

zaBIEGaj o FUNdusze

Wydarzenie:
Organizator:

Data:
Miejsce:
Dystans:

BIEGU ZABIEGAJ O FUNDUSZE - 10,8 KM

Bieg „zaBIEGaj o FUNdusze”
Urząd Marszałkowski Województwa
Wielkopolskiego w Poznaniu
2019-09-28
Poznań
10.8 km

B4SPORT



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lap 5.4km	Czas netto 10.8km	Różn	Tempo min/km	Tempo km/h
1	OLIJNYK Paweł	191		M30-39	1	00:17:23	00:36:24.50		3:22	17.8 (100%)
2	ŁUCYK Maciej	624	MARATOŃCZYK POZNAŃ	M30-39	2	00:18:19	00:37:33.65	+00:01:09 (3.1%)	3:28	17.2 (96.6%)
3	STARSZAK Marcin	78		M30-39	3	00:19:22	00:38:41.30	+00:02:16 (5.9%)	3:34	16.8 (94.4%)
4	BLAHODIR Yuriy	7		M30-39	4	00:18:28	00:39:19.15	+00:02:54 (7.4%)	3:38	16.5 (92.7%)
5	GEHRKE Robert	49		M30-39	5	00:19:22	00:39:21.30	+00:02:56 (7.5%)	3:38	16.5 (92.7%)
6	ORŁOWSKI Marcin	196	DĄBROWSKI TEAM	M30-39	6	00:19:47	00:39:52.95	+00:03:28 (8.7%)	3:41	16.2 (91.0%)
7	SZYMCZAK Wojciech	329	PARAGRAF	M30-39	7	00:20:03	00:40:39.45	+00:04:14 (10.5%)	3:45	15.9 (89.3%)
8	ZODROW Norbert	252		M16-29	1	00:20:12	00:40:41.65	+00:04:17 (10.5%)	3:46	15.9 (89.3%)
9	ZIEMBIŃSKI Grzegorz	537	REHAU CROSSACTIVE	M30-39	8	00:20:40	00:40:50.95	+00:04:26 (10.9%)	3:46	15.9 (89.3%)
10	HARKIEWICZ Piotr	109	NARAMOWICE BIEGAJA / ODDYCHAJSWODNIE.PL	M30-39	9	00:21:02	00:42:09.00	+00:05:44 (13.6%)	3:54	15.4 (86.5%)
11	CHWIROT Kazimierz	454	KM LWÓWEK WLKP.	M40-49	1	00:21:04	00:42:36.65	+00:06:12 (14.6%)	3:56	15.2 (85.4%)
12	LISEK Mieczysław	453	KMT	M50+	1	00:21:04	00:42:44.30	+00:06:19 (14.8%)	3:57	15.2 (85.4%)
13	FELLENBERG Tomasz	113	MOJEBIEGANIE.PL	M30-39	10	00:21:36	00:42:50.85	+00:06:26 (15.0%)	3:58	15.1 (84.8%)
14	ŁAWNICZAK Tomasz	241	DRUŻYNA SZPIKU	M30-39	11	00:21:17	00:43:09.90	+00:06:45 (15.7%)	3:59	15 (84.3%)
15	KOŁOMIEC Krystyna	2	SZYBKIE ŚLIMAKI	K16-29	1	00:21:37	00:44:05.85	+00:07:41 (17.4%)	4:04	14.7 (82.6%)
16	KAŻMIERCZAK Piotr	93	NARAMOWICE BIEGAJĄ	M40-49	2	00:21:53	00:44:24.60	+00:08:00 (18.0%)	4:06	14.6 (82.0%)
17	MICHALIK Marcin	299		M30-39	12	00:22:03	00:45:09.00	+00:08:44 (19.4%)	4:10	14.4 (80.9%)
18	KOCZOROWSKI Jakub	289	PARKRUN POZNAŃ	M40-49	3	00:22:25	00:45:22.15	+00:08:57 (19.8%)	4:12	14.3 (80.3%)
19	JÓŹWIAK Tomasz	353		M16-29	2	00:22:16	00:45:33.75	+00:09:09 (20.1%)	4:13	14.2 (79.8%)
20	KRÓL Darek	498	HERNIK TEAM	M50+	2	00:22:39	00:45:42.80	+00:09:18 (20.4%)	4:13	14.2 (79.8%)
