BIEGOWA EKSPEDYCJA NA K2

Organizator: Stowarzyszenie K2 Partners
Data: 2020-12-04
Miejsce: Polska
Dystans: 312 km

Klasyfikacja: K-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
1	**BYTNER-KWIATKOWSKA Monika**	**295**	DĄBROWSKI TEAM	K-OPEN	1	00:00:00	**312,0 KM**	+00:00:00	5:00	12 (100%)
2	**DRAB Daria**	**570**		K-OPEN	2	00:00:00	**312,0 KM**	+01:26:03	5:17	11.4 (95.0%)
3	**KMIECIAK Aga**	**238**		K-OPEN	3	00:00:00	**312,0 KM**	+01:27:03	5:17	11.3 (94.2%)
4	**PREUSS Friederike**	**536**		K-OPEN	4	00:00:00	**312,0 KM**	+02:37:05	5:30	10.9 (90.8%)
5	**WOJTANIS Magdalena**	**159**		K-OPEN	5	00:00:00	**312,0 KM**	+03:05:00	5:35	10.7 (89.2%)
6	**MAZUR Katarzyna**	**531**		K-OPEN	6	00:00:00	**312,0 KM**	+03:30:05	5:40	10.6 (88.3%)
7	**ZIELIŃSKA Agata**	**79**	HQ MNC NE	K-OPEN	7	00:00:00	**312,0 KM**	+03:46:03	5:43	10.5 (87.5%)
8	**CZERNICKA Magdalena**	**503**		K-OPEN	8	00:00:00	**312,0 KM**	+04:12:05	5:49	10.3 (85.8%)
9	**MIŁOSZEWICZ Aleksandra**	**1**	FIZJOBIEGACZE SZCZECIN	K-OPEN	9	00:00:00	**312,0 KM**	+04:17:03	5:49	10.3 (85.8%)
10	**ŻYLUK Bożena**	**396**	WIECZORNE BIEGANIE W SZCZECINIE	K-OPEN	10	00:00:00	**312,0 KM**	+04:55:02	5:57	10.1 (84.2%)
11	**ZIELIŃSKA Monika**	**83**		K-OPEN	11	00:00:00	**312,0 KM**	+05:07:03	5:59	10 (83.3%)
12	**WITAS Aneta**	**564**		K-OPEN	12	00:00:00	**312,0 KM**	+05:07:05	5:59	10 (83.3%)
13	**RUDNIK-MIJAL Małgorzata**	**151**	ZMĘCZENI NA STARCIE	K-OPEN	13	00:00:00	**312,0 KM**	+05:34:04	6:04	9.9 (82.5%)
14	**STAWSKA Barbara**	**91**		K-OPEN	14	00:00:00	**312,0 KM**	+05:53:03	6:08	9.8 (81.7%)
15	**LEWSZYK Anna**	**435**		K-OPEN	15	00:00:00	**312,0 KM**	+06:13:05	6:12	9.7 (80.8%)
16	**REINHOLZ Elżbieta**	**391**		K-OPEN	16	00:00:00	**312,0 KM**	+07:07:03	6:22	9.4 (78.3%)
17	**SKIBA Kamila**	**522**		K-OPEN	17	00:00:00	**312,0 KM**	+07:14:02	6:23	9.4 (78.3%)
18	**CZERNICKA Magdalena**	**442**		K-OPEN	18	00:00:00	**312,0 KM**	+07:53:01	6:31	9.2 (76.7%)
19	**GONERKO Joanna**	**126**	BIEGAM BO DOMINIKA MOTYWUJE	K-OPEN	19	00:00:00	**312,0 KM**	+08:26:03	6:37	9 (75.0%)
20	**SZYMAŃSKA Jolanta**	**230**		K-OPEN	20	00:00:00	**312,0 KM**	+08:35:02	6:39	9 (75.0%)
21	**MŁYNARCZYK Tatiana**	**72**		K-OPEN	21	00:00:00	**312,0 KM**	+08:39:02	6:40	9 (75.0%)
22	**WRÓBLEWSKA Marta**	**430**		K-OPEN	22	00:00:00	**312,0 KM**	+09:05:00	6:45	8.9 (74.2%)
23	**PAWŁOWSKA-ZALEJSKA Justyna**	**27**		K-OPEN	23	00:00:00	**312,0 KM**	+09:05:02	6:45	8.9 (74.2%)
24	**ZOWCZAK Dorota**	**292**	RAWA TEAM	K-OPEN	24	00:00:00	**312,0 KM**	+09:05:03	6:45	8.9 (74.2%)
25	**KONIKOWSKA Julia**	**256**		K-OPEN	25	00:00:00	**312,0 KM**	+09:12:05	6:46	8.9 (74.2%)
26	**MATUSZAK Anita**	**241**	MATUSZAK TEAM	K-OPEN	26	00:00:00	**312,0 KM**	+09:20:02	6:48	8.8 (73.3%)
