

BIEGIEM DO KOSZAR

B4SPORT
INTELEGENTNE ZAWODY SPORTOWE

Organizator: Modlin sp. z o. o.
Data: 2020-08-21
Miejsce: Modlin
Dystans: 5 km

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Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	STRUMNIK Sebastian	114	ROZBIEGAMY NOWY DWÓR	Mężczyźni Open	1	01:47:36	00:16:30.95	02:04:07.70		3:18	18.2 (100%)
2	BEDNAREK Piotr	31		Mężczyźni Open	2	01:33:34	00:16:41.35	01:50:16.25	+00:00:10 (1.0%)	3:20	18 (98.9%)
3	PECIO Mariusz	28	CONSULTRISK	Mężczyźni Open	3	01:28:07	00:17:13.25	01:45:21.15	+00:00:42 (4.1%)	3:26	17.4 (95.6%)
4	KISIEL Dominik	23	CONSULTRISK	Mężczyźni Open	4	01:28:08	00:17:22.30	01:45:31.00	+00:00:51 (4.9%)	3:28	17.3 (95.1%)
5	SUCHAŃSKI Michał	5	CONSULTRISK	Mężczyźni Open	5	01:28:07	00:17:36.10	01:45:43.55	+00:01:05 (6.2%)	3:31	17 (93.4%)
6	KRZYŻANOWSKI Krzysztof	73		Mężczyźni Open	6	01:41:36	00:18:12.85	01:59:49.15	+00:01:41 (9.3%)	3:38	16.5 (90.7%)
7	SZAFRAŃSKA Aleksandra	32	WKURW_TEAM	Kobiety Open	1	01:33:51	00:19:25.35	01:53:17.05	+00:02:54 (15.0%)	3:53	15.4 (84.6%)
8	SALAK Bartłomiej	19	LEGIA BOKS	Mężczyźni Open	7	01:31:35	00:19:29.80	01:51:05.50	+00:02:58 (15.3%)	3:54	15.4 (84.6%)
9	OWCZAREK Katarzyna	109	ROZBIEGAMY NOWY DWÓR	Kobiety Open	2	01:47:37	00:19:54.85	02:07:32.15	+00:03:23 (17.1%)	3:59	15.1 (83.0%)
10	KAMIŃSKI Piotr	117	ROZBIEGAMY NOWY DWÓR	Mężczyźni Open	8	01:47:38	00:19:54.90	02:07:32.90	+00:03:23 (17.1%)	3:58	15.1 (83.0%)
11	LIPSKI Maciej	90		Mężczyźni Open	9	01:44:53	00:20:05.75	02:04:59.70	+00:03:34 (17.8%)	4:01	14.9 (81.9%)
12	NIKOŁAJUK Julia	102		Kobiety Open	3	01:46:02	00:20:10.15	02:06:12.30	+00:03:39 (18.1%)	4:02	14.9 (81.9%)
13	ZDUNEK Michał	36	WKURW_TEAM	Mężczyźni Open	10	01:34:50	00:20:13.95	01:55:04.85	+00:03:43 (18.4%)	4:02	14.8 (81.3%)
14	ZIMNY Mateusz	58	CONSULTRISK	Mężczyźni Open	11	01:28:08	00:20:20.85	01:48:29.35	+00:03:49 (18.8%)	4:04	14.7 (80.8%)
15	CYBULSKI Rafał	93	RECKITT	Mężczyźni Open	12	01:45:16	00:20:52.40	02:06:09.30	+00:04:21 (20.9%)	4:10	14.4 (79.1%)
16	GRYZ Jacek	50	BRAVEHEARTS LEGIONOWO	Mężczyźni Open	13	01:38:53	00:21:02.05	01:59:55.95	+00:04:31 (21.5%)	4:12	14.3 (78.6%)
17	KONSALIK Marcin	38	FALA KAZUŃ :D	Mężczyźni Open	14	01:35:06	00:21:02.35	01:56:09.05	+00:04:31 (21.5%)	4:12	14.3 (78.6%)
