



BIEGUN OPEN

B4SPORT

Wydarzenie: Biegun - Obstacle Rush
Organizator: OCR Events
Data: 2023-07-01
Miejsce: Gdynia
Dystans: 7 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Split 5.5km	Czas netto 7km	Różn	Tempo min/km	Tempo km/h
1	SZATKOWSKI Kamil	493	BIGYELLOWFOOT ADVENTURE TEAM	Open M	1	00:50:43	01:12:12.65		10:18	5.8 (100%)
2	FIRER Radosław	556		Open M	2	00:50:45	01:13:46.40	+00:01:33 (2.1%)	10:32	5.7 (98.3%)
3	SKOCZYLAS Łukasz	400		Open M	3	00:49:14	01:13:47.10	+00:01:34 (2.1%)	10:32	5.7 (98.3%)
4	MEISSNER Jan	485		Open M	4	00:50:40	01:13:51.15	+00:01:38 (2.2%)	10:33	5.7 (98.3%)
5	SCHWEIZER Mirka	405	BIGYELLOWFOOT ADVENTURE TEAM	Open K	1	00:50:59	01:16:23.00	+00:04:10 (5.5%)	10:54	5.5 (94.8%)
6	PTASZNIK Michał	444	HARPAGAN RUNNERS	Open M	5	00:52:45	01:19:03.00	+00:06:50 (8.7%)	11:17	5.3 (91.4%)
7	KREFTA Iza	402	FABRYKA ZDROWIA BYTÓW	Open K	2	00:54:54	01:20:25.00	+00:08:12 (10.2%)	11:29	5.2 (89.7%)
8	ZUCHOWICZ Łukasz	578	KONTENER FORMY	Open M	6	00:55:14	01:20:39.45	+00:08:26 (10.5%)	11:31	5.2 (89.7%)
9	BŁOŃSKI Dawid	525		Open M	7	00:57:22	01:26:03.25	+00:13:50 (16.1%)	12:17	4.9 (84.5%)
10	KOSTROWSKI Łukasz	527		Open M	8	00:56:33	01:27:52.40	+00:15:39 (17.8%)	12:33	4.8 (82.8%)
11	WIŚNIEWSKI Kacper	567		Open M	9	00:59:15	01:28:59.85	+00:16:47 (18.9%)	12:42	4.7 (81.0%)
12	ŁUKAWSKI Michał	546	ENVITACTIVELIFETEAM	Open M	10	01:01:45	01:29:37.80	+00:17:25 (19.4%)	12:48	4.7 (81.0%)
13	ZIOMEK Anna	426	BIEGUN OCR TEAM	Open K	3	00:55:54	01:31:17.60	+00:19:04 (20.9%)	13:02	4.6 (79.3%)
14	KOŁODZIEJCZYK Jan	651	BIEGUN OCR	Open M	11	01:00:48	01:32:25.25	+00:20:12 (21.9%)	13:12	4.5 (77.6%)
15	PLISZKA Dominika	424	BIGYELLOWFOOT ADVENTURE TEAM	Open K	4	00:59:53	01:32:46.40	+00:20:33 (22.2%)	13:15	4.5 (77.6%)
16	BRODZIAK Andrzej	518		Open M	12	01:02:24	01:34:33.85	+00:22:21 (23.6%)	13:30	4.4 (75.9%)
17	DANKOWSKI Arkadiusz	502		Open M	13	01:00:36	01:35:16.35	+00:23:03 (24.2%)	13:36	4.4 (75.9%)
18	JAŚKIEWICZ Daniel	484		Open M	14	01:03:23	01:35:26.95	+00:23:14 (24.3%)	13:38	4.4 (75.9%)
19	MAĆKOWIAK Grzegorz	401		Open M	15	01:00:55	01:35:37.95	+00:23:25 (24.5%)	13:39	4.4 (75.9%)
20	DETLAFF Sławomir	521		Open M	16	01:03:00	01:37:15.40	+00:25:02 (25.8%)	13:53	4.3 (74.1%)
21	GUZIAK Paweł	571		Open M	17	00:58:44	01:37:43.65	+00:25:31 (26.1%)	13:57	4.3 (74.1%)
22	ZIEMANN Daniel	522		Open M	18	01:03:35	01:37:46.05	+00:25:33 (26.1%)	13:58	4.3 (74.1%)
