

BIEGUN ELITE

B4SPORT

Wydarzenie: Biegun - Wielkie Wygwizdowo
Organizator: OCR Events
Data: 2020-11-07
Miejsce: Gdynia
Dystans: 11 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	3km	5.5km	8.5km	Czas netto 11km	Czas brutto 11km	Różn	Tempo min/km	Tempo km/h
1	JACIÓW Paweł	68	WATAHA	Elite Mężczyźni	1	00:21:08	00:24:38	00:33:55	01:00:40	01:09:34.90	01:30:43.85		6:19	9.5 (100%)
2	WÓJCIK Adam	72	EX TEAM	Elite Mężczyźni	2	00:21:09	00:25:09	00:34:00	00:59:09	01:10:53.40	01:32:02.65	+00:01:18 (1.8%)	6:26	9.3 (97.9%)
3	LORENC Łukasz	59	WOLF TEAM	Elite Mężczyźni	3	00:21:08	00:25:25	00:34:51	01:01:14	01:11:17.15	01:32:25.95	+00:01:42 (2.4%)	6:28	9.3 (97.9%)
4	SZULWACH Maciej	90	BIEGUN OCR TEAM	Elite Mężczyźni	4	00:21:10	00:25:00	00:34:55	01:01:40	01:11:20.85	01:32:31.60	+00:01:45 (2.5%)	6:29	9.3 (97.9%)
5	TRAPKOWSKI Przemysław	95	XRUNNERS	Elite Mężczyźni	5	00:00:04	00:24:41	00:33:34	01:00:54	01:12:51.50	01:12:56.10	+00:03:16 (4.5%)	6:37	9.1 (95.8%)
6	JÓZEFIAK Łukasz	81	BIEGUN OCR TEAM	Elite Mężczyźni	6	00:00:05	00:25:28	00:34:53	01:03:29	01:13:21.05	01:13:26.10	+00:03:46 (5.1%)	6:40	9 (94.7%)
7	BAK Daniel	83	BIEGUN OCR TEAM	Elite Mężczyźni	7	00:21:08	00:25:22	00:34:48	01:03:43	01:13:45.10	01:34:53.70	+00:04:10 (5.7%)	6:42	8.9 (93.7%)
8	OLICHOWSKI Mateusz	43	SURVIWAŁTEAM	Elite Mężczyźni	8	00:10:02	00:27:57	00:38:51	01:06:56	01:16:48.95	01:26:51.25	+00:07:14 (9.4%)	6:58	8.6 (90.5%)
9	ĆWIRZEŃ Marcin	53	WOLF TEAM	Elite Mężczyźni	9	00:21:08	00:28:25	00:38:48	01:07:30	01:16:52.35	01:38:00.50	+00:07:17 (9.5%)	6:59	8.6 (90.5%)
10	ŁOSIN Marta	192	BIEGUN OCR TEAM	Elite Kobiety	1	00:36:14	00:26:38	00:37:48	01:06:39	01:17:18.95	01:53:33.80	+00:07:44 (10.0%)	7:01	8.5 (89.5%)
11	DZIÓBEK Lech	69	BIEGUN OCR TEAM	Elite Mężczyźni	10	00:21:09	00:26:51	00:37:25	01:07:06	01:17:32.75	01:38:42.60	+00:07:57 (10.3%)	7:02	8.5 (89.5%)
12	ZALEJASZ Sylwester	18	XRUNNERS	Elite Mężczyźni	11	00:00:05	00:28:12	00:37:59	01:08:23	01:18:07.45	01:18:12.90	+00:08:32 (10.9%)	7:06	8.4 (88.4%)
13	STEC Jakub	58	BESTBEASTS	Elite Mężczyźni	12	00:21:10	00:27:54	00:38:04	01:09:25	01:20:00.10	01:41:10.55	+00:10:25 (13.0%)	7:16	8.3 (87.4%)
14	SZULWACH Cezary	85	BIEGUN OCR TEAM	Elite Mężczyźni	13	00:21:11	00:27:39	00:37:40	01:08:16	01:20:18.60	01:41:29.85	+00:10:43 (13.4%)	7:18	8.2 (86.3%)
