

zaBIEGaj o FUNdusze

Wydarzenie:
Organizator:

Data:
Miejsce:
Dystans:

BIEGU ZABIEGAJ O FUNDUSZE - 5,4 KM

Bieg „zaBIEGaj o FUNdusze”
Urząd Marszałkowski Województwa
Wielkopolskiego w Poznaniu
Poznań
5.4 km

B4SPORT



Klasyfikacja: K-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5.4km	Różn	Tempo min/km	Tempo km/h
1	BRZOZOWSKA Monika	176	CZERWONAK BIEGA	K30-39	1	00:19:45.20		3:39	16.4 (100%)
2	KĘDZIORA Magdalena	414	GORUNNING TEAM	K16-29	1	00:22:24.30	+00:02:39 (11.8%)	4:09	14.5 (88.4%)
3	JAWORSKA Magdalena	42	GB WIELKOPOLSCY BIEGACZE/ TEAM KGB	K40-49	1	00:22:24.85	+00:02:39 (11.9%)	4:08	14.5 (88.4%)
4	WIŚNIEWSKA Anna	499	HERNIK TEAM	K30-39	2	00:23:26.10	+00:03:40 (15.7%)	4:20	13.8 (84.1%)
5	MIELECKA Agnieszka	647	KS IDMAR RACING TEAM	K50+	1	00:23:29.10	+00:03:43 (15.9%)	4:20	13.8 (84.1%)
6	SZYMCZAK Joanna	328		K16-29	2	00:23:32.60	+00:03:47 (16.1%)	4:21	13.8 (84.1%)
7	NYCZ Joanna	97	SUCHY LAS BIEGA	K30-39	3	00:24:38.95	+00:04:53 (19.9%)	4:33	13.1 (79.9%)
8	MAY-ADAMEK Katarzyna	303		K40-49	2	00:25:06.00	+00:05:20 (21.3%)	4:38	12.9 (78.7%)
9	SUSMARSKA Ewa	60	MUAY RUNNING TEAM	K16-29	3	00:25:25.35	+00:05:40 (22.3%)	4:42	12.7 (77.4%)
10	KWAŚNA Marzena	371	SPP TEAM	K40-49	3	00:25:41.45	+00:05:56 (23.1%)	4:45	12.6 (76.8%)
11	KNIAT Joanna	111	BLOGOBIEGANIU.COM	K30-39	4	00:25:49.85	+00:06:04 (23.5%)	4:47	12.5 (76.2%)
12	DAJERLING Monika	13	MARATOŃCZYK POZNAŃ	K40-49	4	00:26:08.20	+00:06:23 (24.4%)	4:50	12.4 (75.6%)
13	SIP Marta	321	HERNIK TEAM	K16-29	4	00:26:08.85	+00:06:23 (24.5%)	4:50	12.4 (75.6%)
14	NOWACKA Helena	580	GRUNWALD TEAM POZNAŃ	K16-29	5	00:26:18.15	+00:06:32 (24.9%)	4:52	12.3 (75.0%)
15	WILCZYŃSKA Beata	358		K16-29	6	00:26:24.70	+00:06:39 (25.2%)	4:53	12.3 (75.0%)
16	SMIERZCHAŁA Marta	120	PĘDZĄCE LENIWCE	K30-39	5	00:26:26.25	+00:06:41 (25.3%)	4:53	12.3 (75.0%)
17	ŻAK Małgorzata	605		K30-39	6	00:26:47.15	+00:07:01 (26.3%)	4:57	12.1 (73.8%)
18	PUCHALSKA Magdalena	128	ODDYCHAJSWOBODNIE.PL	K30-39	7	00:26:50.85	+00:07:05 (26.4%)	4:58	12.1 (73.8%)
19	MOŻUCH Klaudia	666	MUAY RUNNING TEAM	K30-39	8	00:26:51.70	+00:07:06 (26.5%)	4:58	12.1 (73.8%)
20	PIŚMIENNA Katarzyna	208	WW TEAM	K30-39	9	00:26:58.10	+00:07:12 (26.8%)	4:59	12 (73.2%)
