

BIEGUN OPEN

B4SPORT

Wydarzenie: Biegun - Gniew Bosmana
Organizator: OCR Events
Data: 2020-07-04
Miejsce: Gdynia
Dystans: 4.7 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Okr.	Różn	Tempo min/km	Tempo km/h	Fastest Lap	Średnie okrążenie
1	JÓZWICKI Karol	1504	OUTDOOR TRAINING	OPEN	1	02:21:28	3	0	13:01	4.6 (100%)	00:57:11	01:48:24
	4.7km: 00:47:20 9.4km: 01:44:32 14.1km: 03:03:46											
2	KĘDZIOREK Eryk	1525	BAUKRANE BUDOWNICTWO	OPEN	2	02:32:41	2	-1	14:06	4.3 (93.5%)	01:08:00	02:22:38
	4.7km: 01:04:36 9.4km: 02:12:36											
3	BRASZKA Robert	1339		OPEN	3	00:31:07	2	-1	17:20	3.5 (76.1%)	01:34:11	01:37:06
	4.7km: 01:08:53 9.4km: 02:43:05											
4	KAMIŃSKI Paweł	1673	TRENER24H.OCR.COM	OPEN	4	01:39:35	2	-1	17:21	3.5 (76.1%)	01:38:22	02:11:23
	4.7km: 01:04:49 9.4km: 02:43:11											
5	KNASIECKI Piotr	1463		OPEN	5	01:59:36	2	-1	17:46	3.4 (73.9%)	01:28:47	02:23:20
	4.7km: 01:18:18 9.4km: 02:47:05											
6	DUNAJ Kamil	1373	BIG YELLOW FOOT ADVENTURE TEAM	OPEN	6	00:40:07	2	-1	18:15	3.3 (71.7%)	01:33:39	01:45:54
	4.7km: 01:18:01 9.4km: 02:51:41											
7	LEŚNIAK Grzegorz	1456	DIRTY SPARROWS	OPEN	7	01:59:35	2	-1	18:22	3.3 (71.7%)	01:45:31	02:26:11
	4.7km: 01:07:15 9.4km: 02:52:47											
8	KOSTRZON Maciej	1459	OCR DZIADY	For Fun	1	01:59:40	2	-1	18:24	3.3 (71.7%)	01:41:37	02:26:21
	4.7km: 01:11:26 9.4km: 02:53:03											
9	MATEJCZYK Artur	1503	OUTDOOR TRAINING	OPEN	8	02:21:30	2	-1	18:24	3.3 (71.7%)	01:42:05	02:37:16
	4.7km: 01:10:58 9.4km: 02:53:03											
10	SERAFIN Aleksandra	1650		For Fun	2	02:32:42	2	-1	18:25	3.3 (71.7%)	00:27:02	02:42:58
	4.7km: 02:26:13 9.4km: 02:53:15											
11	PIASECKI Dawid	1281	CALISTHENICS PŁOCK	OPEN	9	00:00:11	2	-1	18:27	3.2 (69.6%)	01:22:02	01:26:53
	4.7km: 01:31:33 9.4km: 02:53:35											
12	WITKOWSKI Dariusz	1508	OUTDOOR TRAINING	OPEN	10	02:21:30	2	-1	18:32	3.2 (69.6%)	01:32:03	02:37:53
	4.7km: 01:22:12 9.4km: 02:54:16											

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Okr.	Różn	Tempo min/km	Tempo km/h	Fastest Lap	Średnie okrążenie
13	RYNKOWSKI Marcin 4.7km: 01:14:13 9.4km: 02:55:13	1298	CROSSFIT SUSZ	OPEN	11	00:09:13	2	-1	18:38	3.2 (69.6%)	01:23:26	01:32:13
14	PTASZNIK Michał 4.7km: 00:59:05 9.4km: 02:55:38	1303	HARPAGAN RUNNERS	OPEN	12	00:00:09	2	-1	18:41	3.2 (69.6%)	00:59:14	01:27:53
15	DURKA Michał 4.7km: 01:31:57 9.4km: 02:59:19	1280	CALISTHENICS PŁOCK	OPEN	13	00:00:12	2	-1	19:04	3.1 (67.4%)	01:27:22	01:29:45
16	SZYMAŃSKI Artur 4.7km: 01:31:59 9.4km: 03:00:06	1278	CALISTHENICS PŁOCK	OPEN	14	00:00:12	2	-1	19:09	3.1 (67.4%)	01:28:06	01:30:09
17	GRABOWSKA Izabela 4.7km: 01:32:11 9.4km: 03:00:37	1579	BESTBEASTS	OPEN	15	03:02:43	2	-1	19:12	3.1 (67.4%)	01:28:26	03:01:40
18	POKOJOWCZYK Adrian 4.7km: 01:22:50 9.4km: 03:00:37	1527		OPEN	16	02:32:42	2	-1	19:12	3.1 (67.4%)	01:37:47	02:46:39
19	1644 4.7km: 01:16:26 9.4km: 03:01:21	1644		OPEN	17	03:02:42	2	-1	19:17	3.1 (67.4%)	01:44:54	03:02:01
20	PACHOS Nicholas 4.7km: 01:03:13 9.4km: 03:03:29	1466		OPEN	18	01:59:37	2	-1	19:31	3.1 (67.4%)	02:00:15	02:31:33
21	BANACH Mateusz 4.7km: 01:10:27 9.4km: 03:03:50	1338		OPEN	19	00:31:07	2	-1	19:33	3.1 (67.4%)	01:41:34	01:47:28
22	WIŚNIEWSKA Sylwia 4.7km: 01:40:32 9.4km: 03:05:22	1296	CROSSFIT TEAM SUSZ	For Fun	3	00:09:13	2	-1	19:43	3 (65.2%)	01:24:49	01:37:17
23	LEWANDOWSKI Tomasz 4.7km: 01:40:11 9.4km: 03:05:26	1595	CROSSFIT TEAM SUSZ	For Fun	4	00:09:14	2	-1	19:43	3 (65.2%)	01:25:15	01:37:20
24	POHLID-DODA Anna 4.7km: 01:40:12 9.4km: 03:05:27	1297	CROSSFIT TEAM SUSZ	For Fun	5	00:09:14	2	-1	19:43	3 (65.2%)	01:25:15	01:37:20
25	CIROCKI Wiesław 4.7km: 01:17:08 9.4km: 03:05:34	1343	A-T CIROCKI	OPEN	20	00:31:08	2	-1	19:44	3 (65.2%)	01:48:16	01:48:21
26	SYLDATK Adam 4.7km: 01:24:29 9.4km: 03:14:19	1289	PRONESTA TEAM	OPEN	21	00:00:10	2	-1	20:40	2.9 (63.0%)	01:24:39	01:37:14
27	PIĘTKA Grzegorz 4.7km: 01:10:20 9.4km: 03:36:47	1295	HELL'S HEVEN SZCZECIN	OPEN	22	00:09:19	2	-1	23:03	2.6 (56.5%)	01:19:39	01:53:03
28	GODLEWSKA Magda 4.7km: 01:28:02 9.4km: 03:45:11	1306	CROSSFIT SUSZ	OPEN	23	00:09:13	2	-1	23:57	2.5 (54.3%)	01:37:15	01:57:12
29	MATYSIAK Sławomir 4.7km: 01:33:29 9.4km: 04:15:51	1553		OPEN	24	00:40:11	2	-1	27:13	2.2 (47.8%)	02:13:40	02:28:01
30	JĘDRYKA Anna 4.7km: 01:33:29 9.4km: 04:15:54	1576		OPEN	25	00:40:11	2	-1	27:13	2.2 (47.8%)	02:13:40	02:28:02

