

# BIEGUN OPEN

B4SPORT

**Wydarzenie:** Biegun - Gniew Bosmana  
**Organizator:** OCR Events  
**Data:** 2020-07-04  
**Miejsce:** Gdynia  
**Dystans:** 4.7 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Okr 1 - M

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Okr.	Różn	Tempo min/km	Tempo km/h	Fastest Lap	Średnie okrążenie
1	<b>DAMPS Patryk</b> 4.7km: <b>00:39:56</b>	<b>1275</b>	RUN BEACH MORNING	OPEN	26	00:00:09	<b>1</b>	0	8:29	7.1 (100%)	00:40:05	00:40:05
2	<b>WEŁNA Rafał</b> 4.7km: <b>00:42:10</b>	<b>1287</b>		OPEN	27	00:00:08	<b>1</b>	0	8:58	6.7 (94.4%)	00:42:18	00:42:18
3	<b>BĄLDYGA Miłosz</b> 4.7km: <b>00:42:11</b>	<b>1578</b>	BIEGUN OCR TEAM	OPEN	28	00:09:11	<b>1</b>	0	8:58	6.7 (94.4%)	00:51:22	00:51:22
4	<b>SZULWACH Cezary</b> 4.7km: <b>00:43:07</b>	<b>1647</b>	BIEGUN OCR TEAM	OPEN	29	02:40:19	<b>1</b>	0	9:10	6.5 (91.5%)	03:23:26	03:23:26
5	<b>KOZA Damian</b> 4.7km: <b>00:44:40</b>	<b>1291</b>		OPEN	30	01:39:35	<b>1</b>	0	9:30	6.3 (88.7%)	02:24:15	02:24:15
6	<b>WERYK Mateusz</b> 4.7km: <b>00:45:25</b>	<b>1420</b>	BIEGUN OCR TEAM	OPEN	31	01:18:56	<b>1</b>	0	9:39	6.2 (87.3%)	02:04:21	02:04:21
7	<b>KALWAS Mateusz</b> 4.7km: <b>00:50:05</b>	<b>1592</b>	NEXTREME	OPEN	32	03:02:39	<b>1</b>	0	10:39	5.6 (78.9%)	03:52:44	03:52:44
8	<b>SĘKOWSKI Piotr</b> 4.7km: <b>00:50:40</b>	<b>1277</b>		OPEN	33	00:00:08	<b>1</b>	0	10:46	5.6 (78.9%)	00:50:48	00:50:48
9	<b>BŁĄKAŁA Mateusz</b> 4.7km: <b>00:54:08</b>	<b>1442</b>		OPEN	34	01:39:34	<b>1</b>	0	11:31	5.2 (73.2%)	02:33:42	02:33:42
10	<b>GONTEK Łukasz</b> 4.7km: <b>00:56:00</b>	<b>1367</b>	VWBATORY	OPEN	35	00:40:06	<b>1</b>	0	11:54	5 (70.4%)	01:36:06	01:36:06
11	<b>TALAREK Patryk</b> 4.7km: <b>00:57:41</b>	<b>1533</b>		OPEN	36	02:32:40	<b>1</b>	0	12:16	4.9 (69.0%)	03:30:21	03:30:21
12	<b>KWIATKOWSKI Tomasz</b> 4.7km: <b>00:59:22</b>	<b>1548</b>	BIEGUN OCR TEAM	OPEN	38	03:02:41	<b>1</b>	0	12:37	4.8 (67.6%)	04:02:03	04:02:03

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Okr.	Różn	Tempo min/km	Tempo km/h	Fastest Lap	Średnie okrążenie
13	<b>GILLA Grzegorz</b> 4.7km: <b>00:59:51</b>	<b>1370</b>		OPEN	39	00:40:06	<b>1</b>	0	12:44	4.7 (66.2%)	01:39:57	01:39:57
14	<b>JARZYNA Bartłomiej</b> 4.7km: <b>01:01:23</b>	<b>1605</b>	BIEGOWE NYGUSY	OPEN	40	02:32:42	<b>1</b>	0	13:03	4.6 (64.8%)	03:34:05	03:34:05
15	<b>CIEPIELA Karol</b> 4.7km: <b>01:01:54</b>	<b>1478</b>	ROAD TO NINJA WARRIOR	OPEN	41	02:09:40	<b>1</b>	0	13:10	4.6 (64.8%)	03:11:34	03:11:34
