



**Wydarzenie:** Biegun - Obstacle Rush  
**Organizator:** OCR Events  
**Data:** 2024-06-29  
**Miejsce:** Gdynia  
**Dystans:** 5.5 km

## BIEGUN OPEN

B4SPORT

**B4SPORT**  
INTELEGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Split 2.5km	Czas netto 5.5km	Różn	Tempo min/km	Tempo km/h
1	<b>SZKURŁAT Tomasz</b>	<b>693</b>	POWER TRAINING	Open M	1	00:24:34	<b>00:42:48.45</b>		7:46	7.7 (100%)
2	<b>SĘKOWSKI Piotr</b>	<b>643</b>		Open M	2	00:25:50	<b>00:45:35.00</b>	+00:02:46 (6.1%)	8:17	7.2 (93.5%)
3	<b>MATERA Piotr</b>	<b>533</b>		Open M	3	00:27:51	<b>00:49:17.15</b>	+00:06:28 (13.1%)	8:57	6.7 (87.0%)
4	<b>KRYSTEK Tomasz</b>	<b>538</b>		Open M	4	00:31:37	<b>00:56:38.90</b>	+00:13:50 (24.4%)	10:17	5.8 (75.3%)
5	<b>KREFTA Izabela</b>	<b>534</b>	FABRYKA ZDROWIA BYTÓW	Open K	1	00:33:52	<b>00:59:10.20</b>	+00:16:21 (27.7%)	10:45	5.6 (72.7%)
6	<b>ŁOSIN Filip</b>	<b>628</b>	ACTIVE FLOW	Open M	5	00:33:48	<b>01:00:43.00</b>	+00:17:54 (29.5%)	11:02	5.4 (70.1%)
7	<b>KOTŁOWSKI Marcin</b>	<b>581</b>	BIGYELLOWFOOT ADVENTURE TEAM	Open M	6	00:33:50	<b>01:02:02.35</b>	+00:19:13 (31.0%)	11:16	5.3 (68.8%)
8	<b>BISTROŃ Michał</b>	<b>638</b>		Open M	7	00:40:29	<b>01:02:37.00</b>	+00:19:48 (31.6%)	11:23	5.3 (68.8%)
9	<b>WITKOWSKI Maurycy</b>	<b>640</b>	LACROIX TEAM	Open M	8	00:36:12	<b>01:03:11.85</b>	+00:20:23 (32.3%)	11:29	5.2 (67.5%)
10	<b>KUJAŁOWICZ Jacek</b>	<b>562</b>		Open M	9	00:35:51	<b>01:03:45.25</b>	+00:20:56 (32.9%)	11:35	5.2 (67.5%)
11	<b>MICHALIK Piotr</b>	<b>613</b>		Open M	10	00:36:07	<b>01:03:46.95</b>	+00:20:58 (32.9%)	11:35	5.2 (67.5%)
12	<b>SKOCZYŁAS Łukasz</b>	<b>516</b>		Open M	11	00:37:04	<b>01:05:22.15</b>	+00:22:33 (34.5%)	11:53	5 (64.9%)
13	<b>WIECZOREK Daria</b>	<b>692</b>	BIEGUN NINJA TEAM	Open K	2	00:38:28	<b>01:06:40.30</b>	+00:23:51 (35.8%)	12:07	5 (64.9%)
14	<b>CYBAŁKO Katarzyna</b>	<b>691</b>	BIGUN NINJA TEAM	Open K	3	00:38:27	<b>01:06:40.40</b>	+00:23:51 (35.8%)	12:07	5 (64.9%)
15	<b>BŁOŃSKI Dawid</b>	<b>641</b>	LACROIX TEAM	Open M	12	00:38:41	<b>01:07:50.00</b>	+00:25:01 (36.9%)	12:20	4.9 (63.6%)
16	<b>KUCHARSKA Jadwiga</b>	<b>510</b>	BIEGUN OCR TEAM	Open K	4	00:37:38	<b>01:08:32.60</b>	+00:25:44 (37.5%)	12:27	4.8 (62.3%)
17	<b>LIBEREK Adam</b>	<b>500</b>	DIRECT SPORT	Open M	13	00:39:14	<b>01:08:32.85</b>	+00:25:44 (37.6%)	12:27	4.8 (62.3%)
