



BIESZCZADZKI WEEKEND BIEGOWY RYSIA

Klasyfikacja: M-40

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

BIESZCZADZKI PÓŁMARATON RYSIA - 23 KM

Bieszczadzki Weekend Biegowy Rysia 2022
GOKSiT Polańczyk
2022-10-23
Polańczyk
23 km

B4SPORT

 **HERKULES**
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Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	16km	Czas netto 23km	Różn	Tempo min/km	Tempo km/h
1	KIPER Maciej	69	JAROSŁAWSKI BIEGACZ	M-40	1	01:15:34	01:57:33.55		5:06	11.7 (100%)
2	CISEK Andrzej	28	RZESZOWSKIE GAZELE I GEPARDY	M-40	2	01:21:34	02:02:53.05	+00:05:19 (4.3%)	5:20	11.2 (95.7%)
3	SZMIST Jarosław	159	KB ATHLETIC ZRECIN	M-40	3	01:22:58	02:05:27.20	+00:07:53 (6.3%)	5:27	11 (94.0%)
4	NIEDZIELSKI Dariusz	115	AKTYWNY DYNÓW	M-40	4	01:23:01	02:05:41.60	+00:08:08 (6.5%)	5:27	11 (94.0%)
5	JANAS Marcin	59		M-40	5	01:22:58	02:06:34.75	+00:09:01 (7.1%)	5:30	10.9 (93.2%)
6	BURY Maro	21	MTB CZUDEK	M-40	6	01:23:57	02:09:05.65	+00:11:32 (8.9%)	5:36	10.7 (91.5%)
7	WEREMKO Grzegorz	172	MULTIMEDIA RUNNERS PUŁAWY	M-40	7	01:25:16	02:09:29.45	+00:11:55 (9.2%)	5:37	10.7 (91.5%)
8	RÓG Piotr	146	RZESZOWSKIE GAZELE I GEPARDY	M-40	8	01:25:16	02:10:20.90	+00:12:47 (9.8%)	5:40	10.6 (90.6%)
9	BANASIK Krzysztof	7	KAŃCZUCKA GRUPA BIEGOWA	M-40	9	01:25:54	02:11:32.45	+00:13:58 (10.6%)	5:43	10.5 (89.7%)
10	KOT Łukasz	76	RZESZOWSKIE GAZELE I GEPARDY	M-40	10	01:27:49	02:12:15.20	+00:14:41 (11.1%)	5:45	10.4 (88.9%)
11	BERNAT Tomasz	13		M-40	11	01:34:53	02:25:04.85	+00:27:31 (19.0%)	6:18	9.5 (81.2%)
12	ŚCIUBA Tomasz	163		M-40	12	01:37:09	02:25:41.80	+00:28:08 (19.3%)	6:20	9.5 (81.2%)
13	MACIEJKO Rafał	93	KRESOWIANIE	M-40	13	01:35:30	02:25:58.70	+00:28:25 (19.5%)	6:20	9.5 (81.2%)
14	DELEŻUCH Wojciech	34	POZIOMKI	M-40	14	01:37:52	02:26:21.65	+00:28:48 (19.7%)	6:21	9.4 (80.3%)
15	RYBA Piotr	147	DZIKIE ŚWINKI	M-40	15	01:40:51	02:35:38.20	+00:38:04 (24.5%)	6:46	8.9 (76.1%)
16	GAWORECKI Tomasz	45	SANOK BIEGA	M-40	16	01:44:50	02:36:15.25	+00:38:41 (24.8%)	6:47	8.8 (75.2%)
17	GAJEK Grzegorz	44	AKM PROMILEK	M-40	17	01:46:29	02:38:41.20	+00:41:07 (25.9%)	6:53	8.7 (74.4%)
18	KIELAR Daniel	68	KRESOWIANIE	M-40	18	01:45:29	02:41:21.05	+00:43:47 (27.1%)	7:00	8.6 (73.5%)
19	CZAJKA Tomasz	30	DZIKIE MORSY KARŁOWICE	M-40	19	01:46:07	02:43:15.85	+00:45:42 (28.0%)	7:05	8.5 (72.6%)
20	MACHOWSKI Krzysztof	92		M-40	20	01:45:07	02:44:05.45	+00:46:31 (28.4%)	7:08	8.4 (71.8%)
21	KŁÓSEK Paweł	72	DĘBICKIE GEPARDY	M-40	21	01:50:14	02:47:07.55	+00:49:34 (29.7%)	7:15	8.3 (70.9%)
22	GOGACZ Sebastian	46	UKS TRÓJKA PUŁAWY	M-40	22	01:45:42	02:48:39.85	+00:51:06 (30.3%)	7:19	8.2 (70.1%)
23	BRZEZICKI Maciej	20	TREC TEAM	M-40	23	01:55:24	02:49:39.45	+00:52:05 (30.7%)	7:22	8.1 (69.2%)
24	BILIŃSKI Tomasz	15	PRZEMYSKI KLUB BIEGACZA	M-40	24	01:54:31	02:51:12.85	+00:53:39 (31.3%)	7:26	8.1 (69.2%)
25	POŹNIAK Grzegorz	136		M-40	25	01:54:31	02:53:47.05	+00:56:13 (32.4%)	7:33	7.9 (67.5%)
26	JARACZ Marcin	60		M-40	26	01:53:55	02:54:07.25	+00:56:33 (32.5%)	7:34	7.9 (67.5%)

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27	GWOZDA Grzegorz	50	KRESOWIANIE	M-40	27	01:56:20	02:55:36.50	+00:58:02 (33.1%)	7:38	7.9 (67.5%)
28	BANASIEWICZ Witold	6	SANOK BIEGA	M-40	28	01:56:57	02:55:41.70	+00:58:08 (33.1%)	7:38	7.9 (67.5%)
29	MITURA Wojtek	107	POZIOMKI	M-40	29	01:58:41	02:56:15.75	+00:58:42 (33.3%)	7:39	7.8 (66.7%)
30	HYDZIK Łukasz	56	KOZACKI TEAM HŁOMCZA	M-40	30	02:01:10	03:01:59.15	+01:04:25 (35.4%)	7:54	7.6 (65.0%)
31	WYSKIEL Maciej	182	AKTYWNY DYNÓW	M-40	31	01:59:05	03:06:51.95	+01:09:18 (37.1%)	8:07	7.4 (63.2%)
32	BOCEK Sławomir	17	DZIKIE ŚWINKI	M-40	32	02:03:04	03:08:53.50	+01:11:19 (37.8%)	8:12	7.3 (62.4%)
33	ROŚĆ Dawid	144		M-40	33	02:10:02	03:08:59.75	+01:11:26 (37.8%)	8:13	7.3 (62.4%)
34	KACZMARSKI Artur	66	KACZMARSKI TEAM	M-40	34	02:04:58	03:12:41.85	+01:15:08 (39.0%)	8:22	7.2 (61.5%)
35	BOGDAN Jarosław	18		M-40	35	02:17:08	03:22:20.95	+01:24:47 (41.9%)	8:47	6.8 (58.1%)
36	OŻÓG Jacek	129		M-40	36	02:09:59	03:22:42.60	+01:25:09 (42.0%)	8:48	6.8 (58.1%)
37	POLAŃSKI Robert	135	NOĆNE WOŁKI	M-40	37	02:18:17	03:25:47.25	+01:28:13 (42.9%)	8:56	6.7 (57.3%)
38	NAZIEMKOWSKI Bogusław	114		M-40	38	02:18:12	03:26:23.70	+01:28:50 (43.0%)	8:58	6.7 (57.3%)

Znaleziono 38 wynik(ów)