16	<b>OGRABEK Kamil</b> 4.7km: <b>01:03:13</b>	<b>1506</b>		OPEN	42	02:21:29	<b>1</b>	0	13:27	4.5 (63.4%)	03:24:42	03:24:42
17	<b>RUSZCZYK Paweł</b> 4.7km: <b>01:03:31</b>	<b>1290</b>		OPEN	43	00:00:11	<b>1</b>	0	13:30	4.4 (62.0%)	01:03:42	01:03:42
18	<b>GABRYCHOWICZ Patryk</b> 4.7km: <b>01:04:53</b>	<b>1447</b>	UNITED RUNNERS	OPEN	44	02:09:42	<b>1</b>	0	13:48	4.3 (60.6%)	03:14:35	03:14:35
19	<b>KALSKI Patryk</b> 4.7km: <b>01:08:00</b>	<b>1654</b>		OPEN	45	02:32:44	<b>1</b>	0	14:28	4.1 (57.7%)	03:40:44	03:40:44
20	<b>SZULCEK Patryk</b> 4.7km: <b>01:12:30</b>	<b>1561</b>	BIGYELLOWFOOT ADVENTURE TEAM	OPEN	46	02:51:20	<b>1</b>	0	15:25	3.9 (54.9%)	04:03:50	04:03:50
21	<b>KOWALEWSKI Krzysztof</b> 4.7km: <b>01:13:25</b>	<b>1402</b>	BIEGUN OCR TEAM	OPEN	47	00:59:52	<b>1</b>	0	15:37	3.8 (53.5%)	02:13:17	02:13:17
22	<b>WILTOS Mateusz</b> 4.7km: <b>01:16:01</b>	<b>1511</b>		OPEN	49	02:32:44	<b>1</b>	0	16:10	3.7 (52.1%)	03:48:45	03:48:45
23	<b>MICHALCZYK Artur</b> 4.7km: <b>01:16:13</b>	<b>1299</b>	CROSSFIT SUSZ	OPEN	50	00:09:14	<b>1</b>	0	16:12	3.7 (52.1%)	01:25:27	01:25:27
24	<b>WRÓBEL Przemysław</b> 4.7km: <b>01:18:39</b>	<b>1489</b>		OPEN	51	02:09:43	<b>1</b>	0	16:44	3.6 (50.7%)	03:28:22	03:28:22
25	<b>BUTKIEWICZ Piotr</b> 4.7km: <b>01:18:48</b>	<b>1371</b>	BIGYELLOWFOOT ADEVNTURE TEAM	OPEN	52	00:40:08	<b>1</b>	0	16:45	3.6 (50.7%)	01:58:56	01:58:56
26	<b>BŁOŃSKI Dawid</b> 4.7km: <b>01:18:51</b>	<b>1350</b>	LACROIX	OPEN	53	00:31:07	<b>1</b>	0	16:46	3.6 (50.7%)	01:49:58	01:49:58
27	<b>POKRANT Dariusz</b> 4.7km: <b>01:20:43</b>	<b>1293</b>	CROSSFIT POLNA	OPEN	54	00:09:13	<b>1</b>	0	17:10	3.5 (49.3%)	01:29:56	01:29:56
28	<b>PAWŁOWSKI Jacek</b> 4.7km: <b>01:21:43</b>	<b>1300</b>	STALOWOWOLSKI KLUB BIEGACZA	OPEN	55	00:00:11	<b>1</b>	0	17:23	3.5 (49.3%)	01:21:54	01:21:54
29	<b>SKOCZYLAS Łukasz</b> 4.7km: <b>01:21:49</b>	<b>1270</b>	BIGYELLOWFOOT ADVENTURE TEAM	OPEN	56	00:00:08	<b>1</b>	0	17:24	3.4 (47.9%)	01:21:57	01:21:57
30	<b>ŚLIWIAK Dawid</b> 4.7km: <b>01:21:59</b>	<b>1461</b>		OPEN	57	01:59:38	<b>1</b>	0	17:26	3.4 (47.9%)	03:21:37	03:21:37

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31	<b>MADEJSKI Andrzej</b> 4.7km: <b>01:23:44</b>	<b>1675</b>		OPEN	60	02:21:33	<b>1</b>	0	17:48	3.4 (47.9%)	03:45:17	03:45:17
32	<b>MAZEIKA Romas</b> 4.7km: <b>01:23:48</b>	<b>1482</b>		OPEN	61	02:09:40	<b>1</b>	0	17:49	3.4 (47.9%)	03:33:28	03:33:28
