



BIESZCZADZKI WEEKEND BIEGOWY RYSIA

Klasyfikacja: M-40

BIESZCZADZKI WEEKEND BIEGOWY RYSIA - PO 3 ETAPACH

B4SPORT

Wydarzenie: Bieszczadzki Weekend Biegowy Rysia
Organizator: GOKSiT Polańczyk
Data: 2021-10-23
Miejsce: Polańczyk
Dystans: 42 km



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Etap 13km	Etap 6km	Etap 23km	Czas netto 42km	Różn	Tempo min/km	Tempo km/h
1	DZIEWIŃSKI Damian	56	POZYTYWNIENIE ZABIEGANI SANOK	M-40	1	01:07:14.00	00:23:39.00	01:58:58.00	03:29:51.00		4:59	12 (100%)
2	SZMIST Szymon	203	KB ATHLETIC ZRĘCIN	M-40	2	01:07:56.00	00:24:01.00	01:58:56.00	03:30:53.00	+00:01:02 (0.5%)	5:01	11.9 (99.2%)
3	SKAWIŃSKI Tomasz	189	POZYTYWNIENIE ZABIEGANI SANOK	M-40	3	01:12:37.00	00:25:52.00	02:01:38.00	03:40:07.00	+00:10:16 (4.7%)	5:14	11.4 (95.0%)
4	JANAS Marcin	86	KB ATHLETIC ZRĘCIN	M-40	4	01:12:42.00	00:26:35.00	02:01:26.00	03:40:43.00	+00:10:52 (4.9%)	5:15	11.4 (95.0%)
5	NIEDZIELSKI Dariusz	150	AKTYWNY DYNÓW	M-40	5	01:13:10.00	00:26:40.00	02:05:14.00	03:45:04.00	+00:15:13 (6.8%)	5:21	11.2 (93.3%)
6	RUCIŃSKI Piotr	184		M-40	6	01:13:24.00	00:25:20.00	02:08:38.00	03:47:22.00	+00:17:31 (7.7%)	5:24	11.1 (92.5%)
7	WEREMKO Grzegorz	221	MULTIMEDIA RUNNERS PUŁAWY	M-40	7	01:13:12.00	00:26:11.00	02:09:36.00	03:48:59.00	+00:19:08 (8.4%)	5:27	11 (91.7%)
8	KOHUT Dariusz	101	PRZEMYSKI KLUB BIEGACZA	M-40	8	01:16:53.00	00:26:42.00	02:09:41.00	03:53:16.00	+00:23:25 (10.0%)	5:33	10.8 (90.0%)
9	BURY Maro	30		M-40	9	01:13:51.00	00:26:02.00	02:15:49.00	03:55:42.00	+00:25:51 (11.0%)	5:36	10.7 (89.2%)
10	MAKARSKI Krzysztof	133	BIEGANIE NA SPONTANIE	M-40	10	01:17:19.00	00:25:46.00	02:12:48.00	03:55:53.00	+00:26:02 (11.0%)	5:36	10.7 (89.2%)
11	SOBOL Krystian	192		M-40	11	01:15:42.00	00:27:42.00	02:14:19.00	03:57:43.00	+00:27:52 (11.7%)	5:39	10.6 (88.3%)
12	ROGAŁA Grzegorz	181		M-40	12	01:19:49.00	00:28:37.00	02:17:05.00	04:05:31.00	+00:35:40 (14.5%)	5:50	10.3 (85.8%)
13	HULIN Sebastian	78	KOMENDA MIEJSKA POLICJI W KATOWICACH	M-40	13	01:20:07.00	00:28:05.00	02:19:09.00	04:07:21.00	+00:37:30 (15.2%)	5:53	10.2 (85.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Etap 13km	Etap 6km	Etap 23km	Czas netto 42km	Różn	Tempo min/km	Tempo km/h
14	TRĘBSKI Krzysztof	215	#ZABIEGANINOCA	M-40	14	01:20:50.00	00:28:38.00	02:18:32.00	04:08:00.00	+00:38:09 (15.4%)	5:54	10.2 (85.0%)
