

BIEGUN ELITE

B4SPORT

Wydarzenie: Biegun - Wielkie Wygwizdowo
Organizator: OCR Events
Data: 2020-11-07
Miejsce: Gdynia
Dystans: 11 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas startu | 3km | 5.5km | 8.5km | Czas netto 11km | Czas brutto 11km | Różn | Tempo min/km | Tempo km/h |
|-----|-----------------------|-------|--------------------------------|-----------------|------|-------------|----------|----------|----------|--------------------|--------------------|-------------------|--------------|-------------|
| 1 | JACIÓW Paweł | 68 | WATAHA | Elite Mężczyźni | 1 | 00:21:08 | 00:24:38 | 00:33:55 | 01:00:40 | 01:09:34.90 | 01:30:43.85 | | 6:19 | 9.5 (100%) |
| 2 | WÓJCIK Adam | 72 | EX TEAM | Elite Mężczyźni | 2 | 00:21:09 | 00:25:09 | 00:34:00 | 00:59:09 | 01:10:53.40 | 01:32:02.65 | +00:01:18 (1.8%) | 6:26 | 9.3 (97.9%) |
| 3 | LORENC Łukasz | 59 | WOLF TEAM | Elite Mężczyźni | 3 | 00:21:08 | 00:25:25 | 00:34:51 | 01:01:14 | 01:11:17.15 | 01:32:25.95 | +00:01:42 (2.4%) | 6:28 | 9.3 (97.9%) |
| 4 | SZULWACH Maciej | 90 | BIEGUN OCR TEAM | Elite Mężczyźni | 4 | 00:21:10 | 00:25:00 | 00:34:55 | 01:01:40 | 01:11:20.85 | 01:32:31.60 | +00:01:45 (2.5%) | 6:29 | 9.3 (97.9%) |
| 5 | TRAPKOWSKI Przemysław | 95 | XRUNNERS | Elite Mężczyźni | 5 | 00:00:04 | 00:24:41 | 00:33:34 | 01:00:54 | 01:12:51.50 | 01:12:56.10 | +00:03:16 (4.5%) | 6:37 | 9.1 (95.8%) |
| 6 | JÓZEFIAK Łukasz | 81 | BIEGUN OCR TEAM | Elite Mężczyźni | 6 | 00:00:05 | 00:25:28 | 00:34:53 | 01:03:29 | 01:13:21.05 | 01:13:26.10 | +00:03:46 (5.1%) | 6:40 | 9 (94.7%) |
| 7 | BAK Daniel | 83 | BIEGUN OCR TEAM | Elite Mężczyźni | 7 | 00:21:08 | 00:25:22 | 00:34:48 | 01:03:43 | 01:13:45.10 | 01:34:53.70 | +00:04:10 (5.7%) | 6:42 | 8.9 (93.7%) |
| 8 | OLICHOWSKI Mateusz | 43 | SURVIWAŁTEAM | Elite Mężczyźni | 8 | 00:10:02 | 00:27:57 | 00:38:51 | 01:06:56 | 01:16:48.95 | 01:26:51.25 | +00:07:14 (9.4%) | 6:58 | 8.6 (90.5%) |
| 9 | ĆWIRZEŃ Marcin | 53 | WOLF TEAM | Elite Mężczyźni | 9 | 00:21:08 | 00:28:25 | 00:38:48 | 01:07:30 | 01:16:52.35 | 01:38:00.50 | +00:07:17 (9.5%) | 6:59 | 8.6 (90.5%) |
| 10 | ŁOSIN Marta | 192 | BIEGUN OCR TEAM | Elite Kobiety | 1 | 00:36:14 | 00:26:38 | 00:37:48 | 01:06:39 | 01:17:18.95 | 01:53:33.80 | +00:07:44 (10.0%) | 7:01 | 8.5 (89.5%) |