23	BETIN Radosław	545		Open M	19	01:00:36	01:37:52.20	+00:25:39 (26.2%)	13:58	4.3 (74.1%)
24	SCHMIDT Waldek	416	BIEGUN OCR	Open M	20	01:00:02	01:42:34.00	+00:30:21 (29.6%)	14:39	4.1 (70.7%)
25	SUJKOWSKI Michał	471	WOLF TEAM	Open M	21	01:08:28	01:43:09.80	+00:30:57 (30.0%)	14:44	4.1 (70.7%)
26	NESTEROWICZ Magdalena	432	BIEGUN OCR	Open K	5	00:59:48	01:45:25.20	+00:33:12 (31.5%)	15:03	4 (69.0%)
27	FILIPCZAK Kamil	572	PATI&KAMIL	Open M	22	01:07:36	01:45:50.35	+00:33:37 (31.8%)	15:07	4 (69.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Split 5.5km	Czas netto 7km	Różn	Tempo min/km	Tempo km/h
28	CHODAKOWSKA - FILIPCZAK Patrycja	573		Open K	6		01:45:53.60	+00:33:40 (31.8%)	15:07	4 (69.0%)
29	PAWŁOWSKI Jacek	496	STALOWOWOLSKI KLUB BIEGACZA	Open M	23	01:04:50	01:45:58.80	+00:33:46 (31.9%)	15:08	4 (69.0%)
30	STEFANIAK Katarzyna	430		Open K	7	01:12:23	01:47:16.95	+00:35:04 (32.7%)	15:19	3.9 (67.2%)
31	GÓRZNY Krzysztof	429	DRAGON RUNNERS	Open M	24	01:12:24	01:47:21.05	+00:35:08 (32.7%)	15:20	3.9 (67.2%)
32	KOWALSKI Kamil	466		Open M	25	01:08:16	01:47:34.50	+00:35:21 (32.9%)	15:22	3.9 (67.2%)
33	DANKOWSKI Krzysztof	499		Open M	26	01:00:38	01:47:41.80	+00:35:29 (32.9%)	15:23	3.9 (67.2%)
34	SZYMANIUK Rafal	428		Open M	27	01:16:26	01:48:42.75	+00:36:30 (33.6%)	15:31	3.9 (67.2%)
35	STRZYŻEWSKI Tomek	454		Open M	28	01:06:53	01:49:22.35	+00:37:09 (34.0%)	15:37	3.8 (65.5%)
36	RESZKA Rafał	487	BIGYELLOWFOOT ADVENTURE TEAM	Open M	29	01:02:07	01:49:31.65	+00:37:19 (34.1%)	15:38	3.8 (65.5%)
37	OLEJNICKI Mikolaj	483	MUD GOATS	Open M	30	01:05:03	01:50:26.30	+00:38:13 (34.6%)	15:46	3.8 (65.5%)
38	BARAN Konrad	254	WARRIORS ŁÓDŹ	Open M	31	01:15:10	01:51:35.55	+00:39:22 (35.3%)	11:09	5.4 (93.1%)
39	ROBAKOWSKI Bartosz	504		Open M	32	01:24:21	01:51:40.30	+00:39:27 (35.3%)	15:57	3.8 (65.5%)
40	KUCHARSKA Jadwiga	425		Open K	8	01:07:30	01:52:34.45	+00:40:21 (35.9%)	16:04	3.7 (63.8%)
41	ŁOWIGUS Łukasz	431	POZNAŃ RACE TEAM	Open M	33	01:14:52	01:52:57.80	+00:40:45 (36.1%)	16:08	3.7 (63.8%)
42	SYLDATK Patryk	403		Open M	34	01:23:33	01:52:58.75	+00:40:46 (36.1%)	16:08	3.7 (63.8%)
43	JANOWICZ Paweł	560	-	For Fun	1	01:21:35	01:53:16.20	+00:41:03 (36.2%)	16:10	3.7 (63.8%)
44	ZIOLKOWSKI Czesław	519		Open M	35	01:24:40	01:53:55.95	+00:41:43 (36.6%)	16:16	3.7 (63.8%)
45	GAWROŃSKI Piotr	455		Open M	36	01:23:31	01:54:30.45	+00:42:17 (36.9%)	16:21	3.7 (63.8%)
46	LEŚNICZAK Barbara	501		Open K	9	01:15:10	01:55:12.10	+00:42:59 (37.3%)	16:27	3.6 (62.1%)