18	<b>PRZYBYT Adrianna</b>	<b>603</b>		Open K	5	00:38:33	<b>01:10:21.85</b>	+00:27:33 (39.2%)	12:47	4.7 (61.0%)
19	<b>PAKOSZ Robert</b>	<b>630</b>	JUNGLE NEXTREME	Open M	14	00:36:02	<b>01:13:11.10</b>	+00:30:22 (41.5%)	13:18	4.5 (58.4%)
20	<b>JAŚKIEWICZ Daniel</b>	<b>513</b>		Open M	15	00:40:41	<b>01:13:11.40</b>	+00:30:22 (41.5%)	13:18	4.5 (58.4%)
21	<b>FIRER Magdalena</b>	<b>607</b>	KICIAQI I DZIECIAKI	Open K	6	00:42:57	<b>01:15:25.20</b>	+00:32:36 (43.2%)	13:42	4.4 (57.1%)
22	<b>PTASZNIK Michał</b>	<b>503</b>	HARPAGAN RUNNERS	Open M	16	00:51:40	<b>01:17:01.65</b>	+00:34:13 (44.4%)	14:00	4.3 (55.8%)
23	<b>FILIPEK Grzegorz</b>	<b>624</b>		Open M	17	00:44:25	<b>01:17:04.15</b>	+00:34:15 (44.5%)	14:00	4.3 (55.8%)
24	<b>SZYDŁOWSKI Łukasz</b>	<b>572</b>		Open M	18	00:41:45	<b>01:17:09.00</b>	+00:34:20 (44.5%)	14:01	4.3 (55.8%)
25	<b>OSIŃSKA Joanna</b>	<b>552</b>	DZIK KOMANDO	Open K	7	00:41:53	<b>01:17:11.35</b>	+00:34:22 (44.5%)	14:02	4.3 (55.8%)
26	<b>BORKOWSKI Jarek</b>	<b>635</b>		Open M	19	00:42:02	<b>01:17:54.50</b>	+00:35:06 (45.1%)	14:09	4.2 (54.5%)
27	<b>WITCZAK Krzysztof</b>	<b>634</b>		Open M	20	00:41:57	<b>01:17:55.80</b>	+00:35:07 (45.1%)	14:10	4.2 (54.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Split 2.5km	Czas netto		Różn	Tempo min/km	Tempo km/h
							5.5km				
28	<b>MARKIEWICZ Arkadiusz</b>	<b>617</b>	PIĘKNI I BESTIE	Open M	21	00:38:31	<b>01:18:51.55</b>	+00:36:03 (45.7%)	14:20	4.2 (54.5%)	
29	<b>CYGANIK Magdalena</b>	<b>584</b>	FAMILY IN MOTION	Open K	8	00:43:56	<b>01:19:02.35</b>	+00:36:13 (45.8%)	14:22	4.2 (54.5%)	
30	<b>ANTOSIK Igor</b>	<b>583</b>	FAMILY IN MOTION	Open M	22	00:43:55	<b>01:19:02.65</b>	+00:36:14 (45.8%)	14:22	4.2 (54.5%)	
31	<b>KOTYRBA Wojciech</b>	<b>557</b>		Open M	23	00:43:57	<b>01:19:48.80</b>	+00:37:00 (46.4%)	14:30	4.1 (53.2%)	
32	<b>SZPAKOWSKI Jacek</b>	<b>526</b>		Open M	24	00:46:32	<b>01:20:49.10</b>	+00:38:00 (47.0%)	14:41	4.1 (53.2%)	
33	<b>ZI[ŁKOWSKI Hubert</b>	<b>450</b>	BIG YELLOW FOOT ADVENTURE TEAM	Open M	25	00:41:50	<b>01:21:09.35</b>	+00:38:20 (47.3%)	14:45	4.1 (53.2%)	
34	<b>STRZYŻEWSKI Kamil</b>	<b>545</b>	SOLIDIGM	Open M	26	00:46:50	<b>01:23:02.55</b>	+00:40:14 (48.5%)	15:05	4 (51.9%)	
35	<b>FIKUS Anna</b>	<b>688</b>	DRUŻYNA RR	Open K	9	00:50:25	<b>01:24:06.40</b>	+00:41:17 (49.1%)	15:17	3.9 (50.6%)	