33	<b>LICHOTA Przemysław</b> 4.7km: <b>01:25:05</b>	<b>1502</b>		OPEN	62	02:21:31	<b>1</b>	0	18:06	3.3 (46.5%)	03:46:36	03:46:36
34	<b>ŚLIWIAK Grzegorz</b> 4.7km: <b>01:25:17</b>	<b>1462</b>		OPEN	63	01:59:38	<b>1</b>	0	18:08	3.3 (46.5%)	03:24:55	03:24:55
35	<b>ŚLUSAR Marcin</b> 4.7km: <b>01:25:50</b>	<b>1460</b>		OPEN	64	01:59:39	<b>1</b>	0	18:15	3.3 (46.5%)	03:25:29	03:25:29
36	<b>FURTAN Krystian</b> 4.7km: <b>01:25:53</b>	<b>1375</b>		OPEN	65	00:31:10	<b>1</b>	0	18:16	3.3 (46.5%)	01:57:03	01:57:03
37	<b>SYLDATK Patryk</b> 4.7km: <b>01:26:03</b>	<b>1292</b>		OPEN	66	00:09:11	<b>1</b>	0	18:18	3.3 (46.5%)	01:35:14	01:35:14
38	<b>BRODZIK Ireneusz</b> 4.7km: <b>01:27:57</b>	<b>1465</b>	BŁOTNIAKI TEAM BYTÓW	OPEN	67	01:59:38	<b>1</b>	0	18:42	3.2 (45.1%)	03:27:35	03:27:35
39	<b>JARZĄB Kacper</b> 4.7km: <b>01:28:04</b>	<b>1305</b>	CROSSFIT SUSZ	OPEN	68	00:09:14	<b>1</b>	0	18:44	3.2 (45.1%)	01:37:18	01:37:18
40	<b>DETLAFF Sławomir</b> 4.7km: <b>01:28:55</b>	<b>1552</b>		OPEN	70	00:09:30	<b>1</b>	0	18:55	3.2 (45.1%)	01:38:25	01:38:25
41	<b>ZIÓŁKOWSKI Robert</b> 4.7km: <b>01:30:17</b>	<b>1526</b>	BAUKRANE	OPEN	71	02:32:43	<b>1</b>	0	19:12	3.1 (43.7%)	04:03:00	04:03:00
42	<b>PACYGON Tomek</b> 4.7km: <b>01:31:35</b>	<b>1594</b>		OPEN	72	03:02:41	<b>1</b>	0	19:29	3.1 (43.7%)	04:34:16	04:34:16
43	<b>BUDZYŃSKI Adam</b> 4.7km: <b>01:32:25</b>	<b>1328</b>		OPEN	73	00:18:20	<b>1</b>	0	19:39	3.1 (43.7%)	01:50:45	01:50:45
44	<b>ROMAŃCZUK Tomasz</b> 4.7km: <b>01:32:59</b>	<b>1505</b>	OUTDOOR TRAINING	OPEN	74	02:21:28	<b>1</b>	0	19:47	3 (42.3%)	03:54:27	03:54:27
45	<b>ŚLIWA Krzysztof</b> 4.7km: <b>01:33:02</b>	<b>1556</b>	LACROIX TEAM	OPEN	75	02:40:19	<b>1</b>	0	19:47	3 (42.3%)	04:13:21	04:13:21
46	<b>SKRĘTY Patryk</b> 4.7km: <b>01:33:07</b>	<b>1593</b>		OPEN	76	03:02:38	<b>1</b>	0	19:48	3 (42.3%)	04:35:45	04:35:45
47	<b>POHLAND Paweł</b> 4.7km: <b>01:33:09</b>	<b>1449</b>		OPEN	77	01:59:39	<b>1</b>	0	19:49	3 (42.3%)	03:32:48	03:32:48
48	<b>GAŁUSZYŃSKI Paweł</b> 4.7km: <b>01:33:22</b>	<b>1392</b>	ACTIVE FLOW	OPEN	78	00:59:53	<b>1</b>	0	19:51	3 (42.3%)	02:33:15	02:33:15

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49	<b>ZELINSKI Tomasz</b>	<b>1546</b>		OPEN	79	02:40:20	<b>1</b>	0	19:59	3 (42.3%)	04:14:19	04:14:19
	4.7km: <b>01:33:59</b>											
50	<b>KLEJNOWSKI Mateusz</b>	<b>1436</b>	SOCIOS SILESIA	OPEN	81	01:39:34	<b>1</b>	0	20:11	3 (42.3%)	03:14:28	03:14:28
	4.7km: <b>01:34:54</b>											
