

# BIEGIEM DO KOSZAR

B4SPORT  
INTELEGENTNE ZAWODY SPORTOWE

**Organizator:** Modlin sp. z o. o.  
**Data:** 2019-05-17  
**Miejsce:** Modlin  
**Dystans:** 5 km

**B4SPORT**  
INTELEGENTNE ZAWODY SPORTOWE

Klasyfikacja: Kobiety Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	<b>SZAFRAŃSKA Aleksandra</b>	<b>187</b>	WKURW_TEAM	Kobiety Open	1	00:05:31	<b>00:25:16.95</b>	<b>00:30:48.85</b>		5:03	11.9 (100%)
2	<b>OWCZAREK Katarzyna</b>	<b>98</b>	LORAK	Kobiety Open	2	00:02:41	<b>00:25:57.65</b>	<b>00:28:39.60</b>	+00:00:40 (2.6%)	5:11	11.6 (97.5%)
3	<b>NIKOŁAJUK Julia</b>	<b>323</b>		Kobiety Open	3	00:10:11	<b>00:27:01.95</b>	<b>00:37:13.70</b>	+00:01:45 (6.5%)	5:24	11.1 (93.3%)
4	<b>STOLARCZYK Gosia</b>	<b>121</b>	LS WORLD RUN	Kobiety Open	4	00:03:31	<b>00:27:13.45</b>	<b>00:30:44.80</b>	+00:01:56 (7.1%)	5:26	11 (92.4%)
5	<b>JAWOREK Anna</b>	<b>96</b>	LORAK	Kobiety Open	5	00:02:41	<b>00:27:45.05</b>	<b>00:30:26.85</b>	+00:02:28 (8.9%)	5:33	10.8 (90.8%)
6	<b>DOBROWOLSKA Ania</b>	<b>173</b>		Kobiety Open	6	00:05:12	<b>00:28:30.40</b>	<b>00:33:42.55</b>	+00:03:13 (11.3%)	5:42	10.5 (88.2%)
7	<b>BILIŃSKA Joanna</b>	<b>22</b>	RUNNERB	Kobiety Open	7	00:00:45	<b>00:28:41.95</b>	<b>00:29:27.65</b>	+00:03:25 (11.9%)	5:44	10.5 (88.2%)
8	<b>FILOCHOWSKA Marta</b>	<b>220</b>		Kobiety Open	8	00:06:31	<b>00:29:04.35</b>	<b>00:35:35.70</b>	+00:03:47 (13.0%)	5:48	10.3 (86.6%)
9	<b>PRACZ Wiktoria</b>	<b>155</b>	SGSP	Kobiety Open	9	00:04:30	<b>00:29:12.80</b>	<b>00:33:43.60</b>	+00:03:55 (13.5%)	5:50	10.3 (86.6%)
10	<b>PASTUSZKA Anna</b>	<b>332</b>		Kobiety Open	10	00:10:31	<b>00:29:21.60</b>	<b>00:39:53.20</b>	+00:04:04 (13.9%)	5:52	10.2 (85.7%)
11	<b>GOSZCZYŃSKA Wiola</b>	<b>430</b>	HUSARIA RACE TEAM	Kobiety Open	11	00:13:41	<b>00:29:32.55</b>	<b>00:43:14.15</b>	+00:04:15 (14.4%)	5:54	10.2 (85.7%)
12	<b>ABRAMCZYK Marta</b>	<b>81</b>	HUSARIA RACE TEAM	Kobiety Open	12	00:02:25	<b>00:29:53.60</b>	<b>00:32:18.65</b>	+00:04:36 (15.4%)	5:58	10 (84.0%)
13	<b>SZULC Katarzyna</b>	<b>381</b>		Kobiety Open	13	00:12:22	<b>00:30:00.50</b>	<b>00:42:22.60</b>	+00:04:43 (15.7%)	6:00	10 (84.0%)
14	<b>BIELSKA Katarzyna</b>	<b>199</b>		Kobiety Open	14	00:05:51	<b>00:30:05.80</b>	<b>00:35:57.25</b>	+00:04:48 (16.0%)	6:01	10 (84.0%)
15	<b>BODEK Katarzyna</b>	<b>201</b>		Kobiety Open	15	00:06:11	<b>00:30:07.65</b>	<b>00:36:18.80</b>	+00:04:50 (16.1%)	6:01	10 (84.0%)
