

# BIEGUN OPEN

B4SPORT

**Wydarzenie:** Biegun - Gniew Bosmana  
**Organizator:** OCR Events  
**Data:** 2020-07-04  
**Miejsce:** Gdynia  
**Dystans:** 4.7 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Okr.	Różn	Tempo min/km	Tempo km/h	Fastest Lap	Średnie okrążenie
1	<b>JÓZWICKI Karol</b>	<b>1504</b>	OUTDOOR TRAINING	OPEN	1	02:21:28	<b>3</b>	0	13:01	4.6 (100%)	00:57:11	01:48:24
	4.7km: <b>00:47:20</b>   9.4km: <b>01:44:32</b>   14.1km: <b>03:03:46</b>											
2	<b>KĘDZIOREK Eryk</b>	<b>1525</b>	BAUKRANE BUDOWNICTWO	OPEN	2	02:32:41	<b>2</b>	-1	14:06	4.3 (93.5%)	01:08:00	02:22:38
	4.7km: <b>01:04:36</b>   9.4km: <b>02:12:36</b>											
3	<b>BRASZKA Robert</b>	<b>1339</b>		OPEN	3	00:31:07	<b>2</b>	-1	17:20	3.5 (76.1%)	01:34:11	01:37:06
	4.7km: <b>01:08:53</b>   9.4km: <b>02:43:05</b>											
4	<b>KAMIŃSKI Paweł</b>	<b>1673</b>	TRENER24H.OCR.COM	OPEN	4	01:39:35	<b>2</b>	-1	17:21	3.5 (76.1%)	01:38:22	02:11:23
	4.7km: <b>01:04:49</b>   9.4km: <b>02:43:11</b>											
5	<b>KNASIECKI Piotr</b>	<b>1463</b>		OPEN	5	01:59:36	<b>2</b>	-1	17:46	3.4 (73.9%)	01:28:47	02:23:20
	4.7km: <b>01:18:18</b>   9.4km: <b>02:47:05</b>											
6	<b>DUNAJ Kamil</b>	<b>1373</b>	BIG YELLOW FOOT ADVENTURE TEAM	OPEN	6	00:40:07	<b>2</b>	-1	18:15	3.3 (71.7%)	01:33:39	01:45:54
	4.7km: <b>01:18:01</b>   9.4km: <b>02:51:41</b>											
7	<b>LEŚNIAK Grzegorz</b>	<b>1456</b>	DIRTY SPARROWS	OPEN	7	01:59:35	<b>2</b>	-1	18:22	3.3 (71.7%)	01:45:31	02:26:11
	4.7km: <b>01:07:15</b>   9.4km: <b>02:52:47</b>											
8	<b>MATEJCZYK Artur</b>	<b>1503</b>	OUTDOOR TRAINING	OPEN	8	02:21:30	<b>2</b>	-1	18:24	3.3 (71.7%)	01:42:05	02:37:16
	4.7km: <b>01:10:58</b>   9.4km: <b>02:53:03</b>											
9	<b>PIASECKI Dawid</b>	<b>1281</b>	CALISTHENICS PŁOCK	OPEN	9	00:00:11	<b>2</b>	-1	18:27	3.2 (69.6%)	01:22:02	01:26:53
	4.7km: <b>01:31:33</b>   9.4km: <b>02:53:35</b>											
10	<b>WITKOWSKI Dariusz</b>	<b>1508</b>	OUTDOOR TRAINING	OPEN	10	02:21:30	<b>2</b>	-1	18:32	3.2 (69.6%)	01:32:03	02:37:53
	4.7km: <b>01:22:12</b>   9.4km: <b>02:54:16</b>											
11	<b>RYNKOWSKI Marcin</b>	<b>1298</b>	CROSSFIT SUSZ	OPEN	11	00:09:13	<b>2</b>	-1	18:38	3.2 (69.6%)	01:23:26	01:32:13
	4.7km: <b>01:14:13</b>   9.4km: <b>02:55:13</b>											
12	<b>PTASZNIK Michał</b>	<b>1303</b>	HARPAGAN RUNNERS	OPEN	12	00:00:09	<b>2</b>	-1	18:41	3.2 (69.6%)	00:59:14	01:27:53
	4.7km: <b>00:59:05</b>   9.4km: <b>02:55:38</b>											

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Okr.	Różn	Tempo min/km	Tempo km/h	Fastest Lap	Średnie okrążenie
13	<b>DURKA Michał</b>	<b>1280</b>	CALISTHENICS PŁOCK	OPEN	13	00:00:12	<b>2</b>	-1	19:04	3.1 (67.4%)	01:27:22	01:29:45
	4.7km: <b>01:31:57</b>   9.4km: <b>02:59:19</b>											
14	<b>SZYMAŃSKI Artur</b>	<b>1278</b>	CALISTHENICS PŁOCK	OPEN	14	00:00:12	<b>2</b>	-1	19:09	3.1 (67.4%)	01:28:06	01:30:09
	4.7km: <b>01:31:59</b>   9.4km: <b>03:00:06</b>											
15	<b>GRABOWSKA Izabela</b>	<b>1579</b>	BESTBEASTS	OPEN	15	03:02:43	<b>2</b>	-1	19:12	3.1 (67.4%)	01:28:26	03:01:40
	4.7km: <b>01:32:11</b>   9.4km: <b>03:00:37</b>											
16	<b>POKOJOWCZYK Adrian</b>	<b>1527</b>		OPEN	16	02:32:42	<b>2</b>	-1	19:12	3.1 (67.4%)	01:37:47	02:46:39
	4.7km: <b>01:22:50</b>   9.4km: <b>03:00:37</b>											
17		<b>1644</b>		OPEN	17	03:02:42	<b>2</b>	-1	19:17	3.1 (67.4%)	01:44:54	03:02:01
	4.7km: <b>01:16:26</b>   9.4km: <b>03:01:21</b>											
18	<b>PACHOS Nicholas</b>	<b>1466</b>		OPEN	18	01:59:37	<b>2</b>	-1	19:31	3.1 (67.4%)	02:00:15	02:31:33
	4.7km: <b>01:03:13</b>   9.4km: <b>03:03:29</b>											
19	<b>BANACH Mateusz</b>	<b>1338</b>		OPEN	19	00:31:07	<b>2</b>	-1	19:33	3.1 (67.4%)	01:41:34	01:47:28
	4.7km: <b>01:10:27</b>   9.4km: <b>03:03:50</b>											
20	<b>CIROCKI Wiesław</b>	<b>1343</b>	A-T CIROCKI	OPEN	20	00:31:08	<b>2</b>	-1	19:44	3 (65.2%)	01:48:16	01:48:21
	4.7km: <b>01:17:08</b>   9.4km: <b>03:05:34</b>											
21	<b>SYLDATK Adam</b>	<b>1289</b>	PRONESTA TEAM	OPEN	21	00:00:10	<b>2</b>	-1	20:40	2.9 (63.0%)	01:24:39	01:37:14
	4.7km: <b>01:24:29</b>   9.4km: <b>03:14:19</b>											
22	<b>PIĘTKA Grzegorz</b>	<b>1295</b>	HELL'S HEVEN SZCZECIN	OPEN	22	00:09:19	<b>2</b>	-1	23:03	2.6 (56.5%)	01:19:39	01:53:03
	4.7km: <b>01:10:20</b>   9.4km: <b>03:36:47</b>											
23	<b>GODLEWSKA Magda</b>	<b>1306</b>	CROSSFIT SUSZ	OPEN	23	00:09:13	<b>2</b>	-1	23:57	2.5 (54.3%)	01:37:15	01:57:12
	4.7km: <b>01:28:02</b>   9.4km: <b>03:45:11</b>											
24	<b>MATYSIAK Sławomir</b>	<b>1553</b>		OPEN	24	00:40:11	<b>2</b>	-1	27:13	2.2 (47.8%)	02:13:40	02:28:01
	4.7km: <b>01:33:29</b>   9.4km: <b>04:15:51</b>											
25	<b>JĘDRYKA Anna</b>	<b>1576</b>		OPEN	25	00:40:11	<b>2</b>	-1	27:13	2.2 (47.8%)	02:13:40	02:28:02
	4.7km: <b>01:33:29</b>   9.4km: <b>04:15:54</b>											
26	<b>DAMPS Patryk</b>	<b>1275</b>	RUN BEACH MORNING	OPEN	26	00:00:09	<b>1</b>	-2	8:29	7.1 (154.3%)	00:40:05	00:40:05
	4.7km: <b>00:39:56</b>											
27	<b>WEŁNA Rafał</b>	<b>1287</b>		OPEN	27	00:00:08	<b>1</b>	-2	8:58	6.7 (145.7%)	00:42:18	00:42:18
	4.7km: <b>00:42:10</b>											
28	<b>BAŁDYGA Miłosz</b>	<b>1578</b>	BIEGUN OCR TEAM	OPEN	28	00:09:11	<b>1</b>	-2	8:58	6.7 (145.7%)	00:51:22	00:51:22
	4.7km: <b>00:42:11</b>											
29	<b>SZULWACH Cezary</b>	<b>1647</b>	BIEGUN OCR TEAM	OPEN	29	02:40:19	<b>1</b>	-2	9:10	6.5 (141.3%)	03:23:26	03:23:26

