



# BIESZCZADZKI WEEKEND BIEGOWY RYSIA

Klasyfikacja: M-30

## BIESZCZADZKI KLASYK RYSIA - 13 KM

B4SPORT

**Wydarzenie:** Bieszczadzki Weekend Biegowy Rysia  
**Organizator:** GOKSiT Polańczyk  
**Data:** 2021-10-23  
**Miejsce:** Polańczyk  
**Dystans:** 13 km



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6.6km	Czas netto 13km	Różn	Tempo min/km	Tempo km/h
1	MOTYKA Kamil	146	BIEGANIE NA SPONTANIE	M-30	1	00:28:16	<b>01:09:49.15</b>		5:22	11.2 (100%)
2	OCHYRA Konrad	151	SOLINA TEAM	M-30	2	00:29:50	<b>01:13:09.30</b>	+00:03:20 (4.6%)	5:37	10.7 (95.5%)
3	ŁAKOMY Tomasz	125	KRESOWIANIE	M-30	3	00:30:05	<b>01:14:38.35</b>	+00:04:49 (6.5%)	5:44	10.5 (93.8%)
4	BRENDZOWSKI Adam	242	#ZABIEGANINOCA	M-30	4	00:30:33	<b>01:14:52.45</b>	+00:05:03 (6.8%)	5:45	10.4 (92.9%)
5	WIERZBICKI Janusz	225		M-30	5	00:30:10	<b>01:16:01.40</b>	+00:06:12 (8.2%)	5:50	10.3 (92.0%)
6	BUSZ Jacek	31	OLD SCHOOL TRAIL RUNNING	M-30	6	00:30:57	<b>01:16:30.95</b>	+00:06:41 (8.8%)	5:53	10.2 (91.1%)
7	ZABORNIAK Paweł	234	KRESOWIANIE	M-30	7	00:31:13	<b>01:16:44.90</b>	+00:06:55 (9.0%)	5:54	10.2 (91.1%)
8	RADYK Jakub	176	PRZEMYSKI KLUB BIEGACZA RSB	M-30	8	00:30:56	<b>01:17:33.00</b>	+00:07:43 (10.0%)	5:57	10.1 (90.2%)
9	MAJCHER Damian	132		M-30	9	00:32:01	<b>01:18:05.70</b>	+00:08:16 (10.6%)	6:00	10 (89.3%)
10	PIETRASIEWICZ Maciej	163	KRESOWIANIE	M-30	10	00:31:06	<b>01:19:02.55</b>	+00:09:13 (11.7%)	6:04	9.9 (88.4%)
11	PODOLAK Paweł	167	KAMIEŃ DWERNIK TRAIL	M-30	11	00:32:57	<b>01:19:28.50</b>	+00:09:39 (12.1%)	6:06	9.8 (87.5%)
12	CUBER Wojciech	40	#ZABIEGANINOCA	M-30	12	00:31:55	<b>01:20:50.30</b>	+00:11:01 (13.6%)	6:13	9.6 (85.7%)
13	STARZYŃSKI Marcin	253	WATAHA	M-30	13	00:33:08	<b>01:21:00.45</b>	+00:11:11 (13.8%)	6:13	9.6 (85.7%)
14	JANKOWSKI Konrad	87	SOLINA TEAM	M-30	14	00:32:53	<b>01:21:37.85</b>	+00:11:48 (14.5%)	6:16	9.6 (85.7%)
15	ŻELAZKO Kamil	240	CARPATHIAN RUNNERS	M-30	15	00:33:09	<b>01:21:44.95</b>	+00:11:55 (14.6%)	6:17	9.5 (84.8%)
16	JACHIMOWSKI Jarosław	82	POZYTYWNIIE ZABIEGANI SANOK	M-30	16	00:33:01	<b>01:22:23.80</b>	+00:12:34 (15.3%)	6:20	9.5 (84.8%)
17	SZKODA Robert	201	BIEGANIE NA SPONTANIE	M-30	17	00:33:34	<b>01:23:45.45</b>	+00:13:56 (16.6%)	6:26	9.3 (83.0%)
18	FORJASZ Przemek	61		M-30	18	00:35:31	<b>01:24:22.75</b>	+00:14:33 (17.3%)	6:29	9.2 (82.1%)
19	WAGNER Tomasz	219	KRESOWIANIE	M-30	19	00:34:41	<b>01:26:26.30</b>	+00:16:37 (19.2%)	6:38	9 (80.4%)
20	KRAWCZYK Jan	108	KLUB POD WISIENKĄ	M-30	20	00:35:15	<b>01:26:32.05</b>	+00:16:42 (19.3%)	6:39	9 (80.4%)