16	<b>JASKÓŁA Joanna</b>	<b>250</b>		Kobiety Open	16	00:05:52	<b>00:30:10.15</b>	<b>00:36:02.15</b>	+00:04:53 (16.2%)	6:02	9.9 (83.2%)
17	<b>NOWAK Agnieszka</b>	<b>3</b>		Kobiety Open	17	00:00:03	<b>00:30:21.65</b>	<b>00:30:24.80</b>	+00:05:04 (16.7%)	6:04	9.9 (83.2%)
18	<b>KRÓL Magdalena</b>	<b>78</b>	ISERWIS.NET.PL	Kobiety Open	18	00:02:12	<b>00:30:31.70</b>	<b>00:32:44.10</b>	+00:05:14 (17.2%)	6:06	9.8 (82.4%)
19	<b>AJZAK Elżbieta</b>	<b>72</b>	HARDCOROWE WYCHYLYBYMY	Kobiety Open	19	00:02:12	<b>00:30:54.90</b>	<b>00:33:07.05</b>	+00:05:37 (18.2%)	6:11	9.7 (81.5%)
20	<b>GOLLNIK Daria</b>	<b>94</b>	LORAK	Kobiety Open	20	00:02:42	<b>00:30:55.00</b>	<b>00:33:37.10</b>	+00:05:38 (18.2%)	6:11	9.7 (81.5%)
21	<b>KOPYTKO Małgorzata</b>	<b>160</b>	WAT	Kobiety Open	21	00:04:31	<b>00:31:01.35</b>	<b>00:35:32.60</b>	+00:05:44 (18.5%)	6:12	9.7 (81.5%)
22	<b>MASKIEWICZ Magdalena</b>	<b>137</b>	RUNNERS TEAM JABŁONNA	Kobiety Open	22	00:03:52	<b>00:31:07.30</b>	<b>00:34:59.40</b>	+00:05:50 (18.8%)	6:13	9.6 (80.7%)
23	<b>GALIŃSKA Magdalena</b>	<b>161</b>	WARSZAWSKI ZAUŁEK	Kobiety Open	23	00:04:52	<b>00:31:07.95</b>	<b>00:36:00.70</b>	+00:05:51 (18.8%)	6:13	9.6 (80.7%)
24	<b>RÓŻALSKA Ewa</b>	<b>361</b>		Kobiety Open	24	00:11:43	<b>00:31:12.70</b>	<b>00:42:56.10</b>	+00:05:55 (19.0%)	6:14	9.6 (80.7%)
25	<b>SZAFRAŃSKA Justyna</b>	<b>426</b>		Kobiety Open	25	00:13:43	<b>00:31:17.50</b>	<b>00:45:00.75</b>	+00:06:00 (19.2%)	6:15	9.6 (80.7%)
26	<b>GÓRNAŚ Zofia</b>	<b>179</b>		Kobiety Open	26	00:05:12	<b>00:31:19.55</b>	<b>00:36:31.95</b>	+00:06:02 (19.3%)	6:15	9.6 (80.7%)
27	<b>SZLEZAK-RZEPECKA Mariola</b>	<b>380</b>		Kobiety Open	27	00:12:01	<b>00:31:21.10</b>	<b>00:43:22.65</b>	+00:06:04 (19.4%)	6:16	9.6 (80.7%)
28	<b>DARCZYŃSKA Kinga</b>	<b>216</b>		Kobiety Open	28	00:06:31	<b>00:31:29.10</b>	<b>00:38:00.50</b>	+00:06:12 (19.7%)	6:17	9.5 (79.8%)
29	<b>ZAGÓRSKA Aleksandra</b>	<b>87</b>	KASZTANY	Kobiety Open	29	00:02:25	<b>00:31:33.00</b>	<b>00:33:58.10</b>	+00:06:16 (19.9%)	6:18	9.5 (79.8%)
30	<b>GROBEREK Monika</b>	<b>238</b>		Kobiety Open	30	00:07:11	<b>00:31:34.25</b>	<b>00:38:45.90</b>	+00:06:17 (19.9%)	6:18	9.5 (79.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							5km	5km			
