

BTR 25KM

B4SPORT

Wydarzenie: Baran Trail Race
Organizator: Michał Loska
Data: 2024-03-16
Miejsce: Węgierska Górka
Dystans: 25 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 25km	Czas brutto 25km	Różn	Tempo min/km	Tempo km/h
1	RZESZÓTKO Marcin	272	MOUNTAIN RUNNING GUIDES	OPEN M	1	00:00:01	01:57:04.30	01:57:05.60		4:40	12.8 (100%)
2	MALINA Dawid	299	DYNAFITSQUAD	OPEN M	2	00:00:01	02:08:51.75	02:08:53.35	+00:11:47 (9.1%)	5:09	11.6 (90.6%)
3	LEŚNIAK Kami	149	HOKA GARMIN TEAM	OPEN M	3	00:00:01	02:09:13.25	02:09:14.75	+00:12:08 (9.4%)	5:10	11.6 (90.6%)
4	KUNZ Marcin	295		OPEN M	4	00:00:02	02:09:45.45	02:09:47.80	+00:12:41 (9.8%)	5:11	11.6 (90.6%)
5	WOŁĄKIEWICZ Piotr	280	STAŃCZAK TEAM	OPEN M	5	00:00:01	02:13:35.55	02:13:36.75	+00:16:31 (12.4%)	5:20	11.2 (87.5%)
6	FICEK Roman	286	HOKA POLAND	OPEN M	6	00:00:01	02:14:49.35	02:14:51.25	+00:17:45 (13.2%)	5:23	11.1 (86.7%)
7	JURA Rafał	317		OPEN M	7	00:00:01	02:21:34.65	02:21:36.35	+00:24:30 (17.3%)	5:39	10.6 (82.8%)
8	WRÓBEL Przemysław	228	NON STOP TRAIL	OPEN M	8	00:32:00	02:26:04.15	02:58:04.15	+00:28:59 (19.9%)	5:50	10.3 (80.5%)
9	RYBAK Dawid	290	SOCIOS SILESIA	OPEN M	9	00:00:01	02:26:22.30	02:26:24.20	+00:29:18 (20.0%)	5:51	10.2 (79.7%)
10	STANKIEWICZ Tomasz	241	PLANYBIEGOWE.PL	OPEN M	10	00:00:02	02:30:22.40	02:30:24.60	+00:33:18 (22.1%)	6:00	10 (78.1%)
11	ŚWIERAD Dariusz	292	ASICS FRONTRUNNER	OPEN M	11	00:00:03	02:32:58.00	02:33:01.15	+00:35:53 (23.5%)	6:07	9.8 (76.6%)
12	NARWOJSZ Arek	120	INŻYNIERIA BIEGANIA	OPEN M	12	00:00:03	02:33:15.90	02:33:19.65	+00:36:11 (23.6%)	6:07	9.8 (76.6%)
13	KWIATKOWSKA Kinga	239	HOKA GARMIN TEAM	OPEN K	1	00:00:02	02:33:31.20	02:33:33.40	+00:36:26 (23.7%)	6:08	9.8 (76.6%)
14	WYLEŻAŁEK Alina	273	INŻYNIERIA BIEGANIA	OPEN K	2	00:00:02	02:34:58.55	02:35:00.75	+00:37:54 (24.5%)	6:11	9.7 (75.8%)
15	ZAKRZYŃSKI Paweł	304	CSC ADVENTURE AKADEMY	OPEN M	13	00:00:04	02:35:21.20	02:35:25.55	+00:38:16 (24.6%)	6:12	9.7 (75.8%)

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16	SZCZYPEK Wojciech	125	AKTYWNA PSZCZYNA RUNNERS TEAM	OPEN M	14	00:00:02	02:35:26.45	02:35:28.55	+00:38:22 (24.7%)	6:13	9.7 (75.8%)
17	KOCOŃ Justyna	196	TRAIL IS OUR WAY	OPEN K	3	00:00:02	02:36:44.50	02:36:47.45	+00:39:40 (25.3%)	6:16	9.6 (75.0%)
18	JANUSZ Jakub	283		OPEN M	15	00:00:03	02:37:29.75	02:37:32.90	+00:40:25 (25.7%)	6:17	9.5 (74.2%)
19	KMEŤOVÁ Kristína	293		OPEN K	4	00:00:01	02:37:38.95	02:37:40.25	+00:40:34 (25.7%)	6:18	9.5 (74.2%)
20	FLĄDRO Daniel	203	BKB CZARNA PERŁA	OPEN M	16	00:00:01	02:38:28.40	02:38:30.05	+00:41:24 (26.1%)	6:20	9.5 (74.2%)
21	DEMBSKI Paweł	190	RATEMYTRAIL PRO	OPEN M	17	00:00:02	02:39:19.35	02:39:21.55	+00:42:15 (26.5%)	6:22	9.4 (73.4%)
22	DZIDA Dominik	263	MONIA-TEAM	OPEN M	18	00:00:04	02:39:25.00	02:39:29.05	+00:42:20 (26.6%)	6:22	9.4 (73.4%)
23	BAROSZ Natalia Paulina	253		OPEN K	5	00:00:02	02:39:35.45	02:39:38.25	+00:42:31 (26.6%)	6:23	9.4 (73.4%)