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Okr.	Różn	Tempo min/km	Tempo km/h	Fastest Lap	Średnie okrążenie
	4.7km: <b>00:43:07</b>											
30	<b>KOZA Damian</b>	<b>1291</b>		OPEN	30	01:39:35	<b>1</b>	-2	9:30	6.3 (137.0%)	02:24:15	02:24:15
	4.7km: <b>00:44:40</b>											
31	<b>WERYK Mateusz</b>	<b>1420</b>	BIEGUN OCR TEAM	OPEN	31	01:18:56	<b>1</b>	-2	9:39	6.2 (134.8%)	02:04:21	02:04:21
	4.7km: <b>00:45:25</b>											
32	<b>KALWAS Mateusz</b>	<b>1592</b>	NEXTREME	OPEN	32	03:02:39	<b>1</b>	-2	10:39	5.6 (121.7%)	03:52:44	03:52:44
	4.7km: <b>00:50:05</b>											
33	<b>SĘKOWSKI Piotr</b>	<b>1277</b>		OPEN	33	00:00:08	<b>1</b>	-2	10:46	5.6 (121.7%)	00:50:48	00:50:48
	4.7km: <b>00:50:40</b>											
34	<b>BŁAKAŁA Mateusz</b>	<b>1442</b>		OPEN	34	01:39:34	<b>1</b>	-2	11:31	5.2 (113.0%)	02:33:42	02:33:42
	4.7km: <b>00:54:08</b>											
35	<b>GONTEK Łukasz</b>	<b>1367</b>	VWBATORY	OPEN	35	00:40:06	<b>1</b>	-2	11:54	5 (108.7%)	01:36:06	01:36:06
	4.7km: <b>00:56:00</b>											
36	<b>TALAREK Patryk</b>	<b>1533</b>		OPEN	36	02:32:40	<b>1</b>	-2	12:16	4.9 (106.5%)	03:30:21	03:30:21
	4.7km: <b>00:57:41</b>											
37	<b>MILEWSKA Anna</b>	<b>1374</b>	BIGYELLOWFOOT ADVENTURE TEAM	OPEN	37	00:40:06	<b>1</b>	-2	12:29	4.8 (104.3%)	01:38:48	01:38:48
	4.7km: <b>00:58:42</b>											
38	<b>KWIATKOWSKI Tomasz</b>	<b>1548</b>	BIEGUN OCR TEAM	OPEN	38	03:02:41	<b>1</b>	-2	12:37	4.8 (104.3%)	04:02:03	04:02:03
	4.7km: <b>00:59:22</b>											
39	<b>GILLA Grzegorz</b>	<b>1370</b>		OPEN	39	00:40:06	<b>1</b>	-2	12:44	4.7 (102.2%)	01:39:57	01:39:57
	4.7km: <b>00:59:51</b>											
40	<b>JARZYNA Bartłomiej</b>	<b>1605</b>	BIEGOWE NYGUSY	OPEN	40	02:32:42	<b>1</b>	-2	13:03	4.6 (100%)	03:34:05	03:34:05
	4.7km: <b>01:01:23</b>											
41	<b>CIEPIELA Karol</b>	<b>1478</b>	ROAD TO NINJA WARRIOR	OPEN	41	02:09:40	<b>1</b>	-2	13:10	4.6 (100%)	03:11:34	03:11:34
	4.7km: <b>01:01:54</b>											
42	<b>OGRABEK Kamil</b>	<b>1506</b>		OPEN	42	02:21:29	<b>1</b>	-2	13:27	4.5 (97.8%)	03:24:42	03:24:42
	4.7km: <b>01:03:13</b>											
43	<b>RUSZCZYK Paweł</b>	<b>1290</b>		OPEN	43	00:00:11	<b>1</b>	-2	13:30	4.4 (95.7%)	01:03:42	01:03:42
	4.7km: <b>01:03:31</b>											
44	<b>GABRYCHOWICZ Patryk</b>	<b>1447</b>	UNITED RUNNERS	OPEN	44	02:09:42	<b>1</b>	-2	13:48	4.3 (93.5%)	03:14:35	03:14:35

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Okr.	Różn	Tempo min/km	Tempo km/h	Fastest Lap	Średnie okrążenie
	4.7km: <b>01:04:53</b>											
45	<b>KALSKI Patryk</b>	<b>1654</b>		OPEN	45	02:32:44	<b>1</b>	-2	14:28	4.1 (89.1%)	03:40:44	03:40:44
	4.7km: <b>01:08:00</b>											
46	<b>SZULCEK Patryk</b>	<b>1561</b>	BIGYELLOWFOOT ADVENTURE TEAM	OPEN	46	02:51:20	<b>1</b>	-2	15:25	3.9 (84.8%)	04:03:50	04:03:50
	4.7km: <b>01:12:30</b>											
47	<b>KOWALEWSKI Krzysztof</b>	<b>1402</b>	BIEGUN OCR TEAM	OPEN	47	00:59:52	<b>1</b>	-2	15:37	3.8 (82.6%)	02:13:17	02:13:17
	4.7km: <b>01:13:25</b>											
48	<b>GAŁUSZYŃSKA Katarzyna</b>	<b>1391</b>	ACTIVE FLOW	OPEN	48	00:59:53	<b>1</b>	-2	16:06	3.7 (80.4%)	02:15:34	02:15:34
	4.7km: <b>01:15:41</b>											
49	<b>WILTOS Mateusz</b>	<b>1511</b>		OPEN	49	02:32:44	<b>1</b>	-2	16:10	3.7 (80.4%)	03:48:45	03:48:45
	4.7km: <b>01:16:01</b>											
50	<b>MICHALCZYK Artur</b>	<b>1299</b>	CROSSFIT SUSZ	OPEN	50	00:09:14	<b>1</b>	-2	16:12	3.7 (80.4%)	01:25:27	01:25:27
	4.7km: <b>01:16:13</b>											
51	<b>WRÓBEL Przemysław</b>	<b>1489</b>		OPEN	51	02:09:43	<b>1</b>	-2	16:44	3.6 (78.3%)	03:28:22	03:28:22
	4.7km: <b>01:18:39</b>											
52	<b>BUTKIEWICZ Piotr</b>	<b>1371</b>	BIGYELLOWFOOT ADEVNTURE TEAM	OPEN	52	00:40:08	<b>1</b>	-2	16:45	3.6 (78.3%)	01:58:56	01:58:56
	4.7km: <b>01:18:48</b>											
53	<b>BŁOŃSKI Dawid</b>	<b>1350</b>	LACROIX	OPEN	53	00:31:07	<b>1</b>	-2	16:46	3.6 (78.3%)	01:49:58	01:49:58
	4.7km: <b>01:18:51</b>											
54	<b>POKRANT Dariusz</b>	<b>1293</b>	CROSSFIT POLNA	OPEN	54	00:09:13	<b>1</b>	-2	17:10	3.5 (76.1%)	01:29:56	01:29:56
	4.7km: <b>01:20:43</b>											
55	<b>PAWŁOWSKI Jacek</b>	<b>1300</b>	STALOWOWOLSKI KLUB BIEGACZA	OPEN	55	00:00:11	<b>1</b>	-2	17:23	3.5 (76.1%)	01:21:54	01:21:54
	4.7km: <b>01:21:43</b>											
56	<b>SKOCZYLAS Łukasz</b>	<b>1270</b>	BIGYELLOWFOOT ADVENTURE TEAM	OPEN	56	00:00:08	<b>1</b>	-2	17:24	3.4 (73.9%)	01:21:57	01:21:57
	4.7km: <b>01:21:49</b>											
57	<b>ŚLIWIAK Dawid</b>	<b>1461</b>		OPEN	57	01:59:38	<b>1</b>	-2	17:26	3.4 (73.9%)	03:21:37	03:21:37
	4.7km: <b>01:21:59</b>											
58		<b>1551</b>		OPEN	58	02:32:44	<b>1</b>	-2	17:42	3.4 (73.9%)	03:55:57	03:55:57
	4.7km: <b>01:23:13</b>											
59	<b>KĘDZIOREK Paulina</b>	<b>1523</b>		OPEN	59	02:32:42	<b>1</b>	-2	17:45	3.4 (73.9%)	03:56:12	03:56:12
	4.7km: <b>01:23:30</b>											
60	<b>MADEJSKI Andrzej</b>	<b>1675</b>		OPEN	60	02:21:33	<b>1</b>	-2	17:48	3.4 (73.9%)	03:45:17	03:45:17
	4.7km: <b>01:23:44</b>											
61	<b>MAZEIKA Romas</b>	<b>1482</b>		OPEN	61	02:09:40	<b>1</b>	-2	17:49	3.4 (73.9%)	03:33:28	03:33:28
	4.7km: <b>01:23:48</b>											
62	<b>LICHOTA Przemysław</b>	<b>1502</b>		OPEN	62	02:21:31	<b>1</b>	-2	18:06	3.3 (71.7%)	03:46:36	03:46:36