21	MATYJASIK-LEWANDOWSKA Ewelina	314	HERNIK TEAM	K30-39	10	00:27:02.35	+00:07:17 (26.9%)	5:00	12 (73.2%)
22	NOWAKOWSKA-ĆWIKŁA Agnieszka	409	PIĄTKOWO NA BIEGOWO	K40-49	5	00:27:03.20	+00:07:18 (27.0%)	5:00	12 (73.2%)
23	NOWAK Iza	135	TEAM DZIKIEJ KUNY	K40-49	6	00:27:27.00	+00:07:41 (28.0%)	5:05	11.8 (72.0%)
24	RADOSZ Karina	503	EUROVENT ATHLETICS	K30-39	11	00:27:31.10	+00:07:45 (28.2%)	5:05	11.8 (72.0%)
25	EGGERT-ADAMSKA Kaja	669	KAKTUSOWE PRZYGODY	K16-29	7	00:27:32.50	+00:07:47 (28.3%)	5:05	11.8 (72.0%)
26	JĘDROWSKA Katarzyna	465	KS HADES	K16-29	8	00:27:32.80	+00:07:47 (28.3%)	5:06	11.8 (72.0%)
27	PAŁKA Patrycja	527		K16-29	9	00:27:33.25	+00:07:48 (28.3%)	5:06	11.8 (72.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto	Różn	Tempo min/km	Tempo km/h
						5.4km			
28	KRÓL Ewa	610		K30-39	12	00:27:41.35	+00:07:56 (28.7%)	5:07	11.7 (71.3%)
29	WASZYK Anita	61	MUAY RUNNING TEAM	K30-39	13	00:27:52.25	+00:08:07 (29.1%)	5:09	11.6 (70.7%)
30	JARMUDA Justyna	184		K30-39	14	00:27:57.85	+00:08:12 (29.4%)	5:10	11.6 (70.7%)
31	MICHALSKA Agnieszka	561		K30-39	15	00:27:58.70	+00:08:13 (29.4%)	5:10	11.6 (70.7%)
32	ZARZECZAŃSKA-JANASIK Blanka	393		K30-39	16	00:28:00.20	+00:08:15 (29.5%)	5:11	11.6 (70.7%)
33	GRAJ Ewa	552		K40-49	7	00:28:02.40	+00:08:17 (29.6%)	5:11	11.6 (70.7%)
34	SKRZYPKOWIAK Kamila	275		K40-49	8	00:28:05.40	+00:08:20 (29.7%)	5:12	11.5 (70.1%)
35	KUPCZAK Monika	350	HERNIK TEAM	K16-29	10	00:28:16.70	+00:08:31 (30.1%)	5:14	11.5 (70.1%)
36	MICHALSKA Wisenna	575	TORPOL RACING TEAM	K30-39	17	00:28:24.00	+00:08:38 (30.4%)	5:15	11.4 (69.5%)
37	SZCZĘSNA Ewa	567		K30-39	18	00:28:25.80	+00:08:40 (30.5%)	5:15	11.4 (69.5%)
38	KOŚCIELNA Julia	631		K16-29	11	00:28:29.70	+00:08:44 (30.7%)	5:16	11.4 (69.5%)
39	HERNIK Klaudia	457		K16-29	12	00:28:34.00	+00:08:48 (30.9%)	5:17	11.3 (68.9%)
40	DAJERLING Joanna	11	MARATOŃCZYK POZNAŃ	K16-29	13	00:28:50.50	+00:09:05 (31.5%)	5:20	11.2 (68.3%)
41	MAKOWSKA Ewa	535		K30-39	19	00:28:55.15	+00:09:09 (31.7%)	5:21	11.2 (68.3%)
42	NOWAK Patrycja	649		K16-29	14	00:29:02.90	+00:09:17 (32.0%)	5:22	11.2 (68.3%)
43	CZAPLICKA Zuzanna	529	SŁOWIK-TEAM	K16-29	15	00:29:03.05	+00:09:17 (32.0%)	5:22	11.2 (68.3%)
44	HULEWICZ Wiola	222	HERNIK TEAM	K40-49	9	00:29:10.20	+00:09:25 (32.3%)	5:24	11.1 (67.7%)