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Okr.	Różn	Tempo min/km	Tempo km/h	Fastest Lap	Średnie okrążenie
31	DAMPS Patryk	1275	RUN BEACH MORNING	OPEN	26	00:00:09	1	-2	8:29	7.1 (154.3%)	00:40:05	00:40:05
	4.7km: 00:39:56											
32	WEŁNA Rafał	1287		OPEN	27	00:00:08	1	-2	8:58	6.7 (145.7%)	00:42:18	00:42:18
	4.7km: 00:42:10											
33	BAŁDYGA Miłosz	1578	BIEGUN OCR TEAM	OPEN	28	00:09:11	1	-2	8:58	6.7 (145.7%)	00:51:22	00:51:22
	4.7km: 00:42:11											
34	SZULWACH Cezary	1647	BIEGUN OCR TEAM	OPEN	29	02:40:19	1	-2	9:10	6.5 (141.3%)	03:23:26	03:23:26
	4.7km: 00:43:07											
35	KOZA Damian	1291		OPEN	30	01:39:35	1	-2	9:30	6.3 (137.0%)	02:24:15	02:24:15
	4.7km: 00:44:40											
36	WERYK Mateusz	1420	BIEGUN OCR TEAM	OPEN	31	01:18:56	1	-2	9:39	6.2 (134.8%)	02:04:21	02:04:21
	4.7km: 00:45:25											
37	KALWAS Mateusz	1592	NEXTREME	OPEN	32	03:02:39	1	-2	10:39	5.6 (121.7%)	03:52:44	03:52:44
	4.7km: 00:50:05											
38	SĘKOWSKI Piotr	1277		OPEN	33	00:00:08	1	-2	10:46	5.6 (121.7%)	00:50:48	00:50:48
	4.7km: 00:50:40											
39	BŁĄKAŁA Mateusz	1442		OPEN	34	01:39:34	1	-2	11:31	5.2 (113.0%)	02:33:42	02:33:42
	4.7km: 00:54:08											
40	GONTEK Łukasz	1367	VWBATORY	OPEN	35	00:40:06	1	-2	11:54	5 (108.7%)	01:36:06	01:36:06
	4.7km: 00:56:00											
41	TALAREK Patryk	1533		OPEN	36	02:32:40	1	-2	12:16	4.9 (106.5%)	03:30:21	03:30:21
	4.7km: 00:57:41											
42	MILEWSKA Anna	1374	BIGYELLOWFOOT ADVENTURE TEAM	OPEN	37	00:40:06	1	-2	12:29	4.8 (104.3%)	01:38:48	01:38:48
	4.7km: 00:58:42											
43	KWIATKOWSKI Tomasz	1548	BIEGUN OCR TEAM	OPEN	38	03:02:41	1	-2	12:37	4.8 (104.3%)	04:02:03	04:02:03
	4.7km: 00:59:22											
44	GILLA Grzegorz	1370		OPEN	39	00:40:06	1	-2	12:44	4.7 (102.2%)	01:39:57	01:39:57

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Okr.	Różn	Tempo min/km	Tempo km/h	Fastest Lap	Średnie okrążenie
	4.7km: 00:59:51											
45	JARZYNA Bartłomiej	1605	BIEGOWE NYGUSY	OPEN	40	02:32:42	1	-2	13:03	4.6 (100%)	03:34:05	03:34:05
	4.7km: 01:01:23											
46	CIEPIELA Karol	1478	ROAD TO NINJA WARRIOR	OPEN	41	02:09:40	1	-2	13:10	4.6 (100%)	03:11:34	03:11:34
	4.7km: 01:01:54											
47	OGRABEK Kamil	1506		OPEN	42	02:21:29	1	-2	13:27	4.5 (97.8%)	03:24:42	03:24:42
	4.7km: 01:03:13											
48	RUSZCZYK Paweł	1290		OPEN	43	00:00:11	1	-2	13:30	4.4 (95.7%)	01:03:42	01:03:42
	4.7km: 01:03:31											
49	GABRYCHOWICZ Patryk	1447	UNITED RUNNERS	OPEN	44	02:09:42	1	-2	13:48	4.3 (93.5%)	03:14:35	03:14:35
	4.7km: 01:04:53											
50	KALSKI Patryk	1654		OPEN	45	02:32:44	1	-2	14:28	4.1 (89.1%)	03:40:44	03:40:44
	4.7km: 01:08:00											
51	SZULCEK Patryk	1561	BIGYELLOWFOOT ADVENTURE TEAM	OPEN	46	02:51:20	1	-2	15:25	3.9 (84.8%)	04:03:50	04:03:50
	4.7km: 01:12:30											
52	KOWALEWSKI Krzysztof	1402	BIEGUN OCR TEAM	OPEN	47	00:59:52	1	-2	15:37	3.8 (82.6%)	02:13:17	02:13:17
	4.7km: 01:13:25											
53	GAŁUSZYŃSKA Katarzyna	1391	ACTIVE FLOW	OPEN	48	00:59:53	1	-2	16:06	3.7 (80.4%)	02:15:34	02:15:34
	4.7km: 01:15:41											
54	WILTOS Mateusz	1511		OPEN	49	02:32:44	1	-2	16:10	3.7 (80.4%)	03:48:45	03:48:45
	4.7km: 01:16:01											
55	MICHALCZYK Artur	1299	CROSSFIT SUSZ	OPEN	50	00:09:14	1	-2	16:12	3.7 (80.4%)	01:25:27	01:25:27
	4.7km: 01:16:13											
56	WRÓBEL Przemysław	1489		OPEN	51	02:09:43	1	-2	16:44	3.6 (78.3%)	03:28:22	03:28:22
	4.7km: 01:18:39											
57	BUTKIEWICZ Piotr	1371	BIGYELLOWFOOT ADEVNTURE TEAM	OPEN	52	00:40:08	1	-2	16:45	3.6 (78.3%)	01:58:56	01:58:56
	4.7km: 01:18:48											
58	BŁOŃSKI Dawid	1350	LACROIX	OPEN	53	00:31:07	1	-2	16:46	3.6 (78.3%)	01:49:58	01:49:58
	4.7km: 01:18:51											
59	POKRANT Dariusz	1293	CROFFFIT POLNA	OPEN	54	00:09:13	1	-2	17:10	3.5 (76.1%)	01:29:56	01:29:56
	4.7km: 01:20:43											
60	KOWAL Michał	1659		For Fun	6	01:59:36	1	-2	17:17	3.5 (76.1%)	03:20:51	03:20:51
	4.7km: 01:21:15											
61	PAWŁOWSKI Jacek	1300	STALOWOWOLSKI KLUB BIEGACZA	OPEN	55	00:00:11	1	-2	17:23	3.5 (76.1%)	01:21:54	01:21:54
	4.7km: 01:21:43											
62	PIWOWARCZYK Michał	1455		For Fun	7	01:59:38	1	-2	17:23	3.4 (73.9%)	03:21:23	03:21:23