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	4.7km: <b>01:25:05</b>											
63	<b>ŚLIWIAK Grzegorz</b>	<b>1462</b>		OPEN	63	01:59:38	<b>1</b>	-2	18:08	3.3 (71.7%)	03:24:55	03:24:55
	4.7km: <b>01:25:17</b>											
64	<b>ŚLUSAR Marcin</b>	<b>1460</b>		OPEN	64	01:59:39	<b>1</b>	-2	18:15	3.3 (71.7%)	03:25:29	03:25:29
	4.7km: <b>01:25:50</b>											
65	<b>FURTAN Krystian</b>	<b>1375</b>		OPEN	65	00:31:10	<b>1</b>	-2	18:16	3.3 (71.7%)	01:57:03	01:57:03
	4.7km: <b>01:25:53</b>											
66	<b>SYLDATK Patryk</b>	<b>1292</b>		OPEN	66	00:09:11	<b>1</b>	-2	18:18	3.3 (71.7%)	01:35:14	01:35:14
	4.7km: <b>01:26:03</b>											
67	<b>BRODZIK Ireneusz</b>	<b>1465</b>	BŁOTNIAKI TEAM BYTÓW	OPEN	67	01:59:38	<b>1</b>	-2	18:42	3.2 (69.6%)	03:27:35	03:27:35
	4.7km: <b>01:27:57</b>											
68	<b>JARZĄB Kacper</b>	<b>1305</b>	CROSSFIT SUSZ	OPEN	68	00:09:14	<b>1</b>	-2	18:44	3.2 (69.6%)	01:37:18	01:37:18
	4.7km: <b>01:28:04</b>											
69	<b>JÓZEFOWICZ Marta</b>	<b>1372</b>	BIGYELLOWFOOT	OPEN	69	00:40:06	<b>1</b>	-2	18:47	3.2 (69.6%)	02:08:23	02:08:23
	4.7km: <b>01:28:17</b>											
70	<b>DETLAFF Sławomir</b>	<b>1552</b>		OPEN	70	00:09:30	<b>1</b>	-2	18:55	3.2 (69.6%)	01:38:25	01:38:25
	4.7km: <b>01:28:55</b>											
71	<b>ZIÓŁKOWSKI Robert</b>	<b>1526</b>	BAUKRANE	OPEN	71	02:32:43	<b>1</b>	-2	19:12	3.1 (67.4%)	04:03:00	04:03:00
	4.7km: <b>01:30:17</b>											
72	<b>PACYGON Tomek</b>	<b>1594</b>		OPEN	72	03:02:41	<b>1</b>	-2	19:29	3.1 (67.4%)	04:34:16	04:34:16
	4.7km: <b>01:31:35</b>											
73	<b>BUDZYŃSKI Adam</b>	<b>1328</b>		OPEN	73	00:18:20	<b>1</b>	-2	19:39	3.1 (67.4%)	01:50:45	01:50:45
	4.7km: <b>01:32:25</b>											
74	<b>ROMAŃCZUK Tomasz</b>	<b>1505</b>	OUTDOOR TRAINING	OPEN	74	02:21:28	<b>1</b>	-2	19:47	3 (65.2%)	03:54:27	03:54:27
	4.7km: <b>01:32:59</b>											
75	<b>ŚLIWA Krzysztof</b>	<b>1556</b>	LACROIX TEAM	OPEN	75	02:40:19	<b>1</b>	-2	19:47	3 (65.2%)	04:13:21	04:13:21
	4.7km: <b>01:33:02</b>											
76	<b>SKRĘTY Patryk</b>	<b>1593</b>		OPEN	76	03:02:38	<b>1</b>	-2	19:48	3 (65.2%)	04:35:45	04:35:45
	4.7km: <b>01:33:07</b>											
77	<b>POHLAND Paweł</b>	<b>1449</b>		OPEN	77	01:59:39	<b>1</b>	-2	19:49	3 (65.2%)	03:32:48	03:32:48
	4.7km: <b>01:33:09</b>											
78	<b>GAŁUSZYŃSKI Paweł</b>	<b>1392</b>	ACTIVE FLOW	OPEN	78	00:59:53	<b>1</b>	-2	19:51	3 (65.2%)	02:33:15	02:33:15
	4.7km: <b>01:33:22</b>											
79	<b>ZELINSKI Tomasz</b>	<b>1546</b>		OPEN	79	02:40:20	<b>1</b>	-2	19:59	3 (65.2%)	04:14:19	04:14:19
	4.7km: <b>01:33:59</b>											
80	<b>KACHEL Agata</b>	<b>1547</b>		OPEN	80	02:40:22	<b>1</b>	-2	20:02	3 (65.2%)	04:14:34	04:14:34

