



BMK 2022 - OPERACJA REKRUT

B4SPORT

Wydarzenie: XIII Bieg Morskiego Komandosa
Organizator: OCR Events
Data: 2022-08-28
Miejsce: Gdynia
Dystans: 7 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 7km	Różn	Tempo min/km	Tempo km/h
1	SĘKOWSKI Piotr	303		Open M	1	00:45:58.10		6:34	9.1 (100%)
2	ZAWADZKI Piotr	308	BIGYELLWFOOT ADVENTURE TEAM	Open M	2	00:47:40.45	+00:01:42 (3.6%)	6:48	8.8 (96.7%)
3	JANIKOWSKI Dominik	257	7PBOT	Open M	3	00:47:43.35	+00:01:45 (3.7%)	6:49	8.8 (96.7%)
4	TRYZNO Jakub	X64	7PBOT	Open M	4	00:48:32.50	+00:02:34 (5.3%)	6:56	8.7 (95.6%)
5	JANIKOWSKI Damian	259	7PBOT	Open M	5	00:49:09.55	+00:03:11 (6.5%)	7:01	8.5 (93.4%)
6	OGRZAŁEK Andrzej	362		Open M	6	00:49:27.75	+00:03:29 (7.1%)	7:03	8.5 (93.4%)
7	WOSZCZYK Sebastian	383	7PBOT	Open M	7	00:50:54.50	+00:04:56 (9.7%)	7:16	8.3 (91.2%)
8	SKOWROŃSKI Andrzej	376	7PBOT	Open M	8	00:51:21.75	+00:05:23 (10.5%)	7:20	8.2 (90.1%)
9	MAKIŁA Jarosław	335	SBR	Open M	9	00:51:24.00	+00:05:25 (10.6%)	7:20	8.2 (90.1%)
10	BUCZKOWSKI Michał	347		Open M	10	00:54:00.35	+00:08:02 (14.9%)	7:42	7.8 (85.7%)
11	FIGURA Jakub	343		Open M	11	00:54:48.95	+00:08:50 (16.1%)	7:49	7.7 (84.6%)
12	DETTLAFF Sławomir	358		Open M	12	00:55:29.10	+00:09:31 (17.2%)	7:55	7.6 (83.5%)
13	DETTLAFF Sebastian	394	7PBOT	Open M	13	00:55:42.50	+00:09:44 (17.5%)	7:57	7.5 (82.4%)
14	ZIEMANN Daniel	359		Open M	14	00:56:33.15	+00:10:35 (18.7%)	8:04	7.4 (81.3%)
15	SADOWSKI Michał	314	12WBOT	Open M	15	00:58:14.70	+00:12:16 (21.1%)	8:19	7.2 (79.1%)
16	ŁUKASIK Diana	342	ENDORFINA	Open K	1	00:58:36.40	+00:12:38 (21.6%)	8:22	7.2 (79.1%)
17	KOSIŃSKI Krzysztof	320	LOVE LAS BEŁDOWSKI	Open M	16	00:58:55.20	+00:12:57 (22.0%)	8:25	7.1 (78.0%)
18	SZULC Michał	405		Open M	17	00:59:20.75	+00:13:22 (22.5%)	8:28	7.1 (78.0%)
19	LIPSKA Urszula	366	STRONG FAMILY	Open K	2	00:59:35.00	+00:13:36 (22.9%)	8:30	7 (76.9%)
20	SZULIMOWICZ Maciej	406		Open M	18	01:01:08.80	+00:15:10 (24.8%)	8:44	6.9 (75.8%)
21	TĄŃSKI Michał	T31		Open M	19	01:01:10.80	+00:15:12 (24.9%)	8:44	6.9 (75.8%)
22	RUDZIŃSKI Paweł	296		Open M	20	01:01:55.35	+00:15:57 (25.8%)	8:50	6.8 (74.7%)
23	NIECKO Krzysztof	X61		Open M	21	01:02:52.60	+00:16:54 (26.9%)	8:58	6.7 (73.6%)
24	BRILLOWSKI Karol	321	SRK	Open M	22	01:04:48.35	+00:18:50 (29.1%)	9:15	6.5 (71.4%)
25	NABOŻNY Jakub	X60		Open M	23	01:05:10.05	+00:19:11 (29.5%)	9:18	6.4 (70.3%)
26	DAHM Beata	387	7PBOT	Open K	3	01:06:00.95	+00:20:02 (30.4%)	9:25	6.4 (70.3%)
27	DAHM Oliwia	391	7PBOT	Open K	4	01:06:01.05	+00:20:02 (30.4%)	9:25	6.4 (70.3%)
