



## BIEGUN ELITE

B4SPORT

**Wydarzenie:** Biegun - Obstacle Rush  
**Organizator:** OCR Events  
**Data:** 2022-07-02  
**Miejsce:** Gdynia  
**Dystans:** 5 km

**B4SPORT**  
INTELEGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	2.5km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	<b>KURASZ Filip</b>	<b>44</b>	BIG YELLOW FOOT ADVENTURE TEAM	Elite Mężczyźni	1	00:22:54	<b>00:37:25.40</b>		7:29	8 (100%)
2	<b>JÓZEFIAK Łukasz</b>	<b>279</b>	BIEGUN OCR TEAM	Elite Mężczyźni	2	00:23:01	<b>00:37:55.30</b>	+00:00:29 (1.3%)	7:35	7.9 (98.8%)
3	<b>KAPICA Damian</b>	<b>33</b>	BIG YELLOW FOOT ADVENTURE TEAM	Elite Mężczyźni	3	00:25:41	<b>00:44:05.65</b>	+00:06:40 (15.1%)	8:49	6.8 (85.0%)
4	<b>BRZESKI Robert</b>	<b>76</b>	CROSSELITE	Elite Mężczyźni	4	00:27:35	<b>00:45:55.35</b>	+00:08:29 (18.5%)	9:11	6.5 (81.3%)
5	<b>WIECZOREK Mateusz</b>	<b>17</b>	XRUNNERS	Elite Mężczyźni	5	00:27:59	<b>00:46:15.15</b>	+00:08:49 (19.1%)	9:15	6.5 (81.3%)
6	<b>PIWOWARCZYK Anna</b>	<b>153</b>	BIG YELLOW FOOT ADVENTURE TEAM	Elite Kobiety	1	00:27:33	<b>00:47:51.20</b>	+00:10:25 (21.8%)	9:34	6.3 (78.8%)
7	<b>MICHALIK Piotr</b>	<b>37</b>	BIEGUN OCR TEAM	Elite Mężczyźni	6	00:27:32	<b>00:49:24.25</b>	+00:11:58 (24.3%)	9:52	6.1 (76.3%)
8	<b>WIĘCŁAWSKA Magdalena</b>	<b>172</b>	BIEGUN OCR TEAM	Elite Kobiety	2	00:28:14	<b>00:50:07.20</b>	+00:12:41 (25.3%)	10:01	6 (75.0%)
9	<b>BŁASZCZYK Łukasz</b>	<b>72</b>	WARRIORS ŁÓDŹ	Elite Mężczyźni	7	00:32:03	<b>00:51:09.00</b>	+00:13:43 (26.8%)	10:13	5.9 (73.8%)
10	<b>DZIÓBEK Lech</b>	<b>71</b>	BIEGUN OCR TEAM	Elite Mężczyźni	8	00:28:56	<b>00:51:33.75</b>	+00:14:08 (27.4%)	10:18	5.8 (72.5%)
11	<b>BARAN Konrad</b>	<b>64</b>	WARRIORS ŁÓDŹ	Elite Mężczyźni	9	00:31:41	<b>00:52:40.65</b>	+00:15:15 (29.0%)	10:32	5.7 (71.3%)
12	<b>ZBROJA Filip</b>	<b>60</b>	BIG YELLOW FOOT ADVENTURE TEAM	Elite Mężczyźni	10	00:27:59	<b>00:53:46.60</b>	+00:16:21 (30.4%)	10:45	5.6 (70.0%)
13	<b>WADOŁKOWSKA Paulina</b>	<b>183</b>	BIG YELLOW FOOT ADVENTURE TEAM	Elite Kobiety	3	00:30:47	<b>00:53:59.65</b>	+00:16:34 (30.7%)	10:47	5.6 (70.0%)
14	<b>PORĘBSKI Michał</b>	<b>52</b>	BAYWATCHOCR	Elite Mężczyźni	11	00:31:47	<b>00:54:50.45</b>	+00:17:25 (31.8%)	10:58	5.5 (68.8%)
15	<b>MAZEPA Izabela</b>	<b>177</b>		Elite Kobiety	4	00:30:53	<b>00:54:57.10</b>	+00:17:31 (31.9%)	10:59	5.5 (68.8%)
