



BMK 2022 - SPRINT 11KM

B4SPORT

Event: XIII Bieg Morskiego Komandosa
Organiser: OCR Events
Date: 2022-08-27
Place: Gdynia
Distance: 11 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Classification: All

Place	Participant	Number	Club	Category	MCat	7km	Net time 11km	Gap	Pace min/km	Pace km/h
1	FORMELA Piotr	S57	BIEGUN OCR TEAM	Sprint - M	1	00:46:38	01:23:56.55		7:37	7.9 (100%)
2	KREFT Łukasz	S1	KPW GDYNIA	Sprint - M	2	00:46:50	01:25:00.25	+00:01:03 (1.2%)	7:43	7.8 (98.7%)
3	PIONK Rafał	S14		Sprint - M	3	00:46:53	01:32:33.05	+00:08:36 (9.3%)	8:24	7.1 (89.9%)
4	JANIKOWSKI Damian	290	7 PBOT	Sprint - M	4	00:50:10	01:38:00.05	+00:14:03 (14.3%)	8:54	6.7 (84.8%)
5	DZIÓBEK Lech	298	BIEGUN OCR TEAM	Sprint - M	5	00:48:45	01:39:23.40	+00:15:26 (15.5%)	9:02	6.6 (83.5%)
6	KOWALSKA Natalia	S52	7 PBOT	Sprint - K	1	00:52:11	01:41:45.45	+00:17:48 (17.5%)	9:15	6.5 (82.3%)
7	LATO Jacek	S33	ENDORFINA	Sprint - M	6	00:52:10	01:44:50.25	+00:20:53 (19.9%)	9:31	6.3 (79.7%)
8	POLAK Jarosław	S30	BIGYELLOWFOOT ADVENTURE TEAM	Sprint - M	7	00:56:03	01:45:26.35	+00:21:29 (20.4%)	9:35	6.3 (79.7%)
9	WAŁDOCH Michał	S54		Sprint - M	8	00:52:04	01:46:38.10	+00:22:41 (21.3%)	9:41	6.2 (78.5%)
10	JANIKOWSKI Dominik	291	7 PBOT	Sprint - M	9	00:53:05	01:50:22.55	+00:26:26 (23.9%)	10:02	6 (75.9%)
11	CIECHANOWSKI Karol	S10	MORSY Z ZALESIA	Sprint - M	10	00:54:32	01:51:22.25	+00:27:25 (24.6%)	10:07	5.9 (74.7%)
12	GŁOWACKI Adrian	S45		Sprint - M	11	00:58:14	01:52:05.90	+00:28:09 (25.1%)	10:11	5.9 (74.7%)
13	KAFARSKI Mariusz	S46		Sprint - M	12	00:55:04	01:54:34.05	+00:30:37 (26.7%)	10:24	5.8 (73.4%)
14	MOŁDA Urszula	S25		Sprint - K	2	00:57:33	01:57:09.20	+00:33:12 (28.3%)	10:39	5.6 (70.9%)
15	BRASZKA Robert , BANACH Mateusz	T102		Team Sprint	1	00:58:18	01:59:35.10	+00:35:38 (29.8%)	10:52	5.5 (69.6%)
16	BIENIEK Patryk , MORAWSKI Piotr	T108	TREC TEAM	Team Sprint	2	01:01:19	02:01:04.15	+00:37:07 (30.7%)	11:00	5.5 (69.6%)
17	KACPROWICZ Paweł	S3		Sprint - M	13	01:01:39	02:02:55.35	+00:38:58 (31.7%)	11:10	5.4 (68.4%)
18	KOZAKIEWICZ Katarzyna	S53	11 MAZURSKI PUŁK ARTYLERII	Sprint - K	3	00:57:34	02:04:39.45	+00:40:42 (32.7%)	11:19	5.3 (67.1%)
19	GAŁUSZYŃSKA Kasia , GAŁUSZYŃSKI Paweł	T100		Team Sprint	3	01:01:28	02:06:26.30	+00:42:29 (33.6%)	11:29	5.2 (65.8%)
20	GRUSZKA Beata	S26	BIGYELLOWFOOT ADVENTURE TEAM	Sprint - K	4	01:04:13	02:07:02.95	+00:43:06 (33.9%)	11:32	5.2 (65.8%)
21	ŚMIGLAK Łukasz	S4		Sprint - M	14		02:09:33.45	+00:45:36 (35.2%)	11:46	5.1 (64.6%)
22	STASZEWSKA Natalia	S49		Sprint - K	5	01:05:22	02:10:39.95	+00:46:43 (35.8%)	11:52	5.1 (64.6%)
23	MUŚLEWSKI Artur	S50		Sprint - M	15	01:05:21	02:10:41.80	+00:46:45 (35.8%)	11:52	5.1 (64.6%)
24	CZARNECKI Krzysztof	299	BIEGUN OCR	Sprint - M	16	01:07:14	02:13:14.00	+00:49:17 (37.0%)	12:06	5 (63.3%)
25	RADOMSKI Adam , MICHALIK Piotr	T101		Team Sprint	4	01:02:57	02:14:20.70	+00:50:24 (37.5%)	12:12	4.9 (62.0%)
26	BABIŃSKI Marcin	S56	7 PBOT 731KLP	Sprint - M	17	01:01:45	02:15:06.40	+00:51:09 (37.9%)	12:16	4.9 (62.0%)
27	WOLSKI-KRZYŻANIAK Radosław	S28		Sprint - M	18	01:02:00	02:15:32.60	+00:51:36 (38.1%)	12:19	4.9 (62.0%)
28	SCHWEIZER Mirka , SEWERYN Mirosław	T104	BIGYELLOWFOOT ADVENTURE TEEM	Team Sprint	5	01:11:30	02:16:15.65	+00:52:19 (38.4%)	12:23	4.8 (60.8%)
29	SIPORA Szymon	S58		Sprint - M	19	01:06:15	02:16:28.65	+00:52:32 (38.5%)	12:24	4.8 (60.8%)