47	CYWICKI Piotrek	482	DZIKI SPECJALNEJ TROSKI	Open M	37	01:11:55	01:55:52.95	+00:43:40 (37.7%)	16:33	3.6 (62.1%)
48	LAMENTA Andrzej	465		Open M	38	01:15:10	01:55:53.00	+00:43:40 (37.7%)	16:33	3.6 (62.1%)
49	POBŁOCKA Hanna	576		Open K	10	01:15:44	01:56:33.55	+00:44:20 (38.0%)	16:39	3.6 (62.1%)
50	JĘDRYKA Anna	481	AMBASADORKA BIEGUN OCR	Open K	11	01:11:54	01:57:18.90	+00:45:06 (38.4%)	16:45	3.6 (62.1%)
51		647				01:21:47	01:59:09.20	+00:46:56 (39.4%)	17:01	3.5 (60.3%)
52	BRILLOWSKI Karol	575	SRK	Open M	39	01:12:19	01:59:24.40	+00:47:11 (39.5%)	17:03	3.5 (60.3%)
53	NIAZ Kamil	477		Open M	40	01:21:47	01:59:33.65	+00:47:21 (39.6%)	17:04	3.5 (60.3%)
54	LIS Joanna	467		Open K	12	01:11:33	01:59:50.80	+00:47:38 (39.7%)	17:07	3.5 (60.3%)
Przekroczony limit czasu: 02:00:00										
55	PIOTROWSKI Jacek	464		Open M	41	01:10:25	02:01:40.25	+00:49:27 (40.7%)	17:22	3.5 (60.3%)
56	JAGODZIŃSKI Tomasz	566	EURO STYL	Open M	42	01:19:19	02:01:43.95	+00:49:31 (40.7%)	17:23	3.5 (60.3%)
57	SCHIELMANN Michał	427		Open M	43	01:04:53	02:02:04.20	+00:49:51 (40.8%)	17:26	3.4 (58.6%)
58	DOS SANTOS TRINDADE Kamila	526		Open K	13	01:16:34	02:02:14.65	+00:50:02 (40.9%)	17:27	3.4 (58.6%)
59	BIEDALAK Krzysztof	480		Open M	44	01:15:18	02:02:40.10	+00:50:27 (41.1%)	17:31	3.4 (58.6%)
60	DOMZAŁA Paweł	553	BIGYELLOWFOOT ADVENTURE TEAM	Open M	45	01:19:40	02:03:17.40	+00:51:04 (41.4%)	17:36	3.4 (58.6%)
61	JASZEWSKI Michał	505		Open M	46	01:16:54	02:03:30.25	+00:51:17 (41.5%)	17:38	3.4 (58.6%)
62	WĘGŁOWSKA Małgorzata	486		Open K	14	01:13:42	02:04:52.35	+00:52:39 (42.2%)	17:50	3.4 (58.6%)
63	ŻÓŁĆ Sebastian	406	DZIKI Z TRÓJMIASTA	Open M	47	01:23:16	02:04:54.90	+00:52:42 (42.2%)	17:50	3.4 (58.6%)
64	TURA-GAWRON Karolina	417		Open K	15	01:16:57	02:05:28.90	+00:53:16 (42.5%)	17:55	3.3 (56.9%)
65	POBŁOCKI Marcin	577		Open M	48	01:15:47	02:05:34.75	+00:53:22 (42.5%)	17:56	3.3 (56.9%)
66	ZACKIEWICZ Marcin	551		Open M	49	01:23:29	02:05:40.40	+00:53:27 (42.5%)	17:57	3.3 (56.9%)
67	SZYMAŃSKA Monika	468	BIEGUN OCR	Open K	16	01:19:10	02:05:42.60	+00:53:29 (42.6%)	17:57	3.3 (56.9%)
68	MUNIAK Krzysztof	523		Open M	50	01:13:32	02:06:08.05	+00:53:55 (42.8%)	18:01	3.3 (56.9%)
69	KUSTUSZ Sebastian	564		Open M	51	01:26:03	02:06:08.60	+00:53:55 (42.8%)	18:01	3.3 (56.9%)
70	SADOWSKA Justyna	463	BIEGUN OCR	Open K	17	01:19:10	02:07:39.90	+00:55:27 (43.4%)	18:14	3.3 (56.9%)