28	BALICKA Ola	388	7PBOT	Open K	5	01:06:10.50	+00:20:12 (30.5%)	9:27	6.3 (69.2%)
29	SZYMAŃSKI Jakub	360	REHA PRESTIGE	Open M	24	01:06:13.40	+00:20:15 (30.6%)	9:27	6.3 (69.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Tempo min/km	Tempo km/h
						netto 7km	Różn		
30	KROGULEWSKA Anna	356	BIEGUN OCR	Open K	6	01:06:15.50	+00:20:17 (30.6%)	9:27	6.3 (69.2%)
31	ŚWIGOŃ Patryk	368		Open M	25	01:06:21.30	+00:20:23 (30.7%)	9:28	6.3 (69.2%)
32	JADRYCH Anna	301		Open K	7	01:06:21.45	+00:20:23 (30.7%)	9:28	6.3 (69.2%)
33	ZIĘTARSKA Sandra	380	7PBOT	Open K	8	01:06:52.20	+00:20:54 (31.3%)	9:33	6.3 (69.2%)
34	ŻETELSKI Emil	393		Open M	26	01:07:29.70	+00:21:31 (31.9%)	9:38	6.2 (68.1%)
35	FIBIA Maciej	289	7PBOT	Open M	27	01:07:36.00	+00:21:37 (32.0%)	9:39	6.2 (68.1%)
36	SZAJSTEK Daniel	390	7PBOT	Open M	28	01:07:44.40	+00:21:46 (32.1%)	9:40	6.2 (68.1%)
37	NOWAKOWSKI Maciej	331		Open M	29	01:08:05.95	+00:22:07 (32.5%)	9:43	6.2 (68.1%)
38	NOWAKOWSKI Mikołaj	327		Open M	30	01:08:06.55	+00:22:08 (32.5%)	9:43	6.2 (68.1%)
39	GRZEGORKIEWICZ Mariusz	328		Open M	31	01:08:07.70	+00:22:09 (32.5%)	9:43	6.2 (68.1%)
40	GAJO Natalia	351		Open K	9	01:08:10.70	+00:22:12 (32.6%)	9:44	6.2 (68.1%)
41	DZIEDZIC Michał	389	7PBOT	Open M	32	01:08:40.10	+00:22:42 (33.1%)	9:48	6.1 (67.0%)
42	FRYDRYCH Artur	370		Open M	33	01:11:30.25	+00:25:32 (35.7%)	10:12	5.9 (64.8%)
43	BIENIEK Dominik	323		Open M	34	01:11:40.85	+00:25:42 (35.9%)	10:14	5.9 (64.8%)
44	REDA Łukasz	395		Open M	35	01:12:46.80	+00:26:48 (36.8%)	10:23	5.8 (63.7%)
45	JĘDRZEJEWSKI Patryk	293		Open M	36	01:13:05.45	+00:27:07 (37.1%)	10:26	5.7 (62.6%)
46	GRALEC Dariusz	344	BRAK	Open M	37	01:13:45.25	+00:27:47 (37.7%)	10:32	5.7 (62.6%)
47	LESZCZYŃSKI Tomasz	X58	JOKER	Open M	38	01:14:55.65	+00:28:57 (38.6%)	10:42	5.6 (61.5%)
48	CZERWIŃSKI Krzysztof	345		Open M	39	01:15:49.45	+00:29:51 (39.4%)	10:49	5.5 (60.4%)
49	TERESZCZUK Joanna	346		Open K	10	01:15:49.50	+00:29:51 (39.4%)	10:49	5.5 (60.4%)
50	CZERNIAWSKI Marek	333		Open M	40	01:16:22.55	+00:30:24 (39.8%)	10:54	5.5 (60.4%)
51	BUTOWSKA Kinga	398		Open K	11	01:16:24.65	+00:30:26 (39.8%)	10:54	5.5 (60.4%)
52	RODA Andrzej	379	7PBOT	Open M	41	01:17:42.55	+00:31:44 (40.8%)	11:06	5.4 (59.3%)
53	NOWAK Kaja	340	ENDORFINA	Open K	12	01:19:30.55	+00:33:32 (42.2%)	11:21	5.3 (58.2%)
54	GOTOWAŁA Karolina	318		Open K	13	01:22:21.75	+00:36:23 (44.2%)	11:45	5.1 (56.0%)
55	OSIECKI Dawid	325		Open M	42	01:22:22.75	+00:36:24 (44.2%)	11:46	5.1 (56.0%)
56	ZIOMEK Anna	X63		Open K	14	01:22:59.15	+00:37:01 (44.6%)	11:51	5.1 (56.0%)
