



BIEGIEM DO KOSZAR

B4SPORT

Organiser: Fundacja Nasza Historia
Date: 2024-05-17
Place: Nowy Dwór Mazowiecki
Distance: 5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Classification: Kobiety Open

Place	Participant	Number	Club	Category	MCat	Drużyna 1	Net time 5km	Gap	Pace min/km	Pace km/h
1	NIKOŁAJUK Julia	225	RECKITTRUNNERS	Kobiety Open	1	ReckittRunners	00:22:04.80		4:24	13.6 (100%)
2	MAJEWSKA Ewa	183	BECAUSE OF RUNNING	Kobiety Open	2	Because of running	00:23:57.35	+00:01:52 (7.8%)	4:47	12.5 (91.9%)
3	NERC Karolina	217	2 MAZOWIECKI PUŁK SAPERÓW / BWINŻ	Kobiety Open	3	2 Mazowiecki Pułk saperów / BWINŻ	00:24:31.65	+00:02:26 (10.0%)	4:54	12.2 (89.7%)
4	SZAFRAŃSKA Aleksandra	331		Kobiety Open	4		00:24:51.55	+00:02:46 (11.2%)	4:58	12.1 (89.0%)
5	CZYTRZYŃSKA Alicja	46	HURAGAN	Kobiety Open	5		00:25:35.10	+00:03:30 (13.7%)	5:07	11.7 (86.0%)
6	PERKOWSKA Klaudia	257	2 MAZOWIECKI PUŁK SAPERÓW / BWINŻ	Kobiety Open	6	2 Mazowiecki Pułk saperów / BWINŻ	00:25:47.60	+00:03:42 (14.4%)	5:09	11.6 (85.3%)
7	ZBICIAK Kinga	395		Kobiety Open	7		00:26:40.35	+00:04:35 (17.2%)	5:20	11.3 (83.1%)
8	MIRECKA Marzena	201	DRUŻYNA ORZECHA ŻYRARDÓW	Kobiety Open	8	Drużyna Orzecha Żyrardów	00:26:49.45	+00:04:44 (17.7%)	5:21	11.2 (82.4%)
9	OWSIANKO Justyna	245	LECĘ BO CHCĘ	Kobiety Open	9	Lecę Bo Chcę	00:27:02.15	+00:04:57 (18.3%)	5:24	11.1 (81.6%)
10	WINIARSKA Regina	370	SZKOŁA PODOFICERSKA ŻANDARMERII WOJSKOWEJ	Kobiety Open	10	Szkoła Podoficerska Żandarmerii Wojskowej	00:27:09.20	+00:05:04 (18.7%)	5:25	11 (80.9%)
11	BUDNICKA Weronika	29		Kobiety Open	11		00:27:11.30	+00:05:06 (18.8%)	5:26	11 (80.9%)
12	ZABSKA Aga	386		Kobiety Open	12		00:27:18.45	+00:05:13 (19.1%)	5:27	11 (80.9%)
13	MILNER Izabela	200		Kobiety Open	13		00:27:38.35	+00:05:33 (20.1%)	5:31	10.9 (80.1%)
14	HAGEMAJER Klaudia	94		Kobiety Open	14		00:27:41.90	+00:05:37 (20.3%)	5:32	10.8 (79.4%)

Place	Participant	Number	Club	Category	MCat	Drużyna 1	Net time 5km	Gap	Pace min/km	Pace km/h
15	SOBCZYK Barbara	409		Kobiety Open	15		00:27:46.45	+00:05:41 (20.5%)	5:33	10.8 (79.4%)
16	DUDEK Izabela	51		Kobiety Open	16		00:28:16.70	+00:06:11 (21.9%)	5:39	10.6 (77.9%)
17	FALENTA Justyna	63		Kobiety Open	17		00:28:16.75	+00:06:11 (21.9%)	5:39	10.6 (77.9%)
18	KRAWCZAK Aldona	159		Kobiety Open	18		00:28:17.10	+00:06:12 (21.9%)	5:39	10.6 (77.9%)