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71	PODGÓRSKA Karolina	516	PSYCHIATRYK KOPERNIKA	Open K	18	01:20:19	02:08:15.60	+00:56:02 (43.7%)	18:19	3.3 (56.9%)
72	PODGÓRSKI Michał	517	PSYCHIATRYK KOPERNIKA	Open M	52	01:20:19	02:08:15.80	+00:56:03 (43.7%)	18:19	3.3 (56.9%)
73	PACEK Marcin	509	EURO STYL	Open M	53	01:19:39	02:08:19.40	+00:56:06 (43.7%)	18:19	3.3 (56.9%)
74	ZACKIEWICZ Bartosz	512		Open M	54	01:23:28	02:08:23.25	+00:56:10 (43.8%)	18:20	3.3 (56.9%)
75	REJDYCH Marcin	490		Open M	55	01:19:53	02:08:35.80	+00:56:23 (43.8%)	18:22	3.3 (56.9%)
76	PIĘTKA Grzegorz	418	AMBASADOR BIEGUN	Open M	56	01:31:38	02:09:07.65	+00:56:55 (44.1%)	18:26	3.3 (56.9%)
77	MŁYŃSKA Joanna	528	R.AMBO	Open K	19	01:17:07	02:10:45.00	+00:58:32 (44.8%)	18:40	3.2 (55.2%)
78	ANDRES Katarzyna	441	WYTRENOWANI	Open K	20	01:23:21	02:11:05.35	+00:58:52 (44.9%)	18:43	3.2 (55.2%)
79	KUBACH Marcin	446		Open M	57	01:23:58	02:11:10.40	+00:58:57 (45.0%)	18:44	3.2 (55.2%)
80	MORAWSKA Katarzyna	433	MOVE. TEAM	Open K	21	01:20:30	02:11:14.55	+00:59:01 (45.0%)	18:44	3.2 (55.2%)
81	SROKA Monika	435	MOVE. TEAM	Open K	22	01:21:22	02:11:36.85	+00:59:24 (45.1%)	18:48	3.2 (55.2%)
82	SUCHORZ Adrian	445		Open M	58	01:23:57	02:12:59.30	+01:00:46 (45.7%)	18:59	3.2 (55.2%)
83	WALCZAK Danka	442	POZNAŃ RACE TEAM	Open K	23	01:14:52	02:13:04.60	+01:00:51 (45.7%)	19:00	3.2 (55.2%)
84	GRABOWSKA Beata	434	FUCK THE PESEL	Open K	24	01:20:34	02:13:31.35	+01:01:18 (45.9%)	19:04	3.1 (53.4%)
85	SZPAKOWSKI Kamil	453		Open M	59	01:23:46	02:14:18.95	+01:02:06 (46.2%)	19:11	3.1 (53.4%)
86	BAŁA Maciej	421		For Fun	2	01:32:03	02:14:46.50	+01:02:33 (46.4%)	19:15	3.1 (53.4%)
87	ŻÓŁĆ Beata	407	DZIĘKI Z TRÓJMIASTA	Open K	25	01:23:25	02:15:02.25	+01:02:49 (46.5%)	19:17	3.1 (53.4%)
88	MICEK Wojciech	563	LEMON TEAM	Open M	60	01:26:22	02:15:10.75	+01:02:58 (46.6%)	19:18	3.1 (53.4%)
89	JACIUBEK Sandra	552		Open K	26	01:17:42	02:15:48.50	+01:03:35 (46.8%)	19:24	3.1 (53.4%)
90	CYROCKA Kamila	457	DZIKI Z TRÓJMIASTA	Open K	27		02:17:01.50	+01:04:48 (47.3%)	19:34	3.1 (53.4%)
91	ZIELASKOWSKI Kamil	540		Open M	61	01:29:26	02:18:26.35	+01:06:13 (47.8%)	19:46	3 (51.7%)
92	CIECWIERZ Lukasz	543		Open M	62	01:29:32	02:18:33.30	+01:06:20 (47.9%)	19:47	3 (51.7%)
93	UYKGTENKO Anna	574	GABI TEAM	Open K	28	01:28:19	02:20:17.00	+01:08:04 (48.5%)	20:02	3 (51.7%)
94	KOMAR Tomasz	515	NA PRZYPALE ALBO WCALE!!!	Open M	63	01:27:09	02:20:37.55	+01:08:24 (48.7%)	20:05	3 (51.7%)