21	DI MARINO Massimo	200		M40-49	4	00:22:35	00:46:04.55	+00:09:40 (21.0%)	4:16	14.1 (79.2%)
22	SKÓRNICKI Leszek	216	NIGHT RUNNERS	M40-49	5	00:22:42	00:46:06.25	+00:09:41 (21.0%)	4:16	14.1 (79.2%)
23	BEDNARKIEWICZ Patryk	469		M16-29	3	00:23:08	00:46:10.35	+00:09:45 (21.1%)	4:16	14 (78.7%)
24	PUCHALSKI Maciej	123	ODDYCHAJSWOBODNIE.PL	M30-39	13	00:23:16	00:46:40.60	+00:10:16 (22.0%)	4:19	13.9 (78.1%)
25	NIEDZIELSKI Roman	614	BS TRUCHTACZDOBRYCYA	M30-39	14	00:22:53	00:46:41.20	+00:10:16 (22.0%)	4:19	13.9 (78.1%)
26	MIKOŁAJCZAK Jakub	59		M16-29	4	00:23:28	00:47:10.50	+00:10:46 (22.8%)	4:22	13.7 (77.0%)
27	MAJEWSKI Maciej	485		M50+	3	00:23:21	00:47:18.95	+00:10:54 (23.1%)	4:22	13.7 (77.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lap 5.4km	Czas		Tempo min/km	Tempo km/h
							netto 10.8km	Różn		
28	CIESIELSKI Sebastian	415	KIBOLE W BIEGU / PAKIECIARZE TEAM	M40-49	6	00:23:26	00:47:21.05	+00:10:56 (23.1%)	4:23	13.7 (77.0%)
29	GALICA Bartosz	685	WE LOVE TO DEVELOP SOFTWARE	M40-49	7	00:24:10	00:47:21.30	+00:10:56 (23.1%)	4:23	13.7 (77.0%)
30	NAPIERAŁA Marcin	404	PIĄTKOWO NA BIEGOWO	M30-39	15	00:22:34	00:47:25.55	+00:11:01 (23.2%)	4:23	13.7 (77.0%)
31	ANTKOWIAK Michał	118	MUAY RUNNING TEAM	M30-39	16	00:24:23	00:47:33.50	+00:11:09 (23.4%)	4:24	13.6 (76.4%)
32	ZIELIŃSKI Robert	370	LUBOŃSKI KLUB BIEGACZA	M40-49	8	00:24:00	00:47:40.65	+00:11:16 (23.6%)	4:24	13.6 (76.4%)
33	GOLCZAK Sebastian	420	GRZMOT KOMORNIKI	M40-49	9	00:23:40	00:47:41.80	+00:11:17 (23.7%)	4:25	13.6 (76.4%)
34	CICHY Mateusz	694	WOLA POZNAŃ	M16-29	5	00:24:02	00:48:16.55	+00:11:52 (24.6%)	4:28	13.4 (75.3%)
35	KRÓLIK Dariusz	134	PTKWO TEAM	M30-39	17	00:24:03	00:48:20.55	+00:11:56 (24.7%)	4:28	13.4 (75.3%)
36	CZACZYK Łukasz	418	1988	M30-39	18	00:24:29	00:48:22.45	+00:11:57 (24.7%)	4:28	13.4 (75.3%)
37	SROKA Marcin	335		M40-49	10	00:23:55	00:48:29.35	+00:12:04 (24.9%)	4:29	13.4 (75.3%)
38	KABZINSKI Leszek	676		M30-39	19	00:24:12	00:48:29.90	+00:12:05 (24.9%)	4:29	13.4 (75.3%)
39	PIETRASZ Dagmara	117		K30-39	1	00:24:16	00:48:44.05	+00:12:19 (25.3%)	4:30	13.3 (74.7%)
40	ŚPITALNIAK Katarzyna	68	RUNNERSCLUB	K16-29	2	00:24:31	00:48:48.75	+00:12:24 (25.4%)	4:31	13.3 (74.7%)
41	KASPERCZAK Karolina	242	ZABIEGANY SZAMOCIN	K16-29	3	00:24:39	00:48:57.15	+00:12:32 (25.6%)	4:31	13.2 (74.2%)
