



BIESZCZADZKI WEEKEND BIEGOWY RYSIA

Klasyfikacja: K-OPEN

BIESZCZADZKI WEEKEND BIEGOWY RYSIA - PO 3 ETAPACH

B4SPORT

Wydarzenie: Bieszczadzki Weekend Biegowy Rysia 2022
Organizator: GOKSiT Polańczyk
Data: 2022-10-22
Miejsce: Polańczyk
Dystans: 42 km

 **HERKULES**
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Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Etap 13km	Etap 6km	Etap 22km	Czas netto 42km	Różn	Tempo min/km	Tempo km/h
1	RÓG Dorota	145	RZESZOWSKIE GAZELE I GEPARDY	K-40	1	01:23:16.00	00:28:53.00	02:32:23.00	04:24:32.00		6:17	9.5 (100%)
2	ŚWIĘCH Anna	167	DZIKIE ŚWINKI	K-40	2	01:25:05.00	00:30:10.00	02:35:37.00	04:30:52.00	+00:06:20 (2.3%)	6:26	9.3 (97.9%)
3	GAJEK Magdalena	43	AKM PROMILEK	K-40	3	01:29:10.00	00:29:41.00	02:38:40.00	04:37:31.00	+00:12:59 (4.7%)	6:36	9.1 (95.8%)
4	ROGOWSKA Anna	141	RZESZOWSKIE GAZELE I GEPARDY	K-40	4	01:27:17.00	00:35:57.00	02:37:35.00	04:40:49.00	+00:16:17 (5.8%)	6:41	9 (94.7%)
5	BRYŁA-CRUZ Agnieszka	19	AKM PROMILEK	K-40	5	01:25:24.00	00:28:31.00	02:47:59.00	04:41:54.00	+00:17:22 (6.2%)	6:42	8.9 (93.7%)
6	ŚLIWA Anna	164	KRESOWIANIE	K-40	6	01:28:27.00	00:28:40.00	02:53:51.00	04:50:58.00	+00:26:26 (9.1%)	6:55	8.7 (91.6%)
7	DUDA Natalia	36	NIEMCE TEAM	K-16	1	01:34:09.00	00:30:15.00	02:50:00.00	04:54:24.00	+00:29:52 (10.1%)	7:00	8.6 (90.5%)
8	RĘPALSKA Agata	140	DZIKIE ŚWINKI	K-30	1	01:27:42.00	00:30:44.00	02:58:16.00	04:56:42.00	+00:32:10 (10.8%)	7:03	8.5 (89.5%)
9	OCHYRA Karolina	118	SANOK BIEGA	K-16	2	01:34:42.00	00:30:54.00	02:58:02.00	05:03:38.00	+00:39:06 (12.9%)	7:13	8.3 (87.4%)
10	JĘDRZEJCZYK Agnieszka	63	RZESZOWSKIE GAZELE I GEPARDY	K-40	7	01:38:02.00	00:33:15.00	02:54:54.00	05:06:11.00	+00:41:39 (13.6%)	7:17	8.2 (86.3%)
11	OGŁUSZKA Elżbieta	122	RZESZOWSKIE GAZELE I GEPARDY	K-30	2	01:36:57.00	00:31:56.00	03:05:08.00	05:14:01.00	+00:49:29 (15.8%)	7:28	8 (84.2%)
12	NAUKA Edyta	112	DĘBICKIE GEPARDY	K-50	1	01:45:19.00	00:33:11.00	03:06:54.00	05:25:24.00	+01:00:52 (18.7%)	7:44	7.7 (81.1%)
13	BEDNARZ Iwona	11	WATAHA FIT	K-30	3	01:42:58.00	00:35:28.00	03:08:57.00	05:27:23.00	+01:02:51 (19.2%)	7:47	7.7 (81.1%)
14	MICHNO Małgorzata	104	JAROSŁAWSKI BIEGACZ	K-40	8	01:44:45.00	00:34:53.00	03:15:55.00	05:35:33.00	+01:11:01 (21.2%)	7:59	7.5 (78.9%)

