



BIESZCZADZKI WEEKEND BIEGOWY RYSIA

Classification: M-30

BIESZCZADZKI WEEKEND BIEGOWY RYSIA - PO 3 ETAPACH

B4SPORT

Event: Bieszczadzki Weekend Biegowy Rysia
Organiser: GOKSiT Polańczyk
Date: 2021-10-23
Place: Polańczyk
Distance: 42 km

 **HERKULES**
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Place	Participant	Number	Club	Category	MCat	Etap 13km	Etap 6km	Etap 23km	Net time 42km	Gap	Pace min/km	Pace km/h
1	MOTYKA Kamil	146	BIEGANIE NA SPONTANIE	M-30	1	01:09:49.00	00:24:49.00	02:00:41.00	03:35:19.00		5:07	11.7 (100%)
2	OCHYRA Konrad	151	SOLINA TEAM	M-30	2	01:13:09.00	00:27:32.00	02:04:25.00	03:45:06.00	+00:09:47 (4.3%)	5:21	11.2 (95.7%)
3	ŁAKOMY Tomasz	125	KRESOWIANIE	M-30	3	01:14:38.00	00:26:08.00	02:10:30.00	03:51:16.00	+00:15:57 (6.9%)	5:30	10.9 (93.2%)
4	BRENDZOWSKI Adam	242	#ZABIEGANINOCA	M-30	4	01:14:52.00	00:26:54.00	02:10:11.00	03:51:57.00	+00:16:38 (7.2%)	5:31	10.9 (93.2%)
5	ZABORNIAK Paweł	234	KRESOWIANIE	M-30	5	01:16:44.00	00:27:18.00	02:12:11.00	03:56:13.00	+00:20:54 (8.8%)	5:37	10.7 (91.5%)
6	WIERZBICKI Janusz	225		M-30	6	01:16:01.00	00:26:18.00	02:18:19.00	04:00:38.00	+00:25:19 (10.5%)	5:43	10.5 (89.7%)
7	BUSZ Jacek	31	OLD SCHOOL TRAIL RUNNING	M-30	7	01:16:30.00	00:27:46.00	02:17:52.00	04:02:08.00	+00:26:49 (11.1%)	5:45	10.4 (88.9%)
8	MAJCHER Damian	132		M-30	8	01:18:05.00	00:28:16.00	02:16:47.00	04:03:08.00	+00:27:49 (11.4%)	5:47	10.4 (88.9%)
9	JACHIMOWSKI Jarosław	82	POZYTYWNE ZABIEGANI SANOK	M-30	9	01:22:23.00	00:27:51.00	02:14:15.00	04:04:29.00	+00:29:10 (11.9%)	5:49	10.3 (88.0%)
10	RADYK Jakub	176	PRZEMYSKI KLUB BIEGACZA RSB	M-30	10	01:17:33.00	00:26:51.00	02:20:34.00	04:04:58.00	+00:29:39 (12.1%)	5:49	10.3 (88.0%)
11	PIETRASIEWICZ Maciej	163	KRESOWIANIE	M-30	11	01:19:02.00	00:27:19.00	02:20:53.00	04:07:14.00	+00:31:55 (12.9%)	5:53	10.2 (87.2%)
12	PODOLAK Paweł	167	KAMIEŃ DWERNIK TRAIL	M-30	12	01:19:28.00	00:31:29.00	02:21:24.00	04:12:21.00	+00:37:02 (14.7%)	6:00	10 (85.5%)
13	ŻELAZKO Kamil	240	CARPATHIAN RUNNERS	M-30	13	01:21:44.00	00:27:22.00	02:23:37.00	04:12:43.00	+00:37:24 (14.8%)	6:01	10 (85.5%)

