

BTR 25KM

B4SPORT

Wydarzenie: Baran Trail Race
Organizator: Michał Loska
Data: 2024-10-04
Miejsce: Węgierska Górka
Dystans: 25 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Fajkówka 17km	Czas netto 25km	Czas brutto 25km	Różn	Tempo min/km	Tempo km/h
1	TABOR Dominik	324	HOKA GARMIN TEAM	OPEN M	1	01:17:05	01:51:04.05	01:51:05.95		4:26	13.5 (100%)
2	FABIAN Marcel	4	EVANLITE.COM	OPEN M	2	01:19:44	01:54:52.45	01:54:55.05	+00:03:49 (3.3%)	4:35	13.1 (97.0%)
3	RZESZÓTKO Marcin	1	MOUNTAIN RUNNING GUIDES	OPEN M	3	01:20:43	01:55:59.00	01:56:00.65	+00:04:54 (4.2%)	4:38	12.9 (95.6%)
4	KUROPATWA Gabriel	3	SBG SALCO	OPEN M	4	01:20:43	01:58:45.40	01:58:47.60	+00:07:41 (6.5%)	4:45	12.6 (93.3%)
5	MATUSZCZAK Rafał	328	SALOMON	OPEN M	5	01:24:17	02:00:33.75	02:00:35.85	+00:09:29 (7.9%)	4:49	12.4 (91.9%)
6	JUREK Michał	5	MILMET / SALOMON /SUUNTO	OPEN M	6	01:26:24	02:02:39.35	02:02:42.20	+00:11:36 (9.5%)	4:54	12.2 (90.4%)
7	CIEŚLAR Adam	172		OPEN M	7	01:24:45	02:07:04.35	02:07:07.25	+00:16:01 (12.6%)	5:04	11.8 (87.4%)
8	SKUPIEŃ Tomek	326		OPEN M	8	01:26:29	02:07:57.40	02:07:59.60	+00:16:53 (13.2%)	5:07	11.7 (86.7%)
9	MATYSSEK Karol	229		OPEN M	9	01:29:47	02:09:50.05	02:09:52.40	+00:18:46 (14.5%)	5:11	11.6 (85.9%)
10	KOWALCZYK Andrzej	213	SPORTOWA PERSPEKTYWA	OPEN M	10	01:30:13	02:10:53.65	02:10:57.45	+00:19:51 (15.2%)	5:14	11.5 (85.2%)
11	FICOŃ Szymon	9	SOPOTRAIL TEAM	OPEN M	11	01:33:12	02:12:07.40	02:12:10.65	+00:21:04 (15.9%)	5:17	11.4 (84.4%)
12	KUBASZCZYK Kamil	8		OPEN M	12	01:35:54	02:16:07.75	02:16:10.85	+00:25:04 (18.4%)	5:26	11 (81.5%)
13	KASZUBA Michał	304	GRUPA NOMAX	OPEN M	13	01:36:41	02:17:19.35	02:17:22.90	+00:26:16 (19.1%)	5:29	10.9 (80.7%)
14	PIECZONKA Maciej	323	ANNA HALSKA COACHING	OPEN M	14	01:36:36	02:18:22.85	02:18:27.25	+00:27:21 (19.8%)	5:32	10.8 (80.0%)
15	MATUSZCZAK Weronika	327	SALOMON	OPEN K	1	01:35:30	02:18:28.90	02:18:31.45	+00:27:25 (19.8%)	5:32	10.8 (80.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Fajkówka 17km	Czas netto 25km	Czas brutto 25km	Różn	Tempo min/km	Tempo km/h
16	KOMINKO Maciej	210	MOUNTAIN RUNNING GUIDES	OPEN M	15	01:35:09	02:18:30.30	02:18:33.75	+00:27:27 (19.8%)	5:32	10.8 (80.0%)
17	KNAP Mateusz	103	DYNAFIT / AW SZYBCIEJ	OPEN M	16	01:38:11	02:20:49.80	02:20:53.00	+00:29:47 (21.1%)	5:37	10.7 (79.3%)
18	PAPROCKA Urszula	13	SALOMON	OPEN K	2	01:39:42	02:21:11.95	02:21:14.75	+00:30:08 (21.3%)	5:38	10.6 (78.5%)
19	TOMASIAK Adam	288		OPEN M	17	01:39:50	02:22:09.80	02:22:12.75	+00:31:06 (21.9%)	5:41	10.6 (78.5%)