27	**CIEŚLAK Dominika**	**4**		K-OPEN	27	00:00:00	**312,0 KM**	+09:25:02	6:49	8.8 (73.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
28	**KARWIK Asia**	**185**	RR RUNNERKI ROMKA	K-OPEN	28	00:00:00	**312,0 KM**	+09:45:02	6:52	8.7 (72.5%)
29	**PIOTROWSKA Anna**	**282**	SPARTANIE DZIECIOM /META NADARZYN	K-OPEN	29	00:00:00	**312,0 KM**	+10:23:05	7:00	8.6 (71.7%)
30	**DOBRZYŃSKA Dorota**	**409**		K-OPEN	30	00:00:00	**312,0 KM**	+10:38:01	7:03	8.5 (70.8%)
31	**SZYMECZKO Jola**	**60**	RUNONLINE.PL	K-OPEN	31	00:00:00	**312,0 KM**	+10:46:03	7:04	8.5 (70.8%)
32	**BARTYZEL Beata**	**87**		K-OPEN	32	00:00:00	**312,0 KM**	+10:50:04	7:05	8.5 (70.8%)
33	**PALCZYNSKA Oksana**	**166**		K-OPEN	33	00:00:00	**312,0 KM**	+10:55:03	7:06	8.4 (70.0%)
34	**NOWAK Natalia**	**95**		K-OPEN	34	00:00:00	**312,0 KM**	+11:05:03	7:08	8.4 (70.0%)
35	**RUDNIK-MIJAL Małgorzata**	**490**	ZMĘCZENI NA STARCIE	K-OPEN	35	00:00:00	**312,0 KM**	+11:09:04	7:09	8.4 (70.0%)
36	**KACZMAREK Monika**	**313**	WF OCR TEAM KOSTRZYN NAD ODRĄ	K-OPEN	36	00:00:00	**312,0 KM**	+11:14:02	7:10	8.4 (70.0%)
37	**SERKOWSKA Anna**	**58**	AKADEMIA BIEGOWA KARTUZY	K-OPEN	37	00:00:00	**312,0 KM**	+11:40:03	7:15	8.3 (69.2%)
38	**ZACHWIEJA Katarzyna**	**245**		K-OPEN	38	00:00:00	**312,0 KM**	+11:53:03	7:17	8.2 (68.3%)
39	**ŁAPKO Krystyna**	**596**		K-OPEN	39	00:00:00	**312,0 KM**	+12:31:04	7:24	8.1 (67.5%)
40	**WILCZYŃSKA Magdalena**	**212**		K-OPEN	40	00:00:00	**312,0 KM**	+12:42:05	7:27	8.1 (67.5%)
41	**WASILEWSKA Ewa**	**150**	WEIDE TEAM	K-OPEN	41	00:00:00	**312,0 KM**	+12:58:05	7:30	8 (66.7%)
42	**ŚWITALSKA Edyta**	**136**	SCTP	K-OPEN	42	00:00:00	**312,0 KM**	+13:24:03	7:35	7.9 (65.8%)
43	**ZARKOVA Denitsa**	**235**	NIGHT RUNNERS	K-OPEN	43	00:00:00	**312,0 KM**	+13:27:04	7:35	7.9 (65.8%)
44	**JUSZKIEWICZ Małgorzata**	**206**		K-OPEN	44	00:00:00	**312,0 KM**	+13:28:01	7:35	7.9 (65.8%)
45	**EFEMBERG Joanna**	**512**	STAJNIA BALONA	K-OPEN	45	00:00:00	**312,0 KM**	+13:53:05	7:40	7.8 (65.0%)
46	**PASZKIEWICZ Sandra**	**307**		K-OPEN	46	00:00:00	**312,0 KM**	+14:17:03	7:45	7.7 (64.2%)
47	**SIWEK Magdalena**	**225**		K-OPEN	47	00:00:00	**312,0 KM**	+14:19:00	7:45	7.7 (64.2%)
48	**SKRZYPCZAK Marta**	**310**		K-OPEN	48	00:00:00	**312,0 KM**	+14:29:02	7:47	7.7 (64.2%)
49	**PUPEK Małgorzata**	**107**	WILKI Z CIECHOCINKA	K-OPEN	49	00:00:00	**312,0 KM**	+14:46:03	7:50	7.6 (63.3%)
50	**SZERMENT Magdalena**	**389**	#SZERMENTTEAM	K-OPEN	50	00:00:00	**312,0 KM**	+14:51:01	7:51	7.6 (63.3%)
51	**ROMANOWSKA Anna**	**427**		K-OPEN	51	00:00:00	**312,0 KM**	+15:01:05	7:53	7.6 (63.3%)
52	**PAWLAK Emilia**	**411**		K-OPEN	52	00:00:00	**312,0 KM**	+15:29:02	7:59	7.5 (62.5%)
53	**TALAROWSKA Agnieszka**	**446**		K-OPEN	53	00:00:00	**312,0 KM**	+15:37:04	8:00	7.5 (62.5%)
54	**DASZKIEWICZ Katarzyna**	**588**	SAINT-GOBAIN SQUAD	K-OPEN	54	00:00:00	**312,0 KM**	+15:42:02	8:01	7.5 (62.5%)