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	4.7km: 01:21:45											
63	SKOCZYLAS Łukasz	1270	BIGYELLOWFOOT ADVENTURE TEAM	OPEN	56	00:00:08	1	-2	17:24	3.4 (73.9%)	01:21:57	01:21:57
	4.7km: 01:21:49											
64	ŚLIWIAK Dawid	1461		OPEN	57	01:59:38	1	-2	17:26	3.4 (73.9%)	03:21:37	03:21:37
	4.7km: 01:21:59											
65		1551		OPEN	58	02:32:44	1	-2	17:42	3.4 (73.9%)	03:55:57	03:55:57
	4.7km: 01:23:13											
66	KĘDZIOREK Paulina	1523		OPEN	59	02:32:42	1	-2	17:45	3.4 (73.9%)	03:56:12	03:56:12
	4.7km: 01:23:30											
67	MADEJSKI Andrzej	1675		OPEN	60	02:21:33	1	-2	17:48	3.4 (73.9%)	03:45:17	03:45:17
	4.7km: 01:23:44											
68	MAZEIKA Romas	1482		OPEN	61	02:09:40	1	-2	17:49	3.4 (73.9%)	03:33:28	03:33:28
	4.7km: 01:23:48											
69	ZARZECZAŃSKA-JANASIK Blanka	1464		For Fun	8	01:59:39	1	-2	18:00	3.3 (71.7%)	03:24:17	03:24:17
	4.7km: 01:24:38											
70	LICHOTA Przemysław	1502		OPEN	62	02:21:31	1	-2	18:06	3.3 (71.7%)	03:46:36	03:46:36
	4.7km: 01:25:05											
71	ŚLIWIAK Grzegorz	1462		OPEN	63	01:59:38	1	-2	18:08	3.3 (71.7%)	03:24:55	03:24:55
	4.7km: 01:25:17											
72	ŚLUSAR Marcin	1460		OPEN	64	01:59:39	1	-2	18:15	3.3 (71.7%)	03:25:29	03:25:29
	4.7km: 01:25:50											
73	FURTAN Krystian	1375		OPEN	65	00:31:10	1	-2	18:16	3.3 (71.7%)	01:57:03	01:57:03
	4.7km: 01:25:53											
74	SYLDATK Patryk	1292		OPEN	66	00:09:11	1	-2	18:18	3.3 (71.7%)	01:35:14	01:35:14
	4.7km: 01:26:03											
75	BRODZIK Ireneusz	1465	BŁOTNIAKI TEAM BYTÓW	OPEN	67	01:59:38	1	-2	18:42	3.2 (69.6%)	03:27:35	03:27:35
	4.7km: 01:27:57											
76	JARZĄB Kacper	1305	CROSSFIT SUSZ	OPEN	68	00:09:14	1	-2	18:44	3.2 (69.6%)	01:37:18	01:37:18
	4.7km: 01:28:04											
77	JÓZEFOWICZ Marta	1372	BIGYELLOWFOOT	OPEN	69	00:40:06	1	-2	18:47	3.2 (69.6%)	02:08:23	02:08:23
	4.7km: 01:28:17											
78	CEBIENKO-ŻACZEK Eugenia	1294		For Fun	9	00:09:30	1	-2	18:55	3.2 (69.6%)	01:38:25	01:38:25
	4.7km: 01:28:55											
79	DETLAFF Sławomir	1552		OPEN	70	00:09:30	1	-2	18:55	3.2 (69.6%)	01:38:25	01:38:25
	4.7km: 01:28:55											
80	DURA Marta	1457		For Fun	10	00:09:16	1	-2	19:06	3.1 (67.4%)	01:39:06	01:39:06

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	4.7km: 01:29:50											
81	ŻUCHOWSKI Paweł	1458	SFORA BMK	For Fun	11	00:09:16	1	-2	19:09	3.1 (67.4%)	01:39:18	01:39:18
	4.7km: 01:30:02											
82	ZIÓŁKOWSKI Robert	1526	BAUKRANE	OPEN	71	02:32:43	1	-2	19:12	3.1 (67.4%)	04:03:00	04:03:00
	4.7km: 01:30:17											
83	PACYGON Tomek	1594		OPEN	72	03:02:41	1	-2	19:29	3.1 (67.4%)	04:34:16	04:34:16
	4.7km: 01:31:35											
84	SIKORA Monika	1662		For Fun	12	01:59:37	1	-2	19:33	3.1 (67.4%)	03:31:33	03:31:33
	4.7km: 01:31:56											
85	KRYSZAK Jarosław	1663		For Fun	13	01:59:37	1	-2	19:34	3.1 (67.4%)	03:31:38	03:31:38
	4.7km: 01:32:01											
86	SCHWEIZER Miroslawa	1304		For Fun	14	00:09:15	1	-2	19:39	3.1 (67.4%)	01:41:40	01:41:40
	4.7km: 01:32:25											
87	BUDZYŃSKI Adam	1328		OPEN	73	00:18:20	1	-2	19:39	3.1 (67.4%)	01:50:45	01:50:45
	4.7km: 01:32:25											
88	MARZEC Joanna	1302	BIGYELLOWFOOT ADVENTURE TEAM			00:09:14	1	-2	19:42	3 (65.2%)	01:41:50	01:41:50
	4.7km: 01:32:36											
89	JAMRÓZ Renata	1310	BIGYELLOWFOOD ADVENTURE TEAM	For Fun	15	00:09:14	1	-2	19:42	3 (65.2%)	01:41:51	01:41:51
	4.7km: 01:32:37											
90	ROMAŃCZUK Tomasz	1505	OUTDOOR TRAINING	OPEN	74	02:21:28	1	-2	19:47	3 (65.2%)	03:54:27	03:54:27
	4.7km: 01:32:59											
91	ŚLIWA Krzysztof	1556	LACROIX TEAM	OPEN	75	02:40:19	1	-2	19:47	3 (65.2%)	04:13:21	04:13:21
	4.7km: 01:33:02											
92	SKRĘTY Patryk	1593		OPEN	76	03:02:38	1	-2	19:48	3 (65.2%)	04:35:45	04:35:45
	4.7km: 01:33:07											
93	POHLAND Paweł	1449		OPEN	77	01:59:39	1	-2	19:49	3 (65.2%)	03:32:48	03:32:48
	4.7km: 01:33:09											
94	GALUSZYŃSKI Paweł	1392	ACTIVE FLOW	OPEN	78	00:59:53	1	-2	19:51	3 (65.2%)	02:33:15	02:33:15
	4.7km: 01:33:22											
95	ZELINSKI Tomasz	1546		OPEN	79	02:40:20	1	-2	19:59	3 (65.2%)	04:14:19	04:14:19
	4.7km: 01:33:59											
96	KACHEL Agata	1547		OPEN	80	02:40:22	1	-2	20:02	3 (65.2%)	04:14:34	04:14:34
	4.7km: 01:34:12											
97	KLEJNOWSKI Mateusz	1436	SOCIOS SILESIA	OPEN	81	01:39:34	1	-2	20:11	3 (65.2%)	03:14:28	03:14:28
	4.7km: 01:34:54											
98	CZARNECKA Adrianna	1468	BIGYELLOWFOOT	OPEN	82	02:09:41	1	-2	20:26	2.9 (63.0%)	03:45:47	03:45:47