| 11 | DZIÓBEK Lech | 69 | BIEGUN OCR TEAM | Elite Mężczyźni | 10 | 00:21:09 | 00:26:51 | 00:37:25 | 01:07:06 | 01:17:32.75 | 01:38:42.60 | +00:07:57 (10.3%) | 7:02 | 8.5 (89.5%) |
| 12 | ZALEJASZ Sylwester | 18 | XRUNNERS | Elite Mężczyźni | 11 | 00:00:05 | 00:28:12 | 00:37:59 | 01:08:23 | 01:18:07.45 | 01:18:12.90 | +00:08:32 (10.9%) | 7:06 | 8.4 (88.4%) |
| 13 | STEC Jakub | 58 | BESTBEASTS | Elite Mężczyźni | 12 | 00:21:10 | 00:27:54 | 00:38:04 | 01:09:25 | 01:20:00.10 | 01:41:10.55 | +00:10:25 (13.0%) | 7:16 | 8.3 (87.4%) |
| 14 | SZULWACH Cezary | 85 | BIEGUN OCR TEAM | Elite Mężczyźni | 13 | 00:21:11 | 00:27:39 | 00:37:40 | 01:08:16 | 01:20:18.60 | 01:41:29.85 | +00:10:43 (13.4%) | 7:18 | 8.2 (86.3%) |
| 15 | KUCHARSKI Łukasz | 13 | BIG YELLOW FOOT ADVENTURE TEAM | Elite Mężczyźni | 14 | 00:00:08 | 00:27:16 | 00:36:45 | 01:06:53 | 01:20:42.00 | 01:20:50.35 | +00:11:07 (13.8%) | 7:20 | 8.2 (86.3%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas | | | | Czas netto | Czas brutto | Różn | Tempo min/km | Tempo km/h |
|-----|------------------------------|------------|--------------------------------|-----------------|------|----------|----------|----------|----------|--------------------|--------------------|-------------------|--------------|-------------|
| | | | | | | startu | 3km | 5.5km | 8.5km | 11km | 11km | | | |
| 16 | RYNKIEWICZ Mateusz | 92 | NEXTREME | Elite Mężczyźni | 15 | 00:21:08 | 00:26:41 | 00:37:05 | 01:06:58 | 01:20:55.55 | 01:42:03.70 | +00:11:20 (14.0%) | 7:21 | 8.2 (86.3%) |
| 17 | CEJKO Dawid | 64 | NEXTREME VIKINGS RUN | Elite Mężczyźni | 16 | 00:21:09 | 00:27:48 | 00:38:48 | 01:11:17 | 01:21:30.05 | 01:42:39.30 | +00:11:55 (14.6%) | 7:24 | 8.1 (85.3%) |
| 18 | FORMELA Piotr | 24 | BIEGUN OCR TEAM | Elite Mężczyźni | 17 | 00:21:09 | 00:27:30 | 00:38:31 | 01:11:00 | 01:21:39.10 | 01:42:48.65 | +00:12:04 (14.8%) | 7:25 | 8.1 (85.3%) |
| 19 | PAŁDYNA Mateusz | 35 | XRUNNERS | Elite Mężczyźni | 18 | 00:10:01 | 00:29:00 | 00:39:03 | 01:08:07 | 01:22:01.20 | 01:32:02.20 | +00:12:26 (15.2%) | 7:27 | 8 (84.2%) |
| 20 | KARBOWSKI Sławomir | 3 | NEXTREME | Elite Mężczyźni | 19 | 00:00:05 | 00:29:14 | 00:40:16 | 01:13:12 | 01:24:39.20 | 01:24:44.25 | +00:15:04 (17.8%) | 7:41 | 7.8 (82.1%) |