42	PASTERNAK Piotr	662		M16-29	6	00:24:38	00:48:57.25	+00:12:32 (25.6%)	4:31	13.2 (74.2%)
43	GRZYWACZYK Artur	127	#BIEGACZE	M50+	4	00:24:29	00:48:59.45	+00:12:34 (25.7%)	4:32	13.2 (74.2%)
44	HARKIEWICZ Wiola	112	NARAMOWICE BIEGAJA / ODDYCHAJSWOBODNIE.PL	K30-39	2	00:24:19	00:49:02.20	+00:12:37 (25.8%)	4:32	13.2 (74.2%)
45	KRAWCZYK Konrad	99		M30-39	20	00:24:44	00:49:18.00	+00:12:53 (26.1%)	4:33	13.1 (73.6%)
46	MAĆZYŃSKA Ewa	652	E-FIZJO TEAM	K30-39	3	00:24:10	00:49:33.70	+00:13:09 (26.5%)	4:35	13.1 (73.6%)
47	KINASTOWSKI Krystian	188		M40-49	11	00:25:00	00:49:45.00	+00:13:20 (26.8%)	4:36	13 (73.0%)
48	SZKÓDLIŃSKI Bartosz	110	ODDYCHAJSWOBODNIE.PL	M40-49	12	00:24:50	00:49:46.80	+00:13:22 (26.9%)	4:36	13 (73.0%)
49	NOWAK Maciej	8		M40-49	13	00:24:26	00:49:53.60	+00:13:29 (27.0%)	4:37	13 (73.0%)
50	WALKOWIAK Joanna	86	MUAY RUNNING TEAM	K30-39	4	00:25:01	00:50:17.85	+00:13:53 (27.6%)	4:39	12.9 (72.5%)
51	KACZMAREK Grzegorz	166		M30-39	21	00:25:57	00:50:19.05	+00:13:54 (27.6%)	4:39	12.9 (72.5%)
52	UJEJSKA Danuta	441	LUCKY LUKI	K40-49	1	00:25:03	00:50:23.75	+00:13:59 (27.8%)	4:40	12.9 (72.5%)
53	WELTROWSKI Grzegorz	334		M40-49	14	00:26:04	00:51:22.25	+00:14:57 (29.1%)	4:45	12.6 (70.8%)
54	WOJTASZEK Maciej	424		M40-49	15	00:26:02	00:52:05.15	+00:15:40 (30.1%)	4:49	12.4 (69.7%)
55	JANKOWIAK Marcin	4		M30-39	22	00:26:55	00:52:28.40	+00:16:03 (30.6%)	4:51	12.4 (69.7%)
56	TWAROWSKI Wojciech	145		M30-39	23	00:26:13	00:52:34.25	+00:16:09 (30.7%)	4:52	12.3 (69.1%)
57	CICHA Ania	51	PCH RUN	K30-39	5	00:26:19	00:52:34.65	+00:16:10 (30.8%)	4:52	12.3 (69.1%)
58	JAWORSKI Adam	167		M50+	5	00:25:57	00:52:40.40	+00:16:15 (30.9%)	4:52	12.3 (69.1%)
59	ZIELIŃSKA Justyna	369	LUBOŃSKI KLUB BIEGACZA	K40-49	2	00:26:17	00:52:50.85	+00:16:26 (31.1%)	4:53	12.3 (69.1%)
60	NOWACKA Małgorzata	542		K30-39	6	00:26:26	00:52:59.70	+00:16:35 (31.3%)	4:54	12.2 (68.5%)
61	ANTKOWIAK Monika	116	MUAY RUNNING TEAM	K30-39	7	00:27:05	00:53:13.00	+00:16:48 (31.6%)	4:55	12.2 (68.5%)
62	RZONSOWSKI Piotr	618	ROZBIEGANIE BIEDRUSKO	M30-39	24	00:25:29	00:53:19.70	+00:16:55 (31.7%)	4:56	12.2 (68.5%)
63	WALCZAK Natalia	438	WATAHA	K40-49	3	00:26:31	00:53:25.40	+00:17:00 (31.8%)	4:56	12.1 (68.0%)
64	PIAZDECKA Anna	53		K40-49	4	00:26:55	00:53:31.95	+00:17:07 (32.0%)	4:57	12.1 (68.0%)
65	WŁOSZYŃSKI Marek	684	LUBOŃ	M40-49	16	00:26:55	00:53:57.55	+00:17:33 (32.5%)	4:59	12 (67.4%)
