



BIEGOWA EKSPEDYCJA NA K2

B4SPORT

Organizator: Stowarzyszenie K2 Partners
Data: 2020-12-04
Miejsce: Polska
Dystans: 312 km

B4SPORT
INTELEGNTE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
1	BEDNARZ Paweł	334		M-OPEN	1	00:00:00	312,0 KM	+00:00:00	4:27	13.5 (100%)
2	URBAŃCZAK Szymon	404		M-OPEN	2	00:00:00	312,0 KM	+00:48:02	4:36	13 (96.3%)
3	ŁOŚ Jarosław	12	#RUSZ4LITERY	M-OPEN	3	00:00:00	312,0 KM	+01:05:05	4:40	12.8 (94.8%)
4	N Daniel	358		M-OPEN	4	00:00:00	312,0 KM	+01:09:01	4:40	12.8 (94.8%)
5	WITCZAK Adam	153	M.A.J. CORRERE	M-OPEN	5	00:00:00	312,0 KM	+02:11:00	4:52	12.3 (91.1%)
6	KAMIŃSKI Kamil	376	KAMIŃSKI TEAM	M-OPEN	6	00:00:00	312,0 KM	+02:23:03	4:55	12.2 (90.4%)
7	KUBIAK Kacper	421	PAWŁOWICE	M-OPEN	7	00:00:00	312,0 KM	+02:28:00	4:55	12.2 (90.4%)
8	PĘKAŁA Piotr	507	SP MANOWO/SOSW KOSZALIN	M-OPEN	8	00:00:00	312,0 KM	+02:28:05	4:56	12.2 (90.4%)
9	PĘKAŁA Piotr	15	SP MANOWO/SOSW KOSZALIN	M-OPEN	9	00:00:00	312,0 KM	+02:33:05	4:57	12.1 (89.6%)
10	WIRA Mariusz	374	KB MIŚ BOREK WLKP.	M-OPEN	10	00:00:00	312,0 KM	+02:38:01	4:57	12.1 (89.6%)
11	GRZYWNA Grzegorz	407	BIAŁY KRUK	M-OPEN	11	00:00:00	312,0 KM	+02:47:02	4:59	12 (88.9%)
12	BYTNER-KWIATKOWSKA Monika	295	DĄBROWSKI TEAM	K-OPEN	1	00:00:00	312,0 KM	+02:51:00	5:00	12 (88.9%)
13	WIŚNIEWSKI Krzysztof	133		M-OPEN	12	00:00:00	312,0 KM	+02:52:01	5:00	12 (88.9%)
14	JANCZAK Marek	244		M-OPEN	13	00:00:00	312,0 KM	+03:34:04	5:08	11.7 (86.7%)
15	JAKUBOWSKI Szymon	239		M-OPEN	14	00:00:00	312,0 KM	+03:35:05	5:09	11.6 (85.9%)
16	PAŃCZYK Tomasz	468		M-OPEN	15	00:00:00	312,0 KM	+03:57:01	5:13	11.5 (85.2%)
17	URBAŃSKI Krzysztof	248		M-OPEN	16	00:00:00	312,0 KM	+04:01:04	5:13	11.5 (85.2%)
18	WIERZBICKI Sebastian	410	WIERZBICKI RUNNING PROJECT	M-OPEN	17	00:00:00	312,0 KM	+04:03:05	5:14	11.5 (85.2%)
19	WIDERKIEWICZ Maciej	178		M-OPEN	18	00:00:00	312,0 KM	+04:09:01	5:15	11.4 (84.4%)
20	DRAB Daria	570		K-OPEN	2	00:00:00	312,0 KM	+04:17:03	5:17	11.4 (84.4%)
21	KMIECIAK Aga	238		K-OPEN	3	00:00:00	312,0 KM	+04:18:03	5:17	11.3 (83.7%)
22	PAŃCZYK Tomasz	356		M-OPEN	19	00:00:00	312,0 KM	+04:27:02	5:18	11.3 (83.7%)
23	SOWA Krzysztof	57	ZWIEDZANIE PRZEZ BIEGANIE	M-OPEN	20	00:00:00	312,0 KM	+04:29:01	5:19	11.3 (83.7%)
24	MIRR Szymon	535	ARMIA POLCYN	M-OPEN	21	00:00:00	312,0 KM	+04:29:04	5:19	11.3 (83.7%)
25	PRZYBYSZ Paweł	523		M-OPEN	22	00:00:00	312,0 KM	+04:36:05	5:20	11.2 (83.0%)
26	DĄBROWSKI Dawid	327		M-OPEN	23	00:00:00	312,0 KM	+04:52:01	5:23	11.1 (82.2%)
27	NOWAK Marcin	443	KB MIŚ BOREK WLKP.	M-OPEN	24	00:00:00	312,0 KM	+04:55:02	5:24	11.1 (82.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
28	KASPRZAK Artur	100	RUN EXPERT TEAM	M-OPEN	25	00:00:00	312,0 KM	+04:55:05	5:24	11.1 (82.2%)
29	KARCZEWSKI Mariusz	464		M-OPEN	26	00:00:00	312,0 KM	+04:58:04	5:24	11.1 (82.2%)
30	BIELECKI Wojciech	429	OSP WZGÓRZE	M-OPEN	27	00:00:00	312,0 KM	+05:01:01	5:25	11.1 (82.2%)
31	DULNIK Marcin	130	BIEGOWE.PL	M-OPEN	28	00:00:00	312,0 KM	+05:13:02	5:27	11 (81.5%)
32	RACINOWSKI Marcin	412		M-OPEN	29	00:00:00	312,0 KM	+05:20:01	5:29	10.9 (80.7%)
33	RYMER Wojciech	483	WŁASNY JEDNOOSOBOWY	M-OPEN	30	00:00:00	312,0 KM	+05:20:05	5:29	10.9 (80.7%)
34	PREUSS Friederike	536		K-OPEN	4	00:00:00	312,0 KM	+05:28:05	5:30	10.9 (80.7%)
35	GRYGIELEWICZ Leszek	13		M-OPEN	31	00:00:00	312,0 KM	+05:34:00	5:31	10.9 (80.7%)
36	JURECZKO Rafał	266		M-OPEN	32	00:00:00	312,0 KM	+05:35:05	5:32	10.8 (80.0%)
37	KRUCZEK Kamil	565		M-OPEN	33	00:00:00	312,0 KM	+05:37:00	5:32	10.8 (80.0%)
38	JASZUL Jacek	589		M-OPEN	34	00:00:00	312,0 KM	+05:39:02	5:32	10.8 (80.0%)
39	SOWA Mateusz	422	JW 4531	M-OPEN	35	00:00:00	312,0 KM	+05:43:00	5:33	10.8 (80.0%)
40	MACHERA Rafał	394		M-OPEN	36	00:00:00	312,0 KM	+05:43:01	5:33	10.8 (80.0%)
41	WALIGÓRSKI Tomasz	378		M-OPEN	37	00:00:00	312,0 KM	+05:44:03	5:33	10.8 (80.0%)
42	BROŻYNA Miłosz	488		M-OPEN	38	00:00:00	312,0 KM	+05:52:02	5:35	10.7 (79.3%)
43	WOŁOSIK Dominik	423	OPP	M-OPEN	39	00:00:00	312,0 KM	+05:55:03	5:35	10.7 (79.3%)
44	WOJTANIS Magdalena	159		K-OPEN	5	00:00:00	312,0 KM	+05:56:00	5:35	10.7 (79.3%)
45	SOBANSKI Artur	344		M-OPEN	40	00:00:00	312,0 KM	+06:00:01	5:36	10.7 (79.3%)
46	KWIATKOWSKI Michał	294		M-OPEN	41	00:00:00	312,0 KM	+06:00:03	5:36	10.7 (79.3%)
47	TUMIEL Daniel	271	CALCATERRA SPORT ASD	M-OPEN	42	00:00:00	312,0 KM	+06:01:01	5:36	10.7 (79.3%)
48	WASILEWSKI Sylwester	36		M-OPEN	43	00:00:00	312,0 KM	+06:02:04	5:37	10.7 (79.3%)
49	TOMALAK Marcin	259		M-OPEN	44	00:00:00	312,0 KM	+06:05:02	5:37	10.7 (79.3%)
50	ZALEWSKI Mariusz	309	FIZJOTERAPIA DZIECIĘCA D. ZALEWSKI	M-OPEN	45	00:00:00	312,0 KM	+06:05:03	5:37	10.7 (79.3%)
51	KOŁTUN Wojtek	94		M-OPEN	46	00:00:00	312,0 KM	+06:08:03	5:38	10.6 (78.5%)
52	ADAMCZYK Bernard	306		M-OPEN	47	00:00:00	312,0 KM	+06:10:05	5:38	10.6 (78.5%)
53	KTACZ Łukasz	322		M-OPEN	48	00:00:00	312,0 KM	+06:12:02	5:39	10.6 (78.5%)
54	SIWAK Łukasz	82		M-OPEN	49	00:00:00	312,0 KM	+06:18:03	5:40	10.6 (78.5%)
55	MATUSZAK Krzysztof	179	MATUSZAK TEAM	M-OPEN	50	00:00:00	312,0 KM	+06:19:03	5:40	10.6 (78.5%)
56	MAZUR Katarzyna	531		K-OPEN	6	00:00:00	312,0 KM	+06:21:05	5:40	10.6 (78.5%)
57	CZAJCZYŃSKI Michał	604		M-OPEN	51	00:00:00	312,0 KM	+06:26:05	5:41	10.5 (77.8%)
58	ANDRZEJCZAK Roman	184	RR RUNNERKI ROMKA	M-OPEN	52	00:00:00	312,0 KM	+06:32:02	5:42	10.5 (77.8%)
59	GŁOWACKI Adrian	333		M-OPEN	53	00:00:00	312,0 KM	+06:35:04	5:43	10.5 (77.8%)
60	ZIELIŃSKA Agata	79	HQ MNC NE	K-OPEN	7	00:00:00	312,0 KM	+06:37:03	5:43	10.5 (77.8%)
61	CICHOCKI Jakub	66	DRUŻYNA SZPIKU	M-OPEN	54	00:00:00	312,0 KM	+06:37:04	5:43	10.5 (77.8%)
62	OLEJNIK Wojciech	86	RUN EXPERT TEAM	M-OPEN	55	00:00:00	312,0 KM	+06:38:04	5:44	10.5 (77.8%)
63	ALBERT Damian	18	FIZJOBIEGACZE SZCZECIN	M-OPEN	56	00:00:00	312,0 KM	+06:40:03	5:44	10.4 (77.0%)
64	RZESZÓTKO Tomasz	548	WATER TEAM	M-OPEN	57	00:00:00	312,0 KM	+06:42:05	5:44	10.4 (77.0%)
65	KONIKOWSKI Daniel	255		M-OPEN	58	00:00:00	312,0 KM	+06:45:01	5:45	10.4 (77.0%)
66	SZACH Andrzej	582	22KBPG	M-OPEN	59	00:00:00	312,0 KM	+06:54:00	5:47	10.4 (77.0%)
67	PAŁKA Tomasz	525		M-OPEN	60	00:00:00	312,0 KM	+06:57:03	5:47	10.4 (77.0%)
68	ŚCIEBURA Paweł	251		M-OPEN	61	00:00:00	312,0 KM	+07:01:02	5:48	10.3 (76.3%)
69	CZERNICKA Magdalena	503		K-OPEN	8	00:00:00	312,0 KM	+07:03:05	5:49	10.3 (76.3%)
70	TALAROWSKI Paweł	447		M-OPEN	62	00:00:00	312,0 KM	+07:05:03	5:49	10.3 (76.3%)
71	SACHARSKI Bartłomiej	23	WIECZORNE BIEGANIE W SZCZECINIE	M-OPEN	63	00:00:00	312,0 KM	+07:06:01	5:49	10.3 (76.3%)
