



Wydarzenie: XIV Bieg Morskiego Komandosa
Organizator: OCR Events
Data: 2023-08-26
Miejsce: Gdynia
Dystans: 22 km

BMK 2023 - HARD 22KM

B4SPORT

B4SPORT
INTELEGNTE ZAWODY SPORTOWE

Klasyfikacja: Hard - M

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	7km	14km	Czas netto 22km	Różn	Tempo min/km	Tempo km/h
1	KREFT Łukasz	H096	KPW GDYNIA	Hard - M	1	01:01:59	02:04:25	03:10:42.75		8:40	6.9 (100%)
2	GRZYBOWSKI Mateusz	H183	SFORA BMK	Hard - M	2	01:03:06	02:16:07	03:26:45.85	+00:16:03 (7.8%)	9:23	6.4 (92.8%)
3	SAKOSIK Krystian	H154		Hard - M	3	01:02:00	02:16:03	03:26:57.55	+00:16:14 (7.9%)	9:24	6.4 (92.8%)
4	KADŁUBOWICZ Piotr	H082	TEAM MOCNE SKRZYDŁO	Hard - M	4	01:09:43	02:29:40	03:33:26.70	+00:22:43 (10.7%)	9:42	6.2 (89.9%)
5	ADAMCZEWSKI Szymon	H162	SFORA BMK	Hard - M	5	01:05:42	02:19:22	03:37:07.75	+00:26:25 (12.2%)	9:52	6.1 (88.4%)
6	KOT Marcin	H124	POWER TRAINING	Hard - M	6	01:06:28	02:24:34	03:45:07.35	+00:34:24 (15.3%)	10:13	5.9 (85.5%)
7	ŚLEDŹ Łukasz	H184		Hard - M	7	01:07:06	02:32:35	03:48:10.10	+00:37:27 (16.4%)	10:22	5.8 (84.1%)
8	MACIUKAJĆ Bartłomiej	H185		Hard - M	8	01:07:03	02:32:21	03:48:10.25	+00:37:27 (16.4%)	10:22	5.8 (84.1%)
9	QŻGA Paweł	H169	BIGYELLOWFOOT	Hard - M	9	01:05:54	02:36:17	03:51:14.40	+00:40:31 (17.5%)	10:30	5.7 (82.6%)
10	GOŁOŚ Mateusz	H033	KM PSP WARSZAWA	Hard - M	10	01:06:48	02:33:27	03:56:33.25	+00:45:50 (19.4%)	10:45	5.6 (81.2%)
11	CHMIELNIAK Krzysztof	H059	SFORA - BIEG MORSKIEGO KOMANDOSA	Hard - M	11	01:14:27	02:38:47	03:57:27.85	+00:46:45 (19.7%)	10:47	5.6 (81.2%)
12	CZECH Kamil	H048	AWL	Hard - M	12	01:10:30	02:34:39	04:02:04.75	+00:51:22 (21.2%)	11:00	5.5 (79.7%)
13	SOBECKI Sebastian	H065		Hard - M	13	01:14:17	02:41:26	04:04:37.70	+00:53:54 (22.0%)	11:07	5.4 (78.3%)
14	XX Xx	H072		Hard - M	14	01:14:10	02:45:36	04:08:27.30	+00:57:44 (23.2%)	11:17	5.3 (76.8%)
15	SENATOR Piotr	H198		Hard - M	15	01:11:10	02:38:56	04:09:17.05	+00:58:34 (23.5%)	11:19	5.3 (76.8%)
16	SMYRSKI Rafał	H118	2 KOMPANIA REGULACJI RUCHU	Hard - M	16	01:17:12	02:55:39	04:15:31.30	+01:04:48 (25.4%)	11:36	5.2 (75.4%)
17	KACZOROWSKI Damian	H030	1. BAZA LOTNICTWA TRANSPORTOWEGO	Hard - M	17	01:21:36	02:56:09	04:15:42.20	+01:04:59 (25.4%)	11:37	5.2 (75.4%)
18	MAKHNO Gabriel	H188	BIEGUN OCR TEAM	Hard - M	18	01:12:47	02:44:38	04:21:55.70	+01:11:12 (27.2%)	11:54	5 (72.5%)
