

BIEG

B4SPORT
INTELEGENE ZAWODY SPORTOWE

Wydarzenie: BIEG WOLNOŚCI
Organizator: Stowarzyszenie Pozytywni z Pasją
Data: 2024-08-11
Miejsce: Jastrowie
Dystans: 5.2 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5.2km	Różn	Tempo min/km	Tempo km/h
1	BORYCHOWSKI Mariusz	270		M-50	1	00:18:26.19		3:32	16.9 (100%)
2	KOZAK Arkadiusz	269	TKKF KOSZALIN	M-50	2	00:18:45.08	+00:00:18 (1.7%)	3:36	16.6 (98.2%)
3	WOŹNIAK Grzegorz	257		M-30	1	00:19:10.48	+00:00:44 (3.8%)	3:41	16.3 (96.4%)
4	CUBER Wojciech	134	POZYWNI Z PASJĄ	M-40	1	00:19:29.03	+00:01:02 (5.4%)	3:44	16 (94.7%)
5	ZIĘBA Krzysztof	184		M-30	2	00:19:33.44	+00:01:07 (5.7%)	3:45	16 (94.7%)
6	SZACHO-GŁUCHOWICZ Rysiek	230		M-40	2	00:19:45.43	+00:01:19 (6.7%)	3:47	15.8 (93.5%)
7	WAŁDOCH Rafał	246	TEAM TERMINATORUN	M-30	3	00:19:45.48	+00:01:19 (6.7%)	3:47	15.8 (93.5%)
8	SZULC Patryk	238	PCH_RUN	M-30	4	00:19:53.88	+00:01:27 (7.3%)	3:49	15.7 (92.9%)
9	RADTKA Tomasz	207	LZS 'JEDNOŚĆ' ŁOBŻENICA	M-50	3	00:20:06.98	+00:01:40 (8.4%)	3:51	15.5 (91.7%)
10	LASAK Konrad	165		M-18	1	00:20:12.04	+00:01:45 (8.7%)	3:53	15.4 (91.1%)
11	KUCNER Krystian	156		M-30	5	00:20:31.62	+00:02:05 (10.2%)	3:56	15.2 (89.9%)
12	KOPCZAK Paweł	141	FAJNAFABRYKA.PL	M-30	6	00:21:12.91	+00:02:46 (13.1%)	4:04	14.7 (87.0%)
13	JAWORSKI Maciej	122	TEAM TERMINATORUN	M-40	3	00:21:12.99	+00:02:46 (13.1%)	4:04	14.7 (87.0%)
14	KUBIŚ Paweł	155		M-30	7	00:21:28.79	+00:03:02 (14.2%)	4:07	14.5 (85.8%)
15	SZCZUKOCKI Marcin	232	TEAM TERMINATORUN	M-30	8	00:21:33.16	+00:03:06 (14.5%)	4:08	14.5 (85.8%)
16	KOCIEMSKI Przemysław	138	FUNDACJA JEPPESENA	M-30	9	00:21:33.27	+00:03:07 (14.5%)	4:08	14.5 (85.8%)
17	KUKLINSKI Maciej	159	METROŻERCY	M-50	4	00:22:05.86	+00:03:39 (16.6%)	4:14	14.1 (83.4%)
18	HYBNER Marcin	110		M-30	10	00:22:06.94	+00:03:40 (16.6%)	4:15	14.1 (83.4%)
19	ZDRENKA Mateusz	263		M-30	11	00:22:16.11	+00:03:49 (17.2%)	4:16	14 (82.8%)
20	CHOJECKI Grzegorz	87		M-40	4	00:22:22.99	+00:03:56 (17.6%)	4:18	13.9 (82.2%)
21	JANKOWSKI Łukasz	117		M-40	5	00:22:29.34	+00:04:03 (18.0%)	4:19	13.9 (82.2%)
22	BARAN Krzysztof	75		M-30	12	00:22:49.76	+00:04:23 (19.2%)	4:23	13.7 (81.1%)
23	MOSZKOWICZ Grzegorz	179	POZYTYWNI Z PASJĄ	M-30	13	00:22:59.27	+00:04:33 (19.8%)	4:25	13.6 (80.5%)
24	PIETRZAK Michał	197		M-40	6	00:23:07.27	+00:04:41 (20.3%)	4:26	13.5 (79.9%)
