



BIESZCZADZKI WEEKEND BIEGOWY RYSIA

Klasyfikacja: M-40

BIESZCZADZKI WEEKEND BIEGOWY RYSIA - 2018 - PO 3 ETAPACH

B4SPORT

Wydarzenie: Bieszczadzki Weekend Biegowy Rysia
Organizator: GOKSiT
Data: 2018-10-20
Miejsce: Polańczyk
Dystans: 39 km

 **HERKULES**
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Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Etap 12km	Etap 5km	Etap 22km	Czas netto 39km	Różn	Tempo min/km	Tempo km/h
1	GLEŃ Robert	48	MUKS PODKARPACIE JEDLICZE	M-40	1	00:59:47.77	00:22:04.49	01:59:50.89	03:21:43.15		5:10	11.6 (100%)
2	MACIASZEK Grzegorz	106	RAJSPOORT ACTIVE SIERADZ	M-40	2	00:58:28.49	00:21:17.52	02:03:43.33	03:23:29.34	+00:01:46 (0.9%)	5:13	11.5 (99.1%)
3	STAŃKO Paweł	165	BIESY I CZORTY	M-40	3	01:01:55.85	00:22:26.28	02:02:52.63	03:27:14.76	+00:05:31 (2.7%)	5:18	11.3 (97.4%)
4	KOSTERKIEWICZ Marcin	86	PRZEMYSKI KLUB BIEGACZA	M-40	4	01:02:51.83	00:22:57.70	02:07:02.40	03:32:51.93	+00:11:08 (5.2%)	5:27	11 (94.8%)
5	RODZINKA Jan	136	KLUB BIEGACZA ATHLETIC ZRĘCIN	M-40	5	00:59:01.61	00:21:34.59	02:15:00.42	03:35:36.62	+00:13:53 (6.4%)	5:31	10.9 (94.0%)
6	WOJNAROWSKI Jacek	197		M-40	6	01:02:48.51	00:23:08.09	02:14:33.85	03:40:30.45	+00:18:47 (8.5%)	5:39	10.6 (91.4%)
7	MOSOŃ Wiktor	118	MUKS PODKARPACIE JEDLICZE	M-40	7	01:03:02.44	00:23:21.93	02:17:04.95	03:43:29.32	+00:21:46 (9.7%)	5:43	10.5 (90.5%)
8	KOHUT Dariusz	81	PRZEMYSKI KLUB BIEGACZA	M-40	8	01:05:25.80	00:23:49.44	02:14:26.44	03:43:41.68	+00:21:58 (9.8%)	5:44	10.5 (90.5%)
9	TOMASZEK Zbigniew	179	KAMIEŃ DWERNIK	M-40	9	01:05:03.46	00:23:41.48	02:18:18.52	03:47:03.46	+00:25:20 (11.2%)	5:49	10.3 (88.8%)
10	STADNIK Wojciech	164	PRZEMYSKI KLUB BIEGACZA	M-40	10	01:07:09.19	00:24:32.57	02:15:58.55	03:47:40.31	+00:25:57 (11.4%)	5:50	10.3 (88.8%)
11	DELEŻUCH Wojciech	29	OSP NIEMCE	M-40	11	01:07:07.72	00:23:52.94	02:18:21.53	03:49:22.19	+00:27:39 (12.1%)	5:52	10.2 (87.9%)
12	CURZYDŁO Bogdan	27		M-40	12	01:06:47.14	00:24:15.07	02:18:54.96	03:49:57.17	+00:28:14 (12.3%)	5:53	10.2 (87.9%)
13	DOPART Tomasz	33	KAMIEŃ DWERNIK	M-40	13	01:09:04.35	00:25:37.92	02:19:20.40	03:54:02.67	+00:32:19 (13.8%)	6:00	10 (86.2%)
14	PASTERCZYK Dariusz	127	MUKS PODKARPACIE JEDLICZE	M-40	14	01:12:41.56	00:26:57.89	02:27:47.02	04:07:26.47	+00:45:43 (18.5%)	6:20	9.5 (81.9%)
15	KAŻMIERCZAK Krzysztof	72		M-40	15	01:10:32.12	00:25:04.52	02:33:24.45	04:09:01.09	+00:47:17 (19.0%)	6:23	9.4 (81.0%)
16	WEREMKO Grzegorz	188	MULTIMEDIA RUNNERS PUŁAWY	M-40	16	01:10:15.33	00:23:52.22	02:34:57.46	04:09:05.01	+00:47:21 (19.0%)	6:23	9.4 (81.0%)
17	BALICKI Zbigniew	12	BURZA MUZGÓW	M-40	17	01:13:06.33	00:26:57.27	02:34:30.26	04:14:33.86	+00:52:50 (20.8%)	6:31	9.2 (79.3%)
18	PIETRYSZYN Mariusz	134	SOLINA TEAM	M-40	18	01:14:52.29	00:27:39.08	02:37:16.58	04:19:47.95	+00:58:04 (22.4%)	6:39	9 (77.6%)
19	ANTOSZ Bogdan	7		M-40	19	01:12:24.22	00:26:40.54	02:42:53.48	04:21:58.24	+01:00:15 (23.0%)	6:43	8.9 (76.7%)
20	MITURA Wojtek	116		M-40	20	01:15:11.17	00:25:46.45	02:55:24.35	04:36:21.97	+01:14:38 (27.0%)	7:05	8.5 (73.3%)
21	PAJESTKA Wojciech	126	POZYTYWNE ZABIEGANI SANOK 3	M-40	21	01:15:34.01	00:26:45.37	02:54:34.92	04:36:54.30	+01:15:11 (27.2%)	7:06	8.5 (73.3%)
22	SZEWCZYK Rafał	170		M-40	22	01:18:02.21	00:29:31.70	02:50:30.88	04:38:04.79	+01:16:21 (27.5%)	7:07	8.4 (72.4%)
23	BURAK Adam	25	1BCZ	M-40	23	01:17:27.16	00:27:29.65	02:53:08.18	04:38:04.99	+01:16:21 (27.5%)	7:07	8.4 (72.4%)
24	KAPRAL Adam	67	KAMIEŃ DWERNIK	M-40	24	01:20:50.04	00:29:47.08	02:53:38.53	04:44:15.65	+01:22:32 (29.0%)	7:17	8.2 (70.7%)
25	DRWIĘGA Maciej	36	POZYTYWNE ZABIEGANI SANOK 1	M-40	25	01:19:33.94	00:29:30.01	03:02:57.90	04:52:01.85	+01:30:18 (30.9%)	7:29	8 (69.0%)
26	WAJCOWICZ Witold	182	POZYTYWNE ZABIEGANI SANOK 2	M-40	26	01:25:01.16	00:28:17.17	03:02:38.81	04:55:57.14	+01:34:13 (31.8%)	7:35	7.9 (68.1%)