| 21 | PRZYBYLSKI Krzysztof | 46 | CROSSFIT STOCZNIA | Elite Mężczyźni | 20 | 00:10:04 | 00:30:39 | 00:42:01 | 01:14:05 | 01:25:00.10 | 01:35:04.75 | +00:15:25 (18.1%) | 7:43 | 7.8 (82.1%) |
| 22 | PUZDROWSKI Jarosław | 84 | BIEGUN OCR TEAM | Elite Mężczyźni | 21 | 00:10:02 | 00:31:19 | 00:42:14 | 01:14:28 | 01:25:21.15 | 01:35:23.35 | +00:15:46 (18.5%) | 7:45 | 7.7 (81.1%) |
| 23 | KROPIDŁOWSKI Grzegorz | 12 | WOLF TEAM | Elite Mężczyźni | 22 | 00:00:05 | 00:29:26 | 00:40:52 | 01:13:34 | 01:25:56.30 | 01:26:01.35 | +00:16:21 (19.0%) | 7:48 | 7.7 (81.1%) |
| 24 | TEKLAK Karol | 45 | BIGYELLOWFOOT ADVENTURE TEAM | Elite Mężczyźni | 23 | 00:00:08 | 00:31:22 | 00:42:19 | 01:15:36 | 01:26:08.60 | 01:26:17.15 | +00:16:33 (19.2%) | 7:49 | 7.7 (81.1%) |
| 25 | SIEKIERSKI Mateusz | 25 | WOLF TEAM | Elite Mężczyźni | 24 | 00:00:04 | 00:30:13 | 00:41:04 | 01:15:53 | 01:26:17.30 | 01:26:22.05 | +00:16:42 (19.4%) | 7:50 | 7.6 (80.0%) |
| 26 | GUZ Grzegorz | 48 | POSITIVE FREAKS TEAM | Elite Mężczyźni | 25 | 00:10:03 | 00:32:35 | 00:44:03 | 01:16:04 | 01:26:47.75 | 01:36:50.85 | +00:17:12 (19.8%) | 7:53 | 7.6 (80.0%) |
| 27 | MIŁOŚ Tomasz | 88 | BIG YELLOW FOOT ADVENTURE TEAM | Elite Mężczyźni | 26 | 00:00:08 | 00:31:21 | 00:42:16 | 01:16:09 | 01:27:17.45 | 01:27:26.40 | +00:17:42 (20.3%) | 7:56 | 7.6 (80.0%) |
| 28 | MORAWSKI Grzegorz | 56 | BEST BEASTS | Elite Mężczyźni | 27 | 00:00:06 | 00:30:20 | 00:42:31 | 01:16:36 | 01:28:04.75 | 01:28:10.90 | +00:18:29 (21.0%) | 8:00 | 7.5 (78.9%) |
| 29 | MISSALA Magdalena | 195 | POWER TRAINING | Elite Kobiety | 2 | 00:36:15 | 00:30:46 | 00:43:09 | 01:16:34 | 01:28:49.70 | 02:05:05.50 | +00:19:14 (21.7%) | 8:04 | 7.4 (77.9%) |
| 30 | MACHTYL Zygmunt | 79 | BEST BEASTS | Elite Mężczyźni | 28 | 00:21:09 | 00:32:24 | 00:44:20 | 01:18:14 | 01:28:53.30 | 01:50:03.15 | +00:19:18 (21.7%) | 8:04 | 7.4 (77.9%) |
| 31 | TATAROWICZ Jan | 181 | RAJ SPORT ACTIVE NINJA TEAM | Elite Mężczyźni | 29 | 00:21:13 | 00:30:57 | 00:43:16 | 01:19:07 | 01:30:18.55 | 01:51:31.55 | +00:20:43 (23.0%) | 8:12 | 7.3 (76.8%) |
| 32 | KARCZEWSKI Piotr | 15 | BEST BEASTS | Elite Mężczyźni | 30 | 00:00:08 | 00:33:08 | 00:45:01 | 01:20:18 | 01:31:41.90 | 01:31:50.80 | +00:22:07 (24.1%) | 8:20 | 7.2 (75.8%) |