31	BUDNICKA Katarzyna	210		Kobiety Open	31	00:06:11	00:31:45.45	00:37:57.35	+00:06:28 (20.4%)	6:21	9.4 (79.0%)
32	NERĆ Zuzanna	322		Kobiety Open	32	00:10:11	00:31:49.50	00:42:01.35	+00:06:32 (20.6%)	6:22	9.4 (79.0%)
33	KOPEĆ Anna	278		Kobiety Open	33	00:08:32	00:32:01.65	00:40:33.80	+00:06:44 (21.1%)	6:24	9.4 (79.0%)
34	ŻAGLEWSKA Jolanta	33	RUNNERB	Kobiety Open	34	00:01:01	00:32:04.20	00:33:05.40	+00:06:47 (21.2%)	6:24	9.4 (79.0%)
35	BOJKO Agnieszka	204		Kobiety Open	35	00:06:11	00:32:04.35	00:38:15.50	+00:06:47 (21.2%)	6:24	9.4 (79.0%)
36	POPIS Katarzyna	345		Kobiety Open	36	00:10:53	00:32:04.80	00:42:58.10	+00:06:47 (21.2%)	6:25	9.4 (79.0%)
37	JASTRZĘBSKA Aleksandra	251		Kobiety Open	37	00:07:51	00:32:07.55	00:39:59.05	+00:06:50 (21.3%)	6:25	9.3 (78.2%)
38	MRÓZ Paulina	317		Kobiety Open	38	00:09:52	00:32:15.00	00:42:07.00	+00:06:58 (21.6%)	6:27	9.3 (78.2%)
39	SOBIESZEK Natalia	371		Kobiety Open	39	00:04:11	00:32:21.70	00:36:33.15	+00:07:04 (21.9%)	6:28	9.3 (78.2%)
40	ZMYSŁOWSKA Martyna	417		Kobiety Open	40	00:13:23	00:32:30.10	00:45:53.40	+00:07:13 (22.2%)	6:30	9.2 (77.3%)
41	URBAN Sylwia	400		Kobiety Open	41	00:12:41	00:32:34.90	00:45:16.75	+00:07:17 (22.4%)	6:31	9.2 (77.3%)
42	KARASIEWICZ Katarzyna	265		Kobiety Open	42	00:08:12	00:33:00.60	00:41:12.65	+00:07:43 (23.4%)	6:36	9.1 (76.5%)
43	KOSZNIRUK Elżbieta	431		Kobiety Open	43	00:13:41	00:33:09.70	00:46:51.65	+00:07:52 (23.8%)	6:38	9 (75.6%)
44	GRZESZCZYK Malwina	240		Kobiety Open	44	00:07:11	00:33:15.45	00:40:27.20	+00:07:58 (24.0%)	6:39	9 (75.6%)
45	IMIELSKA Izabela	5	ODDZIAŁ ZABEZPIECZENIA GST	Kobiety Open	45	00:00:02	00:33:16.30	00:33:18.40	+00:07:59 (24.0%)	6:39	9 (75.6%)
46	KARCZEWSKA Iwona	267		Kobiety Open	46	00:12:42	00:33:19.20	00:46:01.80	+00:08:02 (24.1%)	6:39	9 (75.6%)
47	PIEKUT Agata	339		Kobiety Open	47	00:10:31	00:33:22.90	00:43:54.65	+00:08:05 (24.3%)	6:40	9 (75.6%)
48	KLIMEK-MAJEWSKA Magdalena	143	ROZBIEGAMY NOWY DWOR	Kobiety Open	48	00:02:42	00:33:24.80	00:36:07.30	+00:08:07 (24.3%)	6:41	9 (75.6%)
49	UCHRONSKA Marzena	398		Kobiety Open	49	00:12:42	00:33:34.60	00:46:17.25	+00:08:17 (24.7%)	6:43	8.9 (74.8%)
50	STRADZA Katarzyna	99	LORAK	Kobiety Open	50	00:02:42	00:33:38.55	00:36:20.85	+00:08:21 (24.8%)	6:43	8.9 (74.8%)
51	SKÓRA Sylwia	370		Kobiety Open	51	00:11:43	00:33:44.85	00:45:28.50	+00:08:27 (25.1%)	6:45	8.9 (74.8%)
