

BIEGUN TOTALNY

B4SPORT

Event: Biegun - Zemsta Neptuna
Organiser: OCR Events
Date: 2019-07-21
Place: Gdynia
Distance: 8 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Classification: M Open

Place	Participant	Number	Club	Category	MCat	Lap	Gap	Pace min/km	Pace km/h	Fastest Lap	Per Lap
1	BRZOSKWINIA Wojciech	262	HUSARIA RACE TEAM	dru	1	8	0	7:21	8.1 (100%)	00:49:39	00:58:54
	8km: 00:49:35 16km: 01:43:27 24km: 02:38:11 32km: 03:39:34 40km: 04:38:09 48km: 05:41:44 56km: 06:45:09 64km: 07:51:11										
2	ŁUKASZEWSKI Jakub	273	HUSARIA RACE TEAM	dru	2	7	-1	7:59	7.5 (92.6%)	00:51:09	01:03:59
	8km: 00:51:05 16km: 01:45:05 24km: 02:43:05 32km: 03:48:30 40km: 04:57:31 48km: 06:01:12 56km: 07:27:54										
3	CHOMICZ Krzysztof	263		dru	3	7	-1	8:14	7.3 (90.1%)	00:52:26	01:05:52
	8km: 00:52:22 16km: 01:47:19 24km: 02:46:54 32km: 03:54:27 40km: 05:05:54 48km: 06:21:11 56km: 07:41:05										
4	MANTYCKI Rafał	274	BIURO OCHRONY BUSINESSU	dru	4	6	-2	9:02	6.6 (81.5%)	00:49:13	01:12:18
	8km: 00:59:20 16km: 01:48:33 24km: 03:16:39 32km: 04:34:51 40km: 05:54:56 48km: 07:13:49										
5	HOŁDA Dominik	265	KONTENER FORMY	dru	5	6	-2	9:02	6.6 (81.5%)	00:57:15	01:12:21
	8km: 00:57:11 16km: 02:04:27 24km: 03:20:10 32km: 04:39:40 40km: 06:02:06 48km: 07:14:07										
6	KOGUT Karol	270	FOREST WORKOUT	dru	6	6	-2	9:25	6.4 (79.0%)	01:08:40	01:15:27
	8km: 01:08:35 16km: 02:18:23 24km: 03:29:41 32km: 04:51:29 40km: 06:10:32 48km: 07:32:38										
7	STRENG Dawid	280	PUMA STAROGARD GDAŃSKI	dru	7	6	-2	9:28	6.3 (77.8%)	00:51:07	01:15:45
	8km: 00:51:03 16km: 01:48:27 24km: 03:00:03 32km: 04:35:39 40km: 06:02:56 48km: 07:34:28										
8	KOZA Damian	272		dru	8	6	-2	9:43	6.2 (76.5%)	00:58:46	01:17:48
	8km: 00:58:42 16km: 02:11:03 24km: 03:30:40 32km: 05:04:15 40km: 06:29:23 48km: 07:46:48										
9	JANUSZEWSKI Andrzej	266		dru	9	6	-2	9:45	6.1 (75.3%)	01:08:48	01:18:04
	8km: 01:08:42 16km: 02:21:33 24km: 03:41:34 32km: 05:01:28 40km: 06:29:19 48km: 07:48:23										
10	KARBOWSKI Sławomir	269	CROSSFIT POLNA	dru	10	5	-3	10:14	5.9 (72.8%)	01:05:11	01:21:59
	8km: 01:05:07 16km: 02:26:42 24km: 03:42:21 32km: 05:19:50 40km: 06:49:51										
11	JANKOWSKI Piotr	261	REZERWOWE PSY	dru	11	5	-3	10:16	5.8 (71.6%)	01:08:43	01:22:12
	8km: 01:08:38 16km: 02:26:26 24km: 03:51:22 32km: 05:32:04 40km: 06:50:57										
12	MORAWSKI Grzegorz	278	KONIUCHY	dru	12	5	-3	10:18	5.8 (71.6%)	01:02:21	01:22:28
	8km: 01:02:17 16km: 02:18:05 24km: 03:37:26 32km: 05:21:26 40km: 06:52:18										

Place	Participant	Number	Club	Category	MCat	Lap	Gap	Pace min/km	Pace km/h	Fastest Lap	Per Lap
13	ANTOSIK Igor	260	S7 PRUSZCZ GDAŃSKI	dru	14	5	-3	10:26	5.7 (70.4%)	01:11:27	01:23:30
	8km: 01:11:22 16km: 02:25:56 24km: 03:54:09 32km: 05:25:55 40km: 06:57:29										
14	MATUSZCZAK Jakub	677		dru	15	5	-3	10:36	5.7 (70.4%)	01:05:12	01:24:51
	8km: 01:05:07 16km: 02:18:32 24km: 03:50:18 32km: 05:24:46 40km: 07:04:12										
15	KONDRACIUK Piotr	271		dru	16	5	-3	10:43	5.6 (69.1%)	01:08:46	01:25:52
	8km: 01:08:41 16km: 02:17:48 24km: 03:50:26 32km: 05:31:43 40km: 07:09:17										
16	MAŃKOWSKI Krzysztof	275	RMF4RT GLADIATORS	dru	17	5	-3	10:53	5.5 (67.9%)	01:08:43	01:27:08
	8km: 01:08:39 16km: 02:28:31 24km: 04:01:12 32km: 05:41:52 40km: 07:15:39										
17	JELIŃSKI Mateusz	267	XRUNNERS	dru	19	4	-4	7:25	8.1 (100%)	00:52:23	00:59:22
	8km: 00:52:20 16km: 01:48:08 24km: 02:46:53 32km: 03:57:25										
18	MAZUR Michał	276		dru	20	4	-4	11:40	5.1 (63.0%)	01:20:57	01:33:23
	8km: 01:20:51 16km: 03:01:50 24km: 04:31:46 32km: 06:13:28										
19	PIOTROWSKI Jacek	717		dru	21	4	-4	11:40	5.1 (63.0%)	01:20:57	01:33:23
	8km: 01:20:52 16km: 03:01:53 24km: 04:31:48 32km: 06:13:30										
20	SŁOMIEWSKI Rafał	718		dru	22	4	-4	13:13	4.5 (55.6%)	01:20:59	01:45:48
	8km: 01:20:56 16km: 02:53:01 24km: 05:19:16 32km: 07:03:10										
21	KAIM Sebastian	268	BIGYELLOWFOOT ADVENTURETEAM	dru	24	3	-5	9:53	6.1 (75.3%)	00:58:53	01:19:07
	8km: 00:58:49 16km: 02:26:42 24km: 03:57:19										
22	RUTKOWSKI Janusz	279		dru	25	3	-5	10:58	5.5 (67.9%)	01:17:56	01:27:50
	8km: 01:32:39 16km: 03:05:28 24km: 04:23:24										

Total 22 results.