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15	RAGAN Monika	139	WATAHA FIT	K-30	4	01:43:52.00	00:35:20.00	03:18:42.00	05:37:54.00	+01:13:22 (21.7%)	8:02	7.5 (78.9%)
16	ORLOWSKA Beata	125	STALOWOWOLSKI KLUB BIEGACZA	K-50	2	01:49:41.00	00:33:40.00	03:15:58.00	05:39:19.00	+01:14:47 (22.0%)	8:04	7.4 (77.9%)
17	ZARĘBA Jolanta	183	RZESZOWSKIE GAZELE I GEPARDY K	K-50	3	01:49:20.00	00:36:32.00	03:15:58.00	05:41:50.00	+01:17:18 (22.6%)	8:08	7.4 (77.9%)
18	ĆWIAKAŁA Halina	32	ATHLETIC ZRĘCIN	K-40	9	01:47:41.00	00:35:42.00	03:18:58.00	05:42:21.00	+01:17:49 (22.7%)	8:09	7.4 (77.9%)
19	NAMIOTA Urszula	110	MARATOŃCZYK DĘBICA	K-60+	1	01:52:29.00	00:35:40.00	03:16:51.00	05:45:00.00	+01:20:28 (23.3%)	8:12	7.3 (76.8%)
20	WAWRZYŃSKA Wioletta	188		K-50	4	01:45:01.00	00:35:13.00	03:28:16.00	05:48:30.00	+01:23:58 (24.1%)	8:17	7.2 (75.8%)
21	FOLTA Anita	39	DZIKIE ŚWINKI	K-50	5	01:55:31.00	00:40:24.00	03:37:29.00	06:13:24.00	+01:48:52 (29.2%)	8:53	6.7 (70.5%)
22	WIATROWICZ Barbara	173	STALOWOWOLSKI KLUB BIEGACZA	K-60+	2	01:55:03.00	00:38:28.00	03:42:05.00	06:15:36.00	+01:51:04 (29.6%)	8:56	6.7 (70.5%)
23	NOWACZEK Aleksandra	116	MULTIMEDIA RUNNERS PUŁAWY	K-30	5	01:53:06.00	00:38:35.00	03:44:55.00	06:16:36.00	+01:52:04 (29.8%)	8:58	6.7 (70.5%)
24	CELEK Katarzyna	24	RZESZOWSKIE GAZELE I GEPARDY K	K-30	6	01:48:47.00	00:34:02.00	03:54:29.00	06:17:18.00	+01:52:46 (29.9%)	8:59	6.7 (70.5%)
25	SZCZOTKA Agata	158	JAROSŁAWSKI BIEGACZ	K-40	10	02:00:47.00	00:38:04.00	03:39:57.00	06:18:48.00	+01:54:16 (30.2%)	9:01	6.7 (70.5%)
26	MAJCHROWICZ Marzenna	97		K-40	11	02:02:04.00	00:38:22.00	03:39:30.00	06:19:56.00	+01:55:24 (30.4%)	9:02	6.6 (69.5%)
27	MAZUR Kinga	102	DĘBICKIE GEPARDY	K-30	7	02:01:51.00	00:36:44.00	03:48:14.00	06:26:49.00	+02:02:17 (31.6%)	9:12	6.5 (68.4%)
28	HEJDUK Monika	52	UMCS BIEGA	K-40	12	01:49:17.00	00:34:41.00	04:17:23.00	06:41:21.00	+02:16:49 (34.1%)	9:33	6.3 (66.3%)
29	WIERCHOŁA Joanna	174		K-60+	3	02:07:22.00	00:41:31.00	03:53:19.00	06:42:12.00	+02:17:40 (34.2%)	9:34	6.3 (66.3%)
30	MAZUREK Małgorzata	103	AKM PROMILEK	K-40	13	01:55:18.00	00:41:34.00	04:17:21.00	06:54:13.00	+02:29:41 (36.1%)	9:51	6.1 (64.2%)
31	WISZNIEWSKA Marzena	178	DZIKIE MORSY KARŁOWICE	K-30	8	01:57:51.00	00:40:58.00	04:17:19.00	06:56:08.00	+02:31:36 (36.4%)	9:54	6.1 (64.2%)
32	KORDOWSKA Kasia	75		K-40	14	02:05:56.00	00:38:43.00	04:29:47.00	07:14:26.00	+02:49:54 (39.1%)	10:20	5.8 (61.1%)
33	CHUDY Paulina	27		K-40	15	02:12:45.00	00:44:24.00	04:29:46.00	07:26:55.00	+03:02:23 (40.8%)	10:38	5.6 (58.9%)
	BANASIK Monika	8	KAŃCZUCKA GRUPA BIEGOWA	K-30		00:00:00.00 DNF	00:28:39.00 DNF	00:00:00.00 DNF	DNF		-	- (0.0%)
	ŁAKOMA Małgorzata	88	KRESOWIANIE	K-30		00:00:00.00 DNF	00:38:05.00 DNF	00:00:00.00 DNF	DNF		-	- (0.0%)
	MACIUŁA - KIELAR Monika	95	KRESOWIANIE	K-40		00:00:00.00 DNF	00:38:30.00 DNF	00:00:00.00 DNF	DNF		-	- (0.0%)
	KOWALSKA Joanna	77		K-30		00:00:00.00 DNF	00:41:11.00 DNF	00:00:00.00 DNF	DNF		-	- (0.0%)