52	ARNOLD Aldona	192		Kobiety Open	52	00:05:51	00:33:49.95	00:39:41.85	+00:08:33 (25.3%)	6:46	8.9 (74.8%)
53	TELAKOWSKA Anita	385		Kobiety Open	53	00:12:22	00:33:51.75	00:46:13.80	+00:08:34 (25.3%)	6:46	8.9 (74.8%)
54	INOROWICZ Joanna	243		Kobiety Open	54	00:07:31	00:33:53.65	00:41:25.20	+00:08:36 (25.4%)	6:46	8.8 (73.9%)
55	JOBDA Marta	256		Kobiety Open	55	00:07:51	00:33:56.20	00:41:48.05	+00:08:39 (25.5%)	6:47	8.8 (73.9%)
56	SŁONECKA Anna	47	BRAVEHEARTS LEGIONOWO	Kobiety Open	56	00:01:13	00:33:57.20	00:35:10.90	+00:08:40 (25.5%)	6:47	8.8 (73.9%)
56	GAWROŃSKA Agata	45	BRAVEHEARTS LEGIONOWO	Kobiety Open	57	00:01:13	00:33:57.20	00:35:10.90	+00:08:40 (25.5%)	6:47	8.8 (73.9%)
58	CZARNOTA Dorota	43	BRAVEHEARTS LEGIONOWO	Kobiety Open	58	00:01:13	00:33:57.55	00:35:11.00	+00:08:40 (25.6%)	6:47	8.8 (73.9%)
59	SAPAŁA Agnieszka	429		Kobiety Open	59	00:13:41	00:34:15.70	00:47:57.25	+00:08:58 (26.2%)	6:51	8.8 (73.9%)
60	KLIMKIEWICZ Beata	90	KONTENER FORMY	Kobiety Open	60	00:02:24	00:34:22.70	00:36:47.40	+00:09:05 (26.5%)	6:52	8.7 (73.1%)
61	WILCZEK Marta	32	RUNNERB	Kobiety Open	61	00:01:00	00:34:29.90	00:35:30.85	+00:09:12 (26.7%)	6:54	8.7 (73.1%)
62	KŁĘCZAJ Katarzyna	273		Kobiety Open	62	00:08:31	00:34:33.15	00:43:04.55	+00:09:16 (26.8%)	6:54	8.7 (73.1%)
63	ADAMCZYK Kinga	191		Kobiety Open	63	00:05:51	00:34:43.70	00:40:35.00	+00:09:26 (27.2%)	6:56	8.6 (72.3%)
64	TIMOSZUK Dagmara	104	LOST IN SPORT	Kobiety Open	64	00:02:52	00:34:50.25	00:37:42.55	+00:09:33 (27.4%)	6:58	8.6 (72.3%)
65	BLICHARSKA Barbara	86	KASZTANY	Kobiety Open	65	00:02:25	00:34:55.85	00:37:20.85	+00:09:38 (27.6%)	6:59	8.6 (72.3%)
66	RÓŻYCKA Magdalena	167	WUJEK SEBASTIAN	Kobiety Open	66	00:04:52	00:34:58.15	00:39:50.25	+00:09:41 (27.7%)	6:59	8.6 (72.3%)
67	GAŁADYK Agnieszka	226		Kobiety Open	67	00:06:51	00:35:03.85	00:41:55.50	+00:09:46 (27.9%)	7:00	8.6 (72.3%)
68	KAMIŃSKA Marta	91	LORAK	Kobiety Open	68	00:01:01	00:35:07.90	00:36:09.65	+00:09:50 (28.0%)	7:01	8.5 (71.4%)
69	ŚWIEŻEWSKA Klementyna	382		Kobiety Open	69	00:12:22	00:35:13.05	00:47:35.70	+00:09:56 (28.2%)	7:02	8.5 (71.4%)
70	SABAJ Olga	364		Kobiety Open	70	00:11:42	00:35:18.95	00:47:01.90	+00:10:02 (28.4%)	7:03	8.5 (71.4%)
71	CHMIELEWSKA Kinga	23	RUNNERB	Kobiety Open	71	00:00:45	00:35:27.00	00:36:12.35	+00:10:10 (28.7%)	7:05	8.5 (71.4%)
