



BIESZCZADZKI WEEKEND BIEGOWY RYSIA

Klasyfikacja: M-60+

BIESZCZADZKI WEEKEND BIEGOWY RYSIA - PO 3 ETAPACH

B4SPORT

Wydarzenie: Bieszczadzki Weekend Biegowy Rysia 2022
Organizator: GOKSiT Polańczyk
Data: 2022-10-22
Miejsce: Polańczyk
Dystans: 42 km

 **HERKULES**
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| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Etap 13km | Etap 6km | Etap 22km | Czas netto 42km | Różn | Tempo min/km | Tempo km/h |
|-----|----------------------------|------------|--|-----------|------|--------------------|--------------------|--------------------|--------------------|-------------------|--------------|-------------|
| 1 | RECZKOWSKI Andrzej | 190 | ATHLETIC ZRĘCIN | M-60+ | 1 | 01:34:22.00 | 00:32:38.00 | 03:04:10.00 | 05:11:10.00 | | 7:24 | 8.1 (100%) |
| 2 | SMAGACZ Henryk | 153 | DĘBICKIE GEPARDY | M-60+ | 2 | 01:44:43.00 | 00:36:58.00 | 03:10:50.00 | 05:32:31.00 | +00:21:21 (6.4%) | 7:55 | 7.6 (93.8%) |
| 3 | SIEDLACZEK Zbigniew | 151 | | M-60+ | 3 | 01:47:27.00 | 00:34:44.00 | 03:30:11.00 | 05:52:22.00 | +00:41:12 (11.7%) | 8:23 | 7.2 (88.9%) |
| 4 | NAMIOTA Marek | 111 | | M-60+ | 4 | 01:52:29.00 | 00:38:33.00 | 03:36:31.00 | 06:07:33.00 | +00:56:23 (15.3%) | 8:45 | 6.9 (85.2%) |
| 5 | FOLTA Jan | 40 | DZIKIE ŚWINKI | M-60+ | 5 | 01:55:57.00 | 00:36:52.00 | 03:46:17.00 | 06:19:06.00 | +01:07:56 (17.9%) | 9:01 | 6.6 (81.5%) |
| 6 | BŁUDOW Walery | 16 | | M-60+ | 6 | 02:20:28.00 | 00:45:23.00 | 04:33:42.00 | 07:39:33.00 | +02:28:23 (32.3%) | 10:56 | 5.5 (67.9%) |
| | BIELÓWKA Roman | 14 | GRODZISKA GRUPA BIEGOWA SZALONE ŻÓŁWIE | M-60+ | | 00:00:00.00 DNF | 00:00:00.00 DNF | 02:53:23.00 DNF | DNF | | - | - (0.0%) |

Znaleziono 7 wynik(ów)