21	KUBICKI Łukasz	116	KB ATHLETIC ZRĘCIŃ	M-30	21	00:35:59	<b>01:27:46.70</b>	+00:17:57 (20.5%)	6:45	8.9 (79.5%)
22	ZDEB Maciej	239	PIĘKNE I BRODACZE	M-30	22	00:36:21	<b>01:28:35.55</b>	+00:18:46 (21.2%)	6:48	8.8 (78.6%)
23	SIENKO Łukasz	188	AKTYWNY DYNÓW	M-30	23	00:36:22	<b>01:28:37.85</b>	+00:18:48 (21.2%)	6:49	8.8 (78.6%)
24	HUTNIK Krzysiek	80	ZERWANIE Z ŁAŃCUCHA	M-30	24	00:36:14	<b>01:29:21.20</b>	+00:19:32 (21.9%)	6:52	8.7 (77.7%)
25	SURMAN Mariusz	197	DZIKIE MUSTANGI	M-30	25	00:36:35	<b>01:31:07.00</b>	+00:21:17 (23.4%)	7:00	8.6 (76.8%)
26	SAJ Paweł	186	DZIKIE MUSTANGI	M-30	26	00:37:50	<b>01:34:22.90</b>	+00:24:33 (26.0%)	7:15	8.3 (74.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6.6km	Czas netto 13km	Różn	Tempo min/km	Tempo km/h
27	<b>BEŁCH Michał</b>	<b>14</b>	DECARUN RZESZÓW	M-30	27	00:37:18	<b>01:34:37.15</b>	+00:24:48 (26.2%)	7:16	8.2 (73.2%)
28	<b>KOLANKO Michał</b>	<b>255</b>	NFOSOFTWARE POLSKA/KILOMETRY ODDECHÓW	M-30	28	00:39:09	<b>01:38:04.65</b>	+00:28:15 (28.8%)	7:32	8 (71.4%)
29	<b>ARCISZEWSKI Michał</b>	<b>4</b>	DZIKIE MUSTANGI	M-30	29	00:39:40	<b>01:38:11.95</b>	+00:28:22 (28.9%)	7:33	7.9 (70.5%)
30	<b>MSZANECKI Tomasz</b>	<b>148</b>	35 BLP SANOK	M-30	30	00:39:49	<b>01:40:37.95</b>	+00:30:48 (30.6%)	7:44	7.8 (69.6%)
31	<b>ZAWADA Rafał</b>	<b>41</b>		M-30	31	00:40:48	<b>01:42:36.95</b>	+00:32:47 (32.0%)	7:53	7.6 (67.9%)
32	<b>PASIONEK Bartłomiej</b>	<b>159</b>		M-30	32	00:38:43	<b>01:43:00.05</b>	+00:33:10 (32.2%)	7:55	7.6 (67.9%)
33	<b>PRZYBYLSKI Damian</b>	<b>175</b>		M-30	33	00:40:48	<b>01:44:18.40</b>	+00:34:29 (33.1%)	8:01	7.5 (67.0%)
34	<b>BŁAŻEWICZ Piotr</b>	<b>18</b>		M-30	34	00:41:15	<b>01:45:48.05</b>	+00:35:58 (34.0%)	8:08	7.4 (66.1%)
35	<b>BUKSA Tomasz</b>	<b>27</b>	PRZEMYSKI KLUB BIEGACZA 2	M-30	35	00:43:45	<b>01:46:38.70</b>	+00:36:49 (34.5%)	8:12	7.3 (65.2%)
36	<b>BORCZ Marcin</b>	<b>23</b>	DIP-MAR MARCIN BORCZ	M-30	36	00:46:30	<b>01:53:26.10</b>	+00:43:36 (38.5%)	8:43	6.9 (61.6%)
37	<b>HAŁOŃ Łukasz</b>	<b>74</b>		M-30	37	00:45:04	<b>01:55:55.55</b>	+00:46:06 (39.8%)	8:55	6.7 (59.8%)
38	<b>ROZENBAJGIER Sebastian</b>	<b>183</b>	6 BATALION STRZELCÓW PODHALAŃSKICH	M-30	38	00:44:01	<b>01:58:32.85</b>	+00:48:43 (41.1%)	9:07	6.6 (58.9%)
39	<b>FLOREK Wojtek</b>	<b>58</b>	DZIKIE MUSTANGI	M-30	39	00:53:15	<b>02:06:54.30</b>	+00:57:05 (45.0%)	9:45	6.1 (54.5%)
40	<b>KALIN Kamil</b>	<b>91</b>		M-30	40	00:50:50	<b>02:10:40.40</b>	+01:00:51 (46.6%)	10:03	6 (53.6%)
DNC	<b>POTOCKI Piotr</b>	<b>84</b>	PRZEMYSKI KLUB BIEGACZA	M-30						(0.0%)
DNC	<b>ZACNY Łukasz</b>	<b>235</b>	SOLINA TEAM	M-30						(0.0%)

Znaleziono 42 wynik(ów)