66	ZIELONKA Witold	170	POZNAŃ	M40-49	17	00:26:34	00:54:24.90	+00:18:00 (33.1%)	5:02	11.9 (66.9%)
67	GRESER Artur	164	ORGANICTEAM	M40-49	18	00:26:23	00:54:26.30	+00:18:01 (33.1%)	5:02	11.9 (66.9%)
68	RATAJCZAK Krzysztof	634		M40-49	19	00:27:07	00:54:32.60	+00:18:08 (33.2%)	5:02	11.9 (66.9%)
69	PRZYBYTKOWSKI Krzysztof	332		M40-49	20	00:27:42	00:54:34.90	+00:18:10 (33.3%)	5:03	11.9 (66.9%)
70	GUMULA Paulina	262	BRANŻOWA SZKOŁA I ST. NR 42 POZNAŃ	K30-39	8	00:27:11	00:54:44.50	+00:18:20 (33.5%)	5:04	11.8 (66.3%)
71	PTASZYŃSKI Jan	492	OSIEDLE ROZALIN W LUSÓWKU	M50+	6	00:26:28	00:55:07.20	+00:18:42 (33.9%)	5:06	11.8 (66.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lap 5.4km	Czas		Tempo min/km	Tempo km/h
							netto 10.8km	Różn		
72	BRZOSKA Katarzyna	601		K40-49	5	00:27:22	00:55:14.35	+00:18:49 (34.1%)	5:06	11.7 (65.7%)
73	WAŚKO Adam	304		M40-49	21	00:27:39	00:55:18.60	+00:18:54 (34.2%)	5:07	11.7 (65.7%)
74	ELLMANN Leszek	148	DIRTYSPARROWS	M16-29	7	00:24:59	00:55:29.50	+00:19:05 (34.4%)	5:08	11.7 (65.7%)
75	KOLANSKI Bartosz	578	RUN FOR JFK	M40-49	22	00:27:31	00:55:40.85	+00:19:16 (34.6%)	5:09	11.6 (65.2%)
76	ORLICKI Michał	488	RAMIRENT	M30-39	25	00:27:08	00:55:43.10	+00:19:18 (34.7%)	5:09	11.6 (65.2%)
77	TUREK Maciej	545		M30-39	26	00:27:24	00:55:50.85	+00:19:26 (34.8%)	5:10	11.6 (65.2%)
78	ROROT Wojciech	550		M40-49	23	00:26:07	00:55:53.10	+00:19:28 (34.9%)	5:10	11.6 (65.2%)
79	PREJS Kamil	294		M40-49	24	00:27:28	00:55:54.70	+00:19:30 (34.9%)	5:10	11.6 (65.2%)
80	RATAJCZAK Dariusz	95	HERNIKTEAM	M40-49	25	00:28:02	00:55:57.40	+00:19:32 (34.9%)	5:10	11.6 (65.2%)
81	BIALOSKORSKA Olga	696		K50+	1	00:27:19	00:55:59.20	+00:19:34 (35.0%)	5:11	11.6 (65.2%)
82	BARTKOWIAK Łukasz	444	OMMŁ TEAM / R-TEAM	M40-49	26	00:24:47	00:56:05.30	+00:19:40 (35.1%)	5:11	11.6 (65.2%)
83	MAĆKOWIAK Adrian	85	ANONIMOWI BIEGACZE	M30-39	27	00:27:32	00:56:10.10	+00:19:45 (35.2%)	5:12	11.5 (64.6%)
84	KOZIARA Krystyna	245		K50+	2	00:27:28	00:56:13.40	+00:19:48 (35.2%)	5:12	11.5 (64.6%)
85	JABOUR Sylwia	174	ORGANIC FITNESS TEAM	K16-29	4	00:26:59	00:56:16.95	+00:19:52 (35.3%)	5:12	11.5 (64.6%)
86	ROGALIŃSKI Jarosław	487	EKIPA UMWW	M40-49	27	00:28:46	00:56:23.80	+00:19:59 (35.4%)	5:13	11.5 (64.6%)
87	WALCZAK Tomasz	427	PCH_RUN	M40-49	28	00:28:03	00:56:34.20	+00:20:09 (35.6%)	5:14	11.5 (64.6%)
