

# BIEGNIJ Z ORKIESTRĄ - MIELNO - 3 KM

B4SPORT

**Organizator:** Centrum Kultury w Mielnie, Fundacja Herkules All Sports  
**Data:** 2020-01-12  
**Miejsce:** Mielno  
**Dystans:** 3 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 3km	Różn	Tempo min/km	Tempo km/h
1	HUBERT Łukasz	13	TKKF KOSZALIN	M-OPEN	1	00:11:15.25		3:45	16 (100%)
2	RYKIEL Michał	36	DĄBROWSKI TEAM	M-OPEN	2	00:11:20.45	+00:00:05 (0.8%)	3:46	15.9 (99.4%)
3	MAJKOWICZ Rafał	27		M-OPEN	3	00:11:22.75	+00:00:07 (1.1%)	3:47	15.8 (98.8%)
4	SZULC Arek	41	MARYCZ.COM	M-OPEN	4	00:11:50.70	+00:00:35 (5.0%)	3:56	15.2 (95.0%)
5	ROKOSZ Radosław	33	8PPLOT	M-OPEN	5	00:11:57.70	+00:00:42 (5.9%)	3:59	15.1 (94.4%)
6	PICK Tomasz	32	SKSG KORONA SZCZECIN	M-OPEN	6	00:11:58.10	+00:00:42 (6.0%)	3:59	15 (93.8%)
7	WALEŃSKI Michał	42	TKKF KOSZALIN	M-OPEN	7	00:12:00.55	+00:00:45 (6.3%)	4:00	15 (93.8%)
8	KORMAN Kamil	20		M-OPEN	8	00:12:15.35	+00:01:00 (8.2%)	4:05	14.7 (91.9%)
9	BIEŃKOWSKI Tomasz	5		M-OPEN	9	00:12:18.50	+00:01:03 (8.6%)	4:06	14.6 (91.3%)
10	KRYNICKA GRZYB Małgorzata	22		K-OPEN	1	00:13:26.95	+00:02:11 (16.3%)	4:28	13.4 (83.8%)
11	HAŁKA Justyna	11	TRUCHT ŁOBEZ	K-OPEN	2	00:13:34.65	+00:02:19 (17.1%)	4:31	13.3 (83.1%)
12	WIKTOROWSKI Maciej	44	TAGER SPORT	M-OPEN	10	00:13:38.30	+00:02:23 (17.5%)	4:32	13.2 (82.5%)
13	RUTKOWSKI Artur	34	RUNKING	M-OPEN	11	00:14:00.40	+00:02:45 (19.7%)	4:40	12.9 (80.6%)
14	SARAPUK Piotr	49		M-OPEN	12	00:14:18.35	+00:03:03 (21.3%)	4:46	12.6 (78.8%)
15	HAŁKA Arkadiusz	12	TRUCHT ŁOBEZ	M-OPEN	13	00:14:25.55	+00:03:10 (22.0%)	4:48	12.5 (78.1%)
16	KRYNICKA Magdalena	21		K-OPEN	3	00:14:39.75	+00:03:24 (23.2%)	4:53	12.3 (76.9%)
17	PAWŁOWSKI Grzegorz	30		M-OPEN	14	00:14:48.90	+00:03:33 (24.0%)	4:56	12.2 (76.3%)
18	SARAPUK Gabriela	48	TKKF KOSZALIN	K-OPEN	4	00:14:57.75	+00:03:42 (24.8%)	4:59	12 (75.0%)
19	BOGACKI Tomasz	7	TKKF KOSZALIN	M-OPEN	15	00:15:25.60	+00:04:10 (27.0%)	5:08	11.7 (73.1%)
20	JAROSZ Dariusz	46	TKKF KOSZALIN	M-OPEN	16	00:15:40.15	+00:04:24 (28.2%)	5:13	11.5 (71.9%)
21	BOGACKA Lucyna	6	TKKF KOSZALIN	K-OPEN	5	00:15:40.25	+00:04:25 (28.2%)	5:13	11.5 (71.9%)
22	ADAMOWICZ Maciej	1	SP MIELNO	M-OPEN	17	00:16:35.95	+00:05:20 (32.2%)	5:31	10.9 (68.1%)
23	STARZYŃSKI Mateusz	39		M-OPEN	18	00:16:44.20	+00:05:28 (32.8%)	5:34	10.8 (67.5%)
24	PISKORSKI Piotr	50		M-OPEN	19	00:16:44.75	+00:05:29 (32.8%)	5:34	10.8 (67.5%)
25	LAWRENC Sylwester	51		M-OPEN	20	00:16:46.40	+00:05:31 (32.9%)	5:35	10.7 (66.9%)
26	MIARKA Arkadiusz	28	BRAK	M-OPEN	21	00:17:42.80	+00:06:27 (36.5%)	5:54	10.2 (63.8%)
27	BEDNARZ Katarzyna	4		K-OPEN	6	00:17:52.30	+00:06:37 (37.0%)	5:57	10.1 (63.1%)

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28	<b>RYKIEL Monika</b>	<b>47</b>		K-OPEN	7	<b>00:18:16.75</b>	+00:07:01 (38.4%)	6:05	9.9 (61.9%)
29	<b>KIEDOS Dariusz</b>	<b>16</b>	JW1223	M-OPEN	22	<b>00:18:25.90</b>	+00:07:10 (38.9%)	6:08	9.8 (61.3%)
30	<b>PAHULAK Aleksandra</b>	<b>29</b>		K-OPEN	8	<b>00:18:47.75</b>	+00:07:32 (40.1%)	6:15	9.6 (60.0%)
31	<b>GRZESKOWIAK Aldona</b>	<b>9</b>		K-OPEN	9	<b>00:19:48.75</b>	+00:08:33 (43.2%)	6:36	9.1 (56.9%)
31	<b>GRZESKOWIAK Aleksandra</b>	<b>10</b>		K-OPEN	9	<b>00:19:48.75</b>	+00:08:33 (43.2%)	6:36	9.1 (56.9%)
33	<b>SPODYMEK Agata</b>	<b>38</b>		K-OPEN	11	<b>00:20:07.15</b>	+00:08:51 (44.1%)	6:42	8.9 (55.6%)
34	<b>CZYCZ Igor</b>	<b>8</b>		M-OPEN	23	<b>00:22:39.95</b>	+00:11:24 (50.3%)	7:33	7.9 (49.4%)

Znaleziono 34 wynik(ów)