18	TROJANOWSKI Maciej	105	RECKITT	Mężczyźni Open	15	01:46:35	00:21:04.15	02:07:39.30	+00:04:33 (21.6%)	4:12	14.2 (78.0%)
19	GOLLNIK Adam	116	ROZBIEGAMY NOWY DWÓR	Mężczyźni Open	16	01:47:38	00:21:24.00	02:09:02.55	+00:04:53 (22.8%)	4:16	14 (76.9%)
20	ŚLIWIŃSKI Krystian	62		Mężczyźni Open	17	01:41:05	00:21:33.45	02:02:39.15	+00:05:02 (23.4%)	4:18	13.9 (76.4%)
21	SIŁA Justyna	33	CONSULTRISK	Kobiety Open	4	01:28:08	00:21:42.40	01:49:50.45	+00:05:11 (23.9%)	4:20	13.8 (75.8%)
22	PYRKA Szymon	34	SPARTA NIETKOWICE	Mężczyźni Open	18	01:34:11	00:22:04.20	01:56:15.60	+00:05:33 (25.2%)	4:24	13.6 (74.7%)
23	ODOLAK Aleksandra	124		Kobiety Open	5	01:48:37	00:22:05.40	02:10:43.20	+00:05:34 (25.2%)	4:25	13.6 (74.7%)
24	RADZIKOWSKI Karol	69		Mężczyźni Open	19	01:41:36	00:22:06.15	02:03:42.15	+00:05:35 (25.3%)	4:25	13.6 (74.7%)
25	ŻAGLEWSKA Jolanta	107	RECKITT	Kobiety Open	6	01:47:05	00:22:07.35	02:09:12.35	+00:05:36 (25.3%)	4:25	13.6 (74.7%)
26	ZARZYCKI Krzysztof	104	RECKITT	Mężczyźni Open	20	01:46:22	00:22:10.30	02:08:33.00	+00:05:39 (25.5%)	4:26	13.5 (74.2%)
27	BILIŃSKA Joanna	97	RECKITT	Kobiety Open	7	01:46:50	00:22:14.20	02:09:04.40	+00:05:43 (25.7%)	4:26	13.5 (74.2%)
28	WOJTYRA Jarosław	44	ZWIERZENTA	Mężczyźni Open	21	01:37:18	00:22:20.30	01:59:38.45	+00:05:49 (26.1%)	4:28	13.4 (73.6%)
29	STRUMNIK Katarzyna	113	ROZBIEGAMY NOWY DWÓR	Kobiety Open	8	01:47:38	00:22:24.35	02:10:02.50	+00:05:53 (26.3%)	4:28	13.4 (73.6%)
29	PATALAN Dariusz	118	ROZBIEGAMY NOWY DWÓR	Mężczyźni Open	22	01:47:38	00:22:24.35	02:10:02.50	+00:05:53 (26.3%)	4:28	13.4 (73.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							5km	5km			
31	JAWOREK Anna	115	ROZBIEGAMY NOWY DWÓR	Kobiety Open	9	01:47:37	00:22:24.90	02:10:02.30	+00:05:53 (26.3%)	4:29	13.4 (73.6%)
32	KOT Agnieszka	12		Kobiety Open	10	01:29:34	00:22:38.30	01:52:12.90	+00:06:07 (27.0%)	4:31	13.3 (73.1%)
33	LUBELSKI Tomasz	86		Mężczyźni Open	23	01:44:34	00:23:02.80	02:07:37.70	+00:06:31 (28.3%)	4:36	13 (71.4%)
34	LISIECKI Adam	74		Mężczyźni Open	24	01:41:55	00:23:09.55	02:05:05.00	+00:06:38 (28.7%)	4:38	12.9 (70.9%)
35	GRĄDZIK Marcin	79		Mężczyźni Open	25	01:42:56	00:23:18.40	02:06:15.00	+00:06:47 (29.1%)	4:39	12.9 (70.9%)
36	ŻAGLEWSKI Dariusz	108	RECKITT	Mężczyźni Open	26	01:47:05	00:23:22.90	02:10:28.20	+00:06:51 (29.4%)	4:40	12.8 (70.3%)