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30	DOLATA Krzysztof	S21	WIARUS OBORNIKI	Sprint - M	20	01:06:14	02:17:50.10	+00:53:53 (39.1%)	12:31	4.8 (60.8%)
31	CIESIELSKA Agnieszka	S20	WIARUS OBORNIKI	Sprint - K	6	01:06:16	02:17:53.70	+00:53:57 (39.1%)	12:32	4.8 (60.8%)
32	ITRICH Michał , STEFAŃSKI Dawid	T103		Team Sprint	6	01:09:25	02:18:19.05	+00:54:22 (39.3%)	12:34	4.8 (60.8%)
33	WIĘCŁAWSKA Magdalena , WANAGOS Dorota	T110	BIEGUN OCR TEAM	Team Sprint	7	01:11:09	02:21:54.80	+00:57:58 (40.8%)	12:54	4.7 (59.5%)
34	TOMCZAK Joanna	S22	SFORA BMK	Sprint - K	7	01:11:29	02:23:58.15	+01:00:01 (41.7%)	13:05	4.6 (58.2%)
35	ZIOMEK Anna	S51	BIEGUN OCR TEAM	Sprint - K	8	01:11:11	02:24:08.10	+01:00:11 (41.8%)	13:06	4.6 (58.2%)
36	BUCZAK Anna	S59		Sprint - K	9	01:08:34	02:24:21.50	+01:00:24 (41.9%)	13:07	4.6 (58.2%)
37	RODAK Krzysztof	S60		Sprint - M	21	01:08:34	02:24:40.45	+01:00:43 (42.0%)	13:09	4.6 (58.2%)
38	HOLLIŃSKA Natalia	S32	BKS SKORPION SZCZECIN	Sprint - K	10	01:08:03	02:24:45.35	+01:00:48 (42.0%)	13:09	4.6 (58.2%)
39	SZTUBE Łukasz	S55		Sprint - M	22	01:09:19	02:25:28.60	+01:01:32 (42.3%)	13:13	4.5 (57.0%)
40	WĄDOŁKOWSKA Paulina , PURZYŃSKI Bartosz	T106	BIGYELLOWFOOT ADVENTURE TEAM	Team Sprint	8	01:12:14	02:27:57.25	+01:04:00 (43.3%)	13:27	4.5 (57.0%)
41	WASZKIEWICZ Bartłomiej	S44		Sprint - M	23	01:07:19	02:29:57.75	+01:06:01 (44.0%)	13:37	4.4 (55.7%)
42	HAFFKE Krzysztof	S43		Sprint - M	24	01:07:17	02:29:58.75	+01:06:02 (44.0%)	13:38	4.4 (55.7%)
43	MISIOROWSKI Marcin	S41	STARE WILKI	Sprint - M	25	01:14:25	02:30:28.95	+01:06:32 (44.2%)	13:40	4.4 (55.7%)
44	BERNAT Sebastian	S42	STARE WILKI	Sprint - M	26	01:14:25	02:32:23.10	+01:08:26 (44.9%)	13:51	4.3 (54.4%)
45	ŚLIWOWSKI Marcin	S40		Sprint - M	27	01:14:25	02:32:27.90	+01:08:31 (44.9%)	13:51	4.3 (54.4%)
46	HEIDAK Piotr	S18		Sprint - M	28	01:11:28	02:35:48.00	+01:11:51 (46.1%)	14:09	4.2 (53.2%)
47	ŁOWIGUS Łukasz	S35		Sprint - M	29	01:14:50	02:36:53.60	+01:12:57 (46.5%)	14:15	4.2 (53.2%)
48	WALCZAK Danka	S34	POZNAŃ RACE TEAM	Sprint - K	11	01:14:58	02:37:04.05	+01:13:07 (46.6%)	14:16	4.2 (53.2%)
49	PAWŁOWSKI Kamil	S39		Sprint - M	30	01:14:33	02:37:21.30	+01:13:24 (46.7%)	14:18	4.2 (53.2%)
50	SROCZYŃSKA Justyna	S2	OSTRESROKI	Sprint - K	12	01:14:35	02:37:21.90	+01:13:25 (46.7%)	14:18	4.2 (53.2%)
