



BIESZCZADZKI WEEKEND BIEGOWY RYSIA

Classification: M-30

BIESZCZADZKI WEEKEND BIEGOWY RYSIA - PO 3 ETAPACH

B4SPORT

Event: Bieszczadzki Weekend Biegowy Rysia 2022
Organiser: GOKSiT Polańczyk
Date: 2022-10-22
Place: Polańczyk
Distance: 42 km



Place	Participant	Number	Club	Category	MCat	Etap 13km	Etap 6km	Etap 22km	Net time 42km	Gap	Pace min/km	Pace km/h
1	WILKOS Mateusz	177	NIEMCE TEAM	M-30	1	01:06:30.00	00:23:02.00	01:57:07.00	03:26:39.00		4:55	12.2 (100%)
2	GUT Jacek	49	BLACK JACK TEAM	M-30	2	01:07:55.00	00:24:16.00	01:58:14.00	03:30:25.00	+00:03:46 (1.8%)	5:00	12 (98.4%)
3	JAKUBIK Marcin	58	MKS HALICZ	M-30	3	01:09:26.00	00:24:15.00	01:59:22.00	03:33:03.00	+00:06:24 (3.0%)	5:04	11.8 (96.7%)
4	WIERZBICKI Janusz	176	SIENIAWA	M-30	4	01:10:01.00	00:24:29.00	02:01:11.00	03:35:41.00	+00:09:02 (4.2%)	5:08	11.7 (95.9%)
5	OGŁUSZKA Michał	121	RZESZOWSKIE GAZELE I GEPARDY	M-30	5	01:16:19.00	00:28:30.00	02:11:42.00	03:56:31.00	+00:29:52 (12.6%)	5:37	10.7 (87.7%)
6	PIETRASIEWICZ Maciej	133	KRESOWIANIE	M-30	6	01:16:00.00	00:26:12.00	02:17:41.00	03:59:53.00	+00:33:14 (13.9%)	5:42	10.5 (86.1%)
7	JACHIMOWSKI Jarosław	57	SANOK BIEGA	M-30	7	01:19:50.00	00:26:45.00	02:14:01.00	04:00:36.00	+00:33:57 (14.1%)	5:43	10.5 (86.1%)
8	ŁAKOMY Tomasz	89	KRESOWIANIE	M-30	8	01:18:00.00	00:26:51.00	02:15:51.00	04:00:42.00	+00:34:03 (14.1%)	5:43	10.5 (86.1%)
9	KACZMARSKI Grzegorz	65	KACZMARSKI TEAM / K&O TEAM	M-30	9	01:14:32.00	00:26:40.00	02:21:25.00	04:02:37.00	+00:35:58 (14.8%)	5:46	10.4 (85.2%)
10	PEŁDIAK Mateusz	132	DZIKIE ŚWINKI	M-30	10	01:17:07.00	00:27:53.00	02:23:18.00	04:08:18.00	+00:41:39 (16.8%)	5:54	10.1 (82.8%)
11	PASTERZ Piotr	131		M-30	11	01:22:15.00	00:27:32.00	02:25:01.00	04:14:48.00	+00:48:09 (18.9%)	6:04	9.9 (81.1%)
12	ROMAN Krzysztof	143	KOZACKI TEAM HŁOMCZA	M-30	12	01:17:08.00	00:26:54.00	02:35:09.00	04:19:11.00	+00:52:32 (20.3%)	6:10	9.7 (79.5%)
13	SOCHA Krzysztof	154	RZESZOWSKIE GAZELE I GEPARDY	M-30	13	01:24:41.00	00:28:16.00	02:26:18.00	04:19:15.00	+00:52:36 (20.3%)	6:10	9.7 (79.5%)

