



BIESZCZADZKA MAŁA WATAHA - 12KM

B4SPORT

Wydarzenie: Wataha - Ustrzycki Festiwal Biegowy
Organizator: Fundacja Bieg Rzeźnika
Data: 2023-04-30
Miejsce: Ustroń
Dystans: 12 km

B4SPORT
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
1	DULSKI Daniel	1052	MKS BRENNA GÓRKI	M30	1	00:56:56.30	00:56:56.30		4:44	12.6 (100%)
2	ŻÓŁTEK Grzegorz	1001		M30	2	01:05:02.70	01:05:02.70	+00:08:06 (12.5%)	5:25	11.1 (88.1%)
3	FICNER Anna	1043	MKS SIECHNICE	K30	1	01:07:28.25	01:07:28.25	+00:10:31 (15.6%)	5:37	10.7 (84.9%)
4	ZBOROWSKI Krzysztof	1033		M40	1	01:08:38.80	01:08:38.80	+00:11:42 (17.1%)	5:43	10.5 (83.3%)
5	SOKOŁOWSKI Marek	1005	ALPIN SPORT TEAM	M50	1	01:10:13.85	01:10:13.85	+00:13:17 (18.9%)	5:51	10.3 (81.7%)
6	DUDEK Gabriel	1013		M20	1	01:10:57.20	01:10:57.20	+00:14:00 (19.8%)	5:54	10.1 (80.2%)
7	SKALSKA Anna	1008	ALPIN SPORT TEAM	K40	1	01:11:12.50	01:11:12.50	+00:14:16 (20.0%)	5:56	10.1 (80.2%)
8	BOCHENEK Magdalena	1050	G.O.A.T. TEAM MICHAŁOWICE	K30	2	01:13:05.00	01:13:05.00	+00:16:08 (22.1%)	6:05	9.9 (78.6%)
9	PODOLAK Paweł	1009		M30	3	01:13:34.20	01:13:34.20	+00:16:37 (22.6%)	6:07	9.8 (77.8%)
10	BOLECHOWSKA Dominika	1053	ALPIN SPORT	K40	2	01:13:53.30	01:13:53.30	+00:16:57 (22.9%)	6:09	9.7 (77.0%)
11	KRZEMIŃSKI Marcin	1006		M40	2	01:13:54.35	01:13:54.35	+00:16:58 (23.0%)	6:09	9.7 (77.0%)
12	GÓRYŃSKI Rafał	1046		M30	4	01:16:12.05	01:16:12.05	+00:19:15 (25.3%)	6:21	9.4 (74.6%)
13	SZEWCZYK Damian	1010	JEJKOWICE BIEGAJĄCE	M40	3	01:16:58.35	01:16:58.35	+00:20:02 (26.0%)	6:24	9.4 (74.6%)
14	KSIĄŻKIEWICZ Bartłomiej	1004	ROCKY BALBOA	M40	4	01:17:28.85	01:17:28.85	+00:20:32 (26.5%)	6:27	9.3 (73.8%)
15	PRZYCHOCKI Szymon	1057		M20	2	01:17:53.85	01:17:53.85	+00:20:57 (26.9%)	6:29	9.2 (73.0%)
16	LIS-PASIOŃEK Małgorzata	1022	LESKO	K40	3	01:19:35.95	01:19:35.95	+00:22:39 (28.5%)	6:37	9 (71.4%)
17	GRZĄDZIEL Darek	1020		M50	2	01:20:53.50	01:20:53.50	+00:23:57 (29.6%)	6:44	8.9 (70.6%)
18	KACPERSKI Olaf	1036		M50	3	01:21:36.10	01:21:36.10	+00:24:39 (30.2%)	6:48	8.8 (69.8%)
19	STACH Tomasz	1019		M40	5	01:24:05.30	01:24:05.30	+00:27:09 (32.3%)	7:00	8.6 (68.3%)
20	WĄSIK Łukasz	1060		M30	5	01:25:17.40	01:25:17.40	+00:28:21 (33.2%)	7:06	8.4 (66.7%)
21	SABATOWSKI Maciek	1051		M40	6	01:27:23.95	01:27:23.95	+00:30:27 (34.9%)	7:16	8.2 (65.1%)
22	ROŚCIŃSKI Franciszek	1015	SAMOTNY-WILK	M50	4	01:27:30.25	01:27:30.25	+00:30:33 (34.9%)	7:17	8.2 (65.1%)
23	STOPA Tomasz	1023	BASAJAUN	M50	5	01:27:48.80	01:27:48.80	+00:30:52 (35.2%)	7:19	8.2 (65.1%)
24	WOŹNIAK Janusz	1002	PORMAT JEDLICZE BIEGA	M60	1	01:28:49.10	01:28:49.10	+00:31:52 (35.9%)	7:24	8.1 (64.3%)