45	SZUREK Magdalena	390		K40-49	10	00:29:10.65	+00:09:25 (32.3%)	5:24	11.1 (67.7%)
46	SOBCZAK Dominika	625		K16-29	16	00:29:15.05	+00:09:29 (32.5%)	5:25	11.1 (67.7%)
47	KRUSZNIEWICZ Agnieszka	46	KRUCHY TEAM	K16-29	17	00:29:16.75	+00:09:31 (32.5%)	5:25	11.1 (67.7%)
48	MATECKA Barbara	258	CZERWONAK BIEGA	K40-49	11	00:29:19.40	+00:09:34 (32.6%)	5:25	11.1 (67.7%)
49	MUNC Joanna	587		K30-39	20	00:29:20.70	+00:09:35 (32.7%)	5:26	11 (67.1%)
50	LEMAŃSKA Edyta	220		K40-49	12	00:29:26.55	+00:09:41 (32.9%)	5:27	11 (67.1%)
51	KLEMCZAK Agnieszka	640		K30-39	21	00:29:33.75	+00:09:48 (33.2%)	5:28	11 (67.1%)
52	SMELKOWSKA Natalia	351	ZAWSZE W BIEGU	K30-39	22	00:29:45.15	+00:09:59 (33.6%)	5:30	10.9 (66.5%)
53	LISIAK Justyna	352	ZAWSZE W BIEGU	K30-39	23	00:29:45.35	+00:10:00 (33.6%)	5:30	10.9 (66.5%)
54	KLASZCZYŃSKA Izabela	581	1978	K40-49	13	00:29:55.00	+00:10:09 (34.0%)	5:32	10.8 (65.9%)
55	GÓRA Wiktoria	617	GWDA PIŁA	K16-29	18	00:29:56.00	+00:10:10 (34.0%)	5:32	10.8 (65.9%)
56	CHMIELEWSKA Joanna	530		K30-39	24	00:29:58.35	+00:10:13 (34.1%)	5:33	10.8 (65.9%)
57	PELEC-ŁAWNICZAK Teresa	240	DRUŻYNA SZPIKU	K50+	2	00:30:05.00	+00:10:19 (34.3%)	5:34	10.8 (65.9%)
58	WOJTKOWIAK Katarzyna	239		K16-29	19	00:30:05.45	+00:10:20 (34.4%)	5:34	10.8 (65.9%)
59	FIDAREWICZ Ewelina	108		K16-29	20	00:30:06.65	+00:10:21 (34.4%)	5:34	10.8 (65.9%)
60	BOHONOS Magdalena	101		K40-49	14	00:30:06.85	+00:10:21 (34.4%)	5:34	10.8 (65.9%)
61	ZIELONKA Joanna	107		K30-39	25	00:30:07.10	+00:10:21 (34.4%)	5:34	10.8 (65.9%)
62	NOWICKA Anna	202	NARAMOWICE BIEGAJĄ	K30-39	26	00:30:11.40	+00:10:26 (34.6%)	5:35	10.7 (65.2%)
63	KINASTOWSKA Joanna	124	DOMOVE	K40-49	15	00:30:21.30	+00:10:36 (34.9%)	5:37	10.7 (65.2%)
64	STOIŃSKA Agnieszka	500		K40-49	16	00:30:23.70	+00:10:38 (35.0%)	5:37	10.7 (65.2%)
65	ŁASKARZEWSKA Anna	160	BEIERSDORF SPORT TEAM	K16-29	21	00:30:34.00	+00:10:48 (35.4%)	5:39	10.6 (64.6%)
66	POKORSKA Agnieszka	521	SMOKI STRATEGORA	K30-39	27	00:30:36.85	+00:10:51 (35.5%)	5:40	10.6 (64.6%)
67	KOZIERSKA Natalia	234	HERNIK TEAM	K30-39	28	00:30:38.65	+00:10:53 (35.5%)	5:40	10.6 (64.6%)
68	SZYM CZAK Marta	293	HERNIK TEAM	K40-49	17	00:30:39.80	+00:10:54 (35.6%)	5:40	10.6 (64.6%)
69	WRZESIŃSKA Magdalena	264		K40-49	18	00:30:40.75	+00:10:55 (35.6%)	5:40	10.6 (64.6%)
