

BUKOŁAZ 21K EXTREMUM

B4SPORT
POLSKIE STOWARZYSZENIE TRIATLONU



Organizator: Stowarzyszenie Kultury Fizycznej Biomaszyna
Data: 2016-10-22
Miejsce: Szczecin
Dystans: 21 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Bike_All 10km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
1	DROBCZYŃSKI Bartosz	17	PUSZCZYK BUKOWY	M-OPEN	1	00:00:11	00:41:17	01:29:39.70	01:29:51.25		4:16	14.1 (100%)
2	SIECHKOWSKI Michał	74		M-OPEN	2	00:00:11	00:41:38	01:32:24.30	01:32:35.85	+00:02:44 (3.0%)	4:24	13.6 (96.5%)
3	ŻYWICKI Janusz	104	KB PIONIER SZCZECIN	M40	1	00:00:11	00:43:05	01:35:14.00	01:35:25.35	+00:05:34 (5.9%)	4:32	13.2 (93.6%)
4	JANAS Kacper	35	BIEGNIJ AZ SPUCHNIESZ :)	M-OPEN	3	00:00:11	00:42:05	01:35:47.25	01:35:58.40	+00:06:07 (6.4%)	4:33	13.2 (93.6%)
5	ZEMBIK Grzegorz	103	KB HERMES GRYFINO	M40	2	00:00:14	00:46:38	01:39:10.65	01:39:25.20	+00:09:30 (9.6%)	4:43	12.7 (90.1%)
6	ORZECHOWSKI Adam	6		M-OPEN	4	00:00:13	00:46:34	01:41:09.85	01:41:23.30	+00:11:30 (11.4%)	4:49	12.5 (88.7%)
7	CZOSNOWSKI Krzysztof	14	KB HERMES GRYFINO	M-OPEN	5	00:00:15	00:46:26	01:43:48.35	01:44:03.45	+00:14:08 (13.6%)	4:56	12.1 (85.8%)
8	RUTA Przemysław	73	MOTIV HOME TEAM / 1BPZMOT	M-OPEN	6	00:00:12	00:48:12	01:44:24.45	01:44:36.80	+00:14:44 (14.1%)	4:58	12.1 (85.8%)
8	DYCZYŃSKI Leszek	20	1BPZMOT/12 BZ	M-OPEN	7	00:00:12	00:48:13	01:44:24.60	01:44:36.80	+00:14:44 (14.1%)	4:58	12.1 (85.8%)
10	CZERWIŃSKI Artur	13	GOGGLE PAE TEAM	M40	3	00:00:13	00:46:50	01:44:55.05	01:45:08.15	+00:15:15 (14.5%)	4:59	12 (85.1%)
11	ROTKIEWICZ Marek	71	GOGGLE PAE TEAM	M-OPEN	8	00:00:13	00:46:50	01:45:00.00	01:45:13.15	+00:15:20 (14.6%)	5:00	12 (85.1%)
12	SZCZYGIELSKI Radek	83		M-OPEN	9	00:00:13	00:47:20	01:45:07.40	01:45:20.55	+00:15:27 (14.7%)	5:00	12 (85.1%)
13	BAŁAMAŃCEK Tomasz	2	PROGDAR MARATHON TEAM	M40	4	00:00:12	00:47:32	01:45:19.65	01:45:32.30	+00:15:39 (14.9%)	5:00	12 (85.1%)
14	GOŁĘBIEWSKI Tomasz	30	JRG3 SZCZECIN / PARUNMEDIK	M-OPEN	10	00:00:20	00:46:36	01:46:49.30	01:47:09.90	+00:17:09 (16.1%)	5:05	11.8 (83.7%)
15	WAJS Sebastian	94	12 BZ	M-OPEN	11	00:00:13	00:49:50	01:47:30.95	01:47:44.55	+00:17:51 (16.6%)	5:07	11.7 (83.0%)

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16	STEFAŃCZYK Przemysław	80		M40	5	00:00:16	00:48:47	01:47:33.35	01:47:50.00	+00:17:53 (16.6%)	5:07	11.7 (83.0%)
17	GANCARZ Piotr	23		M-OPEN	12	00:00:23	00:49:30	01:47:47.10	01:48:10.45	+00:18:07 (16.8%)	5:07	11.7 (83.0%)