72	MIŁOSZEWICZ Aleksandra	1	FIZJOBIEGACZE SZCZECIN	K-OPEN	9	00:00:00	312,0 KM	+07:08:03	5:49	10.3 (76.3%)

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73	BIĄŁAS Konrad 🇵🇱	258		M-OPEN	64	00:00:00	312,0 KM	+07:10:03	5:50	10.3 (76.3%)
74	DZIAŁDOWSKI Damian 🇵🇱	330	AKADEMIA WOJSK ŁĄDOWYCH	M-OPEN	65	00:00:00	312,0 KM	+07:19:03	5:52	10.2 (75.6%)
75	SURUDO Tomasz 🇵🇱	92		M-OPEN	66	00:00:00	312,0 KM	+07:20:01	5:52	10.2 (75.6%)
76	AUGUSTYNIAK Jakub 🇵🇱	424		M-OPEN	67	00:00:00	312,0 KM	+07:26:04	5:53	10.2 (75.6%)
77	GRECZUK Paweł 🇵🇱	103	CZARNAROPACZTEAM	M-OPEN	68	00:00:00	312,0 KM	+07:28:02	5:53	10.2 (75.6%)
78	NAPIERAŁA Marcin 🇵🇱	163		M-OPEN	69	00:00:00	312,0 KM	+07:33:03	5:54	10.1 (74.8%)
79	DZBANUSZEK Mariusz 🇵🇱	345	BIEGOWE WARSZEWO	M-OPEN	70	00:00:00	312,0 KM	+07:35:05	5:55	10.1 (74.8%)
80	DOMINIK Szymon 🇵🇱	213	KWISS.PL	M-OPEN	71	00:00:00	312,0 KM	+07:39:02	5:55	10.1 (74.8%)
81	STACHNIO Tomek 🇵🇱	316	WF OCR TEAM KOSTRZYN NAD ODRA	M-OPEN	72	00:00:00	312,0 KM	+07:40:01	5:55	10.1 (74.8%)
82	ŻYLUK Bożena 🇵🇱	396	WIECZORNE BIEGANIE W SZCZECINIE	K-OPEN	10	00:00:00	312,0 KM	+07:46:02	5:57	10.1 (74.8%)
83	CHABIŃSKI Artur 🇵🇱	574		M-OPEN	73	00:00:00	312,0 KM	+07:47:02	5:57	10.1 (74.8%)
84	CHROBOT Kamil 🇵🇱	217		M-OPEN	74	00:00:00	312,0 KM	+07:47:03	5:57	10.1 (74.8%)
85	FORYS Marcin 🇵🇱	603		M-OPEN	75	00:00:00	312,0 KM	+07:48:02	5:57	10.1 (74.8%)
86	KUSAJ Krystian 🇵🇱	260		M-OPEN	76	00:00:00	312,0 KM	+07:51:00	5:58	10.1 (74.8%)
87	PUJSZO Sławomir 🇵🇱	158	CHWASZCZYNO BIEGA	M-OPEN	77	00:00:00	312,0 KM	+07:53:02	5:58	10 (74.1%)
88	WÓJTOWICZ Marcin 🇵🇱	167	100 MARATHON CLUB POLSKA	M-OPEN	78	00:00:00	312,0 KM	+07:54:02	5:58	10 (74.1%)
89	DZIERBA Paweł 🇵🇱	33		M-OPEN	79	00:00:00	312,0 KM	+07:54:04	5:58	10 (74.1%)
90	GLAJCAR Tomasz 🇵🇱	250		M-OPEN	80	00:00:00	312,0 KM	+07:57:03	5:59	10 (74.1%)
91	ZIELIŃSKA Monika 🇵🇱	83		K-OPEN	11	00:00:00	312,0 KM	+07:58:03	5:59	10 (74.1%)
92	WITAS Aneta 🇵🇱	564		K-OPEN	12	00:00:00	312,0 KM	+07:58:05	5:59	10 (74.1%)
93	CENTKOWSKI Jacek 🇵🇱	104	DIGITAL.AI	M-OPEN	81	00:00:00	312,0 KM	+07:58:05	5:59	10 (74.1%)
94	MAKOWSKI Adam 🇵🇱	555		M-OPEN	82	00:00:00	312,0 KM	+08:04:05	6:00	10 (74.1%)
95	STĘPNIAK Grzegorz 🇵🇱	406	KLUB BIEGACZA KAMIEŃ POMORSKI	M-OPEN	83	00:00:00	312,0 KM	+08:09:05	6:01	10 (74.1%)
96	GŁADYSZ Łukasz 🇵🇱	415		M-OPEN	84	00:00:00	312,0 KM	+08:10:01	6:01	10 (74.1%)
97	SPLONSKOWSKI Krzysztof 🇵🇱	477		M-OPEN	85	00:00:00	312,0 KM	+08:12:00	6:02	9.9 (73.3%)
98	LIDZBARSKI Adam 🇵🇱	143		M-OPEN	86	00:00:00	312,0 KM	+08:12:03	6:02	9.9 (73.3%)
99	CHOROSZEWICZ Dawid 🇵🇱	583	MORYŃ OWOCOWA TEAM	M-OPEN	87	00:00:00	312,0 KM	+08:17:03	6:03	9.9 (73.3%)
100	ZADROŻNY Grzegorz 🇵🇱	174	SZCZECIN	M-OPEN	88	00:00:00	312,0 KM	+08:21:05	6:04	9.9 (73.3%)
101	RUDNIK-MIJAL Małgorzata 🇵🇱	151	ZMĘCZENI NA STARCIE	K-OPEN	13	00:00:00	312,0 KM	+08:25:04	6:04	9.9 (73.3%)
102	M-SKI Bartosz 🇵🇱	318	TURLANY KLOPS	M-OPEN	89	00:00:00	312,0 KM	+08:27:05	6:05	9.9 (73.3%)
103	TRYSZCZ Tobiasz 🇵🇱	597	ZBPŚ	M-OPEN	90	00:00:00	312,0 KM	+08:29:03	6:05	9.8 (72.6%)
104	NATORSKI Maciej 🇵🇱	3		M-OPEN	91	00:00:00	312,0 KM	+08:32:04	6:06	9.8 (72.6%)
105	PODGAJNY Dariusz 🇵🇱	493		M-OPEN	92	00:00:00	312,0 KM	+08:33:03	6:06	9.8 (72.6%)
106	SICIŃSKI Damian 🇵🇱	592		M-OPEN	93	00:00:00	312,0 KM	+08:36:01	6:06	9.8 (72.6%)
107	TEŚLUK Marcin 🇵🇱	67		M-OPEN	94	00:00:00	312,0 KM	+08:38:05	6:07	9.8 (72.6%)
108	KLIMKIEWICZ Paweł 🇵🇱	602		M-OPEN	95	00:00:00	312,0 KM	+08:40:00	6:07	9.8 (72.6%)
109	ROŚ Bartosz 🇵🇱	605		M-OPEN	96	00:00:00	312,0 KM	+08:44:03	6:08	9.8 (72.6%)
110	STAWSKA Barbara 🇵🇱	91		K-OPEN	14	00:00:00	312,0 KM	+08:44:03	6:08	9.8 (72.6%)
111	DZBANUSZEK Krzysztof 🇵🇱	347	TRENINGI U MISTRZA ALEXA	M-OPEN	97	00:00:00	312,0 KM	+08:59:04	6:11	9.7 (71.9%)
112	DZIEDZIC Józef 🇵🇱	283	ZABIEGANY WOŁOMIN	M-OPEN	98	00:00:00	312,0 KM	+09:00:02	6:11	9.7 (71.9%)
113	LEWSZYK Anna 🇵🇱	435		K-OPEN	15	00:00:00	312,0 KM	+09:04:05	6:12	9.7 (71.9%)
114	DOMBROWA Robert 🇵🇱	142	NOWY ŚWIAT BIEGA	M-OPEN	99	00:00:00	312,0 KM	+09:16:05	6:14	9.6 (71.1%)
115	TOWIAŃSKI Patryk 🇵🇱	419		M-OPEN	100	00:00:00	312,0 KM	+09:18:01	6:14	9.6 (71.1%)
116	FURMANEK Jarosław 🇵🇱	432		M-OPEN	101	00:00:00	312,0 KM	+09:18:02	6:14	9.6 (71.1%)
117	CHEČKO Daniel 🇵🇱	350		M-OPEN	102	00:00:00	312,0 KM	+09:20:01	6:15	9.6 (71.1%)

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118	WIKTORSKI Sebastian	5		M-OPEN	103	00:00:00	312,0 KM	+09:26:03	6:16	9.6 (71.1%)
119	WOJTUCH Robert	257	KS BPSC TEAM	M-OPEN	104	00:00:00	312,0 KM	+09:27:02	6:16	9.6 (71.1%)
120	MAZURO Piotr	392		M-OPEN	105	00:00:00	312,0 KM	+09:30:02	6:17	9.5 (70.4%)
121	KOP-OSTROWSKI Paweł	148		M-OPEN	106	00:00:00	312,0 KM	+09:31:02	6:17	9.5 (70.4%)
122	ARASZKIEWICZ Patryk	578		M-OPEN	107	00:00:00	312,0 KM	+09:31:02	6:17	9.5 (70.4%)
123	BAŁABUCH Marcin	237		M-OPEN	108	00:00:00	312,0 KM	+09:31:03	6:17	9.5 (70.4%)
124	MOSTOWSKI Dariusz	329	JEDZIEMY DLA AGI (TME MTB TEAM SZCZECIN)	M-OPEN	109	00:00:00	312,0 KM	+09:39:00	6:18	9.5 (70.4%)
125	BUBAK Grzegorz	566		M-OPEN	110	00:00:00	312,0 KM	+09:51:04	6:21	9.4 (69.6%)
126	REINHOLZ Elżbieta	391		K-OPEN	16	00:00:00	312,0 KM	+09:58:03	6:22	9.4 (69.6%)
127	SKIBA Kamila	522		K-OPEN	17	00:00:00	312,0 KM	+10:05:02	6:23	9.4 (69.6%)
128	WAHN Przemysław	395		M-OPEN	111	00:00:00	312,0 KM	+10:06:02	6:24	9.4 (69.6%)
129	GĄSIOREK Janusz	134		M-OPEN	112	00:00:00	312,0 KM	+10:11:00	6:25	9.4 (69.6%)
130	PODLEŚNY Piotr	80		M-OPEN	113	00:00:00	312,0 KM	+10:18:00	6:26	9.3 (68.9%)
131	MIKOŁAJCZYK Michał	324	UNIVERSITY OF WARSAW	M-OPEN	114	00:00:00	312,0 KM	+10:20:01	6:26	9.3 (68.9%)
132	KOZIOŁ Piotr	263		M-OPEN	115	00:00:00	312,0 KM	+10:21:02	6:27	9.3 (68.9%)
133	PAPROCKI Marcin	9	RUN EXPERT TEAM	M-OPEN	116	00:00:00	312,0 KM	+10:25:02	6:27	9.3 (68.9%)
134	ZAJĄC Andrzej	128	DRUŻYNA SZPIKU	M-OPEN	117	00:00:00	312,0 KM	+10:28:04	6:28	9.3 (68.9%)
135	SURDAKCI Jerzy	93	DRUŻYNA SZPIKU	M-OPEN	118	00:00:00	312,0 KM	+10:30:00	6:28	9.3 (68.9%)
136	POPIOŁEK Przemysław	465		M-OPEN	119	00:00:00	312,0 KM	+10:42:04	6:31	9.2 (68.1%)
137	CZERNICKA Magdalena	442		K-OPEN	18	00:00:00	312,0 KM	+10:44:01	6:31	9.2 (68.1%)
138	KORAL Jakub	364		M-OPEN	120	00:00:00	312,0 KM	+10:44:02	6:31	9.2 (68.1%)
139	PRUSZANOW Marcin	125	KB HERMES GRYFINO	M-OPEN	121	00:00:00	312,0 KM	+10:51:01	6:32	9.2 (68.1%)
140	SZYSZKA Konrad	59	SZYSZKI TEAM	M-OPEN	122	00:00:00	312,0 KM	+10:59:04	6:34	9.1 (67.4%)
141	JANASZEK Grzegorz	293		M-OPEN	123	00:00:00	312,0 KM	+11:14:04	6:37	9.1 (67.4%)