19	SKOLIMOWSKI Patryk	H109	BESTIE OCR LEGIONOWO	Hard - M	19	01:17:46	02:53:25	04:26:42.15	+01:15:59 (28.5%)	12:07	4.9 (71.0%)
20	KRĘGIELSKI Bartosz	H195	BIEGUN OCR	Hard - M	20	01:21:15	02:57:40	04:26:51.15	+01:16:08 (28.5%)	12:07	4.9 (71.0%)
21	JUREK Arkadiusz	H079	AKADEMIA WOJSK LĄDOWYCH	Hard - M	21	01:24:17	03:05:36	04:27:28.60	+01:16:45 (28.7%)	12:09	4.9 (71.0%)
22	SAKOSIK Marcin	H192		Hard - M	22	01:18:46	03:01:25	04:27:29.40	+01:16:46 (28.7%)	12:09	4.9 (71.0%)
23	LENIK Kamil	H083	TEAM MOCNE SKRZYDŁO	Hard - M	23	01:13:12	02:46:05	04:27:41.50	+01:16:58 (28.8%)	12:10	4.9 (71.0%)
24	MIERZWIŃSKI Konrad	H070		Hard - M	24	01:24:02	03:02:30	04:27:58.65	+01:17:15 (28.8%)	12:10	4.9 (71.0%)
25	NIEMCZUK Daniel	H168		Hard - M	25	01:18:56	03:00:12	04:28:22.30	+01:17:39 (28.9%)	12:11	4.9 (71.0%)
26	KACZOR Krystian	H119	2 KOMPANIA REGULACJI RUCHU	Hard - M	26	01:16:59	02:55:35	04:28:42.65	+01:17:59 (29.0%)	12:12	4.9 (71.0%)
27	ŚWIĄTEK Michał	H071	SFORABKM	Hard - M	27	01:18:51	03:00:08	04:28:44.85	+01:18:02 (29.0%)	12:12	4.9 (71.0%)
28	DĘBIŃSKI Mateusz	H121	82 BATALION EWAKUACJI SPRZĘTU	Hard - M	28	01:19:17	02:58:29	04:28:50.10	+01:18:07 (29.1%)	12:13	4.9 (71.0%)
29	OTTO Szymon	H197		Hard - M	29	01:15:02	02:50:15	04:30:16.80	+01:19:34 (29.4%)	12:17	4.9 (71.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	7km	14km	Czas netto 22km	Różn	Tempo min/km	Tempo km/h
30	KONIECZNY Rafał	H073	AWL	Hard - M	30	01:26:20	03:06:10	04:31:23.25	+01:20:40 (29.7%)	12:20	4.9 (71.0%)
31	TAŃSKI Michał	H159	XRUNNERS	Hard - M	31	01:21:17	03:05:15	04:31:59.55	+01:21:16 (29.9%)	12:21	4.9 (71.0%)
32	BLAJER Piotr	H164	5 BSP	Hard - M	32	01:24:25	03:04:15	04:32:22.35	+01:21:39 (30.0%)	12:22	4.8 (69.6%)
33	MACHTEL Adrian	H144		Hard - M	33	01:18:55	02:59:22	04:33:13.20	+01:22:30 (30.2%)	12:25	4.8 (69.6%)
34	MIKOŁAJCZAK Adam	H146		Hard - M	34	01:29:03	03:09:36	04:37:23.35	+01:26:40 (31.2%)	12:36	4.8 (69.6%)
35	OLESIŃSKI Michał	H057	AKADEMIA WOJSK LĄDOWYCH	Hard - M	35	01:15:54	02:56:14	04:38:45.45	+01:28:02 (31.6%)	12:40	4.7 (68.1%)
36	GAJEWSKI Jacek	H007	DOGOŃ GRODZISK MAZOWIECKI	Hard - M	36	01:18:32	03:06:37	04:41:25.20	+01:30:42 (32.2%)	12:47	4.7 (68.1%)
37	KARPA Michał	A019		Hard - M	37	01:42:39		04:41:31.85	+01:30:49 (32.3%)	12:47	4.7 (68.1%)
38	MAJEWSKI Maciej	H009		Hard - M	38	01:20:15	03:01:18	04:41:32.45	+01:30:49 (32.3%)	12:47	4.7 (68.1%)
39	JABŁCZYŃSKI Igor	H182		Hard - M	39	01:20:30	03:06:30	04:41:55.90	+01:31:13 (32.4%)	12:48	4.7 (68.1%)