15	MACIEJKO Rafał	130	KRESOWIANIE	M-40	15	01:23:12.00	00:27:12.00	02:21:21.00	04:11:45.00	+00:41:54 (16.6%)	5:59	10 (83.3%)
16	GAWORECKI Tomasz	70	POZYTYWNE ZABIEGANI SANOK	M-40	16	01:24:27.00	00:29:45.00	02:22:54.00	04:17:06.00	+00:47:15 (18.4%)	6:07	9.8 (81.7%)
17	GAJEK Grzegorz	67	BIEGANIE NA SPONTANIE	M-40	17	01:29:05.00	00:30:39.00	02:18:52.00	04:18:36.00	+00:48:45 (18.9%)	6:09	9.7 (80.8%)
18	KŁÓSEK Paweł	99	DĘBICKIE GEPARDY	M-40	18	01:25:10.00	00:29:31.00	02:31:01.00	04:25:42.00	+00:55:51 (21.0%)	6:19	9.5 (79.2%)
19	BANASIK Krzysztof	11	SZYBKIE I WŚCIEKLI TEAM	M-40	19	01:15:14.00	00:26:59.00	02:47:49.00	04:30:02.00	+01:00:11 (22.3%)	6:25	9.3 (77.5%)
20	MAZUR Ireneusz	136	DĘBICKIE GEPARDY	M-40	20	01:29:07.00	00:31:02.00	02:41:20.00	04:41:29.00	+01:11:38 (25.4%)	6:42	9 (75.0%)
21	ROŚĆ Dawid	182	ROKAN	M-40	21	01:29:30.00	00:30:05.00	02:42:57.00	04:42:32.00	+01:12:41 (25.7%)	6:43	8.9 (74.2%)
22	FEDAK Bohdan	57	KB ATHLETIC ZRĘCIN	M-40	22	01:34:06.00	00:34:21.00	02:36:25.00	04:44:52.00	+01:15:01 (26.3%)	6:46	8.8 (73.3%)
23	DOPART Tomasz	51	KAMIEŃ DWERNIK	M-40	23	01:29:40.00	00:35:11.00	02:42:07.00	04:46:58.00	+01:17:07 (26.9%)	6:49	8.8 (73.3%)
24	LITWINEK Marek	121		M-40	24	01:35:01.00	00:30:49.00	02:42:32.00	04:48:22.00	+01:18:31 (27.2%)	6:51	8.7 (72.5%)
25	CZEKAŃSKI Wojciech	46	GRUPA POSCIGOWA	M-40	25	01:28:16.00	00:33:02.00	02:47:30.00	04:48:48.00	+01:18:57 (27.3%)	6:52	8.7 (72.5%)
26	FUTYMA Michał	65	DRUŻYNA FUTYMA!!!	M-40	26	01:33:45.00	00:31:38.00	02:47:32.00	04:52:55.00	+01:23:04 (28.4%)	6:58	8.6 (71.7%)
27	CZAJKA Tomasz	45		M-40	27	01:33:07.00	00:34:23.00	02:49:44.00	04:57:14.00	+01:27:23 (29.4%)	7:04	8.5 (70.8%)
28	POŻNIAK Grzegorz	171	DRUŻYNA B	M-40	28	01:34:55.00	00:32:58.00	02:52:55.00	05:00:48.00	+01:30:57 (30.2%)	7:09	8.4 (70.0%)
29	WAJCOWICZ Witold	220	POZYTYWNE ZABIEGANI SANOK	M-40	29	01:42:56.00	00:32:35.00	02:49:54.00	05:05:25.00	+01:35:34 (31.3%)	7:16	8.3 (69.2%)
30	BAL Robert	9	DRUŻYNA B	M-40	30	01:37:07.00	00:33:39.00	02:57:05.00	05:07:51.00	+01:38:00 (31.8%)	7:19	8.2 (68.3%)
31	BILIŃSKI Tomasz	17	DRUŻYNA B	M-40	31	01:34:50.00	00:32:38.00	03:04:51.00	05:12:19.00	+01:42:28 (32.8%)	7:26	8.1 (67.5%)
32	WYSKIEL Maciej	233	AKTYWNY DYNÓW	M-40	32	01:38:53.00	00:34:04.00	03:00:15.00	05:13:12.00	+01:43:21 (33.0%)	7:27	8 (66.7%)
