



BIESZCZADZKI WEEKEND BIEGOWY RYSIA

Klasyfikacja: Wszyscy

BIESZCZADZKI WEEKEND BIEGOWY RYSIA - PO 3 ETAPACH

B4SPORT

Wydarzenie: Bieszczadzki Weekend Biegowy Rysia
Organizator: GOKSiT Polańczyk
Data: 2021-10-23
Miejsce: Polańczyk
Dystans: 42 km

 **HERKULES**
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Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Etap 13km	Etap 6km	Etap 23km	Czas netto 42km	Różn	Tempo min/km	Tempo km/h
1	DZIEWIŃSKI Damian	56	POZYTYWNE ZABIEGANI SANOK	M-40	1	01:07:14.00	00:23:39.00	01:58:58.00	03:29:51.00		4:59	12 (100%)
2	SZMIST Szymon	203	KB ATHLETIC ZRĘCIN	M-40	2	01:07:56.00	00:24:01.00	01:58:56.00	03:30:53.00	+00:01:02 (0.5%)	5:01	11.9 (99.2%)
3	MOTYKA Kamil	146	BIEGANIE NA SPONTANIE	M-30	1	01:09:49.00	00:24:49.00	02:00:41.00	03:35:19.00	+00:05:28 (2.5%)	5:07	11.7 (97.5%)
4	SKAWIŃSKI Tomasz	189	POZYTYWNE ZABIEGANI SANOK	M-40	3	01:12:37.00	00:25:52.00	02:01:38.00	03:40:07.00	+00:10:16 (4.7%)	5:14	11.4 (95.0%)
5	JANAS Marcin	86	KB ATHLETIC ZRĘCIN	M-40	4	01:12:42.00	00:26:35.00	02:01:26.00	03:40:43.00	+00:10:52 (4.9%)	5:15	11.4 (95.0%)
6	NIEDZIELSKI Dariusz	150	AKTYWNY DYNÓW	M-40	5	01:13:10.00	00:26:40.00	02:05:14.00	03:45:04.00	+00:15:13 (6.8%)	5:21	11.2 (93.3%)
7	OCHYRA Konrad	151	SOLINA TEAM	M-30	2	01:13:09.00	00:27:32.00	02:04:25.00	03:45:06.00	+00:15:15 (6.8%)	5:21	11.2 (93.3%)
8	RUCIŃSKI Piotr	184		M-40	6	01:13:24.00	00:25:20.00	02:08:38.00	03:47:22.00	+00:17:31 (7.7%)	5:24	11.1 (92.5%)
9	WEREMKO Grzegorz	221	MULTIMEDIA RUNNERS PUŁAWY	M-40	7	01:13:12.00	00:26:11.00	02:09:36.00	03:48:59.00	+00:19:08 (8.4%)	5:27	11 (91.7%)
10	DOMISZEWSKA Maria	252		K-50	1	01:14:46.00	00:26:45.00	02:07:44.00	03:49:15.00	+00:19:24 (8.5%)	5:27	11 (91.7%)
11	ŁAKOMY Tomasz	125	KRESOWIANIE	M-30	3	01:14:38.00	00:26:08.00	02:10:30.00	03:51:16.00	+00:21:25 (9.3%)	5:30	10.9 (90.8%)
12	BRENDZOWSKI Adam	242	#ZABIEGANINOĄ	M-30	4	01:14:52.00	00:26:54.00	02:10:11.00	03:51:57.00	+00:22:06 (9.5%)	5:31	10.9 (90.8%)
13	KOHUT Dariusz	101	PRZEMYSKI KLUB BIEGACZA	M-40	8	01:16:53.00	00:26:42.00	02:09:41.00	03:53:16.00	+00:23:25 (10.0%)	5:33	10.8 (90.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Etap 13km	Etap 6km	Etap 23km	Czas netto 42km	Różn	Tempo min/km	Tempo km/h
14	BURY Maro	30		M-40	9	01:13:51.00	00:26:02.00	02:15:49.00	03:55:42.00	+00:25:51 (11.0%)	5:36	10.7 (89.2%)
15	MAKARSKI Krzysztof	133	BIEGANIE NA SPONTANIE	M-40	10	01:17:19.00	00:25:46.00	02:12:48.00	03:55:53.00	+00:26:02 (11.0%)	5:36	10.7 (89.2%)
16	ZABORNIAK Paweł	234	KRESOWIANIE	M-30	5	01:16:44.00	00:27:18.00	02:12:11.00	03:56:13.00	+00:26:22 (11.2%)	5:37	10.7 (89.2%)