20	POLACZEK Daniel	255	DANIEL_BIEGA TEAM ASICS FRONTRUNNER	OPEN M	18	01:40:14	02:25:50.75	02:25:57.00	+00:34:51 (23.9%)	5:50	10.3 (76.3%)
21	GRUCEL Sławomir	331	DYNAFIT / AW SZYBCIEJ	OPEN M	19	01:42:49	02:26:24.25	02:26:28.30	+00:35:22 (24.1%)	5:51	10.2 (75.6%)
22	TOMASIAK Natalia	141	SALOMON TEAM	OPEN K	3	01:42:59	02:27:09.75	02:27:12.75	+00:36:06 (24.5%)	5:53	10.2 (75.6%)
23	PERZ Jan	250	ULTRA TRAIL ACADEMY	OPEN M	20	01:41:08	02:27:18.85	02:27:23.35	+00:36:17 (24.6%)	5:53	10.2 (75.6%)
24	KITA Michał	205	PĘDZĄCY W MIEJSCU	OPEN M	21	01:40:24	02:27:58.45	02:28:01.85	+00:36:55 (24.9%)	5:55	10.1 (74.8%)
25	PĘKALA Michał	251	MOUNTAIN RUNNING GUIDES / PĘKALÓWKA	OPEN M	22	01:41:55	02:28:14.15	02:28:17.90	+00:37:11 (25.1%)	5:55	10.1 (74.8%)
26	STAŃCO Paweł	273	SOPO TRAIL TEAM	OPEN M	23	01:45:23	02:32:30.20	02:32:35.15	+00:41:29 (27.2%)	6:06	9.8 (72.6%)
27	WILK Katarzyna	12	SALOMON	OPEN K	4	01:47:33	02:32:41.70	02:32:44.65	+00:41:38 (27.3%)	6:06	9.8 (72.6%)
28	PIĄTEK Mateusz	253		OPEN M	24	01:47:59	02:32:47.40	02:32:51.20	+00:41:45 (27.3%)	6:06	9.8 (72.6%)
29	TRACZ Paulina	11		OPEN K	5	01:52:00	02:38:23.50	02:38:27.25	+00:47:21 (29.9%)	6:20	9.5 (70.4%)
30	SZCZYPEK Wojciech	280		OPEN M	25	01:51:12	02:39:00.50	02:39:04.35	+00:47:58 (30.2%)	6:21	9.4 (69.6%)
31	FREJ Bogumił	184		OPEN M	26	01:50:38	02:40:05.55	02:40:14.25	+00:49:08 (30.7%)	6:24	9.4 (69.6%)
32	PALA Marcin	245	CHWALISZ CZY NIE CHWALISZ - LOTEJ Z NAMI / 42K PRO TEAM	OPEN M	27	01:51:03	02:40:25.60	02:40:33.70	+00:49:27 (30.8%)	6:25	9.4 (69.6%)
33	MICHAŁOWSKA Agata	231	KAMIL LEŚNIAK TEAM	OPEN K	6	01:51:51	02:40:29.30	02:40:36.55	+00:49:30 (30.8%)	6:25	9.3 (68.9%)
34	GALMAN Adam	185		OPEN M	28	01:52:30	02:42:01.00	02:42:01.00	+00:50:55 (31.4%)	6:28	9.3 (68.9%)
35	ŻUCHOWSKI Daniel	7	ATTIQ TEAM	OPEN M	29	01:41:51	02:42:44.90	02:42:48.20	+00:51:42 (31.8%)	6:30	9.2 (68.1%)
36	STAŃKO Michał	274	FRANEK\$ LAWINKA TEAM	OPEN M	30	01:56:40	02:44:03.90	02:44:09.60	+00:53:03 (32.3%)	6:33	9.1 (67.4%)
37	NOWAK Filip	237		OPEN M	31	01:51:15	02:44:12.45	02:44:18.20	+00:53:12 (32.4%)	6:34	9.1 (67.4%)
38	KAŻMIERCZAK Michał	332		OPEN M	32	01:54:32	02:44:58.00	02:44:58.00	+00:53:52 (32.7%)	6:35	9.1 (67.4%)

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39	THOMKOVÁ Simona	14	MOUNTAIN RUNNING GUIDES	OPEN K	7	01:55:35	02:45:38.80	02:45:44.70	+00:54:38 (33.0%)	6:37	9.1 (67.4%)
40	KWIATKOWSKI Paweł	219		OPEN M	33	01:51:56	02:45:43.30	02:45:46.40	+00:54:40 (33.0%)	6:37	9.1 (67.4%)