24	KEMPNY Paweł	170	SOCIOS SILESIA	OPEN M	19	00:00:02	02:39:46.75	02:39:49.25	+00:42:42 (26.7%)	6:23	9.4 (73.4%)
25	JABŁOŃSKA Sylwia	287	SBG PODBIEG NESSI TEAM	OPEN K	6	00:00:03	02:43:13.40	02:43:16.55	+00:46:09 (28.3%)	6:31	9.2 (71.9%)
26	WYSŁUCH Izabela	282		OPEN K	7	00:00:04	02:43:25.85	02:43:30.80	+00:46:21 (28.4%)	6:32	9.2 (71.9%)
27	ŁATKA Łukasz	307	INŻYNIERIA BIEGANIA TEAM	OPEN M	20	00:00:07	02:44:07.50	02:44:14.80	+00:47:03 (28.7%)	6:33	9.1 (71.1%)
28	FIDELUS Jacek	291	WCHSZT	OPEN M	21	00:00:03	02:44:24.05	02:44:27.80	+00:47:19 (28.8%)	6:34	9.1 (71.1%)
29	STAŃCZAK Szymon	261	STAŃCZAK TEAM	OPEN M	22	00:00:03	02:44:41.35	02:44:44.95	+00:47:37 (28.9%)	6:35	9.1 (71.1%)
30	PELA Dariusz	259		OPEN M	23	00:00:00	02:44:49.95	02:44:49.95	+00:47:45 (29.0%)	6:35	9.1 (71.1%)
31	SZAFRANEK Paweł	258	STANCZAK TEAM	OPEN M	24	00:00:04	02:45:00.10	02:45:04.15	+00:47:55 (29.0%)	6:36	9.1 (71.1%)
32	ROSIK Robert	297		OPEN M	25	00:00:02	02:45:10.20	02:45:12.85	+00:48:05 (29.1%)	6:36	9.1 (71.1%)
33	TOMIK Małgorzata	194		OPEN K	8	00:00:02	02:45:24.05	02:45:26.45	+00:48:19 (29.2%)	6:36	9.1 (71.1%)
34	PALA Marcin	139	CHWALISZ CZY NIE CHWALISZ - LOTEJ Z NAMI / 42K PRO TEAM	OPEN M	26	00:00:00	02:45:30.50	02:45:30.50	+00:48:26 (29.3%)	6:37	9.1 (71.1%)
35	BARANOWSKI Arkadiusz	111	MACHIKOSPORTSWEAR	OPEN M	27	00:00:02	02:46:19.50	02:46:22.30	+00:49:15 (29.6%)	6:39	9 (70.3%)
36	BYTNIIEWSKI Dariusz	156	SILESIA MARATHON TEAM	OPEN M	28	00:00:02	02:47:33.90	02:47:36.60	+00:50:29 (30.1%)	6:42	9 (70.3%)
37	MIKRUT Remigiusz	277		OPEN M	29	00:00:24	02:48:23.70	02:48:48.25	+00:51:19 (30.5%)	6:44	8.9 (69.5%)
38	KRYWULT Szymon	266	DOKTOR SEO	OPEN M	30	00:00:11	02:48:26.35	02:48:38.15	+00:51:22 (30.5%)	6:44	8.9 (69.5%)

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39	KOPEL Andrzej	262	#7UPHILLBAND	OPEN M	31	00:00:03	02:49:31.40	02:49:34.90	+00:52:27 (30.9%)	6:46	8.8 (68.8%)
40	MICHOWSKA Joanna	313		OPEN K	9	00:00:07	02:49:37.40	02:49:44.90	+00:52:33 (31.0%)	6:47	8.8 (68.8%)
41	BARANOWSKI Jacek	281	JACEKBIEGA RUNNING TEAM	OPEN M	32	00:00:00	02:51:35.35	02:51:35.35	+00:54:31 (31.8%)	6:51	8.7 (68.0%)
42	BRZÓZKA Paweł	191	FIT FABRYKA	OPEN M	33	00:00:09	02:56:03.75	02:56:13.20	+00:58:59 (33.5%)	7:02	8.5 (66.4%)
43	GARDENER Jacek	256	JACEKBIEGA RUNNING TEAM	OPEN M	34	00:00:07	02:56:07.15	02:56:14.70	+00:59:02 (33.5%)	7:02	8.5 (66.4%)
44	SENDEK Sylwia	279	KS DALIN MYŚLENICE	OPEN K	10	00:00:02	02:56:16.25	02:56:19.15	+00:59:11 (33.6%)	7:03	8.5 (66.4%)
45	WYKA Mariusz	237	LEGIA	OPEN M	35	00:00:07	02:56:23.15	02:56:30.55	+00:59:18 (33.6%)	7:03	8.5 (66.4%)
46	MYSIURA Daniel	204		OPEN M	36	00:00:11	02:56:38.10	02:56:49.20	+00:59:33 (33.7%)	7:03	8.5 (66.4%)
47	JANUSZKIEWICZ Michal	187	PIEROŃSKIE HANYSY	OPEN M	37	00:00:03	02:57:06.95	02:57:10.40	+01:00:02 (33.9%)	7:05	8.5 (66.4%)