51	<b>SCHMIDT Waldek</b>	<b>1329</b>	MTB-MAŁE TRÓJMIASTO BIEGA WEJHEROWO	OPEN	84	00:18:18	<b>1</b>	0	20:27	2.9 (40.8%)	01:54:25	01:54:25
	4.7km: <b>01:36:07</b>											
52	<b>SHTYPULIAK Sergii</b>	<b>1332</b>	NORDEA	OPEN	89	00:18:19	<b>1</b>	0	20:40	2.9 (40.8%)	01:55:30	01:55:30
	4.7km: <b>01:37:11</b>											
53	<b>ZAWADZKI Piotr</b>	<b>1408</b>	KONTENER FORMY	OPEN	90	01:19:04	<b>1</b>	0	20:41	2.9 (40.8%)	02:56:19	02:56:19
	4.7km: <b>01:37:15</b>											
54	<b>MUSZALSKI Maciej</b>	<b>1480</b>		OPEN	91	02:09:44	<b>1</b>	0	20:57	2.9 (40.8%)	03:48:13	03:48:13
	4.7km: <b>01:38:29</b>											
55	<b>KOCHANEK Paweł</b>	<b>1419</b>	KONTENER FORMY	OPEN	92	01:18:59	<b>1</b>	0	21:00	2.9 (40.8%)	02:57:44	02:57:44
	4.7km: <b>01:38:45</b>											
56	<b>WALASKOWSKI Michał</b>	<b>1656</b>		OPEN	93	02:09:40	<b>1</b>	0	21:04	2.8 (39.4%)	03:48:42	03:48:42
	4.7km: <b>01:39:02</b>											
57	<b>KRAUZE Łukasz</b>	<b>1424</b>		OPEN	94	01:39:38	<b>1</b>	0	21:13	2.8 (39.4%)	03:19:22	03:19:22
	4.7km: <b>01:39:44</b>											
58	<b>GAŚIOROWSKI Rafał</b>	<b>1557</b>	BIG YELLOW FOOT ADVENTURE TEAM	OPEN	95	02:51:22	<b>1</b>	0	21:20	2.8 (39.4%)	04:31:41	04:31:41
	4.7km: <b>01:40:19</b>											
59	<b>HINZ Paweł</b>	<b>1308</b>		OPEN	96	00:09:15	<b>1</b>	0	21:33	2.8 (39.4%)	01:50:36	01:50:36
	4.7km: <b>01:41:21</b>											
60	<b>LEWANDOWSKI Leszek</b>	<b>1348</b>		OPEN	98	00:31:09	<b>1</b>	0	21:48	2.8 (39.4%)	02:13:40	02:13:40
	4.7km: <b>01:42:31</b>											
61	<b>ŁUKAWSKI Michał</b>	<b>1355</b>	ACTIVE LIFE	OPEN	99	01:39:36	<b>1</b>	0	21:53	2.7 (38.0%)	03:22:28	03:22:28
	4.7km: <b>01:42:52</b>											
62	<b>PODBIELSKI Krystian</b>	<b>1417</b>		OPEN	100	01:39:35	<b>1</b>	0	22:00	2.7 (38.0%)	03:23:01	03:23:01
	4.7km: <b>01:43:26</b>											
63	<b>JAKUBOWSKI Grzegorz</b>	<b>1577</b>	BODY & MIND CLINIC	OPEN	102	02:09:41	<b>1</b>	0	22:11	2.7 (38.0%)	03:53:58	03:53:58
	4.7km: <b>01:44:17</b>											
64	<b>BUDZYŃSKI Paweł</b>	<b>1327</b>	TEAM OCR BUDZYNIAKI	OPEN	103	00:18:19	<b>1</b>	0	22:11	2.7 (38.0%)	02:02:38	02:02:38
	4.7km: <b>01:44:19</b>											
65	<b>WIŚNIEWSKI Arkadiusz</b>	<b>1512</b>	LACROIX-ELECTRONICS TEAM	OPEN	104	02:21:31	<b>1</b>	0	22:12	2.7 (38.0%)	04:05:56	04:05:56
	4.7km: <b>01:44:25</b>											
66	<b>GŁADYSZ Marcin</b>	<b>1487</b>	RMF4RT GLADIATORS	OPEN	105	02:09:42	<b>1</b>	0	22:19	2.7 (38.0%)	03:54:37	03:54:37
	4.7km: <b>01:44:55</b>											