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Okr.	Różn	Tempo min/km	Tempo km/h	Fastest Lap	Średnie okrążenie
	4.7km: <b>01:34:12</b>											
81	<b>KLEJNOWSKI Mateusz</b>	<b>1436</b>	SOCIOS SILESIA	OPEN	81	01:39:34	<b>1</b>	-2	20:11	3 (65.2%)	03:14:28	03:14:28
	4.7km: <b>01:34:54</b>											
82	<b>CZARNECKA Adrianna</b>	<b>1468</b>	BIGYELLOWFOOT	OPEN	82	02:09:41	<b>1</b>	-2	20:26	2.9 (63.0%)	03:45:47	03:45:47
	4.7km: <b>01:36:06</b>											
83	<b>ŁEBED Zuzanna</b>	<b>1590</b>		OPEN	83	03:02:41	<b>1</b>	-2	20:27	2.9 (63.0%)	04:38:49	04:38:49
	4.7km: <b>01:36:08</b>											
84	<b>SCHMIDT Waldek</b>	<b>1329</b>	MTB-MAŁE TRÓJMIASTO BIEGA WEJHEROWO	OPEN	84	00:18:18	<b>1</b>	-2	20:27	2.9 (63.0%)	01:54:25	01:54:25
	4.7km: <b>01:36:07</b>											
85	<b>JASTRZĘBOWSKA Natalia</b>	<b>1670</b>	BIG YELLOW FOOT ADVENTURE TEAM	OPEN	85	02:51:23	<b>1</b>	-2	20:28	2.9 (63.0%)	04:27:36	04:27:36
	4.7km: <b>01:36:13</b>											
86	<b>WALENCIUK Angelika</b>	<b>1485</b>		OPEN	86	02:09:43	<b>1</b>	-2	20:38	2.9 (63.0%)	03:46:44	03:46:44
	4.7km: <b>01:37:01</b>											
87	<b>JĘDRZEJAK Ewelina</b>	<b>1484</b>		OPEN	87	02:09:43	<b>1</b>	-2	20:38	2.9 (63.0%)	03:46:45	03:46:45
	4.7km: <b>01:37:02</b>											
88	<b>SZYMAŃSKA Jolanta</b>	<b>1288</b>	CROSS ELITE/ KUKS REMUS KOŚCIERZYNA	OPEN	88	03:02:40	<b>1</b>	-2	20:38	2.9 (63.0%)	04:39:41	04:39:41
	4.7km: <b>01:37:01</b>											
89	<b>SHTYPULIAK Sergii</b>	<b>1332</b>	NORDEA	OPEN	89	00:18:19	<b>1</b>	-2	20:40	2.9 (63.0%)	01:55:30	01:55:30
	4.7km: <b>01:37:11</b>											
90	<b>ZAWADZKI Piotr</b>	<b>1408</b>	KONTENER FORMY	OPEN	90	01:19:04	<b>1</b>	-2	20:41	2.9 (63.0%)	02:56:19	02:56:19
	4.7km: <b>01:37:15</b>											
91	<b>MUSZALSKI Maciej</b>	<b>1480</b>		OPEN	91	02:09:44	<b>1</b>	-2	20:57	2.9 (63.0%)	03:48:13	03:48:13
	4.7km: <b>01:38:29</b>											
92	<b>KOCHANEK Paweł</b>	<b>1419</b>	KONTENER FORMY	OPEN	92	01:18:59	<b>1</b>	-2	21:00	2.9 (63.0%)	02:57:44	02:57:44
	4.7km: <b>01:38:45</b>											
93	<b>WALASKOWSKI Michał</b>	<b>1656</b>		OPEN	93	02:09:40	<b>1</b>	-2	21:04	2.8 (60.9%)	03:48:42	03:48:42
	4.7km: <b>01:39:02</b>											
94	<b>KRAUZE Łukasz</b>	<b>1424</b>		OPEN	94	01:39:38	<b>1</b>	-2	21:13	2.8 (60.9%)	03:19:22	03:19:22
	4.7km: <b>01:39:44</b>											
95	<b>GAŚIOROWSKI Rafał</b>	<b>1557</b>	BIG YELLOW FOOT ADVENTURE TEAM	OPEN	95	02:51:22	<b>1</b>	-2	21:20	2.8 (60.9%)	04:31:41	04:31:41
	4.7km: <b>01:40:19</b>											
96	<b>HINZ Paweł</b>	<b>1308</b>		OPEN	96	00:09:15	<b>1</b>	-2	21:33	2.8 (60.9%)	01:50:36	01:50:36
	4.7km: <b>01:41:21</b>											
97	<b>KORNET Małgorzata</b>	<b>1311</b>		OPEN	97	00:09:15	<b>1</b>	-2	21:39	2.8 (60.9%)	01:51:03	01:51:03
	4.7km: <b>01:41:48</b>											
98	<b>LEWANDOWSKI Leszek</b>	<b>1348</b>		OPEN	98	00:31:09	<b>1</b>	-2	21:48	2.8 (60.9%)	02:13:40	02:13:40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Okr.	Różn	Tempo min/km	Tempo km/h	Fastest Lap	Średnie okrążenie
	4.7km: <b>01:42:31</b>											
99	<b>ŁUKAWSKI Michał</b>	<b>1355</b>	ACTIVE LIFE	OPEN	99	01:39:36	<b>1</b>	-2	21:53	2.7 (58.7%)	03:22:28	03:22:28
	4.7km: <b>01:42:52</b>											
100	<b>PODBIELSKI Krystian</b>	<b>1417</b>		OPEN	100	01:39:35	<b>1</b>	-2	22:00	2.7 (58.7%)	03:23:01	03:23:01
	4.7km: <b>01:43:26</b>											
101	<b>KOCHANEK Agata</b>	<b>1418</b>	KONTENER FORMY	OPEN	101	01:18:58	<b>1</b>	-2	22:02	2.7 (58.7%)	03:02:34	03:02:34
	4.7km: <b>01:43:36</b>											
102	<b>JAKUBOWSKI Grzegorz</b>	<b>1577</b>	BODY & MIND CLINIC	OPEN	102	02:09:41	<b>1</b>	-2	22:11	2.7 (58.7%)	03:53:58	03:53:58
	4.7km: <b>01:44:17</b>											
103	<b>BUDZYŃSKI Paweł</b>	<b>1327</b>	TEAM OCR BUDZYNIAKI	OPEN	103	00:18:19	<b>1</b>	-2	22:11	2.7 (58.7%)	02:02:38	02:02:38
	4.7km: <b>01:44:19</b>											
104	<b>WIŚNIEWSKI Arkadiusz</b>	<b>1512</b>	LACROIX-ELECTRONICS TEAM	OPEN	104	02:21:31	<b>1</b>	-2	22:12	2.7 (58.7%)	04:05:56	04:05:56
	4.7km: <b>01:44:25</b>											
105	<b>GŁADYSZ Marcin</b>	<b>1487</b>	RMF4RT GLADIATORS	OPEN	105	02:09:42	<b>1</b>	-2	22:19	2.7 (58.7%)	03:54:37	03:54:37
	4.7km: <b>01:44:55</b>											
106	<b>WRÓBEL Agnieszka</b>	<b>1488</b>	TORPEDA RACE TEAM	OPEN	106	02:09:41	<b>1</b>	-2	22:22	2.7 (58.7%)	03:54:52	03:54:52
	4.7km: <b>01:45:11</b>											
107	<b>SITARZ Bartosz</b>	<b>1599</b>		OPEN	107	01:39:37	<b>1</b>	-2	22:29	2.7 (58.7%)	03:25:18	03:25:18
	4.7km: <b>01:45:41</b>											
108	<b>PŁAŻALSKA Sylwia</b>	<b>1276</b>	LIFE4FIT	OPEN	108	00:00:11	<b>1</b>	-2	22:41	2.6 (56.5%)	01:46:50	01:46:50
	4.7km: <b>01:46:39</b>											
109		<b>1552</b>		OPEN	109	00:59:54	<b>1</b>	-2	22:47	2.6 (56.5%)	02:47:01	02:47:01
	4.7km: <b>01:47:07</b>											
110	<b>DETLAFF Magda</b>	<b>1385</b>		OPEN	110	00:59:54	<b>1</b>	-2	22:50	2.6 (56.5%)	02:47:13	02:47:13
	4.7km: <b>01:47:19</b>											
111	<b>PTACH Roman</b>	<b>1307</b>		OPEN	111	00:09:15	<b>1</b>	-2	22:57	2.6 (56.5%)	01:57:10	01:57:10
	4.7km: <b>01:47:55</b>											
112	<b>CHYŻY Igor</b>	<b>1499</b>		OPEN	112	02:21:30	<b>1</b>	-2	22:57	2.6 (56.5%)	04:09:26	04:09:26
	4.7km: <b>01:47:56</b>											
113	<b>WIETESKA Grzegorz</b>	<b>1674</b>	BIEGUN OCR TEAM	OPEN	113	02:21:34	<b>1</b>	-2	22:59	2.6 (56.5%)	04:09:36	04:09:36
	4.7km: <b>01:48:02</b>											
114	<b>OBUCHOWSKA Agnieszka</b>	<b>1498</b>		OPEN	114	02:21:30	<b>1</b>	-2	22:59	2.6 (56.5%)	04:09:34	04:09:34
	4.7km: <b>01:48:04</b>											
115	<b>MÓWIŃSKI Patryk</b>	<b>1493</b>	R.AMBO DRUGA CREW	OPEN	115	02:21:31	<b>1</b>	-2	23:00	2.6 (56.5%)	04:09:41	04:09:41
	4.7km: <b>01:48:10</b>											

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Okr.	Różn	Tempo min/km	Tempo km/h	Fastest Lap	Średnie okrążenie
116	<b>KOSCHEMBAHR ŁYSKOWSKA Danuta</b> 4.7km: <b>01:48:18</b>	<b>1563</b>	BIGYELLOWFOOT ADVENTURE TEAM	OPEN	116	02:51:23	<b>1</b>	-2	23:02	2.6 (56.5%)	04:39:41	04:39:41
117	<b>SZUMIELEWICZ Kinga</b> 4.7km: <b>01:48:20</b>	<b>1558</b>	BIGYELLOWFOOT ADVENTURE TEAM	OPEN	117	02:51:20	<b>1</b>	-2	23:02	2.6 (56.5%)	04:39:40	04:39:40
118	<b>ŚWIGOŃ Daniel</b> 4.7km: <b>01:48:21</b>	<b>1341</b>	BŁOTNIAKI TEAM BYTÓW	OPEN	118	00:31:10	<b>1</b>	-2	23:03	2.6 (56.5%)	02:19:31	02:19:31
119	<b>BANASZEWSKA Barbara</b> 4.7km: <b>01:48:26</b>	<b>1497</b>		OPEN	119	02:21:30	<b>1</b>	-2	23:04	2.6 (56.5%)	04:09:56	04:09:56
120	<b>ŁUSZCZAK Anna</b> 4.7km: <b>01:48:36</b>	<b>1399</b>	LEMON TEAM	OPEN	120	00:59:55	<b>1</b>	-2	23:06	2.6 (56.5%)	02:48:31	02:48:31
121	<b>PANKOWSKI Marek</b> 4.7km: <b>01:48:53</b>	<b>1586</b>		OPEN	121	03:02:43	<b>1</b>	-2	23:10	2.6 (56.5%)	04:51:36	04:51:36
122	<b>BARANOWSKI Jacek</b> 4.7km: <b>01:49:08</b>	<b>1559</b>		OPEN	122	00:40:08	<b>1</b>	-2	23:13	2.6 (56.5%)	02:29:16	02:29:16
123	<b>WALASKOWSKA Justyna</b> 4.7km: <b>01:49:11</b>	<b>1657</b>		OPEN	123	02:09:39	<b>1</b>	-2	23:13	2.6 (56.5%)	03:58:50	03:58:50
124	<b>PACEK Marcin</b> 4.7km: <b>01:49:22</b>	<b>1351</b>		OPEN	124	01:19:04	<b>1</b>	-2	23:16	2.6 (56.5%)	03:08:26	03:08:26
125	<b>LIPKA Kamila</b> 4.7km: <b>01:49:25</b>	<b>1335</b>		OPEN	125	01:19:03	<b>1</b>	-2	23:16	2.6 (56.5%)	03:08:28	03:08:28
126	<b>TOMASZEWSKA Anita</b> 4.7km: <b>01:49:32</b>	<b>1279</b>	CALISTHENICS PŁOCK	OPEN	126	00:00:12	<b>1</b>	-2	23:18	2.6 (56.5%)	01:49:44	01:49:44
127	<b>MŁYŃSKA Joanna</b> 4.7km: <b>01:49:51</b>	<b>1575</b>	R.AMBO	OPEN	127	00:31:10	<b>1</b>	-2	23:22	2.6 (56.5%)	02:21:01	02:21:01
128	<b>MIKIELSKI Paweł</b> 4.7km: <b>01:49:52</b>	<b>1429</b>		OPEN	128	01:39:36	<b>1</b>	-2	23:22	2.6 (56.5%)	03:29:28	03:29:28
129	<b>ZIELIŃSKA Malwina</b> 4.7km: <b>01:50:22</b>	<b>1364</b>	BIGYELLOWFOOT ADVENTURE TEAM	OPEN	129	02:51:22	<b>1</b>	-2	23:28	2.6 (56.5%)	04:41:44	04:41:44
130	<b>NIZIOŁ Patryk</b> 4.7km: <b>01:50:29</b>	<b>1581</b>	BEST BEASTS	OPEN	130	03:02:42	<b>1</b>	-2	23:30	2.6 (56.5%)	04:53:11	04:53:11
131	<b>ROMANOWSKI Mateusz</b> 4.7km: <b>01:51:04</b>	<b>1587</b>		OPEN	131	03:02:41	<b>1</b>	-2	23:37	2.5 (54.3%)	04:53:45	04:53:45
132	<b>ZIELIŃSKI Tomasz</b> 4.7km: <b>01:51:13</b>	<b>1363</b>	BIGYELLOWFOOT ADVENTURE TEAM	OPEN	132	02:51:22	<b>1</b>	-2	23:39	2.5 (54.3%)	04:42:35	04:42:35
133	<b>PODBIELSKA Gosia</b>	<b>1416</b>		OPEN	133	01:39:35	<b>1</b>	-2	23:41	2.5 (54.3%)	03:30:54	03:30:54