48	STACHOWSKI Damian	106	ZABIEGANI IMIELIN	OPEN M	38	00:00:03	02:58:40.30	02:58:44.10	+01:01:36 (34.5%)	7:08	8.4 (65.6%)
49	STERKOWICZ Łukasz	303		OPEN M	39	00:00:05	02:59:14.50	02:59:20.25	+01:02:10 (34.7%)	7:10	8.4 (65.6%)
50	ZAJĄC Mateusz	288		OPEN M	40	00:00:11	02:59:19.00	02:59:30.30	+01:02:14 (34.7%)	7:10	8.4 (65.6%)
51	TWORZYDŁO Piotr	169	BEST TEAM GCZ UŻYWANE	OPEN M	41	00:00:05	02:59:26.60	02:59:32.50	+01:02:22 (34.8%)	7:10	8.4 (65.6%)
52	ZAJĄC Katarzyna	197	ULTRAFUN.PL	OPEN K	11	00:00:07	02:59:37.80	02:59:45.60	+01:02:33 (34.8%)	7:11	8.4 (65.6%)
53	DWORNIK Maciek	123	WARCZĄCE SZPRYCHY	OPEN M	42	00:00:09	02:59:42.45	02:59:51.75	+01:02:38 (34.9%)	7:11	8.3 (64.8%)
54	SZYMAŃSKI Paweł	231		OPEN M	43	00:00:07	02:59:49.50	02:59:57.10	+01:02:45 (34.9%)	7:11	8.3 (64.8%)
55	KORPAK Piotr	133		OPEN M	44	00:00:06	03:00:50.85	03:00:57.45	+01:03:46 (35.3%)	7:14	8.3 (64.8%)
56	CELADYN Maciej	198	FITFABRYKA	OPEN M	45	00:00:13	03:01:03.60	03:01:16.60	+01:03:59 (35.3%)	7:14	8.3 (64.8%)
57	POŚPIECH Michał	195		OPEN M	46	00:00:06	03:01:09.70	03:01:16.00	+01:04:05 (35.4%)	7:14	8.3 (64.8%)
58	GRABSKI Michał	153	KOMBO KURCZAKI	OPEN M	47	00:00:05	03:01:24.20	03:01:29.60	+01:04:19 (35.5%)	7:15	8.3 (64.8%)
59	MUSIAŁ Szymon	271		OPEN M	48	00:00:05	03:01:32.45	03:01:38.40	+01:04:28 (35.5%)	7:15	8.3 (64.8%)
60	OKOŃ Tomasz	173	RAPID RUNNERS TEAM	OPEN M	49	00:00:06	03:01:33.70	03:01:40.25	+01:04:29 (35.5%)	7:15	8.3 (64.8%)
61	MIECH Szymon	114	HUSARIA RACE TEAM	OPEN M	50	00:00:05	03:03:14.50	03:03:19.85	+01:06:10 (36.1%)	7:19	8.2 (64.1%)

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62	PLESIŃSKI Sebastian	131	FM LOGISTIC RUNNING TEAM	OPEN M	51	00:00:12	03:04:14.20	03:04:26.25	+01:07:09 (36.5%)	7:22	8.1 (63.3%)
63	JOCHYMEK Artur	276	NORTON TEAM	OPEN M	52	00:00:26	03:04:20.85	03:04:47.40	+01:07:16 (36.5%)	7:22	8.1 (63.3%)
64	KOŁODZIEJCZYK Kamil	151		OPEN M	53	00:00:18	03:04:39.95	03:04:58.55	+01:07:35 (36.6%)	7:23	8.1 (63.3%)
65	MUSZER Tomasz	176		OPEN M	54	00:00:12	03:05:07.50	03:05:20.25	+01:08:03 (36.8%)	7:24	8.1 (63.3%)
66	WALDON Krzysztof	109	HRMAX ŻORY	OPEN M	55	00:00:03	03:07:38.00	03:07:41.15	+01:10:33 (37.6%)	7:30	8 (62.5%)
67	ПАТАМАН Tapac	178	K-2	OPEN M	56	00:00:05	03:11:16.70	03:11:21.80	+01:14:12 (38.8%)	7:39	7.8 (60.9%)
68	KLIMKOWSKI Tomasz	278		OPEN M	57	00:00:08	03:11:44.70	03:11:53.05	+01:14:40 (38.9%)	7:40	7.8 (60.9%)
69	POKRYSZKA Bartosz	154		OPEN M	58	00:00:05	03:12:46.50	03:12:52.40	+01:15:42 (39.3%)	7:42	7.8 (60.9%)
70	FLOREK Marcin	248	MĘŻCZYŹNI ŚW. JÓZEFA	OPEN M	59	00:00:07	03:13:31.90	03:13:39.00	+01:16:27 (39.5%)	7:44	7.8 (60.9%)
71	ZAMBRZYCKI Maciej	284		OPEN M	60	00:00:04	03:13:59.95	03:14:04.20	+01:16:55 (39.7%)	7:45	7.7 (60.2%)
72	MROWIEC Agnieszka	127		OPEN K	12	00:00:14	03:14:40.90	03:14:55.70	+01:17:36 (39.9%)	7:47	7.7 (60.2%)