17	SOBOL Krystian	192		M-40	11	01:15:42.00	00:27:42.00	02:14:19.00	03:57:43.00	+00:27:52 (11.7%)	5:39	10.6 (88.3%)
18	WIERZBICKI Janusz	225		M-30	6	01:16:01.00	00:26:18.00	02:18:19.00	04:00:38.00	+00:30:47 (12.8%)	5:43	10.5 (87.5%)
19	BUSZ Jacek	31	OLD SCHOOL TRAIL RUNNING	M-30	7	01:16:30.00	00:27:46.00	02:17:52.00	04:02:08.00	+00:32:17 (13.3%)	5:45	10.4 (86.7%)
20	STADNIK Wojciech	196	PRZEMYSKI KLUB BIEGACZA RSB	M-50	1	01:19:05.00	00:27:56.00	02:15:18.00	04:02:19.00	+00:32:28 (13.4%)	5:46	10.4 (86.7%)
21	MAJCHER Damian	132		M-30	8	01:18:05.00	00:28:16.00	02:16:47.00	04:03:08.00	+00:33:17 (13.7%)	5:47	10.4 (86.7%)
22	JACHIMOWSKI Jarosław	82	POZYTYWNE ZABIEGANI SANOK	M-30	9	01:22:23.00	00:27:51.00	02:14:15.00	04:04:29.00	+00:34:38 (14.2%)	5:49	10.3 (85.8%)
23	RADYK Jakub	176	PRZEMYSKI KLUB BIEGACZA RSB	M-30	10	01:17:33.00	00:26:51.00	02:20:34.00	04:04:58.00	+00:35:07 (14.3%)	5:49	10.3 (85.8%)
24	ROGAŁA Grzegorz	181		M-40	12	01:19:49.00	00:28:37.00	02:17:05.00	04:05:31.00	+00:35:40 (14.5%)	5:50	10.3 (85.8%)
25	PIETRASIEWICZ Maciej	163	KRESOWIANIE	M-30	11	01:19:02.00	00:27:19.00	02:20:53.00	04:07:14.00	+00:37:23 (15.1%)	5:53	10.2 (85.0%)
26	HULIN Sebastian	78	KOMENDA MIEJSKA POLICJI W KATOWICACH	M-40	13	01:20:07.00	00:28:05.00	02:19:09.00	04:07:21.00	+00:37:30 (15.2%)	5:53	10.2 (85.0%)
27	TRĘBSKI Krzysztof	215	#ZABIEGANINOCA	M-40	14	01:20:50.00	00:28:38.00	02:18:32.00	04:08:00.00	+00:38:09 (15.4%)	5:54	10.2 (85.0%)
28	MACIEJKO Rafał	130	KRESOWIANIE	M-40	15	01:23:12.00	00:27:12.00	02:21:21.00	04:11:45.00	+00:41:54 (16.6%)	5:59	10 (83.3%)
29	PODOLAK Paweł	167	KAMIEŃ DWERNIK TRAIL	M-30	12	01:19:28.00	00:31:29.00	02:21:24.00	04:12:21.00	+00:42:30 (16.8%)	6:00	10 (83.3%)
30	ŻELAZKO Kamil	240	CARPATHIAN RUNNERS	M-30	13	01:21:44.00	00:27:22.00	02:23:37.00	04:12:43.00	+00:42:52 (17.0%)	6:01	10 (83.3%)
31	BODNAR Krystian	22		M-16	1	01:22:07.00	00:28:10.00	02:23:22.00	04:13:39.00	+00:43:48 (17.3%)	6:02	9.9 (82.5%)
32	GAWORECKI Tomasz	70	POZYTYWNE ZABIEGANI SANOK	M-40	16	01:24:27.00	00:29:45.00	02:22:54.00	04:17:06.00	+00:47:15 (18.4%)	6:07	9.8 (81.7%)
33	ZATOR Janusz	238	DĘBICKIE GEPARDY	M-50	2	01:25:11.00	00:28:57.00	02:23:20.00	04:17:28.00	+00:47:37 (18.5%)	6:07	9.8 (81.7%)
34	CUBER Wojciech	40	#ZABIEGANINOCA	M-30	14	01:20:50.00	00:27:00.00	02:30:40.00	04:18:30.00	+00:48:39 (18.8%)	6:09	9.7 (80.8%)
35	GAJEK Grzegorz	67	BIEGANIE NA SPONTANIE	M-40	17	01:29:05.00	00:30:39.00	02:18:52.00	04:18:36.00	+00:48:45 (18.9%)	6:09	9.7 (80.8%)
36	SZKODA Robert	201	BIEGANIE NA SPONTANIE	M-30	15	01:23:45.00	00:28:26.00	02:26:37.00	04:18:48.00	+00:48:57 (18.9%)	6:09	9.7 (80.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Etap 13km	Etap 6km	Etap 23km	Czas netto 42km	Różn	Tempo min/km	Tempo km/h