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	4.7km: 01:36:06											
99	KOMOROWSKA Anita	1589		For Fun	16	03:02:41	1	-2	20:27	2.9 (63.0%)	04:38:49	04:38:49
	4.7km: 01:36:08											
100	ŁEBED Zuzanna	1590		OPEN	83	03:02:41	1	-2	20:27	2.9 (63.0%)	04:38:49	04:38:49
	4.7km: 01:36:08											
101	SCHMIDT Waldek	1329	MTB-MAŁE TRÓJMIASTO BIEGA WEJHEROWO	OPEN	84	00:18:18	1	-2	20:27	2.9 (63.0%)	01:54:25	01:54:25
	4.7km: 01:36:07											
102	JASTRZĘBOWSKA Natalia	1670	BIG YELLOW FOOT ADVENTURE TEAM	OPEN	85	02:51:23	1	-2	20:28	2.9 (63.0%)	04:27:36	04:27:36
	4.7km: 01:36:13											
103	WALENCIUK Angelika	1485		OPEN	86	02:09:43	1	-2	20:38	2.9 (63.0%)	03:46:44	03:46:44
	4.7km: 01:37:01											
104	JĘDRZEJAK Ewelina	1484		OPEN	87	02:09:43	1	-2	20:38	2.9 (63.0%)	03:46:45	03:46:45
	4.7km: 01:37:02											
105	SZYMAŃSKA Jolanta	1288	CROSS ELITE/ KUKS REMUS KOŚCIERZYNA	OPEN	88	03:02:40	1	-2	20:38	2.9 (63.0%)	04:39:41	04:39:41
	4.7km: 01:37:01											
106	SHTYPULIAK Sergii	1332	NORDEA	OPEN	89	00:18:19	1	-2	20:40	2.9 (63.0%)	01:55:30	01:55:30
	4.7km: 01:37:11											
107	ZAWADZKA Paulina	1313		For Fun	17	01:19:03	1	-2	20:41	2.9 (63.0%)	02:56:17	02:56:17
	4.7km: 01:37:14											
108	ZAWADZKI Piotr	1408	KONTENER FORMY	OPEN	90	01:19:04	1	-2	20:41	2.9 (63.0%)	02:56:19	02:56:19
	4.7km: 01:37:15											
109	MUSZALSKI Maciej	1480		OPEN	91	02:09:44	1	-2	20:57	2.9 (63.0%)	03:48:13	03:48:13
	4.7km: 01:38:29											
110	GWÓZDŹ - CHRAPAN Anna	1477		For Fun	18	02:09:44	1	-2	20:58	2.9 (63.0%)	03:48:21	03:48:21
	4.7km: 01:38:37											
111	TOŁWIŃSKI Bogusław	1475		For Fun	19	02:09:44	1	-2	20:59	2.9 (63.0%)	03:48:24	03:48:24
	4.7km: 01:38:40											
112	KOCHANEK Paweł	1419	KONTENER FORMY	OPEN	92	01:18:59	1	-2	21:00	2.9 (63.0%)	02:57:44	02:57:44
	4.7km: 01:38:45											
113	WALASKOWSKI Michał	1656		OPEN	93	02:09:40	1	-2	21:04	2.8 (60.9%)	03:48:42	03:48:42
	4.7km: 01:39:02											
114	SZNAZA Kacper	1481		For Fun	20	02:09:44	1	-2	21:06	2.8 (60.9%)	03:48:56	03:48:56
	4.7km: 01:39:12											
115	PŁAŻALSKI Przemysław	1597	LIFE4FIT			00:00:12	1	-2	21:11	2.8 (60.9%)	01:39:47	01:39:47
	4.7km: 01:39:35											
116	KRAUZE Łukasz	1424		OPEN	94	01:39:38	1	-2	21:13	2.8 (60.9%)	03:19:22	03:19:22

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Okr.	Różn	Tempo min/km	Tempo km/h	Fastest Lap	Średnie okrążenie
	4.7km: 01:39:44											
117	GAŚIOROWSKI Rafał	1557	BIG YELLOW FOOT ADVENTURE TEAM	OPEN	95	02:51:22	1	-2	21:20	2.8 (60.9%)	04:31:41	04:31:41
	4.7km: 01:40:19											
118	HINZ Paweł	1308		OPEN	96	00:09:15	1	-2	21:33	2.8 (60.9%)	01:50:36	01:50:36
	4.7km: 01:41:21											
119	KORNET Małgorzata	1311		OPEN	97	00:09:15	1	-2	21:39	2.8 (60.9%)	01:51:03	01:51:03
	4.7km: 01:41:48											
120	LEWANDOWSKI Leszek	1348		OPEN	98	00:31:09	1	-2	21:48	2.8 (60.9%)	02:13:40	02:13:40
	4.7km: 01:42:31											
121	ŁUKAWSKI Michał	1355	ACTIVE LIFE	OPEN	99	01:39:36	1	-2	21:53	2.7 (58.7%)	03:22:28	03:22:28
	4.7km: 01:42:52											
122	PODBIELSKI Krystian	1417		OPEN	100	01:39:35	1	-2	22:00	2.7 (58.7%)	03:23:01	03:23:01
	4.7km: 01:43:26											
123	DANIELAK Aleksandra	1667		For Fun	21	01:39:37	1	-2	22:02	2.7 (58.7%)	03:23:13	03:23:13
	4.7km: 01:43:36											
124	KOCHANEK Agata	1418	KONTENER FORMY	OPEN	101	01:18:58	1	-2	22:02	2.7 (58.7%)	03:02:34	03:02:34
	4.7km: 01:43:36											
125	COP Natalia	1640		For Fun	22	01:39:37	1	-2	22:04	2.7 (58.7%)	03:23:22	03:23:22
	4.7km: 01:43:45											
126	JAKUBOWSKI Grzegorz	1577	BODY & MIND CLINIC	OPEN	102	02:09:41	1	-2	22:11	2.7 (58.7%)	03:53:58	03:53:58
	4.7km: 01:44:17											
127	BUDZYŃSKI Paweł	1327	TEAM OCR BUDZYNIAKI	OPEN	103	00:18:19	1	-2	22:11	2.7 (58.7%)	02:02:38	02:02:38
	4.7km: 01:44:19											
128	WIŚNIEWSKI Arkadiusz	1512	LACROIX-ELECTRONICS TEAM	OPEN	104	02:21:31	1	-2	22:12	2.7 (58.7%)	04:05:56	04:05:56
	4.7km: 01:44:25											
129	GŁADYSZ Marcin	1487	RMF4RT GLADIATORS	OPEN	105	02:09:42	1	-2	22:19	2.7 (58.7%)	03:54:37	03:54:37
	4.7km: 01:44:55											
130	WRÓBEL Agnieszka	1488	TORPEDA RACE TEAM	OPEN	106	02:09:41	1	-2	22:22	2.7 (58.7%)	03:54:52	03:54:52
	4.7km: 01:45:11											
131	MAĆKIEWICZ Tomasz	1490		For Fun	23	01:39:36	1	-2	22:23	2.7 (58.7%)	03:24:51	03:24:51
	4.7km: 01:45:15											
132	ZACHARA Katarzyna	1400		For Fun	24	00:59:56	1	-2	22:24	2.7 (58.7%)	02:45:13	02:45:13
	4.7km: 01:45:17											
133	SITARZ Bartosz	1599		OPEN	107	01:39:37	1	-2	22:29	2.7 (58.7%)	03:25:18	03:25:18
	4.7km: 01:45:41											
134	PŁAŻALSKA Sylwia	1276	LIFE4FIT	OPEN	108	00:00:11	1	-2	22:41	2.6 (56.5%)	01:46:50	01:46:50