70	MAĆKOWIAK Agnieszka	84	ANONIMOWI BIEGACZE	K30-39	29	00:30:42.25	+00:10:57 (35.7%)	5:41	10.6 (64.6%)
71	WOJTKOWIAK Joanna	5	SZYBKIE ŚLIMAKI	K16-29	22	00:30:43.65	+00:10:58 (35.7%)	5:41	10.5 (64.0%)

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						5.4km			
72	POLUS Magdalena	386	ZMĘCZENI NA STARCIE DOBIEGNIĘW	K30-39	30	00:30:45.30	+00:11:00 (35.8%)	5:41	10.5 (64.0%)
73	KWARTA Ilona	695	CZERWONAK BIEGA	K40-49	19	00:30:56.70	+00:11:11 (36.2%)	5:43	10.5 (64.0%)
74	CZECHOWICZ Anna	405	1968	K50+	3	00:30:57.40	+00:11:12 (36.2%)	5:44	10.5 (64.0%)
75	PIOTROWSKA Katarzyna	312		K30-39	31	00:31:05.60	+00:11:20 (36.5%)	5:45	10.4 (63.4%)
76	NOWAK Natalia	197		K30-39	32	00:31:16.90	+00:11:31 (36.9%)	5:47	10.4 (63.4%)
77	NOWAK Basia	477	TEAM LESZNO	K40-49	20	00:31:17.70	+00:11:32 (36.9%)	5:47	10.4 (63.4%)
78	SUSZYŃSKA Katarzyna	187		K30-39	33	00:31:23.75	+00:11:38 (37.1%)	5:48	10.3 (62.8%)
79	KACZMAREK Karolina	300	PIĄTKOWO NA BIEGOWO	K30-39	34	00:31:24.45	+00:11:39 (37.1%)	5:48	10.3 (62.8%)
80	NOWICKA Agnieszka	14		K30-39	35	00:31:29.90	+00:11:44 (37.3%)	5:50	10.3 (62.8%)
81	SCHRAUBE Dorota	325		K50+	4	00:31:29.95	+00:11:44 (37.3%)	5:50	10.3 (62.8%)
82	PRZYBYSZEWSKA Dominika	368	ŚWIERCZEWO RUN	K30-39	36	00:31:32.55	+00:11:47 (37.4%)	5:50	10.3 (62.8%)
83	KALINOWSKA Anna	522	TW POLONIA POZNAŃ	K40-49	21	00:31:32.60	+00:11:47 (37.4%)	5:50	10.3 (62.8%)
84	ZAWILSKA Małgorzata	402	ST RUNNERS	K30-39	37	00:31:34.40	+00:11:49 (37.4%)	5:50	10.3 (62.8%)
85	ZAKRZEWSKA Agnieszka	374	MAMY BIEGAMY	K40-49	22	00:31:38.50	+00:11:53 (37.6%)	5:51	10.2 (62.2%)
86	MACIEJCZUK Kamila	153	ORGANIC TEAM	K30-39	38	00:31:39.55	+00:11:54 (37.6%)	5:51	10.2 (62.2%)
87	GRESER Beata	162	ORGANICTEAM	K40-49	23	00:31:41.60	+00:11:56 (37.7%)	5:52	10.2 (62.2%)
88	PŁÓCIENICZAK Sylwia	448		K40-49	24	00:31:42.80	+00:11:57 (37.7%)	5:52	10.2 (62.2%)
89	WYLEGAŁA Kamila	65	VIRTUALRUNNERCLUB, PNB	K30-39	39	00:31:45.50	+00:12:00 (37.8%)	5:52	10.2 (62.2%)
90	MAŃCZAK Magdalena	673		K40-49	25	00:31:46.85	+00:12:01 (37.8%)	5:53	10.2 (62.2%)
91	PRZYBYŁAK Marta	178	PRZYBYŁAK TEAM	K16-29	23	00:31:53.65	+00:12:08 (38.1%)	5:54	10.2 (62.2%)
92	BIERNACKA Agnieszka	233		K40-49	26	00:32:02.15	+00:12:16 (38.3%)	5:55	10.1 (61.6%)