40	MATUSZAK Kamil	H112		Hard - M	40			04:41:57.00	+01:31:14 (32.4%)	12:48	4.7 (68.1%)
41	MACHTEL Wiktor	H142		Hard - M	41	01:20:26	03:06:24	04:41:57.35	+01:31:14 (32.4%)	12:48	4.7 (68.1%)
42	SZULIMOWICZ Maciej	H160		Hard - M	42	01:21:43	03:05:03	04:42:05.75	+01:31:23 (32.4%)	12:49	4.7 (68.1%)
43	RONOWSKI Paweł	H063	RONOŚ	Hard - M	43	01:23:43	03:09:25	04:42:28.15	+01:31:45 (32.5%)	12:50	4.7 (68.1%)
44	KOZŁOWSKI Paweł	H181	BESTIE OCR LEGIONOWO	Hard - M	44	01:20:09	03:01:20	04:42:51.10	+01:32:08 (32.6%)	12:51	4.7 (68.1%)
45	GAJEWSKI Krzysztof	H006		Hard - M	45	01:26:45	03:10:02	04:43:03.40	+01:32:20 (32.6%)	12:51	4.7 (68.1%)
46	ŻÓŁKIEWICZ Marcin	H111		Hard - M	46	01:26:10	03:06:29	04:44:01.20	+01:33:18 (32.9%)	12:54	4.6 (66.7%)
47	DĘBIŃSKI Krzysztof	H127	10 BRYGADA LOGISTYCZNA	Hard - M	47	01:17:11	03:00:58	04:44:22.05	+01:33:39 (32.9%)	12:55	4.6 (66.7%)
48	DULSKI Przemysław	H176	DLK SOLO	Hard - M	48	01:19:30	02:58:01	04:45:29.55	+01:34:46 (33.2%)	12:58	4.6 (66.7%)
49	MANIKOWSKI Daniel	H035		Hard - M	49	01:30:53	03:12:13	04:45:54.60	+01:35:11 (33.3%)	12:59	4.6 (66.7%)
50	PIOTROWSKI Roman	H053	SPARTA RUNNERS	Hard - M	50	01:24:57	03:08:08	04:46:38.50	+01:35:55 (33.5%)	13:01	4.6 (66.7%)
51	DĘBSKI Mateusz	H126	82 BATALION EWAKUACJI SPRZĘTU	Hard - M	51	01:19:00	03:02:49	04:49:06.35	+01:38:23 (34.0%)	13:08	4.6 (66.7%)
52	PACAK Piotr	H175	OPP BYDGOSZCZ	Hard - M	52	01:31:37	03:12:47	04:49:14.25	+01:38:31 (34.1%)	13:08	4.6 (66.7%)
53	WOJNAR Nikodem	H179		Hard - M	53	01:22:38	03:03:35	04:49:29.50	+01:38:46 (34.1%)	13:09	4.6 (66.7%)
54	CZOCHRA Kamil	H125		Hard - M	54	01:20:28	03:05:42	04:49:52.65	+01:39:09 (34.2%)	13:10	4.6 (66.7%)
55	KOWALSKI Maciej	H106		Hard - M	55	01:23:15	03:05:17	04:50:37.20	+01:39:54 (34.4%)	13:12	4.5 (65.2%)
56	MICHALSKI Rafał	H157	OSP SZCZODRE	Hard - M	56	01:33:00	03:18:08	04:52:32.40	+01:41:49 (34.8%)	13:17	4.5 (65.2%)
57	AMBO Rafał	H163		Hard - M	57	01:24:38	03:07:32	04:53:17.75	+01:42:35 (35.0%)	13:19	4.5 (65.2%)
58	DUBLASZEWSKI Marcin	H161	R.AMBO DRUGA CREW	Hard - M	58	01:24:52	03:07:30	04:53:18.15	+01:42:35 (35.0%)	13:19	4.5 (65.2%)
59	PONINKIEWICZ Kacper	H113	AKADEMIA MARYNARKI WOJENNEJ	Hard - M	59	01:19:54	03:04:30	04:55:05.50	+01:44:22 (35.4%)	13:24	4.5 (65.2%)
60	KWIATKOWSKI Dominik	H084	AKADEMIA MARYNARKI WOJENNEJ	Hard - M	60	01:19:57	03:04:33	04:55:05.60	+01:44:22 (35.4%)	13:24	4.5 (65.2%)
