



BMK 2023 - OPERACJA REKRUT

B4SPORT

Wydarzenie: XIV Bieg Morskiego Komandosa
Organizator: OCR Events
Data: 2023-08-27
Miejsce: Gdynia
Dystans: 7 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 7km	Różn	Tempo min/km	Tempo km/h
1	TRYZNO Jakub	518		Open M	1	00:49:09.75		7:01	8.5 (100%)
2	SKOWROŃSKI Andrzej	440	7PBOT	Open M	2	00:49:43.05	+00:00:33 (1.1%)	7:06	8.4 (98.8%)
3	WIĘCŁAWSKA Magdalena	522	BIEGUN OCR TEAM	Open K	1	00:51:56.45	+00:02:46 (5.3%)	7:25	8.1 (95.3%)
4	WOSZCZYK Sebastian	404	7PBOT	Open M	3	00:51:56.95	+00:02:47 (5.4%)	7:25	8.1 (95.3%)
5	MAZURCZAK Robert	488	7PBOT	Open M	4	00:52:54.35	+00:03:44 (7.1%)	7:33	7.9 (92.9%)
6	NOWAK Adam	489	WOT	Open M	5	00:56:40.90	+00:07:31 (13.3%)	8:05	7.4 (87.1%)
7	NOWAKOWSKI Mikołaj	376	VALHALLA TEAM	Open M	6	00:57:24.10	+00:08:14 (14.4%)	8:12	7.3 (85.9%)
8	SARNOŃSKI Dawid	385		Open M	7	00:57:24.50	+00:08:14 (14.4%)	8:12	7.3 (85.9%)
9	SARNOŃSKI Wojciech	386		Open M	8	00:57:24.55	+00:08:14 (14.4%)	8:12	7.3 (85.9%)
10	GRYLEWICZ Mikołaj	434	BIEGUN OCR	Open M	9	00:57:29.90	+00:08:20 (14.5%)	8:12	7.3 (85.9%)
11	URBICKA Anna	443		Open K	2	00:58:44.55	+00:09:34 (16.3%)	8:23	7.2 (84.7%)
12	NIECKO Krzysztof	408	7PBOT	Open M	10	00:58:46.25	+00:09:36 (16.3%)	8:23	7.1 (83.5%)
13	LIPSKA Urszula	354	STRONG FAMILY	Open K	3	00:59:04.60	+00:09:54 (16.8%)	8:26	7.1 (83.5%)
14	GRZEGORKIEWICZ Mariusz	378		Open M	11	01:00:41.15	+00:11:31 (19.0%)	8:40	6.9 (81.2%)
15	NOWAKOWSKI Maciej	377	VALLHALA	Open M	12	01:00:41.20	+00:11:31 (19.0%)	8:40	6.9 (81.2%)
16	DETLAFF Sebastian	436	7PBOT	Open M	13	01:00:41.30	+00:11:31 (19.0%)	8:40	6.9 (81.2%)
17	MOROZ Piotr	426	7PBOT	Open M	14	01:00:58.80	+00:11:49 (19.4%)	8:42	6.9 (81.2%)
18	GRZEGORZEWSKI Maciej	413	7PBOT	Open M	15	01:01:01.80	+00:11:52 (19.4%)	8:43	6.9 (81.2%)
19	KĘDZIERSKI Jarosław	415	7PBOT	Open M	16	01:01:49.20	+00:12:39 (20.5%)	8:49	6.8 (80.0%)
20	KASPRZAK Paweł	544	7KDOW	Open M	17	01:02:20.40	+00:13:10 (21.1%)	8:54	6.7 (78.8%)
21	DAHM Beata	433	7PBOT	Open K	4	01:02:27.70	+00:13:17 (21.3%)	8:55	6.7 (78.8%)
22	DAHM Oliwia	432	7PBOT	Open K	5	01:02:49.80	+00:13:40 (21.8%)	8:58	6.7 (78.8%)
23	GRZYBEK Magdalena	395	1 BATALION ZMECHANIZOWNY LĘBORK/7 BOW	Open K	6	01:03:55.10	+00:14:45 (23.1%)	9:07	6.6 (77.6%)
