



**Wydarzenie:** BUKOŁAZ  
**Organizator:** Stowarzyszenie Kultury Fizycznej Biomazyna  
**Data:** 2017-10-07  
**Miejsce:** Szczecin  
**Dystans:** 21 km

## BUKOŁAZ 21K EXTREMUM

B4SPORT



Klasyfikacja: M-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 21km	Różn	Tempo min/km	Tempo km/h
1	ORZECHOWSKI Adam	28	ENDOO BASKETBALL	M-OPEN	1	01:42:21.05		4:52	12.3 (100%)
2	RAGAN Tomasz	46		M-OPEN	2	01:43:38.05	+00:01:17 (1.2%)	4:56	12.2 (99.2%)
3	CZABANOWSKI Łukasz	5		M-OPEN	3	01:44:51.55	+00:02:30 (2.4%)	4:59	12 (97.6%)
4	RUTA Przemysław	32	MOTIV HOME TEAM	M-OPEN	4	01:45:00.65	+00:02:39 (2.5%)	5:00	12 (97.6%)
5	MARCZEWSKI Bartosz	20	SAMODZIELNY PUBLICZNY WOJEWÓDZKI SZPITAL ZESPOLONY W SZCZECINIE	M-OPEN	5	01:46:10.50	+00:03:49 (3.6%)	5:03	11.9 (96.7%)
6	YALTUSHENKA Vitali	43		M-OPEN	6	01:50:56.60	+00:08:35 (7.7%)	5:17	11.4 (92.7%)
7	BAŁAMĄCEK Tomasz	1		M40	1	01:51:21.65	+00:09:00 (8.1%)	5:18	11.3 (91.9%)
8	MISIAK Arkadiusz	24	HOŻA TEAM	M40	2	01:52:15.65	+00:09:54 (8.8%)	5:20	11.2 (91.1%)
9	BRUDNIK Adam	3	MKL MARATON ŚWINOUJŚCIE	M50	1	01:52:48.20	+00:10:27 (9.3%)	5:22	11.2 (91.1%)
10	MISARKO Arkadiusz	23		M40	3	01:52:57.00	+00:10:35 (9.4%)	5:22	11.2 (91.1%)
11	SZOTA Robert	35	SMT SZCZECIN	M-OPEN	7	01:54:21.50	+00:12:00 (10.5%)	5:26	11 (89.4%)
12	ŁUCZAK Przemek	18	ŁUWU	M40	4	01:55:07.40	+00:12:46 (11.1%)	5:28	10.9 (88.6%)
13	PYSIAK Marcin	30	PUSZCZYK BUKOWY	M-OPEN	8	01:56:24.20	+00:14:03 (12.1%)	5:32	10.8 (87.8%)
14	SCHMIDT Jacek	47	RAZ SZCZECIN	M40	5	01:56:49.70	+00:14:28 (12.4%)	5:33	10.8 (87.8%)
15	HERMAN Paweł	13		M40	6	01:58:02.75	+00:15:41 (13.3%)	5:37	10.7 (87.0%)
16	DALESZYŃSKI Michał	7	ŁĘKNO	M-OPEN	9	01:59:38.90	+00:17:17 (14.5%)	5:41	10.5 (85.4%)
17	SZCZYGIELSKI Radosław	34		M-OPEN	10	02:00:16.15	+00:17:55 (14.9%)	5:43	10.5 (85.4%)
18	SKOTARCZAK Maciej	33	SDO	M40	7	02:00:55.80	+00:18:34 (15.4%)	5:45	10.4 (84.6%)
19	JASIŃSKI Mateusz	45		M-OPEN	11	02:02:34.40	+00:20:13 (16.5%)	5:50	10.3 (83.7%)
20	OCHOTA Rafał	27	STARGARD. JA SIĘ NIE ŚCIGAM.	M40	8	02:04:50.15	+00:22:29 (18.0%)	5:56	10.1 (82.1%)
21	ŁUGOWSKI Marek	19		M40	9	02:04:57.10	+00:22:36 (18.1%)	5:57	10.1 (82.1%)
22	MAŚNICKI Kamil	22		M-OPEN	12	02:05:03.15	+00:22:42 (18.2%)	5:57	10.1 (82.1%)
23	FRYCZ Szymon	10		M-OPEN	13	02:08:24.85	+00:26:03 (20.3%)	6:06	9.8 (79.7%)
24	MOSKAL Tomasz	25		M-OPEN	14	02:10:44.15	+00:28:23 (21.7%)	6:13	9.6 (78.0%)
25	KURZAWA Marcin	16		M-OPEN	15	02:10:45.80	+00:28:24 (21.7%)	6:13	9.6 (78.0%)
26	WLAŻ Lucjan	42	ALIGANCKO	M40	10	02:10:48.10	+00:28:27 (21.8%)	6:13	9.6 (78.0%)
27	BORCZEWSKI Paweł	2	FLAKI GORZÓW	M40	11	02:13:20.50	+00:30:59 (23.2%)	6:20	9.5 (77.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 21km	Różn	Tempo min/km	Tempo km/h
28	<b>CZECHOWICZ Krzysztof</b>	<b>6</b>	UBEZPIECZENIA-CZECHOWICZ	M-OPEN	16	<b>02:13:45.55</b>	+00:31:24 (23.5%)	6:22	9.4 (76.4%)
29	<b>ZAWADKA Andrzej</b>	<b>44</b>	SZCZECIŃSKI KLUB WYSOKOGÓRSKI	M50	2	<b>02:14:01.85</b>	+00:31:40 (23.6%)	6:22	9.4 (76.4%)
30	<b>NAWRACAJ Mirosław</b>	<b>26</b>		M-OPEN	17	<b>02:14:20.55</b>	+00:31:59 (23.8%)	6:23	9.4 (76.4%)
31	<b>DALESZYŃSKI Jacek</b>	<b>8</b>		M40	12	<b>02:14:36.50</b>	+00:32:15 (24.0%)	6:24	9.4 (76.4%)
32	<b>GRECZUK Paweł</b>	<b>11</b>	CZARNAROPACZTEAM	M-OPEN	18	<b>02:18:55.95</b>	+00:36:34 (26.3%)	6:36	9.1 (74.0%)
33	<b>GRZESZCZYK Sebastian</b>	<b>12</b>		M40	13	<b>02:20:05.00</b>	+00:37:43 (26.9%)	6:40	9 (73.2%)
34	<b>KRYWAN Tomasz</b>	<b>15</b>		M-OPEN	19	<b>02:21:41.60</b>	+00:39:20 (27.8%)	6:44	8.9 (72.4%)
35	<b>RADOŻYCKI Radek</b>	<b>31</b>		M40	14	<b>02:24:40.95</b>	+00:42:19 (29.3%)	6:53	8.7 (70.7%)
36	<b>WIECZOREK Mariusz</b>	<b>41</b>		M40	15	<b>02:25:01.80</b>	+00:42:40 (29.4%)	6:54	8.7 (70.7%)
37	<b>MARSZAŁ Michał</b>	<b>21</b>		M40	16	<b>02:35:57.40</b>	+00:53:36 (34.4%)	7:25	8.1 (65.9%)
38	<b>PUSZ Janusz</b>	<b>29</b>		M-OPEN	20	<b>03:10:37.40</b>	+01:28:16 (46.3%)	9:04	6.6 (53.7%)

Znaleziono 38 wynik(ów)