61	DORAWA Hubert	H085	AKADEMIA MARYNARKI WOJENNEJ	Hard - M	61	01:20:06	03:04:48	04:55:14.70	+01:44:31 (35.4%)	13:25	4.5 (65.2%)
62	ŁUSZCZAK Mirek	H055	GRR	Hard - M	62	01:20:02	03:05:01	04:55:14.85	+01:44:32 (35.4%)	13:25	4.5 (65.2%)
63	KŁUBA Sławomir	H132	ZMECHTOPECH	Hard - M	63	01:26:59	03:13:52	04:57:48.35	+01:47:05 (36.0%)	13:32	4.4 (63.8%)
64	SZCZEPAŃSKI Patryk	H133	ZMECHTOPECH	Hard - M	64	01:27:04	03:13:59	04:57:56.75	+01:47:14 (36.0%)	13:32	4.4 (63.8%)
65	URBALA Marek	H088	SFORA BMK	Hard - M	65	01:25:30	03:07:49	04:57:57.95	+01:47:15 (36.0%)	13:32	4.4 (63.8%)
66	JESKA Tomasz	H008	SFORA BMK	Hard - M	66	01:18:19	03:03:23	04:58:16.75	+01:47:34 (36.1%)	13:33	4.4 (63.8%)
67	HNYTKO Michał	H034		Hard - M	67	01:22:29	03:03:33	04:58:42.30	+01:47:59 (36.2%)	13:34	4.4 (63.8%)
68	CIOSEK Paweł	H156	OSP SZCZODRE	Hard - M	68	01:32:57	03:17:43	04:59:19.40	+01:48:36 (36.3%)	13:36	4.4 (63.8%)
69	SYGNATOWICZ Grzegorz	H064	SFORA BMK	Hard - M	69	01:24:00	03:11:13	05:00:06.50	+01:49:23 (36.5%)	13:38	4.4 (63.8%)
70	KACZMAREK Mateusz	H038		Hard - M	70	01:25:49	03:06:55	05:02:16.05	+01:51:33 (36.9%)	13:44	4.4 (63.8%)
71	NIEMCZUK Daniel	H193	SFORA BMK	Hard - M	71	01:22:42	03:05:28	05:02:34.30	+01:51:51 (37.0%)	13:45	4.4 (63.8%)
72	ROGACEWICZ Hubert	H091		Hard - M	72	01:29:04	03:24:42	05:05:56.20	+01:55:13 (37.7%)	13:54	4.3 (62.3%)
73	KAMIŃSKI Konrad	H074	AKADEMIA WOJSK LĄDOWYCH	Hard - M	73	01:31:04	03:33:51	05:05:58.65	+01:55:15 (37.7%)	13:54	4.3 (62.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	7km	14km	Czas		Tempo min/km	Tempo km/h
								netto 22km	Różn		
74	KIERNOZEK Damian	H092	BRAK	Hard - M	74	01:21:00	03:03:03	05:10:17.90	+01:59:35 (38.5%)	14:06	4.3 (62.3%)
75	WOJCIECHOWSKI Patryk	H029	WAT	Hard - M	75	01:25:46	03:09:44	05:10:43.00	+02:00:00 (38.6%)	14:07	4.2 (60.9%)
76	GUZDRAJ Tomasz	H172	TUCZNO	Hard - M	76	01:22:18	03:09:59	05:11:07.65	+02:00:24 (38.7%)	14:08	4.2 (60.9%)
77	GALIŃSKI Mateusz	H117		Hard - M	77	01:27:33	03:24:13	05:11:45.45	+02:01:02 (38.8%)	14:10	4.2 (60.9%)
78	IWAŃSKI Adam	H093		Hard - M	78	01:34:56	03:30:46	05:11:54.30	+02:01:11 (38.9%)	14:10	4.2 (60.9%)
79	WOŹNIAK Michał	H062	SFORA BMK	Hard - M	79	01:24:00	03:11:14	05:12:14.00	+02:01:31 (38.9%)	14:11	4.2 (60.9%)
80	LEONARCZYK Marcin	H152		Hard - M	80	01:34:24	03:23:28	05:12:44.90	+02:02:02 (39.0%)	14:12	4.2 (60.9%)