| 33 | HENDZEL Miłosz | 37 | MUSTANGI KOBYLANKA | Elite Mężczyźni | 31 | 00:10:02 | 00:31:57 | 00:44:25 | 01:19:50 | 01:31:45.95 | 01:41:47.95 | +00:22:11 (24.2%) | 8:20 | 7.2 (75.8%) |
| 34 | BRZESKI Robert | 38 | CROSSELITE | Elite Mężczyźni | 32 | 00:10:03 | 00:30:47 | 00:42:58 | 01:13:03 | 01:31:56.30 | 01:41:59.70 | +00:22:21 (24.3%) | 8:21 | 7.2 (75.8%) |
| 35 | CZAPIEWSKI Sylwester | 10 | BIGYELLOWFOOT ADVENTURE TEAM | Elite Mężczyźni | 33 | 00:00:07 | 00:31:31 | 00:44:24 | 01:20:17 | 01:32:24.75 | 01:32:31.90 | +00:22:49 (24.7%) | 8:24 | 7.1 (74.7%) |
| 36 | KUNCEWICZ Szymon | 40 | CROSSELITE | Elite Mężczyźni | 34 | 00:10:03 | 00:32:23 | 00:44:47 | 01:19:52 | 01:32:46.05 | 01:42:49.85 | +00:23:11 (25.0%) | 8:26 | 7.1 (74.7%) |
| 37 | KNOP Marcin | 52 | LEMON TEAM | Elite Mężczyźni | 35 | 00:21:09 | 00:34:52 | 00:47:37 | 01:21:17 | 01:32:57.80 | 01:54:07.15 | +00:23:22 (25.2%) | 8:27 | 7.1 (74.7%) |
| 38 | JÓZEFIAK Aleksandra | 197 | BIEGUN OCR TEAM | Elite Kobiety | 3 | 00:36:14 | 00:32:32 | 00:45:35 | 01:22:16 | 01:35:22.90 | 02:11:37.85 | +00:25:48 (27.0%) | 8:40 | 6.9 (72.6%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas | | | | Czas netto 11km | Czas brutto 11km | Różn | Tempo min/km | Tempo km/h |
|-----|-----------------------------|------------|--------------------------------|-----------------|------|----------|----------|----------|----------|--------------------|--------------------|-------------------|--------------|-------------|
| | | | | | | startu | 3km | 5.5km | 8.5km | | | | | |
| 39 | DOBRYŃSKI Tomasz | 94 | XRUNNERS | Elite Mężczyźni | 36 | 00:21:11 | 00:32:26 | 00:44:03 | 01:21:53 | 01:36:30.25 | 01:57:41.30 | +00:26:55 (27.9%) | 8:46 | 6.8 (71.6%) |
| 40 | DALKIEWICZ Dariusz | 11 | CROSSFIT TEAM SUSZ | Elite Mężczyźni | 37 | 00:00:06 | 00:32:00 | 00:44:20 | 01:20:14 | 01:37:41.00 | 01:37:47.50 | +00:28:06 (28.8%) | 8:52 | 6.8 (71.6%) |
| 41 | SIROCKI Dawid | 80 | | Elite Mężczyźni | 38 | 00:21:11 | 00:33:27 | 00:45:46 | 01:25:02 | 01:37:50.20 | 01:59:01.55 | +00:28:15 (28.9%) | 8:53 | 6.7 (70.5%) |
| 42 | POLASZYK Krzysztof | 32 | | Elite Mężczyźni | 39 | 00:10:03 | 00:34:27 | 00:47:42 | 01:22:45 | 01:38:35.90 | 01:48:39.45 | +00:29:01 (29.4%) | 8:57 | 6.7 (70.5%) |