93	WILCZEWSKA Anna	9	NIGHT RUNNERS	K40-49	27	00:32:02.80	+00:12:17 (38.4%)	5:55	10.1 (61.6%)
94	SOBCZAK Marta	607		K16-29	24	00:32:03.00	+00:12:17 (38.4%)	5:56	10.1 (61.6%)
95	OTTO Agnieszka	406	PIATKOWO NA BIEGOWO	K40-49	28	00:32:03.95	+00:12:18 (38.4%)	5:56	10.1 (61.6%)
96	MORZY Karolina	489		K30-39	40	00:32:16.05	+00:12:30 (38.8%)	5:58	10 (61.0%)
97	KUCHARCZYK Marta	103	HYC HYC HYC	K30-39	41	00:32:19.50	+00:12:34 (38.9%)	5:59	10 (61.0%)
98	KEMPIŃSKA Zuzanna	318		K16-29	25	00:32:20.25	+00:12:35 (38.9%)	5:59	10 (61.0%)
99	MUSZYŃSKA Marta	519		K30-39	42	00:32:22.75	+00:12:37 (39.0%)	5:59	10 (61.0%)
100	KEGEL Karolina	686	KOBIETYBIEGAJĄ	K30-39	43	00:32:25.50	+00:12:40 (39.1%)	6:00	10 (61.0%)
101	DEMBIŃSKA Karolina	687		K30-39	44	00:32:25.95	+00:12:40 (39.1%)	6:00	10 (61.0%)
102	GRAY Alicja	12	HYCHYCHYC TEAM	K30-39	45	00:32:26.50	+00:12:41 (39.1%)	6:00	10 (61.0%)
103	GÓRCZAK Agnieszka	547		K16-29	26	00:32:26.55	+00:12:41 (39.1%)	6:00	10 (61.0%)
104	POŁUKORD Lena	365		K30-39	46	00:32:27.15	+00:12:41 (39.1%)	6:00	10 (61.0%)
105	TOBIJAŃSKA-NOWAKOWSKA Danuta	243	ROSSBIEGANI	K40-49	29	00:32:30.30	+00:12:45 (39.2%)	6:01	10 (61.0%)
106	NOWACZYK Agata	638		K30-39	47	00:32:32.85	+00:12:47 (39.3%)	6:01	10 (61.0%)
107	PIELA Natalia	407	PNB	K30-39	48	00:32:33.85	+00:12:48 (39.3%)	6:01	9.9 (60.4%)
108	MICHAŁKOWSKA Monika	403	SMOKI STRATEGORA	K16-29	27	00:32:44.55	+00:12:59 (39.7%)	6:03	9.9 (60.4%)
109	PRZYBYŁAK Agata	372	KB DĘBIEC	K40-49	30	00:32:45.25	+00:13:00 (39.7%)	6:03	9.9 (60.4%)
110	MARCINKOWSKA Małgorzata	672		K30-39	49	00:32:45.95	+00:13:00 (39.7%)	6:04	9.9 (60.4%)
111	ARCHANIOŁOWICZ Joanna	83	MUAY RUNNING TEAM	K40-49	31	00:32:46.15	+00:13:00 (39.7%)	6:04	9.9 (60.4%)
112	ANDRZEJEWSKA Zuzanna	301	PO MEDALE ALBO WCALE	K16-29	28	00:32:48.10	+00:13:02 (39.8%)	6:04	9.9 (60.4%)
113	BĄK Joanna	271	#POMWEDALEALNOWCALE	K16-29	29	00:32:48.20	+00:13:03 (39.8%)	6:04	9.9 (60.4%)
114	BAŁWAS Maria	316	GRUPA PROFESJA	K30-39	50	00:32:48.85	+00:13:03 (39.8%)	6:04	9.9 (60.4%)
115	PSIK Marzena	272	HERNIK TEAM	K50+	5	00:32:55.95	+00:13:10 (40.0%)	6:05	9.8 (59.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto	Różn	Tempo min/km	Tempo km/h
						5.4km			
116	CYWIŃSKA Martyna	15		K16-29	30	00:32:57.05	+00:13:11 (40.1%)	6:06	9.8 (59.8%)