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	ŁĘTOWSKA Marlena	91		K-30	00:00:00.00 DNF	00:41:25.00 DNF	00:00:00.00 DNF	DNF	-	-	(0.0%)
	PIETRASIEWICZ Beata	134	KRESOWIANIE	K-16	00:00:00.00 DNF	00:41:34.00 DNF	00:00:00.00 DNF	DNF	-	-	(0.0%)
	CZAJKA Renata	29	DZIKIE MORSY KARŁOWICE	K-40	00:00:00.00 DNF	00:42:28.00 DNF	00:00:00.00 DNF	DNF	-	-	(0.0%)
	MACIEJKO Anna	94	KRESOWIANIE	K-40	00:00:00.00 DNF	00:42:35.00 DNF	00:00:00.00 DNF	DNF	-	-	(0.0%)
	SZYNAL Halina	161	KRESOWIANIE	K-40	00:00:00.00 DNF	00:42:51.00 DNF	00:00:00.00 DNF	DNF	-	-	(0.0%)
	MIELCZARSKA Monika	106		K-30	01:46:33.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	DNF	-	-	(0.0%)
	FORNAL Ewelina	42	ŻBIKI	K-30	02:06:09.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	DNF	-	-	(0.0%)
	BARAŃSKA Anna	9		K-30	02:08:12.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	DNF	-	-	(0.0%)
	GOŁDA Edyta	47		K-40	02:23:07.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	DNF	-	-	(0.0%)
	WIERZBICKA Anna	175	SIENIAWA	K-30	01:50:46.00 DNF	00:37:15.00 DNF	00:00:00.00 DNF	DNF	-	-	(0.0%)
	GŁUSZKO Justyna	33	SOLINA TEAM	K-30	02:29:13.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	DNF	-	-	(0.0%)
	PUC Małgorzata	137	BBL	K-50	02:29:35.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	DNF	-	-	(0.0%)
	STEC Iwona	157	RUNISGIRL	K-30	01:50:34.00 DNF	00:39:48.00 DNF	00:00:00.00 DNF	DNF	-	-	(0.0%)
	HOŁUB Agata	53	JAROSŁAWSKI BIEGACZ	K-50	01:55:55.00 DNF	00:41:57.00 DNF	00:00:00.00 DNF	DNF	-	-	(0.0%)
	CZERWIŃSKA Małgorzata	31	JUMPING STARS TEAM/PODIUM	K-40	02:01:43.00 DNF	00:39:54.00 DNF	00:00:00.00 DNF	DNF	-	-	(0.0%)
	LIS Paulina	87	GŁOGOVIĄ GŁOGW MAŁOPOLSKI	K-30	00:00:00.00 DNF	00:00:00.00 DNF	02:54:40.00 DNF	DNF	-	-	(0.0%)
	ZATORSKA Karolina	185	TREC TEAM	K-30	00:00:00.00 DNF	00:00:00.00 DNF	02:56:50.00 DNF	DNF	-	-	(0.0%)
	WÓJCIK-BILIŃSKA Marta	181		K-40	00:00:00.00 DNF	00:00:00.00 DNF	02:59:51.00 DNF	DNF	-	-	(0.0%)
	BABIŃSKA Inga	4	PRZEMYSKI KLUB BIEGACZA	K-40	00:00:00.00 DNF	00:00:00.00 DNF	03:28:12.00 DNF	DNF	-	-	(0.0%)
	ŚNIEŻEK Lidia	165	PKB	K-50	00:00:00.00 DNF	00:00:00.00 DNF	03:40:37.00 DNF	DNF	-	-	(0.0%)

Znaleziono 57 wynik(ów)