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Okr.	Różn	Tempo min/km	Tempo km/h	Fastest Lap	Średnie okrążenie
152	JAROSZ Asia 4.7km: 01:49:24	1496		For Fun	26	01:39:36	1	-2	23:16	2.6 (56.5%)	03:29:00	03:29:00
153	LIPKA Kamila 4.7km: 01:49:25	1335		OPEN	125	01:19:03	1	-2	23:16	2.6 (56.5%)	03:08:28	03:08:28
154	TOMASZEWSKA Anita 4.7km: 01:49:32	1279	CALISTHENICS PŁOCK	OPEN	126	00:00:12	1	-2	23:18	2.6 (56.5%)	01:49:44	01:49:44
155	MŁYŃSKA Joanna 4.7km: 01:49:51	1575	R.AMBO	OPEN	127	00:31:10	1	-2	23:22	2.6 (56.5%)	02:21:01	02:21:01
156	MIKIELSKI Paweł 4.7km: 01:49:52	1429		OPEN	128	01:39:36	1	-2	23:22	2.6 (56.5%)	03:29:28	03:29:28
157	ZIELIŃSKA Malwina 4.7km: 01:50:22	1364	BIGYELLOWFOOT ADVENTURE TEAM	OPEN	129	02:51:22	1	-2	23:28	2.6 (56.5%)	04:41:44	04:41:44
158	NIZIOŁ Patryk 4.7km: 01:50:29	1581	BEST BEASTS	OPEN	130	03:02:42	1	-2	23:30	2.6 (56.5%)	04:53:11	04:53:11
159	ROMANOWSKI Mateusz 4.7km: 01:51:04	1587		OPEN	131	03:02:41	1	-2	23:37	2.5 (54.3%)	04:53:45	04:53:45
160	ZIELIŃSKI Tomasz 4.7km: 01:51:13	1363	BIGYELLOWFOOT ADVENTURE TEAM	OPEN	132	02:51:22	1	-2	23:39	2.5 (54.3%)	04:42:35	04:42:35
161	PODBIELSKA Gosia 4.7km: 01:51:19	1416		OPEN	133	01:39:35	1	-2	23:41	2.5 (54.3%)	03:30:54	03:30:54
162	162 4.7km: 01:51:23	1651		OPEN	134	02:51:23	1	-2	23:41	2.5 (54.3%)	04:42:46	04:42:46
163	PALKA Anna 4.7km: 01:51:31	1274	KONTENER FORMY	OPEN	135	01:19:01	1	-2	23:43	2.5 (54.3%)	03:10:32	03:10:32
164	BEMOWSKA Anna 4.7km: 01:51:32	1394	KONTENER FORMY	OPEN	136	01:19:00	1	-2	23:43	2.5 (54.3%)	03:10:32	03:10:32
165	LASKOWSKI Przemysław 4.7km: 01:51:58	1282	CALISTHENICS PŁOCK	OPEN	137	00:00:12	1	-2	23:49	2.5 (54.3%)	01:52:10	01:52:10
166	KLEJNOWSKA Katarzyna 4.7km: 01:52:07	1437	SOCIOS SILESIA	OPEN	138	01:39:34	1	-2	23:51	2.5 (54.3%)	03:31:41	03:31:41
167	MARKIEWICZ Arkadiusz 4.7km: 01:52:27	1331	PIĘKNI I BESTIE	OPEN	139	00:18:18	1	-2	23:55	2.5 (54.3%)	02:10:45	02:10:45
168	168 4.7km: 01:53:35	1607		OPEN	140	00:40:10	1	-2	24:10	2.5 (54.3%)	02:33:45	02:33:45
169	MISZCZYSZYN Wojciech 4.7km: 01:53:42	1376		OPEN	141	00:31:10	1	-2	24:11	2.5 (54.3%)	02:24:52	02:24:52

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Okr.	Różn	Tempo min/km	Tempo km/h	Fastest Lap	Średnie okrążenie
170	GRODECKA Patrycja 4.7km: 01:54:21	1283	CALISTHENICS PŁOCK	OPEN	142	00:00:12	1	-2	24:19	2.5 (54.3%)	01:54:33	01:54:33
171	JAROCKI Jonatan 4.7km: 01:54:40	1524	BAUKRANE BUDOWNICTWO	OPEN	143	02:32:40	1	-2	24:23	2.5 (54.3%)	04:27:20	04:27:20
172	STOBBE Kamil 4.7km: 01:54:40	1606		OPEN	144	00:59:56	1	-2	24:23	2.5 (54.3%)	02:54:36	02:54:36
173	BIGUS Szymon 4.7km: 01:54:46	1401		OPEN	145	00:59:56	1	-2	24:25	2.5 (54.3%)	02:54:42	02:54:42
174	GRZONKOWSKI Krzysztof 4.7km: 01:55:15	1588		OPEN	146	03:02:42	1	-2	24:31	2.4 (52.2%)	04:57:57	04:57:57
175	NIZIOŁ Małgorzata 4.7km: 01:55:35	1582	BEST BEASTS	OPEN	147	03:02:42	1	-2	24:35	2.4 (52.2%)	04:58:17	04:58:17
176	RATAJCZAK Dawid 4.7km: 01:55:38	1357		OPEN	148	01:39:38	1	-2	24:36	2.4 (52.2%)	03:35:16	03:35:16
177	DOBOSZ Magda 4.7km: 01:55:47	1554		OPEN	149	00:40:11	1	-2	24:38	2.4 (52.2%)	02:35:58	02:35:58
178	KOSIOREK Aleksandra 4.7km: 01:56:00	1564	BIGYELLOWFOOT ADVENTURE TEAM	For Fun	27	02:51:23	1	-2	24:40	2.4 (52.2%)	04:47:23	04:47:23
179	KLIMKIEWICZ Beata 4.7km: 01:56:42	1414		OPEN	150	01:19:05	1	-2	24:49	2.4 (52.2%)	03:15:47	03:15:47
180	ROSIAK Daniel 4.7km: 01:57:01	1507		OPEN	151	02:21:31	1	-2	24:53	2.4 (52.2%)	04:18:32	04:18:32
181	DOLIK Anna 4.7km: 01:58:06	1404	KONTENER FORMY	For Fun	28	01:19:00	1	-2	25:07	2.4 (52.2%)	03:17:06	03:17:06
182	ROSOCHACKA Natalia 4.7km: 01:59:03	1384	LIFE4FIT	OPEN	152	00:59:55	1	-2	25:19	2.4 (52.2%)	02:58:58	02:58:58
183	POKORSKI Rafał 4.7km: 01:59:09	1422	WŚCIEKLIZNA	OPEN	153	00:59:56	1	-2	25:21	2.4 (52.2%)	02:59:05	02:59:05
184	MICHAŁOWSKA-DYMEK Joanna 4.7km: 01:59:47	1500	ŻARTA WATAHA	For Fun	29	02:09:43	1	-2	25:29	2.4 (52.2%)	04:09:30	04:09:30
185	ARENDR Agnieszka 4.7km: 01:59:50	1272	ŻARTA WATAHA	For Fun	30	02:09:43	1	-2	25:29	2.4 (52.2%)	04:09:33	04:09:33
186	BUCZYŃSKA Karolina 4.7km: 01:59:55	1486	ŻARTA WATAHA	For Fun	31	02:09:43	1	-2	25:30	2.4 (52.2%)	04:09:38	04:09:38
187	KNODEL Mateusz 4.7km: 02:00:16	1600	BAUKRANE	OPEN	154	02:32:41	1	-2	25:35	2.3 (50.0%)	04:32:57	04:32:57