142	KUCHARCZYK Maciek	440		M-OPEN	124	00:00:00	312,0 KM	+11:16:04	6:37	9.1 (67.4%)
143	DRĄG Piotr	581	TELEYARD W SZCZECINIE	M-OPEN	125	00:00:00	312,0 KM	+11:17:00	6:37	9.1 (67.4%)
144	GONERKO Joanna	126	BIEGAM BO DOMINIKA MOTYWUJE	K-OPEN	19	00:00:00	312,0 KM	+11:17:03	6:37	9 (66.7%)
145	SIWIEC Robert	354	PLIK TEAM	M-OPEN	126	00:00:00	312,0 KM	+11:18:03	6:38	9 (66.7%)
146	KUZIEMSKI Piotr	537		M-OPEN	127	00:00:00	312,0 KM	+11:19:05	6:38	9 (66.7%)
147	SZYMAŃSKA Jolanta	230		K-OPEN	20	00:00:00	312,0 KM	+11:26:02	6:39	9 (66.7%)
148	MŁYNARCZYK Tatiana	72		K-OPEN	21	00:00:00	312,0 KM	+11:30:02	6:40	9 (66.7%)
149	SĘK Marcin	273		M-OPEN	128	00:00:00	312,0 KM	+11:31:04	6:40	9 (66.7%)
150	KUBIŚ Kamil	254	5K	M-OPEN	129	00:00:00	312,0 KM	+11:36:00	6:41	9 (66.7%)
151	WRÓBLEWSKA Marta	430		K-OPEN	22	00:00:00	312,0 KM	+11:56:00	6:45	8.9 (65.9%)
152	PAWŁOWSKA-ZALEJSKA Justyna	27		K-OPEN	23	00:00:00	312,0 KM	+11:56:02	6:45	8.9 (65.9%)
153	ZOWCZAK Dorota	292	RAWA TEAM	K-OPEN	24	00:00:00	312,0 KM	+11:56:03	6:45	8.9 (65.9%)
154	LICHACZEWSKI Konrad	53		M-OPEN	130	00:00:00	312,0 KM	+11:57:03	6:45	8.9 (65.9%)
155	KONIKOWSKA Julia	256		K-OPEN	25	00:00:00	312,0 KM	+12:03:05	6:46	8.9 (65.9%)
156	ULCHURSKI Michał	386		M-OPEN	131	00:00:00	312,0 KM	+12:04:02	6:46	8.8 (65.2%)
157	SZYMAŃSKI Marek	408	KLUB BIEGACZA KAMIEŃ POMORSKI	M-OPEN	132	00:00:00	312,0 KM	+12:04:03	6:46	8.8 (65.2%)
158	FURMAŃSKI Marcin	32	ZIELONAESENCJA.PL	M-OPEN	133	00:00:00	312,0 KM	+12:09:03	6:47	8.8 (65.2%)
159	MATUSZAK Anita	241	MATUSZAK TEAM	K-OPEN	26	00:00:00	312,0 KM	+12:11:02	6:48	8.8 (65.2%)
160	CIEŚLAK Grzegorz	534		M-OPEN	134	00:00:00	312,0 KM	+12:15:05	6:49	8.8 (65.2%)
161	CIEŚLAK Dominika	4		K-OPEN	27	00:00:00	312,0 KM	+12:16:02	6:49	8.8 (65.2%)
162	WÓJCIK Mariusz	311	ŻE CO?	M-OPEN	135	00:00:00	312,0 KM	+12:21:02	6:50	8.8 (65.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
163	RADOŹYCKI Radek	300		M-OPEN	136	00:00:00	312,0 KM	+12:25:01	6:50	8.8 (65.2%)
164	WNUK Dariusz	595		M-OPEN	137	00:00:00	312,0 KM	+12:28:03	6:51	8.7 (64.4%)
165	SZMYTKOWSKI Krzysztof	149	MIA SAN MIA	M-OPEN	138	00:00:00	312,0 KM	+12:30:00	6:51	8.7 (64.4%)
166	KAPCZYŃSKI Adrian	485		M-OPEN	139	00:00:00	312,0 KM	+12:30:03	6:51	8.7 (64.4%)
167	NIC Jakub	168		M-OPEN	140	00:00:00	312,0 KM	+12:31:05	6:52	8.7 (64.4%)
168	KARWIK Asia	185	RR RUNNERKI ROMKA	K-OPEN	28	00:00:00	312,0 KM	+12:36:02	6:52	8.7 (64.4%)
169	NERKO Filip	489		M-OPEN	141	00:00:00	312,0 KM	+12:36:05	6:53	8.7 (64.4%)
170	CHOWANIEC Sebastian	247	ROMET FACTORY TEAM	M-OPEN	142	00:00:00	312,0 KM	+12:40:00	6:53	8.7 (64.4%)
171	WÓJTOWICZ Marcin	481	100 MARATHON CLUB POLSKA	M-OPEN	143	00:00:00	312,0 KM	+12:42:01	6:54	8.7 (64.4%)
172	BATOR Zbigniew	467		M-OPEN	144	00:00:00	312,0 KM	+12:43:01	6:54	8.7 (64.4%)
173	KARAŚ Jacek	177	RED RUNNER	M-OPEN	145	00:00:00	312,0 KM	+12:44:04	6:54	8.7 (64.4%)
174	KOLNIAK Dawid	600		M-OPEN	146	00:00:00	312,0 KM	+12:48:02	6:55	8.7 (64.4%)
175	LUBAŃSKI Robert	518		M-OPEN	147	00:00:00	312,0 KM	+12:49:01	6:55	8.7 (64.4%)
176	PODKAŃSKI Krzysztof	403		M-OPEN	148	00:00:00	312,0 KM	+12:50:00	6:55	8.7 (64.4%)
177	OJDOWSKI Leon	520		M-OPEN	149	00:00:00	312,0 KM	+12:54:02	6:56	8.6 (63.7%)
178	ŁUKOWIAK Rafał	41		M-OPEN	150	00:00:00	312,0 KM	+12:59:03	6:57	8.6 (63.7%)
179	KALINOWSKI Łukasz	37		M-OPEN	151	00:00:00	312,0 KM	+13:05:02	6:58	8.6 (63.7%)
180	PIOTROWSKA Anna	282	SPARTANIE DZIECIOM /META NADARZYN	K-OPEN	29	00:00:00	312,0 KM	+13:14:05	7:00	8.6 (63.7%)
181	DOBRZYŃSKA Dorota	409		K-OPEN	30	00:00:00	312,0 KM	+13:29:01	7:03	8.5 (63.0%)
182	LIS Jacek	228		M-OPEN	152	00:00:00	312,0 KM	+13:35:01	7:04	8.5 (63.0%)
183	HAMIK Rafał	173	HAMSTER TEAM	M-OPEN	153	00:00:00	312,0 KM	+13:35:04	7:04	8.5 (63.0%)
184	SZYMECZKO Jola	60	RUNONLINE.PL	K-OPEN	31	00:00:00	312,0 KM	+13:37:03	7:04	8.5 (63.0%)
185	BARTYZEL Beata	87		K-OPEN	32	00:00:00	312,0 KM	+13:41:04	7:05	8.5 (63.0%)
186	BAŃKA Mariusz	540		M-OPEN	154	00:00:00	312,0 KM	+13:44:00	7:05	8.5 (63.0%)
187	ZALEJSKI Tomasz	28		M-OPEN	155	00:00:00	312,0 KM	+13:45:03	7:06	8.4 (62.2%)
188	PALCZYŃSKA Oksana	166		K-OPEN	33	00:00:00	312,0 KM	+13:46:03	7:06	8.4 (62.2%)
189	NAGÓRSKI Ryszard	508		M-OPEN	156	00:00:00	312,0 KM	+13:50:05	7:07	8.4 (62.2%)
190	NOWAK Natalia	95		K-OPEN	34	00:00:00	312,0 KM	+13:56:03	7:08	8.4 (62.2%)
191	RUDNIK-MIJAL Małgorzata	490	ZMĘCZENI NA STARCIE	K-OPEN	35	00:00:00	312,0 KM	+14:00:04	7:09	8.4 (62.2%)
192	ANDRZEJAK Dawid	476		M-OPEN	157	00:00:00	312,0 KM	+14:05:01	7:10	8.4 (62.2%)
193	KACZMAREK Monika	313	WF OCR TEAM KOSTRZYN NAD ODRA	K-OPEN	36	00:00:00	312,0 KM	+14:05:02	7:10	8.4 (62.2%)
194	SAJA Przemysław	38	ENDORFINA NOWOGARD	M-OPEN	158	00:00:00	312,0 KM	+14:09:05	7:10	8.4 (62.2%)
195	WYRWAS Tadeusz	370		M-OPEN	159	00:00:00	312,0 KM	+14:17:05	7:12	8.3 (61.5%)
196	MOTŁOCH Piotr	169		M-OPEN	160	00:00:00	312,0 KM	+14:21:02	7:13	8.3 (61.5%)
197	PAŁAMAR Krzysztof	598	INDYWIDUALISTA	M-OPEN	161	00:00:00	312,0 KM	+14:21:05	7:13	8.3 (61.5%)
198	SERKOWSKA Anna	58	AKADEMIA BIEGOWA KARTUZY	K-OPEN	37	00:00:00	312,0 KM	+14:31:03	7:15	8.3 (61.5%)
199	SMYCZ Grzegorz	343	SMYKI BIEGAJĄ	M-OPEN	162	00:00:00	312,0 KM	+14:32:03	7:15	8.3 (61.5%)
200	ZACHWIEJA Katarzyna	245		K-OPEN	38	00:00:00	312,0 KM	+14:44:03	7:17	8.2 (60.7%)
201	WÓJTOWICZ Przemysław	428	OSP WZGÓRZE	M-OPEN	163	00:00:00	312,0 KM	+14:52:05	7:19	8.2 (60.7%)
202	BATOR Zbigniew	157		M-OPEN	164	00:00:00	312,0 KM	+14:59:00	7:20	8.2 (60.7%)
203	MENDYKA Łukasz	349	KB AKTYWNI ŚRODA WLKP.	M-OPEN	165	00:00:00	312,0 KM	+15:16:00	7:23	8.1 (60.0%)
204	KRAMARZ Tomasz	479		M-OPEN	166	00:00:00	312,0 KM	+15:17:02	7:23	8.1 (60.0%)
205	ŁAPKO Krystyna	596		K-OPEN	39	00:00:00	312,0 KM	+15:22:04	7:24	8.1 (60.0%)
206	BYDŁOWSKI Patryk	501		M-OPEN	167	00:00:00	312,0 KM	+15:27:05	7:25	8.1 (60.0%)
207	WASILEWSKI Andrzej	233		M-OPEN	168	00:00:00	312,0 KM	+15:30:02	7:26	8.1 (60.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
208	BUDNICKI Grzegorz	377		M-OPEN	169	00:00:00	312,0 KM	+15:33:03	7:27	8.1 (60.0%)
209	WILCZYŃSKA Magdalena	212		K-OPEN	40	00:00:00	312,0 KM	+15:33:05	7:27	8.1 (60.0%)
210	ZEMANKIEWICZ Łukasz	139	KANAŁ 6AM	M-OPEN	170	00:00:00	312,0 KM	+15:36:02	7:27	8 (59.3%)
211	DOBOSZ Piotr	418	PITER	M-OPEN	171	00:00:00	312,0 KM	+15:37:04	7:27	8 (59.3%)
212	SEMENIUK Igor	515		M-OPEN	172	00:00:00	312,0 KM	+15:38:03	7:27	8 (59.3%)
213	WASILEWSKA Ewa	150	WEIDE TEAM	K-OPEN	41	00:00:00	312,0 KM	+15:49:05	7:30	8 (59.3%)