33	RYBIŃSKI Grzegorz	185	BIEGAM BO LUBIĘ	M-40	33	01:34:38.00	00:35:12.00	03:03:35.00	05:13:25.00	+01:43:34 (33.0%)	7:27	8 (66.7%)
34	JAKUBOWSKI Daniel	83	NOCNY BÓR TEAM	M-40	34	01:39:52.00	00:36:09.00	02:58:28.00	05:14:29.00	+01:44:38 (33.3%)	7:29	8 (66.7%)
35	OŻÓG Jacek	157	UCZESTNIK INDYWIDUALNY	M-40	35	01:39:37.00	00:37:05.00	03:01:37.00	05:18:19.00	+01:48:28 (34.1%)	7:34	7.9 (65.8%)
36	MITURA Wojtek	143		M-40	36	01:31:12.00	00:30:14.00	03:16:58.00	05:18:24.00	+01:48:33 (34.1%)	7:34	7.9 (65.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Etap 13km	Etap 6km	Etap 23km	Czas netto 42km	Różn	Tempo min/km	Tempo km/h
37	BOCEK Sławomir	19	WATAHA	M-40	37	01:42:52.00	00:35:46.00	03:05:24.00	05:24:02.00	+01:54:11 (35.2%)	7:42	7.8 (65.0%)
38	KRUKOWSKI Robert	113	PLATINIUM CROSS ZAMOŚĆ	M-40	38	01:39:47.00	00:33:33.00	03:14:23.00	05:27:43.00	+01:57:52 (36.0%)	7:48	7.7 (64.2%)
39	BIEDROŃ Wojciech	16		M-40	39	01:57:09.00	00:38:33.00	03:15:24.00	05:51:06.00	+02:21:15 (40.2%)	8:21	7.2 (60.0%)
40	LEWICKIJ Yurii	119	'STRIYSKI KHVOSTY'	M-40	40	01:47:44.00	00:39:29.00	03:31:19.00	05:58:32.00	+02:28:41 (41.5%)	8:32	7 (58.3%)
41	WÓJTOWICZ Paweł	232	LUBLIN BIEGA	M-40	41	02:02:38.00	00:40:43.00	03:34:16.00	06:17:37.00	+02:47:46 (44.4%)	8:59	6.7 (55.8%)
	MROCZEK Bartek	147	WŁUCZYKIJE	M-40		DNF DNF	-00:39:38.0 DNF	02:26:15.00 DNF	DNF		-	- (0.0%)
	MUCHA Łukasz	149		M-40		DNF DNF	-00:34:59.0 DNF	02:41:00.00 DNF	DNF		-	- (0.0%)
	PECKA Krzysztof	260	SOLINA TEAM	M-40		DNF DNF	-00:36:59.0 DNF	00:36:59.00 DNF	DNF		-	- (0.0%)
	SUSABOWSKI Andrzej	199	BĘDZIE LEPIEJ	M-40		01:30:19.00 DNF	00:31:29.00 DNF	02:01:48.00 DNF	DNF		-	- (0.0%)
	GWOZDA Grzegorz	73	KRESOWIANIE	M-40		01:34:46.00 DNF	00:32:18.00 DNF	02:07:04.00 DNF	DNF		-	- (0.0%)
	KACZMARSKI Wojciech	90	K&O TEAM/ KACZMARSKI TEAM	M-40		01:38:10.00 DNF	00:33:32.00 DNF	02:11:42.00 DNF	DNF		-	- (0.0%)
	CHODNICKI Radosław	36	BĘDZIE LEPIEJ	M-40		01:43:47.00 DNF	00:38:02.00 DNF	02:21:49.00 DNF	DNF		-	- (0.0%)
	MIKUSEK Ryszard	141	BĘDZIE LEPIEJ	M-40		02:01:05.00 DNF	00:38:19.00 DNF	02:39:24.00 DNF	DNF		-	- (0.0%)
	KAPRAL Adam	94	DWERNIK KAMIEŃ TRAIL	M-40		01:39:19.00 DNF	01:39:19.00 DNF	00:00:00.00 DNF	DNF		-	- (0.0%)
	KARDASZ Marek	243	SOLINA TEAM	M-40		02:19:57.00 DNF	02:19:57.00 DNF	00:00:00.00 DNF	DNF		-	- (0.0%)

Znaleziono 51 wynik(ów)