36	<b>KACZMAREK-ŁUSZCZAK Tomasz</b>	<b>529</b>		Open M	27	00:44:53	<b>01:25:27.30</b>	+00:42:38 (49.9%)	15:32	3.9 (50.6%)	
37	<b>AUGUSTYNIAK Magdalena</b>	<b>564</b>		Open K	10	00:47:54	<b>01:25:36.05</b>	+00:42:47 (50.0%)	15:33	3.9 (50.6%)	
38	<b>MALAWSKI Tomasz</b>	<b>548</b>		Open M	28	00:47:54	<b>01:25:36.95</b>	+00:42:48 (50.0%)	15:33	3.9 (50.6%)	
39	<b>SYLDATK Patryk</b>	<b>554</b>		Open M	29	00:47:31	<b>01:25:47.95</b>	+00:42:59 (50.1%)	15:35	3.8 (49.4%)	
40	<b>NIEKOREK Tobiasz</b>	<b>642</b>	KRWISTE SIEKIERY	Open M	30	00:51:40	<b>01:27:16.00</b>	+00:44:27 (50.9%)	15:52	3.8 (49.4%)	
41	<b>NIECIECKI Mateusz</b>	<b>612</b>	KRWISTE SIEKIERY	Open M	31	00:51:37	<b>01:27:16.05</b>	+00:44:27 (50.9%)	15:52	3.8 (49.4%)	
42	<b>KAPUSTA Joanna</b>	<b>595</b>	DZIK KOMANDO	Open K	11	00:48:53	<b>01:27:30.60</b>	+00:44:42 (51.1%)	15:54	3.8 (49.4%)	
43	<b>KARWACKI Rafał</b>	<b>542</b>		Open M	32	00:46:14	<b>01:27:48.25</b>	+00:44:59 (51.2%)	15:57	3.8 (49.4%)	
44	<b>KARWACKA Justyna</b>	<b>645</b>	KASZA OCR DRAFIT	Open K	12	00:46:11	<b>01:27:51.05</b>	+00:45:02 (51.3%)	15:58	3.8 (49.4%)	
45	<b>DOBROGOSZ Karolina</b>	<b>637</b>	DAWKA TRENINGU - SMOŁA TEAM	Open K	13	00:55:25	<b>01:31:26.80</b>	+00:48:38 (53.2%)	16:37	3.6 (46.8%)	
46	<b>STRZYŻEWSKI Tomasz</b>	<b>527</b>		Open M	33	00:50:45	<b>01:32:15.40</b>	+00:49:26 (53.6%)	16:46	3.6 (46.8%)	
47	<b>MATYSIAK Sławomir</b>	<b>631</b>	DZIKI SPECJALNEJ TROSKI	Open M	34	01:07:45	<b>01:32:28.30</b>	+00:49:39 (53.7%)	16:48	3.6 (46.8%)	
48	<b>FIJAS Patryk</b>	<b>555</b>	MPF	Open M	35	00:46:52	<b>01:33:13.45</b>	+00:50:25 (54.1%)	16:56	3.5 (45.5%)	
49	<b>LIPOWSKI Michał</b>	<b>616</b>		Open M	36	00:51:07	<b>01:33:44.50</b>	+00:50:56 (54.3%)	17:02	3.5 (45.5%)	
50	<b>SZCZESNY Damian</b>	<b>509</b>		Open M	37	00:51:34	<b>01:33:56.20</b>	+00:51:07 (54.4%)	17:04	3.5 (45.5%)	
51	<b>BOGALECKI Jarosław</b>	<b>568</b>	SII RUNNING TEAM	Open M	38	00:47:00	<b>01:33:56.60</b>	+00:51:08 (54.4%)	17:04	3.5 (45.5%)	
52	<b>FIJAS Patryk</b>	<b>556</b>	MPF	Open M	39	00:46:54	<b>01:34:22.00</b>	+00:51:33 (54.6%)	17:09	3.5 (45.5%)	
53	<b>MODZELEWSKA Milena</b>	<b>695</b>	BIGYELLOWFOOT ADVENTURE TEAM	For Fun	1	00:56:18	<b>01:36:04.90</b>	+00:53:16 (55.4%)	17:28	3.4 (44.2%)	
54	<b>ŻOCHOWSKI Marcin</b>	<b>694</b>	BIGYELLOWFOOT ADVENTURE TEAM	For Fun	2	00:56:20	<b>01:36:06.45</b>	+00:53:18 (55.5%)	17:28	3.4 (44.2%)	