25	KOZŁOWSKI Sebastian	148	MTB JASTROWIE	M-18	2	00:23:09.02	+00:04:42 (20.4%)	4:27	13.5 (79.9%)
26	BANIA Edward	74	LUBIĘ BIEGAĆ	M-50	5	00:23:18.16	+00:04:51 (20.9%)	4:28	13.4 (79.3%)

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						netto	Różn		
						5.2km			
27	OGONOWSKI Marek	187	BOJOWI AMATORZY	M-50	6	00:23:29.99	+00:05:03 (21.5%)	4:30	13.3 (78.7%)
28	ĆWIKŁA Wiktor	167		M-18	3	00:23:33.74	+00:05:07 (21.8%)	4:31	13.2 (78.1%)
29	MAJKUT Anna	173	TEAM TERMINATORUN	K-30	1	00:23:35.47	+00:05:09 (21.9%)	4:32	13.2 (78.1%)
30	BUKOWSKI Zbigniew	84	TEAM RUN GOLANCZ	M-40	7	00:23:47.87	+00:05:21 (22.5%)	4:34	13.1 (77.5%)
31	SYDONOWICZ Kinga	229	TEAM TERMINATORUN	K-18	1	00:23:48.29	+00:05:22 (22.6%)	4:34	13.1 (77.5%)
32	KOZDRÓJ Piotr	144	FAJNAFABRYKA.PL	M-40	8	00:24:02.07	+00:05:35 (23.3%)	4:37	13 (76.9%)
33	ZBROJA Miłosz	262	MKS POLONIA JASTROWIE	M-18	4	00:24:04.16	+00:05:37 (23.4%)	4:37	13 (76.9%)
34	SUCHANOWSKI Zygmunt	227	RESPECT LOTYŃ	M-50	7	00:24:07.30	+00:05:41 (23.6%)	4:38	12.9 (76.3%)
35	ZAWORA Wiesław	260	TEAM TERMINATORUN	M-50	8	00:24:20.38	+00:05:54 (24.3%)	4:40	12.8 (75.7%)
36	SKRENTNY Franciszek	222		M-50	9	00:24:31.27	+00:06:05 (24.8%)	4:42	12.7 (75.1%)
37	KOBIERSKI Szymon	137	PCH_RUN	M-30	14	00:24:32.07	+00:06:05 (24.9%)	4:43	12.7 (75.1%)
38	FRAK Paweł	96		M-40	9	00:24:52.54	+00:06:26 (25.9%)	4:46	12.5 (74.0%)
39	PROKOPOWICZ Marcin	202	3:33 TEAM	M-40	10	00:24:52.89	+00:06:26 (25.9%)	4:46	12.5 (74.0%)
40	KUICH Piotr	157	LILL-SPORT	M-50	10	00:24:55.63	+00:06:29 (26.0%)	4:47	12.5 (74.0%)
41	UEBERFLUSS Rajmund	243		M-60	1	00:25:05.30	+00:06:39 (26.5%)	4:49	12.4 (73.4%)
42	KLUPŚ Agata	135	POZTYTWNII Z PASJĄ	K-18	2	00:25:14.42	+00:06:48 (27.0%)	4:51	12.4 (73.4%)
43	WAWRUSZAK Andrzej	248		M-60	2	00:25:18.93	+00:06:52 (27.2%)	4:51	12.3 (72.8%)
44	BRONOWICKI Karol	265		M-40	11	00:25:26.47	+00:07:00 (27.5%)	4:53	12.3 (72.8%)
45	OCHNIO Ryszard	154		M-40	12	00:25:45.42	+00:07:19 (28.4%)	4:57	12.1 (71.6%)
46	FORTUNA Cezary	33		M-50	11	00:25:47.48	+00:07:21 (28.5%)	4:57	12.1 (71.6%)
47	MIECZKOWSKI Marcin	177		M-50	12	00:25:58.37	+00:07:32 (29.0%)	4:59	12 (71.0%)
48	BEDNARCZYK Grzegorz	78		M-60	3	00:26:02.03	+00:07:35 (29.2%)	5:00	12 (71.0%)
49	MAJCHRZAK Mateusz	172	MTB DZIKIE KOTY JASTROWIE	M-30	15	00:26:08.67	+00:07:42 (29.5%)	5:01	11.9 (70.4%)