95	TRUN Paulina	561		Open K	29	01:30:04	02:22:31.75	+01:10:19 (49.3%)	20:21	2.9 (50.0%)
96	MOSZCZYŃSKI Radosław	462		Open M	64	01:28:34	02:22:34.60	+01:10:21 (49.4%)	20:22	2.9 (50.0%)
97	ŁYKOWSKI Eryk	420	PRYMUS TEAM	Open M	65	01:32:02	02:23:03.85	+01:10:51 (49.5%)	20:26	2.9 (50.0%)
98	DANKOWSKI Marek	500		Open M	66	01:25:41	02:24:13.45	+01:12:00 (49.9%)	20:36	2.9 (50.0%)
99	CICHOWICZ Łukasz	491		Open M	67	01:19:56	02:24:17.80	+01:12:05 (50.0%)	20:36	2.9 (50.0%)
100	KARWACKA Justyna	438		Open K	30	01:31:38	02:24:37.10	+01:12:24 (50.1%)	20:39	2.9 (50.0%)
101	PACHOTA Paweł	422		Open M	68	01:27:11	02:24:51.85	+01:12:39 (50.2%)	20:41	2.9 (50.0%)
102	LIBERADZKI Marcin	439		Open M	69	01:26:22	02:26:08.65	+01:13:56 (50.6%)	20:52	2.9 (50.0%)
103	PAWŁOWSKI Krzysztof	494	STALOWOWOLSKI KLUB BIEGACZA	Open M	70	01:31:21	02:26:23.55	+01:14:10 (50.7%)	20:54	2.9 (50.0%)
104	JURCZYK Monika	542		For Fun	3	01:41:26	02:26:32.70	+01:14:20 (50.7%)	20:56	2.9 (50.0%)
105	NIKOLAUS Magdalena	541		Open K	31	01:41:25	02:26:33.40	+01:14:20 (50.7%)	20:56	2.9 (50.0%)
106	WELTER Maciej	497		Open M	71	01:33:38	02:26:54.10	+01:14:41 (50.8%)	20:59	2.9 (50.0%)
107	DOBRZELEWSKA Dominika	557	DZIK KOMANDO	Open K	32	01:33:23	02:27:01.90	+01:14:49 (50.9%)	21:00	2.9 (50.0%)
108	KAPUSTA Joanna	558	BRYGIERY OCR	Open K	33	01:33:09	02:27:02.30	+01:14:49 (50.9%)	21:00	2.9 (50.0%)
109	CZERWIONKA Łukasz	447		Open M	72	01:31:21	02:28:13.60	+01:16:00 (51.3%)	21:10	2.8 (48.3%)
110	BURY Łukasz	495		Open M	73	01:33:38	02:28:17.15	+01:16:04 (51.3%)	21:11	2.8 (48.3%)
111	PAŁDYNA Natalia	489	WILKOCR	Open K	34	01:30:06	02:28:39.60	+01:16:26 (51.4%)	21:14	2.8 (48.3%)
112	KRZYŻANOWSKA Magdalena	419	HELL'S HEAVEN SZCZECIN	Open K	35	01:31:44	02:28:58.30	+01:16:45 (51.5%)	21:16	2.8 (48.3%)
113	ADAMCZYK Gosia	513	LACROIXTEAM	Open K	36	01:38:05	02:30:30.60	+01:18:17 (52.0%)	21:30	2.8 (48.3%)
114	JAŹDŹEWSKA Elżbieta	648	BEST BEASTS	Open K	37	01:38:11	02:30:35.25	+01:18:22 (52.0%)	21:30	2.8 (48.3%)

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							netto 7km	Różn		
115	KOKOTEK Alicja	559		Open K	38		02:31:31.60	+01:19:18 (52.3%)	21:38	2.8 (48.3%)
116	DYTER Arkadiusz	514		Open M	74	01:41:23	02:31:51.60	+01:19:38 (52.4%)	21:41	2.8 (48.3%)
117	KUBIAK Damian	524		Open M	75	01:41:34	02:32:54.35	+01:20:41 (52.8%)	21:50	2.7 (46.6%)
118	WILCZYŃSKA Dorota	506	LACROIXTEAM	Open K	39	01:38:06	02:33:21.85	+01:21:09 (52.9%)	21:54	2.7 (46.6%)
