



BIEGUN OPEN

B4SPORT

Wydarzenie: Biegun - Leśne Tornado
Organizator: OCR Events
Data: 2021-11-06
Miejsce: Gdynia
Dystans: 5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Okr. | Różn | Tempo min/km | Tempo km/h | Fastest Lap | Średnie okrążenie |
|-----|----------------------------|-------------|------------------------------|-----------|------|----------|------|--------------|-------------|-------------|-------------------|
| 1 | DZIÓBEK Lech | 1085 | BIEGUN OCR TEAM | Okr 3 - M | 1 | 3 | 0 | 7:20 | 8.2 (100%) | 00:34:26 | 00:46:40 |
| 2 | CZACHURSKI Mateusz | 1314 | EX TEAM | Okr 3 - M | 2 | 3 | 0 | 8:35 | 7 (85.4%) | 00:39:50 | 01:07:04 |
| 3 | KOŃPA Michał | 1592 | | Okr 3 - M | 3 | 3 | 0 | 9:01 | 6.6 (80.5%) | 00:40:43 | 01:44:39 |
| 4 | KARBOWSKI Sławomir | 1552 | | Okr 3 - M | 4 | 3 | 0 | 9:05 | 6.6 (80.5%) | 00:42:03 | 01:42:03 |
| 5 | BRASZKA Robert | 852 | | Okr 3 - M | 5 | 3 | 0 | 9:18 | 6.4 (78.0%) | 00:41:51 | 00:52:58 |
| 6 | ZAWADZKI Piotr | 1337 | BIGYELLOWFOOT ADVENTURE TEAM | Okr 3 - M | 6 | 3 | 0 | 9:21 | 6.4 (78.0%) | 00:41:12 | 01:18:48 |
| 7 | MARKOWSKI Tomasz | 1431 | JUNGLE NEXTREME | Okr 3 - M | 7 | 3 | 0 | 9:26 | 6.4 (78.0%) | 00:46:44 | 01:24:56 |
| 8 | SZULCEK Patryk | 1375 | BIGYELLOWFOOT ADVENTURE TEAM | Okr 3 - M | 8 | 3 | 0 | 9:34 | 6.3 (76.8%) | 00:41:01 | 01:19:54 |
| 9 | KALINOWSKI Szymon | 1561 | VIKINGS RUN TEAM | Okr 3 - M | 9 | 3 | 0 | 9:34 | 6.3 (76.8%) | 00:44:19 | 01:44:28 |
| 10 | SMYKOWSKA Magdalena | 1436 | JUNGLE NEXTREME | Okr 3 - K | 1 | 3 | 0 | 9:37 | 6.2 (75.6%) | 00:46:46 | 01:25:51 |
| 11 | BAK Kuba | 1558 | | Okr 3 - M | 10 | 3 | 0 | 10:04 | 6 (73.2%) | 00:42:53 | 01:46:57 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Okr. | Różn | Tempo min/km | Tempo km/h | Fastest Lap | Średnie okrążenie |
|-----|-----------------------------|-------------|------------------------------|-----------|------|----------|------|--------------|----------------|-------------|-------------------|
| 12 | KASIELSKI Rafał | 1355 | SURVIWAŁTEAM | Okr 3 - M | 11 | 3 | 0 | 10:09 | 5.9 (72.0%) | 00:46:39 | 01:17:42 |
| 13 | PIONK Rafał | 648 | ACTIVE FLOW | Okr 3 - M | 12 | 3 | 0 | 10:10 | 5.9 (72.0%) | 00:42:17 | 00:57:18 |
| 14 | KULIŃSKI Aleksander | 1392 | | Okr 3 - M | 13 | 3 | 0 | 10:19 | 5.8 (70.7%) | 00:46:49 | 01:25:29 |
| 15 | AUGUSTYNIAK Mariusz | 329 | CROSSFIT TEAM SUSZ | Okr 3 - M | 14 | 3 | 0 | 10:45 | 5.6 (68.3%) | 00:49:00 | 00:53:49 |
| 16 | MICHALIK Piotr | 1474 | BIEGUN OCR | Okr 3 - M | 15 | 3 | 0 | 10:48 | 5.6 (68.3%) | 00:46:46 | 01:37:39 |
| 17 | KRĘGIELSKI Bartosz | 1397 | PUH BTK BARTOSZ KRĘGIELSKI | Okr 3 - M | 16 | 3 | 0 | 10:50 | 5.5 (67.1%) | 00:50:27 | 01:28:04 |
| 18 | MAJCHRZAK Bartłomiej | 1557 | VIKINGS RUN TEAM | Okr 3 - M | 17 | 3 | 0 | 10:52 | 5.5 (67.1%) | 00:48:39 | 01:50:59 |
| 19 | SEWERYN Mirosław | 1374 | BIGYELLOWFOOT ADVENTURE TEAM | Okr 3 - M | 18 | 3 | 0 | 11:38 | 5.2 (63.4%) | 00:50:36 | 01:30:16 |
| 20 | ŁUGOWSKI Maciej | 443 | CROSSFIT TEAM SUSZ | Okr 3 - M | 19 | 3 | 0 | 11:40 | 5.1 (62.2%) | 00:48:55 | 00:58:24 |
| 21 | OŚCIK Krzysztof | 1556 | VIKINGS RUN TEAM | Okr 3 - M | 20 | 3 | 0 | 11:50 | 5.1 (62.2%) | 00:43:00 | 01:55:50 |
| 22 | BANACH Mateusz | 868 | | Okr 3 - M | 21 | 3 | 0 | 12:03 | 5 (61.0%) | 00:47:24 | 01:06:45 |
| 23 | MAŃKOWSKI Krzysztof | 1285 | | Okr 3 - M | 22 | 3 | 0 | 12:22 | 4.9 (59.8%) | 00:53:34 | 01:22:21 |
| 24 | MEGGER Piotr | 1559 | IRON TEAM | Okr 3 - M | 23 | 3 | 0 | 12:53 | 4.7 (57.3%) | 00:48:34 | 02:01:05 |
| 25 | MATYSIAK Sławomir | 1406 | AMBASADOR BIEGUN OCR | Okr 3 - M | 24 | 3 | 0 | 14:50 | 4 (48.8%) | 01:00:25 | 01:48:06 |
| 26 | PIĘTKA Grzegorz | 888 | | Okr 3 - M | 25 | 3 | 0 | 15:05 | 4 (48.8%) | 01:04:40 | 01:21:56 |
| 27 | ZEMŁA Dawid | 1390 | | Okr 3 - M | 26 | 3 | 0 | 15:08 | 4 (48.8%) | 01:04:55 | 01:49:35 |
| 28 | ZAKHARCHUK Vitalii | 596 | | Okr 2 - M | 1 | 2 | -1 | 8:02 | 7.5 (91.5%) | 00:39:39 | 00:45:38 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Okr. | Różn | Tempo min/km | Tempo km/h | Fastest Lap | Średnie okrążenie |
|-----|------------------------------|-------------|------------------------------|-----------|------|----------|------|--------------|-------------|-------------|-------------------|
| 29 | ORANKIEWICZ Krzysztof | 963 | JUNGLE NINJA | Okr 2 - M | 2 | 2 | -1 | 8:13 | 7.3 (89.0%) | 00:39:29 | 01:37:40 |
| 30 | MIŁOŚ Tomasz | 977 | BIEGUN OCR TEAM | Okr 2 - M | 3 | 2 | -1 | 8:31 | 7 (85.4%) | 00:42:12 | 02:11:54 |
| 31 | PRZYBYLSKI Krzysztof | 420 | CROSSFIT STOCZNIA | Okr 2 - M | 4 | 2 | -1 | 8:45 | 6.9 (84.1%) | 00:42:11 | 00:43:49 |
| 32 | NIENADOWSKI Bartosz | 1315 | R.AMBO DRUGA CREW | Okr 2 - M | 5 | 2 | -1 | 8:55 | 6.7 (81.7%) | 00:42:44 | 01:20:46 |
| 33 | MALINOWSKI Rafal | 1419 | JUNGLE NEXTREME | Okr 2 - M | 6 | 2 | -1 | 9:17 | 6.5 (79.3%) | 00:44:24 | 01:43:03 |
| 34 | SZYMAŃSKI Artur | 1399 | CALISTHENICS PŁOCK | Okr 2 - M | 7 | 2 | -1 | 9:18 | 6.5 (79.3%) | 00:46:20 | 01:37:21 |
| 35 | KOMOSIŃSKI Łukasz | 1489 | BEAZZD | Okr 2 - M | 8 | 2 | -1 | 9:22 | 6.4 (78.0%) | 00:44:37 | 01:57:00 |
| 36 | KAPICA Damian | 936 | BIGYELLOWFOOT ADVENTURE TEAM | Okr 2 - M | 9 | 2 | -1 | 9:45 | 6.2 (75.6%) | 00:47:58 | 01:36:50 |
| 37 | LEWANDOWSKI Tomasz | 439 | CROSSFIT TEAM SUSZ | Okr 2 - M | 10 | 2 | -1 | 10:47 | 5.6 (68.3%) | 00:52:20 | 00:53:59 |
| 38 | DURKA Michał | 1405 | CALISTHENICS PŁOCK | Okr 2 - M | 11 | 2 | -1 | 10:51 | 5.5 (67.1%) | 00:51:40 | 01:45:12 |
| 39 | TEKLAK Karol | 1417 | BIGYELLOWFOOT ADVENTURE TEAM | Okr 2 - M | 12 | 2 | -1 | 10:56 | 5.5 (67.1%) | 00:48:51 | 01:42:47 |
| 40 | KOTŁOWSKI Marcin | 1382 | BIGYELLOWFOOT ADVENTURE TEAM | Okr 2 - M | 13 | 2 | -1 | 10:57 | 5.5 (67.1%) | 00:50:43 | 01:42:50 |
| 41 | WIĘCŁAWSKA Magdalena | 1477 | BIEGUN OCR | Okr 2 - K | 1 | 2 | -1 | 11:06 | 5.4 (65.9%) | 00:52:37 | 02:00:58 |
| 42 | RYNKOWSKI Marcin | 389 | CROSSFIT TEAM SUSZ | Okr 2 - M | 14 | 2 | -1 | 11:23 | 5.3 (64.6%) | 00:50:18 | 00:56:59 |
| 43 | MAZURKIEWICZ Adam | 1426 | JUNGLE NEXTREME | Okr 2 - M | 15 | 2 | -1 | 11:30 | 5.2 (63.4%) | 00:55:21 | 01:54:07 |
| 44 | DZIWISZEK Tomasz | 1437 | | Okr 2 - M | 16 | 2 | -1 | 11:42 | 5.1 (62.2%) | 00:55:35 | 01:55:09 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Okr. | Różn | Tempo min/km | Tempo km/h | Fastest Lap | Średnie okrążenie |
|-----|-----------------------------|-------------|------------------------------|-----------|------|----------|------|--------------|----------------|-------------|-------------------|
| 45 | ARCISZEWSKA Magda | 1387 | BIGYELLOWFOOT ADVENTURE TEAM | Okr 2 - K | 2 | 2 | -1 | 11:48 | 5.1 (62.2%) | 00:54:46 | 01:47:09 |
| 46 | SZYMICHOWSKI Daniel | 1532 | WOLF TEAM / SPICHLERZ | Okr 2 - M | 17 | 2 | -1 | 12:01 | 5 (61.0%) | 00:56:05 | 02:19:44 |