37	ŚNIEŻEK Piotr	211	PRZEMYSKI KLUB BIEGACZA	M-50	3	01:25:45.00	00:30:36.00	02:24:50.00	04:21:11.00	+00:51:20 (19.7%)	6:13	9.6 (80.0%)
38	JASTRZĄB Piotr	89	DEKAN LESKO	M-50	4	01:23:59.00	00:28:11.00	02:29:31.00	04:21:41.00	+00:51:50 (19.8%)	6:13	9.6 (80.0%)
39	BURAK Bartłomiej	29	PRZEMYSKI KLUB BIEGACZA RSB	M-16	2	01:22:40.00	00:28:38.00	02:32:42.00	04:24:00.00	+00:54:09 (20.5%)	6:17	9.5 (79.2%)
40	ANTOSZ Bogdan	2		M-50	5	01:25:21.00	00:29:46.00	02:29:14.00	04:24:21.00	+00:54:30 (20.6%)	6:17	9.5 (79.2%)
41	MOSKOWICZ Stefan	145	PRZEMYSKI KLUB BIEGACZA 2	M-60+	1	01:25:11.00	00:29:44.00	02:29:45.00	04:24:40.00	+00:54:49 (20.7%)	6:18	9.5 (79.2%)
42	KŁÓSEK Paweł	99	DĘBICKIE GEPARDY	M-40	18	01:25:10.00	00:29:31.00	02:31:01.00	04:25:42.00	+00:55:51 (21.0%)	6:19	9.5 (79.2%)
43	ŚLIWA Anna	209	KRESOWIANIE	K-40	1	01:27:39.00	00:29:04.00	02:32:51.00	04:29:34.00	+00:59:43 (22.2%)	6:25	9.3 (77.5%)
44	KUBICKI Łukasz	116	KB ATHLETIC ZRĘCIN	M-30	16	01:27:46.00	00:31:47.00	02:30:28.00	04:30:01.00	+01:00:10 (22.3%)	6:25	9.3 (77.5%)
45	BANASIK Krzysztof	11	SZYBKIE I WŚCIEKLI TEAM	M-40	19	01:15:14.00	00:26:59.00	02:47:49.00	04:30:02.00	+01:00:11 (22.3%)	6:25	9.3 (77.5%)
46	SIEŃKO Łukasz	188	AKTYWNY DYNÓW	M-30	17	01:28:37.00	00:31:33.00	02:30:22.00	04:30:32.00	+01:00:41 (22.4%)	6:26	9.3 (77.5%)
47	WAGNER Tomasz	219	KRESOWIANIE	M-30	18	01:26:26.00	00:30:33.00	02:33:42.00	04:30:41.00	+01:00:50 (22.5%)	6:26	9.3 (77.5%)
48	ZDEB Maciej	239	PIĘKNE I BRODACZE	M-30	19	01:28:35.00	00:30:57.00	02:31:45.00	04:31:17.00	+01:01:26 (22.6%)	6:27	9.3 (77.5%)
49	HUTNIK Krzysiek	80	ZERWANIE Z ŁAŃCUCHA	M-30	20	01:29:21.00	00:30:46.00	02:31:13.00	04:31:20.00	+01:01:29 (22.7%)	6:27	9.3 (77.5%)
50	ŁAWNICZAK Justyna	129	#ZABIEGANINOCA	K-30	1	01:28:38.00	00:30:59.00	02:32:21.00	04:31:58.00	+01:02:07 (22.8%)	6:28	9.3 (77.5%)
51	KRUSZYŃSKI Marek	114	PRZEMYSKI KLUB BIEGACZA 2	M-50	6	01:27:38.00	00:30:50.00	02:34:12.00	04:32:40.00	+01:02:49 (23.0%)	6:29	9.2 (76.7%)
52	RĘPALSKA Agata	180	DZIKIE MUSTANGI	K-30	2	01:29:01.00	00:29:57.00	02:33:47.00	04:32:45.00	+01:02:54 (23.1%)	6:29	9.2 (76.7%)
53	KRAWCZYK Jan	108	KLUB POD WISIENKĄ	M-30	21	01:26:32.00	00:34:20.00	02:32:56.00	04:33:48.00	+01:03:57 (23.4%)	6:31	9.2 (76.7%)
54	GAJEK Magdalena	68	BIEGANIE NA SPONTANIE	K-40	2	01:29:04.00	00:30:48.00	02:36:26.00	04:36:18.00	+01:06:27 (24.0%)	6:34	9.1 (75.8%)
55	SMAGACZ Henryk	190	DĘBICKIE GEPARDY	M-60+	2	01:31:48.00	00:32:25.00	02:34:42.00	04:38:55.00	+01:09:04 (24.8%)	6:38	9 (75.0%)
56	MAZUR Ireneusz	136	DĘBICKIE GEPARDY	M-40	20	01:29:07.00	00:31:02.00	02:41:20.00	04:41:29.00	+01:11:38 (25.4%)	6:42	9 (75.0%)