72	DĄBROWSKA Karolina	217		Kobiety Open	72	00:06:31	00:36:03.80	00:42:35.05	+00:10:46 (29.9%)	7:12	8.3 (69.7%)
73	GODLEWSKA Renata	231		Kobiety Open	73	00:07:12	00:36:04.00	00:43:16.10	+00:10:47 (29.9%)	7:12	8.3 (69.7%)
74	PENKALSKA Magdalena	164	WIELISZEW HERON TEAM	Kobiety Open	74	00:04:52	00:36:06.05	00:40:58.20	+00:10:49 (30.0%)	7:13	8.3 (69.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							5km	5km			
75	FIRA Karolina	221		Kobiety Open	75	00:06:51	00:36:06.35	00:42:58.05	+00:10:49 (30.0%)	7:13	8.3 (69.7%)
76	KOZŁOWSKA Sylwia	422		Kobiety Open	76	00:13:41	00:36:15.25	00:49:56.90	+00:10:58 (30.3%)	7:15	8.3 (69.7%)
77	URYŃ Iwona	401		Kobiety Open	77	00:13:02	00:36:16.45	00:49:19.20	+00:10:59 (30.3%)	7:15	8.3 (69.7%)
78	BRYŃSKA-NOWAK Anna	209		Kobiety Open	78	00:06:11	00:36:16.85	00:42:28.60	+00:10:59 (30.3%)	7:15	8.3 (69.7%)
79	KWIATKOWSKA Maja	291		Kobiety Open	79	00:09:11	00:36:26.95	00:45:38.75	+00:11:10 (30.6%)	7:17	8.2 (68.9%)
80	WAWRZEŃCZYK Sylwia	406		Kobiety Open	80	00:13:02	00:36:27.70	00:49:29.85	+00:11:10 (30.7%)	7:17	8.2 (68.9%)
81	KOCHAŃSKA Joanna	274		Kobiety Open	81	00:08:31	00:36:30.15	00:45:01.95	+00:11:13 (30.7%)	7:18	8.2 (68.9%)
82	GIELNIEWSKA Marlena	230		Kobiety Open	82	00:06:51	00:36:30.65	00:43:22.45	+00:11:13 (30.8%)	7:18	8.2 (68.9%)
83	KOŚCIELAK Urszula	280		Kobiety Open	83	00:08:31	00:36:32.95	00:45:04.75	+00:11:16 (30.8%)	7:18	8.2 (68.9%)
84	WNUKOWSKA Natalia	166	WUJEK SEBASTIAN	Kobiety Open	84	00:04:52	00:36:33.60	00:41:25.60	+00:11:16 (30.8%)	7:18	8.2 (68.9%)
85	TUROWSKA Anna	393		Kobiety Open	85	00:12:41	00:36:38.50	00:49:20.35	+00:11:21 (31.0%)	7:19	8.2 (68.9%)
86	SAŁDAN Marta	366		Kobiety Open	86	00:11:43	00:36:46.35	00:48:29.75	+00:11:29 (31.2%)	7:21	8.2 (68.9%)
87	KOŁACZ Anna	276		Kobiety Open	87	00:08:30	00:36:51.95	00:45:22.70	+00:11:35 (31.4%)	7:22	8.1 (68.1%)
88	PIERSA Małgorzata	340		Kobiety Open	88	00:10:32	00:36:57.40	00:47:29.85	+00:11:40 (31.6%)	7:23	8.1 (68.1%)
89	KWIATKOWSKA Alicja	56	DRUNK WARRIORS	Kobiety Open	89	00:01:33	00:37:11.75	00:38:44.80	+00:11:54 (32.0%)	7:26	8.1 (68.1%)
90	ROCHALSKA Ania	357		Kobiety Open	90	00:11:22	00:37:19.75	00:48:42.40	+00:12:02 (32.3%)	7:28	8 (67.2%)
91	GOLISZ Magdalena	233		Kobiety Open	91	00:07:11	00:37:26.90	00:44:38.55	+00:12:09 (32.5%)	7:29	8 (67.2%)
92	WASILEWSKA Małgorzata	405		Kobiety Open	92	00:13:01	00:37:30.55	00:50:31.90	+00:12:13 (32.6%)	7:30	8 (67.2%)