214	ZEIDLER Łukasz	337		M-OPEN	173	00:00:00	312,0 KM	+15:50:00	7:30	8 (59.3%)
215	MAKUCH Piotr	551	OSOBA INDYWIDUALNA	M-OPEN	174	00:00:00	312,0 KM	+15:57:03	7:31	8 (59.3%)
216	ŚWITALSKA Edyta	136	SCTP	K-OPEN	42	00:00:00	312,0 KM	+16:15:03	7:35	7.9 (58.5%)
217	ZARKOVA Denitsa	235	NIGHT RUNNERS	K-OPEN	43	00:00:00	312,0 KM	+16:18:04	7:35	7.9 (58.5%)
218	JUSZKIEWICZ Małgorzata	206		K-OPEN	44	00:00:00	312,0 KM	+16:19:01	7:35	7.9 (58.5%)
219	RATAJ Maciej	120		M-OPEN	175	00:00:00	312,0 KM	+16:20:00	7:35	7.9 (58.5%)
220	HEJKA Wlodek	56	AKADEMIA BIEGOWA KARTUZY	M-OPEN	176	00:00:00	312,0 KM	+16:24:02	7:36	7.9 (58.5%)
221	BRZOZOWSKI Adam	129		M-OPEN	177	00:00:00	312,0 KM	+16:30:01	7:37	7.9 (58.5%)
222	TYRAŃSKI Michał	22	WOLNY ZAWODNIK	M-OPEN	178	00:00:00	312,0 KM	+16:36:05	7:39	7.8 (57.8%)
223	MACIUŁA Rafał	234	KS BPSC TEAM	M-OPEN	179	00:00:00	312,0 KM	+16:39:02	7:39	7.8 (57.8%)
224	KOWALCZUK Dariusz	558		M-OPEN	180	00:00:00	312,0 KM	+16:42:05	7:40	7.8 (57.8%)
225	SZERMENT Eryk	388	#SZERMENTTEAM	M-OPEN	181	00:00:00	312,0 KM	+16:43:02	7:40	7.8 (57.8%)
226	EFEMBERG Joanna	512	STAJNIA BALONA	K-OPEN	45	00:00:00	312,0 KM	+16:44:05	7:40	7.8 (57.8%)
227	HAMIK Adam	240	HAMTARIX	M-OPEN	182	00:00:00	312,0 KM	+16:55:03	7:42	7.8 (57.8%)
228	PASZKIEWICZ Sandra	307		K-OPEN	46	00:00:00	312,0 KM	+17:08:03	7:45	7.7 (57.0%)
229	SIWEK Magdalena	225		K-OPEN	47	00:00:00	312,0 KM	+17:10:00	7:45	7.7 (57.0%)
230	SKRZYPCZAK Marta	310		K-OPEN	48	00:00:00	312,0 KM	+17:20:02	7:47	7.7 (57.0%)
231	MIJAL Przemysław	152	ZMĘCZENI NA STARCIE	M-OPEN	183	00:00:00	312,0 KM	+17:30:00	7:49	7.7 (57.0%)
232	PUPEK Małgorzata	107	WILKI Z CIECHOCINKA	K-OPEN	49	00:00:00	312,0 KM	+17:37:03	7:50	7.6 (56.3%)
233	SZERMENT Magdalena	389	#SZERMENTTEAM	K-OPEN	50	00:00:00	312,0 KM	+17:42:01	7:51	7.6 (56.3%)
234	ROMANOWSKA Anna	427		K-OPEN	51	00:00:00	312,0 KM	+17:52:05	7:53	7.6 (56.3%)
235	SKIERCZYŃSKI Zbigniew	101	K2 PARTNERS DOBRA	M-OPEN	184	00:00:00	312,0 KM	+17:53:00	7:53	7.6 (56.3%)
236	TORÓJ Paweł	500	INPOST SPORT TEAM	M-OPEN	185	00:00:00	312,0 KM	+18:04:04	7:56	7.6 (56.3%)
237	KAMIŃSKI Paweł	375		M-OPEN	186	00:00:00	312,0 KM	+18:09:04	7:57	7.5 (55.6%)
238	BOGUSŁAWSKI Rafał	439	GRUPAPOLMOTOR / RENAULT	M-OPEN	187	00:00:00	312,0 KM	+18:10:05	7:57	7.5 (55.6%)
239	PAWLAK Emilia	411		K-OPEN	52	00:00:00	312,0 KM	+18:20:02	7:59	7.5 (55.6%)
240	GRZYWACZ Karol	348	LOLO TEAM	M-OPEN	188	00:00:00	312,0 KM	+18:22:04	7:59	7.5 (55.6%)
241	TALAROWSKA Agnieszka	446		K-OPEN	53	00:00:00	312,0 KM	+18:28:04	8:00	7.5 (55.6%)
242	DASZKIEWICZ Katarzyna	588	SAINT-GOBAIN SQUAD	K-OPEN	54	00:00:00	312,0 KM	+18:33:02	8:01	7.5 (55.6%)
243	RAĆ Monika	454		K-OPEN	55	00:00:00	312,0 KM	+18:41:02	8:03	7.5 (55.6%)
244	KIEŁTYKA Robert	214		M-OPEN	189	00:00:00	312,0 KM	+18:50:04	8:04	7.4 (54.8%)
245	BOBKIEWICZ Artur	502		M-OPEN	190	00:00:00	312,0 KM	+18:51:03	8:05	7.4 (54.8%)
246	MATUSZEWSKA Magdalena	192	RR	K-OPEN	56	00:00:00	312,0 KM	+18:51:05	8:05	7.4 (54.8%)
247	MARKIEWICZ Agnieszka	577		K-OPEN	57	00:00:00	312,0 KM	+19:07:05	8:08	7.4 (54.8%)
248	ZOMERFELD Tomasz	414	KB KROKUS KWIATKOWICE	M-OPEN	191	00:00:00	312,0 KM	+19:11:03	8:08	7.4 (54.8%)
249	KSIĘŻYK Szymon	458		M-OPEN	192	00:00:00	312,0 KM	+19:38:05	8:14	7.3 (54.1%)
250	SACHARSKI Bartłomiej	484	WIECZORNE BIEGANIE W SZCZECINIE	M-OPEN	193	00:00:00	312,0 KM	+19:43:05	8:15	7.3 (54.1%)
251	KORBA Krzysztof	314		M-OPEN	194	00:00:00	312,0 KM	+20:06:03	8:19	7.2 (53.3%)
252	KOZACZUK Sebastian	381		M-OPEN	195	00:00:00	312,0 KM	+20:13:03	8:20	7.2 (53.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
253	KAMIŃSKA Magdalena	524	PUM SZCZECIN	K-OPEN	58	00:00:00	312,0 KM	+20:13:03	8:20	7.2 (53.3%)
254	SZYMCZAK Monika	162		K-OPEN	59	00:00:00	312,0 KM	+20:15:05	8:21	7.2 (53.3%)
255	PRZYBYLAK Paweł	141		M-OPEN	196	00:00:00	312,0 KM	+20:30:00	8:24	7.1 (52.6%)
256	PŁUSA Adam	246		M-OPEN	197	00:00:00	312,0 KM	+20:30:04	8:24	7.1 (52.6%)
257	KORBA Ewald	545		M-OPEN	198	00:00:00	312,0 KM	+20:31:01	8:24	7.1 (52.6%)
258	ŻYLUK-GADOWSKA Paulina	55		K-OPEN	60	00:00:00	312,0 KM	+20:54:05	8:28	7.1 (52.6%)
259	ZENEVICH Slava	209	DIETLY.PL	M-OPEN	199	00:00:00	312,0 KM	+21:04:03	8:30	7 (51.9%)
260	KOWALCZYK Monika	491		K-OPEN	61	00:00:00	312,0 KM	+21:05:01	8:30	7 (51.9%)
261	RAJCZYK-PAPROCKA Anna	138	RUN EXPERT TEAM	K-OPEN	62	00:00:00	312,0 KM	+21:10:00	8:31	7 (51.9%)
262	ORLON Barbara	284	SZCZECIŃSKI KLUB ROWEROWY GRYFUS	K-OPEN	63	00:00:00	312,0 KM	+21:16:00	8:32	7 (51.9%)
263	WILK Dariusz	528		M-OPEN	200	00:00:00	312,0 KM	+21:18:02	8:33	7 (51.9%)
264	BALCERAK Aleksandra	64		K-OPEN	64	00:00:00	312,0 KM	+21:18:05	8:33	7 (51.9%)
265	MUSIAŁ Paweł	121		M-OPEN	201	00:00:00	312,0 KM	+21:20:01	8:33	7 (51.9%)
266	WNUK Dariusz	579		M-OPEN	202	00:00:00	312,0 KM	+21:20:03	8:33	7 (51.9%)
267	ZIENTAL Grzegorz	285	REBELLION OF FREE RUNNERS	M-OPEN	203	00:00:00	312,0 KM	+21:21:05	8:34	7 (51.9%)
268	KAWCZYŃSKI Maciej	494		M-OPEN	204	00:00:00	312,0 KM	+21:33:01	8:36	7 (51.9%)
269	TOKARZ Krzysztof	281		M-OPEN	205	00:00:00	312,0 KM	+21:35:05	8:36	7 (51.9%)
270	TOKARSKI Rafał	44	RAZ SZCZECIN	M-OPEN	206	00:00:00	312,0 KM	+21:37:05	8:37	7 (51.9%)
271	CHRUŚCIŃSKA Sandra	594		K-OPEN	65	00:00:00	312,0 KM	+21:38:01	8:37	7 (51.9%)
272	KALISZEWSKI Tomasz	216		M-OPEN	207	00:00:00	312,0 KM	+21:42:01	8:37	7 (51.9%)
273	PISZCZ Dariusz	367		M-OPEN	208	00:00:00	312,0 KM	+21:43:04	8:38	6.9 (51.1%)
274	KAMINSKI Karol	325		M-OPEN	209	00:00:00	312,0 KM	+21:47:01	8:38	6.9 (51.1%)
275	PACHUT Krzysztof	372		M-OPEN	210	00:00:00	312,0 KM	+21:48:03	8:39	6.9 (51.1%)
276	GADOWSKI Wojciech	74		M-OPEN	211	00:00:00	312,0 KM	+21:56:02	8:40	6.9 (51.1%)
277	RAĆ Monika	475		K-OPEN	66	00:00:00	312,0 KM	+21:59:01	8:41	6.9 (51.1%)
278	KOZŁOWSKI Witold	384		M-OPEN	212	00:00:00	312,0 KM	+22:09:02	8:43	6.9 (51.1%)
279	RAĆ Sara	455		K-OPEN	67	00:00:00	312,0 KM	+22:11:05	8:43	6.9 (51.1%)
280	GÓRSKA Dorota	538		K-OPEN	68	00:00:00	312,0 KM	+22:16:01	8:44	6.9 (51.1%)
281	WAWRZYŃIAK Monika	361	WF OCR TEAM KOSTRZYN NAD ODRA	K-OPEN	69	00:00:00	312,0 KM	+22:17:03	8:44	6.9 (51.1%)
282	KAWCZYŃSKA Maja	495		K-OPEN	70	00:00:00	312,0 KM	+22:30:02	8:47	6.8 (50.4%)
283	WŁODARCZAK Paweł	492		M-OPEN	213	00:00:00	312,0 KM	+22:31:05	8:47	6.8 (50.4%)
284	STYLSKA Anna	450		K-OPEN	71	00:00:00	312,0 KM	+22:33:04	8:47	6.8 (50.4%)
285	P-CHA Jarecki	2	ZABIEGANY WOŁOMIN	M-OPEN	214	00:00:00	312,0 KM	+22:34:00	8:47	6.8 (50.4%)
286	KURKOWIAK Agnieszka	280		K-OPEN	72	00:00:00	312,0 KM	+22:38:04	8:48	6.8 (50.4%)