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Okr.	Różn	Tempo min/km	Tempo km/h	Fastest Lap	Średnie okrążenie
	4.7km: <b>01:51:19</b>											
134		<b>1651</b>		OPEN	134	02:51:23	<b>1</b>	-2	23:41	2.5 (54.3%)	04:42:46	04:42:46
	4.7km: <b>01:51:23</b>											
135	<b>PALKA Anna</b>	<b>1274</b>	KONTENER FORMY	OPEN	135	01:19:01	<b>1</b>	-2	23:43	2.5 (54.3%)	03:10:32	03:10:32
	4.7km: <b>01:51:31</b>											
136	<b>BEMOWSKA Anna</b>	<b>1394</b>	KONTENER FORMY	OPEN	136	01:19:00	<b>1</b>	-2	23:43	2.5 (54.3%)	03:10:32	03:10:32
	4.7km: <b>01:51:32</b>											
137	<b>LASKOWSKI Przemysław</b>	<b>1282</b>	CALISTHENICS PŁOCK	OPEN	137	00:00:12	<b>1</b>	-2	23:49	2.5 (54.3%)	01:52:10	01:52:10
	4.7km: <b>01:51:58</b>											
138	<b>KLEJNOWSKA Katarzyna</b>	<b>1437</b>	SOCIOS SILESIA	OPEN	138	01:39:34	<b>1</b>	-2	23:51	2.5 (54.3%)	03:31:41	03:31:41
	4.7km: <b>01:52:07</b>											
139	<b>MARKIEWICZ Arkadiusz</b>	<b>1331</b>	PIĘKNI I BESTIE	OPEN	139	00:18:18	<b>1</b>	-2	23:55	2.5 (54.3%)	02:10:45	02:10:45
	4.7km: <b>01:52:27</b>											
140		<b>1607</b>		OPEN	140	00:40:10	<b>1</b>	-2	24:10	2.5 (54.3%)	02:33:45	02:33:45
	4.7km: <b>01:53:35</b>											
141	<b>MISZCZYSZYN Wojciech</b>	<b>1376</b>		OPEN	141	00:31:10	<b>1</b>	-2	24:11	2.5 (54.3%)	02:24:52	02:24:52
	4.7km: <b>01:53:42</b>											
142	<b>GRODECKA Patrycja</b>	<b>1283</b>	CALISTHENICS PŁOCK	OPEN	142	00:00:12	<b>1</b>	-2	24:19	2.5 (54.3%)	01:54:33	01:54:33
	4.7km: <b>01:54:21</b>											
143	<b>JAROCKI Jonatan</b>	<b>1524</b>	BAUKRANE BUDOWNICTWO	OPEN	143	02:32:40	<b>1</b>	-2	24:23	2.5 (54.3%)	04:27:20	04:27:20
	4.7km: <b>01:54:40</b>											
144	<b>STOBBE Kamil</b>	<b>1606</b>		OPEN	144	00:59:56	<b>1</b>	-2	24:23	2.5 (54.3%)	02:54:36	02:54:36
	4.7km: <b>01:54:40</b>											
145	<b>BIGUS Szymon</b>	<b>1401</b>		OPEN	145	00:59:56	<b>1</b>	-2	24:25	2.5 (54.3%)	02:54:42	02:54:42
	4.7km: <b>01:54:46</b>											
146	<b>GRZONKOWSKI Krzysztof</b>	<b>1588</b>		OPEN	146	03:02:42	<b>1</b>	-2	24:31	2.4 (52.2%)	04:57:57	04:57:57
	4.7km: <b>01:55:15</b>											
147	<b>NIZIOŁ Małgorzata</b>	<b>1582</b>	BEST BEASTS	OPEN	147	03:02:42	<b>1</b>	-2	24:35	2.4 (52.2%)	04:58:17	04:58:17
	4.7km: <b>01:55:35</b>											
148	<b>RATAJCZAK Dawid</b>	<b>1357</b>		OPEN	148	01:39:38	<b>1</b>	-2	24:36	2.4 (52.2%)	03:35:16	03:35:16
	4.7km: <b>01:55:38</b>											
149	<b>DOBOSZ Magda</b>	<b>1554</b>		OPEN	149	00:40:11	<b>1</b>	-2	24:38	2.4 (52.2%)	02:35:58	02:35:58
	4.7km: <b>01:55:47</b>											
150	<b>KLIMKIEWICZ Beata</b>	<b>1414</b>		OPEN	150	01:19:05	<b>1</b>	-2	24:49	2.4 (52.2%)	03:15:47	03:15:47
	4.7km: <b>01:56:42</b>											
151	<b>ROSIĄK Daniel</b>	<b>1507</b>		OPEN	151	02:21:31	<b>1</b>	-2	24:53	2.4 (52.2%)	04:18:32	04:18:32