24	KROLL Michał	486	WOT	Open M	18	01:04:45.40	+00:15:35 (24.1%)	9:15	6.5 (76.5%)
25	ŻYLIŃSKI Dawid	396		Open M	19	01:04:49.55	+00:15:39 (24.2%)	9:15	6.5 (76.5%)
26	KOZAKOWSKI Dawid	380		Open M	20	01:06:28.90	+00:17:19 (26.1%)	9:29	6.3 (74.1%)
27	GOTOWAŁA Karolina	359	PODZIEMIA HADESA	Open K	7	01:06:37.35	+00:17:27 (26.2%)	9:31	6.3 (74.1%)
28	TOMCZAK Artur	350	12WBOT/SFORA BMK	Open M	21	01:07:01.95	+00:17:52 (26.7%)	9:34	6.3 (74.1%)
29	POMIERSKA Anna	513	BIEGUN OCR	Open K	8	01:07:25.10	+00:18:15 (27.1%)	9:37	6.2 (72.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Tempo min/km	Tempo km/h
						netto 7km	Różn		
30	POBŁOCKA Hanna	502		Open K	9	01:07:47.60	+00:18:37 (27.5%)	9:41	6.2 (72.9%)
31	STEMPCZYŃSKA Justyna	373		Open K	10	01:08:41.40	+00:19:31 (28.4%)	9:48	6.1 (71.8%)
32	MASYS Agnieszka	428	7PBOT	Open K	11	01:09:24.10	+00:20:14 (29.2%)	9:54	6.1 (71.8%)
33	MIKUCKI Konrad	383		Open M	22	01:09:26.35	+00:20:16 (29.2%)	9:55	6 (70.6%)
34	GŁOWACKA Malwina	362	MŁODY VS STARY	Open K	12	01:09:28.60	+00:20:18 (29.2%)	9:55	6 (70.6%)
35	PASZKO Zbigniew	407	7PBOT	Open M	23	01:09:29.20	+00:20:19 (29.2%)	9:55	6 (70.6%)
36	KOŁATAJ Paweł	427	7PBOT	Open M	24	01:10:00.35	+00:20:50 (29.8%)	10:00	6 (70.6%)
37	ZIOMEK Anna	521		Open K	13	01:10:45.85	+00:21:36 (30.5%)	10:06	5.9 (69.4%)
38	KAVETSKI Ihar	352	SFORA BMK	Open M	25	01:10:50.60	+00:21:40 (30.6%)	10:07	5.9 (69.4%)
39	SŁOWIŃSKI Adam	542	7PBOT	Open M	26	01:11:25.80	+00:22:16 (31.2%)	10:12	5.9 (69.4%)
40	MATEJUK Marcin	388	BEZTLENOWI MALBORK	Open M	27	01:11:56.55	+00:22:46 (31.7%)	10:16	5.8 (68.2%)
41	ŁUCZYŃSKI Tomasz	389	JW METAMORFOZA	Open M	28	01:14:00.45	+00:24:50 (33.6%)	10:34	5.7 (67.1%)
42	GŁOWACKI Adrian	387	JW METAMORFOZA	Open M	29	01:14:02.20	+00:24:52 (33.6%)	10:34	5.7 (67.1%)
43	DAMASZK Piotr	411	7PBOT	Open M	30	01:14:40.05	+00:25:30 (34.2%)	10:40	5.6 (65.9%)
44	KOZAKOWSKI Tomasz	365		Open M	31	01:14:50.15	+00:25:40 (34.3%)	10:41	5.6 (65.9%)
45	SĘK Karol	487	WOT	Open M	32	01:15:01.95	+00:25:52 (34.5%)	10:43	5.6 (65.9%)
46	DUBAS Bartosz	355		Open M	33	01:15:10.05	+00:26:00 (34.6%)	10:44	5.6 (65.9%)
47	DAMASZK Tomek	425	7PBOT	Open M	34	01:15:21.15	+00:26:11 (34.8%)	10:45	5.6 (65.9%)
48	WARDAK Paweł	357		Open M	35	01:15:22.80	+00:26:13 (34.8%)	10:46	5.6 (65.9%)