15	KUCHARSKI Łukasz	13	BIG YELLOW FOOT ADVENTURE TEAM	Elite Mężczyźni	14	00:00:08	00:27:16	00:36:45	01:06:53	01:20:42.00	01:20:50.35	+00:11:07 (13.8%)	7:20	8.2 (86.3%)

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						startu	3km	5.5km	8.5km					
16	RYNKIEWICZ Mateusz	92	NEXTREME	Elite Mężczyźni	15	00:21:08	00:26:41	00:37:05	01:06:58	01:20:55.55	01:42:03.70	+00:11:20 (14.0%)	7:21	8.2 (86.3%)
17	CEJKO Dawid	64	NEXTREME VIKINGS RUN	Elite Mężczyźni	16	00:21:09	00:27:48	00:38:48	01:11:17	01:21:30.05	01:42:39.30	+00:11:55 (14.6%)	7:24	8.1 (85.3%)
18	FORMELA Piotr	24	BIEGUN OCR TEAM	Elite Mężczyźni	17	00:21:09	00:27:30	00:38:31	01:11:00	01:21:39.10	01:42:48.65	+00:12:04 (14.8%)	7:25	8.1 (85.3%)
19	PAŁDYNA Mateusz	35	XRUNNERS	Elite Mężczyźni	18	00:10:01	00:29:00	00:39:03	01:08:07	01:22:01.20	01:32:02.20	+00:12:26 (15.2%)	7:27	8 (84.2%)
20	KARBOWSKI Sławomir	3	NEXTREME	Elite Mężczyźni	19	00:00:05	00:29:14	00:40:16	01:13:12	01:24:39.20	01:24:44.25	+00:15:04 (17.8%)	7:41	7.8 (82.1%)
21	PRZYBYLSKI Krzysztof	46	CROSSFIT STOCZNIA	Elite Mężczyźni	20	00:10:04	00:30:39	00:42:01	01:14:05	01:25:00.10	01:35:04.75	+00:15:25 (18.1%)	7:43	7.8 (82.1%)
22	PUZDROWSKI Jarosław	84	BIEGUN OCR TEAM	Elite Mężczyźni	21	00:10:02	00:31:19	00:42:14	01:14:28	01:25:21.15	01:35:23.35	+00:15:46 (18.5%)	7:45	7.7 (81.1%)
23	KROPIDŁOWSKI Grzegorz	12	WOLF TEAM	Elite Mężczyźni	22	00:00:05	00:29:26	00:40:52	01:13:34	01:25:56.30	01:26:01.35	+00:16:21 (19.0%)	7:48	7.7 (81.1%)
24	TEKLAK Karol	45	BIGYELLOWFOOT ADVENTURE TEAM	Elite Mężczyźni	23	00:00:08	00:31:22	00:42:19	01:15:36	01:26:08.60	01:26:17.15	+00:16:33 (19.2%)	7:49	7.7 (81.1%)
25	SIEKIERSKI Mateusz	25	WOLF TEAM	Elite Mężczyźni	24	00:00:04	00:30:13	00:41:04	01:15:53	01:26:17.30	01:26:22.05	+00:16:42 (19.4%)	7:50	7.6 (80.0%)
26	GUZ Grzegorz	48	POSITIVE FREAKS TEAM	Elite Mężczyźni	25	00:10:03	00:32:35	00:44:03	01:16:04	01:26:47.75	01:36:50.85	+00:17:12 (19.8%)	7:53	7.6 (80.0%)
27	MIŁOŚ Tomasz	88	BIG YELLOW FOOT ADVENTURE TEAM	Elite Mężczyźni	26	00:00:08	00:31:21	00:42:16	01:16:09	01:27:17.45	01:27:26.40	+00:17:42 (20.3%)	7:56	7.6 (80.0%)
28	MORAWSKI Grzegorz	56	BEST BEASTS	Elite Mężczyźni	27	00:00:06	00:30:20	00:42:31	01:16:36	01:28:04.75	01:28:10.90	+00:18:29 (21.0%)	8:00	7.5 (78.9%)