16	<b>KARCZEWSKI Adam</b>	<b>38</b>	HOLDTHELINE	Elite Mężczyźni	12	00:29:58	<b>00:55:23.10</b>	+00:17:57 (32.4%)	11:04	5.4 (67.5%)
17	<b>MISSALA Mateusz</b>	<b>66</b>		Elite Mężczyźni	13	00:31:56	<b>00:56:00.10</b>	+00:18:34 (33.2%)	11:12	5.4 (67.5%)
18	<b>KOCHANEK Paweł</b>	<b>59</b>	ACTIVE FLOW	Elite Mężczyźni	14	00:32:41	<b>00:56:45.55</b>	+00:19:20 (34.1%)	11:21	5.3 (66.3%)
19	<b>FIRST Tomasz</b>	<b>3</b>	POWER TRAINING	Elite Mężczyźni	15	00:31:27	<b>00:57:28.05</b>	+00:20:02 (34.9%)	11:29	5.2 (65.0%)
20	<b>SZYMAŃSKI Bartomiej</b>	<b>7</b>	WARRIORS ŁÓDŹ	Elite Mężczyźni	16	00:35:37	<b>00:57:28.35</b>	+00:20:02 (34.9%)	11:29	5.2 (65.0%)
21	<b>SKRODZKI Mateusz</b>	<b>35</b>		Elite Mężczyźni	17	00:32:56	<b>00:58:37.45</b>	+00:21:12 (36.2%)	11:43	5.1 (63.8%)
22	<b>GARNUSZEK Anita</b>	<b>175</b>	POWER TRAINING	Elite Kobiety	5	00:32:33	<b>00:58:46.40</b>	+00:21:21 (36.3%)	11:45	5.1 (63.8%)
23	<b>SZYMAŃSKI Jakub</b>	<b>24</b>	REHA PRESTIGE TEAM	Elite Mężczyźni	18	00:34:11	<b>01:00:05.60</b>	+00:22:40 (37.7%)	12:01	5 (62.5%)
24	<b>GAŁUSZYŃSKI Paweł</b>	<b>42</b>	ACTIVE FLOW	Elite Mężczyźni	19	00:36:06	<b>01:00:21.60</b>	+00:22:56 (38.0%)	12:04	5 (62.5%)
25	<b>MISSALA Michał</b>	<b>74</b>	POWER TRAINING	Elite Mężczyźni	20	00:34:58	<b>01:00:38.35</b>	+00:23:12 (38.3%)	12:07	4.9 (61.3%)
26	<b>DĄBROWSKI Tomasz</b>	<b>31</b>	MOVEMENT ARENA SUWALKI	Elite Mężczyźni	21	00:35:03	<b>01:02:22.30</b>	+00:24:56 (40.0%)	12:28	4.8 (60.0%)
27	<b>KARPIŃSKI Tomasz</b>	<b>11</b>		Elite Mężczyźni	22	00:32:57	<b>01:03:17.00</b>	+00:25:51 (40.9%)	12:39	4.7 (58.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	2.5km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
28	<b>CYBAŁKO Katarzyna</b>	<b>176</b>	BIEGUN NINJA TEAM	Elite Kobiety	6	00:36:58	<b>01:03:22.10</b>	+00:25:56 (40.9%)	12:40	4.7 (58.8%)
29	<b>MALCZEWSKI Tomasz</b>	<b>6</b>	RAJSPOORT ACTIVE	Elite Mężczyźni	23	00:35:39	<b>01:04:50.35</b>	+00:27:24 (42.3%)	12:58	4.6 (57.5%)
30	<b>ZAWADZKA Monika</b>	<b>169</b>	ACTIVE FLOW	Elite Kobiety	7	00:37:53	<b>01:04:59.55</b>	+00:27:34 (42.4%)	12:59	4.6 (57.5%)
31	<b>PROKOPOWICZ Weronika</b>	<b>182</b>	ACTIVE FLOW	Elite Kobiety	8	00:35:34	<b>01:05:00.50</b>	+00:27:35 (42.4%)	13:00	4.6 (57.5%)