81	JAŚKIEWICZ Grzegorz	H068	HUNTER MMA	Hard - M	81	01:31:46	03:14:46	05:19:33.05	+02:08:50 (40.3%)	14:31	4.1 (59.4%)
82	LISIECKI Adam	H137		Hard - M	82	01:26:17	03:27:54	05:20:12.05	+02:09:29 (40.4%)	14:33	4.1 (59.4%)
83	ROMANOWICZ Łukasz	H130		Hard - M	83	01:28:14	03:20:15	05:22:42.35	+02:11:59 (40.9%)	14:40	4.1 (59.4%)
84	KACZMARCZYK Jakub	H131		Hard - M	84	01:28:12	03:20:17	05:22:58.80	+02:12:16 (41.0%)	14:40	4.1 (59.4%)
85	TOMASZEWSKI Krzysztof	H039		Hard - M	85	01:32:31	03:36:16	05:24:47.45	+02:14:04 (41.3%)	14:45	4.1 (59.4%)
86	PROKOP Piotr	H122		Hard - M	86	01:33:00	03:37:56	05:25:37.70	+02:14:54 (41.4%)	14:48	4.1 (59.4%)
87	KOPERSKI Kacper	H086		Hard - M	87	01:29:32	03:21:27	05:31:29.90	+02:20:47 (42.5%)	15:04	4 (58.0%)
88	BAJDA Dawid	H108	5PA	Hard - M	88	01:31:36	03:24:28	05:34:35.35	+02:23:52 (43.0%)	15:12	3.9 (56.5%)
89	GRZYBOWSKI Patryk	H018	SFORA BMK	Hard - M	89	01:38:26	03:46:32	05:34:45.45	+02:24:02 (43.0%)	15:12	3.9 (56.5%)
90	ALEKSANDROWICZ Patryk	H139		Hard - M	90	01:32:28		05:38:13.60	+02:27:30 (43.6%)	15:22	3.9 (56.5%)
91	GUTOWICZ Marcin	H045		Hard - M	91	01:32:32	03:32:07	05:38:13.95	+02:27:31 (43.6%)	15:22	3.9 (56.5%)
92	GORZUCH Mariusz	H138	MGX	Hard - M	92	01:32:26	03:32:05	05:38:14.00	+02:27:31 (43.6%)	15:22	3.9 (56.5%)
93	DZBAŃSKI Rafał	H120	CSŁII	Hard - M	93	01:32:54	03:39:57	05:39:46.95	+02:29:04 (43.9%)	15:26	3.9 (56.5%)
94	SROCZYŃSKI Marcin	H101	OSTRESROKI	Hard - M	94	01:37:35	03:37:46	05:41:08.75	+02:30:26 (44.1%)	15:30	3.9 (56.5%)
95	BARGIELSKI Michał	H042	KD 310	Hard - M	95	01:34:28	03:37:48	05:43:46.90	+02:33:04 (44.5%)	15:37	3.8 (55.1%)
96	VANLITSEBURGH Baptiste	H003	KD310	Hard - M	96	01:34:37	03:37:31	05:43:51.30	+02:33:08 (44.5%)	15:37	3.8 (55.1%)
97	POLAŃSKI Jerzy	H060	FANTOM KARTUZY	Hard - M	97	01:31:29	03:33:37	05:44:27.45	+02:33:44 (44.6%)	15:39	3.8 (55.1%)
98	WANDT Emil	H123		Hard - M	98	01:37:49	03:35:51	05:44:44.65	+02:34:01 (44.7%)	15:40	3.8 (55.1%)
99	KONIKOWSKI Mateusz	H043	KD310	Hard - M	99	01:35:03	03:44:19	05:45:52.20	+02:35:09 (44.9%)	15:43	3.8 (55.1%)
100	CUPIAŁ Dawid	H150		Hard - M	100	01:18:18	03:14:46	05:46:23.70	+02:35:40 (44.9%)	15:44	3.8 (55.1%)
101	KIDOŃ Przemysław	H027	WAT	Hard - M	101	01:35:53	03:35:42	05:48:37.05	+02:37:54 (45.3%)	15:50	3.8 (55.1%)
102	LEWANDOWSKI Radosław	H023	WAT	Hard - M	102	01:35:57	03:35:40	05:48:38.05	+02:37:55 (45.3%)	15:50	3.8 (55.1%)