| 47 | DZWONEK Michał | 1432 | JUNGLE NEXTREME | Okr 2 - M | 18 | 2 | -1 | 12:03 | 5 (61.0%) | 00:59:12 | 01:56:51 |
| 48 | LASKOWSKI Przemysław | 1403 | CALISTHENICS PŁOCK | Okr 2 - M | 19 | 2 | -1 | 12:39 | 4.7 (57.3%) | 01:00:10 | 01:54:10 |
| 49 | TOMCZYK Przemysław | 1344 | SURVIWAŁTEAM | Okr 2 - M | 20 | 2 | -1 | 12:55 | 4.6 (56.1%) | 01:02:07 | 01:45:05 |
| 50 | CZARNECKI Mateusz | 1181 | | Okr 2 - M | 21 | 2 | -1 | 13:32 | 4.4 (53.7%) | 01:06:34 | 01:27:54 |
| 51 | CYGANIK Magdalena | 1523 | WYTRENOWANI | Okr 2 - K | 3 | 2 | -1 | 13:34 | 4.4 (53.7%) | 01:02:54 | 02:37:09 |
| 52 | DUNAJSKI Arek | 1525 | | Okr 2 - M | 22 | 2 | -1 | 13:34 | 4.4 (53.7%) | 01:03:06 | 02:37:10 |
| 53 | KACZOR Anna | 621 | BIGYELLOWFOOT ADVENTURE TEAM | Okr 2 - K | 4 | 2 | -1 | 13:38 | 4.4 (53.7%) | 01:00:29 | 01:13:37 |
| 54 | TOMCZAK Artur | 1306 | DIRTY SPARROW | Okr 2 - M | 23 | 2 | -1 | 13:52 | 4.3 (52.4%) | 01:04:55 | 01:40:10 |
| 55 | ANTOSIK Igor | 1522 | WYTRENOWANI | Okr 2 - M | 24 | 2 | -1 | 13:58 | 4.3 (52.4%) | 01:03:04 | 02:39:08 |
| 56 | WITKOWSKI Hubert | 1598 | | Okr 2 - M | 25 | 2 | -1 | 14:01 | 4.3 (52.4%) | 00:53:27 | 02:39:26 |
| 57 | | 1517 | | | | 2 | -1 | 14:24 | 4.2 (51.2%) | 01:03:59 | 02:27:05 |
| 58 | WINKOWSKI Ireneusz | 1319 | | Okr 2 - M | 26 | 2 | -1 | 14:50 | 4 (48.8%) | 01:06:56 | 01:50:23 |
| 59 | ZAWADZKA Monika | 1460 | KONTENER FORMY | Okr 2 - K | 5 | 2 | -1 | 14:52 | 4 (48.8%) | 01:09:30 | 02:05:12 |
| 60 | TKACZYK Michał | 1514 | OBSTACLE CENTER TEAM | Okr 2 - M | 27 | 2 | -1 | 14:54 | 4 (48.8%) | 00:58:29 | 02:43:56 |
| 61 | KOSTUCH Łukasz | 1452 | | Okr 2 - M | 28 | 2 | -1 | 14:55 | 4 (48.8%) | 01:07:33 | 02:16:17 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Okr. | Różn | Tempo min/km | Tempo km/h | Fastest Lap | Średnie okrążenie |
|-----|-------------------------------|-------------|------------------------------|-----------|------|----------|------|--------------|-------------|-------------|-------------------|
| 62 | KWIATKOWSKI Marcin | 295 | | Okr 2 - M | 29 | 2 | -1 | 15:04 | 4 (48.8%) | 01:11:11 | 01:15:25 |
| 63 | GAŁACH Nikodem | 1420 | JUNGLE NEXTREME | Okr 2 - M | 30 | 2 | -1 | 15:07 | 4 (48.8%) | 01:07:43 | 02:12:14 |
| 64 | TOMCZAK Joanna | 1305 | DIRTY SPARROW | Okr 2 - K | 6 | 2 | -1 | 15:17 | 3.9 (47.6%) | 01:04:58 | 01:47:15 |
| 65 | | 1518 | | | | 2 | -1 | 15:42 | 3.8 (46.3%) | 01:03:59 | 02:33:34 |
| 66 | ŁOSIN Marta | 1469 | BIEGUN OCR TEAM | Okr 2 - K | 7 | 2 | -1 | 15:58 | 3.8 (46.3%) | 00:47:01 | 02:25:23 |
| 67 | MALEŃCZYK Sylwester | 1577 | | Okr 2 - M | 31 | 2 | -1 | 15:59 | 3.8 (46.3%) | 01:06:28 | 02:49:14 |
| 68 | MACANDER Jakub | 1456 | | Okr 2 - M | 32 | 2 | -1 | 16:01 | 3.7 (45.1%) | 01:17:55 | 02:45:00 |
| 69 | PELA Jakub | 346 | | Okr 2 - M | 33 | 2 | -1 | 16:22 | 3.7 (45.1%) | 01:11:09 | 01:21:54 |
| 70 | SOBKIEWICZ Michał | 293 | ENAX RUN4FUN | Okr 2 - M | 34 | 2 | -1 | 16:24 | 3.7 (45.1%) | 01:09:56 | 01:22:05 |
| 71 | DOMZAŁA Paweł | 1384 | BIGYELLOWFOOT ADVENTURE TEAM | Okr 2 - M | 35 | 2 | -1 | 16:36 | 3.6 (43.9%) | 01:10:58 | 02:11:07 |
| 72 | JĘDRYKA Anna | 1407 | AMBASADOR BIEGUN OCR | Okr 2 - K | 8 | 2 | -1 | 16:36 | 3.6 (43.9%) | 01:22:36 | 02:13:55 |
| 73 | JARZYCKI Mateusz | 1596 | | Okr 2 - M | 36 | 2 | -1 | 17:07 | 3.5 (42.7%) | 01:07:21 | 02:54:55 |
| 74 | HANISZEWSKI Bartłomiej | 1597 | | Okr 2 - M | 37 | 2 | -1 | 17:10 | 3.5 (42.7%) | 01:07:23 | 02:55:08 |
| 75 | ŻÓŁĆ Sebastian | 1311 | DZIKI Z TRÓJMIASTA | Okr 2 - M | 38 | 2 | -1 | 17:25 | 3.4 (41.5%) | 01:17:54 | 01:36:50 |
| 76 | ANDERS Katarzyna | 813 | DZIKI Z TRÓJMIASTA | Okr 2 - K | 9 | 2 | -1 | 17:25 | 3.4 (41.5%) | 01:18:11 | 01:36:50 |
| 77 | POLAK Jarosław | 821 | JAROSŁAW POLAK | Okr 2 - M | 39 | 2 | -1 | 17:26 | 3.4 (41.5%) | 01:17:54 | 01:36:50 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Okr. | Różn | Tempo min/km | Tempo km/h | Fastest Lap | Średnie okrążenie |
|-----|----------------------------------|-------------|------------------------------|-----------|------|----------|------|--------------|-------------|-------------|-------------------|
| 78 | LIBERADZKI Marcin | 1338 | | Okr 2 - M | 40 | 2 | -1 | 17:37 | 3.4 (41.5%) | 01:14:21 | 02:08:37 |
| 79 | MIKULSKI Jakub | 1443 | | Okr 2 - M | 41 | 2 | -1 | 17:49 | 3.4 (41.5%) | 01:15:36 | 02:30:44 |
| 80 | ZIEMANN Paweł | 1091 | | Okr 2 - M | 42 | 2 | -1 | 17:50 | 3.4 (41.5%) | 01:17:02 | 01:49:23 |
| 81 | KACZMAREK-ŁUSZCZAK Tomasz | 1508 | | Okr 2 - M | 43 | 2 | -1 | 18:17 | 3.3 (40.2%) | 01:12:56 | 02:41:38 |
| 82 | KROPIDŁOWSKI Sławomir | 1591 | AKADEMIA BIEGOWA KOŚCIERZYNA | Okr 2 - M | 44 | 2 | -1 | 18:28 | 3.2 (39.0%) | 01:06:14 | 03:01:39 |
| 83 | SKOWROŃSKI Andrzej | 1440 | BYLE DOBIEC TEAM | Okr 2 - M | 45 | 2 | -1 | 19:55 | 3 (36.6%) | 01:31:39 | 02:41:13 |
| 84 | KULCZAK Paweł | 845 | | Okr 2 - M | 46 | 2 | -1 | 19:56 | 3 (36.6%) | 01:18:10 | 01:49:23 |
| 85 | HIRSZ Sławomir | 1180 | | Okr 2 - M | 47 | 2 | -1 | 20:34 | 2.9 (35.4%) | 01:16:59 | 02:03:05 |
| 86 | | 1511 | | | | 2 | -1 | 22:12 | 2.7 (32.9%) | 01:37:50 | 02:52:40 |
| 87 | ROSKIEWICZ Wojtek | 1438 | OLDIES BUT GOLDIES | Okr 2 - M | 48 | 2 | -1 | 22:48 | 2.6 (31.7%) | 01:38:13 | 02:55:41 |
| 88 | MENKO Michał | 271 | BIEGUN OCR TEAM | Okr 1 - M | 1 | 1 | -2 | 8:23 | 7.1 (86.6%) | 00:41:58 | 00:52:48 |
| 89 | SĘKOWSKI Piotr | 436 | | Okr 1 - M | 2 | 1 | -2 | 8:24 | 7.1 (86.6%) | 00:42:03 | 00:42:07 |
| 90 | PAŁACHA Mikołaj | 1465 | BIEGUN OCR | Okr 1 - M | 3 | 1 | -2 | 8:24 | 7.1 (86.6%) | 00:42:04 | 02:53:00 |
| 91 | BIELICKI Wojciech | 1571 | LACROIX TEAM | Okr 1 - M | 4 | 1 | -2 | 8:37 | 7 (85.4%) | 00:43:06 | 03:32:52 |
| 92 | WERYK Mateusz | 649 | BIEGUN OCR TEAM | Okr 1 - M | 5 | 1 | -2 | 9:19 | 6.4 (78.0%) | 00:46:38 | 01:05:58 |
| 93 | MATYSZEWSKI Grzegorz | 970 | | Okr 1 - M | 6 | 1 | -2 | 9:26 | 6.4 (78.0%) | 00:47:12 | 02:40:20 |
| 94 | JONACZYK Kasia | 1488 | BIEGUN OCR TEAM | Okr 1 - K | 1 | 1 | -2 | 9:27 | 6.3 (76.8%) | 00:47:18 | 03:07:35 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Okr. | Różn | Tempo min/km | Tempo km/h | Fastest Lap | Średnie okrążenie |
|-----|-----------------------------|-------------|------------------------------|-----------|------|----------|------|--------------|----------------|-------------|-------------------|
| 95 | CZAPIEWSKI Sylwester | 1383 | BIGYELLOWFOOT ADVENTURE TEAM | Okr 1 - M | 7 | 1 | -2 | 9:40 | 6.2 (75.6%) | 00:48:22 | 02:24:32 |
| 96 | MIŁOŚ Barbara | 1381 | BIGYELLOWFOOT ADVENTURE TEAM | Okr 1 - K | 2 | 1 | -2 | 9:59 | 6 (73.2%) | 00:49:57 | 02:26:05 |
| 97 | DWORAKOWSKI Kamil | 1328 | | Okr 1 - M | 8 | 1 | -2 | 10:05 | 6 (73.2%) | 00:50:25 | 02:02:46 |
| 98 | DĄBROWSKI Tomasz | 1526 | MOVEMENT ARENA SUWAŁKI | Okr 1 - M | 9 | 1 | -2 | 10:20 | 5.8 (70.7%) | 00:51:40 | 03:30:52 |
| 99 | MALGORZEWICZ Dawid | 456 | | Okr 1 - M | 10 | 1 | -2 | 10:33 | 5.7 (69.5%) | 00:52:47 | 00:52:53 |