73	SKROK-WOLSKI Jan	121		OPEN M	61	00:00:13	03:15:40.55	03:15:53.80	+01:18:36 (40.2%)	7:49	7.7 (60.2%)
74	MIZIELSKI Maciej	103	JEDNOOSOBOWA GRUPA BIEGOWA WIKING	OPEN M	62	00:00:10	03:16:12.30	03:16:22.55	+01:19:08 (40.3%)	7:50	7.6 (59.4%)
75	SOWA Wojciech	189		OPEN M	63	00:00:12	03:16:28.50	03:16:40.80	+01:19:24 (40.4%)	7:51	7.6 (59.4%)
76	FANGOR-GRAB Agata	232	RESHAPE RUNNERS	OPEN K	13	00:00:06	03:16:28.95	03:16:35.45	+01:19:24 (40.4%)	7:51	7.6 (59.4%)
77	MIKOŁAJEWSKA Zofia	212	ORT	OPEN K	14	00:00:04	03:18:01.30	03:18:05.80	+01:20:57 (40.9%)	7:55	7.6 (59.4%)
78	WARZECHA Kamil	147	RMT TEAM	OPEN M	64	00:00:04	03:18:23.45	03:18:28.25	+01:21:19 (41.0%)	7:56	7.6 (59.4%)
79	MATYSIK Marta	159	WYZNAWCY BRONKA LIBIAŻ	OPEN K	15	00:00:09	03:20:47.80	03:20:57.05	+01:23:43 (41.7%)	8:01	7.5 (58.6%)
80	PISARCZYK Grzegorz	218		OPEN M	65	00:00:13	03:23:18.45	03:23:32.30	+01:26:14 (42.4%)	8:07	7.4 (57.8%)
81	ZAJĄCZKOWSKI Paweł	104	POWER TRAINING	OPEN M	66	00:00:14	03:23:32.40	03:23:47.30	+01:26:28 (42.5%)	8:08	7.4 (57.8%)
82	STANEK Sergiusz	227		OPEN M	67	00:32:04	03:23:47.85	03:55:51.85	+01:26:43 (42.6%)	8:09	7.4 (57.8%)
83	PŁÓCIENNICZAK Jakub	118		OPEN M	68	00:00:14	03:24:03.35	03:24:18.25	+01:26:59 (42.6%)	8:09	7.4 (57.8%)
84	GDULA Jakub	270		OPEN M	69	00:00:03	03:24:09.75	03:24:13.20	+01:27:05 (42.7%)	8:09	7.3 (57.0%)

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85	MUSZER Michał	175		OPEN M	70	00:00:12	03:24:23.30	03:24:35.50	+01:27:19 (42.7%)	8:10	7.3 (57.0%)
86	RADOMSKI Grzegorz	315	MOKRERUN	OPEN M	71	00:00:04	03:24:26.85	03:24:31.70	+01:27:22 (42.7%)	8:10	7.3 (57.0%)
87	RADOSZEK- ZAKRZYŃSKA Barbara	305		OPEN K	16	00:00:09	03:24:30.05	03:24:39.80	+01:27:25 (42.8%)	8:10	7.3 (57.0%)
88	PAWLUS Jacek	186		OPEN M	72	00:00:05	03:24:53.80	03:24:58.90	+01:27:49 (42.9%)	8:11	7.3 (57.0%)
89	ŁUCZAK Paweł	230	SPORTOWE TEOPE	OPEN M	73	00:00:07	03:25:32.80	03:25:40.40	+01:28:28 (43.0%)	8:13	7.3 (57.0%)
90	NICIEJA Anna	294		OPEN K	17	00:00:09	03:26:24.55	03:26:33.95	+01:29:20 (43.3%)	8:15	7.3 (57.0%)
91	STERKOWICZ Dorota	247		OPEN K	18	00:00:08	03:26:27.60	03:26:35.95	+01:29:23 (43.3%)	8:15	7.3 (57.0%)
92	PAWLIK Wojciech	134		OPEN M	74	00:00:09	03:26:56.15	03:27:05.70	+01:29:51 (43.4%)	8:16	7.2 (56.3%)
93	SZELIGA Tomek	142		OPEN M	75	00:00:09	03:30:25.05	03:30:34.90	+01:33:20 (44.4%)	8:25	7.1 (55.5%)
94	ROSA Jarosław	117	NBR TEAM	OPEN M	76	00:00:04	03:30:36.90	03:30:41.15	+01:33:32 (44.4%)	8:25	7.1 (55.5%)
95	BARAN Marta	206	JURA TEAM	OPEN K	19	00:00:06	03:31:28.45	03:31:35.05	+01:34:24 (44.6%)	8:27	7.1 (55.5%)
96	ŻAK Barbara	192	JURA TEAM	OPEN K	20	00:00:06	03:31:54.00	03:32:00.00	+01:34:49 (44.8%)	8:28	7.1 (55.5%)
97	BRONOWSKA Justyna	229		OPEN K	21	00:00:07	03:32:05.60	03:32:12.85	+01:35:01 (44.8%)	8:29	7.1 (55.5%)
98	BAK Katarzyna	251	KANDAHAR	OPEN K	22	00:00:09	03:32:07.80	03:32:17.75	+01:35:03 (44.8%)	8:29	7.1 (55.5%)