18	MASZTALER Tomasz	52		M-OPEN	13	00:00:12	00:46:30	01:49:27.20	01:49:40.15	+00:19:47 (18.1%)	5:12	11.5 (81.6%)
19	JASTRZĘBSKI Leszek	38	PUSZCZYK BUKOWY	M40	6	00:00:15	00:49:33	01:49:24.50	01:49:40.35	+00:19:44 (18.0%)	5:12	11.5 (81.6%)
20	ŁUGOWSKI Marek	48		M40	7	00:00:15	00:51:08	01:50:09.75	01:50:24.85	+00:20:30 (18.6%)	5:14	11.4 (80.9%)
21	ALUCHNIA-JOPEK Piotr	1	NIE MAM MIEJSCA	M-OPEN	14	00:00:18	00:47:59	01:50:16.05	01:50:34.65	+00:20:36 (18.7%)	5:15	11.4 (80.9%)
22	CHOMONT Robert	10		M-OPEN	15	00:00:12	00:48:25	01:50:47.75	01:51:00.25	+00:21:08 (19.1%)	5:16	11.4 (80.9%)
23	PYSIAK Marcin	67	PUSZCZYK BUKOWY	M-OPEN	16	00:00:14	00:47:45	01:50:49.85	01:51:04.10	+00:21:10 (19.1%)	5:16	11.4 (80.9%)
24	SZYMAŃSKI Radosław	87		M40	8	00:00:12	00:48:51	01:50:58.60	01:51:11.10	+00:21:18 (19.2%)	5:17	11.4 (80.9%)
25	PLUTA Marcin	65		M40	9	00:00:15	00:49:27	01:51:16.25	01:51:31.75	+00:21:36 (19.4%)	5:17	11.3 (80.1%)
26	CZYŁKOWSKI Patryk	15	BAŃSKI KLUB BIEGOWY	M-OPEN	17	00:00:17	00:50:17	01:51:16.65	01:51:34.35	+00:21:36 (19.4%)	5:17	11.3 (80.1%)
27	BULIKOWSKI Paweł	7		M40	10	00:00:19	00:50:14	01:51:28.05	01:51:47.50	+00:21:48 (19.6%)	5:18	11.3 (80.1%)
28	OTOKA Kasia	62	MONIA TEAM	K-OPEN	1	00:00:13	00:50:54	01:51:28.85	01:51:42.60	+00:21:49 (19.6%)	5:18	11.3 (80.1%)
29	SURDACKI Piotr	82	MONIA TEAM	M40	11	00:00:14	00:50:55	01:51:35.75	01:51:50.45	+00:21:56 (19.7%)	5:18	11.3 (80.1%)
30	SZYMOŃSKI Marek	88		M-OPEN	18	00:00:17	00:51:19	01:52:14.00	01:52:31.65	+00:22:34 (20.1%)	5:20	11.2 (79.4%)
31	NIEMIRO Dominika	58	JAGODOWO-KALINOWY TEAM	K-OPEN	2	00:00:19	00:51:20	01:52:31.65	01:52:51.55	+00:22:51 (20.3%)	5:21	11.2 (79.4%)
32	ZAKRZEWSKI Paweł	99	TU CZY TAM?	M-OPEN	19	00:00:20	00:50:32	01:52:40.10	01:53:00.85	+00:23:00 (20.4%)	5:21	11.2 (79.4%)
33	PIETROWICZ Dariusz	107	PUSZCZYK BUKOWY	M-OPEN	20	00:00:11	00:45:15	01:53:57.85	01:54:09.05	+00:24:18 (21.3%)	5:25	11.1 (78.7%)
34	SZTUBA Bartłomiej	85		M40	12	00:00:12	00:51:02	01:54:03.20	01:54:15.25	+00:24:23 (21.4%)	5:25	11 (78.0%)
35	KOZANECKA Iwona	45		K50	1	00:00:16	00:51:06	01:54:16.80	01:54:33.00	+00:24:37 (21.5%)	5:26	11 (78.0%)
36	BARTNIK Jarosław	3	PUSZCZYK BUKOWY	M40	13	00:00:15	00:50:42	01:54:34.35	01:54:49.75	+00:24:54 (21.7%)	5:27	11 (78.0%)
37	ŚLUSARZCZYK Natalia	91	FITNESS I ZDROWIE	K-OPEN	3	00:00:11	00:48:25	01:54:48.20	01:55:00.05	+00:25:08 (21.9%)	5:28	11 (78.0%)
38	BRUDNIK Adam	5	MKL MARATON ŚWINOUJŚCIE	M50	1	00:00:16	00:50:16	01:54:53.35	01:55:09.65	+00:25:13 (22.0%)	5:28	11 (78.0%)