41	BIAŁOŻYT Krzysztof	161		OPEN M	34	01:56:23	02:46:04.00	02:46:09.55	+00:55:03 (33.1%)	6:38	9 (66.7%)
42	KAJSTURA Michał	201		OPEN M	35	01:54:43	02:46:43.40	02:46:54.30	+00:55:48 (33.4%)	6:40	9 (66.7%)
43	STASIW Przemysław	275	CHODZĄCE800PUNKTÓWITRA	OPEN M	36	01:54:51	02:47:32.90	02:47:40.05	+00:56:34 (33.7%)	6:42	9 (66.7%)
44	PRZYBYŁA Amadeusz	260	4DRINKI	OPEN M	37	01:56:43	02:48:10.90	02:48:15.55	+00:57:09 (34.0%)	6:43	8.9 (65.9%)
45	SZAREK Marcin	145	BAŁUCKIE TYGRYSY	OPEN M	38	01:58:45	02:48:22.20	02:48:28.75	+00:57:22 (34.1%)	6:44	8.9 (65.9%)
46	NIKIEL Julia	236	FIZJOTERAPIA URBAŃSKI	OPEN K	8	01:58:41	02:48:26.00	02:48:30.10	+00:57:24 (34.1%)	6:44	8.9 (65.9%)
47	TWORZYDŁO Piotr	291	MOUNTAIN RUNNING GUIDES	OPEN M	39	01:58:26	02:50:27.50	02:50:33.40	+00:59:27 (34.9%)	6:49	8.8 (65.2%)
48	ORKWISZEWSKA Oli	242	SCARPA TEAM POLSKA	OPEN K	9	01:59:04	02:51:34.95	02:51:42.50	+01:00:36 (35.3%)	6:51	8.7 (64.4%)
49	DAJMUND Jakub	178	HURAGAN LIGOTA	OPEN M	40	01:58:14	02:52:30.35	02:52:38.80	+01:01:32 (35.6%)	6:54	8.7 (64.4%)
50	ZBIJOWSKA STAŃKO Ewelina	143		OPEN K	10	02:01:19	02:52:38.25	02:52:43.35	+01:01:37 (35.7%)	6:54	8.7 (64.4%)
51	PIĄTEK Joanna	252		OPEN K	11	02:00:41	02:52:57.45	02:53:02.00	+01:01:56 (35.8%)	6:55	8.7 (64.4%)
52	PASKUDA Marcin	248		OPEN M	41	02:01:01	02:54:17.70	02:54:24.05	+01:03:18 (36.3%)	6:58	8.6 (63.7%)
53	WYKA Mariusz	299	LEGIA	OPEN M	42	01:58:58	02:55:45.15	02:55:53.35	+01:04:47 (36.8%)	7:01	8.5 (63.0%)
54	JÓZKOWICZ Maja	197		OPEN K	12	01:59:15	02:57:16.40	02:57:21.85	+01:06:15 (37.4%)	7:05	8.5 (63.0%)
55	STAŃKO Tymon	276	FRANEK\$LAWINKA TEAM	OPEN M	43	02:04:18	02:58:44.05	02:58:49.10	+01:07:43 (37.9%)	7:08	8.4 (62.2%)
56	GOLEC Paweł	188		OPEN M	44	02:03:42	02:58:59.20	02:59:09.65	+01:08:03 (38.0%)	7:09	8.4 (62.2%)
57	BIELSKI Seweryn	162	42K PRO TEAM	OPEN M	45	02:03:19	02:59:45.45	02:59:50.85	+01:08:44 (38.2%)	7:11	8.3 (61.5%)
58	ZALEWSKA Anna	313	MOUNTAIN RUNNING GUIDES	OPEN K	13	02:07:27	02:59:50.55	02:59:54.90	+01:08:48 (38.2%)	7:11	8.3 (61.5%)
59	DĄBROWSKI Michał	179	CINCLUS	OPEN M	46	02:01:00	02:59:43.40	02:59:56.65	+01:08:50 (38.3%)	7:11	8.3 (61.5%)
60	KOŁODZIEJ Tomasz	208		OPEN M	47	02:04:16	03:00:04.10	03:00:08.90	+01:09:02 (38.3%)	7:12	8.3 (61.5%)
61	WIŚNICZ Lucjan	321		OPEN M	48	02:05:01	03:01:03.90	03:01:13.25	+01:10:07 (38.7%)	7:14	8.3 (61.5%)

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62	PAWLIKOWSKI Damian	325		OPEN M	49	02:05:00	03:01:12.15	03:01:28.75	+01:10:22 (38.8%)	7:14	8.3 (61.5%)