49	FRYDRYCH Artur	397	LIVE LONG AND PROSPER	Open M	36	01:16:10.35	+00:27:00 (35.5%)	10:52	5.5 (64.7%)
50	JĘDRZEJEWSKI Patryk	543	7PBOT	Open M	37	01:16:11.85	+00:27:02 (35.5%)	10:53	5.5 (64.7%)
51	ZAŁEŃSKI Michał	409		Open M	38	01:17:02.30	+00:27:52 (36.2%)	11:00	5.5 (64.7%)
52	ŁAWICKA Sandra	421	7BPOT	Open K	14	01:17:41.60	+00:28:31 (36.7%)	11:05	5.4 (63.5%)
53	WARDAK Bartosz	358		Open M	39	01:18:57.60	+00:29:47 (37.7%)	11:16	5.3 (62.4%)
54	DARDA Piotr	437	7PBOT	Open M	40	01:19:23.70	+00:30:13 (38.1%)	11:20	5.3 (62.4%)
55	JANKOWSKI Stanisław	430	7PBOT	Open M	41	01:19:24.20	+00:30:14 (38.1%)	11:20	5.3 (62.4%)
56	SZYMAŃSKA Monika	517		Open K	15	01:19:55.35	+00:30:45 (38.5%)	11:25	5.3 (62.4%)
57	.	419		Open K	16	01:20:06.85	+00:30:57 (38.6%)	11:26	5.2 (61.2%)
58	SZWARC Andrzej	406	7PBOT	Open M	42	01:20:31.75	+00:31:22 (39.0%)	11:30	5.2 (61.2%)
59	POROŻYŃSKI Tomasz	410		Open M	43	01:21:01.30	+00:31:51 (39.3%)	11:34	5.2 (61.2%)
60	BUBKA Arkadiusz	381		Open M	44	01:21:25.85	+00:32:16 (39.6%)	11:37	5.2 (61.2%)
61	ROMAN Krzysztof	539	SFORA BMK	Open M	45	01:21:51.15	+00:32:41 (39.9%)	11:41	5.1 (60.0%)
62	KWIATKOWSKI Filip	541		Open M	46	01:21:51.20	+00:32:41 (39.9%)	11:41	5.1 (60.0%)
63	LEPA-ROMAN Magdalena	540	SFORA BMK	Open K	17	01:21:51.80	+00:32:42 (39.9%)	11:41	5.1 (60.0%)
64	ZANIEWICZ Maciej	363		Open M	47	01:22:01.90	+00:32:52 (40.1%)	11:43	5.1 (60.0%)
65	KOMPOWSKI Dariusz	531		Open M	48	01:24:13.25	+00:35:03 (41.6%)	12:01	5 (58.8%)
66	LISIECKA Karolina	414	7PBOT	Open K	18	01:25:32.80	+00:36:23 (42.5%)	12:13	4.9 (57.6%)
67	BIAŁY Michał	417	7PBOT	Open M	49	01:25:33.90	+00:36:24 (42.5%)	12:13	4.9 (57.6%)
68	SMOŁKO Grzegorz	379		Open M	50	01:25:46.50	+00:36:36 (42.7%)	12:15	4.9 (57.6%)
69	SZCZUPAKOWSKI Marcin	533		Open M	51	01:28:14.90	+00:39:05 (44.3%)	12:36	4.8 (56.5%)
70	RYKOWSKI Jarosław	493	JOKER MŁAWA	Open M	52	01:32:32.85	+00:43:23 (46.9%)	13:13	4.5 (52.9%)
71	ZAJĄC Jan	549		Open M	53	01:32:33.70	+00:43:23 (46.9%)	13:13	4.5 (52.9%)
72	RYKOWSKA Klaudia	494	JOKER MŁAWA	Open K	19	01:32:33.90	+00:43:24 (46.9%)	13:13	4.5 (52.9%)
73	SOLON Marlena	420	7PBOT	Open K	20	01:33:35.25	+00:44:25 (47.5%)	13:22	4.5 (52.9%)

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						netto 7km	Różn		