32	<b>MIŁOŚ Barbara</b>	<b>180</b>	BIGYELLOWFOOT ADVENTURE TEAM	Elite Kobiety	9	00:32:08	<b>01:05:28.20</b>	+00:28:02 (42.8%)	13:05	4.6 (57.5%)
33	<b>GAŁUSZYŃSKI Łukasz</b>	<b>63</b>	ACTIVE FLOW	Elite Mężczyźni	24	00:39:27	<b>01:05:51.35</b>	+00:28:25 (43.2%)	13:10	4.6 (57.5%)
34	<b>RADOMSKI Adam</b>	<b>10</b>		Elite Mężczyźni	25	00:35:00	<b>01:06:22.40</b>	+00:28:57 (43.6%)	13:16	4.5 (56.3%)
35	<b>CZARNECKI Krzysztof</b>	<b>30</b>	OCR PARK TEAM	Elite Mężczyźni	26	00:37:40	<b>01:07:54.90</b>	+00:30:29 (44.9%)	13:34	4.4 (55.0%)
36	<b>BRATKOWSKI Paweł</b>	<b>29</b>	TORPEDA RACE TEAM	Elite Mężczyźni	27	00:37:35	<b>01:09:01.65</b>	+00:31:36 (45.8%)	13:48	4.3 (53.8%)
37	<b>JAŁOCHA Sylwia</b>	<b>170</b>	AMBASADOR/LEMON TEAM	Elite Kobiety	10	00:38:11	<b>01:09:10.45</b>	+00:31:45 (45.9%)	13:50	4.3 (53.8%)
38	<b>KONDEJ Michał</b>	<b>16</b>	ACTIVE FLOW	Elite Mężczyźni	28	00:39:24	<b>01:09:29.40</b>	+00:32:04 (46.1%)	13:53	4.3 (53.8%)
39	<b>SZOJDA Aleksandra</b>	<b>151</b>	VIKING TRAINING CENTER	Elite Kobiety	11	00:42:56	<b>01:12:33.70</b>	+00:35:08 (48.4%)	14:30	4.1 (51.3%)
40	<b>STANKEVICH Aliaksandra</b>	<b>168</b>		Elite Kobiety	12	00:43:02	<b>01:12:57.60</b>	+00:35:32 (48.7%)	14:35	4.1 (51.3%)
41	<b>PEK Dariusz</b>	<b>69</b>		Elite Mężczyźni	29	00:38:13	<b>01:13:28.55</b>	+00:36:03 (49.1%)	14:41	4.1 (51.3%)
42	<b>SZUFLICKI Tymon</b>	<b>20</b>	LENIWCE Z MAGNOLII	Elite Mężczyźni	30	00:44:13	<b>01:14:47.80</b>	+00:37:22 (50.0%)	14:57	4 (50.0%)
43	<b>SZCZUKOWSKI Michał</b>	<b>70</b>		Elite Mężczyźni	31	00:39:28	<b>01:17:06.65</b>	+00:39:41 (51.5%)	15:25	3.9 (48.8%)
44	<b>GIEJŁO Monika</b>	<b>152</b>	KONTENER FORMY	Elite Kobiety	13	00:40:01	<b>01:17:16.65</b>	+00:39:51 (51.6%)	15:27	3.9 (48.8%)
45	<b>GAŃKO Mateusz</b>	<b>5</b>	OBSTACLE CENTER TEAM	Elite Mężczyźni	32	00:53:31	<b>01:19:52.20</b>	+00:42:26 (53.1%)	15:58	3.8 (47.5%)
46	<b>JULIKOWSKI Karol</b>	<b>62</b>	POWER TRAINING	Elite Mężczyźni	33	00:41:42	<b>01:20:19.85</b>	+00:42:54 (53.4%)	16:03	3.7 (46.3%)
47	<b>GAŃKO Karolina</b>	<b>154</b>	OBSTACLE CENTER TEAM	Elite Kobiety	14	00:39:47	<b>01:23:44.65</b>	+00:46:19 (55.3%)	16:44	3.6 (45.0%)
48	<b>ZYGMUNCIAK Jakub</b>	<b>18</b>	OSPRO OCR TEAM	Elite Mężczyźni	34	00:46:44	<b>01:23:48.95</b>	+00:46:23 (55.4%)	16:45	3.6 (45.0%)
49	<b>MARKOWSKA Nikola</b>	<b>161</b>	RAJSPOORT ACTIVE	Elite Kobiety	15	00:42:46	<b>01:27:29.45</b>	+00:50:04 (57.2%)	17:29	3.4 (42.5%)