50	CHUDZIK Piotr	88	LZS 'JEDNOŚĆ' ŁOBŻENICA	M-50	13	00:26:11.56	+00:07:45 (29.6%)	5:02	11.9 (70.4%)
51	KOKOWSKA Anna	139	BBL ŻŁOTÓW	K-40	1	00:26:22.94	+00:07:56 (30.1%)	5:04	11.8 (69.8%)
52	KASZUBA Artur	129	OSP ŁUGI	M-30	16	00:26:37.85	+00:08:11 (30.8%)	5:07	11.7 (69.2%)
53	FORTUNA Cezary	17		M-18	5	00:26:44.10	+00:08:17 (31.0%)	5:08	11.7 (69.2%)
54	DŁUGA Magdalena	92	TERMINATORRUN	K-40	2	00:26:50.76	+00:08:24 (31.3%)	5:09	11.6 (68.6%)
55	MYK Dominik	182	MKS POLONIA JASTROWIE	M-18	6	00:26:58.72	+00:08:32 (31.7%)	5:11	11.6 (68.6%)
56	GOTOWIEC Tomasz	97		M-50	14	00:27:08.00	+00:08:41 (32.1%)	5:13	11.5 (68.0%)
57	KOZIEŁ Maciej	145		M-30	17	00:27:26.58	+00:09:00 (32.8%)	5:16	11.4 (67.5%)
58	BARTEL Mateusz	76	#ZABIEGANINOCA	M-30	18	00:27:26.74	+00:09:00 (32.8%)	5:16	11.4 (67.5%)
59	JARCZYŃSKI Roman	119	ZDROWY TRYB ŻYCIA	M-50	15	00:27:27.12	+00:09:00 (32.8%)	5:16	11.4 (67.5%)
60	MATECKI Adrian	237		M-18	7	00:27:28.16	+00:09:01 (32.9%)	5:16	11.4 (67.5%)
61	WARZEWSKI Grzegorz	247		M-40	13	00:27:32.80	+00:09:06 (33.1%)	5:17	11.3 (66.9%)
62	OSTROWSKI Marian	188		M-60	4	00:27:43.32	+00:09:17 (33.5%)	5:19	11.3 (66.9%)
63	SKIERA Kazimierz	221	LZS JEDNOŚĆ ŁOBŻENICA	M-60	5	00:27:47.39	+00:09:21 (33.7%)	5:20	11.2 (66.3%)
64	KILIJĄŃSKI Andrzej	132	BOJOWI AMATORZY	M-40	14	00:27:59.22	+00:09:33 (34.1%)	5:22	11.1 (65.7%)
65	WACHOWICZ Angelika	245		K-18	3	00:28:05.28	+00:09:39 (34.4%)	5:24	11.1 (65.7%)
66	MICHALSKI Mateusz	176		M-30	19	00:28:07.64	+00:09:41 (34.5%)	5:24	11.1 (65.7%)
67	JAWORSKI Piotr	123		M-30	20	00:28:09.13	+00:09:42 (34.5%)	5:24	11.1 (65.7%)
68	SKRĘTNY Andrzej	47		M-60	6	00:28:25.96	+00:09:59 (35.2%)	5:27	11 (65.1%)
69	GRABOWSKA Marta	101		K-30	2	00:28:32.32	+00:10:06 (35.4%)	5:29	10.9 (64.5%)
70	TŁOK Damian	241		M-30	21	00:28:44.36	+00:10:18 (35.8%)	5:31	10.9 (64.5%)

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						netto	Różn		
						5.2km			
71	KOPCZAK Dawid	142	FAJNAFABRYKA.PL	M-30	22	00:28:59.51	+00:10:33 (36.4%)	5:34	10.8 (63.9%)
72	KURKOWSKI Mateusz	161		M-18	8	00:29:00.09	+00:10:33 (36.4%)	5:34	10.8 (63.9%)
73	PATRIAK Damian	190		M-30	23	00:29:01.01	+00:10:34 (36.5%)	5:34	10.8 (63.9%)
74	KUŻAJ Sławomir	163		M-50	16	00:29:12.87	+00:10:46 (36.9%)	5:36	10.7 (63.3%)