63	JÓŹWIAK Dorota	198	42K PRO TEAM	OPEN K	14	02:07:30	03:01:37.45	03:01:42.00	+01:10:36 (38.9%)	7:15	8.3 (61.5%)
64	POŚPIECH Michał	318		OPEN M	50	02:06:21	03:02:56.10	03:03:10.05	+01:12:04 (39.3%)	7:19	8.2 (60.7%)
65	BARTOSZEK Tomasz	159	SAINT-GOBAIN SQUAD	OPEN M	51	02:05:33	03:03:04.35	03:03:14.50	+01:12:08 (39.4%)	7:19	8.2 (60.7%)
66	RASZKA-CIEŚLIK Aleksandra	264	MOUNTAIN RUNNING GUIDES	OPEN K	15	02:10:11	03:03:14.65	03:03:20.60	+01:12:14 (39.4%)	7:19	8.2 (60.7%)
67	CEBO Artur	166		OPEN M	52	02:07:22	03:03:17.75	03:03:32.95	+01:12:27 (39.5%)	7:19	8.2 (60.7%)
68	SIENKIEWICZ Hubert	272	SKMPT / MRG	OPEN M	53	02:07:53	03:04:52.90	03:05:04.15	+01:13:58 (40.0%)	7:23	8.1 (60.0%)
69	KOPTON Marcin	144	ING HUBS RUNNERS	OPEN M	54	02:07:36	03:04:54.60	03:05:06.30	+01:14:00 (40.0%)	7:23	8.1 (60.0%)
70	GARUS Łukasz	187	#TRENINGFIZJO	OPEN M	55	02:08:43	03:05:26.80	03:05:30.95	+01:14:25 (40.1%)	7:25	8.1 (60.0%)
71	SZYMAŃSKI Maciej	329		OPEN M	56	02:07:47	03:05:25.80	03:05:38.15	+01:14:32 (40.2%)	7:25	8.1 (60.0%)
72	JAWORSKI Szymon	196		OPEN M	57	02:05:22	03:08:18.10	03:08:33.85	+01:17:27 (41.1%)	7:31	8 (59.3%)
73	KRAWCZYK Dariusz	217	16/49 50+	OPEN M	58	02:09:31	03:09:44.15	03:09:58.30	+01:18:52 (41.5%)	7:35	7.9 (58.5%)
74	MARTINI Dawid	226	VEGAN RUNNERS	OPEN M	59	02:09:42	03:09:43.40	03:09:58.45	+01:18:52 (41.5%)	7:35	7.9 (58.5%)
75	WINDAK Agnieszka	297	JEM KLOPSA TEAM	OPEN K	16	02:09:54	03:09:57.55	03:10:07.10	+01:19:01 (41.6%)	7:35	7.9 (58.5%)
76	BILSKI Kamil	163	#GRODZIECRUN	OPEN M	60	02:08:40	03:11:20.20	03:11:31.35	+01:20:25 (42.0%)	7:39	7.8 (57.8%)
77	HETMAŃCZYK Jakub	192	XIN CHAO	OPEN M	61	02:10:16	03:12:11.70	03:12:28.65	+01:21:22 (42.3%)	7:41	7.8 (57.8%)
78	KACPEREK-WÓJCIK Dorota	200	KW ZAKOPANE	OPEN K	17	02:13:11	03:12:33.50	03:12:41.30	+01:21:35 (42.3%)	7:42	7.8 (57.8%)
79	CIBIS Anna	169		OPEN K	18	02:15:50	03:12:30.90	03:12:41.50	+01:21:35 (42.3%)	7:42	7.8 (57.8%)
80	NAWROCKI Szymon	234	DCWRP	OPEN M	62	02:14:39	03:12:32.10	03:12:41.85	+01:21:35 (42.3%)	7:42	7.8 (57.8%)
81	MASŁOWSKI Jakub	228		OPEN M	63	02:11:46	03:12:40.40	03:12:59.55	+01:21:53 (42.4%)	7:42	7.8 (57.8%)
82	TOMSIA Wojciech	289		OPEN M	64	02:16:06	03:16:21.55	03:16:26.60	+01:25:20 (43.4%)	7:51	7.6 (56.3%)
83	KOPIEC Izabela	212		OPEN K	19	02:18:41	03:16:42.25	03:16:42.25	+01:25:36 (43.5%)	7:52	7.6 (56.3%)
84	MROWIEC Kinga	232	TL POGOŃ RUDA ŚLĄSKA	OPEN K	20	02:14:36	03:17:42.95	03:17:51.95	+01:26:46 (43.9%)	7:54	7.6 (56.3%)