55	**RAĆ Monika**	**454**		K-OPEN	55	00:00:00	**312,0 KM**	+15:50:02	8:03	7.5 (62.5%)
56	**MATUSZEWSKA Magdalena**	**192**	RR	K-OPEN	56	00:00:00	**312,0 KM**	+16:00:05	8:05	7.4 (61.7%)
57	**MARKIEWICZ Agnieszka**	**577**		K-OPEN	57	00:00:00	**312,0 KM**	+16:16:05	8:08	7.4 (61.7%)
58	**KAMIŃSKA Magdalena**	**524**	PUM SZCZECIN	K-OPEN	58	00:00:00	**312,0 KM**	+17:22:03	8:20	7.2 (60.0%)
59	**SZYMCZAK Monika**	**162**		K-OPEN	59	00:00:00	**312,0 KM**	+17:24:05	8:21	7.2 (60.0%)
60	**ŻYLUK-GADOWSKA Paulina**	**55**		K-OPEN	60	00:00:00	**312,0 KM**	+18:03:05	8:28	7.1 (59.2%)
61	**KOWALCZYK Monika**	**491**		K-OPEN	61	00:00:00	**312,0 KM**	+18:14:01	8:30	7 (58.3%)
62	**RAJCZYK-PAPROCKA Anna**	**138**	RUN EXPERT TEAM	K-OPEN	62	00:00:00	**312,0 KM**	+18:19:00	8:31	7 (58.3%)
63	**ORLON Barbara**	**284**	SZCZECIŃSKI KLUB ROWEROWY GRYFUS	K-OPEN	63	00:00:00	**312,0 KM**	+18:25:00	8:32	7 (58.3%)
64	**BALCERAK Aleksandra**	**64**		K-OPEN	64	00:00:00	**312,0 KM**	+18:27:05	8:33	7 (58.3%)
65	**CHRUŚCIŃSKA Sandra**	**594**		K-OPEN	65	00:00:00	**312,0 KM**	+18:47:01	8:37	7 (58.3%)
66	**RAĆ Monka**	**475**		K-OPEN	66	00:00:00	**312,0 KM**	+19:08:01	8:41	6.9 (57.5%)
67	**RAĆ Sara**	**455**		K-OPEN	67	00:00:00	**312,0 KM**	+19:20:05	8:43	6.9 (57.5%)
68	**GÓRSKA Dorota**	**538**		K-OPEN	68	00:00:00	**312,0 KM**	+19:25:01	8:44	6.9 (57.5%)
69	**WAWRZYNIAK Monika**	**361**	WF OCR TEAM KOSTRZYN NAD ODRĄ	K-OPEN	69	00:00:00	**312,0 KM**	+19:26:03	8:44	6.9 (57.5%)
70	**KAWCZYŃSKA Maja**	**495**		K-OPEN	70	00:00:00	**312,0 KM**	+19:39:02	8:47	6.8 (56.7%)
71	**STYLSKA Anna**	**450**		K-OPEN	71	00:00:00	**312,0 KM**	+19:42:04	8:47	6.8 (56.7%)
72	**KURKOWIAK Agnieszka**	**280**		K-OPEN	72	00:00:00	**312,0 KM**	+19:47:04	8:48	6.8 (56.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
73	**WINTER Marlena**	**593**		K-OPEN	73	00:00:00	**312,0 KM**	+20:05:00	8:52	6.8 (56.7%)
74	**SZUDERA Kamila**	**75**	SZYSZKI TEAM	K-OPEN	74	00:00:00	**312,0 KM**	+20:20:00	8:55	6.7 (55.8%)
75	**BIAŁAS Agnieszka**	**183**	RR RUNERKI ROMKA	K-OPEN	75	00:00:00	**312,0 KM**	+20:44:03	8:59	6.7 (55.8%)
76	**DĄBROWSKA Anna**	**497**		K-OPEN	76	00:00:00	**312,0 KM**	+20:55:00	9:01	6.6 (55.0%)
77	**KEDZIERSKA Karolina**	**328**		K-OPEN	77	00:00:00	**312,0 KM**	+21:00:02	9:02	6.6 (55.0%)
78	**WOJTAT Halina**	**514**	KOLOROWA DRUŻYNA NESSI	K-OPEN	78	00:00:00	**312,0 KM**	+21:01:04	9:03	6.6 (55.0%)
79	**ANDRZEJCZAK Beata**	**205**	RR RUNNERKI ROMKA	K-OPEN	79	00:00:00	**312,0 KM**	+21:30:05	9:08	6.6 (55.0%)
80	**WĄSIATYCZ Iwona**	**242**		K-OPEN	80	00:00:00	**312,0 KM**	+21:38:04	9:10	6.5 (54.2%)
81	**KEMPISTY Anna**	**17**		K-OPEN	81	00:00:00	**312,0 KM**	+21:48:01	9:11	6.5 (54.2%)