39	HERMAN Paweł	31	WRZOSKI	M40	14	00:00:20	00:51:42	01:55:09.75	01:55:29.75	+00:25:30 (22.1%)	5:29	10.9 (77.3%)

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40	MISIAK Arkadiusz	55	TT SZCZECIN	M40	15	00:00:17	00:51:02	01:55:58.80	01:56:16.25	+00:26:19 (22.7%)	5:31	10.9 (77.3%)
41	NIEMIRO Paweł	59	JAGODOWO-KALINOWY TEAM	M-OPEN	21	00:00:20	00:52:08	01:57:07.35	01:57:27.70	+00:27:27 (23.4%)	5:34	10.8 (76.6%)
42	GAJLEWICZ Piotr	21		M-OPEN	22	00:00:18	00:51:14	01:57:32.60	01:57:50.75	+00:27:52 (23.7%)	5:35	10.7 (75.9%)
43	GIEC Anna	26		K40	1	00:00:13	00:53:35	01:58:21.00	01:58:34.95	+00:28:41 (24.2%)	5:38	10.6 (75.2%)
44	ORLOF Michał	61		M-OPEN	23	00:00:21	00:53:19	01:58:43.35	01:59:05.20	+00:29:03 (24.5%)	5:39	10.6 (75.2%)
45	JÓZWIAK Maciej	39	ORLETA AK	M40	16	00:00:20	00:53:12	01:58:43.55	01:59:03.85	+00:29:03 (24.5%)	5:39	10.6 (75.2%)
46	DALESZYŃSKI Michał	16		M-OPEN	24	00:00:15	00:54:40	01:59:14.25	01:59:29.70	+00:29:34 (24.8%)	5:40	10.6 (75.2%)
47	SKOTARCZAK Maciej	106	SDO	M40	17	00:00:14	00:54:41	01:59:15.05	01:59:29.85	+00:29:35 (24.8%)	5:40	10.6 (75.2%)
48	RUBINOWSKI Jarek	72		M40	18	00:00:25	00:53:46	02:00:32.30	02:00:57.80	+00:30:52 (25.6%)	5:44	10.5 (74.5%)
49	CZECHOWICZ Krzysztof	12	UBEZPIECZENIA-CZECHOWICZ	M-OPEN	25	00:00:22	00:55:02	02:01:00.15	02:01:23.05	+00:31:20 (25.9%)	5:45	10.4 (73.8%)
50	TIJEWSKI Maciej	92		M-OPEN	26	00:00:18	00:51:25	02:01:09.70	02:01:28.55	+00:31:30 (26.0%)	5:46	10.4 (73.8%)
51	RADOŻYCKI Radek	68		M40	19	00:00:22	00:53:38	02:01:19.05	02:01:41.40	+00:31:39 (26.1%)	5:46	10.4 (73.8%)
52	PLUTA Anita	66		K40	2	00:00:15	00:53:17	02:01:45.05	02:02:00.75	+00:32:05 (26.4%)	5:47	10.3 (73.0%)
53	ROLA Bogusław	70		M40	20	00:00:23	00:55:18	02:01:46.70	02:02:09.95	+00:32:07 (26.4%)	5:47	10.3 (73.0%)
54	OLEJNICZAK Konrad	60	MORSOBIEGACZE	M40	21	00:00:15	00:55:13	02:03:20.80	02:03:35.90	+00:33:41 (27.3%)	5:52	10.2 (72.3%)
55	MARCZEWSKI Bartosz	50	SAMODZIELNY PUBLICZNY WOJEWÓDZKI SZPITAL ZESPOLONY W SZCZECINIE	M-OPEN	27	00:00:19	00:54:30	02:03:20.95	02:03:40.65	+00:33:41 (27.3%)	5:52	10.2 (72.3%)
56	KWIATKOWSKI Grzegorz	46	DOWÓDZTWO 12DZ	M40	22	00:00:19	00:54:29	02:03:21.05	02:03:40.90	+00:33:41 (27.3%)	5:52	10.2 (72.3%)
57	MAZUREK Robert	53		M-OPEN	28	00:00:16	00:53:12	02:03:59.55	02:04:15.95	+00:34:19 (27.7%)	5:54	10.2 (72.3%)
58	MĄDRAWSKI Tomasz	54		M40	23	00:00:16	00:53:30	02:04:48.35	02:05:05.00	+00:35:08 (28.2%)	5:56	10.1 (71.6%)