51	KOLATOWSKI Jarosław	S36		Sprint - M	31	01:09:49	02:39:43.10	+01:15:46 (47.4%)	14:31	4.1 (51.9%)
52	S Tom	S29	FTW	Sprint - M	32	01:18:32	02:45:50.60	+01:21:54 (49.4%)	15:04	4 (50.6%)
53	KOLATOWSKI Dariusz	S38		Sprint - M	33	01:17:39	02:51:24.40	+01:27:27 (51.0%)	15:34	3.9 (49.4%)
54	NIEMIEC Igor	S27		Sprint - M	34	01:14:00	02:53:14.35	+01:29:17 (51.5%)	15:44	3.8 (48.1%)
55	WITCZYŃSKI Mateusz	S12		Sprint - M	35	01:16:44	02:53:29.30	+01:29:32 (51.6%)	15:46	3.8 (48.1%)
56	WITCZYŃSKI Andrzej	S11		Sprint - M	36	01:16:45	02:53:29.40	+01:29:32 (51.6%)	15:46	3.8 (48.1%)
57	PIĘTKA Paula , WARDA Justyna	T113	HARDCOROWE WYCHYLYLYBYMY	Team Sprint	9	01:29:22	02:56:38.00	+01:32:41 (52.5%)	16:03	3.7 (46.8%)
58	GÓRZYŃSKI Przemysław	S6		Sprint - M	37	01:17:08	02:57:34.70	+01:33:38 (52.7%)	16:08	3.7 (46.8%)
59	SKONIECZNY Bartłomiej	S8		Sprint - M	38	01:17:07	02:57:46.60	+01:33:50 (52.8%)	16:09	3.7 (46.8%)
60	OLESEK Joanna	S47		Sprint - K	13	01:25:37	02:59:12.40	+01:35:15 (53.2%)	16:17	3.7 (46.8%)
61	OLESEK Marcin	S48		Sprint - M	39	01:25:36	02:59:14.45	+01:35:17 (53.2%)	16:17	3.7 (46.8%)
Przekroczony limit czasu: 03:00:00										
62	PSZESTAKOWSKI Alan , KUCHTA Robert	T107	TREC TEAM	Team Sprint	10	01:26:17	03:01:40.70	+01:37:44 (53.8%)	16:30	3.6 (45.6%)
63	MAKA Jarek , BARANSKI Pavlo	T112	TREC TEAM	Team Sprint	11	01:27:51	03:08:22.85	+01:44:26 (55.4%)	17:07	3.5 (44.3%)
64	ZACHARKÓW Wojciech	T109	TREC TEAM	Team Sprint	12	01:26:47	03:08:25.80	+01:44:29 (55.5%)	17:07	3.5 (44.3%)
65	GÓRAS Natalia	S24		Sprint - K	14	01:25:58	03:10:32.15	+01:46:35 (55.9%)	17:19	3.5 (44.3%)
66	PAWLAK Rafał	S37		Sprint - M	40	01:26:36	03:10:54.35	+01:46:57 (56.0%)	17:21	3.5 (44.3%)
67	GINTER Michał	S31		Sprint - M	41	01:26:24	03:27:30.85	+02:03:34 (59.5%)	18:51	3.2 (40.5%)
68	MALISZEWSKI Adrian , CIEMNY Marek	T105	MAMY TO	Team Sprint	13	01:26:26	03:30:38.55	+02:06:42 (60.1%)	19:08	3.1 (39.2%)
69	KORNELZEN Oskar	253		Sprint - M	42	01:33:22	04:02:15.20	+02:38:18 (65.3%)	22:01	2.7 (34.2%)
70	KALSKI Patryk	252		Sprint - M	43	01:33:23	04:02:22.80	+02:38:26 (65.4%)	22:02	2.7 (34.2%)
71	KOSTERNCKI Jordan	256		Sprint - M	44	01:33:18	04:02:27.05	+02:38:30 (65.4%)	22:02	2.7 (34.2%)
72	KORNELZEN Kacper	254		Sprint - M	45	01:36:53		+00:50:15	13:50	4.3 (54.4%)

Total 72 results.