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67	<b>SITARZ Bartosz</b> 4.7km: <b>01:45:41</b>	<b>1599</b>		OPEN	107	01:39:37	<b>1</b>	0	22:29	2.7 (38.0%)	03:25:18	03:25:18
68	<b>PTACH Roman</b> 4.7km: <b>01:47:55</b>	<b>1307</b>		OPEN	111	00:09:15	<b>1</b>	0	22:57	2.6 (36.6%)	01:57:10	01:57:10
69	<b>CHYŻY Igor</b> 4.7km: <b>01:47:56</b>	<b>1499</b>		OPEN	112	02:21:30	<b>1</b>	0	22:57	2.6 (36.6%)	04:09:26	04:09:26
70	<b>WIETESKA Grzegorz</b> 4.7km: <b>01:48:02</b>	<b>1674</b>	BIEGUN OCR TEAM	OPEN	113	02:21:34	<b>1</b>	0	22:59	2.6 (36.6%)	04:09:36	04:09:36
71	<b>MÓWIŃSKI Patryk</b> 4.7km: <b>01:48:10</b>	<b>1493</b>	R.AMBO DRUGA CREW	OPEN	115	02:21:31	<b>1</b>	0	23:00	2.6 (36.6%)	04:09:41	04:09:41
72	<b>ŚWIGOŃ Daniel</b> 4.7km: <b>01:48:21</b>	<b>1341</b>	BŁOTNIAKI TEAM BYTÓW	OPEN	118	00:31:10	<b>1</b>	0	23:03	2.6 (36.6%)	02:19:31	02:19:31
73	<b>PANKOWSKI Marek</b> 4.7km: <b>01:48:53</b>	<b>1586</b>		OPEN	121	03:02:43	<b>1</b>	0	23:10	2.6 (36.6%)	04:51:36	04:51:36
74	<b>BARANOWSKI Jacek</b> 4.7km: <b>01:49:08</b>	<b>1559</b>		OPEN	122	00:40:08	<b>1</b>	0	23:13	2.6 (36.6%)	02:29:16	02:29:16
75	<b>PACEK Marcin</b> 4.7km: <b>01:49:22</b>	<b>1351</b>		OPEN	124	01:19:04	<b>1</b>	0	23:16	2.6 (36.6%)	03:08:26	03:08:26
76	<b>MIKIELSKI Paweł</b> 4.7km: <b>01:49:52</b>	<b>1429</b>		OPEN	128	01:39:36	<b>1</b>	0	23:22	2.6 (36.6%)	03:29:28	03:29:28
77	<b>NIZIOŁ Patryk</b> 4.7km: <b>01:50:29</b>	<b>1581</b>	BEST BEASTS	OPEN	130	03:02:42	<b>1</b>	0	23:30	2.6 (36.6%)	04:53:11	04:53:11
78	<b>ROMANOWSKI Mateusz</b> 4.7km: <b>01:51:04</b>	<b>1587</b>		OPEN	131	03:02:41	<b>1</b>	0	23:37	2.5 (35.2%)	04:53:45	04:53:45
79	<b>ZIELIŃSKI Tomasz</b> 4.7km: <b>01:51:13</b>	<b>1363</b>	BIGYELLOWFOOT ADVENTURE TEAM	OPEN	132	02:51:22	<b>1</b>	0	23:39	2.5 (35.2%)	04:42:35	04:42:35
80	<b>LASKOWSKI Przemysław</b> 4.7km: <b>01:51:58</b>	<b>1282</b>	CALISTHENICS PŁOCK	OPEN	137	00:00:12	<b>1</b>	0	23:49	2.5 (35.2%)	01:52:10	01:52:10
81	<b>MARKIEWICZ Arkadiusz</b> 4.7km: <b>01:52:27</b>	<b>1331</b>	PIĘKNI I BESTIE	OPEN	139	00:18:18	<b>1</b>	0	23:55	2.5 (35.2%)	02:10:45	02:10:45
82	<b>MISZCZYSZYN Wojciech</b> 4.7km: <b>01:53:42</b>	<b>1376</b>		OPEN	141	00:31:10	<b>1</b>	0	24:11	2.5 (35.2%)	02:24:52	02:24:52
83	<b>JAROCKI Jonatan</b> 4.7km: <b>01:54:40</b>	<b>1524</b>	BAUKRANE BUDOWNICTWO	OPEN	143	02:32:40	<b>1</b>	0	24:23	2.5 (35.2%)	04:27:20	04:27:20
84	<b>STOBBE Kamil</b> 4.7km: <b>01:54:40</b>	<b>1606</b>		OPEN	144	00:59:56	<b>1</b>	0	24:23	2.5 (35.2%)	02:54:36	02:54:36

