



BIESZCZADZKI WEEKEND BIEGOWY RYSIA

Klasyfikacja: K-OPEN

BIESZCZADZKI WEEKEND BIEGOWY RYSIA - PO 3 ETAPACH

B4SPORT

Wydarzenie: Bieszczadzki Weekend Biegowy Rysia 2019
Organizator: GOKSiT Polańczyk
Data: 2019-10-20
Miejsce: Polańczyk
Dystans: 42 km



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Etap 13km	Etap 6km	Etap 23km	Czas netto 42km	Różn	Tempo min/km	Tempo km/h
1	DUTKEVYCH Viktoriya	2063		K-16	1	01:12:16.00	00:22:55.00	02:06:15.00	03:41:26.00		5:16	11.4 (100%)
2	WINIARSKA Katarzyna	2267	FANTASTYCZNA TRÓJKA	K-30	1	01:14:30.00	00:23:02.00	02:06:54.00	03:44:26.00	+00:03:00 (1.3%)	5:20	11.2 (98.2%)
3	KLINGER Weronika	2110	PRZEMYSKI KLUB BIEGACZA 1	K-30	2	01:23:35.00	00:26:07.00	02:24:45.00	04:14:27.00	+00:33:01 (13.0%)	6:03	9.9 (86.8%)
4	ROGOWSKA Anna	2135	DECARUN RZESZÓW	K-30	3	01:27:14.00	00:26:43.00	02:23:16.00	04:17:13.00	+00:35:47 (13.9%)	6:07	9.8 (86.0%)
5	MATYSIAK Agnieszka	2020	KOPALNIA MOCY TARNOBRZEG	K-30	4	01:25:24.00	00:25:47.00	02:26:34.00	04:17:45.00	+00:36:19 (14.1%)	6:08	9.8 (86.0%)
6	STEFAŃSKA Maria	2235	PRZEMYSKI KLUB BIEGACZA 1	K-40	1	01:24:38.00	00:28:12.00	02:29:17.00	04:22:07.00	+00:40:41 (15.5%)	6:14	9.6 (84.2%)
7	AMROŹKIEWICZ - GROMEK Judyta	2003	AMROŹKIEWICZ TEAM/ SAN-REH BOGDAN GROMEK	K-30	5	01:25:56.00	00:27:56.00	02:34:57.00	04:28:49.00	+00:47:23 (17.6%)	6:24	9.4 (82.5%)
8	OLEKSZYK Joanna	2182	DECARUN RZESZÓW	K-16	2	01:29:40.00	00:28:59.00	02:39:03.00	04:37:42.00	+00:56:16 (20.3%)	6:36	9.1 (79.8%)
9	OGŁUSZKA Elżbieta	2179	DECARUN RZESZÓW	K-30	6	01:33:58.00	00:27:30.00	02:38:21.00	04:39:49.00	+00:58:23 (20.9%)	6:39	9 (78.9%)
10	CYPRYŚ Joanna	2044	DECARUN RZESZÓW	K-16	3	01:32:49.00	00:28:06.00	02:39:04.00	04:39:59.00	+00:58:33 (20.9%)	6:39	9 (78.9%)
11	CIEPAŁOWICZ Ewa	2040	PRZEMYSKI KLUB BIEGACZA	K-30	7	01:29:22.00	00:29:00.00	02:47:11.00	04:45:33.00	+01:04:07 (22.5%)	6:47	8.8 (77.2%)
12	DOROSZ Barbara	2052	PRZEMYSKI KLUB BIEGACZA 1	K-30	8	01:38:09.00	00:28:45.00	02:44:40.00	04:51:34.00	+01:10:08 (24.1%)	6:56	8.6 (75.4%)
13	ĆWIAKAŁA Halina	2047	ATHLETIC ZRĘCIN	K-40	2	01:37:17.00	00:29:41.00	02:49:13.00	04:56:11.00	+01:14:45 (25.2%)	7:03	8.5 (74.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Etap 13km	Etap 6km	Etap 23km	Czas netto 42km	Różn	Tempo min/km	Tempo km/h
14	SZYMALA-LIPKA Magdalena	2247	LIPKI RULEZ	K-30	9	01:38:41.00	00:30:47.00	02:48:30.00	04:57:58.00	+01:16:32 (25.7%)	7:05	8.5 (74.6%)
15	DRWIĘGA Beata	2055	SWIMRUN FOX TEAM	K-40	3	01:38:24.00	00:30:06.00	02:52:11.00	05:00:41.00	+01:19:15 (26.4%)	7:09	8.4 (73.7%)
16	WAREĆKA Katarzyna	2258	PIERDZĄCE ZAJĄCE	K-16	4	01:38:57.00	00:32:08.00	02:51:31.00	05:02:36.00	+01:21:10 (26.8%)	7:12	8.3 (72.8%)
17	KULIK Anna	2132		K-40	4	01:36:52.00	00:30:12.00	02:56:05.00	05:03:09.00	+01:21:43 (27.0%)	7:13	8.3 (72.8%)
18	CZURA Renata	2045	PRZEMYSKI KLUB BIEGACZA 5	K-40	5	01:36:00.00	00:30:52.00	02:59:29.00	05:06:21.00	+01:24:55 (27.7%)	7:17	8.2 (71.9%)
19	GRADOWSKA Katarzyna	2083	PRZEMYSKI KLUB BIEGACZA	K-30	10	01:38:05.00	00:30:21.00	02:59:02.00	05:07:28.00	+01:26:02 (28.0%)	7:19	8.2 (71.9%)
20	KORZENIOWSKA Joanna	2120	UMCS BIEGA	K-30	11	01:39:58.00	00:30:39.00	03:00:36.00	05:11:13.00	+01:29:47 (28.8%)	7:24	8.1 (71.1%)
21	ŁOPATKIEWICZ Beata	2143		K-50	1	01:44:43.00	00:33:13.00	02:57:48.00	05:15:44.00	+01:34:18 (29.9%)	7:31	8 (70.2%)
22	ZARĘBA Jolanta	2305	RZESZOWSKIE GAZELE I GEPARDY	K-50	2	01:41:22.00	00:32:13.00	03:02:42.00	05:16:17.00	+01:34:51 (30.0%)	7:31	8 (70.2%)
23	WOLF Weronika	2273	3PBOT, POZYTYWNIE ZABIEGANI SANOK	K-40	6	01:39:26.00	00:35:18.00	03:02:58.00	05:17:42.00	+01:36:16 (30.3%)	7:33	7.9 (69.3%)
24	SUCHOWIECKA Sabina	2237		K-16	5	01:42:14.00	00:32:43.00	03:05:57.00	05:20:54.00	+01:39:28 (31.0%)	7:38	7.9 (69.3%)
25	ŁUCZYCKA Iwona	2144	POZYTYWNIE ZABIEGANI SANOK	K-40	7	01:47:53.00	00:33:38.00	03:02:59.00	05:24:30.00	+01:43:04 (31.8%)	7:43	7.8 (68.4%)
26	ZAORSKA Justyna	2319	STALOWOWOLSKI KLUB BIEGACZA	K-40	8	01:39:14.00	00:33:28.00	03:12:38.00	05:25:20.00	+01:43:54 (31.9%)	7:44	7.7 (67.5%)
27	WOJDON Monika	2271	DECARUN RZESZÓW	K-40	9	01:45:15.00	00:31:25.00	03:10:16.00	05:26:56.00	+01:45:30 (32.3%)	7:47	7.7 (67.5%)
28	DUDEK Katarzyna	2059	PRZEMYSKI KLUB BIEGACZA	K-30	12	01:43:04.00	00:31:59.00	03:12:23.00	05:27:26.00	+01:46:00 (32.4%)	7:47	7.7 (67.5%)
29	KONIECZNA Joanna	2117	POZYTYWNIE ZABIEGANI SANOK	K-40	10	01:50:48.00	00:35:16.00	03:12:32.00	05:38:36.00	+01:57:10 (34.6%)	8:03	7.4 (64.9%)
30	MOSKAL Marzena	2167		K-40	11	01:51:40.00	00:33:26.00	03:14:48.00	05:39:54.00	+01:58:28 (34.9%)	8:05	7.4 (64.9%)
31	RZESZUTEK Anna	2215	DECARUN RZESZÓW	K-16	6	01:53:12.00	00:34:40.00	03:14:12.00	05:42:04.00	+02:00:38 (35.3%)	8:08	7.4 (64.9%)
32	KRÓL Grażyna	2127		K-40	12	01:56:38.00	00:34:52.00	03:13:23.00	05:44:53.00	+02:03:27 (35.8%)	8:12	7.3 (64.0%)
33	BABINSKA Inga	2290	PRZEMYSKI KLUB BIEGACZA	K-40	13	01:53:36.00	00:34:59.00	03:19:00.00	05:47:35.00	+02:06:09 (36.3%)	8:16	7.3 (64.0%)
34	PERŁOWSKA-ŁOŚ Justyna	2193		K-30	13	01:55:44.00	00:36:11.00	03:19:34.00	05:51:29.00	+02:10:03 (37.0%)	8:22	7.2 (63.2%)
35	SYCZ Barbara	2304	PRZEMYSKI KLUB BIEGACZA	K-40	14	01:52:38.00	00:34:39.00	03:26:02.00	05:53:19.00	+02:11:53 (37.3%)	8:24	7.1 (62.3%)
36	JAŁOCHA Barbara	2096	PRZEMYSKI KLUB BIEGACZA 5	K-50	3	01:56:17.00	00:37:04.00	03:25:06.00	05:58:27.00	+02:17:01 (38.2%)	8:32	7 (61.4%)