57	WIĘCŁAWSKA Magdalena	T30		Open K	15	01:22:59.90	+00:37:01 (44.6%)	11:51	5.1 (56.0%)
58	SADOWSKA Justyna	355		Open K	16	01:23:00.30	+00:37:02 (44.6%)	11:51	5.1 (56.0%)
59	SZYMAŃSKA Monika	354		Open K	17	01:23:00.70	+00:37:02 (44.6%)	11:51	5.1 (56.0%)
60	SZCZUROWSKI Szymon	339		Open M	43	01:23:42.45	+00:37:44 (45.1%)	11:57	5 (54.9%)
61	BALERSTET Aleksandra	384	7PBOT	Open K	18	01:23:56.40	+00:37:58 (45.2%)	11:59	5 (54.9%)
62	LISIECKA Karolina	265	7PBOT	Open K	19	01:26:17.45	+00:40:19 (46.7%)	12:19	4.9 (53.8%)
63	KALKOWSKA Klaudia	334		Open K	20	01:27:42.85	+00:41:44 (47.6%)	12:31	4.8 (52.7%)
64	CZAPLICKA Marta	399	7PBOT	Open K	21	01:27:44.95	+00:41:46 (47.6%)	12:32	4.8 (52.7%)
65	DAMASZK Piotr	397	7PBOT	Open M	44	01:27:46.35	+00:41:48 (47.6%)	12:32	4.8 (52.7%)
66	RHODE Agata	350		Open K	22	01:27:47.15	+00:41:49 (47.6%)	12:32	4.8 (52.7%)
67	STAJNBERG Jakub	X52		Open M	45	01:30:16.60	+00:44:18 (49.1%)	12:53	4.7 (51.6%)
68	SOLON Marlena	404		Open K	23	01:31:05.75	+00:45:07 (49.5%)	13:00	4.6 (50.5%)
69	JANAS Szymon	400		Open M	46	01:31:07.60	+00:45:09 (49.6%)	13:01	4.6 (50.5%)
70	ŁYŻWIŃSKI Dominik	266	7PBOT	Open M	47	01:31:07.80	+00:45:09 (49.6%)	13:01	4.6 (50.5%)
71	PYZIK Dawid	258	7PBOT	Open M	48	01:31:49.55	+00:45:51 (49.9%)	13:07	4.6 (50.5%)
72	JANICKI Tomasz	348		Open M	49	01:32:15.50	+00:46:17 (50.2%)	13:10	4.6 (50.5%)
73	DOMERACKI Mariusz	324		Open M	50	01:32:59.95	+00:47:01 (50.6%)	13:17	4.5 (49.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 7km	Różn	Tempo min/km	Tempo km/h
74	GŁOWACKI Dominik	352	MŁODY VS STARY	Open M	51	01:33:44.65	+00:47:46 (51.0%)	13:23	4.5 (49.5%)
75	FURTAK Alicja	292		Open K	24	01:34:15.15	+00:48:17 (51.2%)	13:27	4.5 (49.5%)
76	SZWARC Andrzej	396	7PBOT	Open M	52	01:34:18.65	+00:48:20 (51.3%)	13:28	4.5 (49.5%)
77	EDEL Marcin	373	7PBOT	Open M	53	01:34:19.80	+00:48:21 (51.3%)	13:28	4.5 (49.5%)
78	KĘDZIERSKI Jarosław	375	7PBOT	Open M	54	01:34:20.00	+00:48:21 (51.3%)	13:28	4.5 (49.5%)
79	KRYSTIAN Wegierski	403	7PBOT	Open M	55	01:34:20.30	+00:48:22 (51.3%)	13:28	4.5 (49.5%)
80	DOWŻENKO Paweł	A70	7PBOT	Open M	56	01:34:20.40	+00:48:22 (51.3%)	13:28	4.5 (49.5%)
81	ORZECHOWSKI Marcin	381	7PBOT	Open M	57	01:34:20.75	+00:48:22 (51.3%)	13:28	4.5 (49.5%)
82	PIETROWSKI Sławomir	385	7PBOT	Open M	58	01:34:20.80	+00:48:22 (51.3%)	13:28	4.5 (49.5%)
83	WIĘCKOWSKI Marcin	377	7PBOT	Open M	59	01:34:21.70	+00:48:23 (51.3%)	13:28	4.5 (49.5%)
84	ŁUSZCZ Michał	392	7PBOT	Open M	60	01:34:21.75	+00:48:23 (51.3%)	13:28	4.5 (49.5%)