287	WINTER Marlena	593		K-OPEN	73	00:00:00	312,0 KM	+22:56:00	8:52	6.8 (50.4%)
288	SZUDERA Kamila	75	SZYSZKI TEAM	K-OPEN	74	00:00:00	312,0 KM	+23:11:00	8:55	6.7 (49.6%)
289	SAMOJŁO Sławomir	332		M-OPEN	215	00:00:00	312,0 KM	+23:11:05	8:55	6.7 (49.6%)
290	BIAŁAS Agnieszka	183	RR RUNERKI ROMKA	K-OPEN	75	00:00:00	312,0 KM	+23:35:03	8:59	6.7 (49.6%)
291	DĄBROWSKA Anna	497		K-OPEN	76	00:00:00	312,0 KM	+23:46:00	9:01	6.6 (48.9%)
292	ZAJĄC Krzysztof	68	WKURW_TEAM/BEZULTRADZIKI	M-OPEN	216	00:00:00	312,0 KM	+23:49:01	9:02	6.6 (48.9%)
293	KEDZIERSKA Karolina	328		K-OPEN	77	00:00:00	312,0 KM	+23:51:02	9:02	6.6 (48.9%)
294	HYLLA Mateusz	90		M-OPEN	217	00:00:00	312,0 KM	+23:51:02	9:02	6.6 (48.9%)
295	WOJTAT Halina	514	KOLOROWA DRUŻYNA NESSI	K-OPEN	78	00:00:00	312,0 KM	+23:52:04	9:03	6.6 (48.9%)
296	KUJAWSKI Dariusz	276		M-OPEN	218	00:00:00	312,0 KM	+23:52:05	9:03	6.6 (48.9%)
297	WYREMBELSKI Amadeusz	505		M-OPEN	219	00:00:00	312,0 KM	+23:55:03	9:03	6.6 (48.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
298	KUZNIARSKI Przemyslaw	26	KASKADA SZCZECIN RUGBY KLUB	M-OPEN	220	00:00:00	312,0 KM	+24:00:02	9:04	6.6 (48.9%)
299	DULNY Jarosław	363	DULNY FOTO	M-OPEN	221	00:00:00	312,0 KM	+24:05:02	9:05	6.6 (48.9%)
300	MADEJ Maciej	434		M-OPEN	222	00:00:00	312,0 KM	+24:16:02	9:07	6.6 (48.9%)
301	ANDRZEJCZAK Beata	205	RR RUNNERKI ROMKA	K-OPEN	79	00:00:00	312,0 KM	+24:21:05	9:08	6.6 (48.9%)
302	WAŚIATYCZ Iwona	242		K-OPEN	80	00:00:00	312,0 KM	+24:29:04	9:10	6.5 (48.1%)
303	JADASZ Mirosław	437		M-OPEN	223	00:00:00	312,0 KM	+24:38:05	9:11	6.5 (48.1%)
304	KEMPISTY Anna	17		K-OPEN	81	00:00:00	312,0 KM	+24:39:01	9:11	6.5 (48.1%)
305	CHROBOCINSKI Daniel	98		M-OPEN	224	00:00:00	312,0 KM	+25:13:00	9:18	6.4 (47.4%)
306	BURGHARDT Renata	160	KB HERMES GRYFINO	K-OPEN	82	00:00:00	312,0 KM	+25:17:01	9:19	6.4 (47.4%)
307	GWIZDAŁA Łukasz	261	KW TRAWERS / SUMT	M-OPEN	225	00:00:00	312,0 KM	+25:31:00	9:21	6.4 (47.4%)
308	JABŁOŃSKA Wiktoria	35	ŚWIDNICKA GRUPA BIEGOWA	K-OPEN	83	00:00:00	312,0 KM	+25:37:04	9:23	6.4 (47.4%)
309	KLUCZYK-CZARNECKA Dominika	111	BIEGAM BO AŚKA ZMUSZA	K-OPEN	84	00:00:00	312,0 KM	+25:43:01	9:24	6.4 (47.4%)
310	ZAHORSKI Rafał	193		M-OPEN	226	00:00:00	312,0 KM	+25:48:03	9:25	6.4 (47.4%)
311	DUDEK Małgorzata	96		K-OPEN	85	00:00:00	312,0 KM	+25:48:05	9:25	6.4 (47.4%)
312	BIAŁKOWSKA Katarzyna	253		K-OPEN	86	00:00:00	312,0 KM	+25:56:02	9:26	6.4 (47.4%)
313	PTASZYŃSKA Agnieszka	301		K-OPEN	87	00:00:00	312,0 KM	+26:03:01	9:28	6.3 (46.7%)
314	SZYMAŃSKA Agnieszka	52	PKO BANK POLSKI	K-OPEN	88	00:00:00	312,0 KM	+26:04:05	9:28	6.3 (46.7%)
315	PODOLAK Iza	39		K-OPEN	89	00:00:00	312,0 KM	+26:10:05	9:29	6.3 (46.7%)
316	PETERSBURSKI Robert	286	K2 TEAM	M-OPEN	227	00:00:00	312,0 KM	+26:15:03	9:30	6.3 (46.7%)
317	KLIMASZEWSKA Teresa	115		K-OPEN	90	00:00:00	312,0 KM	+26:25:03	9:32	6.3 (46.7%)
318	KAMIŃSKA Katarzyna	533		K-OPEN	91	00:00:00	312,0 KM	+26:27:03	9:32	6.3 (46.7%)
319	PASZEK Krystyna	291	DOGOŃ GRODZISK MAZOWIECKI	K-OPEN	92	00:00:00	312,0 KM	+26:31:00	9:33	6.3 (46.7%)
320	MUCHA Grzegorz	526	KLUB KARATE SHOTOKAN "KACHI"	M-OPEN	228	00:00:00	312,0 KM	+26:45:01	9:36	6.2 (45.9%)
321	CIACHLA Matylda	586		K-OPEN	93	00:00:00	312,0 KM	+26:54:04	9:38	6.2 (45.9%)
322	MŁODZIŃSKI Dariusz	69		M-OPEN	229	00:00:00	312,0 KM	+27:11:04	9:41	6.2 (45.9%)
323	DUDA Łukasz	116	MIRAZ RACE TEAM	M-OPEN	230	00:00:00	312,0 KM	+27:16:00	9:42	6.2 (45.9%)
324	KOGUTEK Maciej	195	KS SKARBY ŚRODA ŚLĄSKA	M-OPEN	231	00:00:00	312,0 KM	+27:16:04	9:42	6.2 (45.9%)
325	JUDEK Krzysztof	165		M-OPEN	232	00:00:00	312,0 KM	+27:21:04	9:43	6.2 (45.9%)
326	KACZMAREK Joanna	40		K-OPEN	94	00:00:00	312,0 KM	+27:31:04	9:45	6.2 (45.9%)
327	GIERUS Ilona	550		K-OPEN	95	00:00:00	312,0 KM	+27:32:05	9:45	6.1 (45.2%)
328	SZKOCKI Andrzej	108		M-OPEN	233	00:00:00	312,0 KM	+27:43:04	9:47	6.1 (45.2%)
329	WEŁPA Adrian	199		M-OPEN	234	00:00:00	312,0 KM	+27:50:04	9:48	6.1 (45.2%)
330	KURASIŃSKA Dorota	188		K-OPEN	96	00:00:00	312,0 KM	+27:54:03	9:49	6.1 (45.2%)
331	CZEKAŁSKI Marcin	513		M-OPEN	235	00:00:00	312,0 KM	+28:15:00	9:53	6.1 (45.2%)
332	KWAPIŃSKI Paweł	338		M-OPEN	236	00:00:00	312,0 KM	+28:29:01	9:56	6 (44.4%)
333	ROSIŃSKA Karolina	585		K-OPEN	97	00:00:00	312,0 KM	+28:36:01	9:57	6 (44.4%)
334	RUDKO Monika	511		K-OPEN	98	00:00:00	312,0 KM	+28:38:00	9:57	6 (44.4%)
335	LIS Beata	249		K-OPEN	99	00:00:00	312,0 KM	+28:42:05	9:58	6 (44.4%)
336	ŁUTOWICZ Gabriela	303		K-OPEN	100	00:00:00	312,0 KM	+28:44:01	9:59	6 (44.4%)
337	KRZEŚNIEWSKI Marcin	562		M-OPEN	237	00:00:00	312,0 KM	+28:48:05	9:59	6 (44.4%)
338	ŁĄCZAK Justyna	385	ASSECO ACTIVE TEAM	K-OPEN	101	00:00:00	312,0 KM	+28:56:00	10:01	6 (44.4%)
339	ZAKRZEWSKA Kasia	557		K-OPEN	102	00:00:00	312,0 KM	+28:57:05	10:01	6 (44.4%)
340	CEBENKO Maria	154	KB HERMES GRYFINO	K-OPEN	103	00:00:00	312,0 KM	+29:07:02	10:03	6 (44.4%)
341	KOSECKA Joanna	587	SAINT-GOBAIN SQUAD	K-OPEN	104	00:00:00	312,0 KM	+29:25:01	10:06	5.9 (43.7%)
342	PARCHIMOWICZ Janusz	25		M-OPEN	238	00:00:00	312,0 KM	+29:26:01	10:07	5.9 (43.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
343	MUCHA Patryk	530	POWSTANIEC DOBRA	M-OPEN	239	00:00:00	312,0 KM	+29:36:05	10:09	5.9 (43.7%)
344	SAKOWSKA Aneta	315	MARATONKA GRAJEWO	K-OPEN	105	00:00:00	312,0 KM	+29:42:05	10:10	5.9 (43.7%)
345	PASZKOWSKI Karol	113		M-OPEN	240	00:00:00	312,0 KM	+29:46:05	10:11	5.9 (43.7%)
346	KRAMER Krzysztof	459	DAMAGE INCORPORATED	M-OPEN	241	00:00:00	312,0 KM	+29:49:04	10:11	5.9 (43.7%)
347	KOGUTEK Agnieszka	196	KS "SKARBY" ŚRODA ŚLĄSKA	K-OPEN	106	00:00:00	312,0 KM	+29:52:05	10:12	5.9 (43.7%)
348	TARARUJ Edyta	19		K-OPEN	107	00:00:00	312,0 KM	+30:00:05	10:13	5.9 (43.7%)
349	KUZIMSKA Maja	457		K-OPEN	108	00:00:00	312,0 KM	+30:06:02	10:14	5.9 (43.7%)
350	KASPRZAK Tomasz	542		M-OPEN	242	00:00:00	312,0 KM	+30:19:02	10:17	5.8 (43.0%)
351	BODNARCZUK Iwona	47	FIZJOBIEGACZE SZCZECIN	K-OPEN	109	00:00:00	312,0 KM	+30:21:02	10:17	5.8 (43.0%)
352	KRZYWANIAK Andrzej	243		M-OPEN	243	00:00:00	312,0 KM	+30:36:03	10:20	5.8 (43.0%)
353	SIWEK Piotr	321		M-OPEN	244	00:00:00	312,0 KM	+30:48:05	10:23	5.8 (43.0%)
354	PIETRUSZKA Sławomir	61	RAZ SZCZECIN	M-OPEN	245	00:00:00	312,0 KM	+30:49:00	10:23	5.8 (43.0%)
355	JASKUŁA Kamil	323		M-OPEN	246	00:00:00	312,0 KM	+30:49:04	10:23	5.8 (43.0%)
356	RUDKO Barbara	590		K-OPEN	110	00:00:00	312,0 KM	+31:02:00	10:25	5.8 (43.0%)
357	BŁĄD-WASZKIEWICZ Wanda	573		K-OPEN	111	00:00:00	312,0 KM	+31:15:01	10:28	5.7 (42.2%)