57	ZASADZIŃSKA Barbara	237	SZYBKIE I WŚCIEKLI TEAM	K-40	3	01:30:42.00	00:30:45.00	02:40:24.00	04:41:51.00	+01:12:00 (25.5%)	6:42	8.9 (74.2%)
58	SURMAN Mariusz	197	DZIKIE MUSTANGI	M-30	22	01:31:07.00	00:31:19.00	02:39:47.00	04:42:13.00	+01:12:22 (25.6%)	6:43	8.9 (74.2%)
59	ROŚĆ Dawid	182	ROKAN	M-40	21	01:29:30.00	00:30:05.00	02:42:57.00	04:42:32.00	+01:12:41 (25.7%)	6:43	8.9 (74.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Etap 13km	Etap 6km	Etap 23km	Czas netto 42km	Różn	Tempo min/km	Tempo km/h
60	GÓRA Agnieszka	162	#ZABIEGANINOCA	K-40	4	01:28:51.00	00:32:50.00	02:40:52.00	04:42:33.00	+01:12:42 (25.7%)	6:43	8.9 (74.2%)
61	BANASIK Monika	10	SZYBKIE I WŚCIEKLI TEAM	K-30	3	01:25:49.00	00:29:27.00	02:47:49.00	04:43:05.00	+01:13:14 (25.9%)	6:44	8.9 (74.2%)
62	PREISNER Renata	173		K-50	2	01:30:45.00	00:32:08.00	02:40:27.00	04:43:20.00	+01:13:29 (25.9%)	6:44	8.9 (74.2%)
63	FEDAK Bohdan	57	KB ATHLETIC ZRĘCIN	M-40	22	01:34:06.00	00:34:21.00	02:36:25.00	04:44:52.00	+01:15:01 (26.3%)	6:46	8.8 (73.3%)
64	DOPART Tomasz	51	KAMIEŃ DWERNIK	M-40	23	01:29:40.00	00:35:11.00	02:42:07.00	04:46:58.00	+01:17:07 (26.9%)	6:49	8.8 (73.3%)
65	LITWINEK Marek	121		M-40	24	01:35:01.00	00:30:49.00	02:42:32.00	04:48:22.00	+01:18:31 (27.2%)	6:51	8.7 (72.5%)
66	ŚWIĘCH Anna	212	DZIKIE MUSTANGI	K-40	5	01:34:22.00	00:31:41.00	02:42:33.00	04:48:36.00	+01:18:45 (27.3%)	6:52	8.7 (72.5%)
67	CZEKAŃSKI Wojciech	46	GRUPA POSCIGOWA	M-40	25	01:28:16.00	00:33:02.00	02:47:30.00	04:48:48.00	+01:18:57 (27.3%)	6:52	8.7 (72.5%)
68	SAJ Paweł	186	DZIKIE MUSTANGI	M-30	23	01:34:22.00	00:32:26.00	02:42:34.00	04:49:22.00	+01:19:31 (27.5%)	6:53	8.7 (72.5%)
69	KRZYWDA Konrad	115	DZIKIE MUSTANGI	M-16	3	01:32:26.00	00:33:22.00	02:44:44.00	04:50:32.00	+01:20:41 (27.8%)	6:55	8.7 (72.5%)
70	SOPEL Wiesław	194	KRESOWIANIE	M-50	7	01:35:04.00	00:34:23.00	02:42:22.00	04:51:49.00	+01:21:58 (28.1%)	6:56	8.6 (71.7%)
71	FUTYMA Michał	65	DRUŻYNA FUTYMA!!!	M-40	26	01:33:45.00	00:31:38.00	02:47:32.00	04:52:55.00	+01:23:04 (28.4%)	6:58	8.6 (71.7%)
72	BAL Barbara	8	DRUŻYNA B	K-40	6	01:33:30.00	00:32:14.00	02:47:22.00	04:53:06.00	+01:23:15 (28.4%)	6:58	8.6 (71.7%)
73	CZAJKA Tomasz	45		M-40	27	01:33:07.00	00:34:23.00	02:49:44.00	04:57:14.00	+01:27:23 (29.4%)	7:04	8.5 (70.8%)
74	POŹNIAK Grzegorz	171	DRUŻYNA B	M-40	28	01:34:55.00	00:32:58.00	02:52:55.00	05:00:48.00	+01:30:57 (30.2%)	7:09	8.4 (70.0%)
75	BOCHENEK Wiktoria	20	STALOWOWOLSKI KLUB BIEGACZA	K-30	4	01:36:13.00	00:34:19.00	02:52:46.00	05:03:18.00	+01:33:27 (30.8%)	7:13	8.3 (69.2%)
76	KOLANKO Michał	255	NFOSOFTWARE POLSKA/KILOMETRY ODDECHÓW	M-30	24	01:38:04.00	00:34:01.00	02:51:45.00	05:03:50.00	+01:33:59 (30.9%)	7:14	8.3 (69.2%)