99	MARCINKOWSKA Martyna	215	42K PRO TEAM	OPEN K	23	00:00:05	03:32:17.60	03:32:22.95	+01:35:13 (44.9%)	8:29	7.1 (55.5%)
100	SOKÓŁ Dominika	240		OPEN K	24	00:00:07	03:32:21.05	03:32:28.95	+01:35:16 (44.9%)	8:29	7.1 (55.5%)
101	BOŁDYS Paweł	269	AW SZYBCIEJ TEAM	OPEN M	77	00:00:04	03:33:08.75	03:33:13.10	+01:36:04 (45.1%)	8:31	7 (54.7%)
102	ZUBKOWICZ Paweł	135	AC MILAN	OPEN M	78	00:00:36	03:34:51.75	03:35:27.80	+01:37:47 (45.5%)	8:35	7 (54.7%)
103	KWOLEK Marcin	309	PTG SOKÓŁ ŚWIAT PRACY TARNÓW	OPEN M	79	00:00:08	03:35:55.90	03:36:04.65	+01:38:51 (45.8%)	8:38	6.9 (53.9%)
104	RĄB Łukasz	183	DZIKIE ŻYCIE RUNTEAM/OBA Z GLIWIC	OPEN M	80	00:00:35	03:36:12.40	03:36:48.10	+01:39:08 (45.9%)	8:38	6.9 (53.9%)
105	PYZARA Paweł	268		OPEN M	81	00:00:16	03:37:20.95	03:37:37.00	+01:40:16 (46.1%)	8:41	6.9 (53.9%)
106	SOŁTYSIAK Marta	102	SZAKALE BAŁUT ŁÓDŹ	OPEN K	25	00:00:11	03:37:30.80	03:37:42.40	+01:40:26 (46.2%)	8:42	6.9 (53.9%)
107	BONDAR Paweł	172		OPEN M	82	00:00:13	03:38:35.50	03:38:48.75	+01:41:31 (46.4%)	8:44	6.9 (53.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 25km	Czas brutto 25km	Różn	Tempo min/km	Tempo km/h
108	RĄB Agnieszka	184	OBA Z GLIWIC	OPEN K	26	00:00:34	03:39:32.60	03:40:07.30	+01:42:28 (46.7%)	8:46	6.8 (53.1%)
109	WYWIĄŁ Łukasz	141	SAINT-GOBAIN SQUAD	OPEN M	83	00:00:20	03:40:31.10	03:40:51.80	+01:43:26 (46.9%)	8:49	6.8 (53.1%)
110	PTAK Tomasz	116		OPEN M	84	00:00:18	03:40:41.40	03:41:00.20	+01:43:37 (47.0%)	8:49	6.8 (53.1%)
111	SEROCZYŃSKI Piotr	161		OPEN M	85	00:00:10	03:41:16.60	03:41:27.10	+01:44:12 (47.1%)	8:51	6.8 (53.1%)
112	KOCJAN Paweł	166	KIDS RUN TEAM	OPEN M	86	00:00:14	03:41:43.20	03:41:57.55	+01:44:38 (47.2%)	8:52	6.8 (53.1%)
113	MIROCHA Łukasz	302		OPEN M	87	00:00:08	03:42:49.55	03:42:58.50	+01:45:45 (47.5%)	8:54	6.7 (52.3%)
114	KOPEĆ Żaneta	164		OPEN K	27	00:00:04	03:43:26.75	03:43:31.55	+01:46:22 (47.6%)	8:56	6.7 (52.3%)
115	GRZELIŃSKI Michał	234		OPEN M	88	00:03:10	03:44:03.30	03:47:13.95	+01:46:59 (47.7%)	8:57	6.7 (52.3%)
116	HARTSCHEN Jens	275		OPEN M	89	00:00:17	03:44:04.25	03:44:21.85	+01:46:59 (47.8%)	8:57	6.7 (52.3%)
117	JELTEMA Bastin	136	WM TRISELF/JELTEMA SPORT	OPEN M	90	00:00:16	03:44:05.10	03:44:22.05	+01:47:00 (47.8%)	8:57	6.7 (52.3%)
118	BANET Eliza	107		OPEN K	28	00:00:15	03:44:09.70	03:44:25.10	+01:47:05 (47.8%)	8:57	6.7 (52.3%)
119	STANKOW Piotr	137	SŁOŃCA JURY	OPEN M	91	00:00:06	03:44:24.60	03:44:31.45	+01:47:20 (47.8%)	8:58	6.7 (52.3%)
120	WARDZYŃSKI Mateusz	177		OPEN M	92	00:00:17	03:44:33.80	03:44:51.20	+01:47:29 (47.9%)	8:58	6.7 (52.3%)
121	BINIENDA Agnieszka	179	KOBIETY WATAHY	OPEN K	29	00:00:20	03:44:34.35	03:44:55.00	+01:47:30 (47.9%)	8:58	6.7 (52.3%)
122	ŚMIGANOWSKI Wojtek	267		OPEN M	93	00:00:20	03:44:34.95	03:44:55.20	+01:47:30 (47.9%)	8:58	6.7 (52.3%)
123	PLUTA Kinga	174		OPEN K	30	00:00:14	03:44:48.75	03:45:03.40	+01:47:44 (47.9%)	8:59	6.7 (52.3%)