55	<b>ZIÓŁKOWSKA Katarzyna</b>	<b>449</b>	BIG YELLOW FOOT ADVENTURE TEAM	For Fun	3	00:56:18	<b>01:36:06.95</b>	+00:53:18 (55.5%)	17:28	3.4 (44.2%)	
56	<b>ŁOWIGUS Łukasz</b>	<b>512</b>	POZNAŃ RACE TEAM	Open M	40	00:51:31	<b>01:36:13.25</b>	+00:53:24 (55.5%)	17:29	3.4 (44.2%)	
57	<b>CZAJA Piotr</b>	<b>446</b>	CROSSTEAM SZCZECINEK	Open M	41	00:54:27	<b>01:38:25.55</b>	+00:55:37 (56.5%)	17:53	3.4 (44.2%)	
58	<b>NADZIEJKO Patrycja</b>	<b>447</b>	CROSSTEAM SZCZECINEK	Open K	14	00:54:30	<b>01:38:25.90</b>	+00:55:37 (56.5%)	17:53	3.4 (44.2%)	
59	<b>JANKOWSKA Monika</b>	<b>448</b>	CROSSTEAM SZCZECINEK	Open K	15	00:54:29	<b>01:38:26.40</b>	+00:55:37 (56.5%)	17:53	3.4 (44.2%)	
60	<b>GRABOWSKI Mariusz</b>	<b>605</b>		Open M	42	00:58:21	<b>01:39:00.90</b>	+00:56:12 (56.8%)	18:00	3.3 (42.9%)	
61	<b>STĘPIEŃ Paulina</b>	<b>644</b>	OBSTACLE CENTER	Open K	16	00:50:20	<b>01:39:19.50</b>	+00:56:31 (56.9%)	18:03	3.3 (42.9%)	
62	<b>JACIUBEK Sandra</b>	<b>559</b>		Open K	17	00:52:43	<b>01:39:24.90</b>	+00:56:36 (56.9%)	18:04	3.3 (42.9%)	
63	<b>SUCHECKI Thomas</b>	<b>537</b>		Open M	43	00:57:13	<b>01:40:08.30</b>	+00:57:19 (57.3%)	18:12	3.3 (42.9%)	
64	<b>KRZYŻANOWSKA Magdalena</b>	<b>504</b>		Open K	18	00:51:45	<b>01:40:35.60</b>	+00:57:47 (57.4%)	18:17	3.3 (42.9%)	
65	<b>KaŁKOWSKA Karolina</b>	<b>690</b>	POGOTOWIE RODZINNE POZNAŃ	Open K	19	00:58:51	<b>01:41:22.35</b>	+00:58:33 (57.8%)	18:25	3.3 (42.9%)	
66	<b>OBIEDZIŃSKA Anna</b>	<b>558</b>	DZIK KOMANDO	Open K	20	00:55:37	<b>01:41:51.50</b>	+00:59:03 (58.0%)	18:31	3.2 (41.6%)	
67	<b>SZYMANEK Klaudia</b>	<b>553</b>	DZIK KOMANDO	Open K	21	00:55:30	<b>01:42:02.75</b>	+00:59:14 (58.1%)	18:33	3.2 (41.6%)	
68	<b>DROZD Anna</b>	<b>445</b>	WYTRENOWANI	Open K	22	00:55:48	<b>01:42:44.00</b>	+00:59:55 (58.3%)	18:40	3.2 (41.6%)	
69	<b>OTREMBA Beata</b>	<b>444</b>	WYTRENOWANI	Open K	23	00:55:50	<b>01:42:44.45</b>	+00:59:56 (58.3%)	18:40	3.2 (41.6%)	
70	<b>MARCHLEWICZ Dawid</b>	<b>543</b>	UNITED RUNNERS	Open M	44	01:05:50	<b>01:43:16.80</b>	+01:00:28 (58.6%)	18:46	3.2 (41.6%)	
71	<b>CHORYAN Ola</b>	<b>565</b>	PISTACJOLA	Open K	24	00:55:47	<b>01:43:32.30</b>	+01:00:43 (58.7%)	18:49	3.2 (41.6%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Split 2.5km	Czas netto 5.5km	Różn	Tempo min/km	Tempo km/h