Place	Participant	Number	Club	Category	MCat	Etap 13km	Etap 6km	Etap 23km	Net time 42km	Gap	Pace min/km	Pace km/h
14	CUBER Wojciech	40	#ZABIEGANINOCA	M-30	14	01:20:50.00	00:27:00.00	02:30:40.00	04:18:30.00	+00:43:11 (16.7%)	6:09	9.7 (82.9%)
15	SZKODA Robert	201	BIEGANIE NA SPONTANIE	M-30	15	01:23:45.00	00:28:26.00	02:26:37.00	04:18:48.00	+00:43:29 (16.8%)	6:09	9.7 (82.9%)
16	KUBICKI Łukasz	116	KB ATHLETIC ZREČIN	M-30	16	01:27:46.00	00:31:47.00	02:30:28.00	04:30:01.00	+00:54:42 (20.3%)	6:25	9.3 (79.5%)
17	SIEŃKO Łukasz	188	AKTYWNY DYNÓW	M-30	17	01:28:37.00	00:31:33.00	02:30:22.00	04:30:32.00	+00:55:13 (20.4%)	6:26	9.3 (79.5%)
18	WAGNER Tomasz	219	KRESOWIANIE	M-30	18	01:26:26.00	00:30:33.00	02:33:42.00	04:30:41.00	+00:55:22 (20.5%)	6:26	9.3 (79.5%)
19	ZDEB Maciej	239	PIĘKNE I BRODACZE	M-30	19	01:28:35.00	00:30:57.00	02:31:45.00	04:31:17.00	+00:55:58 (20.6%)	6:27	9.3 (79.5%)
20	HUTNIK Krzysiek	80	ZERWANIE Z ŁAŃCUCHA	M-30	20	01:29:21.00	00:30:46.00	02:31:13.00	04:31:20.00	+00:56:01 (20.6%)	6:27	9.3 (79.5%)
21	KRAWCZYK Jan	108	KLUB POD WISIENKĄ	M-30	21	01:26:32.00	00:34:20.00	02:32:56.00	04:33:48.00	+00:58:29 (21.4%)	6:31	9.2 (78.6%)
22	SURMAN Mariusz	197	DZIKIE MUSTANGI	M-30	22	01:31:07.00	00:31:19.00	02:39:47.00	04:42:13.00	+01:06:54 (23.7%)	6:43	8.9 (76.1%)
23	SAJ Paweł	186	DZIKIE MUSTANGI	M-30	23	01:34:22.00	00:32:26.00	02:42:34.00	04:49:22.00	+01:14:03 (25.6%)	6:53	8.7 (74.4%)
24	KOLANKO Michał	255	NFOSOFTWARE POLSKA/KILOMETRY ODDECHÓW	M-30	24	01:38:04.00	00:34:01.00	02:51:45.00	05:03:50.00	+01:28:31 (29.1%)	7:14	8.3 (70.9%)
25	ARCISZEWSKI Michał	4	DZIKIE MUSTANGI	M-30	25	01:38:11.00	00:32:49.00	02:53:28.00	05:04:28.00	+01:29:09 (29.3%)	7:14	8.3 (70.9%)
26	BEŁCH Michał	14	DECARUN RZESZÓW	M-30	26	01:34:37.00	00:33:21.00	02:59:27.00	05:07:25.00	+01:32:06 (30.0%)	7:19	8.2 (70.1%)
27	ZAWADA Rafał	41		M-30	27	01:42:36.00	00:35:29.00	02:55:52.00	05:13:57.00	+01:38:38 (31.4%)	7:28	8 (68.4%)
28	BUKSA Tomasz	27	PRZEMYSKI KLUB BIEGACZA 2	M-30	28	01:46:38.00	00:35:50.00	03:11:42.00	05:34:10.00	+01:58:51 (35.6%)	7:57	7.5 (64.1%)
29	BORCZ Marcin	23	DIP-MAR MARCIN BORCZ	M-30	29	01:53:26.00	00:38:41.00	03:11:54.00	05:44:01.00	+02:08:42 (37.4%)	8:11	7.3 (62.4%)
30	ROZENBAJGIER Sebastian	183	6 BATALION STRZELCÓW PODHALAŃSKICH	M-30	30	01:58:32.00	00:36:39.00	03:23:26.00	05:58:37.00	+02:23:18 (40.0%)	8:32	7 (59.8%)
31	FLOREK Wojtek	58	DZIKIE MUSTANGI	M-30	31	02:06:54.00	00:36:09.00	03:32:47.00	06:15:50.00	+02:40:31 (42.7%)	8:56	6.7 (57.3%)
	JANKOWSKI Konrad	87	SOLINA TEAM	M-30		01:21:37.00 DNF	01:21:37.00 DNF	-03:42:49.0 DNF	DNF		-	- (0.0%)
	BŁĄŻEWICZ Piotr	18		M-30		01:45:48.00 DNF	01:45:48.00 DNF	-04:49:49.0 DNF	DNF		-	- (0.0%)
	FORJASZ Przemek	61		M-30		01:24:22.00 DNF	00:28:37.00 DNF	01:52:59.00 DNF	DNF		-	- (0.0%)
	KALIN Kamil	91		M-30		02:10:40.00 DNF	00:45:15.00 DNF	02:55:55.00 DNF	DNF		-	- (0.0%)
	STARZYŃSKI Marcin	253	WATAHA	M-30		01:21:00.00 DNF	01:21:00.00 DNF	00:00:00.00 DNF	DNF		-	- (0.0%)

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	MSZANECKI Tomasz	148	35 BLP SANOK	M-30		01:40:37.00 DNF	01:40:37.00 DNF	00:00:00.00 DNF	DNF		-	-(0.0%)
	PASIONEK Bartłomiej	159		M-30		01:43:00.00 DNF	01:43:00.00 DNF	00:00:00.00 DNF	DNF		-	-(0.0%)
	PRZYBYLSKI Damian	175		M-30		01:44:18.00 DNF	01:44:18.00 DNF	00:00:00.00 DNF	DNF		-	-(0.0%)
	HAŁOŃ Łukasz	74		M-30		01:55:55.00 DNF	01:55:55.00 DNF	00:00:00.00 DNF	DNF		-	-(0.0%)

Total 40 results.