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85	RĄB Łukasz	266		OPEN M	65	02:16:38	03:18:04.20	03:19:08.80	+01:28:02 (44.2%)	7:55	7.6 (56.3%)
86	SZOTA Magdalena	282	DCWRP	OPEN K	21	02:18:48	03:19:03.10	03:19:12.75	+01:28:06 (44.2%)	7:57	7.5 (55.6%)
87	BARCZYK Artur	322		OPEN M	66	02:15:42	03:19:51.85	03:20:00.85	+01:28:54 (44.5%)	7:59	7.5 (55.6%)
88	FOGIEL-PAWŁOWSKA Agnieszka	183		OPEN K	22	02:18:28	03:20:20.20	03:20:26.15	+01:29:20 (44.6%)	8:00	7.5 (55.6%)
89	KIZNER Mirosław	206		OPEN M	67	02:19:37	03:20:39.55	03:20:58.25	+01:29:52 (44.7%)	8:01	7.5 (55.6%)
90	PAMUŁA Marta	246		OPEN K	23	02:21:16	03:22:07.50	03:22:21.10	+01:31:15 (45.1%)	8:05	7.4 (54.8%)
91	SZTURC Marcin	284		OPEN M	68	02:15:53	03:22:39.45	03:22:52.55	+01:31:46 (45.2%)	8:06	7.4 (54.8%)
92	TULEC Adam	290		OPEN M	69	02:18:26	03:23:17.95	03:23:30.85	+01:32:24 (45.4%)	8:07	7.4 (54.8%)
93	WOLAŃSKA Anna	311	ING HUBS POLAND	OPEN K	24	02:23:28	03:23:45.00	03:24:00.65	+01:32:54 (45.5%)	8:09	7.4 (54.8%)
94	RĘKOSIEWICZ Jakub	267		OPEN M	70	02:15:42	03:24:53.15	03:25:05.30	+01:33:59 (45.8%)	8:11	7.3 (54.1%)
95	RADOSZEK- ZAKRZYŃSKA Barbara	262	CSC ADVENTURE ACADEMY	OPEN K	25	02:22:32	03:24:47.15	03:25:05.60	+01:33:59 (45.8%)	8:11	7.3 (54.1%)
96	KIECA Krzysztof	203		OPEN M	71	02:21:38	03:26:33.10	03:26:36.85	+01:35:30 (46.2%)	8:15	7.3 (54.1%)
97	WALUŚ Roman	294	POLSKA	OPEN M	72	02:23:49	03:26:23.40	03:26:42.85	+01:35:36 (46.3%)	8:15	7.3 (54.1%)
98	WOLAŃSKI Mateusz	312	ING HUB POLAND RUNNERS	OPEN M	73	02:18:56	03:27:17.05	03:27:33.35	+01:36:27 (46.5%)	8:17	7.2 (53.3%)
99	CZERNER Krzysztof	174		OPEN M	74	02:26:43	03:27:48.75	03:28:06.95	+01:37:01 (46.6%)	8:18	7.2 (53.3%)
100	BOGUSZ Tomasz	165	PROGRAMISTA W RUCHU	OPEN M	75	02:26:07	03:28:33.40	03:28:53.65	+01:37:47 (46.8%)	8:20	7.2 (53.3%)
101	MAKARUK Dominik	223		OPEN M	76	02:23:11	03:28:47.25	03:29:07.00	+01:38:01 (46.9%)	8:21	7.2 (53.3%)
102	PAPRZYCKI Rafał	247	NATURAL BORN RUNNERS	OPEN M	77	02:25:10	03:29:15.45	03:29:27.50	+01:38:21 (47.0%)	8:22	7.2 (53.3%)
103	KOCJAN Paweł	207	KIDS RUN	OPEN M	78	02:25:26	03:29:17.30	03:29:27.65	+01:38:21 (47.0%)	8:22	7.2 (53.3%)
104	ZWIERZ Kamil	302	KW SAKWA	OPEN M	79	01:59:45	03:29:37.45	03:29:50.85	+01:38:44 (47.1%)	8:23	7.2 (53.3%)
105	RĄB Agnieszka	265		OPEN K	26	02:26:51	03:29:49.15	03:30:13.25	+01:39:07 (47.2%)	8:23	7.1 (52.6%)
106	ZIOMBKA Kuba	301	WAWRZYNTTEAM	OPEN M	80	02:26:42	03:31:12.35	03:31:19.15	+01:40:13 (47.4%)	8:26	7.1 (52.6%)
107	BARAN Zenon	157	HOMOKOMANDO	OPEN M	81	02:27:18	03:32:22.45	03:32:47.10	+01:41:41 (47.8%)	8:29	7.1 (52.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Fajkówka 17km	Czas netto 25km	Czas brutto 25km	Różn	Tempo min/km	Tempo km/h