| 100 | SOSNOWSKI Robert | 1389 | BIEGUN OCR | Okr 1 - M | 11 | 1 | -2 | 10:41 | 5.6 (68.3%) | 00:53:26 | 03:04:22 |
| 101 | MRUKLIK Maciej | 1325 | | Okr 1 - M | 12 | 1 | -2 | 10:43 | 5.6 (68.3%) | 00:53:37 | 02:05:58 |
| 102 | JUSIŃSKI Sebastian | 1548 | | Okr 1 - M | 13 | 1 | -2 | 10:45 | 5.6 (68.3%) | 00:53:47 | 03:33:01 |
| 103 | MATYSIEWICZ Patryk | 1471 | | Okr 1 - M | 14 | 1 | -2 | 10:53 | 5.5 (67.1%) | 00:54:26 | 03:05:21 |
| 104 | ŚLIWA Krzysztof | 1570 | LACROIX TEAM | Okr 1 - M | 15 | 1 | -2 | 10:55 | 5.5 (67.1%) | 00:54:35 | 03:44:21 |
| 105 | WANAGOS Dorota | 289 | BIEGUN OCR | Okr 1 - K | 3 | 1 | -2 | 11:00 | 5.5 (67.1%) | 00:55:01 | 00:55:07 |
| 106 | SCHWEIZER Mirka | 1385 | BIGYELLOWFOOT ADVENTURE TEAM | Okr 1 - K | 4 | 1 | -2 | 11:12 | 5.4 (65.9%) | 00:56:01 | 02:32:10 |
| 107 | BŁASZCZYK Brunon | 1595 | BORSUK CREW - AMBASADOR | Okr 1 - M | 16 | 1 | -2 | 11:24 | 5.3 (64.6%) | 00:57:02 | 03:07:58 |
| 108 | RADOMSKI Adam | 1475 | BIEGUN OCR | Okr 1 - M | 17 | 1 | -2 | 11:37 | 5.2 (63.4%) | 00:58:08 | 03:09:04 |
| 109 | KRUPIŃSKI Karol | 1461 | | Okr 1 - M | 18 | 1 | -2 | 11:41 | 5.1 (62.2%) | 00:58:29 | 03:09:27 |
| 110 | KILAN Kacper | 1312 | | Okr 1 - M | 19 | 1 | -2 | 11:42 | 5.1 (62.2%) | 00:58:33 | 02:10:53 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Okr. | Różn | Tempo min/km | Tempo km/h | Fastest Lap | Średnie okrążenie |
|-----|-----------------------------|-------------|------------------------------|-----------|------|----------|------|--------------|-------------|-------------|-------------------|
| 111 | HOŁDA Dominik | 1386 | | Okr 1 - M | 20 | 1 | -2 | 11:45 | 5.1 (62.2%) | 00:58:49 | 02:35:00 |
| 112 | SZELIGA Mateusz | 1519 | | Okr 1 - M | 21 | 1 | -2 | 11:48 | 5.1 (62.2%) | 00:59:04 | 03:29:07 |
| 113 | WIANECKA Agata | 1339 | BIEGUN OCR | Okr 1 - K | 5 | 1 | -2 | 11:52 | 5.1 (62.2%) | 00:59:21 | 02:20:14 |
| 114 | BAŁDYGA Tymon | 1434 | BIEGUN OCR TEAM | Okr 1 - M | 22 | 1 | -2 | 11:58 | 5 (61.0%) | 00:59:53 | 02:53:02 |
| 115 | WINKLER Mateusz | 1562 | VIKINGS RUN TEAM | Okr 1 - M | 23 | 1 | -2 | 12:06 | 5 (61.0%) | 01:00:31 | 03:50:19 |
| 116 | ŁUKAWSKI Michał | 1335 | ENVIT ACTIVELIFEEXTREAM | Okr 1 - M | 24 | 1 | -2 | 12:07 | 4.9 (59.8%) | 01:00:37 | 02:12:59 |
| 117 | PROKOPOWICZ Weronika | 1371 | BIGYELLOWFOOT ADVENTURE TEAM | Okr 1 - K | 6 | 1 | -2 | 12:08 | 4.9 (59.8%) | 01:00:43 | 02:31:18 |
| 118 | MEDRYK Piotr | 1351 | SURVIWAŁTEAM | Okr 1 - M | 25 | 1 | -2 | 12:10 | 4.9 (59.8%) | 01:00:52 | 02:21:46 |
| 119 | JAGODZIŃSKI Dominik | 1333 | ROTA | Okr 1 - M | 26 | 1 | -2 | 12:17 | 4.9 (59.8%) | 01:01:26 | 02:13:48 |
| 120 | MATYSIEWICZ Grzegorz | 1470 | | Okr 1 - M | 27 | 1 | -2 | 12:23 | 4.8 (58.5%) | 01:01:55 | 03:12:54 |
| 121 | KONDEJ Michał | 1579 | ACTIVE FLOW | Okr 1 - M | 28 | 1 | -2 | 12:23 | 4.8 (58.5%) | 01:01:59 | 04:00:30 |
| 122 | STANIASZEK Szymon | 1342 | R.AMBO DRUGA CREW | Okr 1 - M | 29 | 1 | -2 | 12:25 | 4.8 (58.5%) | 01:02:06 | 02:22:56 |
| 123 | SYLDATK Patryk | 498 | | Okr 1 - M | 30 | 1 | -2 | 12:28 | 4.8 (58.5%) | 01:02:22 | 01:02:29 |
| 124 | PLEBANEK Paweł | 1037 | BIEGUN OCR | Okr 1 - M | 31 | 1 | -2 | 12:34 | 4.8 (58.5%) | 01:02:51 | 01:13:41 |
| 125 | POMIERSKA Anna | 1463 | BIEGUN OCR | Okr 1 - K | 7 | 1 | -2 | 12:39 | 4.7 (57.3%) | 01:03:19 | 03:14:16 |
| 126 | CZARNECKI Krzysztof | 1478 | BIEGUN OCR | Okr 1 - M | 32 | 1 | -2 | 12:42 | 4.7 (57.3%) | 01:03:30 | 03:14:27 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Okr. | Różn | Tempo min/km | Tempo km/h | Fastest Lap | Średnie okrążenie |
|-----|--------------------------------|-------------|-------------------------------------|-----------|------|----------|------|--------------|----------------|-------------|-------------------|
| 127 | MALINOWSKI Michał | 431 | | Okr 1 - M | 33 | 1 | -2 | 12:47 | 4.7 (57.3%) | 01:03:59 | 01:04:05 |
| 128 | | 0122 | | | | 1 | -2 | 12:50 | 4.7 (57.3%) | 01:04:12 | 06:23:57 |
| 129 | PREWYSZ-KWINTO Mateusz | 1551 | OBSTACLE CENTER TEAM | Okr 1 - M | 34 | 1 | -2 | 12:53 | 4.7 (57.3%) | 01:04:28 | 03:54:20 |
| 130 | BŁOŃSKI Dawid | 1513 | LACROIX TEAM | Okr 1 - M | 35 | 1 | -2 | 12:56 | 4.6 (56.1%) | 01:04:41 | 03:54:26 |
| 131 | FURTAN Krystian | 419 | | Okr 1 - M | 36 | 1 | -2 | 12:56 | 4.6 (56.1%) | 01:04:43 | 03:08:00 |
| 132 | CICHOCKA Martyna | 1449 | KONTENER FORMY | Okr 1 - K | 8 | 1 | -2 | 12:56 | 4.6 (56.1%) | 01:04:44 | 03:08:00 |
| 133 | KOŁODZIEJSKA Marta | 1476 | BIEGUN OCR | Okr 1 - K | 9 | 1 | -2 | 13:00 | 4.6 (56.1%) | 01:05:03 | 01:35:05 |
| 134 | PRZADKA Krzysztof | 1553 | GMINA GARDEJA BIEGA | Okr 1 - M | 37 | 1 | -2 | 13:07 | 4.6 (56.1%) | 01:05:37 | 03:55:23 |
| 135 | LIS Maciej | 390 | BIEGUN OCR | Okr 1 - M | 38 | 1 | -2 | 13:15 | 4.5 (54.9%) | 01:06:15 | 03:17:10 |
| 136 | SITTERLEE Piotr | 1401 | | Okr 1 - M | 39 | 1 | -2 | 13:19 | 4.5 (54.9%) | 01:06:37 | 02:48:21 |
| 137 | ŁĘPICKI Mateusz | 1560 | LEMON TEAM | Okr 1 - M | 40 | 1 | -2 | 13:21 | 4.5 (54.9%) | 01:06:49 | 03:56:41 |
| 138 | RATAJCZAK Dawid | 1321 | | Okr 1 - M | 41 | 1 | -2 | 13:23 | 4.5 (54.9%) | 01:06:56 | 02:19:18 |
| 139 | SCHMIDT Waldek | 1485 | MTB-MAŁE TRÓJMIASTO BIEGA WEJHEROWO | Okr 1 - M | 42 | 1 | -2 | 13:24 | 4.5 (54.9%) | 01:07:00 | 03:17:58 |
| 140 | NADOŁKOWSKI Paulina | 1589 | BIGYELLOWFOOT ADVENTURE TEAM | Okr 1 - K | 10 | 1 | -2 | 13:30 | 4.4 (53.7%) | 01:07:30 | 01:58:48 |
| 141 | OKRÓJ-SITTERLEE Mariola | 1412 | | Okr 1 - K | 11 | 1 | -2 | 13:35 | 4.4 (53.7%) | 01:07:56 | 02:49:39 |
| 142 | GRABSKI Marek | 1594 | GREEN GOBLINS | Okr 1 - M | 43 | 1 | -2 | 13:46 | 4.4 (53.7%) | 01:08:53 | 04:07:28 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Okr. | Różn | Tempo min/km | Tempo km/h | Fastest Lap | Średnie okrążenie |
|-----|-----------------------------|-------------|---|-----------|------|----------|------|--------------|-------------|-------------|-------------------|
| 143 | MAZEPA Izabela | 1423 | | Okr 1 - K | 12 | 1 | -2 | 13:47 | 4.4 (53.7%) | 01:08:55 | 03:02:03 |
| 144 | SZULWACH Weronika | 255 | BIEGUN OCR TEAM | Okr 1 - K | 13 | 1 | -2 | 13:50 | 4.3 (52.4%) | 01:09:10 | 01:20:02 |
| 145 | WANAGOS Przemysław | 509 | BIEGUN OCR | Okr 1 - M | 44 | 1 | -2 | 13:58 | 4.3 (52.4%) | 01:09:51 | 01:09:57 |
| 146 | PODBIELSKI Krystian | 1322 | OSPRO OCR TEAM | Okr 1 - M | 45 | 1 | -2 | 14:14 | 4.2 (51.2%) | 01:11:10 | 02:23:34 |
| 147 | MAJEK Bartłomiej | 617 | | Okr 1 - M | 46 | 1 | -2 | 14:17 | 4.2 (51.2%) | 01:11:25 | 03:41:27 |
| 148 | GRUSZKA Beata | 1336 | WOJOWNICZKI TEAM BIGYELLOWFOOT ADVENTURE TEAM | Okr 1 - K | 14 | 1 | -2 | 14:17 | 4.2 (51.2%) | 01:11:27 | 02:47:37 |
| 149 | CYMERYS Michał | 1483 | NORDEA | Okr 1 - M | 47 | 1 | -2 | 14:22 | 4.2 (51.2%) | 01:11:50 | 03:22:46 |