19	ZASTAWNA Aneta	392		Kobiety Open	19		00:28:30.30	+00:06:25 (22.5%)	5:42	10.5 (77.2%)
20	KARCZMARZ Emilia	131		Kobiety Open	20		00:28:31.95	+00:06:27 (22.6%)	5:42	10.5 (77.2%)
21	ZDANOWSKA Magdalena	398		Kobiety Open	21		00:28:32.95	+00:06:28 (22.7%)	5:42	10.5 (77.2%)
22	SMOLAK Katarzyna	313		Kobiety Open	22		00:28:34.35	+00:06:29 (22.7%)	5:42	10.5 (77.2%)
23	MOTYCZYŃSKA Aleksandra	209	QMS	Kobiety Open	23		00:28:45.60	+00:06:40 (23.2%)	5:45	10.4 (76.5%)
24	RYBICKA Agata	284	KLUB BIEGACZA SOKÓŁ BODZANÓW	Kobiety Open	24	Klub Biegacza Sokół Bodzanów	00:28:52.75	+00:06:47 (23.5%)	5:46	10.4 (76.5%)
25	BURZYŃSKA Katarzyna	31	RECKITTRUNNERS	Kobiety Open	25	ReckittRunners	00:28:55.80	+00:06:51 (23.7%)	5:47	10.4 (76.5%)
26	KARASIEWICZ Katarzyna	127		Kobiety Open	26		00:28:55.85	+00:06:51 (23.7%)	5:47	10.4 (76.5%)
27	SŁOWIAK Klaudia	309		Kobiety Open	27		00:29:02.80	+00:06:58 (24.0%)	5:48	10.3 (75.7%)
28	PARTYKA Agnieszka	251	TEAM ZABIEGANEDNI	Kobiety Open	28	Team ZabieganeDni	00:29:05.55	+00:07:00 (24.1%)	5:49	10.3 (75.7%)
29	PŁOSAJ Lena	265	GOSIR KONDYCJA	Kobiety Open	29		00:29:23.30	+00:07:18 (24.9%)	5:52	10.2 (75.0%)
30	SZCZUROWSKA Aleksandra	334		Kobiety Open	30		00:30:27.90	+00:08:23 (27.5%)	6:05	9.9 (72.8%)
31	BILIŃSKA Joanna	18	RECKITTRUNNERS	Kobiety Open	31	ReckittRunners	00:30:28.40	+00:08:23 (27.5%)	6:05	9.8 (72.1%)
32	PARUSZEWSKA- DUKLANOWSKA Angelika	252	AKTYWNOŚĆ RODZI POZYTYWNOŚĆ	Kobiety Open	32	Aktywność Rodzi Pozytywność	00:30:33.80	+00:08:29 (27.8%)	6:06	9.8 (72.1%)
33	ULMAN Monika	357		Kobiety Open	33		00:30:35.70	+00:08:30 (27.8%)	6:07	9.8 (72.1%)
34	ZABŁOCKA Mariola	385	AKTYWNOŚĆ RODZI POZYTYWNOŚĆ	Kobiety Open	34		00:30:37.65	+00:08:32 (27.9%)	6:07	9.8 (72.1%)
35	BUDKOWSKA Dorota	27		Kobiety Open	35		00:30:41.95	+00:08:37 (28.1%)	6:08	9.8 (72.1%)
36	WYSOCKA Alicja	382		Kobiety Open	36		00:30:58.20	+00:08:53 (28.7%)	6:11	9.7 (71.3%)
37	GUNIA Klaudia	93		Kobiety Open	37		00:31:04.85	+00:09:00 (29.0%)	6:12	9.7 (71.3%)

Place	Participant	Number	Club	Category	MCat	Drużyna 1	Net time 5km	Gap	Pace min/km	Pace km/h
38	KAMIŃSKA Klaudia	125		Kobiety Open	38		00:31:04.90	+00:09:00 (29.0%)	6:12	9.7 (71.3%)
39	DŻEGAN Kinga	59		Kobiety Open	39		00:31:07.45	+00:09:02 (29.1%)	6:13	9.6 (70.6%)
40	KUBICKA Izabela	164		Kobiety Open	40		00:31:11.50	+00:09:06 (29.2%)	6:14	9.6 (70.6%)