37	KURKOWSKI Jarosław	101		Mężczyźni Open	27	01:45:48	00:23:28.55	02:09:16.95	+00:06:57 (29.6%)	4:41	12.8 (70.3%)
38	JĘDRACHOWICZ Agnieszka	84	WYJĄTKOWE BIEGACZKI	Kobiety Open	11	01:44:54	00:23:30.75	02:08:24.85	+00:06:59 (29.8%)	4:42	12.8 (70.3%)
39	MAJEWSKI Wiesław	87	KUŹNIA TRIATHLONU	Mężczyźni Open	28	01:44:54	00:23:32.65	02:08:26.95	+00:07:01 (29.9%)	4:42	12.7 (69.8%)
40	WRÓBEL Małgorzata	16		Kobiety Open	12	01:30:35	00:23:32.95	01:54:07.95	+00:07:02 (29.9%)	4:42	12.7 (69.8%)
41	DUBAS Bartosz	9		Mężczyźni Open	29	01:28:55	00:23:35.45	01:52:30.80	+00:07:04 (30.0%)	4:43	12.7 (69.8%)
42	KACZMAREK Bartosz	53		Mężczyźni Open	30	01:39:30	00:23:43.45	02:03:14.00	+00:07:12 (30.4%)	4:44	12.6 (69.2%)
43	CZUBA Magdalena	119	PIJANA SYPIALNIA	Kobiety Open	13	01:48:01	00:23:43.75	02:11:44.75	+00:07:12 (30.4%)	4:44	12.6 (69.2%)
44	DZIEPAK Piotr	81	1. BLTR	Mężczyźni Open	31	01:43:41	00:23:46.50	02:07:27.70	+00:07:15 (30.5%)	4:45	12.6 (69.2%)
45	GAJEK Aleksandra	17		Kobiety Open	14	01:30:53	00:23:48.15	01:54:41.60	+00:07:17 (30.6%)	4:45	12.6 (69.2%)
46	POSIEWKA Jacek	103	RECKITT	Mężczyźni Open	32	01:46:02	00:23:57.75	02:09:59.75	+00:07:26 (31.1%)	4:47	12.5 (68.7%)
47	KOZŁOWSKA Monika	20		Kobiety Open	15	01:35:30	00:24:02.65	01:59:33.40	+00:07:31 (31.3%)	4:48	12.5 (68.7%)
48	MAMCARZ Krzysztof	7		Mężczyźni Open	33	01:35:30	00:24:03.45	01:59:33.90	+00:07:32 (31.3%)	4:48	12.5 (68.7%)
49	GÓRNAŚ Tomasz	64	BOXING TEAM NOSIR	Mężczyźni Open	34	01:41:10	00:24:18.70	02:05:29.15	+00:07:47 (32.1%)	4:51	12.3 (67.6%)
50	JANISZEWSKI Aleksander	45		Mężczyźni Open	35	01:37:35	00:24:19.30	02:01:54.50	+00:07:48 (32.1%)	4:51	12.3 (67.6%)
51	BURZYŃSKA Katarzyna	98	RECKITT	Kobiety Open	16	01:45:36	00:24:27.15	02:10:04.05	+00:07:56 (32.5%)	4:53	12.3 (67.6%)
52	PTASZEK Agnieszka	66	BOXING TEAM NOSIR	Kobiety Open	17	01:41:14	00:24:37.65	02:05:51.85	+00:08:06 (32.9%)	4:55	12.2 (67.0%)
53	MOSAKOWSKI Piotr	54		Mężczyźni Open	36	01:39:56	00:24:43.00	02:04:39.60	+00:08:12 (33.2%)	4:56	12.1 (66.5%)
54	GÓRNAŚ Zosia	63	BOXING TEAM NOSIR	Kobiety Open	18	01:41:13	00:24:47.20	02:06:01.00	+00:08:16 (33.4%)	4:57	12.1 (66.5%)
55	KEMPA Piotr	41	OBSTAWIAMY	Mężczyźni Open	37	01:36:29	00:24:51.55	02:01:21.20	+00:08:20 (33.6%)	4:58	12.1 (66.5%)
56	ADAMCZAK Józef	39		Mężczyźni Open	38	01:35:48	00:24:51.75	02:00:40.25	+00:08:20 (33.6%)	4:58	12.1 (66.5%)