| 150 | DOLIK Anna | 1530 | KONTENER FORMY | Okr 1 - K | 15 | 1 | -2 | 14:25 | 4.2 (51.2%) | 01:12:06 | 03:51:22 |
| 151 | GODLEWSKA Magdalena | 333 | CROSSFIT TEAM SUSZ | Okr 1 - K | 16 | 1 | -2 | 14:25 | 4.2 (51.2%) | 01:12:09 | 01:12:13 |
| 152 | KONKOLEWSKI Krystian | 1231 | SPORTMANIA GYM | Okr 1 - M | 48 | 1 | -2 | 14:33 | 4.1 (50.0%) | 01:12:49 | 02:04:08 |
| 153 | GRYLEWICZ Mikołaj | 1340 | | Okr 1 - M | 49 | 1 | -2 | 14:43 | 4.1 (50.0%) | 01:13:35 | 02:34:27 |
| 154 | FALKOWSKI Krystian | 1524 | | Okr 1 - M | 50 | 1 | -2 | 14:50 | 4 (48.8%) | 01:14:13 | 05:38:17 |
| 155 | ZIELIŃSKI Karol | 339 | | Okr 1 - M | 51 | 1 | -2 | 14:50 | 4 (48.8%) | 01:14:14 | 01:14:22 |
| 156 | JAKSZEWICZ Sławomir | 1293 | GLADIATORSBYRMF4RT | Okr 1 - M | 52 | 1 | -2 | 14:51 | 4 (48.8%) | 01:14:15 | 02:15:47 |
| 157 | WÓJCICKA Anna | 1304 | HELL'S HEAVEN SZCZECIN | Okr 1 - K | 17 | 1 | -2 | 14:53 | 4 (48.8%) | 01:14:26 | 02:15:58 |
| 158 | ZIOMEK Artur | 1473 | BIEGUN OCR | Okr 1 - M | 53 | 1 | -2 | 14:53 | 4 (48.8%) | 01:14:28 | 03:25:25 |
| 159 | PEK Dariusz | 1479 | | Okr 1 - M | 54 | 1 | -2 | 14:56 | 4 (48.8%) | 01:14:44 | 03:25:42 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Okr. | Różn | Tempo min/km | Tempo km/h | Fastest Lap | Średnie okrążenie |
|-----|-----------------------------|-------------|------------------------------|-----------|------|------|------|--------------|-------------|-------------|-------------------|
| 160 | PODBIELSKA Gosia | 1323 | | Okr 1 - K | 18 | 1 | -2 | 15:00 | 4 (48.8%) | 01:15:01 | 02:27:24 |
| 161 | ROPELA Monika | 1590 | WOLF TEAM | Okr 1 - K | 19 | 1 | -2 | 15:06 | 4 (48.8%) | 01:15:30 | 04:14:03 |
| 162 | DORYWALSKI Artur | 1093 | FIGA PRACOWNIA PROJEKTOWA | Okr 1 - M | 55 | 1 | -2 | 15:08 | 4 (48.8%) | 01:15:44 | 01:56:03 |
| 163 | PAWŁOWSKI Jacek | 1363 | STALOWOWOLSKI KLUB BIEGACZA | Okr 1 - M | 56 | 1 | -2 | 15:09 | 4 (48.8%) | 01:15:45 | 02:46:21 |
| 164 | POHLID-DODA Anna | 483 | CROSSFIT TEAM SUSZ | Okr 1 - K | 20 | 1 | -2 | 15:10 | 4 (48.8%) | 01:15:52 | 01:15:57 |
| 165 | PAŁACHA Andrzej | 1466 | BIEGUN OCR | Okr 1 - M | 57 | 1 | -2 | 15:10 | 4 (48.8%) | 01:15:54 | 03:26:52 |
| 166 | ROZMUS Ewelina | 1370 | BIGYELLOWFOOT ADVENTURE TEAM | Okr 1 - K | 21 | 1 | -2 | 15:11 | 3.9 (47.6%) | 01:15:59 | 02:46:34 |
| 167 | CHILCZUK Piotr | 1341 | OBSTACLE CENTER TEAM | Okr 1 - M | 58 | 1 | -2 | 15:14 | 3.9 (47.6%) | 01:16:11 | 02:37:01 |
| 168 | PACHOTA Paweł | 384 | | Okr 1 - M | 59 | 1 | -2 | 15:14 | 3.9 (47.6%) | 01:16:14 | 01:16:20 |
| 169 | DETTLAFF Sławomir | 1298 | | Okr 1 - M | 60 | 1 | -2 | 15:27 | 3.9 (47.6%) | 01:17:15 | 02:18:45 |
| 170 | ORZECZOWSKI Tomasz | 1230 | SPORTMANIA GYM | Okr 1 - M | 61 | 1 | -2 | 15:27 | 3.9 (47.6%) | 01:17:16 | 02:08:34 |
| 171 | SZAŁKOWSKA Agnieszka | 1343 | AMBASADOR | Okr 1 - K | 22 | 1 | -2 | 15:31 | 3.9 (47.6%) | 01:17:39 | 02:38:30 |
| 172 | ZIOMEK Anna | 1481 | BIEGUN OCR | Okr 1 - K | 23 | 1 | -2 | 15:34 | 3.9 (47.6%) | 01:17:50 | 03:28:47 |
| 173 | KUBIAK Maciej | 1542 | | Okr 1 - M | 62 | 1 | -2 | 15:35 | 3.8 (46.3%) | 01:17:57 | 03:57:12 |
| 174 | JAROS Roman | 1282 | ROM-ZŁOM | Okr 1 - M | 63 | 1 | -2 | 15:36 | 3.8 (46.3%) | 01:18:03 | 02:09:26 |
| 175 | MICHALAK Adrian | 1332 | ROTA | Okr 1 - M | 64 | 1 | -2 | 15:37 | 3.8 (46.3%) | 01:18:05 | 02:30:26 |
| 176 | WEINER Patryk | 1184 | | Okr 1 - M | 65 | 1 | -2 | 15:40 | 3.8 (46.3%) | 01:18:24 | 01:58:45 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Okr. | Różn | Tempo min/km | Tempo km/h | Fastest Lap | Średnie okrążenie |
|-----|-----------------------------|-------------|-----------------------|-----------|------|----------|------|--------------|----------------|-------------|-------------------|
| 177 | INELLA Artur | 1352 | SURVIWAŁTEAM | Okr 1 - M | 66 | 1 | -2 | 15:53 | 3.8 (46.3%) | 01:19:29 | 02:40:20 |
| 178 | WIŚNIEWSKI Arkadiusz | 937 | LACROIX TEAM | Okr 1 - M | 67 | 1 | -2 | 15:56 | 3.8 (46.3%) | 01:19:40 | 04:09:30 |
| 179 | CISKA Renata | 1435 | JUNGLE NEXTREME | Okr 1 - K | 24 | 1 | -2 | 15:58 | 3.8 (46.3%) | 01:19:53 | 03:13:01 |
| 180 | OGRODOWCZYK Adam | 1097 | | Okr 1 - M | 68 | 1 | -2 | 16:01 | 3.7 (45.1%) | 01:20:08 | 02:00:27 |
| 181 | BAL Sebastian | 1123 | | Okr 1 - M | 69 | 1 | -2 | 16:02 | 3.7 (45.1%) | 01:20:11 | 02:00:28 |
| 182 | KACZYŃSKI Marek | 1360 | | Okr 1 - M | 70 | 1 | -2 | 16:02 | 3.7 (45.1%) | 01:20:12 | 02:41:09 |
| 183 | GÓRA Aleksandra | 1534 | WOLF TEAM / SPICHLERZ | Okr 1 - K | 25 | 1 | -2 | 16:07 | 3.7 (45.1%) | 01:20:37 | 03:59:52 |
| 184 | DARGA Marcin | 1533 | WOLF TEAM / SPICHLERZ | Okr 1 - M | 71 | 1 | -2 | 16:07 | 3.7 (45.1%) | 01:20:38 | 03:59:52 |
| 185 | ZIOMEK Daniel | 1442 | | Okr 1 - M | 72 | 1 | -2 | 16:09 | 3.7 (45.1%) | 01:20:49 | 03:24:07 |
| 186 | DETTLAFF Magdalena | 1299 | | Okr 1 - K | 26 | 1 | -2 | 16:12 | 3.7 (45.1%) | 01:21:02 | 02:22:33 |
| 187 | MAŃSKI Tomasz | 1087 | BALTIC SEALS | Okr 1 - M | 73 | 1 | -2 | 16:16 | 3.7 (45.1%) | 01:21:24 | 04:19:56 |
| 188 | FERRA Jacek | 1290 | | Okr 1 - M | 74 | 1 | -2 | 16:18 | 3.7 (45.1%) | 01:21:31 | 02:23:02 |
| 189 | BOGALECKA Paulina | 647 | BIEGUN OCR | Okr 1 - K | 27 | 1 | -2 | 16:28 | 3.6 (43.9%) | 01:22:22 | 01:41:49 |
| 190 | MAJEWSKI Piotr | 673 | | Okr 1 - M | 75 | 1 | -2 | 16:40 | 3.6 (43.9%) | 01:23:22 | 01:42:46 |
| 191 | FIKUS Anna | 1418 | | Okr 1 - K | 28 | 1 | -2 | 16:43 | 3.6 (43.9%) | 01:23:39 | 03:16:48 |
| 192 | ŚLIWIAK Dawid | 695 | | Okr 1 - M | 76 | 1 | -2 | 16:48 | 3.6 (43.9%) | 01:24:02 | 01:43:27 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Okr. | Różn | Tempo min/km | Tempo km/h | Fastest Lap | Średnie okrążenie |
|-----|------------------------------|-------------|------------------------------|-----------|------|----------|------|--------------|----------------|-------------|-------------------|
| 193 | STRZELECKI Grzegorz | 1095 | FIGA PRACOWNIA PROJEKTOWA | Okr 1 - M | 77 | 1 | -2 | 16:48 | 3.6 (43.9%) | 01:24:03 | 02:04:23 |
| 194 | OWCZARZ Marcin | 1094 | FIGA PRACOWNIA PROJEKTOWA | Okr 1 - M | 78 | 1 | -2 | 16:49 | 3.6 (43.9%) | 01:24:06 | 02:04:25 |
| 195 | KRYSIAK Piotr | 1378 | BIG YELLOW FOOT | Okr 1 - M | 79 | 1 | -2 | 16:50 | 3.6 (43.9%) | 01:24:10 | 03:00:21 |
| 196 | ORZOŁ Kamil | 1070 | NORDEA RUNNERS TEAM | Okr 1 - M | 80 | 1 | -2 | 16:52 | 3.6 (43.9%) | 01:24:23 | 01:54:26 |
| 197 | JASTROWSKI Kamil | 1359 | | Okr 1 - M | 81 | 1 | -2 | 17:15 | 3.5 (42.7%) | 01:26:15 | 02:47:10 |
| 198 | LEŚNICZAK Barbara | 1424 | #WKURW_TEAM | Okr 1 - K | 29 | 1 | -2 | 17:21 | 3.5 (42.7%) | 01:26:45 | 03:19:52 |
| 199 | WIŚNIEWSKI Maciej | 1379 | | Okr 1 - M | 82 | 1 | -2 | 17:21 | 3.5 (42.7%) | 01:26:46 | 03:02:54 |
| 200 | TARAS Michał | 349 | | Okr 1 - M | 83 | 1 | -2 | 17:24 | 3.4 (41.5%) | 01:27:01 | 01:27:06 |
| 201 | KROGULEWSKA Anna | 1313 | BIEGUN OCR | Okr 1 - K | 30 | 1 | -2 | 17:26 | 3.4 (41.5%) | 01:27:14 | 03:38:11 |