82	**BURGHARDT Renata**	**160**	KB HERMES GRYFINO	K-OPEN	82	00:00:00	**312,0 KM**	+22:26:01	9:19	6.4 (53.3%)
83	**JABŁOŃSKA Wiktoria**	**35**	ŚWIDNICKA GRUPA BIEGOWA	K-OPEN	83	00:00:00	**312,0 KM**	+22:46:04	9:23	6.4 (53.3%)
84	**KLUCZYK-CZARNECKA Dominika**	**111**	BIEGAM BO AŚKA ZMUSZA	K-OPEN	84	00:00:00	**312,0 KM**	+22:52:01	9:24	6.4 (53.3%)
85	**DUDEK Małgorzata**	**96**		K-OPEN	85	00:00:00	**312,0 KM**	+22:57:05	9:25	6.4 (53.3%)
86	**BIAŁKOWSKA Katarzyna**	**253**		K-OPEN	86	00:00:00	**312,0 KM**	+23:05:02	9:26	6.4 (53.3%)
87	**PTASZYŃSKA Agnieszka**	**301**		K-OPEN	87	00:00:00	**312,0 KM**	+23:12:01	9:28	6.3 (52.5%)
88	**SZYMAŃSKA Agnieszka**	**52**	PKO BANK POLSKI	K-OPEN	88	00:00:00	**312,0 KM**	+23:13:05	9:28	6.3 (52.5%)
89	**PODOLAK Iza**	**39**		K-OPEN	89	00:00:00	**312,0 KM**	+23:19:05	9:29	6.3 (52.5%)
90	**KLIMASZEWSKA Teresa**	**115**		K-OPEN	90	00:00:00	**312,0 KM**	+23:34:03	9:32	6.3 (52.5%)
91	**KAMIŃSKA Katarzyna**	**533**		K-OPEN	91	00:00:00	**312,0 KM**	+23:36:03	9:32	6.3 (52.5%)
92	**PASZEK Krystyna**	**291**	DOGOŃ GRODZISK MAZOWIECKI	K-OPEN	92	00:00:00	**312,0 KM**	+23:40:00	9:33	6.3 (52.5%)
93	**CIACHLA Matylda**	**586**		K-OPEN	93	00:00:00	**312,0 KM**	+24:03:04	9:38	6.2 (51.7%)
94	**KACZMAREK Joanna**	**40**		K-OPEN	94	00:00:00	**312,0 KM**	+24:40:04	9:45	6.2 (51.7%)
95	**GIERUS Ilona**	**550**		K-OPEN	95	00:00:00	**312,0 KM**	+24:41:05	9:45	6.1 (50.8%)
96	**KURASIŃSKA Dorota**	**188**		K-OPEN	96	00:00:00	**312,0 KM**	+25:03:03	9:49	6.1 (50.8%)
97	**ROSIŃSKA Karolina**	**585**		K-OPEN	97	00:00:00	**312,0 KM**	+25:45:01	9:57	6 (50.0%)
98	**RUDKO Monika**	**511**		K-OPEN	98	00:00:00	**312,0 KM**	+25:47:00	9:57	6 (50.0%)
99	**LIS Beata**	**249**		K-OPEN	99	00:00:00	**312,0 KM**	+25:51:05	9:58	6 (50.0%)
100	**ŁUTOWICZ Gabriela**	**303**		K-OPEN	100	00:00:00	**312,0 KM**	+25:53:01	9:59	6 (50.0%)
101	**ŁĄCZAK Justyna**	**385**	ASSECO ACTIVE TEAM	K-OPEN	101	00:00:00	**312,0 KM**	+26:05:00	10:01	6 (50.0%)
102	**ZAKRZEWSKA Kasia**	**557**		K-OPEN	102	00:00:00	**312,0 KM**	+26:06:05	10:01	6 (50.0%)
103	**CEBENKO Maria**	**154**	KB HERMES GRYFINO	K-OPEN	103	00:00:00	**312,0 KM**	+26:16:02	10:03	6 (50.0%)
104	**KOSECKA Joanna**	**587**	SAINT-GOBAIN SQUAD	K-OPEN	104	00:00:00	**312,0 KM**	+26:34:01	10:06	5.9 (49.2%)
105	**SAKOWSKA Aneta**	**315**	MARATONKA GRAJEWO	K-OPEN	105	00:00:00	**312,0 KM**	+26:51:05	10:10	5.9 (49.2%)
106	**KOGUTEK Agnieszka**	**196**	KS "SKARBY" ŚRODA ŚLĄSKA	K-OPEN	106	00:00:00	**312,0 KM**	+27:01:05	10:12	5.9 (49.2%)
107	**TARARUJ Edyta**	**19**		K-OPEN	107	00:00:00	**312,0 KM**	+27:09:05	10:13	5.9 (49.2%)
108	**KUZIMSKA Maja**	**457**		K-OPEN	108	00:00:00	**312,0 KM**	+27:15:02	10:14	5.9 (49.2%)
109	**BODNARCZUK Iwona**	**47**	FIZJOBIEGACZE SZCZECIN	K-OPEN	109	00:00:00	**312,0 KM**	+27:30:02	10:17	5.8 (48.3%)