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Okr.	Różn	Tempo min/km	Tempo km/h	Fastest Lap	Średnie okrążenie
	4.7km: <b>01:57:01</b>											
152	<b>ROSOCHACKA Natalia</b>	<b>1384</b>	LIFE4FIT	OPEN	152	00:59:55	<b>1</b>	-2	25:19	2.4 (52.2%)	02:58:58	02:58:58
	4.7km: <b>01:59:03</b>											
153	<b>POKORSKI Rafał</b>	<b>1422</b>	WŚCIEKLIZNA	OPEN	153	00:59:56	<b>1</b>	-2	25:21	2.4 (52.2%)	02:59:05	02:59:05
	4.7km: <b>01:59:09</b>											
154	<b>KNODEL Mateusz</b>	<b>1600</b>	BAUKRANE	OPEN	154	02:32:41	<b>1</b>	-2	25:35	2.3 (50.0%)	04:32:57	04:32:57
	4.7km: <b>02:00:16</b>											
155	<b>ŻYLIŃSKI Gracjan</b>	<b>1336</b>		OPEN	155	00:18:21	<b>1</b>	-2	25:42	2.3 (50.0%)	02:19:12	02:19:12
	4.7km: <b>02:00:51</b>											
156	<b>SZELBRACIKOWSKI Dawid</b>	<b>1337</b>		OPEN	156	00:18:21	<b>1</b>	-2	25:43	2.3 (50.0%)	02:19:15	02:19:15
	4.7km: <b>02:00:54</b>											
157	<b>RULAK Jerzy</b>	<b>1664</b>	DZIKA WARSZAFFKA OCR	OPEN	157	01:59:37	<b>1</b>	-2	25:47	2.3 (50.0%)	04:00:50	04:00:50
	4.7km: <b>02:01:13</b>											
158	<b>POKORSKA Kasia</b>	<b>1421</b>	ATOMÓWKI	OPEN	158	00:59:56	<b>1</b>	-2	25:47	2.3 (50.0%)	03:01:11	03:01:11
	4.7km: <b>02:01:15</b>											
159	<b>CIROCKA Barbara</b>	<b>1342</b>	A-T CIROCKI	OPEN	159	00:31:08	<b>1</b>	-2	25:54	2.3 (50.0%)	02:32:56	02:32:56
	4.7km: <b>02:01:48</b>											
160	<b>PIEKARSKA Katarzyna</b>	<b>1495</b>		OPEN	160	02:51:23	<b>1</b>	-2	25:55	2.3 (50.0%)	04:53:12	04:53:12
	4.7km: <b>02:01:49</b>											
161	<b>MARZEION Grzegorz</b>	<b>1517</b>		OPEN	161	02:32:47	<b>1</b>	-2	26:11	2.3 (50.0%)	04:35:55	04:35:55
	4.7km: <b>02:03:08</b>											
162	<b>CHROŚNIAK Jacek</b>	<b>1425</b>	BREAK THE BRAIN	OPEN	162	01:39:35	<b>1</b>	-2	26:16	2.3 (50.0%)	03:43:05	03:43:05
	4.7km: <b>02:03:30</b>											
163	<b>WINKLER Arkadiusz</b>	<b>1427</b>	BREAK THE BRAIN	OPEN	163	01:39:35	<b>1</b>	-2	26:20	2.3 (50.0%)	03:43:23	03:43:23
	4.7km: <b>02:03:48</b>											
164	<b>DOMAZAŁA Paweł</b>	<b>1639</b>	KONTENER FORMY	OPEN	164	01:18:59	<b>1</b>	-2	26:30	2.3 (50.0%)	03:23:34	03:23:34
	4.7km: <b>02:04:35</b>											
165	<b>KOZICKI Jacek</b>	<b>1643</b>		OPEN	165	03:02:41	<b>1</b>	-2	26:30	2.3 (50.0%)	05:07:18	05:07:18
	4.7km: <b>02:04:37</b>											
166	<b>BEDNAREK Sylwia</b>	<b>1549</b>		OPEN	166	02:40:20	<b>1</b>	-2	26:32	2.3 (50.0%)	04:45:03	04:45:03
	4.7km: <b>02:04:43</b>											
167	<b>HAJDUKIEWICZ Mirosław</b>	<b>1476</b>		OPEN	167	03:02:42	<b>1</b>	-2	26:32	2.3 (50.0%)	05:07:27	05:07:27
	4.7km: <b>02:04:45</b>											
168	<b>ORŁOWSKI Piotr</b>	<b>1273</b>		OPEN	168	00:00:11	<b>1</b>	-2	26:34	2.3 (50.0%)	02:05:06	02:05:06
	4.7km: <b>02:04:55</b>											
169	<b>CZERKO Tomasz</b>	<b>1483</b>		OPEN	169	02:09:42	<b>1</b>	-2	26:49	2.2 (47.8%)	04:15:48	04:15:48

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Okr.	Różn	Tempo min/km	Tempo km/h	Fastest Lap	Średnie okrążenie
	4.7km: <b>02:06:06</b>											
170	<b>BARZOWSKI Kamil</b>	<b>1380</b>	BRAVERUNNERS OCR	OPEN	170	00:40:09	<b>1</b>	-2	26:55	2.2 (47.8%)	02:46:41	02:46:41
	4.7km: <b>02:06:32</b>											
171	<b>KORENKIEWICZ Anna</b>	<b>1354</b>		OPEN	171	02:32:46	<b>1</b>	-2	26:56	2.2 (47.8%)	04:39:23	04:39:23
	4.7km: <b>02:06:37</b>											
172	<b>SZCZESNY Damian</b>	<b>1362</b>	BRAVERUNNERSOCR	OPEN	172	00:40:08	<b>1</b>	-2	26:57	2.2 (47.8%)	02:46:50	02:46:50
	4.7km: <b>02:06:42</b>											
173	<b>FIKUS Anna</b>	<b>1353</b>		OPEN	173	02:32:45	<b>1</b>	-2	26:57	2.2 (47.8%)	04:39:28	04:39:28
	4.7km: <b>02:06:43</b>											
174	<b>KORCZYŃSKI Marcin</b>	<b>1585</b>		OPEN	174	03:02:41	<b>1</b>	-2	26:57	2.2 (47.8%)	05:09:24	05:09:24
	4.7km: <b>02:06:43</b>											
175	<b>MOŻEJKO Tomasz</b>	<b>1334</b>		OPEN	175	00:18:22	<b>1</b>	-2	27:02	2.2 (47.8%)	02:25:26	02:25:26
	4.7km: <b>02:07:04</b>											
176	<b>STEFANOWSKA Sara</b>	<b>1474</b>		OPEN	176	02:09:42	<b>1</b>	-2	27:23	2.2 (47.8%)	04:18:28	04:18:28
	4.7km: <b>02:08:46</b>											
177	<b>ROMANOWSKI Mateusz</b>	<b>1545</b>	ARTPOL	OPEN	177	00:31:07	<b>1</b>	-2	27:32	2.2 (47.8%)	02:40:33	02:40:33
	4.7km: <b>02:09:26</b>											
178	<b>CYMAN Iza</b>	<b>1591</b>		OPEN	178	03:02:42	<b>1</b>	-2	27:39	2.2 (47.8%)	05:12:41	05:12:41
	4.7km: <b>02:09:59</b>											
179	<b>BOGALECKA Paulina</b>	<b>1540</b>		OPEN	179	02:40:22	<b>1</b>	-2	27:50	2.2 (47.8%)	04:51:14	04:51:14
	4.7km: <b>02:10:52</b>											
180	<b>BRZECZKOWSKI Paweł</b>	<b>1479</b>	POWER TRAINING	OPEN	180	02:09:42	<b>1</b>	-2	27:57	2.1 (45.7%)	04:21:04	04:21:04
	4.7km: <b>02:11:22</b>											
181	<b>POLEWACZYK Filip</b>	<b>1356</b>		OPEN	181	00:59:57	<b>1</b>	-2	27:57	2.1 (45.7%)	03:11:23	03:11:23
	4.7km: <b>02:11:26</b>											
182	<b>WÓJCICKA Anna</b>	<b>1395</b>		OPEN	182	00:59:55	<b>1</b>	-2	28:02	2.1 (45.7%)	03:11:43	03:11:43
	4.7km: <b>02:11:48</b>											
183	<b>WAWRZYŃIAK Monika</b>	<b>1521</b>	WF OCR TEAM KOSTRZYN NAD ODRA	OPEN	183	02:32:42	<b>1</b>	-2	28:34	2.1 (45.7%)	04:47:02	04:47:02
	4.7km: <b>02:14:20</b>											
184	<b>KACZMAREK Monika</b>	<b>1520</b>	WF OCR TEAM KOSTRZYN NAD ODRA	OPEN	184	02:32:42	<b>1</b>	-2	28:35	2.1 (45.7%)	04:47:05	04:47:05
	4.7km: <b>02:14:23</b>											
185		<b>1636</b>		OPEN	185	02:51:24	<b>1</b>	-2	28:37	2.1 (45.7%)	05:05:57	05:05:57
	4.7km: <b>02:14:33</b>											
186	<b>JANUCHOWSKA Katarzyna</b>	<b>1509</b>	ZADYSZKA TEAM	OPEN	186	02:21:32	<b>1</b>	-2	28:39	2.1 (45.7%)	04:36:13	04:36:13
	4.7km: <b>02:14:41</b>											
187	<b>GIEJŁO Monika</b>	<b>1423</b>	KONTENER FORMY	OPEN	187	01:18:57	<b>1</b>	-2	28:41	2.1 (45.7%)	03:33:49	03:33:49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Okr.	Różn	Tempo min/km	Tempo km/h	Fastest Lap	Średnie okrążenie
	4.7km: <b>02:14:52</b>											
188	<b>MARZEION Paweł</b>	<b>1518</b>		OPEN	188	02:32:47	<b>1</b>	-2	28:42	2.1 (45.7%)	04:47:41	04:47:41
	4.7km: <b>02:14:54</b>											
189	<b>MOTYKA Oliwia</b>	<b>1398</b>	BIGYELLOWFOOT ADVENTURE TEAM	OPEN	189	02:51:23	<b>1</b>	-2	28:54	2.1 (45.7%)	05:07:16	05:07:16
	4.7km: <b>02:15:53</b>											
190	<b>CICHOCKA Martyna</b>	<b>1393</b>	KONTENER FORMY	OPEN	190	01:19:00	<b>1</b>	-2	28:58	2.1 (45.7%)	03:35:12	03:35:12
	4.7km: <b>02:16:12</b>											
191	<b>STRÓŻYK Leszek</b>	<b>1352</b>		OPEN	191	01:19:00	<b>1</b>	-2	28:58	2.1 (45.7%)	03:35:12	03:35:12
	4.7km: <b>02:16:12</b>											
192	<b>TALAR Szymon</b>	<b>1349</b>		OPEN	192	00:31:09	<b>1</b>	-2	29:12	2.1 (45.7%)	02:48:25	02:48:25
	4.7km: <b>02:17:16</b>											
193		<b>1652</b>		OPEN	193	00:31:09	<b>1</b>	-2	29:14	2.1 (45.7%)	02:48:34	02:48:34
	4.7km: <b>02:17:25</b>											
194	<b>M. OLECH Izabela</b>	<b>1426</b>	LEMON TEAM	OPEN	194	01:39:38	<b>1</b>	-2	29:27	2 (43.5%)	03:58:06	03:58:06
	4.7km: <b>02:18:28</b>											
195	<b>WOŹNIAK-KARCZEWSKA Patrycja</b>	<b>1580</b>	BEST BEASTS	OPEN	195	03:02:42	<b>1</b>	-2	29:36	2 (43.5%)	05:21:53	05:21:53
	4.7km: <b>02:19:11</b>											
196	<b>SUSICKI Dawid</b>	<b>1522</b>	BRO.4CE	OPEN	196	02:32:43	<b>1</b>	-2	29:53	2 (43.5%)	04:53:13	04:53:13
	4.7km: <b>02:20:30</b>											
197		<b>1634</b>		OPEN	197	02:32:44	<b>1</b>	-2	30:26	2 (43.5%)	04:55:47	04:55:47
	4.7km: <b>02:23:03</b>											
198	<b>DŁUGOŁĘCKI P.</b>	<b>1528</b>		OPEN	198	02:32:44	<b>1</b>	-2	30:28	2 (43.5%)	04:55:57	04:55:57
	4.7km: <b>02:23:13</b>											
199	<b>KORTAS Magdalena</b>	<b>1333</b>		OPEN	199	00:18:21	<b>1</b>	-2	30:32	2 (43.5%)	02:41:53	02:41:53
	4.7km: <b>02:23:32</b>											
200	<b>FISZER-ROZYCKA Marzena</b>	<b>1514</b>		OPEN	200	02:32:42	<b>1</b>	-2	30:45	2 (43.5%)	04:57:14	04:57:14
	4.7km: <b>02:24:32</b>											
201	<b>CHMIELEWSKI Józef</b>	<b>1501</b>	CIECHANOWIEC BIEGA	OPEN	201	02:21:30	<b>1</b>	-2	30:49	1.9 (41.3%)	04:46:23	04:46:23
	4.7km: <b>02:24:53</b>											
202	<b>KRUPIŃSKA Wiola</b>	<b>1665</b>	DZIKA WARSZAFFKA OCR	OPEN	202	01:59:37	<b>1</b>	-2	30:51	1.9 (41.3%)	04:24:38	04:24:38
	4.7km: <b>02:25:01</b>											
203	<b>GRUBBA Rafał</b>	<b>1598</b>		OPEN	203	00:40:08	<b>1</b>	-2	30:58	1.9 (41.3%)	03:05:41	03:05:41
	4.7km: <b>02:25:33</b>											
204		<b>1637</b>		OPEN	204	02:32:40	<b>1</b>	-2	30:58	1.9 (41.3%)	04:58:16	04:58:16
	4.7km: <b>02:25:36</b>											
205	<b>SZNEIDROWSKA Agnieszka</b>	<b>1369</b>		OPEN	205	00:40:08	<b>1</b>	-2	31:04	1.9 (41.3%)	03:06:09	03:06:09