| 43 | KOTŁOWSKI Marcin | 7 | BIG YELLOW FOOT ADVENTURE TEAM | Elite Mężczyźni | 40 | 00:00:08 | 00:33:25 | 00:45:43 | 01:24:07 | 01:39:07.75 | 01:39:16.05 | +00:29:32 (29.8%) | 9:00 | 6.7 (70.5%) |
| 44 | MISSALA Mateusz | 75 | POWER TRAINING | Elite Mężczyźni | 41 | 00:21:09 | 00:33:59 | 00:48:21 | 01:27:01 | 01:39:39.15 | 02:00:49.00 | +00:30:04 (30.2%) | 9:03 | 6.6 (69.5%) |
| 45 | LITWINSK Mirosław | 89 | | Elite Mężczyźni | 42 | 00:21:12 | 00:32:35 | 00:44:54 | 01:20:57 | 01:40:07.40 | 02:01:19.90 | +00:30:32 (30.5%) | 9:06 | 6.6 (69.5%) |
| 46 | KOZŁOWSKI Michał | 28 | | Elite Mężczyźni | 43 | 00:10:04 | 00:36:48 | 00:50:27 | 01:27:15 | 01:40:12.15 | 01:50:16.50 | +00:30:37 (30.6%) | 9:06 | 6.6 (69.5%) |
| 47 | WIŚNIEWSKI Michał | 21 | BEST BEASTS | Elite Mężczyźni | 44 | 00:00:10 | 00:35:11 | 00:47:24 | 01:24:42 | 01:41:16.15 | 01:41:26.55 | +00:31:41 (31.3%) | 9:12 | 6.5 (68.4%) |
| 48 | JANISZEWSKI Grzegorz | 67 | DZIADY OCR | Elite Mężczyźni | 45 | 00:00:08 | 00:33:46 | 00:47:49 | 01:24:29 | 01:41:46.40 | 01:41:55.05 | +00:32:11 (31.6%) | 9:15 | 6.5 (68.4%) |
| 49 | SARZYŃSKI Arkadiusz | 62 | BIEGUN OCR TEAM | Elite Mężczyźni | 46 | 00:21:11 | 00:35:34 | 00:49:04 | 01:29:04 | 01:42:43.35 | 02:03:55.10 | +00:33:08 (32.3%) | 9:20 | 6.4 (67.4%) |
| 50 | DACIO Mirek | 4 | | Elite Mężczyźni | 47 | 00:00:06 | 00:35:48 | 00:49:35 | 01:29:18 | 01:44:30.75 | 01:44:37.45 | +00:34:55 (33.4%) | 9:30 | 6.3 (66.3%) |
| 51 | ZIMIŃSKI Paweł | 70 | GLADIATORSBYRMF4 | Elite Mężczyźni | 48 | 00:21:13 | 00:39:02 | 00:53:56 | 01:31:52 | 01:44:38.65 | 02:05:52.00 | +00:35:03 (33.5%) | 9:30 | 6.3 (66.3%) |
| 52 | SZUBERTOWSKI Kamil | 93 | | Elite Mężczyźni | 49 | 00:10:01 | 00:37:38 | 00:51:25 | 01:31:32 | 01:45:07.90 | 01:55:09.45 | +00:35:33 (33.8%) | 9:33 | 6.3 (66.3%) |
| 53 | KACHNIARZ Łukasz | 91 | MUSTANGI KOBYLANKA | Elite Mężczyźni | 50 | 00:10:03 | 00:36:13 | 00:51:06 | 01:32:25 | 01:46:00.60 | 01:56:03.90 | +00:36:25 (34.4%) | 9:38 | 6.2 (65.3%) |
| 54 | TATAREWICZ Arkadiusz | 8 | | Elite Mężczyźni | 51 | 00:00:07 | 00:36:24 | 00:50:00 | 01:31:33 | 01:46:09.95 | 01:46:17.85 | +00:36:35 (34.5%) | 9:39 | 6.2 (65.3%) |
| 55 | NAJDEREK Michał | 47 | FURIA CHODZIEŻ | Elite Mężczyźni | 52 | 00:10:03 | 00:38:05 | 00:52:54 | 01:31:55 | 01:46:50.15 | 01:56:53.95 | +00:37:15 (34.9%) | 9:42 | 6.2 (65.3%) |