74	JANAS Szymon	393	SFORA BMK	Open M	54	01:33:35.55	+00:44:25 (47.5%)	13:22	4.5 (52.9%)
75	TOMCZAK Roksana	351	SFORA BMK	Open K	21	01:33:35.60	+00:44:25 (47.5%)	13:22	4.5 (52.9%)
76	ŻYWICKI Kacper	424	7PBOT	Open M	55	01:33:35.80	+00:44:26 (47.5%)	13:22	4.5 (52.9%)
77	SZENK Agnieszka	412	7 PBOT	Open K	22	01:41:10.20	+00:52:00 (51.4%)	14:27	4.2 (49.4%)
78	BESTRY Juan	524	7PBOT	Open M	56	01:41:11.55	+00:52:01 (51.4%)	14:27	4.2 (49.4%)
79	MAKAR Aleksandra	523	7PBOT	Open K	23	01:41:13.35	+00:52:03 (51.4%)	14:27	4.1 (48.2%)
80	GŁOWACKI Dominik	361	MŁODY VS STARY	Open M	57	01:41:31.45	+00:52:21 (51.6%)	14:30	4.1 (48.2%)
81	. .	516				01:42:43.80	+00:53:34 (52.1%)	14:40	4.1 (48.2%)
82	SKŁADANOWSKI Damian	372	PWC	Open M	58	01:44:11.15	+00:55:01 (52.8%)	14:53	4 (47.1%)
83	NOWICKI Paweł	367	PWC	Open M	59	01:44:11.80	+00:55:02 (52.8%)	14:53	4 (47.1%)
84	JANICKI Tomasz	369		Open M	60	01:44:35.65	+00:55:25 (53.0%)	14:56	4 (47.1%)
85	BROCKI Alan	368	PWC	Open M	61	01:44:37.15	+00:55:27 (53.0%)	14:56	4 (47.1%)
86	MADEJA Jakub	520	PWC	Open M	62	01:44:38.00	+00:55:28 (53.0%)	14:56	4 (47.1%)
87	MIODUSZEWSKA Joanna	391		Open K	24	01:44:57.85	+00:55:48 (53.2%)	14:59	4 (47.1%)
88	FILUŚ Katarzyna	515		Open K	25	01:44:58.15	+00:55:48 (53.2%)	14:59	4 (47.1%)
89	RHODE Agata	416	7PBOT	Open K	26	01:44:58.35	+00:55:48 (53.2%)	14:59	4 (47.1%)
90	SZADEJKO Adam	390		Open M	63	01:44:58.40	+00:55:48 (53.2%)	14:59	4 (47.1%)
91	MIODUSZEWSKI Bartek	392		Open M	64	01:44:58.75	+00:55:49 (53.2%)	14:59	4 (47.1%)
92	DOMERADZKI Paweł	402	7PBOT	Open M	65	01:44:59.10	+00:55:49 (53.2%)	14:59	4 (47.1%)
93	BADAJ Elżbieta	405	7PBOT	Open K	27	01:45:00.90	+00:55:51 (53.2%)	15:00	4 (47.1%)
94	SZYMAŃSKI Michał	422	7PBOT	Open M	66	01:45:01.70	+00:55:51 (53.2%)	15:00	4 (47.1%)
95	GŁOWACKI Andrzej	441	MŁODY VS. STARY	Open M	67	01:45:44.75	+00:56:35 (53.5%)	15:06	4 (47.1%)
96	GŁOWACKA Aleksandra	360		Open K	28	01:45:45.10	+00:56:35 (53.5%)	15:06	4 (47.1%)
97	KRZYWDZIŃSKI Oskar	382		Open M	68	01:46:17.85	+00:57:08 (53.8%)	15:11	4 (47.1%)
98	SUNIELEWICZ Kinga	519		Open K	29	01:49:55.65	+01:00:45 (55.3%)	15:42	3.8 (44.7%)
99	IWASZKIEWICZ Maciej	438	7PBOT	Open M	69	01:51:44.65	+01:02:34 (56.0%)	15:57	3.8 (44.7%)
100	BIANGA Nikodem	496	JOKER MŁAWA	Open M	70	01:51:49.75	+01:02:40 (56.0%)	15:58	3.8 (44.7%)