124	CHOJNACKI Mikołaj	301	WARSAW RUN CLUB	OPEN M	94	00:00:23	03:45:23.80	03:45:47.30	+01:48:19 (48.1%)	9:00	6.7 (52.3%)
125	KORPAK Adam	122		OPEN M	95	00:00:08	03:45:50.60	03:45:58.75	+01:48:46 (48.2%)	9:02	6.6 (51.6%)
126	DWORNIK Małgorzata	124	WARCZACE SZPRYCHY	OPEN K	31	00:00:11	03:47:27.80	03:47:39.20	+01:50:23 (48.5%)	9:05	6.6 (51.6%)
127	CASTELEIN Astrid	211		OPEN K	32	00:00:05	03:47:29.85	03:47:35.55	+01:50:25 (48.5%)	9:05	6.6 (51.6%)
128	PIOTROWSKA Beata	152	RYSIANKA TEAM	OPEN K	33	00:00:14	03:47:52.20	03:48:06.20	+01:50:47 (48.6%)	9:06	6.6 (51.6%)
129	PODSTAWSKA Justyna	221		OPEN K	34	00:00:18	03:47:54.80	03:48:13.70	+01:50:50 (48.6%)	9:06	6.6 (51.6%)
130	SKOCZYLAS Wojciech	252		OPEN M	96	00:00:11	03:49:34.15	03:49:45.25	+01:52:29 (49.0%)	9:10	6.5 (50.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 25km	Czas brutto 25km	Różn	Tempo min/km	Tempo km/h
131	WENGLORZ Wojciech	119		OPEN M	97	00:00:19	03:49:46.85	03:50:06.40	+01:52:42 (49.1%)	9:11	6.5 (50.8%)
132	NEUMANN Piotr	150		OPEN M	98	00:00:08	03:50:53.40	03:51:01.85	+01:53:49 (49.3%)	9:14	6.5 (50.8%)
133	WAWRZYNIAK Małgorzata	162	#BIEGIEMWLAS	OPEN K	35	00:00:05	03:51:50.20	03:51:55.20	+01:54:45 (49.5%)	9:16	6.5 (50.8%)
134	POSELT Przemysław	145		OPEN M	99	00:02:43	03:54:46.05	03:57:29.35	+01:57:41 (50.1%)	9:23	6.4 (50.0%)
135	PASŁAWSKA Katarzyna	193	KOBIETY NA 5 +	OPEN K	36	00:00:15	03:56:21.50	03:56:37.30	+01:59:17 (50.5%)	9:27	6.3 (49.2%)
136	BOGUSZ Tomasz	168	PROGRAMISTA W RUCHU	OPEN M	100	00:00:26	03:58:38.05	03:59:04.25	+02:01:33 (50.9%)	9:32	6.3 (49.2%)
137	P David	246		OPEN M	101	00:00:13	03:58:50.85	03:59:03.95	+02:01:46 (51.0%)	9:33	6.3 (49.2%)
138	SIŃCZUK Patrycja	300	KONIU SQUAD	OPEN K	37	00:00:19	03:58:54.10	03:59:13.90	+02:01:49 (51.0%)	9:33	6.3 (49.2%)
139	KORNEK Tomasz	260		OPEN M	102	00:00:18	03:59:01.60	03:59:20.15	+02:01:57 (51.0%)	9:33	6.3 (49.2%)
140	BARAN Mariusz	207	JURA TEAM	OPEN M	103	00:00:06	03:59:24.50	03:59:31.30	+02:02:20 (51.1%)	9:34	6.3 (49.2%)
141	ŚMIGIELSKI Marek	165		OPEN M	104	00:00:17	03:59:25.15	03:59:42.65	+02:02:20 (51.1%)	9:34	6.3 (49.2%)
142	JASKÓLSKI Piotr	205	CARBON SILESIA SPORT	OPEN M	105	00:00:19	03:59:27.05	03:59:46.15	+02:02:22 (51.1%)	9:34	6.3 (49.2%)
143	PIETRASZEK Iwona	138		OPEN K	38	00:00:15	03:59:30.25	03:59:45.80	+02:02:25 (51.1%)	9:34	6.3 (49.2%)
144	MAZUR Grzegorz	296		OPEN M	106	00:00:12	04:00:55.25	04:01:07.45	+02:03:50 (51.4%)	9:38	6.2 (48.4%)
145	BAJCAR Beata	180	KOBIETY NA 5+	OPEN K	39	00:00:16	04:01:48.65	04:02:05.00	+02:04:44 (51.6%)	9:40	6.2 (48.4%)
146	BAŁA Marcin	146		OPEN M	107	00:00:10	04:01:54.05	04:02:04.10	+02:04:49 (51.6%)	9:40	6.2 (48.4%)
147	KORPAK Maciej	155		OPEN M	108	00:00:10	04:03:01.65	04:03:12.50	+02:05:57 (51.8%)	9:43	6.2 (48.4%)
148	TYRLIK Barbara	157		OPEN K	40	00:00:13	04:04:52.65	04:05:06.20	+02:07:48 (52.2%)	9:47	6.1 (47.7%)