72	WESOŁOWSKI Paweł	586	IC SPORT TEAM	Open M	45	01:16:05	<b>01:45:00.35</b>	+01:02:11 (59.2%)	19:05	3.1 (40.3%)
73	KOLATOWSKI Dariusz	582		Open M	46	01:01:30	<b>01:45:12.90</b>	+01:02:24 (59.3%)	19:07	3.1 (40.3%)
74	KOLATOWSKI Jarosław	580		Open M	47	01:01:30	<b>01:45:12.95</b>	+01:02:24 (59.3%)	19:07	3.1 (40.3%)
75	STAWARZ Adam	579	SII RUNNING TEAM	Open M	48	01:03:57	<b>01:46:25.10</b>	+01:03:36 (59.8%)	19:20	3.1 (40.3%)
76	PAWLAK Rafał	567		Open M	49	01:02:33	<b>01:46:32.10</b>	+01:03:43 (59.8%)	19:22	3.1 (40.3%)
77	PRZYSTUP Dorota	544	SOLIDIGM	Open K	25	00:54:33	<b>01:46:40.10</b>	+01:03:51 (59.9%)	19:23	3.1 (40.3%)
78	LAMPARSKI Łukasz	523		Open M	50	00:56:37	<b>01:46:48.80</b>	+01:04:00 (59.9%)	19:25	3.1 (40.3%)
79	LAMPARSKI Piotr	522		Open M	51	00:56:37	<b>01:46:50.55</b>	+01:04:02 (59.9%)	19:25	3.1 (40.3%)
80	BORK-CESZLAK Krzysztof	569	LUFTHANSA SYSTEMS POLAND ACTIVE!	Open M	52	01:08:10	<b>01:51:20.75</b>	+01:08:32 (61.6%)	20:14	3 (39.0%)
81	KEMPSKI Marcin	571	LUFTHANSA SYSTEMS POLAND ACTIVE!	Open M	53	01:08:09	<b>01:51:20.95</b>	+01:08:32 (61.6%)	20:14	3 (39.0%)
82	ŻARNECKA-KLIMASZYŃSKA Aleksandra	576	LUFTHANSA SYSTEMS POLAND ACTIVE!	Open K	26	01:07:11	<b>01:51:22.20</b>	+01:08:33 (61.6%)	20:14	3 (39.0%)
83	CIESIŃSKI Marcin	570	LUFTHANSA SYSTEMS POLAND ACTIVE!	Open M	54	01:07:10	<b>01:51:22.40</b>	+01:08:33 (61.6%)	20:14	3 (39.0%)
84	CEPENDA Marta	596	LEGNICA POKONUJE PRZESZKODY	Open K	27	00:55:35	<b>01:51:23.00</b>	+01:08:34 (61.6%)	20:15	3 (39.0%)
85	KRZYWKOWSKI Mateusz	530	MUKOWALECZNI	Open M	55	01:08:15	<b>01:51:39.00</b>	+01:08:50 (61.7%)	20:18	3 (39.0%)
86	GREFKOWICZ Robert	594	DZIK KOMANDO	Open M	56	01:03:57	<b>01:51:42.10</b>	+01:08:53 (61.7%)	20:18	3 (39.0%)
87	WILCZYŃSKA Dorota	598	LACROIX TEAM	Open K	28	01:00:05	<b>01:52:52.80</b>	+01:10:04 (62.1%)	20:31	2.9 (37.7%)
88	WILCZYŃSKI Artur	597		Open M	57	01:00:04	<b>01:52:53.70</b>	+01:10:05 (62.1%)	20:31	2.9 (37.7%)
89	KILAROWSKI Andrzej	520	SEA WOLFS	For Fun	4	01:07:07	<b>01:54:07.80</b>	+01:11:19 (62.5%)	20:44	2.9 (37.7%)
90	KILAROWSKI Andrzej	521	SEA WOLFS	Open M	58	01:07:08	<b>01:54:08.90</b>	+01:11:20 (62.5%)	20:45	2.9 (37.7%)
91	DEPKIEWICZ Kamil	566	MUKOWALECZNI	For Fun	5	01:09:02	<b>01:57:46.60</b>	+01:14:58 (63.7%)	21:24	2.8 (36.4%)