88	PUCHALSKA Paulina	349		K30-39	9	00:27:11	00:56:37.75	+00:20:13 (35.7%)	5:14	11.4 (64.0%)
89	BOROWSKI Bartosz	659		M40-49	29	00:28:17	00:56:44.60	+00:20:20 (35.8%)	5:15	11.4 (64.0%)
90	SKIBIŃSKA Justyna	422	PCH_RUN	K40-49	6	00:28:04	00:56:58.85	+00:20:34 (36.1%)	5:16	11.4 (64.0%)
91	PIŚMIENNY Mieszko	207	WW TEAM	M30-39	28	00:26:58	00:56:59.40	+00:20:34 (36.1%)	5:16	11.4 (64.0%)
92	SOMMERFELD Marcin	126	TEAM ALBEDO	M16-29	8	00:27:45	00:57:12.55	+00:20:48 (36.4%)	5:17	11.3 (63.5%)
93	WOLNIAK Andrzej	169		M50+	7	00:28:19	00:57:20.20	+00:20:55 (36.5%)	5:18	11.3 (63.5%)
94	WOJCIECHOWSKI Andrzej	513		M40-49	30	00:28:23	00:57:37.85	+00:21:13 (36.8%)	5:20	11.2 (62.9%)
95	KURASZKIEWICZ Rafał	603		M30-39	29	00:27:30	00:57:39.80	+00:21:15 (36.9%)	5:20	11.2 (62.9%)
96	UJEJSKI Robert	443		M50+	8	00:27:53	00:57:46.25	+00:21:21 (37.0%)	5:20	11.2 (62.9%)
97	MUSIELAK Adam	540	PGB SPORTOWA PACZKA	M30-39	30	00:28:58	00:57:49.90	+00:21:25 (37.0%)	5:21	11.2 (62.9%)
98	SZYMCZAK Krzysztof	154	ORGANIC TEAM	M30-39	31	00:28:05	00:57:50.70	+00:21:26 (37.1%)	5:21	11.2 (62.9%)
99	DUDA Jadwiga	129	#BIEGACZE	K50+	3	00:27:59	00:57:56.30	+00:21:31 (37.2%)	5:21	11.2 (62.9%)
100	ADAMCZAK Sebastian	147	PTKWO TEAM	M30-39	32	00:28:36	00:57:57.35	+00:21:32 (37.2%)	5:21	11.2 (62.9%)
101	WITKOWSKI Marcin	336	CZARNE STOPY	M40-49	31	00:29:54	00:58:10.75	+00:21:46 (37.4%)	5:23	11.1 (62.4%)
102	CZEKALSKA Daria	210		K30-39	10	00:29:04	00:58:14.10	+00:21:49 (37.5%)	5:23	11.1 (62.4%)
103	CZEKALSKI Piotr	209	LODOŻERCY CHODZIEŻ	M30-39	33	00:29:04	00:58:14.30	+00:21:49 (37.5%)	5:23	11.1 (62.4%)
104	SZMATUŁA Elżbieta	69		K16-29	5	00:29:05	00:58:14.85	+00:21:50 (37.5%)	5:23	11.1 (62.4%)
105	MONDRA Joanna	1		K16-29	6	00:28:24	00:58:15.35	+00:21:50 (37.5%)	5:23	11.1 (62.4%)
106	OLTMANN Paweł	263	BRANŻOWA SZKOŁA 1STOPNIANR 42 W POZNANIU	M16-29	9	00:28:37	00:58:15.85	+00:21:51 (37.5%)	5:23	11.1 (62.4%)
107	KWAŚNY Tomasz	267		M40-49	32	00:29:12	00:58:19.95	+00:21:55 (37.6%)	5:24	11.1 (62.4%)
108	LEHWARK Marcin	502	DRUŻYNA SZPIKU	M40-49	33	00:28:14	00:58:22.10	+00:21:57 (37.6%)	5:24	11.1 (62.4%)
109	CHOJNIAK Wiesław	94		M40-49	34	00:29:04	00:58:25.00	+00:22:00 (37.7%)	5:24	11.1 (62.4%)
110	PRZYBYLSKA - KACZMAREK Wioletta	568	GRUNWALD	K30-39	11	00:28:27	00:58:47.95	+00:22:23 (38.1%)	5:26	11 (61.8%)