41	NIEMIEC Magdalena	223		Kobiety Open	41		00:31:24.70	+00:09:19 (29.7%)	6:16	9.6 (70.6%)
42	STYPKA SORDYL Olga	328		Kobiety Open	42		00:31:35.05	+00:09:30 (30.1%)	6:19	9.5 (69.9%)
43	NIDECKA Anna	219		Kobiety Open	43	Zespół	00:31:48.75	+00:09:43 (30.6%)	6:21	9.4 (69.1%)
44	AGAFONOW Marta	7		Kobiety Open	44		00:31:50.40	+00:09:45 (30.7%)	6:22	9.4 (69.1%)
45	BUDNICKA Katarzyna	28		Kobiety Open	45		00:31:51.90	+00:09:47 (30.7%)	6:22	9.4 (69.1%)
46	OLEJNICZAK Arleta	238	KRÓLOWE ŻYCIA	Kobiety Open	46	Królowe Życia	00:32:09.30	+00:10:04 (31.3%)	6:25	9.3 (68.4%)
47	GŁUSZYK Aneta	71		Kobiety Open	47		00:32:11.85	+00:10:07 (31.4%)	6:26	9.3 (68.4%)
48	RYBICKA Agnieszka	283	AKTYWNOŚĆ RODZI POZYTYWNOŚĆ	Kobiety Open	48		00:32:12.05	+00:10:07 (31.4%)	6:26	9.3 (68.4%)
49	ZIÓŁKOWSKA Anna	401	AKTYWNOŚĆ RODZI POZYTYWNOŚĆ	Kobiety Open	49		00:32:12.45	+00:10:07 (31.4%)	6:26	9.3 (68.4%)
50	RYMUSZKA Kinga	288		Kobiety Open	50	Rym cym cym - z podeszw dym	00:32:15.85	+00:10:11 (31.6%)	6:27	9.3 (68.4%)
51	WIŚNIEWSKA Justyna	372		Kobiety Open	51		00:32:19.60	+00:10:14 (31.7%)	6:27	9.3 (68.4%)
52	GAJEWSKA Marlena	68		Kobiety Open	52		00:32:22.45	+00:10:17 (31.8%)	6:28	9.3 (68.4%)
53	GRZESZEK Małgorzata	89	AKTYWNOŚĆ RODZI POZYTYWNOŚĆ	Kobiety Open	53		00:32:26.20	+00:10:21 (31.9%)	6:29	9.2 (67.6%)
54	SZPOJANOWSKA Anna	280		Kobiety Open	54		00:32:27.30	+00:10:22 (32.0%)	6:29	9.2 (67.6%)
55	SAR Katarzyna	291		Kobiety Open	55		00:32:35.20	+00:10:30 (32.2%)	6:31	9.2 (67.6%)
56	ŁAPKO Joanna	2	WKS MODLIN	Kobiety Open	56	WKS Modlin	00:32:35.90	+00:10:31 (32.3%)	6:31	9.2 (67.6%)
57	CZARNECKA Dorota	43		Kobiety Open	57		00:32:36.80	+00:10:32 (32.3%)	6:31	9.2 (67.6%)
58	WAWRZONKIEWICZ Justyna	366		Kobiety Open	58		00:32:38.50	+00:10:33 (32.4%)	6:31	9.2 (67.6%)
59	SIEMIENIUK Kinga	298	ZESPÓŁ	Kobiety Open	59	Zespół	00:32:40.35	+00:10:35 (32.4%)	6:32	9.2 (67.6%)
60	TAPEREK Marta	347		Kobiety Open	60		00:32:46.50	+00:10:41 (32.6%)	6:33	9.2 (67.6%)

Place	Participant	Number	Club	Category	MCat	Drużyna 1	Net time 5km	Gap	Pace min/km	Pace km/h
61	BORKOWSKA Joanna	22		Kobiety Open	61		00:32:53.25	+00:10:48 (32.9%)	6:34	9.1 (66.9%)
62	OLESZAK Magdalena	240	M&A	Kobiety Open	62	M&A	00:32:58.90	+00:10:54 (33.1%)	6:35	9.1 (66.9%)
63	BORKOWSKA Julianna	20		Kobiety Open	63		00:33:06.85	+00:11:02 (33.3%)	6:37	9.1 (66.9%)