149	BROCKOWSKA Monika	110		OPEN K	41	00:00:16	04:04:52.95	04:05:09.85	+02:07:48 (52.2%)	9:47	6.1 (47.7%)
150	LESZCZAK Mariusz	257		OPEN M	109	00:00:22	04:04:56.35	04:05:18.55	+02:07:52 (52.2%)	9:47	6.1 (47.7%)
151	CZAJA Ewa	188		OPEN K	42	00:00:10	04:06:35.10	04:06:45.40	+02:09:30 (52.5%)	9:51	6.1 (47.7%)
152	DZIAMENTSJEVA Vijaleta	274	JACEKBIEGA RUNNING TEAM	OPEN K	43	00:00:08	04:10:24.70	04:10:33.05	+02:13:20 (53.2%)	10:00	6 (46.9%)
153	NIEDERLIŃSKA Gabriela	126		OPEN K	44	00:00:16	04:11:01.05	04:11:17.65	+02:13:56 (53.4%)	10:02	6 (46.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 25km	Czas brutto 25km	Różn	Tempo min/km	Tempo km/h
154	HYRHIK Wojciech	314		OPEN M	110	00:00:12	04:12:46.00	04:12:58.20	+02:15:41 (53.7%)	10:06	5.9 (46.1%)
155	DACZYŃSKI Michał	222	STS BIEGATON MIKOŁÓW	OPEN M	111	00:00:13	04:12:53.05	04:13:06.05	+02:15:48 (53.7%)	10:06	5.9 (46.1%)
156	KRYSTEK Beata	225	STS BIEGATON MIKOŁÓW	OPEN K	45	00:00:13	04:12:53.50	04:13:06.60	+02:15:49 (53.7%)	10:06	5.9 (46.1%)
157	DOVICIC Radek	311		OPEN M	112	00:00:08	04:13:03.55	04:13:12.05	+02:15:59 (53.7%)	10:07	5.9 (46.1%)
158	LINKOVA Zaneta	310		OPEN K	46	00:00:07	04:13:04.10	04:13:11.95	+02:15:59 (53.7%)	10:07	5.9 (46.1%)
159	SOKOŁOWSKA Katarzyna	113		OPEN K	47	00:00:17	04:13:28.30	04:13:45.60	+02:16:24 (53.8%)	10:08	5.9 (46.1%)
160	BESZTOCHA Jadwiga	226		OPEN K	48	00:00:07	04:13:30.45	04:13:37.55	+02:16:26 (53.8%)	10:08	5.9 (46.1%)
161	SEWERYN Janusz	144		OPEN M	113	00:00:23	04:14:55.65	04:15:18.65	+02:17:51 (54.1%)	10:11	5.9 (46.1%)
162	ZASŁONKA Paweł	105	#TATA_PIEŁĘGNIARZ	OPEN M	114	00:00:11	04:17:30.70	04:17:41.90	+02:20:26 (54.5%)	10:18	5.8 (45.3%)
163	KOŁODZIEJCZYK Katarzyna	128		OPEN K	49	00:00:23	04:19:55.90	04:20:19.85	+02:22:51 (55.0%)	10:23	5.8 (45.3%)
164	KĘPA Kamil	265	HDR WATAHA DĄBROWA GÓRNICZA	OPEN M	115	00:00:24	04:19:56.90	04:20:21.00	+02:22:52 (55.0%)	10:23	5.8 (45.3%)
165	MACIASZCZYK Magdalena	182		OPEN K	50	00:00:24	04:20:24.25	04:20:48.85	+02:23:19 (55.0%)	10:24	5.8 (45.3%)
166	SZWEDA Piotr	202	HURAGAN LIGOTA	OPEN M	116	00:00:06	04:22:12.55	04:22:19.35	+02:25:08 (55.4%)	10:29	5.7 (44.5%)
167	GRZYWIŃSKA Anna	115		OPEN K	51	00:00:17	04:24:01.15	04:24:19.10	+02:26:56 (55.7%)	10:33	5.7 (44.5%)
168	MATYNIAK Barbara	160	WYZNAWCY BRONKA LIBIĄŻ	OPEN K	52	00:00:10	04:24:59.45	04:25:09.80	+02:27:55 (55.8%)	10:35	5.7 (44.5%)
169	HOBİK Tomasz	201		OPEN M	117	00:00:22	04:25:51.60	04:26:14.00	+02:28:47 (56.0%)	10:38	5.6 (43.8%)
170	SUT Iwona	217		OPEN K	53	00:00:14	04:26:36.85	04:26:51.30	+02:29:32 (56.1%)	10:39	5.6 (43.8%)
171	LITWINOWICZ Karolina	216		OPEN K	54	00:00:15	04:28:20.65	04:28:35.85	+02:31:16 (56.4%)	10:44	5.6 (43.8%)
172	WILCZEK Łukasz	238		OPEN M	118	00:00:16	04:30:26.25	04:30:42.30	+02:33:21 (56.7%)	10:49	5.5 (43.0%)