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Okr.	Różn	Tempo min/km	Tempo km/h	Fastest Lap	Średnie okrążenie
85	<b>BIGUS Szymon</b> 4.7km: <b>01:54:46</b>	<b>1401</b>		OPEN	145	00:59:56	<b>1</b>	0	24:25	2.5 (35.2%)	02:54:42	02:54:42
86	<b>GRZONKOWSKI Krzysztof</b> 4.7km: <b>01:55:15</b>	<b>1588</b>		OPEN	146	03:02:42	<b>1</b>	0	24:31	2.4 (33.8%)	04:57:57	04:57:57
87	<b>RATAJCZAK Dawid</b> 4.7km: <b>01:55:38</b>	<b>1357</b>		OPEN	148	01:39:38	<b>1</b>	0	24:36	2.4 (33.8%)	03:35:16	03:35:16
88	<b>ROSIAK Daniel</b> 4.7km: <b>01:57:01</b>	<b>1507</b>		OPEN	151	02:21:31	<b>1</b>	0	24:53	2.4 (33.8%)	04:18:32	04:18:32
89	<b>POKORSKI Rafał</b> 4.7km: <b>01:59:09</b>	<b>1422</b>	WŚCIEKLIZNA	OPEN	153	00:59:56	<b>1</b>	0	25:21	2.4 (33.8%)	02:59:05	02:59:05
90	<b>KNODEL Mateusz</b> 4.7km: <b>02:00:16</b>	<b>1600</b>	BAUKRANE	OPEN	154	02:32:41	<b>1</b>	0	25:35	2.3 (32.4%)	04:32:57	04:32:57
91	<b>ŻYLIŃSKI Gracjan</b> 4.7km: <b>02:00:51</b>	<b>1336</b>		OPEN	155	00:18:21	<b>1</b>	0	25:42	2.3 (32.4%)	02:19:12	02:19:12
92	<b>SZELBRACIKOWSKI Dawid</b> 4.7km: <b>02:00:54</b>	<b>1337</b>		OPEN	156	00:18:21	<b>1</b>	0	25:43	2.3 (32.4%)	02:19:15	02:19:15
93	<b>RULAK Jerzy</b> 4.7km: <b>02:01:13</b>	<b>1664</b>	DZIKA WARSZAFFKA OCR	OPEN	157	01:59:37	<b>1</b>	0	25:47	2.3 (32.4%)	04:00:50	04:00:50
94	<b>MARZEION Grzegorz</b> 4.7km: <b>02:03:08</b>	<b>1517</b>		OPEN	161	02:32:47	<b>1</b>	0	26:11	2.3 (32.4%)	04:35:55	04:35:55
95	<b>CHROŚNIAK Jacek</b> 4.7km: <b>02:03:30</b>	<b>1425</b>	BREAK THE BRAIN	OPEN	162	01:39:35	<b>1</b>	0	26:16	2.3 (32.4%)	03:43:05	03:43:05
96	<b>WINKLER Arkadiusz</b> 4.7km: <b>02:03:48</b>	<b>1427</b>	BREAK THE BRAIN	OPEN	163	01:39:35	<b>1</b>	0	26:20	2.3 (32.4%)	03:43:23	03:43:23
97	<b>DOMAZAŁA Paweł</b> 4.7km: <b>02:04:35</b>	<b>1639</b>	KONTENER FORMY	OPEN	164	01:18:59	<b>1</b>	0	26:30	2.3 (32.4%)	03:23:34	03:23:34
98	<b>KOZICKI Jacek</b> 4.7km: <b>02:04:37</b>	<b>1643</b>		OPEN	165	03:02:41	<b>1</b>	0	26:30	2.3 (32.4%)	05:07:18	05:07:18
99	<b>HAJDUKIEWICZ Mirosław</b> 4.7km: <b>02:04:45</b>	<b>1476</b>		OPEN	167	03:02:42	<b>1</b>	0	26:32	2.3 (32.4%)	05:07:27	05:07:27
100	<b>ORŁOWSKI Piotr</b> 4.7km: <b>02:04:55</b>	<b>1273</b>		OPEN	168	00:00:11	<b>1</b>	0	26:34	2.3 (32.4%)	02:05:06	02:05:06
101	<b>CZERKO Tomasz</b> 4.7km: <b>02:06:06</b>	<b>1483</b>		OPEN	169	02:09:42	<b>1</b>	0	26:49	2.2 (31.0%)	04:15:48	04:15:48