| 202 | SZCZECHOWSKA Weronika | 1354 | SURVIWAŁTEAM | Okr 1 - K | 31 | 1 | -2 | 17:27 | 3.4 (41.5%) | 01:27:18 | 02:48:11 |
| 203 | ŚWIĘTOSŁAWSKI Łukasz | 1547 | | Okr 1 - M | 84 | 1 | -2 | 17:32 | 3.4 (41.5%) | 01:27:40 | 04:06:57 |
| 204 | PIEKARSKA Katarzyna | 1376 | BIGYELLOWFOOT ADVENTURE TEAM | Okr 1 - K | 32 | 1 | -2 | 17:38 | 3.4 (41.5%) | 01:28:12 | 03:04:20 |
| 205 | DOLAT Justyna | 1421 | JUST TEAM | Okr 1 - K | 33 | 1 | -2 | 17:39 | 3.4 (41.5%) | 01:28:16 | 03:21:24 |
| 206 | SZKALEJ Sebastian | 1326 | | Okr 1 - M | 85 | 1 | -2 | 17:41 | 3.4 (41.5%) | 01:28:28 | 02:40:51 |
| 207 | PETRYSZYN Marzena | 706 | | Okr 1 - K | 34 | 1 | -2 | 17:42 | 3.4 (41.5%) | 01:28:30 | 01:47:55 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Okr. | Różn | Tempo min/km | Tempo km/h | Fastest Lap | Średnie okrążenie |
|-----|-----------------------------------|-------------|----------------------|-----------|------|----------|------|--------------|-------------|-------------|-------------------|
| 208 | BOREK Michał | 1190 | | Okr 1 - M | 86 | 1 | -2 | 17:46 | 3.4 (41.5%) | 01:28:50 | 02:09:11 |
| 209 | DOS SANTOS TRINDADE Kamila | 1535 | | Okr 1 - K | 35 | 1 | -2 | 18:04 | 3.3 (40.2%) | 01:30:23 | 04:09:41 |
| 210 | NOWAKOWSKI Jakub | 1404 | CALISTHENICS PŁOCK | Okr 1 - M | 87 | 1 | -2 | 18:05 | 3.3 (40.2%) | 01:30:26 | 03:12:11 |
| 211 | ŚLUSAR Wojciech | 720 | | Okr 1 - M | 88 | 1 | -2 | 18:07 | 3.3 (40.2%) | 01:30:37 | 01:50:03 |
| 212 | SOBCZAK Marek | 1586 | | Okr 1 - M | 89 | 1 | -2 | 18:08 | 3.3 (40.2%) | 01:30:42 | 04:29:17 |
| 213 | GORNOWICZ Marcin | 371 | | Okr 1 - M | 90 | 1 | -2 | 18:15 | 3.3 (40.2%) | 01:31:19 | 01:31:26 |
| 214 | DALKIEWICZ Marta | 582 | CROSSFIT TEAM SUSZ | Okr 1 - K | 36 | 1 | -2 | 18:18 | 3.3 (40.2%) | 01:31:31 | 01:42:21 |
| 215 | ŚLUSAR Marcin | 751 | | Okr 1 - M | 91 | 1 | -2 | 18:19 | 3.3 (40.2%) | 01:31:37 | 01:51:02 |
| 216 | RYBIŃSKA Marta | 1373 | TOPACTIVE | Okr 1 - K | 37 | 1 | -2 | 18:34 | 3.2 (39.0%) | 01:32:52 | 03:03:28 |
| 217 | KOŁECKI Krzysztof | 1372 | | Okr 1 - M | 92 | 1 | -2 | 18:34 | 3.2 (39.0%) | 01:32:52 | 03:03:28 |
| 218 | MROZIŃSKI Adam | 618 | | Okr 1 - M | 93 | 1 | -2 | 18:41 | 3.2 (39.0%) | 01:33:27 | 01:52:53 |
| 219 | SZPAKOWSKI Kamil | 1365 | | Okr 1 - M | 94 | 1 | -2 | 18:44 | 3.2 (39.0%) | 01:33:42 | 03:04:17 |
| 220 | KWIATKOWSKI Fabian | 1546 | | Okr 1 - M | 95 | 1 | -2 | 18:52 | 3.2 (39.0%) | 01:34:23 | 04:13:37 |
| 221 | SHTYPULIAK Sergii | 1286 | | Okr 1 - M | 96 | 1 | -2 | 18:55 | 3.2 (39.0%) | 01:34:35 | 02:36:06 |
| 222 | ŚLIWIAK Grzegorz | 678 | | Okr 1 - M | 97 | 1 | -2 | 18:59 | 3.2 (39.0%) | 01:34:58 | 01:54:23 |
| 223 | KURPIOS Milena | 804 | OBSTACLE CENTER TEAM | Okr 1 - K | 38 | 1 | -2 | 19:01 | 3.2 (39.0%) | 01:35:06 | 04:33:54 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Okr. | Różn | Tempo min/km | Tempo km/h | Fastest Lap | Średnie okrążenie |
|-----|--|-------------|------------------------------|-----------|------|----------|------|--------------|----------------|-------------|-------------------|
| 224 | SZULIMOWISZ Maciej | 1395 | | Okr 1 - M | 98 | 1 | -2 | 19:03 | 3.1 (37.8%) | 01:35:19 | 03:17:00 |
| 225 | KOSCHEMBAHR ŁYSKOWSKI Konstanty | 1377 | BIGYELLOWFOOT ADVENTURE TEAM | Okr 1 - M | 99 | 1 | -2 | 19:06 | 3.1 (37.8%) | 01:35:33 | 03:11:43 |
| 226 | ZAWADZKA Weronika | 1191 | | Okr 1 - K | 39 | 1 | -2 | 19:10 | 3.1 (37.8%) | 01:35:51 | 02:16:12 |
| 227 | SZYMAŃSKI Jakub | 1415 | BIEGUN OCR | Okr 1 - M | 100 | 1 | -2 | 19:10 | 3.1 (37.8%) | 01:35:51 | 03:29:02 |
| 228 | MIKIELSKI Paweł | 1295 | | Okr 1 - M | 101 | 1 | -2 | 19:12 | 3.1 (37.8%) | 01:36:00 | 02:37:32 |
| 229 | ŻÓŁĆ Beata | 1578 | DZIKI Z TRÓJMIASTA | Okr 1 - K | 40 | 1 | -2 | 12:50 | 4.7 (57.3%) | 01:36:22 | 01:55:45 |
| 230 | MAĆKOWSKA Edyta | 1433 | JUNGLE NEXTREME | Okr 1 - K | 41 | 1 | -2 | 19:16 | 3.1 (37.8%) | 01:36:22 | 03:29:31 |
| 231 | MONDRY Błażej | 1327 | | Okr 1 - M | 102 | 1 | -2 | 19:16 | 3.1 (37.8%) | 01:36:22 | 02:48:46 |
| 232 | BAŁDOWSKA Monika | 1408 | | Okr 1 - K | 42 | 1 | -2 | 19:21 | 3.1 (37.8%) | 01:36:49 | 04:06:53 |
| 233 | PREWYSZ-KWINTO Marta Jolanta | 1283 | OBSTACLE CENTER TEAM | Okr 1 - K | 43 | 1 | -2 | 19:23 | 3.1 (37.8%) | 01:36:58 | 04:07:03 |
| 234 | KLIMCZAK Wojciech | 1472 | PIEŃĆ WENŻA | Okr 1 - M | 103 | 1 | -2 | 19:26 | 3.1 (37.8%) | 01:37:10 | 03:48:09 |
| 235 | MŁYŃSKA Joanna | 1015 | R.AMBO | Okr 1 - K | 44 | 1 | -2 | 19:28 | 3.1 (37.8%) | 01:37:21 | 02:07:25 |
| 236 | KRUPIŃSKA Wioletta | 1294 | | Okr 1 - K | 45 | 1 | -2 | 19:32 | 3.1 (37.8%) | 01:37:41 | 02:39:12 |
| 237 | ADAMCZYK Dorota | 1462 | | Okr 1 - K | 46 | 1 | -2 | 19:34 | 3.1 (37.8%) | 01:37:51 | 03:48:49 |
| 238 | KABACIŃSKI Przemysław | 1575 | | Okr 1 - M | 104 | 1 | -2 | 19:36 | 3.1 (37.8%) | 01:38:02 | 04:27:58 |
| 239 | ZIOBRO Aśka | 1331 | | Okr 1 - K | 47 | 1 | -2 | 19:42 | 3 (36.6%) | 01:38:32 | 02:50:56 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Okr. | Różn | Tempo min/km | Tempo km/h | Fastest Lap | Średnie okrążenie |
|-----|------------------------------|-------------|----------------------|-----------|------|----------|------|--------------|-------------|-------------|-------------------|
| 240 | KUROWSKI Jarosław | 655 | OPEN BALANCE | Okr 1 - M | 105 | 1 | -2 | 19:45 | 3 (36.6%) | 01:38:46 | 01:58:11 |
| 241 | ZWIEFKA Jakub | 1361 | | Okr 1 - M | 106 | 1 | -2 | 19:49 | 3 (36.6%) | 01:39:06 | 03:09:41 |
| 242 | WOŹNIAK Szymon | 1324 | ROTA | Okr 1 - M | 107 | 1 | -2 | 19:52 | 3 (36.6%) | 01:39:23 | 02:51:44 |
| 243 | WOJCIECHOWSKI Piotr | 1092 | OCR ELBLĄG | Okr 1 - M | 108 | 1 | -2 | 19:55 | 3 (36.6%) | 01:39:37 | 02:19:56 |
| 244 | CYMAN Iza | 1059 | | Okr 1 - K | 48 | 1 | -2 | 19:58 | 3 (36.6%) | 01:39:51 | 02:09:54 |
| 245 | OSIK Grzegorz | 383 | OBSTACLE CENTER TEAM | Okr 1 - M | 109 | 1 | -2 | 20:14 | 3 (36.6%) | 01:41:14 | 04:20:28 |
| 246 | OLŻYŃSKI Patryk | 1320 | | Okr 1 - M | 110 | 1 | -2 | 20:19 | 3 (36.6%) | 01:41:38 | 02:54:01 |
| 247 | ŁYKOWSKI Eryk | 1564 | PRYMUS TEAM | Okr 1 - M | 111 | 1 | -2 | 20:20 | 3 (36.6%) | 01:41:40 | 04:31:32 |
| 248 | DZEMIDOK Natallia | 623 | DZIKI Z TRÓJMIASTA | Okr 1 - K | 49 | 1 | -2 | 20:22 | 2.9 (35.4%) | 01:41:53 | 02:01:16 |
| 249 | BOBCOV Džoana | 646 | DZIKI Z TRÓJMIASTA | Okr 1 - K | 50 | 1 | -2 | 20:23 | 2.9 (35.4%) | 01:41:55 | 02:01:17 |
| 250 | MAJEWSKI Dawid | 1280 | | Okr 1 - M | 112 | 1 | -2 | 20:24 | 2.9 (35.4%) | 01:42:04 | 02:33:27 |
| 251 | NADOLNY Karol | 1566 | LACROIX TEAM | Okr 1 - M | 113 | 1 | -2 | 20:28 | 2.9 (35.4%) | 01:42:23 | 04:32:11 |
| 252 | MARCHLEWICZ Dawid | 1296 | UNITED RUNNERS | Okr 1 - M | 114 | 1 | -2 | 20:32 | 2.9 (35.4%) | 01:42:41 | 02:44:15 |
| 253 | ZWATYKANICZ Martyna | 979 | DZIKI Z TRÓJMIASTA | Okr 1 - K | 51 | 1 | -2 | 20:34 | 2.9 (35.4%) | 01:42:50 | 02:02:14 |