77	ARCISZEWSKI Michał	4	DZIKIE MUSTANGI	M-30	25	01:38:11.00	00:32:49.00	02:53:28.00	05:04:28.00	+01:34:37 (31.1%)	7:14	8.3 (69.2%)
78	LEŚNIAK-POPIEL Marta	118	POZYTYWNI ZABIEGANI SANOK	K-40	7	01:42:57.00	00:32:03.00	02:49:56.00	05:04:56.00	+01:35:05 (31.2%)	7:15	8.3 (69.2%)
79	ŁAPIŃSKA Anna	127	SZYBKIE I WŚCIEKLI TEAM	K-40	8	01:37:57.00	00:32:23.00	02:54:51.00	05:05:11.00	+01:35:20 (31.2%)	7:15	8.3 (69.2%)
80	WAJCOWICZ Witold	220	POZYTYWNI ZABIEGANI SANOK	M-40	29	01:42:56.00	00:32:35.00	02:49:54.00	05:05:25.00	+01:35:34 (31.3%)	7:16	8.3 (69.2%)
81	WOLF Weronika	230	POZYTYWNI ZABIEGANI SANOK	K-40	9	01:42:56.00	00:33:44.00	02:50:22.00	05:07:02.00	+01:37:11 (31.7%)	7:18	8.2 (68.3%)
82	BEŁCH Michał	14	DECARUN RZESZÓW	M-30	26	01:34:37.00	00:33:21.00	02:59:27.00	05:07:25.00	+01:37:34 (31.7%)	7:19	8.2 (68.3%)

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83	BAL Robert	9	DRUŻYNA B	M-40	30	01:37:07.00	00:33:39.00	02:57:05.00	05:07:51.00	+01:38:00 (31.8%)	7:19	8.2 (68.3%)
84	CHOMISZCZAK Bogdan	37	POZYTYWNIIE ZABIEGANI SANOK	M-50	8	01:42:59.00	00:34:42.00	02:51:25.00	05:09:06.00	+01:39:15 (32.1%)	7:21	8.2 (68.3%)
85	PODOLAK Zbigniew	165	TOWARZYSTWO SZWEJKOWSKIE	M-60+	3	01:38:37.00	00:35:36.00	02:54:54.00	05:09:07.00	+01:39:16 (32.1%)	7:21	8.2 (68.3%)
86	MICKIEWICZ Adam	138		M-50	9	01:43:10.00	00:36:20.00	02:52:45.00	05:12:15.00	+01:42:24 (32.8%)	7:26	8.1 (67.5%)
87	KOPCZYK Waldemar	103	SZYBKIE I WŚCIEKLI TEAM	M-50	10	01:35:55.00	00:37:04.00	02:59:18.00	05:12:17.00	+01:42:26 (32.8%)	7:26	8.1 (67.5%)
88	BILIŃSKI Tomasz	17	DRUŻYNA B	M-40	31	01:34:50.00	00:32:38.00	03:04:51.00	05:12:19.00	+01:42:28 (32.8%)	7:26	8.1 (67.5%)
89	ŁUCZYCKA Iwona	254	POZYTYWNIIE ZABIEGANI SANOK	K-40	10	01:42:57.00	00:35:20.00	02:54:23.00	05:12:40.00	+01:42:49 (32.9%)	7:26	8.1 (67.5%)
90	WYSKIEL Maciej	233	AKTYWNY DYNÓW	M-40	32	01:38:53.00	00:34:04.00	03:00:15.00	05:13:12.00	+01:43:21 (33.0%)	7:27	8 (66.7%)
91	RYBIŃSKI Grzegorz	185	BIEGAM BO LUBIĘ	M-40	33	01:34:38.00	00:35:12.00	03:03:35.00	05:13:25.00	+01:43:34 (33.0%)	7:27	8 (66.7%)
92	ZAWADA Rafał	41		M-30	27	01:42:36.00	00:35:29.00	02:55:52.00	05:13:57.00	+01:44:06 (33.2%)	7:28	8 (66.7%)
93	JAKUBOWSKI Daniel	83	NOCNY BÓR TEAM	M-40	34	01:39:52.00	00:36:09.00	02:58:28.00	05:14:29.00	+01:44:38 (33.3%)	7:29	8 (66.7%)
94	OLEKSZYK Joanna	156	DECARUN RZESZÓW	K-16	1	01:39:58.00	00:35:49.00	02:59:24.00	05:15:11.00	+01:45:20 (33.4%)	7:30	8 (66.7%)
95	STADNIK Renata	195	PRZEMYSKI KLUB BIEGACZA RSB	K-50	3	01:42:49.00	00:33:37.00	02:59:38.00	05:16:04.00	+01:46:13 (33.6%)	7:31	8 (66.7%)