358	KNAPIK Maciej	541	KRAKÓW	M-OPEN	247	00:00:00	312,0 KM	+31:36:01	10:32	5.7 (42.2%)
359	KROK Krzysztof	207	NIEZRZESZONY	M-OPEN	248	00:00:00	312,0 KM	+31:36:03	10:32	5.7 (42.2%)
360	JAŚKIEWICZ Krzysztof	402	MSPORT	M-OPEN	249	00:00:00	312,0 KM	+31:37:02	10:32	5.7 (42.2%)
361	DUDEK Dariusz	290	GRANICZNA	M-OPEN	250	00:00:00	312,0 KM	+31:40:01	10:32	5.7 (42.2%)
362	CETERA Janusz	117	EKSPEDYCJA NORDIC TEAM SZCZECIN	M-OPEN	251	00:00:00	312,0 KM	+31:42:02	10:33	5.7 (42.2%)
363	KOGUTEK Rozalia	198	KS SKARBY ŚRODA ŚLĄSKA	K-OPEN	112	00:00:00	312,0 KM	+31:44:01	10:33	5.7 (42.2%)
364	ŁYSIEŃ Dominik	226		M-OPEN	252	00:00:00	312,0 KM	+31:45:04	10:34	5.7 (42.2%)
365	KASOWSKI Bogusz	352		M-OPEN	253	00:00:00	312,0 KM	+31:55:01	10:35	5.7 (42.2%)
366	ROMAŃSKA Marietta	122		K-OPEN	113	00:00:00	312,0 KM	+31:56:04	10:36	5.7 (42.2%)
367	KLIMKIEWICZ Kaolina	182		K-OPEN	114	00:00:00	312,0 KM	+32:03:01	10:37	5.6 (41.5%)
368	ANDREJCZUK Wiatek	73		M-OPEN	254	00:00:00	312,0 KM	+32:03:02	10:37	5.6 (41.5%)
369	KUPIS Katarzyna	8	K2 TEAM	K-OPEN	115	00:00:00	312,0 KM	+32:07:04	10:38	5.6 (41.5%)
370	SOBCZYK Tomasz	204		M-OPEN	255	00:00:00	312,0 KM	+32:14:02	10:39	5.6 (41.5%)
371	GRZYBOWSKA Joanna	308	NCBC	K-OPEN	116	00:00:00	312,0 KM	+32:27:02	10:42	5.6 (41.5%)
372	KRUGIOLKA Renata	420	AKTYWNI W PNIEWACH	K-OPEN	117	00:00:00	312,0 KM	+32:27:03	10:42	5.6 (41.5%)
373	NARÓC Aneta	50		K-OPEN	118	00:00:00	312,0 KM	+32:36:02	10:43	5.6 (41.5%)
374	KAWCZYŃSKA Hanna	496		K-OPEN	119	00:00:00	312,0 KM	+32:42:04	10:44	5.6 (41.5%)
375	SCHALLER Ronny	400	CITYRUNNER BERLIN	M-OPEN	256	00:00:00	312,0 KM	+32:46:01	10:45	5.6 (41.5%)
376	FRUBA Karina	380	STOPA SŁUPSK / KORONA SZCZECIN	K-OPEN	120	00:00:00	312,0 KM	+33:00:02	10:48	5.6 (41.5%)
377	KOGUTEK Zuzanna	197	KS „SKARBY” ŚRODA ŚLĄSKA	K-OPEN	121	00:00:00	312,0 KM	+33:03:05	10:49	5.5 (40.7%)
378	LITWINIAK Izabela	304		K-OPEN	122	00:00:00	312,0 KM	+33:21:01	10:52	5.5 (40.7%)
379	FUTYMA Karolina	584	FUTYMKA TEAM	K-OPEN	123	00:00:00	312,0 KM	+33:23:04	10:52	5.5 (40.7%)
380	KASPRZAK Tomasz	34		M-OPEN	257	00:00:00	312,0 KM	+33:33:03	10:54	5.5 (40.7%)
381	STRZELEC Tomasz	267	KB HERMES GRYFINO	M-OPEN	258	00:00:00	312,0 KM	+33:48:02	10:57	5.5 (40.7%)
382	KUPIS Krzysztof	132		M-OPEN	259	00:00:00	312,0 KM	+33:57:01	10:59	5.5 (40.7%)
383	SAJEWSKA Karolina	6		K-OPEN	124	00:00:00	312,0 KM	+34:06:01	11:01	5.4 (40.0%)
384	PAJKOWSKI Mirosław	31	SL SALOS	M-OPEN	260	00:00:00	312,0 KM	+34:35:02	11:06	5.4 (40.0%)
385	AKSAMITOWSKI Robert	161		M-OPEN	261	00:00:00	312,0 KM	+34:58:05	11:11	5.4 (40.0%)
386	BOROWIECKI Grzegorz	320		M-OPEN	262	00:00:00	312,0 KM	+35:02:02	11:11	5.4 (40.0%)
387	TRAWIŃSKA Teresa	14	KOLIBER TEAM	K-OPEN	125	00:00:00	312,0 KM	+35:14:05	11:14	5.3 (39.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
388	ŁAPA Przemek	194		M-OPEN	263	00:00:00	312,0 KM	+35:28:03	11:16	5.3 (39.3%)
389	BARTOSIŃSKI Piotr	556	TIME50	M-OPEN	264	00:00:00	312,0 KM	+35:43:05	11:19	5.3 (39.3%)
390	ROMAŃSKI Krzysztof	135		M-OPEN	265	00:00:00	312,0 KM	+35:46:01	11:20	5.3 (39.3%)
391	KOBYLNIK Agata	118		K-OPEN	126	00:00:00	312,0 KM	+35:59:02	11:22	5.3 (39.3%)
392	JASKUŁA Mariola	287		K-OPEN	127	00:00:00	312,0 KM	+36:07:00	11:24	5.3 (39.3%)
393	ANIELSKA Anna	289		K-OPEN	128	00:00:00	312,0 KM	+36:12:02	11:25	5.3 (39.3%)
394	SZARAWAGA Jacek	371		M-OPEN	266	00:00:00	312,0 KM	+36:14:00	11:25	5.3 (39.3%)
395	WIEŻEL Hanna	54		K-OPEN	129	00:00:00	312,0 KM	+36:15:03	11:25	5.2 (38.5%)
396	CHROBOCIŃSKA Elżbieta	97		K-OPEN	130	00:00:00	312,0 KM	+36:23:02	11:27	5.2 (38.5%)
397	BARAN Adam	51		M-OPEN	267	00:00:00	312,0 KM	+36:26:00	11:27	5.2 (38.5%)
398	STARUCH Mariusz	451		M-OPEN	268	00:00:00	312,0 KM	+36:33:01	11:29	5.2 (38.5%)
399	MALINOWSKA Alicja	543		K-OPEN	131	00:00:00	312,0 KM	+36:35:02	11:29	5.2 (38.5%)
400	BOHATYREWICZ Patryk	478		M-OPEN	269	00:00:00	312,0 KM	+36:41:03	11:30	5.2 (38.5%)
401	DUDA Sylwia	203		K-OPEN	132	00:00:00	312,0 KM	+36:48:01	11:32	5.2 (38.5%)
402	KOZERA Kamil	519	HARPAGAN SOSNOWIEC	M-OPEN	270	00:00:00	312,0 KM	+36:58:05	11:34	5.2 (38.5%)
403	MORAWSKI Piotr	366		M-OPEN	271	00:00:00	312,0 KM	+37:17:01	11:37	5.2 (38.5%)
404	JURCZYK Adam	462		M-OPEN	272	00:00:00	312,0 KM	+37:28:00	11:39	5.1 (37.8%)
405	GRAPATYN Piotr	431	BYDGOSZCZ NA START	M-OPEN	273	00:00:00	312,0 KM	+37:30:01	11:40	5.1 (37.8%)
406	HAWRYLAK Marcin	227	BBL SZCZECIN	M-OPEN	274	00:00:00	312,0 KM	+37:35:05	11:41	5.1 (37.8%)
407	KNAPSKI Gniewomir	275	ODKRYWAĆ BY ŻYĆ	M-OPEN	275	00:00:00	312,0 KM	+37:48:05	11:43	5.1 (37.8%)
408	BASZUN Michał	416	PERSONAS	M-OPEN	276	00:00:00	312,0 KM	+38:23:01	11:50	5.1 (37.8%)
409	GRUDZIEŃ Monika	112		K-OPEN	133	00:00:00	312,0 KM	+38:36:02	11:52	5 (37.0%)
410	DONNER Andreas	305	CITYRUNNER BERLIN	M-OPEN	277	00:00:00	312,0 KM	+38:50:05	11:55	5 (37.0%)
411	GARBACKI Igor Garbacki	171		M-OPEN	278	00:00:00	312,0 KM	+38:58:00	11:57	5 (37.0%)
412	WARDENGA Kazimierz	191		M-OPEN	279	00:00:00	312,0 KM	+39:04:00	11:58	5 (37.0%)
413	SZWEDOWICZ Konrad	466	GRUPA POLMOTOR	M-OPEN	280	00:00:00	312,0 KM	+39:28:01	12:02	5 (37.0%)
414	SZEWCZYK Magdalena	127		K-OPEN	134	00:00:00	312,0 KM	+40:17:05	12:12	4.9 (36.3%)
415	CHURZĘPA Ewelina	200		K-OPEN	135	00:00:00	312,0 KM	+40:33:02	12:15	4.9 (36.3%)
416	GRZESIAK Maciej	335		M-OPEN	281	00:00:00	312,0 KM	+40:54:01	12:19	4.9 (36.3%)
417	KUCZYŃSKI Sebastian	170		M-OPEN	282	00:00:00	312,0 KM	+41:03:05	12:21	4.9 (36.3%)
418	ZAROBIAK Katarzyna	186		K-OPEN	136	00:00:00	312,0 KM	+41:10:01	12:22	4.8 (35.6%)
419	GRZESZCZUK Mieczysław	362		M-OPEN	283	00:00:00	312,0 KM	+41:10:05	12:22	4.8 (35.6%)
420	GRAJ Ewa	341	KB KATORŻNIK MUROWANA GOŚLINA	K-OPEN	137	00:00:00	312,0 KM	+41:14:02	12:23	4.8 (35.6%)
421	MARKIEWICZ Ania	425		K-OPEN	138	00:00:00	312,0 KM	+41:15:01	12:23	4.8 (35.6%)
422	ZAROBIAK Piotr	187		M-OPEN	284	00:00:00	312,0 KM	+41:17:05	12:24	4.8 (35.6%)
423	PAKMUR Michał	146	BYLIOTYLI	M-OPEN	285	00:00:00	312,0 KM	+41:21:01	12:24	4.8 (35.6%)
424	WŁOSIŃSKA Beata	278		K-OPEN	139	00:00:00	312,0 KM	+41:45:02	12:29	4.8 (35.6%)
425	ZOMERFELD Maria	413	KB KROKUS KWIATKOWICE	K-OPEN	140	00:00:00	312,0 KM	+41:45:04	12:29	4.8 (35.6%)
426	PIETRUSZKA Renata	357		K-OPEN	141	00:00:00	312,0 KM	+41:50:02	12:30	4.8 (35.6%)
427	STEFANICKI Marek	164		M-OPEN	286	00:00:00	312,0 KM	+41:57:01	12:31	4.8 (35.6%)
428	KASPRZAK Beata	140	RUN EXPERT LEJDIS	K-OPEN	142	00:00:00	312,0 KM	+42:12:02	12:34	4.8 (35.6%)
429	KRĘCISZ Arkadiusz	368		M-OPEN	287	00:00:00	312,0 KM	+42:13:03	12:34	4.8 (35.6%)