| 254 | RYZENWEBER Małgorzata | 1536 | ACTIVE FLOW | Okr 1 - K | 52 | 1 | -2 | 20:39 | 2.9 (35.4%) | 01:43:18 | 04:22:35 |
| 255 | JEZIORSKA Patrycja | 1140 | DENTAL M-STUDIO | Okr 1 - K | 53 | 1 | -2 | 20:44 | 2.9 (35.4%) | 01:43:42 | 02:24:01 |
| 256 | DERDZIŃSKI Marek | 569 | DENTAL M-STUDIO | Okr 1 - M | 115 | 1 | -2 | 20:44 | 2.9 (35.4%) | 01:43:42 | 02:24:02 |
| 257 | ŻYRKOWSKA Ilona | 1138 | DENTAL M-STUDIO | Okr 1 - K | 54 | 1 | -2 | 20:44 | 2.9 (35.4%) | 01:43:43 | 02:24:01 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Okr. | Różn | Tempo min/km | Tempo km/h | Fastest Lap | Średnie okrążenie |
|-----|----------------------------|-------------|----------------------------|-----------|------|----------|------|--------------|----------------|-------------|-------------------|
| 258 | WNOROWSKA Magdalena | 1541 | OBSTACLE CENTER TEAM | Okr 1 - K | 55 | 1 | -2 | 20:48 | 2.9 (35.4%) | 01:44:03 | 04:23:20 |
| 259 | PIÓRKOWSKA Justyna | 788 | DZIKI Z TRÓJMIASTA | Okr 1 - K | 56 | 1 | -2 | 20:56 | 2.9 (35.4%) | 01:44:40 | 02:04:04 |
| 260 | BOGUSZ Paula | 1194 | WOLF TEAM | Okr 1 - K | 57 | 1 | -2 | 20:59 | 2.9 (35.4%) | 01:44:57 | 02:36:14 |
| 261 | SZCZECHOWSKI Adrian | 1356 | SURVIWAŁTEAM | Okr 1 - M | 116 | 1 | -2 | 21:17 | 2.8 (34.1%) | 01:46:25 | 03:07:17 |
| 262 | TAŃSKA Marzena | 1396 | | Okr 1 - K | 58 | 1 | -2 | 21:17 | 2.8 (34.1%) | 01:46:27 | 03:28:08 |
| 263 | TAŃSKI Michał | 1394 | | Okr 1 - M | 117 | 1 | -2 | 21:17 | 2.8 (34.1%) | 01:46:28 | 03:28:09 |
| 264 | MATYSIUK Magdalena | 1357 | OUTDOOR TRAINING BIAŁYSTOK | Okr 1 - K | 59 | 1 | -2 | 21:18 | 2.8 (34.1%) | 01:46:34 | 03:07:25 |
| 265 | BELLWON Maciej | 1330 | | Okr 1 - M | 118 | 1 | -2 | 21:19 | 2.8 (34.1%) | 01:46:35 | 02:58:59 |
| 266 | PAKUŁA Ewa | 1284 | OBSTACLE CENTER | Okr 1 - K | 60 | 1 | -2 | 21:20 | 2.8 (34.1%) | 01:46:42 | 04:16:47 |
| 267 | BAŁA Maciej | 1555 | | Okr 1 - M | 119 | 1 | -2 | 21:21 | 2.8 (34.1%) | 01:46:47 | 04:36:40 |
| 268 | ZIELIŃSKI Łukasz | 314 | OCR BANINO | Okr 1 - M | 120 | 1 | -2 | 21:28 | 2.8 (34.1%) | 01:47:24 | 01:47:33 |
| 269 | NIAZ Kamil | 1364 | | Okr 1 - M | 121 | 1 | -2 | 21:29 | 2.8 (34.1%) | 01:47:29 | 03:18:04 |
| 270 | PALUCH Michał | 1366 | | Okr 1 - M | 122 | 1 | -2 | 21:30 | 2.8 (34.1%) | 01:47:30 | 03:18:04 |
| 271 | KRASKA Emilian | 1537 | | Okr 1 - M | 123 | 1 | -2 | 21:34 | 2.8 (34.1%) | 01:47:54 | 04:27:10 |
| 272 | RADZIĘŃSKI Maciej | 1310 | | Okr 1 - M | 124 | 1 | -2 | 21:43 | 2.8 (34.1%) | 01:48:39 | 02:50:14 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Okr. | Różn | Tempo min/km | Tempo km/h | Fastest Lap | Średnie okrążenie |
|-----|----------------------------|-------------|------------------------------|-----------|------|----------|------|--------------|----------------|-------------|-------------------|
| 273 | RADZIĘSKA Kamila | 1309 | BIGYELLOWFOOT ADVENTURE TEAM | Okr 1 - K | 61 | 1 | -2 | 21:43 | 2.8 (34.1%) | 01:48:39 | 02:50:14 |
| 274 | BURDZEL Ryszard | 652 | DZIKI Z TRÓJMIASTA | Okr 1 - M | 125 | 1 | -2 | 21:46 | 2.8 (34.1%) | 01:48:51 | 02:08:13 |
| 275 | SAJEWICZ Magda | 798 | DZIKI Z TRÓJMIASTA | Okr 1 - K | 62 | 1 | -2 | 21:46 | 2.8 (34.1%) | 01:48:52 | 02:08:15 |
| 276 | BIELEWSKI Eryk | 1574 | | Okr 1 - M | 126 | 1 | -2 | 21:49 | 2.7 (32.9%) | 01:49:07 | 04:38:56 |
| 277 | ARENDT Agnieszka | 1308 | ŻARTA WATAHA | Okr 1 - K | 63 | 1 | -2 | 21:52 | 2.7 (32.9%) | 01:49:23 | 02:50:56 |
| 278 | POMYKACZ Krzysiek | 1292 | | Okr 1 - M | 127 | 1 | -2 | 21:57 | 2.7 (32.9%) | 01:49:49 | 02:51:24 |
| 279 | SZUMIELEWICZ Kinga | 1073 | BIGYELLOWFOOT ADVENTURE TEAM | Okr 1 - K | 64 | 1 | -2 | 21:58 | 2.7 (32.9%) | 01:49:53 | 02:19:55 |
| 280 | SERAFINOWICZ Szymon | 1391 | | Okr 1 - M | 128 | 1 | -2 | 22:00 | 2.7 (32.9%) | 01:50:04 | 03:31:45 |
| 281 | TOŁWIŃSKI Bogusław | 786 | OCR ELBLĄG | Okr 1 - M | 129 | 1 | -2 | 22:05 | 2.7 (32.9%) | 01:50:29 | 02:09:54 |
| 282 | DOMARECKI Marek | 1441 | | Okr 1 - M | 130 | 1 | -2 | 22:07 | 2.7 (32.9%) | 01:50:35 | 03:53:54 |
| 283 | HARAF Michał | 1582 | | Okr 1 - M | 131 | 1 | -2 | 22:08 | 2.7 (32.9%) | 01:50:41 | 04:49:16 |
| 284 | DAMASZK Patrycja | 1583 | | Okr 1 - K | 65 | 1 | -2 | 22:08 | 2.7 (32.9%) | 01:50:41 | 04:49:16 |
| 285 | KAŁUŻNA Katarzyna | 1581 | | Okr 1 - K | 66 | 1 | -2 | 22:08 | 2.7 (32.9%) | 01:50:42 | 04:49:17 |
| 286 | MIOTK Jarosław | 1329 | | Okr 1 - M | 132 | 1 | -2 | 22:19 | 2.7 (32.9%) | 01:51:36 | 03:04:01 |
| 287 | SKRODZKI Karol | 1350 | SURVIWAŁTEAM | Okr 1 - M | 133 | 1 | -2 | 22:30 | 2.7 (32.9%) | 01:52:32 | 03:13:26 |
| 288 | GAŁĘZIOWSKA Edyta | 1345 | SURVIWAŁTEAM | Okr 1 - K | 67 | 1 | -2 | 22:30 | 2.7 (32.9%) | 01:52:33 | 03:13:26 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Okr. | Różn | Tempo min/km | Tempo km/h | Fastest Lap | Średnie okrążenie |
|-----|----------------------------|-------------|---------------------------|-----------|------|----------|------|--------------|----------------|-------------|-------------------|
| 289 | KSIĄŻKIEWICZ Daniel | 1334 | SURVIWAŁTEAM | Okr 1 - M | 134 | 1 | -2 | 22:30 | 2.7 (32.9%) | 01:52:33 | 03:13:27 |
| 290 | ZYCH Dariusz | 1349 | SURVIWAŁTEAM | Okr 1 - M | 135 | 1 | -2 | 22:30 | 2.7 (32.9%) | 01:52:34 | 03:13:27 |
| 291 | DYCZKOWSKI Andrzej | 1353 | SURVIWAŁTEAM | Okr 1 - M | 136 | 1 | -2 | 22:30 | 2.7 (32.9%) | 01:52:34 | 03:13:26 |
| 292 | ZAJĄC Katarzyna | 1414 | BIEGUN OCR | Okr 1 - K | 68 | 1 | -2 | 22:36 | 2.7 (32.9%) | 01:53:03 | 03:46:14 |
| 293 | SZYMAŃSKA Monika | 1416 | BIEGUN OCR | Okr 1 - K | 69 | 1 | -2 | 22:36 | 2.7 (32.9%) | 01:53:04 | 03:46:15 |
| 294 | KALKOWSKA Karolina | 1455 | POGOTOWIE RODZINNE POZNAŃ | Okr 1 - K | 70 | 1 | -2 | 22:59 | 2.6 (31.7%) | 01:54:57 | 03:58:15 |
| 295 | BISKUP Magdalena | 1457 | | Okr 1 - K | 71 | 1 | -2 | 23:05 | 2.6 (31.7%) | 01:55:26 | 03:48:35 |
| 296 | GOLDMANN Bartosz | 835 | | Okr 1 - M | 137 | 1 | -2 | 23:10 | 2.6 (31.7%) | 01:55:50 | 02:15:13 |
| 297 | ZATORSKA Karolina | 432 | | Okr 1 - K | 72 | 1 | -2 | 23:17 | 2.6 (31.7%) | 01:56:27 | 01:56:33 |
| 298 | WIECZOREK Bernard | 935 | | Okr 1 - M | 138 | 1 | -2 | 23:22 | 2.6 (31.7%) | 01:56:50 | 03:50:00 |
| 299 | BEDNARSKI Marcin | 1572 | NORDEA | Okr 1 - M | 139 | 1 | -2 | 23:23 | 2.6 (31.7%) | 01:56:57 | 04:46:48 |
| 300 | OSTROWSKI Robert | 1563 | NORDEA | Okr 1 - M | 140 | 1 | -2 | 23:45 | 2.5 (30.5%) | 01:58:48 | 04:48:40 |
| 301 | PRZYBYTEK Sławek | 278 | | Okr 1 - M | 141 | 1 | -2 | 23:51 | 2.5 (30.5%) | 01:59:19 | 03:29:56 |
| 302 | GUZIEWICZ Martyna | 1096 | | Okr 1 - K | 73 | 1 | -2 | 23:58 | 2.5 (30.5%) | 01:59:54 | 02:40:12 |
| 303 | KORDOWSKA Magdalena | 1302 | DZIKA WATAHA | Okr 1 - K | 74 | 1 | -2 | 23:59 | 2.5 (30.5%) | 01:59:55 | 03:01:28 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Okr. | Różn | Tempo min/km | Tempo km/h | Fastest Lap | Średnie okrążenie |