111	SALITA Lech	257	ALTOM GNIEZNO	M50+	9	00:29:34	00:58:54.25	+00:22:29 (38.2%)	5:27	11 (61.8%)
112	BARCIK Łukasz	658		M30-39	34	00:28:17	00:58:59.50	+00:22:35 (38.3%)	5:27	11 (61.8%)
113	SAJNA Piotr	213		M30-39	35	00:29:12	00:59:08.35	+00:22:43 (38.4%)	5:28	11 (61.8%)
114	AYARI Anis	340	TUNISIA FOREVER	M16-29	10	00:30:03	00:59:15.80	+00:22:51 (38.6%)	5:29	10.9 (61.2%)
115	GIERSEWSKI Mateusz	290		M30-39	36	00:29:44	00:59:28.10	+00:23:03 (38.8%)	5:30	10.9 (61.2%)

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							netto 10.8km	Różn		
116	MUSZYŃSKI Paweł	204	ZALASEWO ZAIWANIA	M40-49	35	00:29:14	00:59:30.20	+00:23:05 (38.8%)	5:30	10.9 (61.2%)
117	WASIELEWSKA Agnieszka	665		K16-29	7	00:29:58	00:59:31.05	+00:23:06 (38.8%)	5:30	10.9 (61.2%)
118	JÓZEFczyk Justyna	408	PIĄTKOWO NA BIEGOWO	K30-39	12	00:29:15	00:59:31.15	+00:23:06 (38.8%)	5:30	10.9 (61.2%)
119	PUCHALSKA Elżbieta	273	_	K40-49	7	00:29:54	00:59:58.75	+00:23:34 (39.3%)	5:33	10.8 (60.7%)
120	HARASIMOWICZ Hanna	413	WSZYSTKO O BIEGANIU	K30-39	13	00:29:31	01:00:10.90	+00:23:46 (39.5%)	5:34	10.8 (60.7%)
121	WITKOWSKI Michał	387	RAKSOPOL	M30-39	37	00:30:29	01:00:12.10	+00:23:47 (39.5%)	5:34	10.8 (60.7%)
122	OLEJNIK Janusz	693		M50+	10	00:29:35	01:00:13.40	+00:23:48 (39.5%)	5:34	10.8 (60.7%)
123	MATUSZCZAK Jędrzej	70		M30-39	38	00:29:37	01:00:58.65	+00:24:34 (40.3%)	5:38	10.6 (59.6%)
124	KUBCZYK Zdzisław	168		M50+	11	00:29:50	01:01:01.45	+00:24:36 (40.3%)	5:38	10.6 (59.6%)
125	KWARTA Dobrochna	692	CZERWONAK BIEGA	K16-29	8	00:31:05	01:01:14.40	+00:24:49 (40.5%)	5:40	10.6 (59.6%)
126	KOCZOROWSKI Robert	700		M30-39	39	00:29:54	01:01:18.30	+00:24:53 (40.6%)	5:40	10.6 (59.6%)
127	CZARNECKA Danuta	72	PCH_RUN	K50+	4	00:29:35	01:01:30.85	+00:25:06 (40.8%)	5:41	10.5 (59.0%)
128	DĄBROWSKI Jerzy	579		M50+	12	00:30:00	01:01:36.45	+00:25:11 (40.9%)	5:42	10.5 (59.0%)
129	WOGA Dawid	283	DRUŻYNA SZPIKU	M16-29	11	00:30:26	01:01:37.45	+00:25:12 (40.9%)	5:42	10.5 (59.0%)
130	LEPIECH Anita	296	KB MANIAC POZNAŃ	K30-39	14	00:33:25	01:02:09.15	+00:25:44 (41.4%)	5:45	10.4 (58.4%)
131	MIELCZAREK Lidia	302		K30-39	15	00:30:43	01:02:11.00	+00:25:46 (41.5%)	5:45	10.4 (58.4%)
132	RYBA Agata	608	KS KROTOSZ KROTOSZYN	K30-39	16	00:30:54	01:03:21.90	+00:26:57 (42.5%)	5:52	10.2 (57.3%)