| 56 | KARCZEWSKI Adam | 17 | SRK | Elite Mężczyźni | 53 | 00:00:07 | 00:36:57 | 00:51:12 | 01:33:52 | 01:47:49.75 | 01:47:57.20 | +00:38:14 (35.5%) | 9:48 | 6.1 (64.2%) |
| 57 | JAGODZIŃSKI Damian | 33 | XRUNNERS | Elite Mężczyźni | 54 | 00:10:01 | 00:40:08 | 00:54:41 | 01:35:11 | 01:47:54.45 | 01:57:56.30 | +00:38:19 (35.5%) | 9:48 | 6.1 (64.2%) |
| 58 | BRUSIŁO Bartosz | 71 | UNITED RUNNERS | Elite Mężczyźni | 55 | 00:21:10 | 00:38:14 | 00:53:04 | 01:34:51 | 01:48:58.00 | 02:10:08.50 | +00:39:23 (36.1%) | 9:54 | 6.1 (64.2%) |
| 59 | TOMCZAK Artur | 19 | | Elite Mężczyźni | 56 | 00:00:07 | 00:36:24 | 00:49:26 | 01:29:36 | 01:49:22.35 | 01:49:29.85 | +00:39:47 (36.4%) | 9:56 | 6 (63.2%) |
| 60 | ŁAWRENCZUK Paweł | 63 | RAJ SPORT ACTIVE | Elite Mężczyźni | 57 | 00:21:08 | 00:36:00 | 00:49:45 | 01:28:13 | 01:51:26.00 | 02:12:34.95 | +00:41:51 (37.6%) | 10:07 | 5.9 (62.1%) |
| 61 | ZALEJASZ Paulina | 190 | XRUNNERS | Elite Kobiety | 4 | 00:36:15 | 00:38:47 | 00:54:20 | 01:39:02 | 01:52:11.30 | 02:28:27.10 | +00:42:36 (38.0%) | 10:11 | 5.9 (62.1%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas | | | | Czas netto 11km | Czas brutto 11km | Różn | Tempo min/km | Tempo km/h |
|-----|--------------------------------|------------|-------------------------------|-----------------|------|----------|-------------|-------------|-------------|-----------------------|--------------------|-------------------|--------------|-------------|
| | | | | | | startu | 3km | 5.5km | 8.5km | | | | | |
| 62 | SZCZUKA Leszek | 50 | CROSSELITE | Elite Mężczyźni | 58 | 00:10:02 | 00:38:42 | 00:53:50 | 01:37:46 | 01:52:28.45 | 02:02:30.55 | +00:42:53 (38.1%) | 10:13 | 5.9 (62.1%) |
| 63 | PIŁAT Paweł | 54 | BEST BEASTS | Elite Mężczyźni | 59 | 00:00:08 | 00:37:43 | 00:51:52 | 01:34:21 | 01:54:58.35 | 01:55:06.90 | +00:45:23 (39.5%) | 10:27 | 5.7 (60.0%) |
| 64 | GRABARZ Artur | 61 | RAJSPORTACTIVE | Elite Mężczyźni | 60 | 00:21:12 | 00:33:55 | 00:50:09 | 01:32:05 | 01:55:03.45 | 02:16:15.55 | +00:45:28 (39.5%) | 10:27 | 5.7 (60.0%) |
| 65 | FRONTCZAK Izabela | 196 | | Elite Kobiety | 5 | 00:36:16 | 00:38:13 | 00:54:54 | 01:38:29 | 01:58:12.75 | 02:34:29.15 | +00:48:37 (41.1%) | 10:44 | 5.6 (58.9%) |