57	KARASIEWICZ Katarzyna	56		Kobiety Open	19	01:40:16	00:24:53.30	02:05:10.25	+00:08:22 (33.6%)	4:58	12 (65.9%)
58	SZULC Kasia	57		Kobiety Open	20	01:40:16	00:24:53.80	02:05:10.50	+00:08:22 (33.7%)	4:58	12 (65.9%)
59	SALAK Katarzyna	49		Kobiety Open	21	01:38:32	00:24:56.20	02:03:29.10	+00:08:25 (33.8%)	4:59	12 (65.9%)
60	MASKIEWICZ Magdalena	42	I LOVE PRZYLESIE	Kobiety Open	22	01:36:44	00:25:01.80	02:01:46.25	+00:08:30 (34.0%)	5:00	12 (65.9%)
61	WACHOL Paweł	46		Mężczyźni Open	39	01:37:54	00:25:10.35	02:03:04.70	+00:08:39 (34.4%)	5:02	11.9 (65.4%)
62	WIĘCKOWSKA Bogumiła	85		Kobiety Open	23	01:44:14	00:25:11.90	02:09:26.85	+00:08:40 (34.5%)	5:02	11.9 (65.4%)
63	POGONOWSKI Radosław	51		Mężczyźni Open	40	01:39:26	00:25:13.85	02:04:40.10	+00:08:42 (34.5%)	5:02	11.9 (65.4%)
64	WYRZYK Magdalena	52		Kobiety Open	24	01:39:08	00:25:25.65	02:04:34.40	+00:08:54 (35.0%)	5:05	11.8 (64.8%)
65	WILCZEK Marta	106	RECKITT	Kobiety Open	25	01:46:47	00:25:26.80	02:12:14.70	+00:08:55 (35.1%)	5:05	11.8 (64.8%)
66	SULEJCZYK Piotr	40	1. BLTR	Mężczyźni Open	41	01:36:07	00:25:45.40	02:01:53.30	+00:09:14 (35.9%)	5:09	11.6 (63.7%)
66	LEŚNICZAK Barbara	78	#ŻYCIETRWAJ	Kobiety Open	26	01:42:32	00:25:45.40	02:08:18.00	+00:09:14 (35.9%)	5:09	11.6 (63.7%)
68	SOKOŁOWSKI Mateusz	3	ZŁODZIEJE I PIJACY	Mężczyźni Open	42	01:27:17	00:25:49.75	01:53:07.15	+00:09:18 (36.1%)	5:10	11.6 (63.7%)
69	WIĘZIK Marcin	70		Mężczyźni Open	43	01:38:17	00:25:55.20	02:04:12.80	+00:09:24 (36.3%)	5:11	11.6 (63.7%)
70	JUKIEWICZ Krzysztof	13	WKURW_TEAM	Mężczyźni Open	44	01:29:55	00:25:57.05	01:55:52.10	+00:09:26 (36.4%)	5:11	11.6 (63.7%)
71	SĄŁDAN Marta	48	BLOG PATRIOTKI	Kobiety Open	27	01:38:12	00:25:58.10	02:04:10.40	+00:09:27 (36.4%)	5:11	11.6 (63.7%)
72	KLUKOWSKI Marcin	2		Mężczyźni Open	45	01:27:00	00:26:05.75	01:53:06.55	+00:09:34 (36.7%)	5:13	11.5 (63.2%)
73	SZYDŁOWSKI Jarosław	47	45BLP	Mężczyźni Open	46	01:38:01	00:26:09.20	02:04:10.40	+00:09:38 (36.8%)	5:13	11.5 (63.2%)
74	ZIELIŃSKA Monika	18		Kobiety Open	28	01:31:14	00:26:20.70	01:57:35.45	+00:09:49 (37.3%)	5:16	11.4 (62.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
75	MRÓZ Sebastian	15		Mężczyźni Open	47	01:30:13	00:26:27.40	01:56:40.50	+00:09:56 (37.6%)	5:17	11.3 (62.1%)
76	BORKOWSKA Joanna	65	BOXING TEAM NOSIR	Kobiety Open	29	01:41:10	00:26:38.55	02:07:49.00	+00:10:07 (38.0%)	5:19	11.3 (62.1%)