93	PODOLAK Ewelina	69	INS	Kobiety Open	93	00:01:52	00:37:45.10	00:39:37.75	+00:12:28 (33.0%)	7:33	7.9 (66.4%)
94	JAKÓBCZAK Karolina	245		Kobiety Open	94	00:07:31	00:37:46.00	00:45:17.00	+00:12:29 (33.1%)	7:33	7.9 (66.4%)
95	ROSAK Ewa	360		Kobiety Open	95	00:11:21	00:37:50.40	00:49:12.10	+00:12:33 (33.2%)	7:34	7.9 (66.4%)
96	CHYŁA Kinga	212		Kobiety Open	96	00:06:31	00:38:05.05	00:44:36.40	+00:12:48 (33.6%)	7:37	7.9 (66.4%)
97	KOWALCZYK Marlena	283		Kobiety Open	97	00:08:51	00:38:08.95	00:47:00.55	+00:12:52 (33.7%)	7:37	7.9 (66.4%)
98	ZYGMUNT Natalia	418		Kobiety Open	98	00:13:23	00:38:10.00	00:51:33.35	+00:12:53 (33.8%)	7:38	7.9 (66.4%)
99	ZAWIDZKA Kasia	416		Kobiety Open	99	00:13:23	00:38:13.50	00:51:37.25	+00:12:56 (33.9%)	7:38	7.8 (65.5%)
100	GRZYBOWSKA Paulina	241		Kobiety Open	100	00:07:31	00:38:16.80	00:45:48.15	+00:12:59 (34.0%)	7:39	7.8 (65.5%)
101	KOWNACKA Olga	284		Kobiety Open	101	00:08:51	00:38:16.85	00:47:08.50	+00:12:59 (34.0%)	7:39	7.8 (65.5%)
102	KLECZKOWSKA Katarzyna	272		Kobiety Open	102	00:08:31	00:38:19.25	00:46:51.15	+00:13:02 (34.0%)	7:40	7.8 (65.5%)
103	KOT Agnieszka	281		Kobiety Open	103	00:10:53	00:38:35.80	00:49:29.60	+00:13:18 (34.5%)	7:43	7.8 (65.5%)
104	KORAL Justyna	425		Kobiety Open	104	00:13:41	00:38:39.35	00:52:20.95	+00:13:22 (34.6%)	7:43	7.8 (65.5%)
105	TKACZYK Anna	388		Kobiety Open	105	00:12:22	00:38:40.10	00:51:02.55	+00:13:23 (34.6%)	7:44	7.8 (65.5%)
106	KOTYŃSKA Barbara	282		Kobiety Open	106	00:08:52	00:38:49.65	00:47:41.80	+00:13:32 (34.9%)	7:45	7.7 (64.7%)
107	WILIŃSKA Olga	407		Kobiety Open	107	00:13:03	00:39:20.20	00:52:23.50	+00:14:03 (35.7%)	7:52	7.6 (63.9%)
108	DUDCZAK Aleksandra	24	RUNNERB	Kobiety Open	108	00:00:45	00:39:36.05	00:40:21.70	+00:14:19 (36.2%)	7:55	7.6 (63.9%)
109	MUSIELAK Paulina	319		Kobiety Open	109	00:09:51	00:39:47.45	00:49:38.75	+00:14:30 (36.5%)	7:57	7.5 (63.0%)
110	SZAROW Paulina	40	BESTIE OCR LEGIONOWO	Kobiety Open	110	00:01:02	00:39:49.00	00:40:51.05	+00:14:32 (36.5%)	7:57	7.5 (63.0%)
111	MICHALSKA Karolina	119	LS WORLD RUN	Kobiety Open	111	00:03:14	00:40:04.10	00:43:18.55	+00:14:47 (36.9%)	8:00	7.5 (63.0%)
112	MAJBOUR Karolina	301		Kobiety Open	112	00:09:31	00:40:08.30	00:49:39.30	+00:14:51 (37.0%)	8:01	7.5 (63.0%)