85	KOWALIK Bartłomiej	382	7PBOT	Open M	61	01:34:21.90	+00:48:23 (51.3%)	13:28	4.5 (49.5%)
86	BADAJ Ela	374	7PBOT	Open K	25	01:34:21.95	+00:48:23 (51.3%)	13:28	4.5 (49.5%)
87	MROZIK Joanna	378	7PBOT	Open K	26	01:34:22.30	+00:48:24 (51.3%)	13:28	4.5 (49.5%)
88	KOWALSKA Natalia	X62		Open K	27	01:34:22.40	+00:48:24 (51.3%)	13:28	4.5 (49.5%)
89	SZYMAŃSKI Michał	280	7PBOT	Open M	62	01:34:33.95	+00:48:35 (51.4%)	13:30	4.4 (48.4%)
90	SUDOŁ Dominika	279	7PBOT	Open K	28	01:34:48.35	+00:48:50 (51.5%)	13:32	4.4 (48.4%)
91	NOWICKI Paweł	349	PWC	Open M	63	01:35:49.45	+00:49:51 (52.0%)	13:41	4.4 (48.4%)
92	GEREJ Szymon	307		Open M	64	01:35:50.50	+00:49:52 (52.0%)	13:41	4.4 (48.4%)
93	SAWICKI Marcin	326		Open M	65	01:35:51.55	+00:49:53 (52.0%)	13:41	4.4 (48.4%)
94	KOWALSKI Michał	365		Open M	66	01:36:48.50	+00:50:50 (52.5%)	13:49	4.3 (47.3%)
95	RYKOWSKA Klaudia	283	JOKER	Open K	29	01:37:34.60	+00:51:36 (52.9%)	13:56	4.3 (47.3%)
96	JABŁONOWSKI Krzysztof	297	JOKER	Open M	67	01:37:36.40	+00:51:38 (52.9%)	13:56	4.3 (47.3%)
97	GŁOWACKA Aleksandra	315	MŁODY VS STARY	Open K	30	01:38:25.05	+00:52:26 (53.3%)	14:03	4.3 (47.3%)
98	GŁOWACKI Andrzej	316	MŁODY VS STARY	Open M	68	01:38:25.80	+00:52:27 (53.3%)	14:03	4.3 (47.3%)
99	KUCZKOWSKI Jan	302		Open M	69	01:39:56.00	+00:53:57 (54.0%)	14:16	4.2 (46.2%)
100	LEPA-ROMAN Magdalena	357	SFORA BMK	Open K	31	01:44:35.85	+00:58:37 (56.1%)	14:56	4 (44.0%)
101	PIEKARSKA Zofia	330		Open K	32	01:44:36.20	+00:58:38 (56.1%)	14:56	4 (44.0%)
102	SZCZYPLIŃSKA Anna	317	MŁODY VS STARY	Open K	33	01:44:37.10	+00:58:39 (56.1%)	14:56	4 (44.0%)
Przekroczony limit czasu: 02:00:00									
103	GRZYBICKA Aleksandra	294		Open K	34	02:02:57.95	+01:16:59 (62.6%)	17:33	3.4 (37.4%)
104	ŚLEDZIŃSKI Andriej	X54		Open M	70	02:03:01.00	+01:17:02 (62.6%)	17:34	3.4 (37.4%)
105	KRYSTKIEWICZ Natalia	295		Open K	35	02:03:01.80	+01:17:03 (62.6%)	17:34	3.4 (37.4%)
106	ZAJĄC Michał	X55	JOKER	Open M	71	02:03:02.40	+01:17:04 (62.6%)	17:34	3.4 (37.4%)
107	UNIEWICZ Tomasz	X59	JOKER	Open M	72	02:03:03.65	+01:17:05 (62.6%)	17:34	3.4 (37.4%)
108	RYKOWSKI Jarosław	X7		Open M	73	02:03:03.80	+01:17:05 (62.6%)	17:34	3.4 (37.4%)
109	WROTNY Krzysztof	X57	JOKER	Open M	74	02:03:04.00	+01:17:05 (62.6%)	17:34	3.4 (37.4%)
110	ANTONIAK Jakub	X51		Open M	75	02:03:05.05	+01:17:06 (62.7%)	17:35	3.4 (37.4%)
111	KRYSTKIEWICZ Zbigniew	X32		Open M	76	02:03:06.50	+01:17:08 (62.7%)	17:35	3.4 (37.4%)
112	KIJEWSKI Jacek	300		Open M	77	02:42:54.00	+01:56:55 (71.8%)	23:16	2.6 (28.6%)
DNC	TESKA Patrycja	363		Open K		00:46:40.20		0:00	9 (98.9%)