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Okr.	Różn	Tempo min/km	Tempo km/h	Fastest Lap	Średnie okrążenie
188	ŻYLIŃSKI Gracjan 4.7km: 02:00:51	1336		OPEN	155	00:18:21	1	-2	25:42	2.3 (50.0%)	02:19:12	02:19:12
189	SZELBRACIKOWSKI Dawid 4.7km: 02:00:54	1337		OPEN	156	00:18:21	1	-2	25:43	2.3 (50.0%)	02:19:15	02:19:15
190	WANAGOS Dorota 4.7km: 02:01:04	1560	BIGEELLOWFOOT ADVENTURE TEAM	For Fun	32	02:51:24	1	-2	25:45	2.3 (50.0%)	04:52:28	04:52:28
191	SYLDATK Katarzyna 4.7km: 02:01:05	1565		For Fun	33	02:51:23	1	-2	25:45	2.3 (50.0%)	04:52:28	04:52:28
192	RULAK Jerzy 4.7km: 02:01:13	1664	DZIKA WARSZAFFKA OCR	OPEN	157	01:59:37	1	-2	25:47	2.3 (50.0%)	04:00:50	04:00:50
193	POKORSKA Kasia 4.7km: 02:01:15	1421	ATOMÓWKI	OPEN	158	00:59:56	1	-2	25:47	2.3 (50.0%)	03:01:11	03:01:11
194	DOMARECKI Marek 4.7km: 02:01:41	1415		For Fun	34	01:19:00	1	-2	25:53	2.3 (50.0%)	03:20:41	03:20:41
195	CIROCKA Barbara 4.7km: 02:01:48	1342	A-T CIROCKI	OPEN	159	00:31:08	1	-2	25:54	2.3 (50.0%)	02:32:56	02:32:56
196	PIEKARSKA Katarzyna 4.7km: 02:01:49	1495		OPEN	160	02:51:23	1	-2	25:55	2.3 (50.0%)	04:53:12	04:53:12
197	MARZEION Grzegorz 4.7km: 02:03:08	1517		OPEN	161	02:32:47	1	-2	26:11	2.3 (50.0%)	04:35:55	04:35:55
198	CHROŚNIAK Jacek 4.7km: 02:03:30	1425	BREAK THE BRAIN	OPEN	162	01:39:35	1	-2	26:16	2.3 (50.0%)	03:43:05	03:43:05
199	WINKLER Arkadiusz 4.7km: 02:03:48	1427	BREAK THE BRAIN	OPEN	163	01:39:35	1	-2	26:20	2.3 (50.0%)	03:43:23	03:43:23
200	DOMAZAŁA Paweł 4.7km: 02:04:35	1639	KONTENER FORMY	OPEN	164	01:18:59	1	-2	26:30	2.3 (50.0%)	03:23:34	03:23:34
201	KOZICKI Jacek 4.7km: 02:04:37	1643		OPEN	165	03:02:41	1	-2	26:30	2.3 (50.0%)	05:07:18	05:07:18
202	BEDNAREK Sylwia 4.7km: 02:04:43	1549		OPEN	166	02:40:20	1	-2	26:32	2.3 (50.0%)	04:45:03	04:45:03
203	HAJDUKIEWICZ Mirosław 4.7km: 02:04:45	1476		OPEN	167	03:02:42	1	-2	26:32	2.3 (50.0%)	05:07:27	05:07:27
204	ORŁOWSKI Piotr 4.7km: 02:04:55	1273		OPEN	168	00:00:11	1	-2	26:34	2.3 (50.0%)	02:05:06	02:05:06
205	CZERKO Tomasz 4.7km: 02:06:06	1483		OPEN	169	02:09:42	1	-2	26:49	2.2 (47.8%)	04:15:48	04:15:48

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Okr.	Różn	Tempo min/km	Tempo km/h	Fastest Lap	Średnie okrążenie
206	BARZOWSKI Kamil 4.7km: 02:06:32	1380	BRAVERUNNERS OCR	OPEN	170	00:40:09	1	-2	26:55	2.2 (47.8%)	02:46:41	02:46:41
207	KORENKIEWICZ Anna 4.7km: 02:06:37	1354		OPEN	171	02:32:46	1	-2	26:56	2.2 (47.8%)	04:39:23	04:39:23
208	SZCZESNY Damian 4.7km: 02:06:42	1362	BRAVERUNNERSOCR	OPEN	172	00:40:08	1	-2	26:57	2.2 (47.8%)	02:46:50	02:46:50
209	FIKUS Anna 4.7km: 02:06:43	1353		OPEN	173	02:32:45	1	-2	26:57	2.2 (47.8%)	04:39:28	04:39:28
210	KORCZYŃSKI Marcin 4.7km: 02:06:43	1585		OPEN	174	03:02:41	1	-2	26:57	2.2 (47.8%)	05:09:24	05:09:24
211	MOŻEJKO Tomasz 4.7km: 02:07:04	1334		OPEN	175	00:18:22	1	-2	27:02	2.2 (47.8%)	02:25:26	02:25:26
212	RZEPPA Aleksandra 4.7km: 02:07:30	1319		For Fun	35	00:18:19	1	-2	27:07	2.2 (47.8%)	02:25:49	02:25:49
213	BOLIMOWSKA Magdalena 4.7km: 02:07:31	1321		For Fun	36	00:18:20	1	-2	27:07	2.2 (47.8%)	02:25:51	02:25:51
214	KOPCYCH Ania 4.7km: 02:07:32	1314	WILD GIRLS	For Fun	37	00:18:19	1	-2	27:08	2.2 (47.8%)	02:25:51	02:25:51
215	RZEPPA Daria 4.7km: 02:08:00	1320		For Fun	38	00:18:18	1	-2	27:14	2.2 (47.8%)	02:26:18	02:26:18
216	OKROY Agata 4.7km: 02:08:13	1325		For Fun	39	00:18:19	1	-2	27:16	2.2 (47.8%)	02:26:32	02:26:32
217	BIAŁEK Żaneta 4.7km: 02:08:22	1322		For Fun	40	00:18:20	1	-2	27:18	2.2 (47.8%)	02:26:42	02:26:42
218	OKROY Przemysław 4.7km: 02:08:39	1326		For Fun	41	00:18:20	1	-2	27:22	2.2 (47.8%)	02:26:59	02:26:59
219	STEFANOWSKA Sara 4.7km: 02:08:46	1474		OPEN	176	02:09:42	1	-2	27:23	2.2 (47.8%)	04:18:28	04:18:28
220	NOGOWSKA Joanna 4.7km: 02:09:10	1492	ZADYSZKA TEAM	For Fun	42	02:21:32	1	-2	27:28	2.2 (47.8%)	04:30:42	04:30:42
221	WSZELAKA Katarzyna 4.7km: 02:09:12	1316		For Fun	43	00:18:20	1	-2	27:29	2.2 (47.8%)	02:27:32	02:27:32
222	ROMANOWSKI Mateusz 4.7km: 02:09:26	1545	ARTPOL	OPEN	177	00:31:07	1	-2	27:32	2.2 (47.8%)	02:40:33	02:40:33
223	CYMAN Iza 4.7km: 02:09:59	1591		OPEN	178	03:02:42	1	-2	27:39	2.2 (47.8%)	05:12:41	05:12:41

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Okr.	Różn	Tempo min/km	Tempo km/h	Fastest Lap	Średnie okrążenie
224	BOGALECKA Paulina 4.7km: 02:10:52	1540		OPEN	179	02:40:22	1	-2	27:50	2.2 (47.8%)	04:51:14	04:51:14
225	BRZECZKOWSKI Paweł 4.7km: 02:11:22	1479	POWER TRAINING	OPEN	180	02:09:42	1	-2	27:57	2.1 (45.7%)	04:21:04	04:21:04
226	POLEWACZYK Filip 4.7km: 02:11:26	1356		OPEN	181	00:59:57	1	-2	27:57	2.1 (45.7%)	03:11:23	03:11:23
227	WÓJCICKA Anna 4.7km: 02:11:48	1395		OPEN	182	00:59:55	1	-2	28:02	2.1 (45.7%)	03:11:43	03:11:43
228	OSSOWSKI Maciej 4.7km: 02:13:16	1666		For Fun	44	02:32:45	1	-2	28:21	2.1 (45.7%)	04:46:01	04:46:01
229	WAWRZYNIAK Monika 4.7km: 02:14:20	1521	WF OCR TEAM KOSTRZYN NAD ODRA	OPEN	183	02:32:42	1	-2	28:34	2.1 (45.7%)	04:47:02	04:47:02
230	KACZMAREK Monika 4.7km: 02:14:23	1520	WF OCR TEAM KOSTRZYN NAD ODRA	OPEN	184	02:32:42	1	-2	28:35	2.1 (45.7%)	04:47:05	04:47:05
231	1636 4.7km: 02:14:33	1636		OPEN	185	02:51:24	1	-2	28:37	2.1 (45.7%)	05:05:57	05:05:57
232	JANUCHOWSKA Katarzyna 4.7km: 02:14:41	1509	ZADYSZKA TEAM	OPEN	186	02:21:32	1	-2	28:39	2.1 (45.7%)	04:36:13	04:36:13
233	GIEJŁO Monika 4.7km: 02:14:52	1423	KONTENER FORMY	OPEN	187	01:18:57	1	-2	28:41	2.1 (45.7%)	03:33:49	03:33:49
234	MARZEION Paweł 4.7km: 02:14:54	1518		OPEN	188	02:32:47	1	-2	28:42	2.1 (45.7%)	04:47:41	04:47:41
235	MOTYKA Oliwia 4.7km: 02:15:53	1398	BIGYELLOWFOOT ADVENTURE TEAM	OPEN	189	02:51:23	1	-2	28:54	2.1 (45.7%)	05:07:16	05:07:16
236	CICHOCKA Martyna 4.7km: 02:16:12	1393	KONTENER FORMY	OPEN	190	01:19:00	1	-2	28:58	2.1 (45.7%)	03:35:12	03:35:12
237	STRÓŻYK Leszek 4.7km: 02:16:12	1352		OPEN	191	01:19:00	1	-2	28:58	2.1 (45.7%)	03:35:12	03:35:12
238	TALAR Szymon 4.7km: 02:17:16	1349		OPEN	192	00:31:09	1	-2	29:12	2.1 (45.7%)	02:48:25	02:48:25
239	1652 4.7km: 02:17:25	1652		OPEN	193	00:31:09	1	-2	29:14	2.1 (45.7%)	02:48:34	02:48:34
240	M. OLECH Izabela 4.7km: 02:18:28	1426	LEMON TEAM	OPEN	194	01:39:38	1	-2	29:27	2 (43.5%)	03:58:06	03:58:06
241	WOŹNIAK-KARCZEWSKA Patrycja 4.7km: 02:19:11	1580	BEST BEASTS	OPEN	195	03:02:42	1	-2	29:36	2 (43.5%)	05:21:53	05:21:53