101	JABŁONOWSKI Krzysztof	495	JOKER MŁAWA	Open M	71	01:52:21.05	+01:03:11 (56.2%)	16:03	3.7 (43.5%)
102	JABŁONOWSKA Aniela	490	JOKER MŁAWA	Open K	30	01:52:25.45	+01:03:15 (56.3%)	16:03	3.7 (43.5%)
103	ŚLEDZIŃSKA Maja	530		Open K	31	01:52:44.90	+01:03:35 (56.4%)	16:06	3.7 (43.5%)
104	ZAJĄC Michalina	529	JOKER MŁAWA	Open K	32	01:52:45.45	+01:03:35 (56.4%)	16:06	3.7 (43.5%)
105	KWIATKOWSKI Dawid	538		Open M	72	01:55:38.05	+01:06:28 (57.5%)	16:31	3.6 (42.4%)
106	WROTNY Krzysztof	528		Open M	73	01:56:45.10	+01:07:35 (57.9%)	16:40	3.6 (42.4%)
107	PAWLUCZYK Jakub	547	JOKER MŁAWA	Open M	74	01:57:02.85	+01:07:53 (58.0%)	16:43	3.6 (42.4%)
108	WROTNY Kacper	526		Open M	75	01:57:26.10	+01:08:16 (58.1%)	16:46	3.6 (42.4%)
109	POBUDZOWSKI Marcin	532		Open M	76	01:57:32.40	+01:08:22 (58.2%)	16:47	3.6 (42.4%)
110	POBUDZOWSKA Antonina	527		Open K	33	01:57:33.80	+01:08:24 (58.2%)	16:47	3.6 (42.4%)
Przekroczony limit czasu: 02:00:00									
111	KRYSTKIEWICZ Natalia	546		Open K	34	02:12:22.00	+01:23:12 (62.9%)	18:54	3.2 (37.6%)
112	SOKOLSKA Anna	500	JOKER MŁAWA	Open K	35	02:12:22.65	+01:23:12 (62.9%)	18:54	3.2 (37.6%)
113	SZLAGOR Inga	499	JOKER MŁAWA	Open K	36	02:12:23.15	+01:23:13 (62.9%)	18:54	3.2 (37.6%)
113	PAWŁOWSKA Paulina	545		Open K	36	02:12:23.15	+01:23:13 (62.9%)	18:54	3.2 (37.6%)
115	GRZYBICKA Aleksandra	525		Open K	38	02:12:23.80	+01:23:14 (62.9%)	18:54	3.2 (37.6%)
116	ŚLEDZIŃSKI Maja	534		Open K	39	02:12:24.90	+01:23:15 (62.9%)	18:54	3.2 (37.6%)

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117	KRYSTKIEWICZ Mateusz	537		Open M	77	02:12:25.10	+01:23:15 (62.9%)	18:55	3.2 (37.6%)
118	WRÓBLEWSKA Julia	498	JOKER MŁAWA	Open K	40	02:12:26.40	+01:23:16 (62.9%)	18:55	3.2 (37.6%)
119	ZAJĄC Michał	535		Open M	78	02:12:26.70	+01:23:16 (62.9%)	18:55	3.2 (37.6%)
120	KRYSTKIEWICZ Zbigniew	550		Open M	79	02:12:27.00	+01:23:17 (62.9%)	18:55	3.2 (37.6%)
121	WRÓBLEWSKI Mateusz	497	JOKER MŁAWA	Open M	80	02:12:28.85	+01:23:19 (62.9%)	18:55	3.2 (37.6%)
122	SZYMANIAK Oliwier	536		Open M	81	02:13:06.40	+01:23:56 (63.1%)	19:00	3.2 (37.6%)
123	KIJEWSKI Jacek	353		Open M	82	02:18:46.00	+01:29:36 (64.6%)	19:49	3 (35.3%)
	MATYSZAK Kamil	503		Open M		DNF		-	- (0.0%)

Znaleziono 124 wynik(ów)