64	BORKOWSKA Klaudia	21		Kobiety Open	64		00:33:07.00	+00:11:02 (33.3%)	6:37	9.1 (66.9%)
65	MAGDALIŃSKA Żaneta	182		Kobiety Open	65		00:33:10.90	+00:11:06 (33.5%)	6:38	9 (66.2%)
66	ZAWIDZKA Kasia	393		Kobiety Open	66		00:33:11.30	+00:11:06 (33.5%)	6:38	9 (66.2%)
67	KRÓL Klaudia	160		Kobiety Open	67		00:33:11.35	+00:11:06 (33.5%)	6:38	9 (66.2%)
68	MOSKAL Magdalena	207		Kobiety Open	68		00:33:16.90	+00:11:12 (33.7%)	6:39	9 (66.2%)
69	ZDANCEWICZ Ewa	397		Kobiety Open	69		00:33:18.45	+00:11:13 (33.7%)	6:39	9 (66.2%)
70	ZDANCEWICZ Anna	396		Kobiety Open	70		00:33:19.60	+00:11:14 (33.7%)	6:39	9 (66.2%)
71	DUDZIŃSKA Asia	52		Kobiety Open	71		00:33:29.65	+00:11:24 (34.1%)	6:41	9 (66.2%)
72	KĘDZIORA-JANUSZ Ilona	136		Kobiety Open	72		00:33:31.60	+00:11:26 (34.1%)	6:42	9 (66.2%)
73	MASKIEWICZ Magdalena	189	BRAVEHEARTS LEGIONOWO	Kobiety Open	73		00:34:04.75	+00:11:59 (35.2%)	6:48	8.8 (64.7%)
74	HARASIUK Katarzyna	95	MPWIK	Kobiety Open	74	MPWIK	00:34:05.85	+00:12:01 (35.2%)	6:49	8.8 (64.7%)
75	LEMBAS Kinga	173	MPWIK	Kobiety Open	75	MPWIK	00:34:07.40	+00:12:02 (35.3%)	6:49	8.8 (64.7%)
76	ŻBIKOWSKA Kinga	406		Kobiety Open	76		00:34:20.70	+00:12:15 (35.7%)	6:52	8.7 (64.0%)
77	KUREK Anna	169	LEGIA RUGBY	Kobiety Open	77		00:34:23.65	+00:12:18 (35.8%)	6:52	8.7 (64.0%)
78	ZAWROTNIAK Anna	394		Kobiety Open	78		00:34:29.60	+00:12:24 (36.0%)	6:53	8.7 (64.0%)
79	MAŁEK Karolina	421	ROZBIEGAMY NOWY DWÓR	Kobiety Open	79	RozbiegaMy Nowy Dwór	00:34:33.45	+00:12:28 (36.1%)	6:54	8.7 (64.0%)
80	SAKOWSKA Barbara	290	LECĘ BO CHCĘ	Kobiety Open	80		00:34:43.40	+00:12:38 (36.4%)	6:56	8.6 (63.2%)
80	STYŚ Monika	330	LECĘ BO CHCĘ	Kobiety Open	80		00:34:43.40	+00:12:38 (36.4%)	6:56	8.6 (63.2%)
82	LEWANDOWSKA Iwona	174		Kobiety Open	82	Zespół	00:34:54.90	+00:12:50 (36.8%)	6:58	8.6 (63.2%)
83	KOZ Asia	154		Kobiety Open	83		00:35:09.35	+00:13:04 (37.2%)	7:01	8.5 (62.5%)

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84	JABLONSKA Kamila	97	SZALONE JAMNIKI	Kobiety Open	84		00:35:14.40	+00:13:09 (37.3%)	7:02	8.5 (62.5%)
85	PYTLIŃSKA Natalia	274	FORFITER	Kobiety Open	85		00:35:15.50	+00:13:10 (37.4%)	7:03	8.5 (62.5%)
86	SIWEK Sylwia	302		Kobiety Open	86		00:35:19.15	+00:13:14 (37.5%)	7:03	8.5 (62.5%)
87	KOZIARA Katarzyna	155	RECKITTRUNNERS	Kobiety Open	87	ReckittRunners	00:35:20.65	+00:13:15 (37.5%)	7:04	8.5 (62.5%)