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Okr.	Różn	Tempo min/km	Tempo km/h	Fastest Lap	Średnie okrążenie
242	SUSICKI Dawid 4.7km: 02:20:30	1522	BRO.4CE	OPEN	196	02:32:43	1	-2	29:53	2 (43.5%)	04:53:13	04:53:13
243		1634		OPEN	197	02:32:44	1	-2	30:26	2 (43.5%)	04:55:47	04:55:47
244	DŁUGOŁĘCKI P. 4.7km: 02:23:13	1528		OPEN	198	02:32:44	1	-2	30:28	2 (43.5%)	04:55:57	04:55:57
245	KORTAS Magdalena 4.7km: 02:23:32	1333		OPEN	199	00:18:21	1	-2	30:32	2 (43.5%)	02:41:53	02:41:53
246	FISZER-ROZYCKA Marzena 4.7km: 02:24:32	1514		OPEN	200	02:32:42	1	-2	30:45	2 (43.5%)	04:57:14	04:57:14
247	CHMIELEWSKI Józef 4.7km: 02:24:53	1501	CIECHANOWIEC BIEGA	OPEN	201	02:21:30	1	-2	30:49	1.9 (41.3%)	04:46:23	04:46:23
248	KRUPIŃSKA Wiola 4.7km: 02:25:01	1665	DZIKA WARSZAFFKA OCR	OPEN	202	01:59:37	1	-2	30:51	1.9 (41.3%)	04:24:38	04:24:38
249	GRUBBA Rafał 4.7km: 02:25:33	1598		OPEN	203	00:40:08	1	-2	30:58	1.9 (41.3%)	03:05:41	03:05:41
250		1637		OPEN	204	02:32:40	1	-2	30:58	1.9 (41.3%)	04:58:16	04:58:16
251	SZNEIDROWSKA Agnieszka 4.7km: 02:26:01	1369		OPEN	205	00:40:08	1	-2	31:04	1.9 (41.3%)	03:06:09	03:06:09
252		1635		OPEN	206	02:32:42	1	-2	31:04	1.9 (41.3%)	04:58:46	04:58:46
253	JAŚKIEWICZ Dagmara 4.7km: 02:27:20	1583	BESTBEASTS	OPEN	207	03:02:42	1	-2	31:20	1.9 (41.3%)	05:30:02	05:30:02
254	LEWANDOWSKA Anna 4.7km: 02:27:23	1396		OPEN	208	00:59:56	1	-2	31:21	1.9 (41.3%)	03:27:19	03:27:19
255	NOWACZYK Michał 4.7km: 02:28:47	1491	ZADYSZKA TEAM	OPEN	209	02:21:32	1	-2	31:39	1.9 (41.3%)	04:50:19	04:50:19
256	NOWAK Maciej 4.7km: 02:29:27	1542		OPEN	210	02:40:22	1	-2	31:47	1.9 (41.3%)	05:09:49	05:09:49
257	KOPCYCH Piotr 4.7km: 02:29:59	1315		OPEN	211	00:18:20	1	-2	31:54	1.9 (41.3%)	02:48:19	02:48:19
258	DERWINSKA Malgorzata 4.7km: 02:30:56	1519		OPEN	212	02:32:43	1	-2	32:06	1.9 (41.3%)	05:03:39	05:03:39
259	BRZESKA Ewa 4.7km: 02:31:39	1397		OPEN	213	00:59:55	1	-2	32:15	1.9 (41.3%)	03:31:34	03:31:34

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Okr.	Różn	Tempo min/km	Tempo km/h	Fastest Lap	Średnie okrążenie
260	CZERWIŃSKA Anna 4.7km: 02:31:51	1584	BEST BEASTS	OPEN	214	03:02:42	1	-2	32:18	1.9 (41.3%)	05:34:33	05:34:33
261	DRAPIERWSKA Agieszka 4.7km: 02:33:07	1345	WOJOWNICZKI IŁAWA	For Fun	45	02:51:24	1	-2	32:34	1.8 (39.1%)	05:24:31	05:24:31
262	WILCZYŃSKA Dorota 4.7km: 02:33:09	1652		OPEN	215	02:51:24	1	-2	32:35	1.8 (39.1%)	05:24:33	05:24:33
263	ROSIŃSKA Magdalena 4.7km: 02:33:10	1346	WOJOWNICZKI IŁAWA	For Fun	46	02:51:25	1	-2	32:35	1.8 (39.1%)	05:24:35	05:24:35
264	RYPIŃSKA Karolina 4.7km: 02:33:12	1428	WOJOWNICZKI IŁAWA	OPEN	216	02:51:24	1	-2	32:35	1.8 (39.1%)	05:24:36	05:24:36
265	GAJO Natalia 4.7km: 02:34:35	1596		OPEN	217	01:18:59	1	-2	32:53	1.8 (39.1%)	03:53:34	03:53:34
266	LIBERADZKI Marcin 4.7km: 02:35:49	1413		OPEN	218	01:19:05	1	-2	33:09	1.8 (39.1%)	03:54:54	03:54:54
267	RADZIMIERSKI Michał 4.7km: 02:35:50	1544		OPEN	219	02:40:23	1	-2	33:09	1.8 (39.1%)	05:16:13	05:16:13
268	ROMPCZYK Beata 4.7km: 02:35:54	1531		For Fun	47	02:32:43	1	-2	33:10	1.8 (39.1%)	05:08:37	05:08:37
269	BELKA Rafał 4.7km: 02:36:02	1603	HOMOKOMANDO	OPEN	220	02:32:46	1	-2	33:11	1.8 (39.1%)	05:08:48	05:08:48
270	ZGUTKA Tomasz 4.7km: 02:36:07	1472		OPEN	221	02:09:41	1	-2	33:12	1.8 (39.1%)	04:45:48	04:45:48
271	GLOS Lucyna 4.7km: 02:36:30	1467		OPEN	222	01:59:38	1	-2	33:17	1.8 (39.1%)	04:36:08	04:36:08
272	CZARNECKA Aleksandra 4.7km: 02:36:36	1529		For Fun	48	02:32:45	1	-2	33:19	1.8 (39.1%)	05:09:21	05:09:21
273	LEWANDOWSKI Linus 4.7km: 02:37:29	1604	HOMOKOMANDO	OPEN	223	02:32:46	1	-2	33:30	1.8 (39.1%)	05:10:15	05:10:15
274	SŁODCZYK Magda 4.7km: 02:38:37	1638		OPEN	224	02:32:41	1	-2	33:44	1.8 (39.1%)	05:11:18	05:11:18
275	PREKOP Patryk 4.7km: 02:39:41	1541		OPEN	225	02:40:21	1	-2	33:58	1.8 (39.1%)	05:20:02	05:20:02
276	KUZIO Marek 4.7km: 02:40:30	1366		For Fun	49	00:31:09	1	-2	34:08	1.8 (39.1%)	03:11:39	03:11:39
277	PACHOTA Paweł 4.7km: 02:41:04	1411		OPEN	226	01:19:01	1	-2	34:16	1.8 (39.1%)	04:00:05	04:00:05