96	OŻÓG Jacek	157	UCZESTNIK INDYWIDUALNY	M-40	35	01:39:37.00	00:37:05.00	03:01:37.00	05:18:19.00	+01:48:28 (34.1%)	7:34	7.9 (65.8%)
97	MITURA Wojtek	143		M-40	36	01:31:12.00	00:30:14.00	03:16:58.00	05:18:24.00	+01:48:33 (34.1%)	7:34	7.9 (65.8%)
98	WÓJCIK-BILIŃSKA Marta	231	DRUŻYNA B	K-40	11	01:38:52.00	00:33:39.00	03:06:18.00	05:18:49.00	+01:48:58 (34.2%)	7:35	7.9 (65.8%)
99	BOCEK Sławomir	19	WATAHA	M-40	37	01:42:52.00	00:35:46.00	03:05:24.00	05:24:02.00	+01:54:11 (35.2%)	7:42	7.8 (65.0%)
100	POLAŃSKI Tomasz	169	PRZEMYSKI KLUB BIEGACZA 2	M-50	11	01:42:21.00	00:35:25.00	03:09:15.00	05:27:01.00	+01:57:10 (35.8%)	7:47	7.7 (64.2%)
101	SIEDLACZEK Zbigniew	187		M-60+	4	01:40:05.00	00:35:39.00	03:11:50.00	05:27:34.00	+01:57:43 (35.9%)	7:47	7.7 (64.2%)
102	KRUKOWSKI Robert	113	PLATINIUM CROSS ZAMOŚĆ	M-40	38	01:39:47.00	00:33:33.00	03:14:23.00	05:27:43.00	+01:57:52 (36.0%)	7:48	7.7 (64.2%)
103	OCHYRA Krzysztof	152		M-50	12	01:46:32.00	00:35:00.00	03:11:30.00	05:33:02.00	+02:03:11 (37.0%)	7:55	7.6 (63.3%)
104	OCHYRA Karolina	153		K-16	2	01:46:32.00	00:35:18.00	03:11:30.00	05:33:20.00	+02:03:29 (37.0%)	7:56	7.6 (63.3%)
105	BUKSA Tomasz	27	PRZEMYSKI KLUB BIEGACZA 2	M-30	28	01:46:38.00	00:35:50.00	03:11:42.00	05:34:10.00	+02:04:19 (37.2%)	7:57	7.5 (62.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Etap 13km	Etap 6km	Etap 23km	Czas netto 42km	Różn	Tempo min/km	Tempo km/h
106	BUKSA Andzelika	28	PRZEMYSKI KLUB BIEGACZA 2	K-40	12	01:46:38.00	00:35:51.00	03:11:43.00	05:34:12.00	+02:04:21 (37.2%)	7:57	7.5 (62.5%)
107	BARTOSZEK Bogdan	13		M-50	13	01:44:33.00	00:39:11.00	03:15:23.00	05:39:07.00	+02:09:16 (38.1%)	8:04	7.4 (61.7%)
108	BORCZ Marcin	23	DIP-MAR MARCIN BORCZ	M-30	29	01:53:26.00	00:38:41.00	03:11:54.00	05:44:01.00	+02:14:10 (39.0%)	8:11	7.3 (60.8%)
109	BIEDROŃ Wojciech	16		M-40	39	01:57:09.00	00:38:33.00	03:15:24.00	05:51:06.00	+02:21:15 (40.2%)	8:21	7.2 (60.0%)
110	MAZUR Kinga	137	DĘBICKIE GEPARDY	K-30	5	01:52:56.00	00:37:47.00	03:25:00.00	05:55:43.00	+02:25:52 (41.0%)	8:28	7.1 (59.2%)
111	CENGIEL Mateusz	32	5 BSP	M-16	4	01:58:26.00	00:36:37.00	03:22:09.00	05:57:12.00	+02:27:21 (41.3%)	8:30	7.1 (59.2%)
112	BABIŃSKA Inga	6	PRZEMYSKI KLUB BIEGACZA	K-40	13	01:53:43.00	00:39:13.00	03:25:19.00	05:58:15.00	+02:28:24 (41.4%)	8:31	7 (58.3%)
113	LEWICKIJ Yurii	119	'STRIYSKI KHVOSTY'	M-40	40	01:47:44.00	00:39:29.00	03:31:19.00	05:58:32.00	+02:28:41 (41.5%)	8:32	7 (58.3%)
114	ROZENBAJGIER Sebastian	183	6 BATALION STRZELCÓW PODHALAŃSKICH	M-30	30	01:58:32.00	00:36:39.00	03:23:26.00	05:58:37.00	+02:28:46 (41.5%)	8:32	7 (58.3%)
115	SOJA Tomasz	193	BRAK	M-50	14	01:53:34.00	00:40:36.00	03:25:38.00	05:59:48.00	+02:29:57 (41.7%)	8:34	7 (58.3%)