88	PENKALSKA Magdalena	255		Kobiety Open	88		00:35:21.40	+00:13:16 (37.6%)	7:04	8.5 (62.5%)
89	BRINDA Grażyna	25		Kobiety Open	89		00:35:21.55	+00:13:16 (37.6%)	7:04	8.5 (62.5%)
90	PIOTROWSKA Kasia	264	AKTYWNOŚĆ RODZI POZYTYWNOŚĆ	Kobiety Open	90	Aktywność Rodzi Pozytywność	00:35:36.85	+00:13:32 (38.0%)	7:07	8.4 (61.8%)
91	WOŹNIAK Aleksandra	378	AKTYWNOŚĆ RODZI POZYTYWNOŚĆ	Kobiety Open	91		00:35:37.25	+00:13:32 (38.0%)	7:07	8.4 (61.8%)
92	WILCZEK Marta	369	RECKITTRUNNERS	Kobiety Open	92	ReckittRunners	00:35:41.00	+00:13:36 (38.1%)	7:08	8.4 (61.8%)
93	PIASECKA Olga	259	QMS	Kobiety Open	93		00:35:41.20	+00:13:36 (38.1%)	7:08	8.4 (61.8%)
94	SMOLIŃSKA Agata	314	RECKITTRUNNERS	Kobiety Open	94	ReckittRunners	00:35:41.70	+00:13:36 (38.1%)	7:08	8.4 (61.8%)
95	JEZNACH Dorota	108		Kobiety Open	95		00:35:54.75	+00:13:49 (38.5%)	7:10	8.4 (61.8%)
96	KARBOWSKA Wiesława	128		Kobiety Open	96	MVP	00:36:07.45	+00:14:02 (38.9%)	7:13	8.3 (61.0%)
97	OCIPKA Agnieszka	235		Kobiety Open	97		00:36:16.95	+00:14:12 (39.1%)	7:15	8.3 (61.0%)
98	KOŃCZALSKA Anna	143		Kobiety Open	98		00:36:17.80	+00:14:13 (39.2%)	7:15	8.3 (61.0%)
99	TOKARCZUK Sylwia	351		Kobiety Open	99		00:36:17.90	+00:14:13 (39.2%)	7:15	8.3 (61.0%)
100	WÓJCIK Małgorzata	379	AKTYWNOŚĆ RODZI POZYTYWNOŚĆ	Kobiety Open	100		00:36:27.35	+00:14:22 (39.4%)	7:17	8.2 (60.3%)
101	PASIEROWSKA Ewelina	253		Kobiety Open	101		00:36:29.25	+00:14:24 (39.5%)	7:17	8.2 (60.3%)
102	URBAŚ Olga	359		Kobiety Open	102		00:36:29.30	+00:14:24 (39.5%)	7:17	8.2 (60.3%)
103	ROSAK Ewa	278		Kobiety Open	103		00:36:35.05	+00:14:30 (39.6%)	7:19	8.2 (60.3%)
104	JAKUBIAK Milena	101		Kobiety Open	104		00:36:56.75	+00:14:51 (40.2%)	7:23	8.1 (59.6%)
105	WRZESIŃSKA Majka	5	WKS MODLIN	Kobiety Open	105	WKS Modlin	00:37:09.95	+00:15:05 (40.6%)	7:25	8.1 (59.6%)
106	WNUKOWSKA Natalia	4	WKS MODLIN	Kobiety Open	106	WKS Modlin	00:37:12.15	+00:15:07 (40.6%)	7:26	8.1 (59.6%)

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107	CHOJNACKA Bożena	33		Kobiety Open	107	Razem możemy więcej	00:37:18.40	+00:15:13 (40.8%)	7:27	8 (58.8%)
108	KRZYWDZIŃSKA Lidia	163	RUNCROSS ROZGARTY	Kobiety Open	108		00:37:27.10	+00:15:22 (41.0%)	7:29	8 (58.8%)
109	WALENTYN Katarzyna	363	RUNCROSS ROZGARTY	Kobiety Open	109	RunCross Rozgarty	00:37:27.20	+00:15:22 (41.0%)	7:29	8 (58.8%)