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Okr.	Różn	Tempo min/km	Tempo km/h	Fastest Lap	Średnie okrążenie
278	KUJAWA Małgorzata 4.7km: 02:41:10	1494		OPEN	227	02:21:31	1	-2	34:17	1.7 (37.0%)	05:02:41	05:02:41
279	CHOLEWIŃSKI Tomasz 4.7km: 02:42:11	1406		OPEN	228	01:19:02	1	-2	34:30	1.7 (37.0%)	04:01:13	04:01:13
280	KRAMARENKO Igor 4.7km: 02:42:18	1410		OPEN	229	01:19:01	1	-2	34:31	1.7 (37.0%)	04:01:19	04:01:19
281	ZALEWSKA Marta 4.7km: 02:42:19	1668	WOJOWNICZKI IŁAWA	For Fun	50	02:32:43	1	-2	34:32	1.7 (37.0%)	05:15:02	05:15:02
282	MAJDAN-ADAMSKA Agnieszka 4.7km: 02:43:24	1473		OPEN	230	02:09:41	1	-2	34:45	1.7 (37.0%)	04:53:05	04:53:05
283	KOWALCZYK Magda 4.7km: 02:44:29	1359		OPEN	231	00:40:10	1	-2	34:59	1.7 (37.0%)	03:24:39	03:24:39
284	PUCKOWSKI Dawid 4.7km: 02:44:30	1382		OPEN	232	00:59:57	1	-2	35:00	1.7 (37.0%)	03:44:27	03:44:27
285	KASZUBA Katarzyna 4.7km: 02:44:59	1358		OPEN	233	00:40:10	1	-2	35:06	1.7 (37.0%)	03:25:09	03:25:09
286	PĘCZEK Anna 4.7km: 02:45:31	1537		OPEN	234	02:40:22	1	-2	35:12	1.7 (37.0%)	05:25:53	05:25:53
287	SZOPIŃSKA Katarzyna 4.7km: 02:45:51	1470		OPEN	235	02:09:42	1	-2	35:17	1.7 (37.0%)	04:55:33	04:55:33
288	KRUGLAK Anna 4.7km: 02:46:10	1471		OPEN	236	02:09:41	1	-2	35:21	1.7 (37.0%)	04:55:51	04:55:51
289	KĘDZIERSKI Przemysław 4.7km: 02:48:40	1660		For Fun	51	02:32:45	1	-2	35:53	1.7 (37.0%)	05:21:25	05:21:25
290	KRYSZTOFIAK Damian 4.7km: 02:50:40	1550	UNITED RUNERS	OPEN	237	02:51:21	1	-2	36:18	1.7 (37.0%)	05:42:01	05:42:01
291	JAKUBIK Anna 4.7km: 02:51:02	1469		OPEN	238	02:09:41	1	-2	36:23	1.6 (34.8%)	05:00:43	05:00:43
292	BIAŁEK Paweł 4.7km: 02:53:56	1323		OPEN	239	00:18:21	1	-2	37:00	1.6 (34.8%)	03:12:17	03:12:17
293	CHMIELEWSKA Beata 4.7km: 02:55:36	1530		OPEN	240	02:32:44	1	-2	37:21	1.6 (34.8%)	05:28:20	05:28:20
294	SKOWROŃSKI Bartosz 4.7km: 02:58:45	1381		OPEN	241	00:59:58	1	-2	38:01	1.6 (34.8%)	03:58:43	03:58:43
295	KARŁO Izabela 4.7km: 03:00:46	1407		OPEN	242	01:19:02	1	-2	38:27	1.6 (34.8%)	04:19:48	04:19:48

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Okr.	Różn	Tempo min/km	Tempo km/h	Fastest Lap	Średnie okrążenie
296	WSZELAKI Włodzimierz 4.7km: 03:03:51	1317		OPEN	243	00:18:21	1	-2	39:07	1.5 (32.6%)	03:22:12	03:22:12
297	WIECZOREK Monika 4.7km: 03:07:37	1405		OPEN	244	01:19:03	1	-2	39:55	1.5 (32.6%)	04:26:40	04:26:40
298	MICHNICZ Ania 4.7km: 03:09:07	1539		OPEN	245	02:40:23	1	-2	40:14	1.5 (32.6%)	05:49:30	05:49:30
299	PIĘTKA Paula 4.7km: 03:19:06	1672	HARDCOROWE WYCHYLYLYBYMY	OPEN	246	00:00:00	1	-2	42:21	1.4 (30.4%)	03:19:06	03:19:06
300	KIJEWSKI Jacek 4.7km: 03:36:12	1340		OPEN	247	00:31:10	1	-2	46:00	1.3 (28.3%)	04:07:22	04:07:22
301	ZIEMANN Daniel	1388		OPEN	248	00:59:56	0	-3		(0.0%)	99:99:99	0
302	ZIEMANN Małgorzata	1387		OPEN	249	00:59:55	0	-3		(0.0%)	99:99:99	0
303	RADZIMIERSKA Milena	1543		OPEN	250	02:40:22	0	-3		(0.0%)	99:99:99	0
304	MAZURKIEWICZ Kaja	1535		OPEN	251	02:40:23	0	-3		(0.0%)	99:99:99	0
305	ZAWADZKA Monika	1409	KONTENER FORMY	For Fun	52	01:18:58	0	-3		(0.0%)	99:99:99	0
306	BISKUP Magdalena	1536		OPEN	252	02:40:23	0	-3		(0.0%)	99:99:99	0
307	ZĄBEK Ireneusz	1515	BRO.4CE	OPEN	253	02:32:42	0	-3		(0.0%)	99:99:99	0
308	PAPLIŃSKI Paweł	1510		OPEN	254	02:21:32	0	-3		(0.0%)	99:99:99	0
DQ	LASKOWSKI Marcin 4.7km: 00:32:18 DQ 9.4km: 01:08:41 DQ 14.1km: 02:03:35 DQ	1534	MAD RUNNERS	OPEN		DQ			0:00	6.8 (147.8%)	00:36:23	01:14:23
DQ	BAŁDOWSKA Monika 4.7km: 01:26:20 DQ 9.4km: 01:52:31 DQ	1658		OPEN		DQ			0:00	5 (108.7%)	00:26:11	02:12:37
DQ	KAŁKOWSKA Karolina 4.7km: 01:31:20 DQ 9.4km: 01:57:59 DQ	1412	DIRTY SPARROWS	OPEN		DQ			0:00	4.8 (104.3%)	00:26:38	01:38:30
DNC	PROKOPOWICZ Weronika 4.7km: 01:35:05	1378		OPEN		00:40:07			0:00	3 (65.2%)	02:15:12	02:15:12
DNC	ROZMUS Ewelina 4.7km: 01:35:06	1379		OPEN		00:40:07			0:00	3 (65.2%)	02:15:13	02:15:13
DNC	MACIAK Rafał	1655		For Fun		02:32:45				(0.0%)	99:99:99	0

Znaleziono 314 wynik(ów)