59	MOSIŃSKI Michał	56		M-OPEN	29	00:00:13	00:56:28	02:06:22.10	02:06:35.15	+00:36:42 (29.0%)	6:01	10 (70.9%)
60	JASTRZĄB Maciej	37	WIECZORNE BIEGANIE W SZCZECINIE	M40	24	00:00:11	00:55:04	02:06:32.05	02:06:43.90	+00:36:52 (29.1%)	6:01	10 (70.9%)
61	ŚLIŻEWSKI Marcin	90	OSOM! RUNNERS	M40	25	00:00:11	00:55:23	02:06:58.95	02:07:10.90	+00:37:19 (29.4%)	6:02	9.9 (70.2%)
62	SOBAŃSKI Artur	76	12 BZ	M-OPEN	30	00:00:13	00:56:52	02:08:01.95	02:08:15.25	+00:38:22 (30.0%)	6:05	9.8 (69.5%)
63	SOBCZYK Marcin	77	12 BZ	M-OPEN	31	00:00:13	00:56:53	02:08:03.15	02:08:17.05	+00:38:23 (30.0%)	6:05	9.8 (69.5%)

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64	IGNALEWSKI Wojciech	33		M-OPEN	32	00:00:18	00:56:13	02:08:50.00	02:09:08.60	+00:39:10 (30.4%)	6:08	9.8 (69.5%)
65	BORCZEWSKI Paweł	4	UBEZPIECZENIA-CZECHOWICZ	M-OPEN	33	00:00:22	00:56:11	02:09:35.25	02:09:57.80	+00:39:55 (30.8%)	6:10	9.7 (68.8%)
66	WILCZYŃSKA Sylwia	97		K40	3	00:00:17	00:58:08	02:11:06.65	02:11:23.70	+00:41:26 (31.6%)	6:14	9.6 (68.1%)
67	JANUS Grzegorz	36		M-OPEN	34	00:00:18	00:53:02	02:12:02.45	02:12:20.45	+00:42:22 (32.1%)	6:17	9.5 (67.4%)
68	KŁYS Adrian	41		M40	26	00:00:20	00:56:17	02:12:37.15	02:12:57.35	+00:42:57 (32.4%)	6:18	9.5 (67.4%)
69	SZYSZKA Konrad	89	WIECZORNE BIEGANIE W SZCZECINIE	M-OPEN	35	00:00:21	01:00:26	02:12:46.70	02:13:08.40	+00:43:07 (32.5%)	6:19	9.5 (67.4%)
70	WOJCIECHOWSKI Marcin	98	WIECZORNE BIEGANIE W SZCZECINIE	M-OPEN	36	00:00:22	01:00:31	02:12:58.90	02:13:21.05	+00:43:19 (32.6%)	6:19	9.5 (67.4%)
71	JAKUBOWSKI Jan	34	GRUPA SZCZECIN -BUKOWO	M60	1	00:00:17	00:57:35	02:13:24.35	02:13:41.65	+00:43:44 (32.8%)	6:21	9.4 (66.7%)
72	DUDA-RELIGA Ewelina	18	OZKB	K40	4	00:00:14	00:59:19	02:13:44.05	02:13:58.55	+00:44:04 (33.0%)	6:22	9.4 (66.7%)
73	GLEBKOWICZ Agnieszka	27	PRZEBIEGŁE JENOTY	K-OPEN	4	00:00:18	00:57:20	02:14:26.45	02:14:44.80	+00:44:46 (33.3%)	6:24	9.4 (66.7%)
74	STEFAŃCZYK Małgorzata	79		K40	5	00:00:16	00:58:49	02:14:27.10	02:14:44.05	+00:44:47 (33.3%)	6:24	9.4 (66.7%)
75	CZAJKOWSKI Tomasz	11	WIECZORNE BIEGANIE W SZCZECINIE	M-OPEN	37	00:00:17	00:56:16	02:14:52.75	02:15:10.50	+00:45:13 (33.5%)	6:25	9.3 (66.0%)
76	LICHACZEWSKI Konrad	47	OZKB	M40	27	00:00:14	00:59:19	02:15:55.85	02:16:10.15	+00:46:16 (34.0%)	6:28	9.3 (66.0%)
77	ZAROBIAK Piotr	101		M-OPEN	38	00:00:21	01:00:24	02:15:57.65	02:16:18.95	+00:46:17 (34.1%)	6:28	9.3 (66.0%)