102	<b>BARZOWSKI Kamil</b> 4.7km: <b>02:06:32</b>	<b>1380</b>	BRAVERUNNERS OCR	OPEN	170	00:40:09	<b>1</b>	0	26:55	2.2 (31.0%)	02:46:41	02:46:41

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Okr.	Różn	Tempo min/km	Tempo km/h	Fastest Lap	Średnie okrążenie
103	<b>SZCZESNY Damian</b>	<b>1362</b>	BRAVERUNNERSOCR	OPEN	172	00:40:08	<b>1</b>	0	26:57	2.2 (31.0%)	02:46:50	02:46:50
	4.7km: <b>02:06:42</b>											
104	<b>KORCZYŃSKI Marcin</b>	<b>1585</b>		OPEN	174	03:02:41	<b>1</b>	0	26:57	2.2 (31.0%)	05:09:24	05:09:24
	4.7km: <b>02:06:43</b>											
105	<b>MOŻEJKO Tomasz</b>	<b>1334</b>		OPEN	175	00:18:22	<b>1</b>	0	27:02	2.2 (31.0%)	02:25:26	02:25:26
	4.7km: <b>02:07:04</b>											
106	<b>ROMANOWSKI Mateusz</b>	<b>1545</b>	ARTPOL	OPEN	177	00:31:07	<b>1</b>	0	27:32	2.2 (31.0%)	02:40:33	02:40:33
	4.7km: <b>02:09:26</b>											
107	<b>BRZECZKOWSKI Paweł</b>	<b>1479</b>	POWER TRAINING	OPEN	180	02:09:42	<b>1</b>	0	27:57	2.1 (29.6%)	04:21:04	04:21:04
	4.7km: <b>02:11:22</b>											
108	<b>POLEWACZYK Filip</b>	<b>1356</b>		OPEN	181	00:59:57	<b>1</b>	0	27:57	2.1 (29.6%)	03:11:23	03:11:23
	4.7km: <b>02:11:26</b>											
109	<b>MARZEION Paweł</b>	<b>1518</b>		OPEN	188	02:32:47	<b>1</b>	0	28:42	2.1 (29.6%)	04:47:41	04:47:41
	4.7km: <b>02:14:54</b>											
110	<b>STRÓŻYK Leszek</b>	<b>1352</b>		OPEN	191	01:19:00	<b>1</b>	0	28:58	2.1 (29.6%)	03:35:12	03:35:12
	4.7km: <b>02:16:12</b>											
111	<b>TALAR Szymon</b>	<b>1349</b>		OPEN	192	00:31:09	<b>1</b>	0	29:12	2.1 (29.6%)	02:48:25	02:48:25
	4.7km: <b>02:17:16</b>											
112	<b>SUSICKI Dawid</b>	<b>1522</b>	BRO.4CE	OPEN	196	02:32:43	<b>1</b>	0	29:53	2 (28.2%)	04:53:13	04:53:13
	4.7km: <b>02:20:30</b>											
113	<b>DŁUGOŁĘCKI P.</b>	<b>1528</b>		OPEN	198	02:32:44	<b>1</b>	0	30:28	2 (28.2%)	04:55:57	04:55:57
	4.7km: <b>02:23:13</b>											
114	<b>CHMIELEWSKI Józef</b>	<b>1501</b>	CIECHANOWIEC BIEGA	OPEN	201	02:21:30	<b>1</b>	0	30:49	1.9 (26.8%)	04:46:23	04:46:23
	4.7km: <b>02:24:53</b>											
115	<b>GRUBBA Rafał</b>	<b>1598</b>		OPEN	203	00:40:08	<b>1</b>	0	30:58	1.9 (26.8%)	03:05:41	03:05:41
	4.7km: <b>02:25:33</b>											
116	<b>NOWACZYK Michał</b>	<b>1491</b>	ZADYSZKA TEAM	OPEN	209	02:21:32	<b>1</b>	0	31:39	1.9 (26.8%)	04:50:19	04:50:19
	4.7km: <b>02:28:47</b>											
117	<b>NOWAK Maciej</b>	<b>1542</b>		OPEN	210	02:40:22	<b>1</b>	0	31:47	1.9 (26.8%)	05:09:49	05:09:49
	4.7km: <b>02:29:27</b>											