92	DOMBROWSKI Łukasz	563	MUKOWALECZNI	For Fun	6	01:08:16	<b>01:57:47.05</b>	+01:14:58 (63.7%)	21:24	2.8 (36.4%)
93	KRZYWKOWSKI Maciej	531	MUKOWALECZNI	For Fun	7	01:09:00	<b>01:57:57.95</b>	+01:15:09 (63.7%)	21:26	2.8 (36.4%)
94	WIELOGÓRSKA Aleksandra	550		Open K	29	01:09:38	<b>01:59:20.30</b>	+01:16:31 (64.1%)	21:41	2.8 (36.4%)
95	WIELOGÓRSKA Aleksandra	551		Open K	30	01:09:45	<b>01:59:26.35</b>	+01:16:37 (64.2%)	21:42	2.8 (36.4%)
<b>Przekroczony limit czasu: 02:00:00</b>										
96	WIKA Magdalena	591	IC SPORT TEAM	For Fun	8	01:12:05	<b>02:01:06.85</b>	+01:18:18 (64.7%)	22:01	2.7 (35.1%)
97	SECH Daria	593	IC SPORT TEAM	Open K	31	01:11:59	<b>02:01:09.25</b>	+01:18:20 (64.7%)	22:01	2.7 (35.1%)
98	WAWROWICZ Rafał	547	SII	Open M	59	01:13:11	<b>02:02:30.15</b>	+01:19:41 (65.1%)	22:16	2.7 (35.1%)
99	POGRZEBSKA Anna	636	OCR CROSS TEAM WAŁCZ	Open K	32	01:06:17	<b>02:03:20.60</b>	+01:20:32 (65.3%)	22:25	2.7 (35.1%)
100	JUSZKIEWICZ Robert	610	OCR CROSS TEAM WAŁCZ	Open M	60	01:06:17	<b>02:03:21.55</b>	+01:20:33 (65.3%)	22:25	2.7 (35.1%)
101	FRĄC Bartłomiej	601	KUTNO	Open M	61	01:11:46	<b>02:04:37.60</b>	+01:21:49 (65.7%)	22:39	2.6 (33.8%)
102	FRĄC Bartłomiej	600	KUTNO	Open M	62	01:12:03	<b>02:04:38.95</b>	+01:21:50 (65.7%)	22:39	2.6 (33.8%)
103	DYTER Arkadiusz	626	LACROIX TEAM	Open M	63	01:13:20	<b>02:05:06.25</b>	+01:22:17 (65.8%)	22:44	2.6 (33.8%)
104	KOŻUCH Natalia	627	LACROIX TEAM	Open K	33	01:13:20	<b>02:05:10.15</b>	+01:22:21 (65.8%)	22:45	2.6 (33.8%)
105	CIEĆWIERZ Łukasz	599		Open M	64	01:13:21	<b>02:05:12.30</b>	+01:22:23 (65.8%)	22:45	2.6 (33.8%)
106	PIERSA Karol	588	IC SPORT TEAM	Open M	65	01:16:49	<b>02:05:45.55</b>	+01:22:57 (66.0%)	22:51	2.6 (33.8%)
107	KOWLSKA Gosia	629	PĘDZĄCE ŻÓŁWIE	Open K	34	01:00:16	<b>02:05:52.60</b>	+01:23:04 (66.0%)	22:53	2.6 (33.8%)
108	KOWALSA Tosia	639	PĘDZĄCE ŻÓŁWIE	Open K	35	01:00:20	<b>02:05:53.45</b>	+01:23:05 (66.0%)	22:53	2.6 (33.8%)
109	WÓJCICKI Łukasz	625		Open M	66	01:13:56	<b>02:07:48.05</b>	+01:24:59 (66.5%)	23:14	2.6 (33.8%)
110	JAGODZIŃSKI Jakub	621	EURO STYL	Open M	67	01:09:27	<b>02:09:09.25</b>	+01:26:20 (66.9%)	23:28	2.6 (33.8%)
111	SADOWSKA Agata	619	EURO STYL	Open K	36	01:09:24	<b>02:09:13.25</b>	+01:26:24 (66.9%)	23:29	2.6 (33.8%)
112	SADOWSKI Wiktor	620	EURO STYL	Open M	68	01:09:28	<b>02:09:13.50</b>	+01:26:25 (66.9%)	23:29	2.6 (33.8%)