119	WILCZYŃSKI Artur	507		Open M	76	01:32:18	02:33:51.75	+01:21:39 (53.1%)	21:58	2.7 (46.6%)
120	HULEWICZ Przemysław	548	EURO STYL	Open M	77	01:43:36	02:37:48.60	+01:25:35 (54.2%)	22:32	2.7 (46.6%)
121	SOSNOWSKA Ilona	539	DZIK KOMANDO	Open K	40	01:33:12	02:38:07.15	+01:25:54 (54.3%)	22:35	2.7 (46.6%)
122	SZYMANEK Klaudia	538	DZIK KOMANDO	Open K	41	01:33:15	02:38:07.45	+01:25:54 (54.3%)	22:35	2.7 (46.6%)
123	HULEWICZ Grażyna	547	EURO STYL	Open K	42	01:43:17	02:39:09.00	+01:26:56 (54.6%)	22:44	2.6 (44.8%)
124	HULEWICZ Monika	550	EURO STYL	Open K	43	01:43:26	02:39:09.65	+01:26:57 (54.6%)	22:44	2.6 (44.8%)
125	MACYRA Bartosz	511		Open M	78	01:43:26	02:40:49.80	+01:28:37 (55.1%)	22:58	2.6 (44.8%)
126	KLEIN Patrycjusz	508	EURO STYL	Open M	79	01:43:27	02:40:50.80	+01:28:38 (55.1%)	22:58	2.6 (44.8%)
127	HULEWICZ Filip	549	EURO STYL	Open M	80	01:43:17	02:41:23.30	+01:29:10 (55.3%)	23:03	2.6 (44.8%)
128	BANACH Karol	440		Open M	81	01:37:21	02:42:08.95	+01:29:56 (55.5%)	23:09	2.6 (44.8%)
129	KIEDROWSKA Agnieszka	410		For Fun	4	01:50:20	02:42:58.40	+01:30:45 (55.7%)	23:16	2.6 (44.8%)
130	KIEDROWSKI Remigiusz	409		For Fun	5	01:50:22	02:43:02.90	+01:30:50 (55.7%)	23:17	2.6 (44.8%)
131	FILIP Nina	411		For Fun	6	01:50:21	02:43:05.50	+01:30:52 (55.7%)	23:17	2.6 (44.8%)
132	ŁUGIN Robert	451		For Fun	7	01:50:22	02:43:08.30	+01:30:55 (55.7%)	23:18	2.6 (44.8%)
133	FILIP Krzysztof	408		For Fun	8	01:50:21	02:43:13.25	+01:31:00 (55.8%)	23:19	2.6 (44.8%)
134	PAUZDER Rafał	449		For Fun	9	01:50:23	02:43:14.00	+01:31:01 (55.8%)	23:19	2.6 (44.8%)
135	KIRSZENSTEIN Jadwiga	472		For Fun	10	01:53:17	02:44:31.75	+01:32:19 (56.1%)	23:30	2.6 (44.8%)
136	JEGLIŃSKI Jarosław	437		Open M	82	01:49:56	02:44:39.05	+01:32:26 (56.1%)	23:31	2.6 (44.8%)
137	BARTOSIK Marta	436		Open K	44	01:49:07	02:44:39.20	+01:32:26 (56.1%)	23:31	2.6 (44.8%)
138	JANUSZEWSKI Mariusz	470	MŁODE KUNY	For Fun	11	01:56:20	02:45:51.85	+01:33:39 (56.5%)	23:41	2.5 (43.1%)
139	KARAŚ Agnieszka	458	MŁODE KUNY	For Fun	12	01:56:27	02:45:52.35	+01:33:39 (56.5%)	23:41	2.5 (43.1%)
140	BAŁTRUSZEWICZ Magda	469	MŁODE KUNY	For Fun	13	01:56:40	02:45:52.75	+01:33:40 (56.5%)	23:41	2.5 (43.1%)
140	STEFAŃSKA Dominika	478	MŁODE KUNY	For Fun	13	01:56:44	02:45:52.75	+01:33:40 (56.5%)	23:41	2.5 (43.1%)
142	MAŁKOWSKI Irek	498	MŁODE KUNY	For Fun	15	01:56:28	02:45:53.05	+01:33:40 (56.5%)	23:41	2.5 (43.1%)
143	DĄBROWSKI Mirosław	474	MŁODE KUNY	For Fun	16	01:56:20	02:45:53.20	+01:33:40 (56.5%)	23:41	2.5 (43.1%)