116	HOCEK Jakub	76	5 BSP	M-16	5	01:58:33.00	00:37:57.00	03:23:27.00	05:59:57.00	+02:30:06 (41.7%)	8:34	7 (58.3%)
117	FOLTA Anita	59	GRUPA BIEGOWA ZARSZYN	K-50	4	01:57:01.00	00:41:29.00	03:21:38.00	06:00:08.00	+02:30:17 (41.7%)	8:34	7 (58.3%)
118	FOLTA Jan	60	GRUPA BIEGOWA ZARSZYN	M-50	15	01:57:02.00	00:41:30.00	03:21:38.00	06:00:10.00	+02:30:19 (41.7%)	8:34	7 (58.3%)
119	UJEJSKI Filip	216	4 BATALION STRZELCÓW PODHALAŃSKICH	M-16	6	01:58:24.00	00:37:56.00	03:23:52.00	06:00:12.00	+02:30:21 (41.7%)	8:34	7 (58.3%)
120	ŁASKAWSKA Justyna	128		K-40	14	02:00:47.00	00:37:20.00	03:25:11.00	06:03:18.00	+02:33:27 (42.2%)	8:39	6.9 (57.5%)
121	ŚNIEŻEK Lidia	210	PRZEMYSKI KLUB BIEGACZA	K-40	15	01:57:07.00	00:39:36.00	03:32:24.00	06:09:07.00	+02:39:16 (43.1%)	8:47	6.8 (56.7%)
122	FLOREK Wojtek	58	DZIKIE MUSTANGI	M-30	31	02:06:54.00	00:36:09.00	03:32:47.00	06:15:50.00	+02:45:59 (44.2%)	8:56	6.7 (55.8%)
123	WÓJTOWICZ Paweł	232	LUBLIN BIEGA	M-40	41	02:02:38.00	00:40:43.00	03:34:16.00	06:17:37.00	+02:47:46 (44.4%)	8:59	6.7 (55.8%)
124	FORNEK Paulina	63	DZIKIE MUSTANGI	K-16	3	02:06:54.00	00:38:55.00	03:32:44.00	06:18:33.00	+02:48:42 (44.6%)	9:00	6.7 (55.8%)
125	RADYK Joanna	177	PRZEMYSKI KLUB BIEGACZA RSB	K-30	6	02:02:04.00	00:42:14.00	03:42:27.00	06:26:45.00	+02:56:54 (45.7%)	9:12	6.5 (54.2%)
	BRZUSZKO Jolanta	25		K-40		DNF	DNF	00:00:00.00 DNF	-02:09:13.0 DNF	DNF	-	- (0.0%)
	MROCZEK Bartek	147	WŁUCZYKIJE	M-40		DNF	DNF	-00:39:38.0 DNF	02:26:15.00 DNF	DNF	-	- (0.0%)
	MUCHA Łukasz	149		M-40		DNF	DNF	-00:34:59.0 DNF	02:41:00.00 DNF	DNF	-	- (0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria Mkat	Etap 13km	Etap 6km	Etap 23km	Czas netto 42km	Różn	Tempo min/km	Tempo km/h
	SUROWIEC Justyna	144		K-40	DNF DNF	00:00:00.00 DNF	-03:16:59.0 DNF	DNF		-	- (0.0%)
	PAWŁOWSKA Agnieszka	161	PRZEMYSKI KLUB BIEGACZA	K-40	DNF DNF	00:00:00.00 DNF	-03:42:28.0 DNF	DNF		-	- (0.0%)
	JANKOWSKI Konrad	87	SOLINA TEAM	M-30	01:21:37.00 DNF	01:21:37.00 DNF	-03:42:49.0 DNF	DNF		-	- (0.0%)
	BŁAŻEWICZ Piotr	18		M-30	01:45:48.00 DNF	01:45:48.00 DNF	-04:49:49.0 DNF	DNF		-	- (0.0%)
	WAŁACHOWSKA Urszula	246	SOLINA TEAM	K-30	02:19:56.00 DNF	02:19:56.00 DNF	-06:02:19.0 DNF	DNF		-	- (0.0%)
	KARDASZ Patryk	248	SOLINA TEAM	M-16	02:26:03.00 DNF	02:26:03.00 DNF	-06:08:26.0 DNF	DNF		-	- (0.0%)
	PECKA Krzysztof	260	SOLINA TEAM	M-40	DNF DNF	-00:36:59.0 DNF	00:36:59.00 DNF	DNF		-	- (0.0%)
	FORJASZ Przemek	61		M-30	01:24:22.00 DNF	00:28:37.00 DNF	01:52:59.00 DNF	DNF		-	- (0.0%)
	SUSABOWSKI Andrzej	199	BĘDZIE LEPIEJ	M-40	01:30:19.00 DNF	00:31:29.00 DNF	02:01:48.00 DNF	DNF		-	- (0.0%)