75	JAKUBOWSKI Marek	115		M-40	15	00:29:18.45	+00:10:52 (37.1%)	5:38	10.6 (62.7%)
76	CYRULEWSKA-BOŻEL Aleksandra	152		K-18	4	00:29:29.72	+00:11:03 (37.5%)	5:40	10.6 (62.7%)
77	PYREK Iwona	205		K-40	3	00:29:35.31	+00:11:09 (37.7%)	5:41	10.5 (62.1%)
78	NITA Kasia	185		K-50	1	00:30:15.67	+00:11:49 (39.1%)	5:49	10.3 (60.9%)
79	SAKOWICZ Anna	219		K-30	3	00:30:20.23	+00:11:54 (39.2%)	5:50	10.3 (60.9%)
80	BANACZYK Wioletta	72	LILL SPORT	K-50	2	00:30:31.99	+00:12:05 (39.6%)	5:52	10.2 (60.4%)
81	HRYNCEWICZ Anna	264		K-50	3	00:30:35.96	+00:12:09 (39.7%)	5:52	10.2 (60.4%)
82	GRABOWSKI Marek	104	BBL ZŁOTÓW	M-50	17	00:30:36.71	+00:12:10 (39.8%)	5:53	10.2 (60.4%)
83	SZYMAŃSKI Sławomir	240	SZLACHTA ZNAD GWDY	M-40	16	00:30:39.98	+00:12:13 (39.9%)	5:53	10.2 (60.4%)
84	KRZESZEWSKA Dorota	150		K-40	4	00:30:58.89	+00:12:32 (40.5%)	5:57	10.1 (59.8%)
85	NITA Wiesław	186		M-50	18	00:31:18.31	+00:12:52 (41.1%)	6:01	10 (59.2%)
86	KURASZ Alicja	160		K-40	5	00:31:20.82	+00:12:54 (41.2%)	6:01	10 (59.2%)
87	CZAJKOWSKI Mikołaj	89		M-18	9	00:31:34.71	+00:13:08 (41.6%)	6:04	9.9 (58.6%)
88	SZCZYGIEŁ Małgorzata	233		K-40	6	00:31:44.21	+00:13:18 (41.9%)	6:06	9.8 (58.0%)
89	MACIEJCZAK Karolina	171		K-40	7	00:31:55.48	+00:13:29 (42.3%)	6:08	9.8 (58.0%)
90	SADOWSKA Maria	218	BBL ZŁOTÓW	K-50	4	00:31:58.00	+00:13:31 (42.3%)	6:08	9.8 (58.0%)
91	KASZUBA Agnieszka	130	OSP ŁUGI	K-40	8	00:31:58.59	+00:13:32 (42.3%)	6:08	9.8 (58.0%)
92	BUTOWICZ Adam	85		M-60	7	00:32:20.93	+00:13:54 (43.0%)	6:13	9.6 (56.8%)
93	RAJEK Sebastian	208		M-40	17	00:32:40.91	+00:14:14 (43.6%)	6:16	9.6 (56.8%)
94	RADDATZ Alicja	206		K-50	5	00:32:41.83	+00:14:15 (43.6%)	6:17	9.5 (56.2%)
95	KRZESZEWSKI Krzysztof	151		M-40	18	00:32:50.66	+00:14:24 (43.9%)	6:18	9.5 (56.2%)
96	KAROLCZAK Katarzyna	128		K-30	4	00:32:56.03	+00:14:29 (44.0%)	6:20	9.5 (56.2%)
97	WOLSKI Piotr	256		M-50	19	00:33:11.31	+00:14:45 (44.4%)	6:22	9.4 (55.6%)
98	DZIERZAWA Aleksandra	93	BBL ZŁOTÓW	K-40	9	00:33:11.67	+00:14:45 (44.5%)	6:22	9.4 (55.6%)
99	SUCHANOWSKA Anna	226	RESPECT LOTYŃ	K-50	6	00:33:18.28	+00:14:52 (44.6%)	6:24	9.4 (55.6%)
100	BANIA Ewa	73		K-18	5	00:33:40.25	+00:15:14 (45.2%)	6:28	9.3 (55.0%)
101	DĄBROWSKA Katarzyna	91		K-40	10	00:33:45.75	+00:15:19 (45.4%)	6:29	9.2 (54.4%)