113	SMOGORZEWSKA Marta	185	WKURW_TEAM	Kobiety Open	113	00:05:32	00:40:16.50	00:45:48.70	+00:14:59 (37.2%)	8:03	7.5 (63.0%)
114	ŻYWEK Sylwia	71	HARDCOROWE WYCHYLYLYBYMY	Kobiety Open	114	00:02:11	00:40:18.85	00:42:30.80	+00:15:01 (37.3%)	8:03	7.4 (62.2%)
115	MAJSZCZYK Paulina	76	HARDCOROWE WYCHYLYLYBYMY	Kobiety Open	115	00:02:12	00:40:19.55	00:42:31.55	+00:15:02 (37.3%)	8:03	7.4 (62.2%)
116	SZCZEBLOWSKA Katarzyna	379		Kobiety Open	116	00:12:02	00:40:22.25	00:52:24.45	+00:15:05 (37.4%)	8:04	7.4 (62.2%)
117	SOCHACZEWSKA Joanna	372		Kobiety Open	117	00:12:01	00:40:23.35	00:52:25.30	+00:15:06 (37.4%)	8:04	7.4 (62.2%)
118	GAŁEK Katarzyna	227		Kobiety Open	118	00:06:51	00:40:55.00	00:47:46.65	+00:15:38 (38.2%)	8:11	7.3 (61.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
119	<b>ORLICKA Anetta</b>	<b>68</b>	HOMOHIBERNATUS	Kobiety Open	119	00:01:53	<b>00:40:55.50</b>	<b>00:42:48.60</b>	+00:15:38 (38.2%)	8:11	7.3 (61.3%)
120	<b>PIOTROWICZ Sylwia</b>	<b>342</b>		Kobiety Open	120	00:08:52	<b>00:40:59.05</b>	<b>00:49:51.10</b>	+00:15:42 (38.3%)	8:11	7.3 (61.3%)
121	<b>DUDZIŃSKA Sabina</b>	<b>52</b>	DOGOŃ GRODZISK MAZOWIECKI	Kobiety Open	121	00:01:52	<b>00:42:02.15</b>	<b>00:43:54.80</b>	+00:16:45 (39.9%)	8:24	7.1 (59.7%)
122	<b>MAGDALIŃSKA Żaneta</b>	<b>300</b>		Kobiety Open	122	00:09:11	<b>00:42:25.50</b>	<b>00:51:37.30</b>	+00:17:08 (40.4%)	8:29	7.1 (59.7%)
123	<b>KOSZUTSKA Katarzyna</b>	<b>279</b>		Kobiety Open	123	00:08:30	<b>00:42:33.20</b>	<b>00:51:04.15</b>	+00:17:16 (40.6%)	8:30	7 (58.8%)
124	<b>TUSZYŃSKA Monika</b>	<b>395</b>		Kobiety Open	124	00:12:41	<b>00:42:38.40</b>	<b>00:55:20.25</b>	+00:17:21 (40.7%)	8:31	7 (58.8%)
125	<b>JEŻEWSKA Angelika</b>	<b>254</b>		Kobiety Open	125	00:07:51	<b>00:42:40.65</b>	<b>00:50:31.90</b>	+00:17:23 (40.8%)	8:32	7 (58.8%)
126	<b>KACZYŃSKA Dorota</b>	<b>262</b>		Kobiety Open	126	00:08:11	<b>00:42:43.35</b>	<b>00:50:54.85</b>	+00:17:26 (40.8%)	8:32	7 (58.8%)
127	<b>ORZECHOWSKA Aleksandra</b>	<b>328</b>		Kobiety Open	127	00:10:12	<b>00:43:02.40</b>	<b>00:53:15.30</b>	+00:17:45 (41.3%)	8:36	7 (58.8%)
128	<b>PĘKACKA Magdalena</b>	<b>337</b>		Kobiety Open	128	00:10:31	<b>00:43:13.05</b>	<b>00:53:44.05</b>	+00:17:56 (41.5%)	8:38	6.9 (58.0%)
129	<b>PATRZYK Monika</b>	<b>335</b>		Kobiety Open	129	00:10:31	<b>00:43:16.10</b>	<b>00:53:48.05</b>	+00:17:59 (41.6%)	8:39	6.9 (58.0%)
