



## BIESZCZADZKI WEEKEND BIEGOWY RYSIA

Klasyfikacja: M-50

# BIESZCZADZKI WEEKEND BIEGOWY RYSIA - PO 3 ETAPACH

B4SPORT

**Wydarzenie:** Bieszczadzki Weekend Biegowy Rysia 2022  
**Organizator:** GOKSiT Polańczyk  
**Data:** 2022-10-22  
**Miejsce:** Polańczyk  
**Dystans:** 42 km

 **HERKULES**  
[www.herkules.org.pl](http://www.herkules.org.pl)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Etap 13km	Etap 6km	Etap 22km	Czas netto 42km	Różn	Tempo min/km	Tempo km/h
1	<b>RACHWALSKI Tomasz</b>	<b>138</b>	BŁĘKITNI ŻEGLCE	M-50	1	01:16:01.00	00:28:34.00	02:24:00.00	<b>04:08:35.00</b>		5:55	10.1 (100%)
2	<b>JASTRZĄB Piotr</b>	<b>62</b>	DEKAN LESKO	M-50	2	01:21:49.00	00:27:18.00	02:26:55.00	<b>04:16:02.00</b>	+00:07:27 (2.9%)	6:05	9.8 (97.0%)
3	<b>ANTOSZ Bogdan</b>	<b>3</b>	SIENIAWA	M-50	3	01:23:01.00	00:28:40.00	02:27:05.00	<b>04:18:46.00</b>	+00:10:11 (3.9%)	6:09	9.7 (96.0%)
4	<b>RYCAK Andrzej</b>	<b>148</b>	NJNSABAUDY	M-50	4	01:22:52.00	00:29:07.00	02:27:56.00	<b>04:19:55.00</b>	+00:11:20 (4.4%)	6:11	9.7 (96.0%)
5	<b>ZATOR Janusz</b>	<b>184</b>	DĘBICKIE GEPRADY	M-50	5	01:26:02.00	00:29:15.00	02:27:56.00	<b>04:23:13.00</b>	+00:14:38 (5.6%)	6:16	9.6 (95.0%)
6	<b>ŚNIEŻEK Piotr</b>	<b>166</b>	PRZEMYSKI KLUB BIEGACZA	M-50	6	01:24:48.00	00:30:37.00	02:41:42.00	<b>04:37:07.00</b>	+00:28:32 (10.3%)	6:35	9.1 (90.1%)
7	<b>HOŁUB Wacław</b>	<b>54</b>	JAROSŁAWSKI BIEGACZ	M-50	7	01:26:40.00	00:30:30.00	02:46:44.00	<b>04:43:54.00</b>	+00:35:19 (12.4%)	6:45	8.9 (88.1%)
8	<b>MATERNA Roman</b>	<b>101</b>	RZESZOWSKIE GAZELE I GEPARDY	M-50	8	01:31:00.00	00:31:47.00	02:44:24.00	<b>04:47:11.00</b>	+00:38:36 (13.4%)	6:50	8.8 (87.1%)
9	<b>JARZYŃKA Krzysztof</b>	<b>61</b>	K2	M-50	9	01:32:40.00	00:32:40.00	02:47:26.00	<b>04:52:46.00</b>	+00:44:11 (15.1%)	6:58	8.6 (85.1%)
10	<b>TELEGA Robert</b>	<b>169</b>	BLOK_B	M-50	10	01:33:37.00	00:31:50.00	02:50:33.00	<b>04:56:00.00</b>	+00:47:25 (16.0%)	7:02	8.5 (84.2%)
11	<b>TRZONEK Andrzej</b>	<b>170</b>	JGBS	M-50	11	01:35:50.00	00:31:35.00	02:52:39.00	<b>05:00:04.00</b>	+00:51:29 (17.2%)	7:08	8.4 (83.2%)
12	<b>OCHYRA Krzysztof</b>	<b>119</b>		M-50	12	01:40:39.00	00:34:12.00	03:00:24.00	<b>05:15:15.00</b>	+01:06:40 (21.1%)	7:30	8 (79.2%)
13	<b>SERAFIN Jacek</b>	<b>150</b>	KGB KORCZYNA	M-50	13	01:39:28.00	00:35:44.00	03:19:00.00	<b>05:34:12.00</b>	+01:25:37 (25.6%)	7:57	7.5 (74.3%)
14	<b>PASEK Janusz</b>	<b>130</b>	DĘBICKIE GEPARDY	M-50	14	01:49:49.00	00:36:48.00	03:20:42.00	<b>05:47:19.00</b>	+01:38:44 (28.4%)	8:16	7.3 (72.3%)
15	<b>NAUKA Wiesław</b>	<b>113</b>	DĘBICKIE GEPARDY	M-50	15	01:50:25.00	00:36:06.00	03:27:35.00	<b>05:54:06.00</b>	+01:45:31 (29.8%)	8:25	7.1 (70.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Etap 13km	Etap 6km	Etap 22km	Czas netto 42km	Różn	Tempo min/km	Tempo km/h
16	<b>MAJCHROWICZ Andrzej</b>	<b>96</b>		M-50	16	01:56:46.00	00:42:29.00	03:43:58.00	<b>06:23:13.00</b>	+02:14:38 (35.1%)	9:07	6.6 (65.3%)
17	<b>SOJA Tomek</b>	<b>155</b>	DZIKIE ŚWINKI	M-50	17	01:57:11.00	00:41:26.00	03:48:31.00	<b>06:27:08.00</b>	+02:18:33 (35.8%)	9:13	6.5 (64.4%)
18	<b>ORŁOWSKI Wojciech</b>	<b>126</b>	STALOWOWOLSKI KLUB BIEGACZA	M-50	18	01:54:18.00	00:36:14.00	04:05:08.00	<b>06:35:40.00</b>	+02:27:05 (37.2%)	9:25	6.4 (63.4%)
	<b>CHMIELEWSKI Krzysztof</b>	<b>26</b>		M-50		00:00:00.00 DNF	00:36:27.00 DNF	00:00:00.00 DNF	<b>DNF</b>		-	- (0.0%)
	<b>BURAK Andrzej</b>	<b>189</b>		M-50		00:00:00.00 DNF	00:42:18.00 DNF	00:00:00.00 DNF	<b>DNF</b>		-	- (0.0%)
	<b>POKORA Roman</b>	<b>191</b>	KS DOLINY SANU I TANWI	M-50		02:42:47.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	<b>DNF</b>		-	- (0.0%)

Znaleziono 21 wynik(ów)