110	KOWALSKA Agnieszka	152		Kobiety Open	110		00:37:33.45	+00:15:28 (41.2%)	7:30	8 (58.8%)
111	MALINOWSKA Agnieszka	185	KRÓLOWE ŻYCIA	Kobiety Open	111	Królowe Życia	00:38:15.00	+00:16:10 (42.3%)	7:39	7.8 (57.4%)
112	KACPRZAK Beata	116	KLUB BIEGACZA SOKÓŁ BODZANÓW	Kobiety Open	112	Klub Biegacza Sokół Bodzanów	00:38:25.55	+00:16:20 (42.5%)	7:41	7.8 (57.4%)
113	MATUSIAK Aga	191		Kobiety Open	113		00:38:54.30	+00:16:49 (43.2%)	7:46	7.7 (56.6%)
114	WOJTASINSKA Mariola	375	OŻARÓW MAZOWIECKI BIEGA	Kobiety Open	114		00:38:54.70	+00:16:49 (43.3%)	7:46	7.7 (56.6%)
115	MATEJKO Aleksandra	190		Kobiety Open	115		00:39:18.65	+00:17:13 (43.8%)	7:51	7.6 (55.9%)
116	SKARBEK-TWAROWSKA Ewelina	303	MPWIK	Kobiety Open	116		00:39:19.75	+00:17:14 (43.9%)	7:51	7.6 (55.9%)
117	SKURSKA Klaudia	306		Kobiety Open	117	MPWIK	00:39:20.90	+00:17:16 (43.9%)	7:52	7.6 (55.9%)
118	CIECHANOWICZ Joanna	37		Kobiety Open	118		00:39:21.75	+00:17:16 (43.9%)	7:52	7.6 (55.9%)
119	GOŁĘBIEWSKA Małgorzata	72		Kobiety Open	119		00:39:21.85	+00:17:17 (43.9%)	7:52	7.6 (55.9%)
120	KASSJANOWICZ Ada	132		Kobiety Open	120		00:39:38.40	+00:17:33 (44.3%)	7:55	7.6 (55.9%)
121	RÓŻYCKA Magdalena	3	WKS MODLIN	Kobiety Open	121	WKS Modlin	00:39:42.75	+00:17:37 (44.4%)	7:56	7.6 (55.9%)
122	DZIERZGOWSKA Ewa	58		Kobiety Open	122		00:39:48.95	+00:17:44 (44.5%)	7:57	7.5 (55.1%)
123	STACHOWICZ Sylwia	322		Kobiety Open	123		00:40:13.45	+00:18:08 (45.1%)	8:02	7.5 (55.1%)
124	PIEKUT Wioletta	261	RECKITTRUNNERS	Kobiety Open	124	ReckittRunners	00:40:19.90	+00:18:15 (45.3%)	8:03	7.4 (54.4%)
125	CHOJNACKA Emilia	34		Kobiety Open	125	Razem możemy więcej	00:40:42.90	+00:18:38 (45.8%)	8:08	7.4 (54.4%)
126	ZAREMBA Weronika	390		Kobiety Open	126		00:41:07.00	+00:19:02 (46.3%)	8:13	7.3 (53.7%)
127	OCZERETKO-SZLOT Angelika	236		Kobiety Open	127		00:41:13.05	+00:19:08 (46.4%)	8:14	7.3 (53.7%)
128	KOSTROWSKA Elwira	146		Kobiety Open	128	Blood brother	00:41:19.35	+00:19:14 (46.6%)	8:15	7.3 (53.7%)
129	NOWAK Paulina	229		Kobiety Open	129		00:41:22.75	+00:19:17 (46.6%)	8:16	7.3 (53.7%)

Place	Participant	Number	Club	Category	MCat	Drużyna 1	Net time 5km	Gap	Pace min/km	Pace km/h
130	SZCZEBLOWSKA Katarzyna	333		Kobiety Open	130		00:41:35.35	+00:19:30 (46.9%)	8:19	7.2 (52.9%)
131	ŚLUBOWSKA Katarzyna	344		Kobiety Open	131		00:42:00.25	+00:19:55 (47.4%)	8:24	7.1 (52.2%)