130	<b>CZERNICHOWSKA Ewelina</b>	<b>213</b>		Kobiety Open	130	00:06:31	<b>00:43:28.80</b>	<b>00:50:00.20</b>	+00:18:11 (41.9%)	8:41	6.9 (58.0%)
131	<b>MALICKA Emilia</b>	<b>306</b>		Kobiety Open	131	00:09:52	<b>00:43:48.95</b>	<b>00:53:41.80</b>	+00:18:32 (42.3%)	8:45	6.8 (57.1%)
132	<b>PAWŁOWSKA- LIS Maria</b>	<b>336</b>		Kobiety Open	132	00:10:31	<b>00:43:55.70</b>	<b>00:54:26.80</b>	+00:18:38 (42.4%)	8:47	6.8 (57.1%)
133	<b>BIELIŃSKA Iwona</b>	<b>198</b>		Kobiety Open	133	00:05:52	<b>00:43:58.15</b>	<b>00:49:50.15</b>	+00:18:41 (42.5%)	8:47	6.8 (57.1%)
134	<b>KEMPIŃSKA Izabela</b>	<b>269</b>		Kobiety Open	134	00:08:12	<b>00:45:26.65</b>	<b>00:53:38.85</b>	+00:20:09 (44.4%)	9:05	6.6 (55.5%)
135	<b>KEMPIŃSKA Magdalena</b>	<b>268</b>		Kobiety Open	135	00:08:12	<b>00:45:26.90</b>	<b>00:53:38.95</b>	+00:20:09 (44.4%)	9:05	6.6 (55.5%)
136	<b>KACPRZAK Maja</b>	<b>149</b>	STRONG AF	Kobiety Open	136	00:04:11	<b>00:45:55.05</b>	<b>00:50:06.35</b>	+00:20:38 (44.9%)	9:11	6.5 (54.6%)
137	<b>ZAWIŚLAK Aleksandra</b>	<b>107</b>	MAŁPKI	Kobiety Open	137	00:02:52	<b>00:46:22.20</b>	<b>00:49:14.50</b>	+00:21:05 (45.5%)	9:16	6.5 (54.6%)
138	<b>JAWORSKA Justyna</b>	<b>253</b>		Kobiety Open	138	00:07:52	<b>00:46:34.95</b>	<b>00:54:27.05</b>	+00:21:18 (45.7%)	9:19	6.4 (53.8%)
139	<b>JASIUL Mariola</b>	<b>249</b>		Kobiety Open	139	00:07:32	<b>00:46:55.05</b>	<b>00:54:27.05</b>	+00:21:38 (46.1%)	9:23	6.4 (53.8%)
140	<b>MANTORSKA Ewelina</b>	<b>309</b>		Kobiety Open	140	00:09:31	<b>00:47:18.20</b>	<b>00:56:49.20</b>	+00:22:01 (46.6%)	9:27	6.3 (52.9%)
141	<b>MROWIEC Katarzyna</b>	<b>315</b>		Kobiety Open	141	00:09:51	<b>00:48:19.85</b>	<b>00:58:10.85</b>	+00:23:02 (47.7%)	9:39	6.2 (52.1%)
142	<b>KALBARCZYK Regina</b>	<b>263</b>		Kobiety Open	142	00:08:11	<b>00:48:49.30</b>	<b>00:57:01.25</b>	+00:23:32 (48.2%)	9:46	6.1 (51.3%)
143	<b>DEJNEKA Katarzyna</b>	<b>183</b>	WKURW_TEAM	Kobiety Open	143	00:05:32	<b>00:51:25.75</b>	<b>00:56:57.75</b>	+00:26:08 (50.8%)	10:17	5.8 (48.7%)
144	<b>GAWRYŁO Joanna</b>	<b>67</b>	GRUPA PO-SUV-IŚCI	Kobiety Open	144	00:01:51	<b>00:52:04.85</b>	<b>00:53:56.80</b>	+00:26:47 (51.5%)	10:25	5.8 (48.7%)
145	<b>SIECZKOWSKA Małgorzata</b>	<b>70</b>	KLUB BIEGACZA RTV EURO AGD	Kobiety Open	145	00:01:53	<b>00:55:44.00</b>	<b>00:57:37.85</b>	+00:30:27 (54.6%)	11:08	5.4 (45.4%)

Znaleziono 145 wynik(ów)