 4   | <b>KACZMAREK Joanna</b>               | <b>53</b>  |              | K-30      | 4    | <b>01:13:30.90</b> | <b>01:13:30.90</b> | +00:00:46 (1.1%) | 7:21         | 8.2 (98.8%) |
| 5   | <b>JASKOWSKA Karolina</b>             | <b>60</b>  |              | K-30      | 5    | <b>01:13:38.90</b> | <b>01:13:42.05</b> | +00:00:57 (1.3%) | 7:21         | 8.1 (97.6%) |
| 6   | <b>SZYMECZKO Aleksandra</b>           | <b>39</b>  |              | K-30      | 6    | <b>01:14:28.85</b> | <b>01:14:33.40</b> | +00:01:49 (2.4%) | 7:26         | 8.1 (97.6%) |
| 7   | <b>KROSNOWSKA Agnieszka</b>           | <b>138</b> |              | K-30      | 7    | <b>01:15:25.45</b> | <b>01:15:27.25</b> | +00:02:43 (3.6%) | 7:32         | 8 (96.4%)   |
| 8   | <b>DOBROVOLSKA Kateryna</b>           | <b>46</b>  |              | K-30      | 8    | <b>01:18:46.60</b> | <b>01:18:49.65</b> | +00:06:05 (7.7%) | 7:52         | 7.6 (91.6%) |
| 9   | <b>BORKOWSKA Maria</b>                | <b>49</b>  | RCR ROZGARTY | K-30      | 9    | <b>01:20:05.05</b> | <b>01:20:11.50</b> | +00:07:27 (9.3%) | 8:00         | 7.5 (90.4%) |

Znaleziono 9 wynik(ów)