117	BŁOCISZEWSKA STARCZYŃSKA Anna	131		K40-49	32	00:33:03.85	+00:13:18 (40.3%)	6:07	9.8 (59.8%)
118	SZCZESIAK Paulina	305		K30-39	51	00:33:05.65	+00:13:20 (40.3%)	6:07	9.8 (59.8%)
119	MROCZKOWSKA Magdalena	274		K40-49	33	00:33:29.25	+00:13:44 (41.0%)	6:12	9.7 (59.1%)
120	DEWO Ewa	219		K30-39	52	00:33:35.65	+00:13:50 (41.2%)	6:13	9.6 (58.5%)
121	WOJTKOWIAK Grażyna	3	SZYBKIE ŚLIMAKI	K50+	6	00:33:48.85	+00:14:03 (41.6%)	6:15	9.6 (58.5%)
122	TOPOLSKA Monika	37		K40-49	34	00:33:51.85	+00:14:06 (41.7%)	6:16	9.6 (58.5%)
123	RAJCA-BIENIASZEWSKA Katarzyna	474		K40-49	35	00:34:01.25	+00:14:16 (41.9%)	6:17	9.5 (57.9%)
124	GLAPIAK Magdalena	339		K30-39	53	00:34:11.50	+00:14:26 (42.2%)	6:20	9.5 (57.9%)
125	ROSLER-BORAKIEWICZ Marzena	582		K30-39	54	00:34:12.75	+00:14:27 (42.3%)	6:20	9.5 (57.9%)
126	KAŁUŻNA Kryspina	320		K16-29	31	00:34:16.00	+00:14:30 (42.4%)	6:20	9.5 (57.9%)
127	GRABSKA Daria	396		K30-39	55	00:34:30.95	+00:14:45 (42.8%)	6:23	9.4 (57.3%)
128	SCHRAMM Ewa	306	BS42	K30-39	56	00:34:31.50	+00:14:46 (42.8%)	6:23	9.4 (57.3%)
129	GABRYSZ Agnieszka	155	CIASTKI.PZ	K40-49	36	00:34:31.70	+00:14:46 (42.8%)	6:23	9.4 (57.3%)
130	KOWALSKA Milena	137	RADZIWOJAKI	K40-49	37	00:34:45.00	+00:14:59 (43.2%)	6:26	9.3 (56.7%)
131	KRUSZNIEWICZ Anita	20		K30-39	57	00:34:46.90	+00:15:01 (43.2%)	6:26	9.3 (56.7%)
132	MIELCAREK Anna	173	NO EXCUSES TEAM	K30-39	58	00:34:47.95	+00:15:02 (43.2%)	6:26	9.3 (56.7%)
133	BUKOWSKA Alina	48	ORKI Z...	K40-49	38	00:34:51.35	+00:15:06 (43.3%)	6:27	9.3 (56.7%)
134	ZIĘTA Katarzyna	26	ORKI Z...	K50+	7	00:34:51.45	+00:15:06 (43.3%)	6:27	9.3 (56.7%)
135	WRÓBLEWSKA Ewa	593		K30-39	59	00:34:56.35	+00:15:11 (43.5%)	6:28	9.3 (56.7%)
136	PAWŁOWSKA Anna	24		K30-39	60	00:34:57.50	+00:15:12 (43.5%)	6:28	9.3 (56.7%)
137	MYK Izabela	628	MUD GOATS	K16-29	32	00:35:01.35	+00:15:16 (43.6%)	6:29	9.2 (56.1%)
137	BUDNA Grażyna	660		K40-49	39	00:35:01.35	+00:15:16 (43.6%)	6:29	9.2 (56.1%)
139	BOGUSIEWICZ Karolina	475	JANOWY MŁYN	K30-39	61	00:35:12.40	+00:15:27 (43.9%)	6:31	9.2 (56.1%)
140	MATLAK Lidia	375	ZAWSZE W BIEGU	K40-49	40	00:35:16.95	+00:15:31 (44.0%)	6:32	9.2 (56.1%)
141	PAKOWSKA Honorata	373		K40-49	41	00:35:17.30	+00:15:32 (44.0%)	6:32	9.2 (56.1%)