102	SZWEDA Marek	239		M-60	8	00:33:47.19	+00:15:21 (45.4%)	6:29	9.2 (54.4%)
103	THOMAS Daniel	67		M-30	24	00:33:52.45	+00:15:26 (45.6%)	6:30	9.2 (54.4%)
104	JAWORUCKI Wojciech	125	START JASTROWIE	M-18	10	00:34:14.98	+00:15:48 (46.2%)	6:35	9.1 (53.8%)
105	JAWORUCKI Krystian	124		M-40	19	00:34:15.38	+00:15:49 (46.2%)	6:35	9.1 (53.8%)
106	RAJEK Paulina	209		K-40	11	00:34:17.41	+00:15:51 (46.2%)	6:35	9.1 (53.8%)
107	DZIERZAWA Tomasz	94	BBL ZŁOTÓW	M-50	20	00:34:19.95	+00:15:53 (46.3%)	6:35	9.1 (53.8%)
108	GRABOWSKA Elżbieta	102	BBL ZŁOTÓW	K-50	7	00:34:42.21	+00:16:16 (46.9%)	6:40	9 (53.3%)
109	MUĆKA Marta	181		K-40	12	00:35:25.09	+00:16:58 (47.9%)	6:48	8.8 (52.1%)
110	POSPIESZNA Sandra	200		K-30	5	00:35:39.57	+00:17:13 (48.3%)	6:51	8.8 (52.1%)
111	BRUSKI Beniamin	82		M-40	20	00:35:40.67	+00:17:14 (48.3%)	6:51	8.7 (51.5%)
112	PAŻĄDKA PIETKIEWICZ Dominika	195	BBL ZŁOTÓW	K-40	13	00:35:45.22	+00:17:19 (48.4%)	6:52	8.7 (51.5%)
113	PIETKIEWICZ Marcin	196	BBL ZŁOTÓW	M-40	21	00:35:45.48	+00:17:19 (48.4%)	6:52	8.7 (51.5%)
114	JANKOWSKI Konrad	118	MKS POLONIA JASTROWIE	M-18	11	00:36:40.01	+00:18:13 (49.7%)	7:03	8.5 (50.3%)

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115	HARBUZIŃSKA-TUREK Justyna	105		K-50	8	00:36:54.29	+00:18:28 (50.0%)	7:05	8.5 (50.3%)
116	KURKOWSKA Maja	41		K-18	6	00:37:16.39	+00:18:50 (50.5%)	7:10	8.4 (49.7%)
117	PATRIAK-KURKOWSKA Aneta	191		K-40	14	00:37:16.64	+00:18:50 (50.5%)	7:10	8.4 (49.7%)
118	ROCHOWSKI Paweł	212		M-30	25	00:37:23.40	+00:18:57 (50.7%)	7:11	8.3 (49.1%)
119	KONIECZKA Patrycja	140		K-30	6	00:37:45.87	+00:19:19 (51.2%)	7:15	8.3 (49.1%)
120	KRÓL Monika	149		K-30	7	00:38:05.98	+00:19:39 (51.6%)	7:19	8.2 (48.5%)
121	WIECZOREK Justyna	252		K-40	15	00:38:52.33	+00:20:26 (52.6%)	7:28	8 (47.3%)
122	SZCZERBA Dorota	231		K-30	8	00:38:52.50	+00:20:26 (52.6%)	7:28	8 (47.3%)
123	WROBLEWSKI Jerzy Stanislaw	259	PARKRUN SZCZECINEK	M-60	9	00:39:17.34	+00:20:51 (53.1%)	7:33	7.9 (46.7%)
124	JAWORSKA Aniela	121		K-18	7	00:39:45.89	+00:21:19 (53.6%)	7:38	7.8 (46.2%)
125	HAWETO Janina	106	KIJOWE SIOSTRY I BRAT	K-60	1	00:40:22.92	+00:21:56 (54.3%)	7:45	7.7 (45.6%)
126	HRYNIEWICZ Rafał	10		M-40	22	00:42:31.52	+00:24:05 (56.6%)	8:10	7.3 (43.2%)
127	GOTOWIEC Beata	98		K-50	9	00:44:34.19	+00:26:07 (58.6%)	8:34	7 (41.4%)

Znaleziono 127 wynik(ów)