103	HEDA Kacper	H016		Hard - M	103	01:36:13	03:38:52	05:48:40.25	+02:37:57 (45.3%)	15:50	3.8 (55.1%)
104	WIŚNIEWSKI Włodzimierz	H040	SPC	Hard - M	104	01:40:07	03:52:30	05:49:26.10	+02:38:43 (45.4%)	15:53	3.8 (55.1%)
105	SZAFRAN Konrad	H032		Hard - M	105	01:29:50	03:30:57	05:50:31.10	+02:39:48 (45.6%)	15:55	3.8 (55.1%)
106	PIOTROWSKI Łukasz	H134	JW 1747	Hard - M	106	03:41:28		05:51:46.80	+02:41:04 (45.8%)	15:59	3.8 (55.1%)
107	KULCZAK Paweł	H041	SFORA BMK	Hard - M	107	01:35:23	03:42:54	05:52:33.00	+02:41:50 (45.9%)	16:01	3.7 (53.6%)
108	SZYMECKI Bartosz	H020		Hard - M	108	01:35:31	03:45:30	05:52:38.15	+02:41:55 (45.9%)	16:01	3.7 (53.6%)
109	MOSZCZYŃSKI Radosław	H180		Hard - M	109	01:28:17	03:30:32	05:54:36.80	+02:43:54 (46.2%)	16:07	3.7 (53.6%)
110	MIŁKOWSKI Michał	H145		Hard - M	110	01:35:16	03:44:48	05:55:28.45	+02:44:45 (46.3%)	16:09	3.7 (53.6%)
111	GRĄBSKI Rafał	H046		Hard - M	111	01:36:42	03:48:22	05:58:01.30	+02:47:18 (46.7%)	16:16	3.7 (53.6%)
112	JANISZEWSKI Andrzej	H005	CWAŁUJĄCE ŻÓŁWIE/SFORA BMK	Hard - M	112	01:36:16	03:40:36	05:59:24.30	+02:48:41 (46.9%)	16:20	3.7 (53.6%)
113	KORSAK Mateusz	H061	SFORA BMK	Hard - M	113	01:30:53	03:40:41	05:59:44.40	+02:49:01 (47.0%)	16:21	3.7 (53.6%)
114	BARTOCHOWSKI Damian	H186		Hard - M	114	01:35:51	03:54:31	06:02:48.40	+02:52:05 (47.4%)	16:29	3.6 (52.2%)
115	WITANOWSKI Bartosz	H013	DBTL POLAND	Hard - M	115	01:38:53	03:48:46	06:03:00.80	+02:52:18 (47.5%)	16:30	3.6 (52.2%)
116	LUBINSKI Łukasz	H167		Hard - M	116	01:38:23	03:48:29	06:10:25.95	+02:59:43 (48.5%)	16:50	3.6 (52.2%)
117	MATYSEK Ireneusz	H135	KOMANDOS WAŁECKI	Hard - M	117	01:42:48	03:49:26	06:14:26.35	+03:03:43 (49.1%)	17:01	3.5 (50.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	7km	14km	Czas netto 22km	Różn	Tempo min/km	Tempo km/h
118	PASIECZNY Mirosław	H081	4 REGIONALNA BAZA LOGISTYCZNA	Hard - M	118	01:33:44	03:40:16	06:17:06.05	+03:06:23 (49.4%)	17:08	3.5 (50.7%)
119	KOWALCZUK-FIJAŁKOWSKI Mikołaj	H107		Hard - M	119	01:35:00	03:51:12	06:18:08.20	+03:07:25 (49.6%)	17:11	3.5 (50.7%)
120	SZUMAŃSKI Arkadiusz	H095		Hard - M	120	01:43:23	03:49:52	06:19:57.55	+03:09:14 (49.8%)	17:16	3.5 (50.7%)
121	ZYSKOWSKI Michał	H102		Hard - M	121	01:43:25	03:49:56	06:19:59.65	+03:09:16 (49.8%)	17:16	3.5 (50.7%)
122	MACIEJEWSKI Maciej	H026		Hard - M	122	01:40:14	03:42:24	06:20:26.40	+03:09:43 (49.9%)	17:17	3.5 (50.7%)