430	SWACHA Anita	299		K-OPEN	143	00:00:00	312,0 KM	+42:13:04	12:34	4.8 (35.6%)
431	MADEJ Dominika	211		K-OPEN	144	00:00:00	312,0 KM	+42:22:02	12:36	4.8 (35.6%)
432	GRUDZIEŃ Michał	114		M-OPEN	288	00:00:00	312,0 KM	+42:57:03	12:43	4.7 (34.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
433	GUZ Sabina	436		K-OPEN	145	00:00:00	312,0 KM	+43:00:03	12:43	4.7 (34.8%)
434	KUŹMIŃSKA Weronika	88		K-OPEN	146	00:00:00	312,0 KM	+43:04:05	12:44	4.7 (34.8%)
435	KO Grzesz	85	DAMAGE	M-OPEN	289	00:00:00	312,0 KM	+43:06:02	12:44	4.7 (34.8%)
436	OKRÓJ Dawid	262		M-OPEN	290	00:00:00	312,0 KM	+43:10:02	12:45	4.7 (34.8%)
437	PIOTROWSKA Gabriela	340		K-OPEN	147	00:00:00	312,0 KM	+43:16:00	12:46	4.7 (34.8%)
438	ROSZKIEWICZ Ewelina	383		K-OPEN	148	00:00:00	312,0 KM	+43:19:03	12:47	4.7 (34.8%)
439	MARENDZIAK Jarosław	76		M-OPEN	291	00:00:00	312,0 KM	+43:30:05	12:49	4.7 (34.8%)
440	WALENT Marta	24		K-OPEN	149	00:00:00	312,0 KM	+43:34:00	12:50	4.7 (34.8%)
441	MUSKAŁA Mateusz	561		M-OPEN	292	00:00:00	312,0 KM	+43:35:04	12:50	4.7 (34.8%)
442	PAWŁESA Małgorzata	339		K-OPEN	150	00:00:00	312,0 KM	+43:45:00	12:52	4.7 (34.8%)
443	FARSCHTSCHIYAN Jens	89		M-OPEN	293	00:00:00	312,0 KM	+43:57:02	12:54	4.6 (34.1%)
444	KRUPAK Emilia	265		K-OPEN	151	00:00:00	312,0 KM	+43:58:00	12:54	4.6 (34.1%)
445	MARTYNIUK Ryszard	302	GMINA STRZELCE OPOLSKIE	M-OPEN	294	00:00:00	312,0 KM	+44:06:04	12:56	4.6 (34.1%)
446	MICHALAK Beata	219		K-OPEN	152	00:00:00	312,0 KM	+44:22:04	12:59	4.6 (34.1%)
447	KUJAWSKA Marcelina	517		K-OPEN	153	00:00:00	312,0 KM	+44:23:02	12:59	4.6 (34.1%)
448	SZORTYKA Rafał	224		M-OPEN	295	00:00:00	312,0 KM	+45:24:05	13:11	4.5 (33.3%)
449	KUCHARCZYK Katarzyna	10	K2 PARTNERS TEAM	K-OPEN	154	00:00:00	312,0 KM	+45:40:05	13:14	4.5 (33.3%)
450	JANCZARSKA-BERGEL Katarzyna	70		K-OPEN	155	00:00:00	312,0 KM	+45:59:05	13:18	4.5 (33.3%)
451	MARENDZIAK Aneta	78		K-OPEN	156	00:00:00	312,0 KM	+46:05:02	13:19	4.5 (33.3%)
452	O-Z Iza	181		K-OPEN	157	00:00:00	312,0 KM	+46:07:02	13:19	4.5 (33.3%)
453	WARKOCKI Przemysław	355	FTSZLAK	M-OPEN	296	00:00:00	312,0 KM	+46:25:00	13:23	4.5 (33.3%)
454	WIĘCKOWSKA Katarzyna	482		K-OPEN	158	00:00:00	312,0 KM	+46:30:03	13:24	4.5 (33.3%)
455	BODNAR Zbigniew	11	BIEG KORCZAKA	M-OPEN	297	00:00:00	312,0 KM	+46:31:01	13:24	4.5 (33.3%)
456	MACULEWICZ Łukasz	449	GRUPA POLMOTOR	M-OPEN	298	00:00:00	312,0 KM	+46:33:01	13:24	4.5 (33.3%)
457	BRZEZIŃSKI Piotr	110	WIECZORNE BIEGANIE W SZCZECINIE	M-OPEN	299	00:00:00	312,0 KM	+47:02:05	13:30	4.4 (32.6%)
458	MARENDZIAK Wiktor	77		M-OPEN	300	00:00:00	312,0 KM	+47:14:01	13:32	4.4 (32.6%)
459	FRYMUS Anna	202		K-OPEN	159	00:00:00	312,0 KM	+47:17:05	13:33	4.4 (32.6%)
460	WAŚIK Rafał	277	#WAŚIKITEAM	M-OPEN	301	00:00:00	312,0 KM	+47:30:05	13:35	4.4 (32.6%)
461	KUJAWA Joanna	390		K-OPEN	160	00:00:00	312,0 KM	+47:31:00	13:35	4.4 (32.6%)
462	POŹNIAK Aleksandra	20	CENTRUM MEDYCZNE EUROMEDIS	K-OPEN	161	00:00:00	312,0 KM	+47:45:04	13:38	4.4 (32.6%)
463	RĄCZKA Marita	124		K-OPEN	162	00:00:00	312,0 KM	+48:06:05	13:42	4.4 (32.6%)
464	WRÓBLEWSKA Aleksandra	461		K-OPEN	163	00:00:00	312,0 KM	+48:23:02	13:45	4.4 (32.6%)
465	MATOGA Urszula	326		K-OPEN	164	00:00:00	312,0 KM	+49:12:01	13:55	4.3 (31.9%)
466	SZÓSTAK Wioletta	62		K-OPEN	165	00:00:00	312,0 KM	+49:33:01	13:59	4.3 (31.9%)
467	PIERNICKI Zbigniew	539		M-OPEN	302	00:00:00	312,0 KM	+50:01:04	14:04	4.3 (31.9%)
468	KOZIEŁ Jacek	272		M-OPEN	303	00:00:00	312,0 KM	+50:04:03	14:05	4.3 (31.9%)
469	KASPRZAK Magda	7	RUN EXPERT	K-OPEN	166	00:00:00	312,0 KM	+50:21:04	14:08	4.2 (31.1%)
470	KOZŁOWSKA Bożena	147		K-OPEN	167	00:00:00	312,0 KM	+50:28:00	14:09	4.2 (31.1%)
471	SOROKA Karolina	580		K-OPEN	168	00:00:00	312,0 KM	+50:48:00	14:13	4.2 (31.1%)
472	DROŹDŻAL Olga	190		K-OPEN	169	00:00:00	312,0 KM	+51:29:05	14:21	4.2 (31.1%)
473	GÓRA Grzegorz	331		M-OPEN	304	00:00:00	312,0 KM	+52:41:03	14:35	4.1 (30.4%)
474	SEŃ Agata	264		K-OPEN	170	00:00:00	312,0 KM	+52:46:02	14:36	4.1 (30.4%)
475	KUCZYŃSKA Sylwia	172		K-OPEN	171	00:00:00	312,0 KM	+53:37:02	14:46	4.1 (30.4%)
476	BOROWSKI Krzysztof	509	SKS HUSARIA	M-OPEN	305	00:00:00	312,0 KM	+53:38:02	14:46	4.1 (30.4%)
477	KRAMER Jerzy	460	DAMAGE INCORPORATED	M-OPEN	306	00:00:00	312,0 KM	+53:43:05	14:47	4.1 (30.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
478	SZAJKOWSKA Ewa	529		K-OPEN	172	00:00:00	312,0 KM	+54:13:02	14:53	4 (29.6%)
479	WĄSIK Gabriela	547	@WĄSIKITEAM	K-OPEN	173	00:00:00	312,0 KM	+57:26:01	15:30	3.9 (28.9%)
480	OPIEKA Krzysztof	46		M-OPEN	307	00:00:00	312,0 KM	+57:42:01	15:33	3.9 (28.9%)
481	KUPIS Aleksandra	218		K-OPEN	174	00:00:00	312,0 KM	+57:48:04	15:34	3.9 (28.9%)
482	MARENDZIAK Ewa	109		K-OPEN	175	00:00:00	312,0 KM	+58:19:01	15:40	3.8 (28.1%)
483	MUZYKIEWICZ Łukasz	438		M-OPEN	308	00:00:00	312,0 KM	+58:19:03	15:40	3.8 (28.1%)
484	BOROWIECKA Joanna	312		K-OPEN	176	00:00:00	312,0 KM	+59:07:04	15:49	3.8 (28.1%)
485	ANTONOWICZ Monika	471		K-OPEN	177	00:00:00	312,0 KM	+60:46:02	16:08	3.7 (27.4%)
486	KROKER Rafał	544		M-OPEN	309	00:00:00	312,0 KM	+60:53:00	16:10	3.7 (27.4%)
487	SOSKA Krzysztof	473		M-OPEN	310	00:00:00	312,0 KM	+62:34:02	16:29	3.6 (26.7%)
488	WITKOWSKA Agnieszka	215		K-OPEN	178	00:00:00	312,0 KM	+64:06:00	16:47	3.6 (26.7%)
489	MRÓZ Magdalena	591	LEJDIS	K-OPEN	179	00:00:00	312,0 KM	+65:11:00	16:59	3.5 (25.9%)
490	RUBAJ Anna	506	SZALONE WILCZYCE	K-OPEN	180	00:00:00	312,0 KM	+65:16:05	17:00	3.5 (25.9%)
491	ŚPIEWAK Konrad	45	BIEGOWY KLUB FAJTERÓW	M-OPEN	311	00:00:00	312,0 KM	+67:42:04	17:28	3.4 (25.2%)
492	BINEROWSKA Edyta	274		K-OPEN	181	00:00:00	312,0 KM	+68:44:01	17:40	3.4 (25.2%)
493	KRYSTEK Magdalena	456		K-OPEN	182	00:00:00	312,0 KM	+72:33:01	18:24	3.3 (24.4%)
494	JANKOWSKA Dorota	144	DF COOL RUN	K-OPEN	183	00:00:00	312,0 KM	+74:47:00	18:50	3.2 (23.7%)
495	BOHN Darek	296	LEROY MERLIN KATOWICE BAILDONA	M-OPEN	312	00:00:00	312,0 KM	+76:02:00	19:04	3.1 (23.0%)
496	BŁASZCZUK Bożena	599	BB TEAM	K-OPEN	184	00:00:00	312,0 KM	+76:02:01	19:04	3.1 (23.0%)
497	BOREK Jolanta	553		K-OPEN	185	00:00:00	312,0 KM	+81:24:00	20:06	3 (22.2%)
498	BOREK Magdalena	552		K-OPEN	186	00:00:00	312,0 KM	+83:41:00	20:33	2.9 (21.5%)
499	SZAJKOWSKI Stanisław	567		M-OPEN	313	00:00:00	312,0 KM	+84:26:00	20:41	2.9 (21.5%)
500	ULAN Ania	21		K-OPEN	187	00:00:00	312,0 KM	+96:59:00	23:06	2.6 (19.3%)
501	HAŁAS Renata	42	SZYBCIEJ NIE MOFE	K-OPEN	188	00:00:00	312,0 KM	+98:20:00	23:22	2.6 (19.3%)
502	WŁADKOWSKA Agnieszka	288		K-OPEN	189	00:00:00	312,0 KM	+100:34:0	23:47	2.5 (18.5%)
