



## BIESZCZADZKI WEEKEND BIEGOWY RYSIA

Klasyfikacja: K-40

# BIESZCZADZKI WEEKEND BIEGOWY RYSIA - PO 3 ETAPACH

B4SPORT

**Wydarzenie:** Bieszczadzki Weekend Biegowy Rysia 2022  
**Organizator:** GOKSiT Polańczyk  
**Data:** 2022-10-22  
**Miejsce:** Polańczyk  
**Dystans:** 42 km

 **HERKULES**  
[www.herkules.org.pl](http://www.herkules.org.pl)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Etap 13km	Etap 6km	Etap 22km	Czas netto 42km	Różn	Tempo min/km	Tempo km/h
1	<b>RÓG Dorota</b>	<b>145</b>	RZESZOWSKIE GAZELE I GEPARDY	K-40	1	01:23:16.00	00:28:53.00	02:32:23.00	<b>04:24:32.00</b>		6:17	9.5 (100%)
2	<b>ŚWIĘCH Anna</b>	<b>167</b>	DZIKIE ŚWINKI	K-40	2	01:25:05.00	00:30:10.00	02:35:37.00	<b>04:30:52.00</b>	+00:06:20 (2.3%)	6:26	9.3 (97.9%)
3	<b>GAJEK Magdalena</b>	<b>43</b>	AKM PROMILEK	K-40	3	01:29:10.00	00:29:41.00	02:38:40.00	<b>04:37:31.00</b>	+00:12:59 (4.7%)	6:36	9.1 (95.8%)
4	<b>ROGOWSKA Anna</b>	<b>141</b>	RZESZOWSKIE GAZELE I GEPARDY K	K-40	4	01:27:17.00	00:35:57.00	02:37:35.00	<b>04:40:49.00</b>	+00:16:17 (5.8%)	6:41	9 (94.7%)
5	<b>BRYŁA-CRUZ Agnieszka</b>	<b>19</b>	AKM PROMILEK	K-40	5	01:25:24.00	00:28:31.00	02:47:59.00	<b>04:41:54.00</b>	+00:17:22 (6.2%)	6:42	8.9 (93.7%)
6	<b>ŚLIWA Anna</b>	<b>164</b>	KRESOWIANIE	K-40	6	01:28:27.00	00:28:40.00	02:53:51.00	<b>04:50:58.00</b>	+00:26:26 (9.1%)	6:55	8.7 (91.6%)
7	<b>JĘDRZEJCZYK Agnieszka</b>	<b>63</b>	RZESZOWSKIE GAZELE I GEPARDY K	K-40	7	01:38:02.00	00:33:15.00	02:54:54.00	<b>05:06:11.00</b>	+00:41:39 (13.6%)	7:17	8.2 (86.3%)
8	<b>MICHNO Małgorzata</b>	<b>104</b>	JAROSŁAWSKI BIEGACZ	K-40	8	01:44:45.00	00:34:53.00	03:15:55.00	<b>05:35:33.00</b>	+01:11:01 (21.2%)	7:59	7.5 (78.9%)
9	<b>ĆWIAKAŁA Halina</b>	<b>32</b>	ATHLETIC ZRĘCIN	K-40	9	01:47:41.00	00:35:42.00	03:18:58.00	<b>05:42:21.00</b>	+01:17:49 (22.7%)	8:09	7.4 (77.9%)
10	<b>SZCZOTKA Agata</b>	<b>158</b>	JAROSŁAWSKI BIEGACZ	K-40	10	02:00:47.00	00:38:04.00	03:39:57.00	<b>06:18:48.00</b>	+01:54:16 (30.2%)	9:01	6.7 (70.5%)
11	<b>MAJCHROWICZ Marzenna</b>	<b>97</b>		K-40	11	02:02:04.00	00:38:22.00	03:39:30.00	<b>06:19:56.00</b>	+01:55:24 (30.4%)	9:02	6.6 (69.5%)
12	<b>HEJDUK Monika</b>	<b>52</b>	UMCS BIEGA	K-40	12	01:49:17.00	00:34:41.00	04:17:23.00	<b>06:41:21.00</b>	+02:16:49 (34.1%)	9:33	6.3 (66.3%)
13	<b>MAZUREK Małgorzata</b>	<b>103</b>	AKM PROMILEK	K-40	13	01:55:18.00	00:41:34.00	04:17:21.00	<b>06:54:13.00</b>	+02:29:41 (36.1%)	9:51	6.1 (64.2%)
14	<b>KORDOWSKA Kasia</b>	<b>75</b>		K-40	14	02:05:56.00	00:38:43.00	04:29:47.00	<b>07:14:26.00</b>	+02:49:54 (39.1%)	10:20	5.8 (61.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Etap 13km	Etap 6km	Etap 22km	Czas netto 42km	Różn	Tempo min/km	Tempo km/h
15	<b>CHUDY Paulina</b>	<b>27</b>		K-40	15	02:12:45.00	00:44:24.00	04:29:46.00	<b>07:26:55.00</b>	+03:02:23 (40.8%)	10:38	5.6 (58.9%)
	<b>MACIUŁA - KIELAR Monika</b>	<b>95</b>	KRESOWIANIE	K-40		00:00:00.00 DNF	00:38:30.00 DNF	00:00:00.00 DNF	<b>DNF</b>		-	- (0.0%)
	<b>CZAJKA Renata</b>	<b>29</b>	DZIKIE MORSY KARŁOWICE	K-40		00:00:00.00 DNF	00:42:28.00 DNF	00:00:00.00 DNF	<b>DNF</b>		-	- (0.0%)
	<b>MACIEJKO Anna</b>	<b>94</b>	KRESOWIANIE	K-40		00:00:00.00 DNF	00:42:35.00 DNF	00:00:00.00 DNF	<b>DNF</b>		-	- (0.0%)
	<b>SZYNAL Halina</b>	<b>161</b>	KRESOWIANIE	K-40		00:00:00.00 DNF	00:42:51.00 DNF	00:00:00.00 DNF	<b>DNF</b>		-	- (0.0%)
	<b>GOŁDA Edyta</b>	<b>47</b>		K-40		02:23:07.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	<b>DNF</b>		-	- (0.0%)
	<b>CZERWIŃSKA Małgorzata</b>	<b>31</b>	JUMPING STARS TEAM/PODIUM	K-40		02:01:43.00 DNF	00:39:54.00 DNF	00:00:00.00 DNF	<b>DNF</b>		-	- (0.0%)
	<b>WÓJCIK-BILIŃSKA Marta</b>	<b>181</b>		K-40		00:00:00.00 DNF	00:00:00.00 DNF	02:59:51.00 DNF	<b>DNF</b>		-	- (0.0%)
	<b>BABIŃSKA Inga</b>	<b>4</b>	PRZEMYSKI KLUB BIEGACZA	K-40		00:00:00.00 DNF	00:00:00.00 DNF	03:28:12.00 DNF	<b>DNF</b>		-	- (0.0%)

Znaleziono 23 wynik(ów)