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Okr.	Różn	Tempo min/km	Tempo km/h	Fastest Lap	Średnie okrążenie
	4.7km: <b>02:26:01</b>											
206		<b>1635</b>		OPEN	206	02:32:42	<b>1</b>	-2	31:04	1.9 (41.3%)	04:58:46	04:58:46
	4.7km: <b>02:26:04</b>											
207	<b>JAŚKIEWICZ Dagmara</b>	<b>1583</b>	BESTBEASTS	OPEN	207	03:02:42	<b>1</b>	-2	31:20	1.9 (41.3%)	05:30:02	05:30:02
	4.7km: <b>02:27:20</b>											
208	<b>LEWANDOWSKA Anna</b>	<b>1396</b>		OPEN	208	00:59:56	<b>1</b>	-2	31:21	1.9 (41.3%)	03:27:19	03:27:19
	4.7km: <b>02:27:23</b>											
209	<b>NOWACZYK Michał</b>	<b>1491</b>	ZADYSZKA TEAM	OPEN	209	02:21:32	<b>1</b>	-2	31:39	1.9 (41.3%)	04:50:19	04:50:19
	4.7km: <b>02:28:47</b>											
210	<b>NOWAK Maciej</b>	<b>1542</b>		OPEN	210	02:40:22	<b>1</b>	-2	31:47	1.9 (41.3%)	05:09:49	05:09:49
	4.7km: <b>02:29:27</b>											
211	<b>KOPCYCH Piotr</b>	<b>1315</b>		OPEN	211	00:18:20	<b>1</b>	-2	31:54	1.9 (41.3%)	02:48:19	02:48:19
	4.7km: <b>02:29:59</b>											
212	<b>DERWINSKA Malgorzata</b>	<b>1519</b>		OPEN	212	02:32:43	<b>1</b>	-2	32:06	1.9 (41.3%)	05:03:39	05:03:39
	4.7km: <b>02:30:56</b>											
213	<b>BRZESKA Ewa</b>	<b>1397</b>		OPEN	213	00:59:55	<b>1</b>	-2	32:15	1.9 (41.3%)	03:31:34	03:31:34
	4.7km: <b>02:31:39</b>											
214	<b>CZERWIŃSKA Anna</b>	<b>1584</b>	BEST BEASTS	OPEN	214	03:02:42	<b>1</b>	-2	32:18	1.9 (41.3%)	05:34:33	05:34:33
	4.7km: <b>02:31:51</b>											
215	<b>WILCZYŃSKA Dorota</b>	<b>1652</b>		OPEN	215	02:51:24	<b>1</b>	-2	32:35	1.8 (39.1%)	05:24:33	05:24:33
	4.7km: <b>02:33:09</b>											
216	<b>RYPIŃSKA Karolina</b>	<b>1428</b>	WOJOWNICZKI IŁAWA	OPEN	216	02:51:24	<b>1</b>	-2	32:35	1.8 (39.1%)	05:24:36	05:24:36
	4.7km: <b>02:33:12</b>											
217	<b>GAJO Natalia</b>	<b>1596</b>		OPEN	217	01:18:59	<b>1</b>	-2	32:53	1.8 (39.1%)	03:53:34	03:53:34
	4.7km: <b>02:34:35</b>											
218	<b>LIBERADZKI Marcin</b>	<b>1413</b>		OPEN	218	01:19:05	<b>1</b>	-2	33:09	1.8 (39.1%)	03:54:54	03:54:54
	4.7km: <b>02:35:49</b>											
219	<b>RADZIMIERSKI Michał</b>	<b>1544</b>		OPEN	219	02:40:23	<b>1</b>	-2	33:09	1.8 (39.1%)	05:16:13	05:16:13
	4.7km: <b>02:35:50</b>											
220	<b>BELKA Rafał</b>	<b>1603</b>	HOMOKOMANDO	OPEN	220	02:32:46	<b>1</b>	-2	33:11	1.8 (39.1%)	05:08:48	05:08:48
	4.7km: <b>02:36:02</b>											
221	<b>ZGUTKA Tomasz</b>	<b>1472</b>		OPEN	221	02:09:41	<b>1</b>	-2	33:12	1.8 (39.1%)	04:45:48	04:45:48
	4.7km: <b>02:36:07</b>											
222	<b>GLOS Lucyna</b>	<b>1467</b>		OPEN	222	01:59:38	<b>1</b>	-2	33:17	1.8 (39.1%)	04:36:08	04:36:08
	4.7km: <b>02:36:30</b>											
223	<b>LEWANDOWSKI Linus</b>	<b>1604</b>	HOMOKOMANDO	OPEN	223	02:32:46	<b>1</b>	-2	33:30	1.8 (39.1%)	05:10:15	05:10:15