108	POLKOWSKI Piotr	256		OPEN M	82	02:24:35	03:33:20.15	03:33:40.80	+01:42:34 (48.0%)	8:32	7 (51.9%)
109	WALKOWSKI Tomasz	293		OPEN M	83	02:23:58	03:33:28.65	03:33:51.65	+01:42:45 (48.1%)	8:32	7 (51.9%)
110	PIETRALA Agata	254	CSC RUNNERS	OPEN K	27	02:29:45	03:34:04.05	03:34:22.80	+01:43:16 (48.2%)	8:33	7 (51.9%)
111	ŚWIDEREK Aneta	285	-	OPEN K	28	02:28:47	03:34:24.75	03:34:33.05	+01:43:27 (48.2%)	8:34	7 (51.9%)
112	LACH Krzysztof	220		OPEN M	84	02:27:20	03:34:45.00	03:34:45.00	+01:43:39 (48.3%)	8:35	7 (51.9%)
113	KOZAK-WÓJCICKA Kamila	215	CSCRUNNERS	OPEN K	29	02:29:39	03:35:05.95	03:35:25.00	+01:44:19 (48.4%)	8:36	7 (51.9%)
114	CYBA Piotr	330		OPEN M	85	02:30:25	03:35:17.90	03:35:35.25	+01:44:29 (48.5%)	8:36	7 (51.9%)
115	MARTINI Mateusz	227	RACHOWSKIE ROZJEBUNDY	OPEN M	86	02:18:19	03:35:21.10	03:35:37.55	+01:44:31 (48.5%)	8:36	7 (51.9%)
116	KOPIEC Arkadiusz	211		OPEN M	87	02:22:29	03:35:38.00	03:35:38.00	+01:44:32 (48.5%)	8:37	7 (51.9%)
117	PANEK Krzysztof	319	BIEGOWE ŚRODY	OPEN M	88	02:22:31	03:36:26.35	03:36:43.30	+01:45:37 (48.7%)	8:39	6.9 (51.1%)
118	OLIŃSKI Paweł	241	BUSIORE	OPEN M	89	02:23:46	03:37:12.30	03:37:20.80	+01:46:14 (48.9%)	8:41	6.9 (51.1%)
119	ODOLCZYK Joanna	239		OPEN K	30	02:31:06	03:37:05.80	03:37:32.45	+01:46:26 (48.9%)	8:41	6.9 (51.1%)
120	RUSEK Piotr	303	TEAM LOVELAS	OPEN M	90	02:30:56	03:40:10.55	03:40:24.55	+01:49:18 (49.6%)	8:48	6.8 (50.4%)
121	STROCZYŃSKI Paweł	277	TYSKIE SINICE	OPEN M	91	02:33:28	03:42:00.45	03:42:16.20	+01:51:10 (50.0%)	8:52	6.8 (50.4%)
122	OSTASZEWSKA Weronika	243		OPEN K	31	02:31:13	03:43:36.95	03:43:44.05	+01:52:38 (50.3%)	8:56	6.7 (49.6%)
123	BLOCH Cezary	164		OPEN M	92	02:37:57	03:49:09.35	03:49:27.55	+01:58:21 (51.6%)	9:09	6.5 (48.1%)
124	PASŁAWSKA Katarzyna	249		OPEN K	32	02:34:43	03:49:19.00	03:49:35.60	+01:58:29 (51.6%)	9:10	6.5 (48.1%)
125	WAWAK Andrzej	295		OPEN M	93	02:34:45	03:51:34.40	03:51:52.95	+02:00:47 (52.1%)	9:15	6.5 (48.1%)
126	CZAPSKI Piotr	173		OPEN M	94	02:41:54	03:52:09.55	03:52:31.05	+02:01:25 (52.2%)	9:17	6.5 (48.1%)
127	STUDNIK Agu	278	HURAGAN LIGOTA	OPEN K	33	02:42:56	03:52:30.20	03:52:46.35	+02:01:40 (52.3%)	9:18	6.5 (48.1%)
128	JAKUBIAK Jakub	195	SPORTOWE RZEZIMIESZKI	OPEN M	95	02:37:39	03:54:59.35	03:55:10.45	+02:04:04 (52.8%)	9:23	6.4 (47.4%)
129	SZOZDA Katarzyna	283		OPEN K	34	02:45:58	03:55:31.55	03:55:41.80	+02:04:35 (52.9%)	9:25	6.4 (47.4%)