503	STAROSTA Michał	560		M-OPEN	314	00:00:00	312,0 KM	+104:52:0	24:37	2.4 (17.8%)
504	LEWANDOWSKA Izabela	516	PANI	K-OPEN	190	00:00:00	312,0 KM	+108:58:0	25:24	2.4 (17.8%)
505	WIERUSZEWSKA Agata	319		K-OPEN	191	00:00:00	312,0 KM	+129:40:0	29:23	2 (14.8%)
506	KULCZAK Paweł	210		M-OPEN	315	00:00:00	312,0 KM	+141:36:0	31:41	1.9 (14.1%)
507	DMOCHOWSKA Hanna	554		K-OPEN	192	00:00:00	312,0 KM	+174:57:0	38:06	1.6 (11.9%)
508	OLECH Bogusław	498	NIEZRZESZONY	M-OPEN	316	00:00:00	312,0 KM	+283:49:0	59:02	1 (7.4%)
509	KANECKA Monika	532		K-OPEN	193	00:00:00	312,0 KM	+320:37:0	66:06	0.9 (6.7%)
510	LEMAŃSKA-BŁAŻOWSKA Elżbieta	231		K-OPEN	194	00:00:00	305,1 KM	+121:20:0	28:25	2.1 (15.6%)
511	KLUCZYK-CZARNECKA Dominika	474	MALBORK	K-OPEN	195	00:00:00	303,0 KM	+51:30:04	14:47	4.1 (30.4%)
512	WOŹNIECKA Karolina	65	BYDGOSZCZ	K-OPEN	196	00:00:00	302,0 KM	+06:03:01	5:48	10.3 (76.3%)
513	KOSIKOWSKI Konrad	480		M-OPEN	317	00:00:00	301,6 KM	+14:29:05	7:29	8 (59.3%)
514	WEŁPA Albert	123		M-OPEN	318	00:00:00	268,6 KM	+11:04:02	7:39	7.8 (57.8%)
515	SZUMIŁO Przemysław	373		M-OPEN	319	00:00:00	261,1 KM	+04:08:02	6:16	9.6 (71.1%)
516	KĘDROŃ Karolina	220		K-OPEN	197	00:00:00	257,1 KM	+02:11:02	5:55	10.1 (74.8%)
517	MATKOWSKI Jerzy	99		M-OPEN	320	00:00:00	240,9 KM	+13:32:02	9:08	6.6 (48.9%)
518	BRATKOWSKI Krzysztof	279	GRUPA POLMOTOR	M-OPEN	321	00:00:00	238,6 KM	+20:44:05	11:02	5.4 (40.0%)
519	GROCHOWSKI Marcin	221		M-OPEN	322	00:00:00	235,2 KM	+17:57:01	10:29	5.7 (42.2%)
520	OLEK Zbigniew	29		M-OPEN	323	00:00:00	234,7 KM	+13:03:02	9:15	6.5 (48.1%)
521	NOWAK Kamil	131		M-OPEN	324	00:00:00	230,9 KM	+00:25:01	6:08	9.8 (72.6%)
522	TERCZEWSKA Małgorzata	342	KOŚCIAN TEAM	K-OPEN	198	00:00:00	228,1 KM	+	6:02	9.9 (73.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
523	PAC Paweł	336		M-OPEN	325	00:00:00	225,6 KM	+39:31:03	16:40	3.6 (26.7%)
524	GOŁĘBIEWSKI Daniel	81		M-OPEN	326	00:00:00	223,0 KM	+18:56:05	11:20	5.3 (39.3%)
525	MATUSIK Michał	71		M-OPEN	327	00:00:00	222,8 KM	+15:30:00	10:25	5.8 (43.0%)
526	ANDRZEJCZAK Dariusz	606		M-OPEN	328	00:00:00	221,9 KM	+09:54:03	8:56	6.7 (49.6%)
527	WALCZAK Natalia	365	PKA	K-OPEN	199	00:00:00	219,2 KM	+41:22:02	17:40	3.4 (25.2%)
528	BŁASZCZYK Kamil	379	JEŹDŹCY APOKALIPSY	M-OPEN	329	00:00:00	217,2 KM	+	5:49	10.3 (76.3%)
529	BURCHACKI Maciej	607		M-OPEN	330	00:00:00	207,3 KM	+	6:05	9.8 (72.6%)
530	WYSZKOWSKI Michał	504		M-OPEN	331	00:00:00	196,8 KM	+	5:54	10.2 (75.6%)
531	BIELECKI Łukasz	571		M-OPEN	332	00:00:00	178,9 KM	+17:13:03	13:33	4.4 (32.6%)
532	LIEBNER Patryk	445	TRIGYM SZCZECIN	M-OPEN	333	00:00:00	170,4 KM	+	5:06	11.7 (86.7%)
533	WASILEWSKA Agata	106		K-OPEN	200	00:00:00	166,9 KM	+	6:46	8.9 (65.9%)
534	GAĆEŻEWICZ Piotr	369		M-OPEN	334	00:00:00	166,1 KM	+17:12:02	14:35	4.1 (30.4%)
535	PATYNOWSKI Maciej	405	RÓŻAŃSKO	M-OPEN	335	00:00:00	157,9 KM	+	6:35	9.1 (67.4%)
536	OGRODNIK Bogusław	601		M-OPEN	336	00:00:00	151,6 KM	+55:13:02	31:02	1.9 (14.1%)
537	BOŁZAN Mariusz	317		M-OPEN	337	00:00:00	141,3 KM	+	6:35	9.1 (67.4%)
538	DEMBOWSKA Karolina	487		K-OPEN	201	00:00:00	139,6 KM	+06:02:04	12:33	4.8 (35.6%)
539	LUCHCIŃSKA Martyna	463		K-OPEN	202	00:00:00	138,9 KM	+	9:12	6.5 (48.1%)
540	SZYMKOWIAK Natalia	572		K-OPEN	203	00:00:00	138,2 KM	+09:12:05	14:03	4.3 (31.9%)
541	WARKOCZ Monika	175		K-OPEN	204	00:00:00	134,2 KM	+17:03:01	17:59	3.3 (24.4%)
542	LIS-WILKOSZ Anna	208		K-OPEN	205	00:00:00	131,4 KM	+07:10:00	13:51	4.3 (31.9%)
543	KURJATA Anna	448		K-OPEN	206	00:00:00	130,6 KM	+05:46:03	13:18	4.5 (33.3%)
544	KOBUS Ewelina	441	-	K-OPEN	207	00:00:00	128,4 KM	+	7:48	7.7 (57.0%)
545	CIURUŚ Agnieszka	393		K-OPEN	208	00:00:00	124,2 KM	+03:23:01	12:50	4.7 (34.8%)
546	DYŁĄG Robert	546		M-OPEN	338	00:00:00	120,7 KM	+01:40:00	12:21	4.9 (36.3%)
547	JAKÓBCZAK Karolina	102		K-OPEN	209	00:00:00	119,1 KM	+02:01:00	12:41	4.7 (34.8%)
548	STAWSKI Adam	223		M-OPEN	339	00:00:00	114,4 KM	+	6:33	9.1 (67.4%)
549	MIŁOSŁAWSKA Iga	270		K-OPEN	210	00:00:00	108,9 KM	+05:06:01	15:35	3.8 (28.1%)
550	BŁAZOWSKI Tomasz	236		M-OPEN	340	00:00:00	105,5 KM	+27:36:01	28:53	2.1 (15.6%)
551	WARKOCZ Adam	176		M-OPEN	341	00:00:00	88,8 KM	+	14:11	4.2 (31.1%)
552	PAPSKI Mateusz	16	ALLONS-Y!	M-OPEN	342	00:00:00	86,2 KM	+	6:50	8.8 (65.2%)
553	WIERUSZEWSKA Agata	470		K-OPEN	211	00:00:00	83,4 KM	+41:30:00	46:32	1.3 (9.6%)
554	KŁODA Norbert	559		M-OPEN	343	00:00:00	79,5 KM	+	10:37	5.7 (42.2%)
555	SOSKA Magda	472		M-OPEN	344	00:00:00	75,8 KM	+16:52:03	31:42	1.9 (14.1%)
556	MICHALSKI Piotr	48	LIDER PITER	M-OPEN	345	00:00:00	69,4 KM	+	13:07	4.6 (34.1%)
557	BRZozowski Andrzej	156		M-OPEN	346	00:00:00	69,3 KM	+	9:37	6.2 (45.9%)
558	KUJAWA Katarzyna	576		K-OPEN	212	00:00:00	66,5 KM	+	7:27	8 (59.3%)
559	DUNAJ Przemysław	397		M-OPEN	347	00:00:00	58,4 KM	+	8:30	7.1 (52.6%)
560	MICHALEWICZ Katarzyna	359		K-OPEN	213	00:00:00	58,0 KM	+	14:42	4.1 (30.4%)
561	KLIMKIEWICZ Karolina	499	WARSZAWSKIE CENTRUM EXPO XXI	K-OPEN	214	00:00:00	54,0 KM	+	15:10	4 (29.6%)
562	DROŹDŻAL Agnieszka	189		K-OPEN	215	00:00:00	44,1 KM	+	16:10	3.7 (27.4%)
563	BEDNAREK Anna	433		K-OPEN	216	00:00:00	42,5 KM	+	19:18	3.1 (23.0%)
564	KOZULA Tomasz	155		M-OPEN	348	00:00:00	36,4 KM	+	12:15	4.9 (36.3%)
565	PAWLIK Aneta	137		K-OPEN	217	00:00:00	36,3 KM	+	7:46	7.7 (57.0%)
566	KOGUTEK Maciej	469	KS SKARBY	M-OPEN	349	00:00:00	35,6 KM	+	5:43	10.5 (77.8%)
567	PRZYŁUSKI Robert	180		M-OPEN	350	00:00:00	33,2 KM	+	6:25	9.3 (68.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
568	BAZELA Marta	269		K-OPEN	218	00:00:00	24,2 KM	+	11:01	5.4 (40.0%)
569	WAŚIATYCZ Maciej	222		M-OPEN	351	00:00:00	21,6 KM	+	8:15	7.3 (54.1%)
570	DYLAĞ Weronika	549		K-OPEN	219	00:00:00	21,5 KM	+	23:41	2.5 (18.5%)
571	BARTKOWIAK Waldemar	252		M-OPEN	352	00:00:00	18,2 KM	+	6:59	8.6 (63.7%)
572	DOŁĘGOWSKI Marek	63	BKSMANIAK WOLIN	M-OPEN	353	00:00:00	17,3 KM	+	9:42	6.2 (45.9%)
573	STAROSTA Filip	145	DF COOL RUN	M-OPEN	354	00:00:00	15,8 KM	+	5:16	11.4 (84.4%)
574	SZARZYŃSKI Robert	563		M-OPEN	355	00:00:00	12,0 KM	+	6:46	8.9 (65.9%)
575	ŁYSKANOWSKI Sławomir	229		M-OPEN	356	00:00:00	11,4 KM	+	10:27	5.7 (42.2%)
576	FINKIELMAN Pawel	105		M-OPEN	357	00:00:00	10,4 KM	+	5:11	11.5 (85.2%)
577	STRZAŁKOWSKA Barbara	232		K-OPEN	220	00:00:00	6,7 KM	+	11:36	5.2 (38.5%)
578	BAJGER Bartosz	398		M-OPEN	358	00:00:00	6,6 KM	+	7:00	8.6 (63.7%)
579	LESZCZYŃSKA Katarzyna	201		K-OPEN	221	00:00:00	5,8 KM	+	17:04	3.5 (25.9%)

Znaleziono 579 wynik(ów)