110	**RUDKO Barbara**	**590**		K-OPEN	110	00:00:00	**312,0 KM**	+28:11:00	10:25	5.8 (48.3%)
111	**BŁĄD-WASZKIEWICZ Wanda**	**573**		K-OPEN	111	00:00:00	**312,0 KM**	+28:24:01	10:28	5.7 (47.5%)
112	**KOGUTEK Rozalia**	**198**	KS SKARBY ŚRODA ŚLĄSKA	K-OPEN	112	00:00:00	**312,0 KM**	+28:53:01	10:33	5.7 (47.5%)
113	**ROMAŃSKA Marietta**	**122**		K-OPEN	113	00:00:00	**312,0 KM**	+29:05:04	10:36	5.7 (47.5%)
114	**KLIMKIEWICZ Kaolina**	**182**		K-OPEN	114	00:00:00	**312,0 KM**	+29:12:01	10:37	5.6 (46.7%)
115	**KUPIS Katarzyna**	**8**	K2 TEAM	K-OPEN	115	00:00:00	**312,0 KM**	+29:16:04	10:38	5.6 (46.7%)
116	**GRZYBOWSKA Joanna**	**308**	NCBC	K-OPEN	116	00:00:00	**312,0 KM**	+29:36:02	10:42	5.6 (46.7%)
117	**KRUGIOLKA Renata**	**420**	AKTYWNIE W PNIEWACH	K-OPEN	117	00:00:00	**312,0 KM**	+29:36:03	10:42	5.6 (46.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
118	**NARÓĆ Aneta**	**50**		K-OPEN	118	00:00:00	**312,0 KM**	+29:45:02	10:43	5.6 (46.7%)
119	**KAWCZYŃSKA Hanna**	**496**		K-OPEN	119	00:00:00	**312,0 KM**	+29:51:04	10:44	5.6 (46.7%)
120	**FRUBA Karina**	**380**	STOPA SŁUPSK / KORONA SZCZECIN	K-OPEN	120	00:00:00	**312,0 KM**	+30:09:02	10:48	5.6 (46.7%)
121	**KOGUTEK Zuzanna**	**197**	KS ,,SKARBY" ŚRODA ŚLĄSKA	K-OPEN	121	00:00:00	**312,0 KM**	+30:12:05	10:49	5.5 (45.8%)
122	**LITWINIAK Izabela**	**304**		K-OPEN	122	00:00:00	**312,0 KM**	+30:30:01	10:52	5.5 (45.8%)
123	**FUTYMA Karolina**	**584**	FUTYMKA TEAM	K-OPEN	123	00:00:00	**312,0 KM**	+30:32:04	10:52	5.5 (45.8%)
124	**SAJEWSKA Karolina**	**6**		K-OPEN	124	00:00:00	**312,0 KM**	+31:15:01	11:01	5.4 (45.0%)
125	**TRAWIŃSKA Teresa**	**14**	KOLIBER TEAM	K-OPEN	125	00:00:00	**312,0 KM**	+32:23:05	11:14	5.3 (44.2%)
126	**KOBYLNIK Agata**	**118**		K-OPEN	126	00:00:00	**312,0 KM**	+33:08:02	11:22	5.3 (44.2%)
127	**JASKUŁA Mariola**	**287**		K-OPEN	127	00:00:00	**312,0 KM**	+33:16:00	11:24	5.3 (44.2%)
128	**ANIELSKA Anna**	**289**		K-OPEN	128	00:00:00	**312,0 KM**	+33:21:02	11:25	5.3 (44.2%)
129	**WIEŻEL Hanna**	**54**		K-OPEN	129	00:00:00	**312,0 KM**	+33:24:03	11:25	5.2 (43.3%)
130	**CHROBOCIŃSKA Elżbieta**	**97**		K-OPEN	130	00:00:00	**312,0 KM**	+33:32:02	11:27	5.2 (43.3%)
131	**MALINOWSKA Alicja**	**543**		K-OPEN	131	00:00:00	**312,0 KM**	+33:44:02	11:29	5.2 (43.3%)
132	**DUDA Sylwia**	**203**		K-OPEN	132	00:00:00	**312,0 KM**	+33:57:01	11:32	5.2 (43.3%)
133	**GRUDZIEŃ Monika**	**112**		K-OPEN	133	00:00:00	**312,0 KM**	+35:45:02	11:52	5 (41.7%)
134	**SZEWCZYK Magdalena**	**127**		K-OPEN	134	00:00:00	**312,0 KM**	+37:26:05	12:12	4.9 (40.8%)
135	**CHURZĘPA Ewelina**	**200**		K-OPEN	135	00:00:00	**312,0 KM**	+37:42:02	12:15	4.9 (40.8%)
136	**ZAROBIAK Katarzyna**	**186**		K-OPEN	136	00:00:00	**312,0 KM**	+38:19:01	12:22	4.8 (40.0%)