113	JAGODZIŃSKI Tomasz	618	EURO STYL	Open M	69	01:09:22	<b>02:09:19.90</b>	+01:26:31 (66.9%)	23:30	2.6 (33.8%)
114	PIETRZAK Sebastian	633	KULKI ŻABULKI TEAM	For Fun	9	01:13:23	<b>02:10:52.90</b>	+01:28:04 (67.3%)	23:47	2.5 (32.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Split 2.5km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 5.5km				
115	<b>PIETRZAK Julia</b>	<b>632</b>	KULKI ŻABULKI TEAM	For Fun	10	01:13:22	<b>02:10:53.30</b>	+01:28:04 (67.3%)	23:47	2.5 (32.5%)	
116	<b>KACZMARSKA Paulina</b>	<b>590</b>	IC SPORT TEAM	Open K	37	01:11:57	<b>02:11:34.95</b>	+01:28:46 (67.5%)	23:55	2.5 (32.5%)	
117	<b>BARCIK Kamil</b>	<b>614</b>	DZIKI SPECJALNEJ TROSKI	Open M	70	01:13:11	<b>02:12:35.95</b>	+01:29:47 (67.7%)	24:06	2.5 (32.5%)	
118	<b>BAŁA Maciej</b>	<b>536</b>	PRYMUS TEAM	Open M	71	01:08:57	<b>02:13:00.30</b>	+01:30:11 (67.8%)	24:10	2.5 (32.5%)	
119	<b>ŁYKOWSKI Eryk</b>	<b>535</b>	PRYMUS TEAM	Open M	72	01:08:54	<b>02:13:12.45</b>	+01:30:24 (67.9%)	24:13	2.5 (32.5%)	
120	<b>GRALA Alan</b>	<b>589</b>	INSOFT CONSULTING	Open M	73	01:16:06	<b>02:16:14.70</b>	+01:33:26 (68.6%)	24:46	2.4 (31.2%)	
121	<b>KAPUŚCIŃSKI Michał</b>	<b>587</b>	INSOFT CONSULTING	Open M	74	01:16:47	<b>02:16:23.65</b>	+01:33:35 (68.6%)	24:47	2.4 (31.2%)	
122	<b>KOWALSI Michał</b>	<b>585</b>	IC SPORT TEAM	For Fun	11	01:16:44	<b>02:16:25.55</b>	+01:33:37 (68.6%)	24:48	2.4 (31.2%)	
123	<b>KUROWSKI Michał</b>	<b>505</b>	ZMĘCZENI BYCIEM ZBYT DOBRYM	Open M	75	01:24:06	<b>02:20:10.25</b>	+01:37:21 (69.5%)	25:29	2.4 (31.2%)	
124	<b>JASIŃSKA-GODZISZ Emilia</b>	<b>561</b>	RKŚ	Open K	38	01:22:58	<b>02:20:20.50</b>	+01:37:32 (69.5%)	25:30	2.4 (31.2%)	
125	<b>DZIEDZIC Urszula</b>	<b>609</b>	EURO STYL	Open K	39	01:11:21	<b>02:20:52.95</b>	+01:38:04 (69.6%)	25:36	2.3 (29.9%)	
126	<b>PACEK Marcin</b>	<b>608</b>	EURO STYL	Open M	76	01:11:21	<b>02:20:53.10</b>	+01:38:04 (69.6%)	25:36	2.3 (29.9%)	
127	<b>SMOLAREK Robert</b>	<b>506</b>	ZMĘCZENI BYCIEM ZBYT DOBRYM	Open M	77	01:24:37	<b>02:21:08.40</b>	+01:38:19 (69.7%)	25:39	2.3 (29.9%)	
128	<b>KUSOWSKI Marek</b>	<b>517</b>	ZMĘCZENI BYCIEM ZBYT DOBRYM	Open M	78	01:23:58	<b>02:21:25.85</b>	+01:38:37 (69.7%)	25:42	2.3 (29.9%)	
129	<b>CIEŚŁAK Sławomir</b>	<b>508</b>	ZMĘCZENI BYCIEM ZBYT DOBRYM	Open M	79	01:24:29	<b>02:22:42.60</b>	+01:39:54 (70.0%)	25:56	2.3 (29.9%)	