123	CZEKALSKI Wojciech	H178		Hard - M	123	01:34:55	03:46:58	06:23:01.55	+03:12:18 (50.2%)	17:24	3.4 (49.3%)
124	KARCZEWSKI Marcin	H128	1 BATALION ETK	Hard - M	124	01:33:29	03:45:11	06:23:31.85	+03:12:49 (50.3%)	17:25	3.4 (49.3%)
125	BIRNBAUM Piotr	H129	1 BATALION ETK	Hard - M	125	01:33:31	03:45:29	06:23:32.25	+03:12:49 (50.3%)	17:26	3.4 (49.3%)
126	GADOWSKI Filip	H143		Hard - M	126	01:32:55	03:44:03	06:24:32.55	+03:13:49 (50.4%)	17:28	3.4 (49.3%)
127	ŁAKOMY Jakub	H058	1109	Hard - M	127	01:46:10	03:48:31	06:25:18.10	+03:14:35 (50.5%)	17:30	3.4 (49.3%)
128	WARSICKI Michał	H094		Hard - M	128	01:46:12	03:48:35	06:26:29.15	+03:15:46 (50.7%)	17:34	3.4 (49.3%)
129	CARL Marwin	H012	MILITARY TRAINING HAMBURG	Hard - M	129	01:44:18	03:58:55	06:33:55.60	+03:23:12 (51.6%)	17:54	3.4 (49.3%)
130	DOLATA Krzysztof	H114	KŻR WIARUS OBORNIKI	Hard - M	130	01:39:01	04:16:20	06:36:39.70	+03:25:56 (51.9%)	18:01	3.3 (47.8%)
131	JARZĘBSKI Grzegorz	H196	LEVEL 360 SERVICE GRZEGORZ JARZĘBSKI	Hard - M	131	01:37:28	04:12:05	06:40:14.20	+03:29:31 (52.4%)	18:11	3.3 (47.8%)
132	NOWICKI Olgierd	H155		Hard - M	132	01:50:51	04:23:25	06:52:10.10	+03:41:27 (53.7%)	18:44	3.2 (46.4%)
133	DROZD Mateusz	H191		Hard - M	133	01:46:31	04:16:32	06:52:13.65	+03:41:30 (53.7%)	18:44	3.2 (46.4%)
134	SUPIŃSKI Damian	H050		Hard - M	134	01:45:25	04:03:52	06:57:31.70	+03:46:48 (54.3%)	18:58	3.2 (46.4%)
135	SOSNOWSKI Andrzej	H052	100MIL TRAINING	Hard - M	135	01:45:40	04:03:58	06:57:32.55	+03:46:49 (54.3%)	18:58	3.2 (46.4%)
136	OLESZEK Marcin	H166		Hard - M	136	01:47:19	04:13:35	07:01:26.00	+03:50:43 (54.7%)	19:09	3.1 (44.9%)
137	BAK Andrzej	H105	SPC	Hard - M	137	01:55:18	04:25:53	07:02:25.95	+03:51:43 (54.9%)	19:12	3.1 (44.9%)
138	LEWANDOWSKI Łukasz	H044		Hard - M	138	02:04:04	05:05:12	07:44:02.90	+04:33:20 (58.9%)	21:05	2.8 (40.6%)
139	CAÑIZARES RIVAS Cristian	H087		Hard - M	139	01:55:58	04:46:49	07:52:50.95	+04:42:08 (59.7%)	21:29	2.8 (40.6%)
140	WYSOCKI Kamil	H077	AWL	Hard - M	140	01:31:56	03:36:01		+01:31:36	15:25	3.9 (56.5%)
141	MAGREZ Antoine	H089	310	Hard - M	141	01:37:47	03:40:59		+01:36:34	15:47	3.8 (55.1%)
142	SZAFRAŃSKI Dawid	H100		Hard - M	142	01:43:29	03:49:54		+01:45:29	16:25	3.7 (53.6%)
143	PRZEKWAS Aleksander	H015		Hard - M	143	01:39:47			+00:37:48	14:15	4.2 (60.9%)
144	SAKOSIK Marcin	H136	KOSAKŁUSOWNIK	Hard - M	144	03:35:46			+02:33:47	30:49	1.9 (27.5%)

Znaleziono 144 wynik(ów)