29	MISSALA Magdalena	195	POWER TRAINING	Elite Kobiety	2	00:36:15	00:30:46	00:43:09	01:16:34	01:28:49.70	02:05:05.50	+00:19:14 (21.7%)	8:04	7.4 (77.9%)
30	MACHTYL Zygmunt	79	BEST BEASTS	Elite Mężczyźni	28	00:21:09	00:32:24	00:44:20	01:18:14	01:28:53.30	01:50:03.15	+00:19:18 (21.7%)	8:04	7.4 (77.9%)
31	TATAROWICZ Jan	181	RAJ SPORT ACTIVE NINJA TEAM	Elite Mężczyźni	29	00:21:13	00:30:57	00:43:16	01:19:07	01:30:18.55	01:51:31.55	+00:20:43 (23.0%)	8:12	7.3 (76.8%)
32	KARCZEWSKI Piotr	15	BEST BEASTS	Elite Mężczyźni	30	00:00:08	00:33:08	00:45:01	01:20:18	01:31:41.90	01:31:50.80	+00:22:07 (24.1%)	8:20	7.2 (75.8%)
33	HENDZEL Miłosz	37	MUSTANGI KOBYLANKA	Elite Mężczyźni	31	00:10:02	00:31:57	00:44:25	01:19:50	01:31:45.95	01:41:47.95	+00:22:11 (24.2%)	8:20	7.2 (75.8%)
34	BRZESKI Robert	38	CROSSELITE	Elite Mężczyźni	32	00:10:03	00:30:47	00:42:58	01:13:03	01:31:56.30	01:41:59.70	+00:22:21 (24.3%)	8:21	7.2 (75.8%)
35	CZAPIEWSKI Sylwester	10	BIGYELLOWFOOT ADVENTURE TEAM	Elite Mężczyźni	33	00:00:07	00:31:31	00:44:24	01:20:17	01:32:24.75	01:32:31.90	+00:22:49 (24.7%)	8:24	7.1 (74.7%)
36	KUNCEWICZ Szymon	40	CROSSELITE	Elite Mężczyźni	34	00:10:03	00:32:23	00:44:47	01:19:52	01:32:46.05	01:42:49.85	+00:23:11 (25.0%)	8:26	7.1 (74.7%)
37	KNOP Marcin	52	LEMON TEAM	Elite Mężczyźni	35	00:21:09	00:34:52	00:47:37	01:21:17	01:32:57.80	01:54:07.15	+00:23:22 (25.2%)	8:27	7.1 (74.7%)
38	JÓZEFIAK Aleksandra	197	BIEGUN OCR TEAM	Elite Kobiety	3	00:36:14	00:32:32	00:45:35	01:22:16	01:35:22.90	02:11:37.85	+00:25:48 (27.0%)	8:40	6.9 (72.6%)

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						startu	3km	5.5km	8.5km					
39	DOBRYŃSKI Tomasz	94	XRUNNERS	Elite Mężczyźni	36	00:21:11	00:32:26	00:44:03	01:21:53	01:36:30.25	01:57:41.30	+00:26:55 (27.9%)	8:46	6.8 (71.6%)
40	DALKIEWICZ Dariusz	11	CROSSFIT TEAM SUSZ	Elite Mężczyźni	37	00:00:06	00:32:00	00:44:20	01:20:14	01:37:41.00	01:37:47.50	+00:28:06 (28.8%)	8:52	6.8 (71.6%)
41	SIROCKI Dawid	80		Elite Mężczyźni	38	00:21:11	00:33:27	00:45:46	01:25:02	01:37:50.20	01:59:01.55	+00:28:15 (28.9%)	8:53	6.7 (70.5%)
42	POLASZYK Krzysztof	32		Elite Mężczyźni	39	00:10:03	00:34:27	00:47:42	01:22:45	01:38:35.90	01:48:39.45	+00:29:01 (29.4%)	8:57	6.7 (70.5%)
43	KOTŁOWSKI Marcin	7	BIG YELLOW FOOT ADVENTURE TEAM	Elite Mężczyźni	40	00:00:08	00:33:25	00:45:43	01:24:07	01:39:07.75	01:39:16.05	+00:29:32 (29.8%)	9:00	6.7 (70.5%)