137	**GRAJ Ewa**	**341**	KB KATORŻNIK MUROWANA GOŚLINA	K-OPEN	137	00:00:00	**312,0 KM**	+38:23:02	12:23	4.8 (40.0%)
138	**MARKIEWICZ Ania**	**425**		K-OPEN	138	00:00:00	**312,0 KM**	+38:24:01	12:23	4.8 (40.0%)
139	**WŁOSIŃSKA Beata**	**278**		K-OPEN	139	00:00:00	**312,0 KM**	+38:54:02	12:29	4.8 (40.0%)
140	**ZOMERFELD Maria**	**413**	KB KROKUS KWIATKOWICE	K-OPEN	140	00:00:00	**312,0 KM**	+38:54:04	12:29	4.8 (40.0%)
141	**PIETRUSZKA Renata**	**357**		K-OPEN	141	00:00:00	**312,0 KM**	+38:59:02	12:30	4.8 (40.0%)
142	**KASPRZAK Beata**	**140**	RUN EXPERT LEJDIS	K-OPEN	142	00:00:00	**312,0 KM**	+39:21:02	12:34	4.8 (40.0%)
143	**SWACHA Anita**	**299**		K-OPEN	143	00:00:00	**312,0 KM**	+39:22:04	12:34	4.8 (40.0%)
144	**MADEJ Dominika**	**211**		K-OPEN	144	00:00:00	**312,0 KM**	+39:31:02	12:36	4.8 (40.0%)
145	**GUZ Sabina**	**436**		K-OPEN	145	00:00:00	**312,0 KM**	+40:09:03	12:43	4.7 (39.2%)
146	**KUŹMIŃSKA Weronika**	**88**		K-OPEN	146	00:00:00	**312,0 KM**	+40:13:05	12:44	4.7 (39.2%)
147	**PIOTROWSKA Gabriela**	**340**		K-OPEN	147	00:00:00	**312,0 KM**	+40:25:00	12:46	4.7 (39.2%)
148	**ROSZKIEWICZ Ewelina**	**383**		K-OPEN	148	00:00:00	**312,0 KM**	+40:28:03	12:47	4.7 (39.2%)
149	**WALENT Marta**	**24**		K-OPEN	149	00:00:00	**312,0 KM**	+40:43:00	12:50	4.7 (39.2%)
150	**PAWŁESA Małgorzata**	**339**		K-OPEN	150	00:00:00	**312,0 KM**	+40:54:00	12:52	4.7 (39.2%)
151	**KRUPAK Emilia**	**265**		K-OPEN	151	00:00:00	**312,0 KM**	+41:07:00	12:54	4.6 (38.3%)
152	**MICHALAK Beata**	**219**		K-OPEN	152	00:00:00	**312,0 KM**	+41:31:04	12:59	4.6 (38.3%)
153	**KUJAWSKA Marcelina**	**517**		K-OPEN	153	00:00:00	**312,0 KM**	+41:32:02	12:59	4.6 (38.3%)
154	**KUCHARCZYK Katarzyna**	**10**	K2 PARTNERS TEAM	K-OPEN	154	00:00:00	**312,0 KM**	+42:49:05	13:14	4.5 (37.5%)
155	**JANCZARSKA-BERGEL Katarzyna**	**70**		K-OPEN	155	00:00:00	**312,0 KM**	+43:08:05	13:18	4.5 (37.5%)
156	**MARENDZIAK Aneta**	**78**		K-OPEN	156	00:00:00	**312,0 KM**	+43:14:02	13:19	4.5 (37.5%)
157	**O-Z Iza**	**181**		K-OPEN	157	00:00:00	**312,0 KM**	+43:16:02	13:19	4.5 (37.5%)
158	**WIĘCKOWSKA Katarzyna**	**482**		K-OPEN	158	00:00:00	**312,0 KM**	+43:39:03	13:24	4.5 (37.5%)
159	**FRYMUS Anna**	**202**		K-OPEN	159	00:00:00	**312,0 KM**	+44:26:05	13:33	4.4 (36.7%)
160	**KUJAWA Joanna**	**390**		K-OPEN	160	00:00:00	**312,0 KM**	+44:40:00	13:35	4.4 (36.7%)
161	**POŹNIAK Aleksandra**	**20**	CENTRUM MEDYCZNE EUROMEDIS	K-OPEN	161	00:00:00	**312,0 KM**	+44:54:04	13:38	4.4 (36.7%)
162	**RĄCZKA Marita**	**124**		K-OPEN	162	00:00:00	**312,0 KM**	+45:15:05	13:42	4.4 (36.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
163	**WRÓBLEWSKA Aleksandra**	**461**		K-OPEN	163	00:00:00	**312,0 KM**	+45:32:02	13:45	4.4 (36.7%)
164	**MATOGA Urszula**	**326**		K-OPEN	164	00:00:00	**312,0 KM**	+46:21:01	13:55	4.3 (35.8%)