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37	CUDZIŁO Joanna	2041	PKO BANK POLSKI S.A.	K-40	15	01:56:38.00	00:36:43.00	03:25:57.00	05:59:18.00	+02:17:52 (38.4%)	8:33	7 (61.4%)
38	KALINOWSKA Lucyna	2105		K-50	4	01:57:47.00	00:38:05.00	03:36:36.00	06:12:28.00	+02:31:02 (40.5%)	8:52	6.8 (59.6%)
39	RADYK Joanna	2204	PRZEMYSKI KLUB BIEGACZA	K-30	14	01:57:38.00	00:38:21.00	03:38:22.00	06:14:21.00	+02:32:55 (40.8%)	8:54	6.7 (58.8%)
40	GAWEŁ Marzena	2072	PRZEMYSKI KLUB BIEGACZA 5	K-40	16	02:00:01.00	00:34:42.00	03:40:06.00	06:14:49.00	+02:33:23 (40.9%)	8:55	6.7 (58.8%)
41	PAWLOWSKA Agnieszka	2190	PRZEMYSKI KLUB BIEGACZA	K-40	17	02:00:41.00	00:38:22.00	03:40:05.00	06:19:08.00	+02:37:42 (41.6%)	9:01	6.6 (57.9%)
42	BANAS Małgorzata	2306		K-50	5	02:01:36.00	00:40:32.00	03:47:22.00	06:29:30.00	+02:48:04 (43.1%)	9:16	6.5 (57.0%)

Znaleziono 42 wynik(ów)