50	<b>DOBROWOLSKA Dorota</b>	<b>160</b>	ACTIVE FLOW	Elite Kobiety	16	00:45:08	<b>01:30:10.75</b>	+00:52:45 (58.5%)	18:02	3.3 (41.3%)
51	<b>CHOJNACKI Tomasz</b>	<b>67</b>	ACTIVE FLOW	Elite Mężczyźni	35	00:45:58	<b>01:32:20.10</b>	+00:54:54 (59.5%)	18:28	3.2 (40.0%)
52	<b>PREWYSZ-KWINTO Marta Jolanta</b>	<b>158</b>		Elite Kobiety	17	01:12:38	<b>01:53:18.50</b>	+01:15:53 (67.0%)	22:39	2.6 (32.5%)
<b>Przekroczony limit czasu: 02:00:00</b>										
53	<b>BŁAŻYCA Zofia</b>	<b>179</b>	LEMON TEAM	Elite Kobiety	18	01:30:36	<b>03:49:07.95</b>	+03:11:42 (83.7%)	45:49	1.3 (16.3%)
DNC	<b>KRĘGIELSKI Filip</b>	<b>75</b>		Elite Mężczyźni		00:27:54	<b>00:47:10.45</b>		0:00	6.4 (80.0%)
DNC	<b>FIGEL Jakub</b>	<b>45</b>	BIG YELLOW FOOT ADVENTURE TEAM	Elite Mężczyźni		00:29:54	<b>00:55:25.15</b>		0:00	5.4 (67.5%)
DNC	<b>WANAGOS Dorota</b>	<b>178</b>	BIEGUN OCR TEAM	Elite Kobiety		00:35:06	<b>00:59:17.25</b>		0:00	5.1 (63.8%)
DNC	<b>LIS Maciej</b>	<b>8</b>	OCR PARK TEAM	Elite Mężczyźni		00:40:09	<b>01:13:22.10</b>		0:00	4.1 (51.3%)
DNC	<b>MICEK Jan</b>	<b>28</b>	LEMON TEAM	Elite Mężczyźni		00:47:25	<b>01:14:57.45</b>		0:00	4 (50.0%)
DNC	<b>SCHMIDT Line</b>	<b>157</b>		Elite Kobiety		01:02:50	<b>01:21:46.50</b>		0:00	3.7 (46.3%)
DNC	<b>SKOCZYŁAS Łukasz</b>	<b>4</b>		Elite Mężczyźni		00:37:55	<b>01:25:34.95</b>		0:00	3.5 (43.8%)
DNC	<b>KOWALSKI Dominik</b>	<b>21</b>	CHOJNIE OBDARZENI	Elite Mężczyźni		00:41:14	<b>01:27:37.05</b>		0:00	3.4 (42.5%)
DNC	<b>ROPELA Monika</b>	<b>156</b>	WOLF TEAM	Elite Kobiety		00:55:19	<b>01:35:07.25</b>		0:00	3.2 (40.0%)
DNC	<b>KWIATKOWSKA Daria</b>	<b>174</b>	WARRIORS ŁÓDŹ	Elite Kobiety		00:52:36	<b>01:35:07.60</b>		0:00	3.2 (40.0%)
DNC	<b>TARKOWSKI Dawid</b>	<b>78</b>	CROSSELITE	Elite Mężczyźni		00:40:20	<b>01:45:24.20</b>		0:00	2.8 (35.0%)
DNC	<b>GODEK Asia</b>	<b>155</b>		Elite Kobiety		01:09:20	<b>01:50:31.55</b>		0:00	2.7 (33.8%)
DNC	<b>NOWAK Paweł</b>	<b>2</b>	BALTIC SEALS/AMBASADOR	Elite Mężczyźni		01:10:57	<b>01:52:18.35</b>		0:00	2.7 (33.8%)
DNC	<b>PAKUŁA Ewa</b>	<b>181</b>	OBSTACLE CENTER TEAM	Elite Kobiety		01:12:37	<b>01:53:21.05</b>		0:00	2.6 (32.5%)
DNC	<b>ZIELIŃSKI Tomasz</b>	<b>73</b>	KONTENER FORMY	Elite Mężczyźni		00:40:38	<b>01:56:41.15</b>		0:00	2.6 (32.5%)