77	ZARZYCKI Piotr	14		Mężczyźni Open	48	01:30:11	00:26:38.90	01:56:50.00	+00:10:07 (38.0%)	5:19	11.3 (62.1%)
78	DUDCZAK Aleksandra	4	PIJANA SYPIALNIA	Kobiety Open	30	01:27:37	00:26:54.35	01:54:31.60	+00:10:23 (38.6%)	5:22	11.2 (61.5%)
79	REY Patryk	35	REY RUNNING TEAM	Mężczyźni Open	49	01:34:30	00:27:04.45	02:01:35.00	+00:10:33 (39.0%)	5:25	11.1 (61.0%)
80	BAGNICKI Dariusz	110	ROZBIEGAMY NOWY DWÓR	Mężczyźni Open	50	01:47:37	00:27:15.75	02:14:52.75	+00:10:44 (39.4%)	5:27	11 (60.4%)
81	STRADZA Katarzyna	112	ROZBIEGAMY NOWY DWÓR	Kobiety Open	31	01:47:37	00:27:15.85	02:14:53.25	+00:10:44 (39.4%)	5:27	11 (60.4%)
81	PIETRAS Wojciech	29		Mężczyźni Open	51	01:32:49	00:27:15.85	02:00:05.80	+00:10:44 (39.4%)	5:27	11 (60.4%)
83	WOŹNIAK Bartosz	121		Mężczyźni Open	52	01:26:45	00:27:18.25	01:54:03.45	+00:10:47 (39.5%)	5:27	11 (60.4%)
84	KUROWSKA Aneta	89		Kobiety Open	32	01:44:54	00:27:32.85	02:12:27.40	+00:11:01 (40.0%)	5:30	10.9 (59.9%)
85	WOJTOWICZ Krzysztof	26	DELOITTE ADVENTURE TEAM	Mężczyźni Open	53	01:32:31	00:27:34.70	02:00:05.70	+00:11:03 (40.1%)	5:30	10.9 (59.9%)
86	GRZEL Agnieszka	99		Kobiety Open	33	01:45:47	00:27:40.20	02:13:27.65	+00:11:09 (40.3%)	5:32	10.8 (59.3%)
87	SKOLIK Andrzej	43	FUNDACJA WOJSKOWOŚCI POLSKIEJ	Mężczyźni Open	54	01:37:00	00:27:51.85	02:04:52.20	+00:11:20 (40.7%)	5:34	10.8 (59.3%)
88	ROSAK Ewa	83		Kobiety Open	34	01:43:56	00:27:55.05	02:11:51.05	+00:11:24 (40.8%)	5:35	10.7 (58.8%)
89	JAWORSKI Sylwester	10	SMACZNA KAWUSIA	Mężczyźni Open	55	01:40:48	00:27:58.35	02:08:46.35	+00:11:27 (41.0%)	5:35	10.7 (58.8%)
90	STACHNIK Mirosław	75	KRIO-FAZA PRUSZKÓW	Mężczyźni Open	56	01:42:15	00:28:04.30	02:10:19.30	+00:11:33 (41.2%)	5:36	10.7 (58.8%)
91	JAWORSKA Anna	21	SMACZNA KAWUSIA	Kobiety Open	35	01:40:47	00:28:06.70	02:08:53.90	+00:11:35 (41.2%)	5:37	10.7 (58.8%)
92	KRYSTOFIAK Katarzyna	71	BOXING TEAM NOSIR	Kobiety Open	36	01:41:15	00:28:12.60	02:09:28.00	+00:11:41 (41.5%)	5:38	10.6 (58.2%)
93	REICHEL Ewa	72	BOXING TEAM NOSIR	Kobiety Open	37	01:41:15	00:28:13.65	02:09:29.15	+00:11:42 (41.5%)	5:38	10.6 (58.2%)
94	PTASIŃSKA Joanna	59	SMACZNA KAWUSIA	Kobiety Open	38	01:40:46	00:28:15.45	02:09:02.35	+00:11:44 (41.6%)	5:39	10.6 (58.2%)
94	MACIŃSKA Małgorzata	68	BOXING TEAM NOSIR	Kobiety Open	38	01:41:12	00:28:15.45	02:09:28.15	+00:11:44 (41.6%)	5:39	10.6 (58.2%)