165	**SZÓSTAK Wioletta**	**62**		K-OPEN	165	00:00:00	**312,0 KM**	+46:42:01	13:59	4.3 (35.8%)
166	**KASPRZAK Magda**	**7**	RUN EXPERT	K-OPEN	166	00:00:00	**312,0 KM**	+47:30:04	14:08	4.2 (35.0%)
167	**KOZŁOWSKA Bożena**	**147**		K-OPEN	167	00:00:00	**312,0 KM**	+47:37:00	14:09	4.2 (35.0%)
168	**SOROKA Karolina**	**580**		K-OPEN	168	00:00:00	**312,0 KM**	+47:57:00	14:13	4.2 (35.0%)
169	**DROŻDŻAL Olga**	**190**		K-OPEN	169	00:00:00	**312,0 KM**	+48:38:05	14:21	4.2 (35.0%)
170	**SEŃ Agata**	**264**		K-OPEN	170	00:00:00	**312,0 KM**	+49:55:02	14:36	4.1 (34.2%)
171	**KUCZYŃSKA Sylwia**	**172**		K-OPEN	171	00:00:00	**312,0 KM**	+50:46:02	14:46	4.1 (34.2%)
172	**SZAJKOWSKA Ewa**	**529**		K-OPEN	172	00:00:00	**312,0 KM**	+51:22:02	14:53	4 (33.3%)
173	**WĄSIK Gabriela**	**547**	@WĄSIKITEAM	K-OPEN	173	00:00:00	**312,0 KM**	+54:35:01	15:30	3.9 (32.5%)
174	**KUPIS Aleksandra**	**218**		K-OPEN	174	00:00:00	**312,0 KM**	+54:57:04	15:34	3.9 (32.5%)
175	**MARENDZIAK Ewa**	**109**		K-OPEN	175	00:00:00	**312,0 KM**	+55:28:01	15:40	3.8 (31.7%)
176	**BOROWIECKA Joanna**	**312**		K-OPEN	176	00:00:00	**312,0 KM**	+56:16:04	15:49	3.8 (31.7%)
177	**ANTONOWICZ Monika**	**471**		K-OPEN	177	00:00:00	**312,0 KM**	+57:55:02	16:08	3.7 (30.8%)
178	**WITKOWSKA Agnieszka**	**215**		K-OPEN	178	00:00:00	**312,0 KM**	+61:15:00	16:47	3.6 (30.0%)
179	**MRÓZ Magdalena**	**591**	LEJDIS	K-OPEN	179	00:00:00	**312,0 KM**	+62:20:00	16:59	3.5 (29.2%)
180	**RUBAJ Anna**	**506**	SZALONE WILCZYCE	K-OPEN	180	00:00:00	**312,0 KM**	+62:25:05	17:00	3.5 (29.2%)
181	**BINEROWSKA Edyta**	**274**		K-OPEN	181	00:00:00	**312,0 KM**	+65:53:01	17:40	3.4 (28.3%)
182	**KRYSTEK Magdalena**	**456**		K-OPEN	182	00:00:00	**312,0 KM**	+69:42:01	18:24	3.3 (27.5%)
183	**JANKOWSKA Dorota**	**144**	DF COOL RUN	K-OPEN	183	00:00:00	**312,0 KM**	+71:56:00	18:50	3.2 (26.7%)
184	**BOREK Jolanta**	**553**		K-OPEN	184	00:00:00	**312,0 KM**	+78:33:00	20:06	3 (25.0%)
185	**BOREK Magdalena**	**552**		K-OPEN	185	00:00:00	**312,0 KM**	+80:50:00	20:33	2.9 (24.2%)
186	**ULAN Ania**	**21**		K-OPEN	186	00:00:00	**312,0 KM**	+94:08:00	23:06	2.6 (21.7%)
187	**HAŁAS Renata**	**42**	SZYBCIEJ NIE MOFE	K-OPEN	187	00:00:00	**312,0 KM**	+95:29:00	23:22	2.6 (21.7%)
188	**WŁADKOWSKA Agnieszka**	**288**		K-OPEN	188	00:00:00	**312,0 KM**	+97:43:00	23:47	2.5 (20.8%)
189	**LEWANDOWSKA Izabela**	**516**	PANI	K-OPEN	189	00:00:00	**312,0 KM**	+106:07:0	25:24	2.4 (20.0%)
190	**WIERUSZEWSKA Agata**	**319**		K-OPEN	190	00:00:00	**312,0 KM**	+126:49:0	29:23	2 (16.7%)
191	**DMOCHOWSKA Hanna**	**554**		K-OPEN	191	00:00:00	**312,0 KM**	+172:06:0	38:06	1.6 (13.3%)
192	**KANECKA Monika**	**532**		K-OPEN	192	00:00:00	**312,0 KM**	+317:46:0	66:06	0.9 (7.5%)
