



BIEG ZAKOCHANYCH - 10 KM

B4SPORT

Organizator: Rada Osiedla Jamno - Łabusz, Koszalińskie
Towarzystwo Krzewienia Kultury Fizycznej
Data: 2017-02-12
Miejsce: Jamno
Dystans: 10 km



Klasyfikacja: K-40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start_All 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	KONIECZNA Anka	140	ROZBIEGANY KOSZALIN	K-40	1	00:00:09	00:22:51	00:46:27.15	00:46:36.40		4:38	12.9 (100%)
2	MĘDEL Marta	184	TKKF KOSZALIN	K-40	2	00:00:16	00:24:50	00:49:21.05	00:49:37.95	+00:02:53 (5.9%)	4:56	12.2 (94.6%)
3	GARSKA Joanna	233	ŚWIAT PŁYTEK U KRYSPIŃ	K-40	3	00:00:16	00:24:33	00:49:42.10	00:49:59.05	+00:03:14 (6.5%)	4:58	12.1 (93.8%)
4	SZYMAŃSKA Agnieszka	279		K-40	4	00:00:26	00:25:13	00:51:20.40	00:51:46.70	+00:04:53 (9.5%)	5:08	11.7 (90.7%)
5	JUSIŃSKA Anna	114		K-40-Powiat	1	00:00:05	00:26:30	00:53:58.10	00:54:03.60	+00:07:30 (13.9%)	5:23	11.1 (86.0%)
6	SULL Agnieszka	267	NIGHT RUNNERS SŁUPSK	K-40	5	00:00:16	00:26:26	00:54:13.45	00:54:29.80	+00:07:46 (14.3%)	5:25	11.1 (86.0%)
7	NOWAK-IGNACAK Monika	212		K-40	6	00:00:11	00:26:51	00:54:18.75	00:54:30.20	+00:07:51 (14.5%)	5:25	11 (85.3%)
8	WALCZAK Agnieszka	294	TKKF KOSZALIN	K-40	7	00:00:19	00:27:37	00:55:09.85	00:55:29.40	+00:08:42 (15.8%)	5:31	10.9 (84.5%)
9	KUREK Aneta	159		K-40	8	00:00:21	00:27:36	00:55:10.05	00:55:31.90	+00:08:42 (15.8%)	5:31	10.9 (84.5%)
10	DOMAŃSKA Katarzyna	63		K-40	9	00:00:13	00:27:40	00:56:10.65	00:56:23.80	+00:09:43 (17.3%)	5:37	10.7 (82.9%)
11	ŁUKASIK Ewa	170	TEAM BIEGOWY SZCZECINEK	K-40	10	00:00:14	00:29:05	00:58:46.70	00:59:01.35	+00:12:19 (21.0%)	5:52	10.2 (79.1%)
12	KOMOROWSKA Beata	139	ROZBIEGANY KOSZALIN	K-40	11	00:00:22	00:28:53	00:59:07.20	00:59:29.95	+00:12:40 (21.4%)	5:54	10.1 (78.3%)
13	BEDNARZ Katarzyna	28		K-40-Powiat	2	00:00:15	00:28:51	00:59:13.65	00:59:28.75	+00:12:46 (21.6%)	5:55	10.1 (78.3%)
14	RASZPLA Ilona	242	CIOTECZKI.PL	K-40	12	00:00:14	00:30:14	01:00:49.05	01:01:03.55	+00:14:21 (23.6%)	6:04	9.9 (76.7%)
15	URBAŃSKA Anetta	289		K-40	13	00:00:27	00:29:48	01:00:52.10	01:01:19.10	+00:14:24 (23.7%)	6:05	9.9 (76.7%)
16	DANIELSKA Monika	59	CONTRA PRIMEFOOD PRZECHELEWO	K-40-Powiat	3	00:00:20	00:30:18	01:01:55.55	01:02:16.05	+00:15:28 (25.0%)	6:11	9.7 (75.2%)
17	BORSUK Dorota	39		K-40-Powiat	4	00:00:23	00:30:50	01:02:40.80	01:03:04.25	+00:16:13 (25.9%)	6:16	9.6 (74.4%)
18	VON BARDELEBEN Agnieszka	293	BABECZKI KOSZALIN	K-40	14	00:00:25	00:31:19	01:03:30.35	01:03:56.25	+00:17:03 (26.9%)	6:21	9.4 (72.9%)
19	KURCZ Barbara	157	BABECZKI KOSZALIN	K-40	15	00:00:24	00:31:20	01:03:32.00	01:03:56.00	+00:17:04 (26.9%)	6:21	9.4 (72.9%)
20	MŁYNARCZYK Aneta	195		K-40	16	00:00:14	00:31:43	01:05:11.70	01:05:25.75	+00:18:44 (28.7%)	6:31	9.2 (71.3%)
21	SULIGA-KRAKOWIAK Agnieszka	265		K-40	17	00:00:28	00:35:30	01:14:13.10	01:14:41.60	+00:27:45 (37.4%)	7:25	8.1 (62.8%)
22	KRAWCZUK-KIEŁB Anna	149	ŻYJ Z ENERGIA	K-40	18	00:00:27	00:35:31	01:14:14.00	01:14:41.55	+00:27:46 (37.4%)	7:25	8.1 (62.8%)

Znaleziono 22 wynik(ów)