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Okr.	Różn	Tempo min/km	Tempo km/h	Fastest Lap	Średnie okrążenie
	4.7km: <b>02:37:29</b>											
224	<b>SŁODCZYK Magda</b>	<b>1638</b>		OPEN	224	02:32:41	<b>1</b>	-2	33:44	1.8 (39.1%)	05:11:18	05:11:18
	4.7km: <b>02:38:37</b>											
225	<b>PREKOP Patryk</b>	<b>1541</b>		OPEN	225	02:40:21	<b>1</b>	-2	33:58	1.8 (39.1%)	05:20:02	05:20:02
	4.7km: <b>02:39:41</b>											
226	<b>PACHOTA Paweł</b>	<b>1411</b>		OPEN	226	01:19:01	<b>1</b>	-2	34:16	1.8 (39.1%)	04:00:05	04:00:05
	4.7km: <b>02:41:04</b>											
227	<b>KUJAWA Małgorzata</b>	<b>1494</b>		OPEN	227	02:21:31	<b>1</b>	-2	34:17	1.7 (37.0%)	05:02:41	05:02:41
	4.7km: <b>02:41:10</b>											
228	<b>CHOLEWIŃSKI Tomasz</b>	<b>1406</b>		OPEN	228	01:19:02	<b>1</b>	-2	34:30	1.7 (37.0%)	04:01:13	04:01:13
	4.7km: <b>02:42:11</b>											
229	<b>KRAMARENKO Igor</b>	<b>1410</b>		OPEN	229	01:19:01	<b>1</b>	-2	34:31	1.7 (37.0%)	04:01:19	04:01:19
	4.7km: <b>02:42:18</b>											
230	<b>MAJDAN-ADAMSKA Agnieszka</b>	<b>1473</b>		OPEN	230	02:09:41	<b>1</b>	-2	34:45	1.7 (37.0%)	04:53:05	04:53:05
	4.7km: <b>02:43:24</b>											
231	<b>KOWALCZYK Magda</b>	<b>1359</b>		OPEN	231	00:40:10	<b>1</b>	-2	34:59	1.7 (37.0%)	03:24:39	03:24:39
	4.7km: <b>02:44:29</b>											
232	<b>PUCKOWSKI Dawid</b>	<b>1382</b>		OPEN	232	00:59:57	<b>1</b>	-2	35:00	1.7 (37.0%)	03:44:27	03:44:27
	4.7km: <b>02:44:30</b>											
233	<b>KASZUBA Katarzyna</b>	<b>1358</b>		OPEN	233	00:40:10	<b>1</b>	-2	35:06	1.7 (37.0%)	03:25:09	03:25:09
	4.7km: <b>02:44:59</b>											
234	<b>PĘCZEK Anna</b>	<b>1537</b>		OPEN	234	02:40:22	<b>1</b>	-2	35:12	1.7 (37.0%)	05:25:53	05:25:53
	4.7km: <b>02:45:31</b>											
235	<b>SZOPIŃSKA Katarzyna</b>	<b>1470</b>		OPEN	235	02:09:42	<b>1</b>	-2	35:17	1.7 (37.0%)	04:55:33	04:55:33
	4.7km: <b>02:45:51</b>											
236	<b>KRUGLAK Anna</b>	<b>1471</b>		OPEN	236	02:09:41	<b>1</b>	-2	35:21	1.7 (37.0%)	04:55:51	04:55:51
	4.7km: <b>02:46:10</b>											
237	<b>KRYSZTOFIAK Damian</b>	<b>1550</b>	UNITED RUNERS	OPEN	237	02:51:21	<b>1</b>	-2	36:18	1.7 (37.0%)	05:42:01	05:42:01
	4.7km: <b>02:50:40</b>											
238	<b>JAKUBIK Anna</b>	<b>1469</b>		OPEN	238	02:09:41	<b>1</b>	-2	36:23	1.6 (34.8%)	05:00:43	05:00:43
	4.7km: <b>02:51:02</b>											
239	<b>BIAŁEK Paweł</b>	<b>1323</b>		OPEN	239	00:18:21	<b>1</b>	-2	37:00	1.6 (34.8%)	03:12:17	03:12:17
	4.7km: <b>02:53:56</b>											
240	<b>CHMIELEWSKA Beata</b>	<b>1530</b>		OPEN	240	02:32:44	<b>1</b>	-2	37:21	1.6 (34.8%)	05:28:20	05:28:20
	4.7km: <b>02:55:36</b>											
241	<b>SKOWROŃSKI Bartosz</b>	<b>1381</b>		OPEN	241	00:59:58	<b>1</b>	-2	38:01	1.6 (34.8%)	03:58:43	03:58:43

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Okr.	Różn	Tempo min/km	Tempo km/h	Fastest Lap	Średnie okrążenie
	4.7km: <b>02:58:45</b>											
242	<b>KARŁO Izabela</b>	<b>1407</b>		OPEN	242	01:19:02	<b>1</b>	-2	38:27	1.6 (34.8%)	04:19:48	04:19:48
	4.7km: <b>03:00:46</b>											
243	<b>WSZELAKI Włodzimierz</b>	<b>1317</b>		OPEN	243	00:18:21	<b>1</b>	-2	39:07	1.5 (32.6%)	03:22:12	03:22:12
	4.7km: <b>03:03:51</b>											
244	<b>WIECZOREK Monika</b>	<b>1405</b>		OPEN	244	01:19:03	<b>1</b>	-2	39:55	1.5 (32.6%)	04:26:40	04:26:40
	4.7km: <b>03:07:37</b>											
245	<b>MICHNICZ Ania</b>	<b>1539</b>		OPEN	245	02:40:23	<b>1</b>	-2	40:14	1.5 (32.6%)	05:49:30	05:49:30
	4.7km: <b>03:09:07</b>											
246	<b>PIĘTKA Paula</b>	<b>1672</b>	HARDCOROWE WYCHYLYLYBYMY	OPEN	246	00:00:00	<b>1</b>	-2	42:21	1.4 (30.4%)	03:19:06	03:19:06
	4.7km: <b>03:19:06</b>											
247	<b>KIJEWSKI Jacek</b>	<b>1340</b>		OPEN	247	00:31:10	<b>1</b>	-2	46:00	1.3 (28.3%)	04:07:22	04:07:22
	4.7km: <b>03:36:12</b>											
248	<b>ZIEMANN Daniel</b>	<b>1388</b>		OPEN	248	00:59:56	<b>0</b>	-3		(0.0%)	99:99:99	0
249	<b>ZIEMANN Małgorzata</b>	<b>1387</b>		OPEN	249	00:59:55	<b>0</b>	-3		(0.0%)	99:99:99	0
250	<b>RADZIMIERSKA Milena</b>	<b>1543</b>		OPEN	250	02:40:22	<b>0</b>	-3		(0.0%)	99:99:99	0
251	<b>MAZURKIEWICZ Kaja</b>	<b>1535</b>		OPEN	251	02:40:23	<b>0</b>	-3		(0.0%)	99:99:99	0
252	<b>BISKUP Magdalena</b>	<b>1536</b>		OPEN	252	02:40:23	<b>0</b>	-3		(0.0%)	99:99:99	0
253	<b>ZĄBEK Ireneusz</b>	<b>1515</b>	BRO.4CE	OPEN	253	02:32:42	<b>0</b>	-3		(0.0%)	99:99:99	0
254	<b>PAPLIŃSKI Paweł</b>	<b>1510</b>		OPEN	254	02:21:32	<b>0</b>	-3		(0.0%)	99:99:99	0
DQ	<b>LASKOWSKI Marcin</b>	<b>1534</b>	MAD RUNNERS	OPEN		DQ			0:00	6.8 (147.8%)	00:36:23	01:14:23
	4.7km: <b>00:32:18 DQ</b>   9.4km: <b>01:08:41 DQ</b>   14.1km: <b>02:03:35 DQ</b>											
DQ	<b>BAŁDOWSKA Monika</b>	<b>1658</b>		OPEN		DQ			0:00	5 (108.7%)	00:26:11	02:12:37
	4.7km: <b>01:26:20 DQ</b>   9.4km: <b>01:52:31 DQ</b>											
DQ	<b>KAŁKOWSKA Karolina</b>	<b>1412</b>	DIRTY SPARROWS	OPEN		DQ			0:00	4.8 (104.3%)	00:26:38	01:38:30
	4.7km: <b>01:31:20 DQ</b>   9.4km: <b>01:57:59 DQ</b>											
DNC	<b>PROKOPOWICZ Weronika</b>	<b>1378</b>		OPEN		00:40:07			0:00	3 (65.2%)	02:15:12	02:15:12
	4.7km: <b>01:35:05</b>											
DNC	<b>ROZMUS Ewelina</b>	<b>1379</b>		OPEN		00:40:07			0:00	3 (65.2%)	02:15:13	02:15:13
	4.7km: <b>01:35:06</b>											

Znaleziono 259 wynik(ów)