193	**LEMAŃSKA-BŁAŻOWSKA Elżbieta**	**231**		K-OPEN	193	00:00:00	**305,1 KM**	+118:29:0	28:25	2.1 (17.5%)
194	**KLUCZYK-CZARNECKA Dominika**	**474**	MALBORK	K-OPEN	194	00:00:00	**303,0 KM**	+48:39:04	14:47	4.1 (34.2%)
195	**WOŹNIECKA Karolina**	**65**	BYDGOSZCZ	K-OPEN	195	00:00:00	**302,0 KM**	+03:12:01	5:48	10.3 (85.8%)
196	**BŁASZCZYK Bożena**	**599**	BB TEAM	K-OPEN	196	00:00:00	**282,3 KM**	+65:59:01	19:33	3.1 (25.8%)
197	**KĘDROŃ Karolina**	**220**		K-OPEN	197	00:00:00	**257,1 KM**	+	5:55	10.1 (84.2%)
198	**TERCZEWSKA Małgorzata**	**342**	KOŚCIAN TEAM	K-OPEN	198	00:00:00	**228,1 KM**	+	6:02	9.9 (82.5%)
199	**WALCZAK Natalia**	**365**	PKA	K-OPEN	199	00:00:00	**219,2 KM**	+38:31:02	17:40	3.4 (28.3%)
200	**WASILEWSKA Agata**	**106**		K-OPEN	200	00:00:00	**166,9 KM**	+	6:46	8.9 (74.2%)
201	**DEMBOWSKA Karolina**	**487**		K-OPEN	201	00:00:00	**139,6 KM**	+03:11:04	12:33	4.8 (40.0%)
202	**LUCHCIŃSKA Martyna**	**463**		K-OPEN	202	00:00:00	**138,9 KM**	+	9:12	6.5 (54.2%)
203	**SZYMKOWIAK Natalia**	**572**		K-OPEN	203	00:00:00	**138,2 KM**	+06:21:05	14:03	4.3 (35.8%)
204	**WARKOCZ Monika**	**175**		K-OPEN	204	00:00:00	**134,2 KM**	+14:12:01	17:59	3.3 (27.5%)
205	**LIS-WILKOSZ Anna**	**208**		K-OPEN	205	00:00:00	**131,4 KM**	+04:19:00	13:51	4.3 (35.8%)
206	**KURJATA Anna**	**448**		K-OPEN	206	00:00:00	**130,6 KM**	+02:55:03	13:18	4.5 (37.5%)
207	**KOBUS Ewelina**	**441**	-	K-OPEN	207	00:00:00	**128,4 KM**	+	7:48	7.7 (64.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
208	**CIURUŚ Agnieszka**	**393**		K-OPEN	208	00:00:00	**124,2 KM**	+00:32:01	12:50	4.7 (39.2%)
209	**JAKÓBCZAK Karolina**	**102**		K-OPEN	209	00:00:00	**119,1 KM**	+	12:41	4.7 (39.2%)
210	**MIŁOSŁAWSKA Iga**	**270**		K-OPEN	210	00:00:00	**108,9 KM**	+02:15:01	15:35	3.8 (31.7%)
211	**WIERUSZEWSKA Agata**	**470**		K-OPEN	211	00:00:00	**83,4 KM**	+38:39:00	46:32	1.3 (10.8%)
212	**KUJAWA Katarzyna**	**576**		K-OPEN	212	00:00:00	**66,5 KM**	+	7:27	8 (66.7%)
213	**MICHALEWICZ Katarzyna**	**359**		K-OPEN	213	00:00:00	**58,0 KM**	+	14:42	4.1 (34.2%)
214	**KLIMKIEWICZ Karolina**	**499**	WARSZAWSKIE CENTRUM EXPO XXI	K-OPEN	214	00:00:00	**54,0 KM**	+	15:10	4 (33.3%)
215	**DROŻDŻAL Agnieszka**	**189**		K-OPEN	215	00:00:00	**44,1 KM**	+	16:10	3.7 (30.8%)
216	**BEDNAREK Anna**	**433**		K-OPEN	216	00:00:00	**42,5 KM**	+	19:18	3.1 (25.8%)
217	**PAWLIK Aneta**	**137**		K-OPEN	217	00:00:00	**36,3 KM**	+	7:46	7.7 (64.2%)
218	**BAZELA Marta**	**269**		K-OPEN	218	00:00:00	**24,2 KM**	+	11:01	5.4 (45.0%)
219	**DYLĄG Weronika**	**549**		K-OPEN	219	00:00:00	**21,5 KM**	+	23:41	2.5 (20.8%)
220	**STRZAŁKOWSKA Barbara**	**232**		K-OPEN	220	00:00:00	**6,7 KM**	+	11:36	5.2 (43.3%)
221	**LESZCZYŃSKA Katarzyna**	**201**		K-OPEN	221	00:00:00	**5,8 KM**	+	17:04	3.5 (29.2%)

Znaleziono 221 wynik(ów)