44	MISSALA Mateusz	75	POWER TRAINING	Elite Mężczyźni	41	00:21:09	00:33:59	00:48:21	01:27:01	01:39:39.15	02:00:49.00	+00:30:04 (30.2%)	9:03	6.6 (69.5%)
45	LITWINSK Mirosław	89		Elite Mężczyźni	42	00:21:12	00:32:35	00:44:54	01:20:57	01:40:07.40	02:01:19.90	+00:30:32 (30.5%)	9:06	6.6 (69.5%)
46	KOZŁOWSKI Michał	28		Elite Mężczyźni	43	00:10:04	00:36:48	00:50:27	01:27:15	01:40:12.15	01:50:16.50	+00:30:37 (30.6%)	9:06	6.6 (69.5%)
47	WIŚNIEWSKI Michał	21	BEST BEASTS	Elite Mężczyźni	44	00:00:10	00:35:11	00:47:24	01:24:42	01:41:16.15	01:41:26.55	+00:31:41 (31.3%)	9:12	6.5 (68.4%)
48	JANISZEWSKI Grzegorz	67	DZIADY OCR	Elite Mężczyźni	45	00:00:08	00:33:46	00:47:49	01:24:29	01:41:46.40	01:41:55.05	+00:32:11 (31.6%)	9:15	6.5 (68.4%)
49	SARZYŃSKI Arkadiusz	62	BIEGUN OCR TEAM	Elite Mężczyźni	46	00:21:11	00:35:34	00:49:04	01:29:04	01:42:43.35	02:03:55.10	+00:33:08 (32.3%)	9:20	6.4 (67.4%)
50	DACIO Mirek	4		Elite Mężczyźni	47	00:00:06	00:35:48	00:49:35	01:29:18	01:44:30.75	01:44:37.45	+00:34:55 (33.4%)	9:30	6.3 (66.3%)
51	ZIMIŃSKI Paweł	70	GLADIATORSBYRMF4	Elite Mężczyźni	48	00:21:13	00:39:02	00:53:56	01:31:52	01:44:38.65	02:05:52.00	+00:35:03 (33.5%)	9:30	6.3 (66.3%)
52	SZUBERTOWSKI Kamil	93		Elite Mężczyźni	49	00:10:01	00:37:38	00:51:25	01:31:32	01:45:07.90	01:55:09.45	+00:35:33 (33.8%)	9:33	6.3 (66.3%)
53	KACHNIARZ Łukasz	91	MUSTANGI KOBYLANKA	Elite Mężczyźni	50	00:10:03	00:36:13	00:51:06	01:32:25	01:46:00.60	01:56:03.90	+00:36:25 (34.4%)	9:38	6.2 (65.3%)
54	TATAREWICZ Arkadiusz	8		Elite Mężczyźni	51	00:00:07	00:36:24	00:50:00	01:31:33	01:46:09.95	01:46:17.85	+00:36:35 (34.5%)	9:39	6.2 (65.3%)
55	NAJDEREK Michał	47	FURIA CHODZIEŻ	Elite Mężczyźni	52	00:10:03	00:38:05	00:52:54	01:31:55	01:46:50.15	01:56:53.95	+00:37:15 (34.9%)	9:42	6.2 (65.3%)
56	KARCZEWSKI Adam	17	SRK	Elite Mężczyźni	53	00:00:07	00:36:57	00:51:12	01:33:52	01:47:49.75	01:47:57.20	+00:38:14 (35.5%)	9:48	6.1 (64.2%)
57	JAGODZIŃSKI Damian	33	XRUNNERS	Elite Mężczyźni	54	00:10:01	00:40:08	00:54:41	01:35:11	01:47:54.45	01:57:56.30	+00:38:19 (35.5%)	9:48	6.1 (64.2%)
58	BRUSIŁO Bartosz	71	UNITED RUNNERS	Elite Mężczyźni	55	00:21:10	00:38:14	00:53:04	01:34:51	01:48:58.00	02:10:08.50	+00:39:23 (36.1%)	9:54	6.1 (64.2%)