142	WIECZORKIEWICZ-GRAJEK Kinga	33		K30-39	62	00:35:17.60	+00:15:32 (44.0%)	6:32	9.2 (56.1%)
143	WITTULA-PREJS Magdalena	292	HERNIK TEAM	K40-49	42	00:35:25.10	+00:15:39 (44.2%)	6:33	9.1 (55.5%)
144	ADAMSMA Ewa	228	HERNIK TEAM	K30-39	63	00:35:25.45	+00:15:40 (44.2%)	6:33	9.1 (55.5%)
145	RATAJCZAK Anna	105	HERNIK TEAM	K40-49	43	00:35:29.05	+00:15:43 (44.3%)	6:34	9.1 (55.5%)
146	KURASZKIEWICZ Małgorzata	602		K30-39	64	00:35:37.10	+00:15:51 (44.5%)	6:35	9.1 (55.5%)
147	RATAJCZAK Kamila	378		K40-49	44	00:35:44.70	+00:15:59 (44.7%)	6:37	9.1 (55.5%)
148	MICHALAK Małgorzata	63		K30-39	65	00:35:44.90	+00:15:59 (44.7%)	6:37	9.1 (55.5%)
149	RATAJCZAK Izabela	636		K40-49	45	00:36:00.60	+00:16:15 (45.1%)	6:40	9 (54.9%)
150	RAU Justyna	92	CIASTKI.PZ	K40-49	46	00:36:10.00	+00:16:24 (45.4%)	6:41	9 (54.9%)
151	MEŁNICKA Joanna	265	NIE DOTYCZY	K40-49	47	00:36:11.60	+00:16:26 (45.4%)	6:42	9 (54.9%)
152	NADROWSKA Katarzyna	255		K30-39	66	00:36:16.25	+00:16:31 (45.5%)	6:42	8.9 (54.3%)
153	FIGLEWSKA Renata	121		K30-39	67	00:36:33.20	+00:16:48 (46.0%)	6:46	8.9 (54.3%)
154	KUBIAK Magdalena	96		K16-29	33	00:36:38.60	+00:16:53 (46.1%)	6:47	8.8 (53.7%)
155	KĘDZIORA Zofia	411	GORUNNING TEAM	K50+	8	00:36:49.30	+00:17:04 (46.4%)	6:49	8.8 (53.7%)
156	KALINOWSKA Emilia	524	TW POLONIA POZNAŃ	K16-29	34	00:36:52.45	+00:17:07 (46.4%)	6:49	8.8 (53.7%)
157	DŁUGOWSKA Kasia	481	ENDORFIN DEALERS	K30-39	68	00:36:55.60	+00:17:10 (46.5%)	6:50	8.8 (53.7%)
158	KRAWCZYK Agata	478	ENDORFIN DEALERS	K30-39	69	00:36:55.75	+00:17:10 (46.5%)	6:50	8.8 (53.7%)
159	GRZELAK Barbara	269	FITNESS24SEVEN	K50+	9	00:36:58.25	+00:17:13 (46.6%)	6:50	8.8 (53.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5.4km	Różn	Tempo min/km	Tempo km/h
160	MIELCZAREK Katarzyna	479		K16-29	35	00:37:05.95	+00:17:20 (46.8%)	6:52	8.7 (53.0%)
161	KONIECZNA Dorota	505		K30-39	70	00:37:41.45	+00:17:56 (47.6%)	6:58	8.6 (52.4%)
162	KALOTA Sara	596		K16-29	36	00:37:41.90	+00:17:56 (47.6%)	6:58	8.6 (52.4%)
163	KOZŁOWSKA Patrycja	311		K16-29	37	00:37:46.60	+00:18:01 (47.7%)	6:59	8.6 (52.4%)
164	ŻURAWSKA Joanna	47		K30-39	71	00:37:47.10	+00:18:01 (47.7%)	6:59	8.6 (52.4%)
165	RATAJCZAK Aldona	470	TEAM LESZNO	K40-49	48	00:37:54.35	+00:18:09 (47.9%)	7:01	8.5 (51.8%)