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27	MAŚLAK Jacek	110	POZYTYWNIIE ZABIEGANI SANOK 2	M-40	27	01:19:33.80	00:27:50.23	03:12:02.95	04:59:26.98	+01:37:43 (32.6%)	7:40	7.8 (67.2%)
28	DROBOT Piotr	35	POZYTYWNIIE ZABIEGANI SANOK	M-40	28	01:27:35.37	00:30:26.23	03:02:57.12	05:00:58.72	+01:39:15 (33.0%)	7:43	7.8 (67.2%)
29	DUDEK Paweł	38		M-40	29	01:28:24.37	00:30:47.74	03:07:35.09	05:06:47.20	+01:45:04 (34.2%)	7:51	7.6 (65.5%)
30	WARZOCZA Paweł	187	NIECHBIEGA	M-40	30	01:29:51.27	00:26:33.04	03:10:57.17	05:07:21.48	+01:45:38 (34.4%)	7:52	7.6 (65.5%)
31	JAKUBOWSKI Daniel	63	CENTRUM ANIMACJI SPOŁECZNEJ CARITAS	M-40	31	01:22:23.26	00:32:34.95	03:12:55.42	05:07:53.63	+01:46:10 (34.5%)	7:53	7.6 (65.5%)
32	WITUSIK Mariusz	195	NW-TEAM JAŚŁO	M-40	32	01:30:51.48	00:30:36.29	03:10:59.64	05:12:27.41	+01:50:44 (35.4%)	8:00	7.5 (64.7%)
33	GALANTY Bartłomiej	43	PRZEMYSKI KLUB BIEGACZA	M-40	33	01:31:01.59	00:32:56.00	03:24:56.92	05:28:54.51	+02:07:11 (38.7%)	8:26	7.1 (61.2%)
34	ŻUREK Piotr	208	LUBLIN BIEGA	M-40	34	01:31:56.49	00:30:22.55	03:26:53.64	05:29:12.68	+02:07:29 (38.7%)	8:26	7.1 (61.2%)
35	ŻUROWSKI Jacek	209	CENTRUM MEDYCZNE ORTO-OPTYMIST	M-40	35	01:31:55.74	00:30:22.57	03:32:21.32	05:34:39.63	+02:12:56 (39.7%)	8:34	7 (60.3%)
36	PRUCNAL Paweł	139	RUN FOR 42	M-40	36	01:40:00.85	00:34:57.28	04:19:47.12	06:34:45.25	+03:13:02 (48.9%)	10:07	5.9 (50.9%)
37	ŁACH Wiesław	100	KLUB MATIEGO JEŻOWE	M-40	37	01:55:40.87	00:37:05.76	04:26:39.84	06:59:26.47	+03:37:43 (51.9%)	10:45	5.6 (48.3%)

Znaleziono 37 wynik(ów)