133	SOBKOWIAK Monika	683	KS KROTOSZ KROTOSZYN	K30-39	17	00:30:53	01:03:22.35	+00:26:57 (42.5%)	5:52	10.2 (57.3%)
134	RYBA Wojciech	609	KS KROTOSZ KROTOSZYN	M30-39	40	00:30:53	01:03:22.65	+00:26:58 (42.6%)	5:52	10.2 (57.3%)
135	MODRZYŃSKA Elżbieta	486	R-TEAM	K30-39	18	00:31:42	01:04:03.30	+00:27:38 (43.2%)	5:55	10.1 (56.7%)
136	NOWAK Marta	421	PCH RUN	K30-39	19	00:32:12	01:04:06.20	+00:27:41 (43.2%)	5:56	10.1 (56.7%)
137	WALCZAK Małgorzata	426	PCH_RUN	K40-49	8	00:32:13	01:04:06.50	+00:27:42 (43.2%)	5:56	10.1 (56.7%)
138	KOSTECKA Martyna	468	M&M'S	K30-39	20	00:32:27	01:04:44.15	+00:28:19 (43.8%)	5:59	10 (56.2%)
139	PIETRZAK Michał	467	M&M'S	M30-39	41	00:32:28	01:04:44.90	+00:28:20 (43.8%)	5:59	10 (56.2%)
140	HERKT Dawid	436		M16-29	12	00:31:54	01:06:03.70	+00:29:39 (44.9%)	6:07	9.8 (55.1%)
141	BERCZYŃSKI Andrzej	39	WIELKOPOLSCY BIEGACZE	M40-49	36	00:31:58	01:07:12.80	+00:30:48 (45.8%)	6:13	9.6 (53.9%)
142	MADEJ Dorota	435		K16-29	9	00:32:19	01:07:14.15	+00:30:49 (45.8%)	6:13	9.6 (53.9%)
143	BEDNARKIEWICZ Jakub	506		M16-29	13	00:32:40	01:07:27.70	+00:31:03 (46.0%)	6:14	9.6 (53.9%)
144	BRODNICKI Damian	298	KB MANIAC POZNAŃ	M30-39	42	00:33:26	01:09:24.75	+00:33:00 (47.5%)	6:25	9.3 (52.2%)
145	BARTKOWIAK Monika	445	OMMŁ TEAM / R-TEAM	K40-49	9	00:34:24	01:09:31.00	+00:33:06 (47.6%)	6:26	9.3 (52.2%)
146	WARKOCKA Agnieszka	595		K40-49	10	00:33:23	01:10:00.70	+00:33:36 (48.0%)	6:28	9.3 (52.2%)
147	SMUSZKIEWICZ Kasia	482	SŁOWIK-TEAM	K30-39	21	00:34:51	01:10:30.15	+00:34:05 (48.4%)	6:31	9.2 (51.7%)
148	WOJCIECHOWSKI Tomasz	483	SŁOWIK-TEAM	M40-49	37	00:34:50	01:10:30.65	+00:34:06 (48.4%)	6:31	9.2 (51.7%)
149	WARKOCKI Mariusz	594		M40-49	38	00:33:40	01:10:38.90	+00:34:14 (48.5%)	6:32	9.2 (51.7%)
150	MAREK Magda	412		K40-49	11	00:34:19	01:10:50.25	+00:34:25 (48.6%)	6:33	9.1 (51.1%)
151	WITKOWSKI Marek	391	BIEGNĘ DLA WERKI I KASI :-)	M30-39	43	00:36:30	01:16:05.80	+00:39:41 (52.2%)	7:02	8.5 (47.8%)
152	KOZAK Krystyna	471	LOB	K50+	5	00:37:37	01:16:12.50	+00:39:48 (52.2%)	7:03	8.5 (47.8%)
153	BARCIK Anna	657		K30-39	22	00:36:08	01:16:20.25	+00:39:55 (52.3%)	7:04	8.5 (47.8%)
154	CZAPCZYK Maciej	18		M30-39	44	00:32:48		+00:15:24	6:04	9.9 (55.6%)
155	SZCZEPANIAK Klaudia	462	WATAHA	K30-39	23	00:40:44		+00:23:20	7:32	8 (44.9%)
156	GOSK Tomasz	543	SŁOWIK-TEAM	M40-49	39					(0.0%)

Znaleziono 156 wynik(ów)