|-----|-----------------------------|-------------|------------------|-----------|------|----------|------|--------------|----------------|-------------|-------------------|
| 304 | PATRA Katarzyna | 753 | | Okr 1 - K | 75 | 1 | -2 | 24:04 | 2.5 (30.5%) | 02:00:21 | 02:19:46 |
| 305 | MAZGAJCZYK Jakub | 1573 | NORDEA | Okr 1 - M | 142 | 1 | -2 | 24:09 | 2.5 (30.5%) | 02:00:45 | 04:50:34 |
| 306 | CHYLEWSKA Aleksandra | 1538 | BAYWATCHOCR | Okr 1 - K | 76 | 1 | -2 | 24:09 | 2.5 (30.5%) | 02:00:47 | 04:40:06 |
| 307 | PORĘBSKA Katarzyna | 1539 | BAYWATCHOCR | Okr 1 - K | 77 | 1 | -2 | 24:09 | 2.5 (30.5%) | 02:00:47 | 04:40:05 |
| 308 | PORĘBSKI Michał | 1540 | BAYWATCHOCR | Okr 1 - M | 143 | 1 | -2 | 24:09 | 2.5 (30.5%) | 02:00:48 | 04:40:05 |
| 309 | ŁOSIN Marek | 1464 | BIEGUN OCR | Okr 1 - M | 144 | 1 | -2 | 24:13 | 2.5 (30.5%) | 02:01:07 | 04:12:05 |
| 310 | LOSIN Piotr | 1467 | | Okr 1 - M | 145 | 1 | -2 | 24:13 | 2.5 (30.5%) | 02:01:07 | 04:12:05 |
| 311 | GRUBBA Rafał | 1411 | | Okr 1 - M | 146 | 1 | -2 | 24:32 | 2.4 (29.3%) | 02:02:41 | 03:44:24 |
| 312 | BRYLA Małgorzata | 1002 | | Okr 1 - K | 78 | 1 | -2 | 24:36 | 2.4 (29.3%) | 02:03:01 | 02:33:04 |
| 313 | RZEPINSKI Sebastian | 1450 | | Okr 1 - M | 147 | 1 | -2 | 24:37 | 2.4 (29.3%) | 02:03:09 | 04:06:27 |
| 314 | KUREK Hubert | 1543 | | Okr 1 - M | 148 | 1 | -2 | 24:44 | 2.4 (29.3%) | 02:03:40 | 04:42:57 |
| 315 | MARZEION Grzegorz | 1531 | APOLLO | Okr 1 - M | 149 | 1 | -2 | 24:48 | 2.4 (29.3%) | 02:04:00 | 04:34:04 |
| 316 | ŁAGOWSKI Paweł | 1439 | BYLE DOBIEC TEAM | Okr 1 - M | 150 | 1 | -2 | 24:49 | 2.4 (29.3%) | 02:04:06 | 04:07:22 |
| 317 | GMITEREK Ania | 1444 | | Okr 1 - K | 79 | 1 | -2 | 25:05 | 2.4 (29.3%) | 02:05:28 | 04:08:48 |
| 318 | XX Xx | 1554 | | Okr 1 - M | 151 | 1 | -2 | 25:05 | 2.4 (29.3%) | 02:05:28 | 04:08:47 |
| 319 | SERKOWSKA Laura | 1453 | | Okr 1 - K | 80 | 1 | -2 | 25:05 | 2.4 (29.3%) | 02:05:29 | 04:08:47 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Okr. | Różn | Tempo min/km | Tempo km/h | Fastest Lap | Średnie okrążenie |
|-----|-----------------------------------|-------------|----------------|-----------|------|----------|------|--------------|----------------|-------------|-------------------|
| 320 | LEZNER Mikołaj | 1287 | | Okr 1 - M | 152 | 1 | -2 | 25:12 | 2.4 (29.3%) | 02:06:02 | 03:07:36 |
| 321 | BEMOWSKA Anna | 1398 | KONTENER FORMY | Okr 1 - K | 81 | 1 | -2 | 25:13 | 2.4 (29.3%) | 02:06:09 | 03:47:52 |
| 322 | JANKOWSKI Olaf | 1171 | | Okr 1 - M | 153 | 1 | -2 | 25:14 | 2.4 (29.3%) | 02:06:11 | 02:46:29 |
| 323 | GAIK Albert | 1163 | | Okr 1 - M | 154 | 1 | -2 | 25:14 | 2.4 (29.3%) | 02:06:12 | 02:46:29 |
| 324 | MAJCHRZAK OSKIERA Karolina | 1291 | | Okr 1 - K | 82 | 1 | -2 | 25:22 | 2.4 (29.3%) | 02:06:53 | 03:48:36 |
| 325 | WĄDOŁOWSKA Marta | 1393 | | Okr 1 - K | 83 | 1 | -2 | 25:27 | 2.4 (29.3%) | 02:07:18 | 03:49:01 |
| 326 | KASZAŁOWICZ Monika | 1281 | | Okr 1 - K | 84 | 1 | -2 | 25:30 | 2.4 (29.3%) | 02:07:30 | 02:58:54 |
| 327 | WILCZYŃSKA Dorota | 1569 | LACROIX TEAM | Okr 1 - K | 85 | 1 | -2 | 25:37 | 2.3 (28.0%) | 02:08:09 | 04:57:57 |
| 328 | KASZOWICZ Julita | 1567 | LACROIX TEAM | Okr 1 - K | 86 | 1 | -2 | 25:38 | 2.3 (28.0%) | 02:08:11 | 04:57:59 |
| 329 | BRODZIK Kamila | 1565 | LACROIX TEAM | Okr 1 - K | 87 | 1 | -2 | 25:38 | 2.3 (28.0%) | 02:08:11 | 04:57:58 |
| 330 | LEWANDOWSKI Leszek | 1568 | LACROIX TEAM | Okr 1 - M | 155 | 1 | -2 | 25:38 | 2.3 (28.0%) | 02:08:12 | 04:57:58 |
| 331 | MITROS Monika | 1358 | KONTENER FORMY | Okr 1 - K | 88 | 1 | -2 | 25:44 | 2.3 (28.0%) | 02:08:41 | 03:50:24 |
| 332 | LITWIŃSKI Krzysztof | 1300 | DZIKA WATAHA | Okr 1 - M | 156 | 1 | -2 | 25:57 | 2.3 (28.0%) | 02:09:49 | 03:11:22 |
| 333 | KOZAKIEWICZ Przemysław | 1429 | | Okr 1 - M | 157 | 1 | -2 | 26:34 | 2.3 (28.0%) | 02:12:54 | 04:06:03 |
| 334 | SKOWROŃSKI Bartosz | 1301 | DZIKA WATAHA | Okr 1 - M | 158 | 1 | -2 | 27:01 | 2.2 (26.8%) | 02:15:07 | 03:16:43 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Okr. | Różn | Tempo min/km | Tempo km/h | Fastest Lap | Średnie okrążenie |
|-----|------------------------------|-------------|-----------|-----------|------|----------|------|--------------|----------------|-------------|-------------------|
| 335 | BANAS Justyna | 1196 | TREC TEAM | Okr 1 - K | 89 | 1 | -2 | 27:27 | 2.2 (26.8%) | 02:17:19 | 03:08:39 |
| 336 | BEDNARCZYK Aleksandra | 1603 | AMW | Okr 1 - K | 90 | 1 | -2 | 27:42 | 2.2 (26.8%) | 02:18:33 | 05:28:27 |
| 337 | LOSIN Hanna | 1468 | | Okr 1 - K | 91 | 1 | -2 | 27:46 | 2.2 (26.8%) | 02:18:53 | 04:29:51 |
| 338 | ORŁOWSKI Piotr | 1368 | | Okr 1 - M | 159 | 1 | -2 | 27:51 | 2.2 (26.8%) | 02:19:17 | 03:49:54 |
| 339 | FAJTER Mateusz | 1602 | AMW | Okr 1 - M | 160 | 1 | -2 | 28:06 | 2.1 (25.6%) | 02:20:32 | 05:30:28 |
| 340 | HRYSIAK Łukasz | 1604 | AMW | Okr 1 - M | 161 | 1 | -2 | 28:06 | 2.1 (25.6%) | 02:20:33 | 05:30:27 |
| 341 | OBREŃBSKI Szymon | 1622 | AMW | Okr 1 - M | 162 | 1 | -2 | 28:06 | 2.1 (25.6%) | 02:20:33 | 05:30:27 |
| 342 | BAJER Igor | 1621 | AMW | Okr 1 - M | 163 | 1 | -2 | 28:07 | 2.1 (25.6%) | 02:20:35 | 05:30:28 |
| 343 | PĘCAK Aleksandra | 1615 | AMW | Okr 1 - K | 92 | 1 | -2 | 28:13 | 2.1 (25.6%) | 02:21:07 | 05:31:00 |
| 344 | KIWLIŚZA Wiktoria | 1605 | AMW | Okr 1 - K | 93 | 1 | -2 | 28:13 | 2.1 (25.6%) | 02:21:07 | 05:31:01 |
| 345 | TOMCZAK Zuzanna | 1606 | AMW | Okr 1 - K | 94 | 1 | -2 | 28:33 | 2.1 (25.6%) | 02:22:45 | 05:32:39 |
| 346 | KRAWCZYK Jakub | 1616 | AMW | Okr 1 - M | 164 | 1 | -2 | 28:33 | 2.1 (25.6%) | 02:22:47 | 05:32:39 |
| 347 | ŻELAZEK Krzysztof | 1593 | | Okr 1 - M | 165 | 1 | -2 | 28:33 | 2.1 (25.6%) | 02:22:49 | 05:21:24 |
| 348 | BOBEL Urszula | 1617 | AMW | Okr 1 - K | 95 | 1 | -2 | 28:48 | 2.1 (25.6%) | 02:24:03 | 05:33:56 |
| 349 | KOWALCZYK Krzysztof | 1492 | | Okr 1 - M | 166 | 1 | -2 | 28:55 | 2.1 (25.6%) | 02:24:38 | 04:44:55 |
| 350 | FOGT Maja | 1609 | AMW | Okr 1 - K | 96 | 1 | -2 | 28:58 | 2.1 (25.6%) | 02:24:50 | 05:34:45 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Okr. | Różn | Tempo min/km | Tempo km/h | Fastest Lap | Średnie okrążenie |
|-----|---------------------|-------|------------------------|-----------|------|------|------|--------------|-------------|-------------|-------------------|
| 351 | IWANOWSKA Zuzanna | 1607 | AMW | Okr 1 - K | 97 | 1 | -2 | 28:59 | 2.1 (25.6%) | 02:24:58 | 05:34:53 |
| 352 | MITURA Kamil | 1611 | AMW | Okr 1 - M | 167 | 1 | -2 | 29:00 | 2.1 (25.6%) | 02:25:04 | 05:34:57 |
| 353 | GALAS Marcel | 1623 | AMW | Okr 1 - M | 168 | 1 | -2 | 29:10 | 2.1 (25.6%) | 02:25:51 | 05:35:44 |
| 354 | KWIATKOWSKI Dominik | 1612 | AMW | Okr 1 - M | 169 | 1 | -2 | 29:12 | 2.1 (25.6%) | 02:26:01 | 05:35:55 |
| 355 | ORZUTOWSKI Adam | 1613 | AMW | Okr 1 - M | 170 | 1 | -2 | 29:49 | 2 (24.4%) | 02:29:08 | 05:39:02 |