25	REMBELSKA Dominika	1032		K50	1	01:29:33.05	01:29:33.05	+00:32:36 (36.4%)	7:27	8 (63.5%)
26	FRENDO Bartłomiej	1047		M40	7	01:31:27.20	01:31:27.20	+00:34:30 (37.7%)	7:37	7.9 (62.7%)
27	STRZELECKI Robert	1014		M40	8	01:32:00.30	01:32:00.30	+00:35:04 (38.1%)	7:40	7.8 (61.9%)
28	PASIOŃEK Bartłomiej	1025	LESKO	M40	9	01:32:15.60	01:32:15.60	+00:35:19 (38.3%)	7:41	7.8 (61.9%)
29	OLEKSYK Grzegorz	1038	MKS HALICZ USTRZYKI DOLNE	M60	2	01:32:37.35	01:32:37.35	+00:35:41 (38.5%)	7:43	7.8 (61.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
30	KALEMBA Tomasz	1016	BETONARZE	M30	6	01:35:20.85	01:35:20.85	+00:38:24 (40.3%)	7:56	7.6 (60.3%)
31	DOMISZEWSKI Wojciech	1056		M50	6	01:35:50.95	01:35:50.95	+00:38:54 (40.6%)	7:59	7.5 (59.5%)
32	PERENC Michał	1058	CARPATHIAN RUNNERS	M30	7	01:37:58.75	01:37:58.75	+00:41:02 (41.9%)	8:09	7.3 (57.9%)
33	PODOLAK Zbigniew	1054		M60	3	01:39:19.30	01:39:19.30	+00:42:23 (42.7%)	8:16	7.2 (57.1%)
34	KAMIŃSKA Katarzyna	1028		K30	3	01:44:30.45	01:44:30.45	+00:47:34 (45.5%)	8:42	6.9 (54.8%)
35	KOŃCZEWSKA Bożena	1042	MKS HALICZ USTRZYKI DOLNE	K60	1	01:48:10.05	01:48:10.05	+00:51:13 (47.4%)	9:00	6.7 (53.2%)
36	CICHOŃ Joanna	1035		K40	4	01:51:13.95	01:51:13.95	+00:54:17 (48.8%)	9:16	6.5 (51.6%)
37	CHAŁUPA Daniel	1059	KB GOCH	M40	10	01:52:49.95	01:52:49.95	+00:55:53 (49.5%)	9:24	6.4 (50.8%)
38	SKOLARCZYK Bartłomiej	1024		M30	8	01:53:44.35	01:53:44.35	+00:56:48 (49.9%)	9:28	6.3 (50.0%)
39	BYCZAK Karolina	1055		K30	4	01:56:44.15	01:56:44.15	+00:59:47 (51.2%)	9:43	6.2 (49.2%)
40	BUGAJSKI Mateusz	1017	BETONARZE	M20	3	01:56:48.10	01:56:48.10	+00:59:51 (51.3%)	9:44	6.2 (49.2%)
41	LEPA-ROMAN Magdalena	1027	SFORA BMK	K40	5	01:59:30.10	01:59:30.10	+01:02:33 (52.4%)	9:57	6 (47.6%)
42	WOŹNIAK Lidia	1003	PORMAT JEDLICZE BIEGA	K50	2	02:03:08.85	02:03:08.85	+01:06:12 (53.8%)	10:15	5.8 (46.0%)
43	STROJWAŚ Anna	1039	WKB PIAST	K60	2	02:10:59.90	02:10:59.90	+01:14:03 (56.5%)	10:54	5.5 (43.7%)
44	KOBYŁECKA Wiktoria	1018		K20	1	02:11:00.00	02:11:00.00	+01:14:03 (56.5%)	10:55	5.5 (43.7%)
45	KOT-NOWICKA Magdalena	1037		K40	6	02:14:38.40	02:14:38.40	+01:17:42 (57.7%)	11:13	5.3 (42.1%)
46	KUSTRA Dorota	1030		K50	3	02:15:54.15	02:15:54.15	+01:18:57 (58.1%)	11:19	5.3 (42.1%)
47	KUSTRA Piotr	1031		M50	7	02:15:54.40	02:15:54.40	+01:18:58 (58.1%)	11:19	5.3 (42.1%)
48	PAŻ Daniel	1044	POMAU DO PRZODU	M20	4	02:25:09.45	02:25:09.45	+01:28:13 (60.8%)	12:05	5 (39.7%)
49	MIKSZA Aneta	1041		K50	4	02:31:23.20	02:31:23.20	+01:34:26 (62.4%)	12:36	4.8 (38.1%)
50	MIKSZA Karol	1040		M50	8	02:31:23.45	02:31:23.45	+01:34:27 (62.4%)	12:36	4.8 (38.1%)

Znaleziono 50 wynik(ów)