144	BARANOWSKA Anna	459	MŁODE KUNY	For Fun	17	01:56:44	02:45:53.25	+01:33:40 (56.5%)	23:41	2.5 (43.1%)
145	SANCEWICZ Monika	473	MŁODE KUNY	For Fun	18	01:56:42	02:45:53.30	+01:33:40 (56.5%)	23:41	2.5 (43.1%)
146	KIEDROWSKI Mateusz	414		Open M	83	01:50:24	02:46:13.45	+01:34:00 (56.6%)	23:44	2.5 (43.1%)
147	KOWALCZYK Krzysztof	412		Open M	84	01:50:27	02:47:35.40	+01:35:22 (56.9%)	23:56	2.5 (43.1%)
148	KOWALCZYK Michał	413		Open M	85	01:50:27	02:47:39.65	+01:35:27 (56.9%)	23:57	2.5 (43.1%)
149	ŁYSAK Piotr	649		For Fun	19	01:53:16	02:48:51.60	+01:36:38 (57.2%)	24:07	2.5 (43.1%)
150	KURKOWSKA Małgorzata	476		For Fun	20	02:02:34	02:49:35.05	+01:37:22 (57.4%)	24:13	2.5 (43.1%)
151	PRYCKOWSKA Marta	475		For Fun	21	02:02:33	02:49:35.60	+01:37:22 (57.4%)	24:13	2.5 (43.1%)
152	KIRSZENSTEIN Tadeusz	456		For Fun	22	01:58:25	02:53:56.70	+01:41:44 (58.5%)	24:50	2.4 (41.4%)
153	MILEWSKI Rafał	535	IC SPORT TEAM	Open M	86	02:14:24	03:08:11.20	+01:55:58 (61.6%)	26:53	2.2 (37.9%)
154	PIERSA Karol	531	IC SPORT TEAM	Open M	87	02:14:26	03:08:11.70	+01:55:59 (61.6%)	26:53	2.2 (37.9%)
155	KOWALSKI Michał	532	IC SPORT TEAM	Open M	88	02:14:21	03:08:36.75	+01:56:24 (61.7%)	26:56	2.2 (37.9%)
156	MILCZAREK Magdalena	537	IC SPORT TEAM	Open K	45	02:14:45	03:09:31.55	+01:57:18 (61.9%)	27:04	2.2 (37.9%)
157	OLSZEWSKA Marzena	536	IC SPORT TEAM	Open K	46	02:14:21	03:09:32.20	+01:57:19 (61.9%)	27:04	2.2 (37.9%)
158	JABŁONOWSKA Małgorzata	530	IC SPORT TEAM	Open K	47	02:14:44	03:09:32.25	+01:57:19 (61.9%)	27:04	2.2 (37.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Split 5.5km	Czas netto 7km	Różn	Tempo min/km	Tempo km/h
158	HURYŃ Karolina	533	IC SPORT TEAM	Open K	47	02:14:23	03:09:32.25	+01:57:19 (61.9%)	27:04	2.2 (37.9%)
160	WILCZEWSKA Katarzyna	534	IC SPORT TEAM	Open K	49	02:14:31	03:09:33.05	+01:57:20 (61.9%)	27:04	2.2 (37.9%)
161	WESOŁOWSKI Paweł	529	IC SPORT TEAM	Open M	89	02:14:25	03:09:33.20	+01:57:20 (61.9%)	27:04	2.2 (37.9%)
162	KAŁKOWSKA Karolina	555	POGOTOWIE RODZINNE POZNAŃ	Open K	50	02:25:36	03:31:10.55	+02:18:57 (65.8%)	30:10	2 (34.5%)
163	NOWAK Maciej	554		For Fun	23	02:25:35	03:31:10.80	+02:18:58 (65.8%)	30:10	2 (34.5%)
	KOWALCZYK-SADOWSKA Anna	443		For Fun		01:08:35 DNF	DNF		-	- (0.0%)
	ILATIN Patryk	580		For Fun		01:46:17 DNF	DNF		-	- (0.0%)
	STAWICKI Tomasz	510	EURO STYL	For Fun		DNF	DNF		-	- (0.0%)
	MIĄSKOWSKI Leo	503		For Fun		DNF	DNF		-	- (0.0%)

Znaleziono 167 wynik(ów)