130	<b>OKOŃSKA Adela</b>	<b>525</b>		Open K	40	01:24:41	<b>02:22:55.20</b>	+01:40:06 (70.0%)	25:59	2.3 (29.9%)	
131	<b>MISIOWIEC Paulina</b>	<b>524</b>	ZMĘCZENI BYCIEM ZBYT DOBRYM	Open K	41	01:24:38	<b>02:22:55.70</b>	+01:40:07 (70.0%)	25:59	2.3 (29.9%)	
132	<b>GROMELSKI Tomasz</b>	<b>507</b>	ZMĘCZENI BYCIEM ZBYT DOBRYM	Open M	80	01:24:28	<b>02:22:57.10</b>	+01:40:08 (70.1%)	25:59	2.3 (29.9%)	
133	<b>ROSZCZYK Ania</b>	<b>519</b>	ZMĘCZENI BYCIEM ZBYT DOBRYM	Open K	42	01:23:28	<b>02:23:57.40</b>	+01:41:08 (70.3%)	26:10	2.3 (29.9%)	
134	<b>ROSZCZYK Ania</b>	<b>518</b>	ZMĘCZENI BYCIEM ZBYT DOBRYM	Open K	43	01:23:30	<b>02:23:59.20</b>	+01:41:10 (70.3%)	26:10	2.3 (29.9%)	
135	<b>TEPLIAKOVA Tatiana</b>	<b>514</b>	ZMĘCZENI BYCIEM ZBYT DOBRYM	Open K	44	01:24:30	<b>02:24:15.30</b>	+01:41:26 (70.3%)	26:13	2.3 (29.9%)	
136	<b>NECEL Michał</b>	<b>515</b>	ZMĘCZENI BYCIEM ZBYT DOBRYM	Open M	81	01:23:39	<b>02:25:47.85</b>	+01:42:59 (70.6%)	26:30	2.3 (29.9%)	
137	<b>SOSNOWSKI Kamil</b>	<b>540</b>	ITWALKERS	Open M	82	01:23:48	<b>02:27:07.90</b>	+01:44:19 (70.9%)	26:44	2.2 (28.6%)	
138	<b>KNAPIK Justyna</b>	<b>578</b>	DZIKI SPECJALNEJ TROSKI	Open K	45	01:17:51	<b>02:27:24.15</b>	+01:44:35 (71.0%)	26:48	2.2 (28.6%)	
139	<b>JĘDRYKA Anna</b>	<b>574</b>	AMBASADORKA BIEGUN OCR	Open K	46	01:17:49	<b>02:27:24.20</b>	+01:44:35 (71.0%)	26:48	2.2 (28.6%)	
140	<b>CYWICKI Piotr</b>	<b>573</b>	DZIKI SPECJALNEJ TROSKI	Open M	83	01:17:50	<b>02:27:24.45</b>	+01:44:36 (71.0%)	26:48	2.2 (28.6%)	
141	<b>DEREŃ Justyna</b>	<b>539</b>	ITWALKERS	Open K	47	01:23:48	<b>02:28:58.85</b>	+01:46:10 (71.3%)	27:05	2.2 (28.6%)	
142	<b>CUPIAL Ola</b>	<b>604</b>	ITWALKERS	Open K	48	01:23:47	<b>02:28:59.95</b>	+01:46:11 (71.3%)	27:05	2.2 (28.6%)	
143	<b>CZUJ Przemysław</b>	<b>615</b>		Open M	84	01:19:32	<b>02:31:38.85</b>	+01:48:50 (71.8%)	27:34	2.2 (28.6%)	
144	<b>GAWEŁ Mateusz</b>	<b>511</b>		Open M	85	01:35:13	<b>02:46:04.35</b>	+02:03:15 (74.2%)	30:11	2 (26.0%)	
145	<b>KAZUBEK Michał</b>	<b>541</b>	OSPRO OCR TEAM	Open M	86	00:44:10		+00:19:36	17:40	3.4 (44.2%)	
146	<b>FRĄC Bartłomiej</b>	<b>602</b>	KUTNO	Open M	87	01:11:47		+00:47:13	28:42	2.1 (27.3%)	
147	<b>JABŁONOWSKA Małgorzata</b>	<b>592</b>	IC SPORT TEAM	Open K	49					(0.0%)	
	<b>LIS Maciej</b>	<b>611</b>	BIEGUN OCR	Open M		DNF	<b>DNF</b>		-	- (0.0%)	

Znaleziono 148 wynik(ów)