59	TOMCZAK Artur	19		Elite Mężczyźni	56	00:00:07	00:36:24	00:49:26	01:29:36	01:49:22.35	01:49:29.85	+00:39:47 (36.4%)	9:56	6 (63.2%)
60	ŁAWRENCZUK Paweł	63	RAJ SPORT ACTIVE	Elite Mężczyźni	57	00:21:08	00:36:00	00:49:45	01:28:13	01:51:26.00	02:12:34.95	+00:41:51 (37.6%)	10:07	5.9 (62.1%)
61	ZALEJASZ Paulina	190	XRUNNERS	Elite Kobiety	4	00:36:15	00:38:47	00:54:20	01:39:02	01:52:11.30	02:28:27.10	+00:42:36 (38.0%)	10:11	5.9 (62.1%)

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						startu	3km	5.5km	8.5km					
62	SZCZUKA Leszek	50	CROSSELITE	Elite Mężczyźni	58	00:10:02	00:38:42	00:53:50	01:37:46	01:52:28.45	02:02:30.55	+00:42:53 (38.1%)	10:13	5.9 (62.1%)
63	PIŁAT Paweł	54	BEST BEASTS	Elite Mężczyźni	59	00:00:08	00:37:43	00:51:52	01:34:21	01:54:58.35	01:55:06.90	+00:45:23 (39.5%)	10:27	5.7 (60.0%)
64	GRABARZ Artur	61	RAJSPORTACTIVE	Elite Mężczyźni	60	00:21:12	00:33:55	00:50:09	01:32:05	01:55:03.45	02:16:15.55	+00:45:28 (39.5%)	10:27	5.7 (60.0%)
65	FRONTCZAK Izabela	196		Elite Kobiety	5	00:36:16	00:38:13	00:54:54	01:38:29	01:58:12.75	02:34:29.15	+00:48:37 (41.1%)	10:44	5.6 (58.9%)
66	NOWICKI Marcin	66	WOLF TEAM	Elite Mężczyźni	61	00:21:10	00:43:07	00:59:34	01:43:51	02:00:41.00	02:21:51.35	+00:51:06 (42.3%)	10:58	5.5 (57.9%)
67	OŚCIK Krzysztof	82		Elite Mężczyźni	62	00:21:14	00:39:12	00:54:08	01:37:54	02:02:49.85	02:24:03.85	+00:53:14 (43.4%)	11:09	5.4 (56.8%)
68	WIECZOREK Mateusz	31	XRUNNERS	Elite Mężczyźni	63	00:10:02	00:43:01	00:59:06	01:51:05	02:06:04.80	02:16:07.00	+00:56:29 (44.8%)	11:27	5.2 (54.7%)
69	LATOPOLSKI Piotr	42	CROSSFIT SUSZ	Elite Mężczyźni	64	00:10:02	00:37:00	00:51:11	01:40:07	02:08:40.50	02:18:42.90	+00:59:05 (45.9%)	11:41	5.1 (53.7%)
70	GRYŻEWSKI Karol	57	NIE W SZCZEPIONKĘ TEAM	Elite Mężczyźni	65	00:21:12	00:46:00	01:03:36	01:54:29	02:12:04.30	02:33:16.30	+01:02:29 (47.3%)	12:00	5 (52.6%)
71	ŁAWNICZAK Justyna	180	WOLF TEAM	Elite Kobiety	6	00:36:16	00:42:41	01:01:39	01:51:52	02:12:32.75	02:48:49.00	+01:02:57 (47.5%)	12:02	5 (52.6%)
72	DUKIEWICZ Dariusz	1	WOLF TEAM	Elite Mężczyźni	66	00:00:05	00:44:10	01:00:55	01:52:53	02:15:19.10	02:15:24.65	+01:05:44 (48.6%)	12:18	4.9 (51.6%)
73	KARCZMAR Kornelia	193	WF OCR TEAM KOSTRZYN NAD ODRĄ	Elite Kobiety	7	00:36:15	00:45:38	01:05:06	01:52:55	02:19:01.65	02:55:16.95	+01:09:26 (50.0%)	12:38	4.7 (49.5%)