| 66 | NOWICKI Marcin | 66 | WOLF TEAM | Elite Mężczyźni | 61 | 00:21:10 | 00:43:07 | 00:59:34 | 01:43:51 | 02:00:41.00 | 02:21:51.35 | +00:51:06 (42.3%) | 10:58 | 5.5 (57.9%) |
| 67 | OŚCIK Krzysztof | 82 | | Elite Mężczyźni | 62 | 00:21:14 | 00:39:12 | 00:54:08 | 01:37:54 | 02:02:49.85 | 02:24:03.85 | +00:53:14 (43.4%) | 11:09 | 5.4 (56.8%) |
| 68 | WIECZOREK Mateusz | 31 | XRUNNERS | Elite Mężczyźni | 63 | 00:10:02 | 00:43:01 | 00:59:06 | 01:51:05 | 02:06:04.80 | 02:16:07.00 | +00:56:29 (44.8%) | 11:27 | 5.2 (54.7%) |
| 69 | LATOPOLSKI Piotr | 42 | CROSSFIT SUSZ | Elite Mężczyźni | 64 | 00:10:02 | 00:37:00 | 00:51:11 | 01:40:07 | 02:08:40.50 | 02:18:42.90 | +00:59:05 (45.9%) | 11:41 | 5.1 (53.7%) |
| 70 | GRYŻEWSKI Karol | 57 | NIE W SZCZEPIONKĘ TEAM | Elite Mężczyźni | 65 | 00:21:12 | 00:46:00 | 01:03:36 | 01:54:29 | 02:12:04.30 | 02:33:16.30 | +01:02:29 (47.3%) | 12:00 | 5 (52.6%) |
| 71 | ŁAWNICZAK Justyna | 180 | WOLF TEAM | Elite Kobiety | 6 | 00:36:16 | 00:42:41 | 01:01:39 | 01:51:52 | 02:12:32.75 | 02:48:49.00 | +01:02:57 (47.5%) | 12:02 | 5 (52.6%) |
| 72 | DUKIEWICZ Dariusz | 1 | WOLF TEAM | Elite Mężczyźni | 66 | 00:00:05 | 00:44:10 | 01:00:55 | 01:52:53 | 02:15:19.10 | 02:15:24.65 | +01:05:44 (48.6%) | 12:18 | 4.9 (51.6%) |
| 73 | KARCZMAR Kornelia | 193 | WF OCR TEAM KOSTRZYN NAD ODRĄ | Elite Kobiety | 7 | 00:36:15 | 00:45:38 | 01:05:06 | 01:52:55 | 02:19:01.65 | 02:55:16.95 | +01:09:26 (50.0%) | 12:38 | 4.7 (49.5%) |
| 74 | JAŁOCHA Sylwia | 186 | LEMON TEAM | Elite Kobiety | 8 | 00:36:16 | 00:48:49 | 01:06:26 | 01:54:24 | 02:20:28.60 | 02:56:44.95 | +01:10:53 (50.5%) | 12:46 | 4.7 (49.5%) |
| 75 | ŁOBOCKI Andrzej | 22 | POSITIVE FREAKS TEAM | Elite Mężczyźni | 67 | 00:00:06 | 00:45:37 | 01:05:43 | 01:57:27 | 02:20:31.90 | 02:20:38.00 | +01:10:57 (50.5%) | 12:46 | 4.7 (49.5%) |
| 76 | MALIUSHYTSKYI Oleksandr | 30 | CROSSELITE | Elite Mężczyźni | 68 | 00:10:00 | 00:48:44 | 01:06:17 | 01:57:43 | 02:22:19.30 | 02:32:20.25 | +01:12:44 (51.1%) | 12:56 | 4.6 (48.4%) |
| 77 | STEFANIAK Dariusz | 9 | WOLF TEAM | Elite Mężczyźni | 69 | 00:00:06 | 00:44:36 | 01:02:31 | 01:56:17 | 02:23:32.20 | 02:23:38.70 | +01:13:57 (51.5%) | 13:02 | 4.6 (48.4%) |
