



# BIEGI GÓRSKIE RABKA-ZDRÓJ W15KM

B4SPORT

**Event:** Biegi Górskie - Rabka-Zdrój  
**Organiser:** Fundacja Małopolskie Szlaki  
**Date:** 2024-05-02  
**Place:** Rabka-Zdrój  
**Distance:** 15 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Classification: OPEN M

Place	Participant	Number	Club	Category	MCat	Skawa 8km	Net time 14.5km	Czas brutto 14.5km	Gap	Pace min/km	Pace km/h
1	<b>MALEC Łukasz</b>	<b>167</b>	SPISKA GRUPA BIEGOWA	OPEN M	1	00:27:41	<b>01:02:03.85</b>	<b>01:02:03.85</b>		4:16	14 (100%)
2	<b>KOSTBLA Piotr</b>	<b>197</b>		OPEN M	2	00:28:57	<b>01:05:17.05</b>	<b>01:05:17.05</b>	+00:03:13 (4.9%)	4:30	13.3 (95.0%)
3	<b>ZABEL Robert</b>	<b>193</b>		OPEN M	3	00:30:23	<b>01:07:50.30</b>	<b>01:07:50.30</b>	+00:05:46 (8.5%)	4:40	12.8 (91.4%)
4	<b>WYSOCKI Marcin</b>	<b>192</b>	POLPLAST BIEGA	OPEN M	4	00:32:06	<b>01:12:36.40</b>	<b>01:12:36.40</b>	+00:10:32 (14.5%)	5:00	12 (85.7%)
5	<b>TOMERA Michał</b>	<b>185</b>		OPEN M	5	00:31:52	<b>01:13:08.65</b>	<b>01:13:08.65</b>	+00:11:04 (15.1%)	5:02	11.9 (85.0%)
6	<b>PRNOBIS Marek</b>	<b>179</b>	PRNOBIS TEAM	OPEN M	6	00:32:40	<b>01:13:09.00</b>	<b>01:13:09.00</b>	+00:11:05 (15.2%)	5:02	11.9 (85.0%)
7	<b>RÓŻYCKI Dawid</b>	<b>182</b>		OPEN M	7	00:32:43	<b>01:14:14.40</b>	<b>01:14:14.40</b>	+00:12:10 (16.4%)	5:07	11.7 (83.6%)
8	<b>RAJSKI Rafal</b>	<b>180</b>	WARTKIE KIYPCE	OPEN M	8	00:33:51	<b>01:16:29.95</b>	<b>01:16:29.95</b>	+00:14:26 (18.9%)	5:16	11.4 (81.4%)
9	<b>IRZYK Damian</b>	<b>161</b>	POLE MOKOTOWSKIE	OPEN M	9	00:34:08	<b>01:16:36.50</b>	<b>01:16:36.50</b>	+00:14:32 (19.0%)	5:16	11.4 (81.4%)
10	<b>BULANDA Dawid</b>	<b>154</b>		OPEN M	10	00:34:03	<b>01:18:28.80</b>	<b>01:18:28.80</b>	+00:16:24 (20.9%)	5:24	11.1 (79.3%)
11	<b>POLS Rogier</b>	<b>178</b>		OPEN M	11	00:34:25	<b>01:20:00.05</b>	<b>01:20:00.05</b>	+00:17:56 (22.4%)	5:31	10.9 (77.9%)
12	<b>MASŁOWIEC Kamil</b>	<b>169</b>	MOTOROLA SOLUTIONS KRAKÓW	OPEN M	12	00:36:56	<b>01:23:26.05</b>	<b>01:23:26.05</b>	+00:21:22 (25.6%)	5:45	10.4 (74.3%)
13	<b>CHORKOWY Bartosz</b>	<b>155</b>	MULTIFIT	OPEN M	13	00:38:26	<b>01:25:20.50</b>	<b>01:25:20.50</b>	+00:23:16 (27.3%)	5:53	10.2 (72.9%)
14	<b>MORDARSKI Krystian</b>	<b>172</b>		OPEN M	14	00:37:59	<b>01:27:16.85</b>	<b>01:27:16.85</b>	+00:25:13 (28.9%)	6:01	10 (71.4%)
15	<b>WINIARCZYK Mirek</b>	<b>189</b>		OPEN M	15	00:39:57	<b>01:30:45.80</b>	<b>01:30:45.80</b>	+00:28:41 (31.6%)	6:15	9.6 (68.6%)
16	<b>MAZUR Ryszard</b>	<b>170</b>		OPEN M	16	00:40:25	<b>01:34:29.40</b>	<b>01:34:29.40</b>	+00:32:25 (34.3%)	6:30	9.2 (65.7%)
17	<b>MOKRY Bastek</b>	<b>171</b>	LOTOM Z JERZYM	OPEN M	17	00:47:20	<b>01:44:14.70</b>	<b>01:44:14.70</b>	+00:42:10 (40.5%)	7:11	8.3 (59.3%)
18	<b>URBAŃCZYK Marcin</b>	<b>187</b>	URBAŃCZYK FENIX TEAM	OPEN M	18	00:47:16	<b>01:45:08.90</b>	<b>01:45:08.90</b>	+00:43:05 (41.0%)	7:15	8.3 (59.3%)
19	<b>CZYSZCZOŃ Daniel</b>	<b>156</b>		OPEN M	19	00:49:24	<b>01:55:36.80</b>	<b>01:55:36.80</b>	+00:53:32 (46.3%)	7:58	7.5 (53.6%)
20	<b>WDZIĘCZNY Włodzimierz</b>	<b>188</b>	DRUŻYNA SMA	OPEN M	20	00:51:01	<b>02:00:15.10</b>	<b>02:00:15.10</b>	+00:58:11 (48.4%)	8:17	7.2 (51.4%)
21	<b>MAŁODOBRY Krzysztof</b>	<b>168</b>		OPEN M	21	00:58:54	<b>02:21:06.35</b>	<b>02:21:06.35</b>	+01:19:02 (56.0%)	9:43	6.2 (44.3%)
22	<b>ORLIICKI Marek</b>	<b>176</b>	DRUŻYNA SMA	OPEN M	22	01:08:06	<b>02:35:55.95</b>	<b>02:35:55.95</b>	+01:33:52 (60.2%)	10:45	5.6 (40.0%)

Total 22 results.