130	CHOLEWA Oliwia	167		OPEN K	35	02:43:36	03:56:31.75	03:56:49.85	+02:05:43 (53.1%)	9:27	6.3 (46.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Fajkówka 17km	Czas netto 25km	Czas brutto 25km	Różn	Tempo min/km	Tempo km/h
131	BAŃDUR Marta	156		OPEN K	36	02:43:28	03:57:06.70	03:57:29.40	+02:06:23 (53.2%)	9:29	6.3 (46.7%)
132	GRZELIŃSKI Michał	190		OPEN M	96	02:38:33	03:58:19.80	03:58:49.30	+02:07:43 (53.5%)	9:31	6.3 (46.7%)
133	BUDA Barbara	315		OPEN K	37	02:42:19	03:58:47.05	03:58:59.55	+02:07:53 (53.5%)	9:33	6.3 (46.7%)
134	WACŁAWEK Marcin	314		OPEN M	97	02:42:31	03:58:47.05	03:58:59.65	+02:07:53 (53.5%)	9:33	6.3 (46.7%)
135	NAPORA Adam	233		OPEN M	98	02:44:38	03:58:48.85	03:59:12.15	+02:08:06 (53.6%)	9:33	6.3 (46.7%)
136	DENYSENKO Lech	180	BDB TEAM	OPEN M	99	02:45:03	03:59:32.10	03:59:57.85	+02:08:51 (53.7%)	9:34	6.3 (46.7%)
137	MARSZALEK Jan	225	ITMBW KRAKÓW	OPEN M	100	02:31:43	04:00:55.65	04:01:11.00	+02:10:05 (53.9%)	9:38	6.2 (45.9%)
138	BAJCAR Beata	154	KOBIETY NA 5+	OPEN K	38	02:47:11	04:01:22.70	04:01:37.50	+02:10:31 (54.0%)	9:39	6.2 (45.9%)
139	PORSZKE Magdalena	258	FRANEK TEŻ LATA	OPEN K	39	02:45:59	04:01:43.95	04:01:57.45	+02:10:51 (54.1%)	9:40	6.2 (45.9%)
140	CIECHELSKA Daria	170		OPEN K	40	02:42:52	04:02:30.55	04:02:35.70	+02:11:29 (54.2%)	9:42	6.2 (45.9%)
141	ROŚŁONIEC Karolina	268		OPEN K	41	02:45:57	04:07:20.20	04:07:27.20	+02:16:21 (55.1%)	9:53	6.1 (45.2%)
142	CZERWIŃSKI Mateusz	175		OPEN M	101	02:45:21	04:11:49.35	04:11:54.70	+02:20:48 (55.9%)	10:04	6 (44.4%)
143	SZELAĞIEWICZ Patrycja	281		OPEN K	42	02:57:03	04:13:41.65	04:13:53.10	+02:22:47 (56.2%)	10:08	5.9 (43.7%)
144	OLECH Dajana	240		OPEN K	43	02:52:29	04:14:16.55	04:14:37.10	+02:23:31 (56.4%)	10:10	5.9 (43.7%)
145	FRAŚCZAK Patrycja	316		OPEN K	44	02:54:35	04:14:52.95	04:15:00.65	+02:23:54 (56.4%)	10:11	5.9 (43.7%)
146	BAK Katarzyna	160		OPEN K	45	02:49:31	04:15:02.50	04:15:11.10	+02:24:05 (56.5%)	10:12	5.9 (43.7%)
147	LECH Arkadiusz	221	OBSTACLE CENTER TEAM	OPEN M	102	02:47:28	04:15:15.45	04:15:23.30	+02:24:17 (56.5%)	10:12	5.9 (43.7%)
148	HOCZEK Łukasz	193		OPEN M	103	02:52:36	04:17:18.00	04:17:18.00	+02:26:12 (56.8%)	10:17	5.8 (43.0%)
149	DZIWAŁ Dariusz	181	TIMOTHY JACOB	OPEN M	104	02:53:11	04:18:40.85	04:18:53.95	+02:27:48 (57.1%)	10:20	5.8 (43.0%)
150	SEWERYN Janusz	271	MIEDZYMIASTOWI	OPEN M	105	02:54:34	04:19:15.25	04:19:29.75	+02:28:23 (57.2%)	10:22	5.8 (43.0%)
151	RAFELD Kamil	263	SZERPOWIE NADZIEI/BIEGUSIEM.PL	OPEN M	106	02:57:42	04:24:25.25	04:24:35.85	+02:33:29 (58.0%)	10:34	5.7 (42.2%)