| 78 | KACZOR Paulina | 194 | | Elite Kobiety | 9 | 00:36:16 | 00:44:44 | 01:05:53 | 01:58:10 | 02:24:33.70 | 03:00:50.65 | +01:14:58 (51.9%) | 13:08 | 4.6 (48.4%) |
| 79 | KULAK Rafał | 49 | BALTIC SEALS | Elite Mężczyźni | 70 | 00:10:00 | 00:47:18 | 01:04:23 | 02:00:46 | 02:26:04.05 | 02:36:04.85 | +01:16:29 (52.4%) | 13:16 | 4.5 (47.4%) |
| DQ | KUZNICKI Paweł | 74 | | Elite Mężczyźni | | DQ | 00:39:55 DQ | 00:55:58 DQ | 01:35:02 DQ | 01:50:26.55 DQ | DQ | | 0:00 | 6 (63.2%) |
| DQ | CICHOSZ Maksymilian | 55 | | Elite Mężczyźni | | DQ | 00:39:10 DQ | 00:54:19 DQ | 01:38:13 DQ | 01:52:56.00 DQ | DQ | | 0:00 | 5.8 (61.1%) |
| DQ | TARKOWSKI Dawid | 29 | CROSSELITE | Elite Mężczyźni | | DQ | 00:43:55 DQ | 01:03:00 DQ | 01:57:39 DQ | 02:17:03.85 DQ | DQ | | 0:00 | 4.8 (50.5%) |
| DQ | KOŁODZIEJEK Robert | 60 | RAISPORT ACTIVE | Elite Mężczyźni | | DQ | 00:51:17 DQ | 01:13:36 DQ | 02:03:21 DQ | 02:28:12.55 DQ | DQ | | 0:00 | 4.5 (47.4%) |
| DQ | WINKLER Mateusz | 76 | VIKINGS RUN TEAM | Elite Mężczyźni | | DQ | 00:50:03 DQ | 01:10:00 DQ | DQ | DQ | DQ | | | (0.0%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas startu | 3km | 5.5km | 8.5km | Czas netto 11km | Czas brutto 11km | Różn | Tempo min/km | Tempo km/h |
|-----|----------------------------|------------|------------------------|-----------------|------|-------------|-----------------|----------------|----------|--------------------|--------------------|------|--------------|----------------|
| DQ | STEFANIAK Katarzyna | 188 | WOLF TEAM | Elite Kobiety | | DQ | 00:52:27 DQ | 01:10:53 DQ | DQ | DQ | DQ | | | (0.0%) |
| DQ | WŁODARSKI Dariusz | 39 | CROSSELITE | Elite Mężczyźni | | DQ | 00:57:07 DQ | 01:14:47 DQ | DQ | DQ | DQ | | | (0.0%) |
| LIM | GANKO Karolina | 185 | NIE W SZCZEPIONKĘ TEAM | Elite Kobiety | | 00:36:17 | 00:57:40 | 01:17:16 | 02:13:54 | 02:36:02.85 | 03:12:19.95 | | 0:00 | 4.2 (44.2%) |
| LIM | TOMCZAK Joanna | 189 | | Elite Kobiety | | 00:36:16 | 00:50:12 | 01:10:53 | 02:13:55 | 02:36:02.90 | 03:12:19.60 | | 0:00 | 4.2 (44.2%) |
| LIM | ŁĘPICKI Mateusz | 6 | LEMON TEAM | Elite Mężczyźni | | 00:00:08 | 01:04:46 | 01:26:29 | 02:33:36 | 02:54:20.50 | 02:54:29.45 | | 0:00 | 3.8 (40.0%) |
| | S Adam | 44 | RAJSPORTACTIVE | Elite Mężczyźni | | DNF | 00:43:28 DNF | DNF | DNF | DNF | DNF | | - | - (0.0%) |

Znaleziono 90 wynik(ów)