74	JAŁOCHA Sylwia	186	LEMON TEAM	Elite Kobiety	8	00:36:16	00:48:49	01:06:26	01:54:24	02:20:28.60	02:56:44.95	+01:10:53 (50.5%)	12:46	4.7 (49.5%)
75	ŁOBOCKI Andrzej	22	POSITIVE FREAKS TEAM	Elite Mężczyźni	67	00:00:06	00:45:37	01:05:43	01:57:27	02:20:31.90	02:20:38.00	+01:10:57 (50.5%)	12:46	4.7 (49.5%)
76	MALIUSHYTSKYI Oleksandr	30	CROSSELITE	Elite Mężczyźni	68	00:10:00	00:48:44	01:06:17	01:57:43	02:22:19.30	02:32:20.25	+01:12:44 (51.1%)	12:56	4.6 (48.4%)
77	STEFANIAK Dariusz	9	WOLF TEAM	Elite Mężczyźni	69	00:00:06	00:44:36	01:02:31	01:56:17	02:23:32.20	02:23:38.70	+01:13:57 (51.5%)	13:02	4.6 (48.4%)
78	KACZOR Paulina	194		Elite Kobiety	9	00:36:16	00:44:44	01:05:53	01:58:10	02:24:33.70	03:00:50.65	+01:14:58 (51.9%)	13:08	4.6 (48.4%)
79	KULAK Rafał	49	BALTIC SEALS	Elite Mężczyźni	70	00:10:00	00:47:18	01:04:23	02:00:46	02:26:04.05	02:36:04.85	+01:16:29 (52.4%)	13:16	4.5 (47.4%)
DQ	KUZNICKI Paweł	74		Elite Mężczyźni		DQ	00:39:55 DQ	00:55:58 DQ	01:35:02 DQ	01:50:26.55 DQ	DQ		0:00	6 (63.2%)
DQ	CICHOSZ Maksymilian	55		Elite Mężczyźni		DQ	00:39:10 DQ	00:54:19 DQ	01:38:13 DQ	01:52:56.00 DQ	DQ		0:00	5.8 (61.1%)
DQ	TARKOWSKI Dawid	29	CROSSELITE	Elite Mężczyźni		DQ	00:43:55 DQ	01:03:00 DQ	01:57:39 DQ	02:17:03.85 DQ	DQ		0:00	4.8 (50.5%)
DQ	KOŁODZIEJEK Robert	60	RAISPORT ACTIVE	Elite Mężczyźni		DQ	00:51:17 DQ	01:13:36 DQ	02:03:21 DQ	02:28:12.55 DQ	DQ		0:00	4.5 (47.4%)
DQ	WINKLER Mateusz	76	VIKINGS RUN TEAM	Elite Mężczyźni		DQ	00:50:03 DQ	01:10:00 DQ	DQ	DQ	DQ			(0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	3km	5.5km	8.5km	Czas netto 11km	Czas brutto 11km	Różn	Tempo min/km	Tempo km/h
DQ	STEFANIAK Katarzyna	188	WOLF TEAM	Elite Kobiety		DQ	00:52:27 DQ	01:10:53 DQ	DQ	DQ	DQ			(0.0%)
DQ	WŁODARSKI Dariusz	39	CROSSELITE	Elite Mężczyźni		DQ	00:57:07 DQ	01:14:47 DQ	DQ	DQ	DQ			(0.0%)
LIM	GANKO Karolina	185	NIE W SZCZEPIONKĘ TEAM	Elite Kobiety		00:36:17	00:57:40	01:17:16	02:13:54	02:36:02.85	03:12:19.95		0:00	4.2 (44.2%)
LIM	TOMCZAK Joanna	189		Elite Kobiety		00:36:16	00:50:12	01:10:53	02:13:55	02:36:02.90	03:12:19.60		0:00	4.2 (44.2%)
LIM	ŁĘPICKI Mateusz	6	LEMON TEAM	Elite Mężczyźni		00:00:08	01:04:46	01:26:29	02:33:36	02:54:20.50	02:54:29.45		0:00	3.8 (40.0%)
	S Adam	44	RAJSPORTACTIVE	Elite Mężczyźni		DNF	00:43:28 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 90 wynik(ów)