118	<b>KOPCYCH Piotr</b>	<b>1315</b>		OPEN	211	00:18:20	<b>1</b>	0	31:54	1.9 (26.8%)	02:48:19	02:48:19
	4.7km: <b>02:29:59</b>											
119	<b>LIBERADZKI Marcin</b>	<b>1413</b>		OPEN	218	01:19:05	<b>1</b>	0	33:09	1.8 (25.4%)	03:54:54	03:54:54
	4.7km: <b>02:35:49</b>											
120	<b>RADZIMIERSKI Michał</b>	<b>1544</b>		OPEN	219	02:40:23	<b>1</b>	0	33:09	1.8 (25.4%)	05:16:13	05:16:13
	4.7km: <b>02:35:50</b>											

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Okr.	Różn	Tempo min/km	Tempo km/h	Fastest Lap	Średnie okrążenie
121	<b>BELKA Rafał</b>	<b>1603</b>	HOMOKOMANDO	OPEN	220	02:32:46	<b>1</b>	0	33:11	1.8 (25.4%)	05:08:48	05:08:48
	4.7km: <b>02:36:02</b>											
122	<b>ZGUTKA Tomasz</b>	<b>1472</b>		OPEN	221	02:09:41	<b>1</b>	0	33:12	1.8 (25.4%)	04:45:48	04:45:48
	4.7km: <b>02:36:07</b>											
123	<b>LEWANDOWSKI Linus</b>	<b>1604</b>	HOMOKOMANDO	OPEN	223	02:32:46	<b>1</b>	0	33:30	1.8 (25.4%)	05:10:15	05:10:15
	4.7km: <b>02:37:29</b>											
124	<b>PREKOP Patryk</b>	<b>1541</b>		OPEN	225	02:40:21	<b>1</b>	0	33:58	1.8 (25.4%)	05:20:02	05:20:02
	4.7km: <b>02:39:41</b>											
125	<b>PACHOTA Paweł</b>	<b>1411</b>		OPEN	226	01:19:01	<b>1</b>	0	34:16	1.8 (25.4%)	04:00:05	04:00:05
	4.7km: <b>02:41:04</b>											
126	<b>CHOLEWIŃSKI Tomasz</b>	<b>1406</b>		OPEN	228	01:19:02	<b>1</b>	0	34:30	1.7 (23.9%)	04:01:13	04:01:13
	4.7km: <b>02:42:11</b>											
127	<b>KRAMARENKO Igor</b>	<b>1410</b>		OPEN	229	01:19:01	<b>1</b>	0	34:31	1.7 (23.9%)	04:01:19	04:01:19
	4.7km: <b>02:42:18</b>											
128	<b>PUCKOWSKI Dawid</b>	<b>1382</b>		OPEN	232	00:59:57	<b>1</b>	0	35:00	1.7 (23.9%)	03:44:27	03:44:27
	4.7km: <b>02:44:30</b>											
129	<b>KRYSZTOFIAK Damian</b>	<b>1550</b>	UNITED RUNERS	OPEN	237	02:51:21	<b>1</b>	0	36:18	1.7 (23.9%)	05:42:01	05:42:01
	4.7km: <b>02:50:40</b>											
130	<b>BIAŁEK Paweł</b>	<b>1323</b>		OPEN	239	00:18:21	<b>1</b>	0	37:00	1.6 (22.5%)	03:12:17	03:12:17
	4.7km: <b>02:53:56</b>											
131	<b>SKOWROŃSKI Bartosz</b>	<b>1381</b>		OPEN	241	00:59:58	<b>1</b>	0	38:01	1.6 (22.5%)	03:58:43	03:58:43
	4.7km: <b>02:58:45</b>											
132	<b>WSZELAKI Włodzimierz</b>	<b>1317</b>		OPEN	243	00:18:21	<b>1</b>	0	39:07	1.5 (21.1%)	03:22:12	03:22:12
	4.7km: <b>03:03:51</b>											
133	<b>KIJEWSKI Jacek</b>	<b>1340</b>		OPEN	247	00:31:10	<b>1</b>	0	46:00	1.3 (18.3%)	04:07:22	04:07:22
	4.7km: <b>03:36:12</b>											

Znaleziono 133 wynik(ów)