152	GOSTYLLA Maciej	189	SZERPOWIE NADZIEI	OPEN M	107	02:57:46	04:24:27.70	04:24:39.40	+02:33:33 (58.0%)	10:34	5.7 (42.2%)
153	POPIELA-KAWA Sylwia	257	SZERPOWIE NADZIEI	OPEN K	46	02:57:37	04:24:29.50	04:24:39.45	+02:33:33 (58.0%)	10:34	5.7 (42.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Fajkówka 17km	Czas netto 25km	Czas brutto 25km	Różn	Tempo min/km	Tempo km/h
153	PRZYBOROWSKI Michał	259	SZERPOWIE NADZIEI	OPEN M	108	02:57:13	04:24:29.00	04:24:39.45	+02:33:33 (58.0%)	10:34	5.7 (42.2%)
155	CZERWIŃSKI Michał	177	SZERPOWIE NADZIEI	OPEN M	109	02:57:44	04:24:28.45	04:24:39.65	+02:33:33 (58.0%)	10:34	5.7 (42.2%)
156	WINIAREK Leszek	298	SZERPOWIE NADZIEI	OPEN M	110	02:57:50	04:24:29.10	04:24:39.75	+02:33:33 (58.0%)	10:34	5.7 (42.2%)
157	HYŻY Mariusz	194	SZERPOWIE NADZIEI	OPEN M	111	02:57:41	04:24:12.45	04:24:39.80	+02:33:33 (58.0%)	10:34	5.7 (42.2%)
158	BALNER Sebastian	155	CZARNA TĘCZA	OPEN M	112	03:12:47	04:43:31.95	04:43:38.30	+02:52:32 (60.8%)	11:20	5.3 (39.3%)
159	PRZYBYŁA Eliza	261	TM IRON TEAM	OPEN K	47	03:17:44	04:43:43.60	04:43:59.25	+02:52:53 (60.9%)	11:20	5.3 (39.3%)
160	GŁOWACKA Karolina	317		OPEN K	48	03:21:57	04:45:39.00	04:45:51.65	+02:54:45 (61.1%)	11:25	5.3 (39.3%)
161	RYBAK Remigiusz	270		OPEN M	113	03:22:00	04:45:38.85	04:45:52.10	+02:54:46 (61.1%)	11:25	5.3 (39.3%)
162	DUDA Dorota	320	KOBIETY NA 5+	OPEN K	49	03:13:08	04:46:12.80	04:46:28.75	+02:55:22 (61.2%)	11:26	5.2 (38.5%)
163	WALKOWSKA Justyna	292		OPEN K	50	03:22:10	04:47:51.40	04:48:08.60	+02:57:02 (61.4%)	11:30	5.2 (38.5%)
164	TARLOWSKI Hubert	287		OPEN M	114	03:12:23	04:48:18.15	04:48:35.95	+02:57:30 (61.5%)	11:31	5.2 (38.5%)
165	HAJDA Olga	191		OPEN K	51	03:22:01	04:50:35.75	04:50:55.75	+02:59:49 (61.8%)	11:37	5.2 (38.5%)
166	MICHALAK Aleksandra	230	NIGHT RUNNERS	OPEN K	52	03:24:22	04:51:04.55	04:51:19.00	+03:00:13 (61.9%)	11:38	5.2 (38.5%)
166	TAMM Sylwia	286		OPEN K	52	03:17:00	04:50:58.05	04:51:19.00	+03:00:13 (61.9%)	11:38	5.2 (38.5%)
168	GALMAN Iwona	186		OPEN K	54	03:20:21	04:54:21.15	04:54:35.90	+03:03:29 (62.3%)	11:46	5.1 (37.8%)
169	AL-JEABORY Mahdi	151	CZARNA TĘCZA	OPEN M	115	03:12:25	04:56:06.10	04:56:12.75	+03:05:06 (62.5%)	11:50	5.1 (37.8%)
170	OTOROWSKA Aleksandra	244	SZERPOWIE NADZIEI	OPEN K	55	03:30:50	05:10:48.15	05:10:59.55	+03:19:53 (64.3%)	12:25	4.8 (35.6%)
	KUCHARSKI Marcin	218		OPEN M		DNF	DNF	DNF		-	- (0.0%)
	LEŚNIAK Kamil	2	HOKA GARMIN TEAM	OPEN M		DNF	DNF	DNF		-	- (0.0%)

Znaleziono 172 wynik(ów)