132	JANUSZEWSKA Ewa	104	SOKÓŁ BODZANÓW	Kobiety Open	132	Sokół Bodzanów	00:42:00.40	+00:19:55 (47.4%)	8:24	7.1 (52.2%)
133	WALENDZIK Gabrysia	362		Kobiety Open	133	Bąkasy ekstraklasy	00:43:36.55	+00:21:31 (49.4%)	8:43	6.9 (50.7%)
134	PĘCZEK Agnieszka	258		Kobiety Open	134		00:43:47.35	+00:21:42 (49.6%)	8:45	6.9 (50.7%)
135	TALAROWSKA Magdalena	345		Kobiety Open	135		00:44:11.90	+00:22:07 (50.0%)	8:50	6.8 (50.0%)
136	GAWRYŁO Joanna	70		Kobiety Open	136		00:44:50.70	+00:22:45 (50.8%)	8:58	6.7 (49.3%)
137	SIKORSKA 11 Marzena	418		Kobiety Open	137		00:45:28.70	+00:23:23 (51.4%)	9:05	6.6 (48.5%)
138	JAKUBOWSKA-ALEKSA Aneta	102		Kobiety Open	138		00:45:29.70	+00:23:24 (51.5%)	9:05	6.6 (48.5%)
139	MICHALSKA Dominika	192		Kobiety Open	139	Bąkasy ekstraklasy	00:45:30.50	+00:23:25 (51.5%)	9:06	6.6 (48.5%)
140	SIKORSKA Marzena	300		Kobiety Open	140		00:45:36.15	+00:23:31 (51.6%)	9:07	6.6 (48.5%)
141	GRZESZCZYK Weronika	88		Kobiety Open	141		00:45:50.35	+00:23:45 (51.8%)	9:10	6.5 (47.8%)
142	GRZESZCZYK Malwina	87		Kobiety Open	142		00:45:51.55	+00:23:46 (51.9%)	9:10	6.5 (47.8%)
143	RUTA Marta	282		Kobiety Open	143		00:45:58.00	+00:23:53 (52.0%)	9:11	6.5 (47.8%)
144	SMOLAK Edyta	312		Kobiety Open	144		00:45:58.55	+00:23:53 (52.0%)	9:11	6.5 (47.8%)
145	WALENDZIK Dominika	361		Kobiety Open	145	Bąkasy ekstraklasy	00:46:22.90	+00:24:18 (52.4%)	9:16	6.5 (47.8%)
146	GRABOWSKA Monika	79	JEDNOROŻEC ROBI CO MOŻE	Kobiety Open	146	Jednorożec robi co może	00:47:41.25	+00:25:36 (53.7%)	9:32	6.3 (46.3%)
147	JUKIEWICZ Zuzanna	115		Kobiety Open	147		00:47:50.95	+00:25:46 (53.9%)	9:34	6.3 (46.3%)
148	KOWALCZYK Aleksandra	150		Kobiety Open	148		00:47:54.55	+00:25:49 (53.9%)	9:34	6.3 (46.3%)
149	GARDIAS Adrianna	69	ZAKOCHANI ZABIEGANI	Kobiety Open	149	Zakochani zabiegani	00:48:32.55	+00:26:27 (54.5%)	9:42	6.2 (45.6%)
150	STAŃCZAK Sonia	323		Kobiety Open	150		00:49:14.05	+00:27:09 (55.2%)	9:50	6.1 (44.9%)
150	SZYMAŃSKA Tatiana	342		Kobiety Open	150		00:49:14.05	+00:27:09 (55.2%)	9:50	6.1 (44.9%)
152	LIPIŃSKA Joanna	176	ROZBIEGAMY NOWY DWÓR	Kobiety Open	152	RozbiegaMy Nowy Dwór	00:49:23.25	+00:27:18 (55.3%)	9:52	6.1 (44.9%)

Place	Participant	Number	Club	Category	MCat	Drużyna 1	Net time 5km	Gap	Pace min/km	Pace km/h
153	ZAREMBA Bożena	389		Kobiety Open	153					(0.0%)

Total 153 results.