166	RĘKAWEK Izabela	410		K40-49	49	00:38:18.95	+00:18:33 (48.4%)	7:05	8.5 (51.8%)
167	WAJDA Anna	130		K30-39	72	00:38:22.75	+00:18:37 (48.5%)	7:06	8.4 (51.2%)
168	OLEJNICZAK Sławka	73	CIASTKI.PZ	K40-49	50	00:39:52.80	+00:20:07 (50.5%)	7:23	8.1 (49.4%)
169	PIETEK Katarzyna	81		K40-49	51	00:40:31.30	+00:20:46 (51.3%)	7:30	8 (48.8%)
170	FALTYŃSKA Edyta	367	CIASTKI.PZ	K40-49	52	00:40:42.45	+00:20:57 (51.5%)	7:32	8 (48.8%)
171	SZEMIEL-AFEK Mariola	366	WSZYSTKO O BIEGANIU.PL	K40-49	53	00:40:42.80	+00:20:57 (51.5%)	7:32	8 (48.8%)
172	MARCINIAK - HENC Aneta	189	NIGHT RUNNERS	K40-49	54	00:40:53.95	+00:21:08 (51.7%)	7:34	7.9 (48.2%)
173	MARCINIAK Hanna	190		K50+	10	00:40:54.40	+00:21:09 (51.7%)	7:34	7.9 (48.2%)
174	KAMIŃSKA Marta	526		K40-49	55	00:40:54.65	+00:21:09 (51.7%)	7:34	7.9 (48.2%)
175	TOKARZ Justyna	244	ROSSBIEGANI	K30-39	73	00:40:57.85	+00:21:12 (51.8%)	7:35	7.9 (48.2%)
176	KURZAWA Milena	354		K16-29	38	00:41:18.85	+00:21:33 (52.2%)	7:39	7.8 (47.6%)
177	KAJ Agnieszka	496		K16-29	39	00:41:36.25	+00:21:51 (52.5%)	7:42	7.8 (47.6%)
178	POPADOWSKA Anna	141		K40-49	56	00:41:55.05	+00:22:09 (52.9%)	7:45	7.7 (47.0%)
179	BĄK Agnieszka	140	RADZIWOJAKI	K40-49	57	00:42:26.45	+00:22:41 (53.5%)	7:51	7.6 (46.3%)
180	PRYMAS Karolina	19		K16-29	40	00:43:56.15	+00:24:10 (55.0%)	8:08	7.4 (45.1%)
181	KMIN-PAWŁOWSKA Karolina	491		K40-49	58	00:43:59.65	+00:24:14 (55.1%)	8:08	7.4 (45.1%)
182	KÓZKA Aleksandra	627		K30-39	74	00:44:00.20	+00:24:15 (55.1%)	8:08	7.4 (45.1%)
183	BRAŹKOWSKA Iwona	439	GORUNNING TEAM	K16-29	41	00:45:16.30	+00:25:31 (56.4%)	8:22	7.2 (43.9%)
184	MAZUREK Marta	347		K40-49	59	00:46:17.30	+00:26:32 (57.3%)	8:34	7 (42.7%)
185	SZARY Beata	643	SZARY TEAM	K40-49	60	00:46:19.50	+00:26:34 (57.4%)	8:34	7 (42.7%)
186	PRZYBYŁAK Dorota	75	PRZYBYŁAK TEAM	K50+	11	00:48:14.60	+00:28:29 (59.1%)	8:55	6.7 (40.9%)
186	DORNA Romania	541		K50+	11	00:48:14.60	+00:28:29 (59.1%)	8:55	6.7 (40.9%)
188	PRUSKA-KĘDZIOR Anna	158	FACE NORDIC WALKING TEAM	K50+	13	00:48:21.40	+00:28:36 (59.2%)	8:57	6.7 (40.9%)
189	SZAROLETA Zofia	584	PRZYBYŁAK TEAM	K50+	14	00:51:18.45	+00:31:33 (61.5%)	9:30	6.3 (38.4%)
190	MAJEWSKA Jadwiga	193	PRZYBYŁAK TEAM	K50+	15	00:56:09.75	+00:36:24 (64.8%)	10:23	5.8 (35.4%)

Znaleziono 190 wynik(ów)