173	ZAJĄC Anna	289		OPEN K	55	00:00:12	04:34:15.50	04:34:27.80	+02:37:11 (57.3%)	10:58	5.5 (43.0%)
174	JAGIELSKA Magdalena	129	NGB KŁOBUCK	OPEN K	56	00:00:14	04:34:29.65	04:34:43.65	+02:37:25 (57.4%)	10:58	5.5 (43.0%)
175	KIEŁBUS Mirosław	163		OPEN M	119	00:00:20	04:34:41.85	04:35:01.95	+02:37:37 (57.4%)	10:59	5.5 (43.0%)
176	CZERWIŃSKI Mateusz	254		OPEN M	120	00:00:26	04:35:18.80	04:35:45.05	+02:38:14 (57.5%)	11:00	5.4 (42.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 25km	Czas brutto 25km	Różn	Tempo min/km	Tempo km/h
177	STACHURSKA Marta	220	SZAKALE BAŁUT ŁÓDŹ	OPEN K	57	00:00:11	04:36:00.70	04:36:12.40	+02:38:56 (57.6%)	11:02	5.4 (42.2%)
178	GÓRSKI Jakub	101	RAPID RUNNERS TEAM	OPEN M	121	00:00:20	04:43:17.60	04:43:38.30	+02:46:13 (58.7%)	11:19	5.3 (41.4%)
179	ZIARKO Agnieszka	208	SDG	OPEN K	58	00:00:04	04:47:32.15	04:47:36.80	+02:50:27 (59.3%)	11:30	5.2 (40.6%)
180	ŚLEZIŃSKI Grzegorz	209		OPEN M	122	00:00:05	05:01:22.80	05:01:28.55	+03:04:18 (61.2%)	12:03	5 (39.1%)
181	GROMADZKA Justyna	171	KOBIETY WATAHY	OPEN K	59	00:00:22	05:06:11.70	05:06:33.80	+03:09:07 (61.8%)	12:14	4.9 (38.3%)
182	ZAWISZA Beata	316		OPEN K	60	00:00:21	05:06:12.25	05:06:33.85	+03:09:07 (61.8%)	12:14	4.9 (38.3%)
183	CZENDLIK Dorota	210	HUSARIA RACE TEAM	OPEN K	61	00:00:19	05:12:59.35	05:13:19.15	+03:15:55 (62.6%)	12:31	4.8 (37.5%)
184	JĘDRZEJEWSKA Beata	236	MIRAZ RACE TEAM	OPEN K	62	00:00:21	05:13:48.75	05:14:10.25	+03:16:44 (62.7%)	12:33	4.8 (37.5%)
185	ZWIEROWICZ Agnieszka	148		OPEN K	63	00:00:20	05:13:54.75	05:14:15.30	+03:16:50 (62.7%)	12:33	4.8 (37.5%)
186	NOWAKOWSKA Beata	108	RACEFIGHTER GOSIR DĘBE WIELKIE	OPEN K	64	00:00:16	05:18:57.60	05:19:13.65	+03:21:53 (63.3%)	12:45	4.7 (36.7%)
187	LEJKO Waldemar	249	REWELACJA	OPEN M	123	00:00:01	05:20:34.00	05:20:35.00	+03:23:29 (63.5%)	12:49	4.7 (36.7%)
187	SMOLEŃ Tomasz	242	REWELACJA	OPEN M	123	00:00:01	05:20:34.00	05:20:35.00	+03:23:29 (63.5%)	12:49	4.7 (36.7%)
189	MASŁO Andrzej	243	REWELACJA	OPEN M	125	00:00:00	05:20:35.00	05:20:35.00	+03:23:30 (63.5%)	12:49	4.7 (36.7%)
190	BIELIŃSKI Michał	235	WERAARMY	OPEN M	126	00:00:27	05:26:36.55	05:27:04.25	+03:29:32 (64.2%)	13:03	4.6 (35.9%)
191	KUDZIA Roman	264		OPEN M	127	00:00:15	06:11:24.95	06:11:40.65	+04:14:20 (68.5%)	14:51	4 (31.3%)
192	HAŁACZKIEWICZ Robert	185	ULTRA PIOTRKÓW	OPEN M	128	00:00:13	06:14:25.45	06:14:39.30	+04:17:21 (68.7%)	14:58	4 (31.3%)
193	DUDKIEWICZ Anna	244	EKO- OKNA RUNNERS	OPEN K	65	00:00:20	06:17:34.10	06:17:54.10	+04:20:29 (69.0%)	15:06	4 (31.3%)
194	MILCARZ Andrzej	140	FESTINA LENTE	OPEN M	129	00:00:18	06:17:36.05	06:17:54.35	+04:20:31 (69.0%)	15:06	4 (31.3%)
195	BRZEZIŃSKA Agnieszka	158	LITERATURA INSPIRUJE	OPEN K	66	00:00:04	06:25:17.15	06:25:21.20	+04:28:12 (69.6%)	15:24	3.9 (30.5%)
196	BESSER Bartosz	312		OPEN M	130	00:00:30	08:48:00.50	08:48:31.00	+06:50:56 (77.8%)	21:07	2.8 (21.9%)

Znaleziono 196 wynik(ów)