| 356 | MILEWSKA Marta | 1545 | | Okr 1 - K | 98 | 1 | -2 | 29:54 | 2 (24.4%) | 02:29:31 | 05:08:46 |
| 357 | KIEDROWSKI Mateusz | 1505 | | Okr 1 - M | 171 | 1 | -2 | 29:56 | 2 (24.4%) | 02:29:44 | 04:50:04 |
| 358 | KIEDROWSKI Adrian | 1497 | | Okr 1 - M | 172 | 1 | -2 | 30:04 | 2 (24.4%) | 02:30:22 | 04:50:44 |
| 359 | DZIEKAN Patryk | 1619 | AMW | Okr 1 - M | 173 | 1 | -2 | 30:06 | 2 (24.4%) | 02:30:30 | 05:40:24 |
| 360 | BERENT Michał | 1620 | AMW | Okr 1 - M | 174 | 1 | -2 | 30:06 | 2 (24.4%) | 02:30:30 | 05:40:24 |
| 361 | SĘPIŃSKI Kacper | 1640 | AMW | Okr 1 - M | 175 | 1 | -2 | 30:06 | 2 (24.4%) | 02:30:31 | 05:40:24 |
| 362 | ŻOŁNA Jakub | 1601 | AMW | Okr 1 - M | 176 | 1 | -2 | 30:06 | 2 (24.4%) | 02:30:32 | 05:40:24 |
| 363 | KWIATKOWSKA Joanna | 1413 | LET'S GO 40+ ARMAGEDON | Okr 1 - K | 99 | 1 | -2 | 30:11 | 2 (24.4%) | 02:30:58 | 04:24:09 |
| 364 | MATYJASIK Hubert | 1430 | | Okr 1 - M | 177 | 1 | -2 | 30:11 | 2 (24.4%) | 02:30:58 | 04:24:09 |
| 365 | TOKAREK Justyna | 1544 | | Okr 1 - K | 100 | 1 | -2 | 30:19 | 2 (24.4%) | 02:31:37 | 05:10:53 |
| 366 | MARZEION Paweł | 1451 | ATHLETIC APOLLO | Okr 1 - M | 178 | 1 | -2 | 30:32 | 2 (24.4%) | 02:32:41 | 05:02:46 |
| 367 | MARZEION Angelika | 1348 | APOLLO | Okr 1 - K | 101 | 1 | -2 | 30:32 | 2 (24.4%) | 02:32:43 | 05:02:46 |
| 368 | KOWALCZYK Michał | 1491 | | Okr 1 - M | 179 | 1 | -2 | 30:32 | 2 (24.4%) | 02:32:44 | 04:53:00 |
| 369 | POHLAND Paweł | 1484 | | Okr 1 - M | 180 | 1 | -2 | 30:42 | 2 (24.4%) | 02:33:33 | 04:44:33 |
| 370 | JANKOWIAK Katarzyna | 1480 | | Okr 1 - K | 102 | 1 | -2 | 30:42 | 2 (24.4%) | 02:33:33 | 04:44:33 |
| 371 | BRUSKI Jakub | 1625 | AMW | Okr 1 - M | 181 | 1 | -2 | 30:44 | 2 (24.4%) | 02:33:41 | 05:43:37 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Okr. | Różn | Tempo min/km | Tempo km/h | Fastest Lap | Średnie okrążenie |
|-----|--------------------------------|-------------|--------|-----------|------|----------|------|--------------|----------------|-------------|-------------------|
| 372 | MIKŁASZEWICZ Radosław | 1503 | | Okr 1 - M | 182 | 1 | -2 | 30:47 | 1.9 (23.2%) | 02:33:58 | 04:54:16 |
| 373 | FILIP Nina | 1498 | | Okr 1 - K | 103 | 1 | -2 | 30:56 | 1.9 (23.2%) | 02:34:42 | 04:55:00 |
| 374 | KIEDROWSKI Remigiusz | 1507 | | Okr 1 - M | 183 | 1 | -2 | 30:57 | 1.9 (23.2%) | 02:34:48 | 04:55:11 |
| 375 | FILIP Krzysztof | 1504 | NOCLUB | Okr 1 - M | 184 | 1 | -2 | 30:58 | 1.9 (23.2%) | 02:34:51 | 04:55:08 |
| 376 | PAWŁOWSKI Tomasz | 1614 | AMW | Okr 1 - M | 185 | 1 | -2 | 30:58 | 1.9 (23.2%) | 02:34:52 | 05:44:47 |
| 377 | RADTKE Kamil | 1346 | | Okr 1 - M | 186 | 1 | -2 | 30:59 | 1.9 (23.2%) | 02:34:55 | 05:04:59 |
| 378 | HAWRYLUK Filip | 1493 | | Okr 1 - M | 187 | 1 | -2 | 30:59 | 1.9 (23.2%) | 02:34:56 | 04:55:16 |
| 379 | MARZEION Amelia | 1347 | | Okr 1 - K | 104 | 1 | -2 | 30:59 | 1.9 (23.2%) | 02:34:58 | 05:05:02 |
| 380 | SENEJKO Paweł | 1494 | | Okr 1 - M | 188 | 1 | -2 | 30:59 | 1.9 (23.2%) | 02:34:59 | 04:55:19 |
| 381 | KRZESZOWIEC Adam | 1499 | | Okr 1 - M | 189 | 1 | -2 | 31:02 | 1.9 (23.2%) | 02:35:14 | 04:55:33 |
| 382 | KRZESZOWIEC Aleksandra | 1500 | | Okr 1 - K | 105 | 1 | -2 | 31:02 | 1.9 (23.2%) | 02:35:14 | 04:55:33 |
| 383 | MIKŁASZEWICZ Aleksandra | 1502 | | Okr 1 - K | 106 | 1 | -2 | 31:05 | 1.9 (23.2%) | 02:35:28 | 04:55:47 |
| 384 | KUBIAK Dominik | 1496 | | Okr 1 - M | 190 | 1 | -2 | 31:09 | 1.9 (23.2%) | 02:35:48 | 04:56:08 |
| 385 | ROGAŁA Sandra | 1608 | AMW | Okr 1 - K | 107 | 1 | -2 | 31:34 | 1.9 (23.2%) | 02:37:53 | 05:47:47 |
| 386 | SUCHOMSKI Mateusz | 1610 | AMW | Okr 1 - M | 191 | 1 | -2 | 31:47 | 1.9 (23.2%) | 02:38:56 | 05:48:50 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Okr. | Różn | Tempo min/km | Tempo km/h | Fastest Lap | Średnie okrążenie |
|-----|-----------------------------|-------------|-----------|-----------|------|----------|------|--------------|----------------|-------------|-------------------|
| 387 | MIKŁASZEWICZ Liliana | 1501 | | Okr 1 - K | 108 | 1 | -2 | 31:48 | 1.9 (23.2%) | 02:39:00 | 04:59:19 |
| 388 | FANAS Jakub | 1624 | AMW | Okr 1 - M | 192 | 1 | -2 | 32:18 | 1.9 (23.2%) | 02:41:31 | 05:51:26 |
| 389 | WĘGRZYN Aleksandra | 1527 | EURO STYL | Okr 1 - K | 109 | 1 | -2 | 32:23 | 1.9 (23.2%) | 02:41:58 | 05:21:17 |
| 390 | WALCZYK Bartłomiej | 1528 | | Okr 1 - M | 193 | 1 | -2 | 32:23 | 1.9 (23.2%) | 02:41:59 | 05:21:19 |
| 391 | PIRCH Kacper | 1618 | AMW | Okr 1 - M | 194 | 1 | -2 | 32:43 | 1.8 (22.0%) | 02:43:37 | 05:53:30 |
| 392 | JANOWIECKA Angelika | 1369 | | Okr 1 - K | 110 | 1 | -2 | 33:33 | 1.8 (22.0%) | 02:47:49 | 04:18:26 |
| 393 | ŁUŃSKI Michał | 548 | | Okr 1 - M | 195 | 1 | -2 | 34:15 | 1.8 (22.0%) | 02:51:16 | 03:42:32 |
| 394 | JEDYNAK Julita | 1367 | | Okr 1 - K | 111 | 1 | -2 | 34:15 | 1.8 (22.0%) | 02:51:16 | 04:21:54 |
| 395 | ŚLĘCZEK Mateusz | 1362 | | Okr 1 - M | 196 | 1 | -2 | 34:15 | 1.8 (22.0%) | 02:51:16 | 04:21:54 |
| 396 | SZESTAKOWSKI Alan | 1197 | TREC TEAM | Okr 1 - M | 197 | 1 | -2 | 34:22 | 1.7 (20.7%) | 02:51:53 | 03:43:16 |
| 397 | BOBOWSKA Agnieszka | 1229 | TREC TEAM | Okr 1 - K | 112 | 1 | -2 | 34:22 | 1.7 (20.7%) | 02:51:54 | 03:43:18 |
| 398 | SOBORSKA Małgorzata | 1198 | TREC TEAM | Okr 1 - K | 113 | 1 | -2 | 34:23 | 1.7 (20.7%) | 02:51:55 | 03:43:16 |
| 399 | BRZEZICKI Maciej | 1195 | TREC TEAM | Okr 1 - M | 198 | 1 | -2 | 34:23 | 1.7 (20.7%) | 02:51:56 | 03:43:18 |
| 400 | ELIMER Marta | 1199 | TREC TEAM | Okr 1 - K | 114 | 1 | -2 | 34:23 | 1.7 (20.7%) | 02:51:56 | 03:43:18 |
| 401 | KRUK Agnieszka | 1254 | TREC TEAM | Okr 1 - K | 115 | 1 | -2 | 34:23 | 1.7 (20.7%) | 02:51:57 | 03:43:17 |
| 402 | BARSKIY Pavlo | 1225 | TREC | Okr 1 - M | 199 | 1 | -2 | 34:23 | 1.7 (20.7%) | 02:51:57 | 03:43:16 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Okr. | Różn | Tempo min/km | Tempo km/h | Fastest Lap | Średnie okążenie |
|-----|-----------------------------|-------------|-----------|-----------|------|----------|------|-----------------|----------------|----------------|---------------------|
| 403 | MAKA Jarek | 1260 | TREC TEAM | Okr 1 - M | 200 | 1 | -2 | 34:23 | 1.7 (20.7%) | 02:51:58 | 03:43:20 |
| 404 | DUZOWSKA Marzena | 1227 | TREC TEAM | Okr 1 - K | 116 | 1 | -2 | 34:23 | 1.7 (20.7%) | 02:51:58 | 03:43:19 |
| 405 | KUCHTA Robert | 1244 | TREC TEAM | Okr 1 - M | 201 | 1 | -2 | 34:23 | 1.7 (20.7%) | 02:51:58 | 03:43:19 |
| 406 | PAWLAK Mateusz | 1193 | TREC TEAM | Okr 1 - M | 202 | 1 | -2 | 34:24 | 1.7 (20.7%) | 02:52:01 | 03:43:20 |
| 407 | KIEDROWSKA Agnieszka | 1506 | | | | 0 | -3 | | (0.0%) | 99:99:99 | 0 |
| 408 | SOTNIK Jakub | 1487 | | | | 0 | -3 | | (0.0%) | 99:99:99 | 0 |
| 409 | SIENIAWSKI Kamil | 1288 | | | | 0 | -3 | | (0.0%) | 99:99:99 | 0 |

Znaleziono 409 wynik(ów)