96	POBIEDZIŃSKI Jacek	82		Mężczyźni Open	57	01:43:16	00:28:36.55	02:11:52.95	+00:12:05 (42.3%)	5:43	10.5 (57.7%)
97	GRZESZCZYK Malwina	80		Kobiety Open	40	01:43:15	00:28:37.65	02:11:53.05	+00:12:06 (42.3%)	5:43	10.5 (57.7%)
98	STOLARSKA Anna	67	BOXING TEAM NOSIR	Kobiety Open	41	01:41:14	00:28:44.20	02:09:58.30	+00:12:13 (42.5%)	5:44	10.4 (57.1%)
99	NASKRĘT Mariusz	30		Mężczyźni Open	58	01:33:15	00:29:07.65	02:02:23.30	+00:12:36 (43.3%)	5:49	10.3 (56.6%)
100	TELAKOWSKA Anita	8		Kobiety Open	42	01:32:10	00:29:12.80	02:01:23.65	+00:12:41 (43.5%)	5:50	10.3 (56.6%)
101	TELAKOWSKI Marcin	25		Mężczyźni Open	59	01:32:11	00:29:13.65	02:01:25.20	+00:12:42 (43.5%)	5:50	10.3 (56.6%)
102	BRZECZKOWSKI Piotr	76		Mężczyźni Open	60	01:42:30	00:29:23.30	02:11:53.85	+00:12:52 (43.8%)	5:52	10.2 (56.0%)
103	PIECZATOWSKA Ewelina	27		Kobiety Open	43	01:32:46	00:29:34.55	02:02:21.45	+00:13:03 (44.2%)	5:55	10.1 (55.5%)
104	RYDZ Adrian	22	DYSPOZYCJA DNIA TEAM	Mężczyźni Open	61	01:31:50	00:30:07.25	02:01:58.20	+00:13:36 (45.2%)	6:01	10 (54.9%)
105	KACZOROWSKI Paweł	100	RECKITT	Mężczyźni Open	62	01:45:48	00:30:14.00	02:16:02.05	+00:13:43 (45.4%)	6:02	9.9 (54.4%)
106	REY Andrzej	6	REY RUNNING TEAM	Mężczyźni Open	63	01:28:33	00:31:52.40	02:00:26.30	+00:15:21 (48.2%)	6:22	9.4 (51.6%)
107	BABIŃSKA Anna	1		Kobiety Open	44	01:26:45	00:32:04.45	01:58:50.15	+00:15:33 (48.5%)	6:25	9.4 (51.6%)
108	WOŹNIAK Małgorzata	120		Kobiety Open	45	01:26:45	00:32:05.25	01:58:50.45	+00:15:34 (48.5%)	6:25	9.4 (51.6%)
109	JAWORSKA Katarzyna	61	SMACZNA KAWUSIA	Kobiety Open	46	01:40:47	00:33:20.60	02:14:07.80	+00:16:49 (50.5%)	6:40	9 (49.5%)
110	KRÓL Patrycja	60	SMACZNA KAWUSIA	Kobiety Open	47	01:40:46	00:33:20.90	02:14:07.80	+00:16:49 (50.5%)	6:40	9 (49.5%)
111	SOSIŃSKI Sebastian	122		Mężczyźni Open	64	00:04:53	00:38:51.10	00:43:44.10	+00:22:20 (57.5%)	7:46	7.7 (42.3%)
112	ŁAPKO Joanna	123		Kobiety Open	48	00:04:48	00:38:55.75	00:43:44.40	+00:22:24 (57.6%)	7:47	7.7 (42.3%)
113	WALCZEWSKI Michał	91	WKB META LUBLINIEC	Mężczyźni Open	65	01:48:17	00:40:14.05	02:28:31.05	+00:23:43 (59.0%)	8:02	7.5 (41.2%)
	ANONIMOWY Uczestnik	24		Mężczyźni Open		DNF	DNF	DNF	-	-	-(0.0%)
	KRZEMIŃSKA Jolanta	11		Kobiety Open		DNF	DNF	DNF	-	-	-(0.0%)

Znaleziono 115 wynik(ów)