

BIEGI PRZEŁAJOWE WARCINO - 10KM

B4SPORT

Wydarzenie: Biegi Przełajowe Warcino
Organizator: DECATHLON SŁUPSK
Data: 2018-03-10
Miejsce: Warcino
Dystans: 10 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start All 5km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	BURZYŃSKI Aleksander	54	STOPA SŁUPSK	M40-49	1	00:18:38	00:38:10.55		3:49	15.7 (100%)
2	LIPIŃSKI Mateusz	63	MUAY RUNNING TEAM	M18-39	1	00:19:23	00:39:55.55	+00:01:45 (4.4%)	3:59	15 (95.5%)
3	TELATYNSKA Sylwia	69	AKTYWNE CHOSZCZNO	K40-49	1	00:20:51	00:41:52.75	+00:03:42 (8.8%)	4:11	14.3 (91.1%)
4	DUDA Grzegorz	58	METALCORP OGRODZENIA SIEMIANICE	M18-39	2	00:21:22	00:43:35.75	+00:05:25 (12.4%)	4:21	13.8 (87.9%)
5	CZERWIŃSKI Maciej	76		M18-39	3	00:23:00	00:45:13.00	+00:07:02 (15.6%)	4:31	13.3 (84.7%)
6	KASPERSKI Dariusz	61		M40-49	2	00:22:55	00:45:38.35	+00:07:27 (16.4%)	4:33	13.1 (83.4%)
7	PĘKAŁA Piotr	64	ROZBIEGANY KOSZALIN	M40-49	3	00:23:12	00:46:01.45	+00:07:50 (17.1%)	4:36	13 (82.8%)
8	IWANIEC Dariusz	77	TKKF KOSZALIN	M40-49	4	00:23:07	00:46:37.85	+00:08:27 (18.1%)	4:39	12.9 (82.2%)
9	JABŁOŃSKI Tomasz	9	SPOKO SŁAWNO	M18-39	4	00:23:29	00:48:38.55	+00:10:28 (21.5%)	4:51	12.3 (78.3%)
10	TOMCZAK Dominik	70	NIGHTRUNNERS SŁUPSK	M40-49	5	00:24:08	00:49:07.65	+00:10:57 (22.3%)	4:54	12.2 (77.7%)
11	CYPRYCH Katarzyna	55		K18-39	1	00:24:37	00:50:06.55	+00:11:56 (23.8%)	5:00	12 (76.4%)
12	KAMIENIECKI Rafał	59	TUPOT-USTKA	M18-39	5	00:24:38	00:50:06.70	+00:11:56 (23.8%)	5:00	12 (76.4%)
13	BOWNIK Wojciech	53		M18-39	6	00:24:17	00:50:17.10	+00:12:06 (24.1%)	5:01	11.9 (75.8%)
14	PROTASEWICZ Andrzej	75	SŁAWNO	M40-49	6	00:24:39	00:50:23.90	+00:12:13 (24.3%)	5:02	11.9 (75.8%)
15	KASPROWICZ Małgorzata	52		K18-39	2	00:25:31	00:51:12.25	+00:13:01 (25.4%)	5:07	11.7 (74.5%)
16	STRZELECKI Zbigniew	79	KORZYBSKIE REKINY	M-60+	1	00:25:05	00:52:19.10	+00:14:08 (27.0%)	5:13	11.5 (73.2%)
17	ZAWADA Andrzej	72	ZSP1 SŁUPSK	M50-59	1	00:25:25	00:53:24.00	+00:15:13 (28.5%)	5:20	11.2 (71.3%)
18	WIATRZYK Krzysztof	71	DARŁOWO	M40-49	7	00:25:35	00:53:51.80	+00:15:41 (29.1%)	5:23	11.1 (70.7%)
19	KOŚLA Justyna	62		K18-39	3	00:26:29	00:54:13.50	+00:16:02 (29.6%)	5:25	11.1 (70.7%)
20	PIETRZYK Paulina	67		K18-39	4	00:27:43	00:55:18.95	+00:17:08 (31.0%)	5:31	10.8 (68.8%)
21	CZERWIŃSKI Szczesny	57		M40-49	8	00:29:35	00:56:58.10	+00:18:47 (33.0%)	5:41	10.5 (66.9%)
22	PIETRZYK Mateusz	68		M18-39	7	00:27:44	00:57:05.95	+00:18:55 (33.1%)	5:42	10.5 (66.9%)
23	KAMIŃSKI Witold	60	STOPA SŁUPSK	M40-49	9	00:27:52	00:57:10.20	+00:18:59 (33.2%)	5:43	10.5 (66.9%)
24	SZEWCZYK Adam	80		M18-39	8	00:29:45	00:58:01.95	+00:19:51 (34.2%)	5:48	10.3 (65.6%)
25	PIETRZYCKI Dariusz	65		M40-49	10	00:28:36	00:58:26.00	+00:20:15 (34.7%)	5:50	10.3 (65.6%)
26	ŻUKOWICZ Sylwia	73	DĘBNICA KASZUBSKA	K18-39	5	00:28:22	00:58:57.95	+00:20:47 (35.3%)	5:53	10.2 (65.0%)
27	ANDRZEJCZAK Sławomir	51	GRZESŁAW USTKA	M40-49	11	00:28:25	00:59:03.55	+00:20:53 (35.4%)	5:54	10.2 (65.0%)

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28	MURAWSKI Rafał	78		M18-39	9	00:29:45	00:59:34.40	+00:21:23 (35.9%)	5:57	10.1 (64.3%)
29	CZECH Roman	56	GOCH BYTÓW	M-60+	2	00:29:51	01:01:22.20	+00:23:11 (37.8%)	6:08	9.8 (62.4%)
30	PIETRZYCKI Andrzej	66	NIEZRZESZONY	M-60+	3	00:28:50	01:01:22.25	+00:23:11 (37.8%)	6:08	9.8 (62.4%)

Znaleziono 30 wynik(ów)