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									42km			
14	LEŚ Michał	85	SANOK BIEGA	M-30	14	01:18:02.00	00:29:57.00	02:31:53.00	04:19:52.00	+00:53:13 (20.5%)	6:11	9.7 (79.5%)
15	KLATKA Kamil	71	ATHLETIC ZRĘCIN	M-30	15	01:21:20.00	00:25:13.00	02:39:00.00	04:25:33.00	+00:58:54 (22.2%)	6:19	9.5 (77.9%)
16	GRUSZCZYŃSKI Romuald	48	KRESOWIANIE	M-30	16	01:18:32.00	00:28:07.00	02:44:47.00	04:31:26.00	+01:04:47 (23.9%)	6:27	9.3 (76.2%)
17	KRAKOWIAN Marek	81	JEST LEPIJ RUN TEAM	M-30	17	01:23:01.00	00:29:20.00	02:39:19.00	04:31:40.00	+01:05:01 (23.9%)	6:28	9.3 (76.2%)
18	KOBYLARZ Piotr	73	RZESZOWSKIE GAZELE I GEPARDY	M-30	18	01:18:39.00	00:27:22.00	02:49:30.00	04:35:31.00	+01:08:52 (25.0%)	6:33	9.1 (74.6%)
19	WAGNER Tomasz	171	KRESOWIANIE	M-30	19	01:22:48.00	00:30:00.00	02:51:02.00	04:43:50.00	+01:17:11 (27.2%)	6:45	8.9 (73.0%)
20	SIEŃKO Łukasz	152	AKTYWNY DYNÓW	M-30	20	01:31:09.00	00:30:59.00	02:43:48.00	04:45:56.00	+01:19:17 (27.7%)	6:48	8.8 (72.1%)
21	KOZŁOWSKI Sylwester	80	KOZACKI TEAM HŁOMCZA	M-30	21	01:22:00.00	00:29:44.00	02:58:02.00	04:49:46.00	+01:23:07 (28.7%)	6:53	8.7 (71.3%)
22	KUBICKI Łukasz	82		M-30	22	01:28:41.00	00:31:38.00	02:52:52.00	04:53:11.00	+01:26:32 (29.5%)	6:58	8.6 (70.5%)
23	LEWCZUK Norbert	86	BIEGACZE POMAGACZE/EDYTA LEWANDOWSKA TEAM	M-30	23	01:33:12.00	00:32:43.00	03:04:57.00	05:10:52.00	+01:44:13 (33.5%)	7:24	8.1 (66.4%)
24	BERNAŚ Dariusz	12	BSCZADY	M-30	24	01:35:49.00	00:35:06.00	03:00:50.00	05:11:45.00	+01:45:06 (33.7%)	7:25	8.1 (66.4%)
25	WÓJCICKI Damian	180	AKM PROMILEK	M-30	25	01:38:01.00	00:31:35.00	03:08:06.00	05:17:42.00	+01:51:03 (35.0%)	7:33	7.9 (64.8%)
26	KISIELEWICZ Marcin	70	ATHLETIC ZRĘCIN	M-30	26	01:37:42.00	00:33:26.00	03:11:35.00	05:22:43.00	+01:56:04 (36.0%)	7:41	7.8 (63.9%)
27	MOGILANY Łukasz	108		M-30	27	01:46:13.00	00:37:03.00	03:28:16.00	05:51:32.00	+02:24:53 (41.2%)	8:22	7.2 (59.0%)
28	DRĄG Piotr	35	STALOWOWOLSKI KLUB BIEGACZA	M-30	28	01:42:55.00	00:33:32.00	04:20:37.00	06:37:04.00	+03:10:25 (48.0%)	9:27	6.3 (51.6%)
29	TARKOWSKI Dawid	168	PRZEMYSKI KLUB BIEGACZA	M-30	29	02:13:22.00	00:42:58.00	04:29:47.00	07:26:07.00	+03:59:28 (53.7%)	10:37	5.6 (45.9%)
30	OCHYRA Konrad	90	SOLINA TEAM	M-30	30	02:44:01.00	00:28:00.00	04:33:42.00	07:45:43.00	+04:19:04 (55.6%)	11:05	5.4 (44.3%)
	ZACNY Łukasz	192	SOLINA TEAM	M-30		00:00:00.00 DNF	00:34:56.00 DNF	00:00:00.00 DNF	DNF		-	- (0.0%)
	MARUT Wojciech	99		M-30		00:00:00.00 DNF	00:38:03.00 DNF	00:00:00.00 DNF	DNF		-	- (0.0%)
	MSZANECKI Tomasz	109	35 BLP SANOK	M-30		01:29:01.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	DNF		-	- (0.0%)
	HAŁOŃ Łukasz	51	35 BLP SANOK	M-30		01:35:33.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	DNF		-	- (0.0%)
	BUSZ Jacek	22	STAJNIA BALONA/OLD SCHOOL TRAIL RUNNING	M-30		01:16:22.00 DNF	00:27:51.00 DNF	00:00:00.00 DNF	DNF		-	- (0.0%)
	CEBERAK Bartek	23		M-30		00:00:00.00 DNF	00:00:00.00 DNF	01:47:25.00 DNF	DNF		-	- (0.0%)

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	BARAŃSKI Przemysław	10		M-30		01:51:34.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	DNF	-	-	(0.0%)
	MARUT Wojciech	100		M-30		01:52:40.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	DNF	-	-	(0.0%)
	FORNAL Jacek	41	ZBIKI	M-30		02:06:09.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	DNF	-	-	(0.0%)
	SZPUNAR Jakub	160		M-30		02:06:39.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	DNF	-	-	(0.0%)
	KACZMAR Marek	64		M-30		02:13:04.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	DNF	-	-	(0.0%)
	KULON Piotr	83		M-30		01:39:51.00 DNF	00:34:09.00 DNF	00:00:00.00 DNF	DNF	-	-	(0.0%)
	OSYPANKA Daniel	127	PRZEMYSKI KLUB BIEGACZA	M-30		01:58:35.00 DNF	00:39:55.00 DNF	00:00:00.00 DNF	DNF	-	-	(0.0%)
	KOWALSKI Sebastian	78		M-30		02:06:38.00 DNF	00:41:10.00 DNF	00:00:00.00 DNF	DNF	-	-	(0.0%)
	ANDREARCZYK Patryk	2		M-30		00:00:00.00 DNF	00:00:00.00 DNF	02:50:11.00 DNF	DNF	-	-	(0.0%)

Total 45 results.