



## BMK 2021 - SPRINT 11KM

B4SPORT

**Event:** XII Bieg Morskiego Komandosa  
**Organiser:** OCR Events  
**Date:** 2021-08-28  
**Place:** Gdynia  
**Distance:** 11 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Classification: Sprint - M

Place	Participant	Number	Club	Category	MCat	Net time 11km	Gap	Pace min/km	Pace km/h
1	KĄKOL Kacper	S39	BIEGUN OCR TEAM	Sprint - M	1	01:22:04.95		7:27	8 (100%)
2	DZIÓBEK Lech	S1		Sprint - M	2	01:25:06.00	+00:03:01 (3.5%)	7:44	7.8 (97.5%)
3	STEFANIAK Marcin	S16		Sprint - M	3	01:33:28.70	+00:11:23 (12.2%)	8:29	7.1 (88.8%)
4	JANIKOWSKI Dominik	S54	7PBOT	Sprint - M	4	01:39:37.10	+00:17:32 (17.6%)	9:03	6.6 (82.5%)
5	JANIKOWSKI Damian	S55	7PBOT	Sprint - M	5	01:39:41.10	+00:17:36 (17.7%)	9:03	6.6 (82.5%)
6	LATO Jacek	S42		Sprint - M	6	01:43:43.25	+00:21:38 (20.9%)	9:25	6.4 (80.0%)
7	GOLKO Jakub	S37		Sprint - M	7	01:44:06.90	+00:22:01 (21.2%)	9:27	6.3 (78.8%)
8	SZEIB Robert	S14		Sprint - M	8	01:50:38.10	+00:28:33 (25.8%)	10:03	6 (75.0%)
9	NOWAK Rafał	S44	ENDORFINA	Sprint - M	9	01:50:40.90	+00:28:35 (25.8%)	10:03	6 (75.0%)
10	GAŁUSZYŃSKI Paweł	S33	ACTIVE FLOW	Sprint - M	10	01:51:23.75	+00:29:18 (26.3%)	10:07	5.9 (73.8%)
11	BABIŃSKI Marcin	S53	7PBOT	Sprint - M	11	01:53:17.00	+00:31:12 (27.5%)	10:17	5.8 (72.5%)
12	KAPŁANIAK Adrian	S36	12 BZ	Sprint - M	12	01:56:33.80	+00:34:28 (29.6%)	10:35	5.7 (71.3%)
13	DOLATA Krzysztof	S48	LOK POZNAŃ	Sprint - M	13	01:59:22.80	+00:37:17 (31.2%)	10:51	5.5 (68.8%)
14	SZADEJKO Adam	S30		Sprint - M	14	02:08:08.65	+00:46:03 (35.9%)	11:38	5.2 (65.0%)
15	CZERWIAK Marek	S46	7PBOT	Sprint - M	15	02:09:16.20	+00:47:11 (36.5%)	11:45	5.1 (63.8%)
16	BARANOWSKI Mikołaj	S41		Sprint - M	16	02:11:00.40	+00:48:55 (37.3%)	11:54	5 (62.5%)
17	SZYDŁOWSKI Marcin	S51	7PBOT	Sprint - M	17	02:21:26.80	+00:59:21 (42.0%)	12:51	4.7 (58.8%)
18	KOZŁOWSKI Mikołaj	S32		Sprint - M	18	02:22:05.30	+01:00:00 (42.2%)	12:55	4.6 (57.5%)
19	DZIABKOWSKI Paweł	S29	G.N.A.T	Sprint - M	19	02:22:53.45	+01:00:48 (42.6%)	12:59	4.6 (57.5%)
20	CHOJNOWSKI Mateusz	S35	G.N.A.T	Sprint - M	20	02:22:55.50	+01:00:50 (42.6%)	12:59	4.6 (57.5%)
21	ROCHMAN Jakub	S6		Sprint - M	21	02:30:47.75	+01:08:42 (45.6%)	13:42	4.4 (55.0%)
22	PACH Mariusz	S7		Sprint - M	22	02:30:48.70	+01:08:43 (45.6%)	13:42	4.4 (55.0%)
23	PIETROWSKI Sławomir	S49	7PBOT	Sprint - M	23	02:32:22.55	+01:10:17 (46.1%)	13:51	4.3 (53.8%)
24	ŁUSZCZ Michał	S50	7PBOT	Sprint - M	24	02:40:31.75	+01:18:26 (48.9%)	14:35	4.1 (51.3%)
25	HEIDAK Piotr	S17		Sprint - M	25	02:44:05.35	+01:22:00 (50.0%)	14:55	4 (50.0%)
26	S Tom	S34	FTW	Sprint - M	26	02:44:10.75	+01:22:05 (50.0%)	14:55	4 (50.0%)
27	MORALEWICZ Michał	S52	7PBOT	Sprint - M	27	02:47:06.30	+01:25:01 (50.9%)	15:11	3.9 (48.8%)
28	SOBCZAK Marek	S10		Sprint - M	28	02:47:41.00	+01:25:36 (51.0%)	15:14	3.9 (48.8%)
29	RODA Andrzej	S47	7PBOT	Sprint - M	29	02:48:26.15	+01:26:21 (51.3%)	15:18	3.9 (48.8%)

Place	Participant	Number	Club	Category	MCat	Net time 11km	Gap	Pace min/km	Pace km/h
30	<b>ANDRZEJEWSKI Miłosz</b>	<b>S12</b>	BODY ART WARRIORS	Sprint - M	30	<b>03:13:44.85</b>	+01:51:39 (57.6%)	17:36	3.4 (42.5%)
31	<b>PUSZKO Krzysztof</b>	<b>S31</b>	ŻARTA WATAHA	Sprint - M	31	<b>03:16:51.80</b>	+01:54:46 (58.3%)	17:53	3.4 (42.5%)
	<b>BRYLEWSKI Kacper</b>	<b>S40</b>	DIRTY SPARROWS	Sprint - M		<b>DNF</b>		-	- (0.0%)

Total 32 results.