78	ZAROBIAK Katarzyna	100		K-OPEN	5	00:00:21	01:00:26	02:15:57.95	02:16:19.15	+00:46:18 (34.1%)	6:28	9.3 (66.0%)
79	HRYMAJŁO Marcin	32	MORSOBIEGACZE	M40	28	00:00:14	01:00:12	02:16:07.90	02:16:22.45	+00:46:28 (34.1%)	6:28	9.3 (66.0%)
80	CHAMULAK Wioleta	8	MORSOBIEGACZE	K-OPEN	6	00:00:14	01:00:14	02:16:08.25	02:16:22.30	+00:46:28 (34.1%)	6:28	9.3 (66.0%)
81	GACIARSKI Krystian	25		M-OPEN	39	00:00:23	01:05:26	02:21:34.40	02:21:57.65	+00:51:54 (36.7%)	6:44	8.9 (63.1%)
82	PASZEK Tomasz	63	NORTH TEAM SZCZECIN	M-OPEN	40	00:00:14	01:00:04	02:22:01.20	02:22:15.45	+00:52:21 (36.9%)	6:45	8.9 (63.1%)
83	MARSZAŁ Michał	51		M-OPEN	41	00:00:18	00:59:10	02:22:05.10	02:22:23.95	+00:52:25 (36.9%)	6:45	8.9 (63.1%)
84	SZYBALSKI Tomasz	86		M-OPEN	42	00:00:18	01:00:23	02:24:54.40	02:25:12.55	+00:55:14 (38.1%)	6:54	8.7 (61.7%)
85	KOWALSKI Hubert	44	ONE MAN TEAM	M-OPEN	43	00:00:11	01:02:13	02:30:39.10	02:30:50.60	+01:00:59 (40.5%)	7:10	8.4 (59.6%)
86	WARSIŃSKA Monika	95		K-OPEN	7	00:00:22	01:06:44	02:37:45.05	02:38:07.10	+01:08:05 (43.2%)	7:30	8 (56.7%)
87	GANCARCZYK Jacek	22		M40	29	00:00:17	01:04:36	02:39:10.30	02:39:27.60	+01:09:30 (43.7%)	7:34	7.9 (56.0%)

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88	WIECZOREK Mariusz	96		M40	30	00:00:22	01:03:08	02:42:58.15	02:43:20.65	+01:13:18 (45.0%)	7:45	7.7 (54.6%)
89	TOKARZ Joanna	93	WIECZORNE BIEGANIE W SZCZECINIE	K-OPEN	8	00:00:21	01:11:14	02:55:51.45	02:56:13.05	+01:26:11 (49.0%)	8:22	7.2 (51.1%)
90	GŁAZEK Seweryn	28	WIECZORNE BIEGANIE W SZCZECINIE	M-OPEN	44	00:00:21	01:11:21	02:55:51.60	02:56:12.90	+01:26:11 (49.0%)	8:22	7.2 (51.1%)
91	RADZISZEWSKA Bogna	69	PRZEBIEGŁE JENOTY	K-OPEN	9	00:00:18	01:12:34	02:58:15.95	02:58:34.90	+01:28:36 (49.7%)	8:29	7.1 (50.4%)
92	ZAWADKA Zuzanna	105		K-OPEN	10	00:00:16	01:18:59	03:05:48.65	03:06:04.80	+01:36:08 (51.7%)	8:50	6.8 (48.2%)
93	ZAWADKA Andrzej	102	SZCZECIŃSKI KLUB WYSOKOGÓRSKI	M50	2	00:00:16	01:18:45	03:05:48.75	03:06:04.80	+01:36:09 (51.7%)	8:50	6.8 (48.2%)
94	PILAT Agnieszka	64	INTER SYSTEM TEAM	K40	6	00:00:16	01:20:01	03:09:07.05	03:09:23.80	+01:39:27 (52.6%)	9:00	6.7 (47.5%)
95	SOROKA Kinga	78	INTER SYSTEM TEAM:)	K40	7	00:00:16	01:20:00	03:09:07.15	03:09:23.80	+01:39:27 (52.6%)	9:00	6.7 (47.5%)
96	KOŁECKA Aleksandra	42		K-OPEN	11	00:00:24	01:21:28	03:10:57.75	03:11:22.40	+01:41:18 (53.0%)	9:05	6.6 (46.8%)
97	KOŁECKI Przemysław	43		M-OPEN	45	00:00:24	01:21:29	03:10:58.85	03:11:23.50	+01:41:19 (53.1%)	9:05	6.6 (46.8%)

Znaleziono 97 wynik(ów)