	GWOZDA Grzegorz	73	KRESOWIANIE	M-40	01:34:46.00 DNF	00:32:18.00 DNF	02:07:04.00 DNF	DNF		-	- (0.0%)
	KACZMARSKI Wojciech	90	K&O TEAM/ KACZMARSKI TEAM	M-40	01:38:10.00 DNF	00:33:32.00 DNF	02:11:42.00 DNF	DNF		-	- (0.0%)
	CHODNICKI Radosław	36	BĘDZIE LEPIEJ	M-40	01:43:47.00 DNF	00:38:02.00 DNF	02:21:49.00 DNF	DNF		-	- (0.0%)
	SZMIST Jadzia	202	KB ATHLETIC ZRĘCIN	K-40	01:45:53.00 DNF	00:37:07.00 DNF	02:23:00.00 DNF	DNF		-	- (0.0%)
	WOJTANOWSKI Andrzej	228	MORSOLINY	M-50	01:58:25.00 DNF	00:39:54.00 DNF	02:38:19.00 DNF	DNF		-	- (0.0%)
	MIKUSEK Ryszard	141	BĘDZIE LEPIEJ	M-40	02:01:05.00 DNF	00:38:19.00 DNF	02:39:24.00 DNF	DNF		-	- (0.0%)
	SUSABOWSKA Asia	198	BĘDZIE LEPIEJ	K-40	02:01:05.00 DNF	00:40:00.00 DNF	02:41:05.00 DNF	DNF		-	- (0.0%)
	KALIN Kamil	91		M-30	02:10:40.00 DNF	00:45:15.00 DNF	02:55:55.00 DNF	DNF		-	- (0.0%)
	STARZYŃSKI Marcin	253	WATAHA	M-30	01:21:00.00 DNF	01:21:00.00 DNF	00:00:00.00 DNF	DNF		-	- (0.0%)
	LIS-PASIONEK Małgorzata	120		K-30	01:24:32.00 DNF	01:24:32.00 DNF	00:00:00.00 DNF	DNF		-	- (0.0%)
	KRAWIEC Alan	109		M-16	01:29:50.00 DNF	01:29:50.00 DNF	00:00:00.00 DNF	DNF		-	- (0.0%)
	CICHOŃ Sabina	249		K-30	01:34:56.00 DNF	01:34:56.00 DNF	00:00:00.00 DNF	DNF		-	- (0.0%)
	KAPRAL Adam	94	DWERNIK KAMIEŃ TRAIL	M-40	01:39:19.00 DNF	01:39:19.00 DNF	00:00:00.00 DNF	DNF		-	- (0.0%)
	MSZANECKI Tomasz	148	35 BLP SANOK	M-30	01:40:37.00 DNF	01:40:37.00 DNF	00:00:00.00 DNF	DNF		-	- (0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria Mkat	Etap 13km	Etap 6km	Etap 23km	Czas netto 42km	Różn	Tempo min/km	Tempo km/h
	DOMISZEWSKI Wojciech	251		M-50	01:40:53.00 DNF	01:40:53.00 DNF	00:00:00.00 DNF	DNF		-	- (0.0%)
	LUTAK Agnieszka	123	JAK ŻÓŁWIE W GALOPIE	K-30	01:42:48.00 DNF	01:42:48.00 DNF	00:00:00.00 DNF	DNF		-	- (0.0%)
	PASIONEK Bartłomiej	159		M-30	01:43:00.00 DNF	01:43:00.00 DNF	00:00:00.00 DNF	DNF		-	- (0.0%)
	PRZYBYLSKI Damian	175		M-30	01:44:18.00 DNF	01:44:18.00 DNF	00:00:00.00 DNF	DNF		-	- (0.0%)
	PODOLAK Agnieszka	166		K-30	01:54:42.00 DNF	01:54:42.00 DNF	00:00:00.00 DNF	DNF		-	- (0.0%)
	HAŁOŃ Łukasz	74		M-30	01:55:55.00 DNF	01:55:55.00 DNF	00:00:00.00 DNF	DNF		-	- (0.0%)
	WIERZBICKA Anna	224		K-30	01:56:59.00 DNF	01:56:59.00 DNF	00:00:00.00 DNF	DNF		-	- (0.0%)
	CZERWIŃSKA Małgorzata	47	JUMPING STARS TEAM	K-40	02:04:17.00 DNF	02:04:17.00 DNF	00:00:00.00 DNF	DNF		-	- (0.0%)
	SZUBA Krzysztof	205		M-50	02:04:52.00 DNF	02:04:52.00 DNF	00:00:00.00 DNF	DNF		-	- (0.0%)
	WARCHOŁ-SNUZIK Parycja	247	SOLINA TEAM	K-30	02:19:57.00 DNF	02:19:57.00 DNF	00:00:00.00 DNF	DNF		-	- (0.0%)
	KARDASZ Marek	243	SOLINA TEAM	M-40	02:19:57.00 DNF	02:19:57.00 DNF	00:00:00.00 DNF	DNF		-	- (0.0%)

Znaleziono 162 wynik(ów)