

# BYDGOSKI BIEG NIEPODLEGŁOŚCI 2016

B4SPORT

**Organizator:** Aktywna Bydgoszcz  
**Data:** 2016-11-11  
**Miejsce:** Bydgoszcz  
**Dystans:** 5 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	<b>KOŚMIEJA Marcin</b>	<b>38</b>	TKKF KOLEJARZ	M-30	1	00:00:02	<b>00:17:03.05</b>	<b>00:17:05.45</b>		3:24	17.6 (100%)
2	<b>GUZMANN Mateusz</b>	<b>1380</b>		M-10	1	00:00:01	<b>00:17:13.50</b>	<b>00:17:15.25</b>	+00:00:10 (1.0%)	3:26	17.4 (98.9%)
3	<b>BONKOWSKI Piotr</b>	<b>8</b>	HARDCORE NAKŁO NAD NOTECIĄ	M-20	1	00:00:01	<b>00:17:24.05</b>	<b>00:17:26.00</b>	+00:00:21 (2.0%)	3:29	17.2 (97.7%)
4	<b>LUTOWSKI Wojciech</b>	<b>530</b>	TKKF KOLEJARZ BYDGOSZCZ	M-30	2	00:00:01	<b>00:17:42.05</b>	<b>00:17:43.80</b>	+00:00:39 (3.7%)	3:32	16.9 (96.0%)
5	<b>MYSZKIEWICZ Maciej</b>	<b>1040</b>		M-20	2	00:00:01	<b>00:17:44.45</b>	<b>00:17:45.95</b>	+00:00:41 (3.9%)	3:32	16.9 (96.0%)
6	<b>DEPTUŁA Grzegorz</b>	<b>1015</b>	VII LICEUM OGÓLNOKSZTAŁCĄCE W BYDGOSZCZY	M-30	3	00:00:03	<b>00:18:09.20</b>	<b>00:18:12.20</b>	+00:01:06 (6.1%)	3:37	16.5 (93.8%)
7	<b>SZENK Marta</b>	<b>1175</b>		K-30	1	00:00:01	<b>00:18:17.25</b>	<b>00:18:18.55</b>	+00:01:14 (6.8%)	3:39	16.4 (93.2%)
8	<b>SOSNOWSKI Krzysztof</b>	<b>928</b>	B4SPORT	M-30	4	00:00:02	<b>00:18:19.90</b>	<b>00:18:22.25</b>	+00:01:16 (7.0%)	3:40	16.4 (93.2%)
9	<b>KLÓSKA Fabian</b>	<b>389</b>	SPÓJNIA BIAŁE BŁOTA	M-20	3	00:00:02	<b>00:18:28.70</b>	<b>00:18:31.35</b>	+00:01:25 (7.7%)	3:41	16.2 (92.0%)
10	<b>MRUK Tomasz</b>	<b>480</b>	CZARNE STOPY.SM	M-40	1	00:00:02	<b>00:18:37.85</b>	<b>00:18:40.50</b>	+00:01:34 (8.5%)	3:43	16.1 (91.5%)
11	<b>CZYŻNIKIEWICZ Paweł</b>	<b>677</b>	WOOLFIK.PL	M-20	4	00:00:00	<b>00:18:38.65</b>	<b>00:18:38.65</b>	+00:01:35 (8.5%)	3:43	16.1 (91.5%)
12	<b>TACZKOWSKI Jarosław</b>	<b>931</b>	B4SPORT	M-40	2	00:00:02	<b>00:18:40.20</b>	<b>00:18:42.55</b>	+00:01:37 (8.7%)	3:44	16.1 (91.5%)
13	<b>STRYCHALSKI Tomasz</b>	<b>403</b>	BYDGOSZCZ RUN PROJECT	M-30	5	00:00:03	<b>00:18:45.95</b>	<b>00:18:49.05</b>	+00:01:42 (9.1%)	3:45	16 (90.9%)
14	<b>SKIBA Łukasz</b>	<b>974</b>	OSF TEAM 1 BRYGADA LOGISTYCZNA	M-20	5	00:00:01	<b>00:18:47.35</b>	<b>00:18:49.10</b>	+00:01:44 (9.3%)	3:45	16 (90.9%)
15	<b>EJSMONT Krzysztof</b>	<b>407</b>		M-30	6	00:00:02	<b>00:19:04.60</b>	<b>00:19:06.70</b>	+00:02:01 (10.6%)	3:48	15.7 (89.2%)
16	<b>KOLMAJER Rafał</b>	<b>402</b>	RUN BYDGOSZCZ	M-30	7	00:00:03	<b>00:19:09.80</b>	<b>00:19:13.65</b>	+00:02:06 (11.0%)	3:50	15.7 (89.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
17	<b>KWIATKOWSKI Damian</b>	<b>565</b>	RUN BYDGOSZCZ	M-20	6	00:00:03	<b>00:19:09.95</b>	<b>00:19:13.80</b>	+00:02:06 (11.0%)	3:50	15.7 (89.2%)
18	<b>ABDOUL Romaric</b>	<b>1362</b>	PRO-PRAWO DO ŻYCIA	M-30	8	00:00:10	<b>00:19:11.05</b>	<b>00:19:22.00</b>	+00:02:08 (11.1%)	3:50	15.6 (88.6%)
19	<b>BORCZYKOWSKI Rafał</b>	<b>926</b>	BRAK	M-30	9	00:00:03	<b>00:19:16.15</b>	<b>00:19:19.45</b>	+00:02:13 (11.5%)	3:51	15.6 (88.6%)
19	<b>FUZ Marek</b>	<b>270</b>	KABEL TEAM BYDGOSZCZ	M-40	3	00:00:03	<b>00:19:16.15</b>	<b>00:19:19.45</b>	+00:02:13 (11.5%)	3:51	15.6 (88.6%)
21	<b>WOLLANDT Paweł</b>	<b>1103</b>		M-30	10	00:00:05	<b>00:19:18.60</b>	<b>00:19:23.80</b>	+00:02:15 (11.7%)	3:51	15.5 (88.1%)
22	<b>TOMCZYŃSKI Bartosz</b>	<b>840</b>		M-30	11	00:00:03	<b>00:19:21.15</b>	<b>00:19:24.75</b>	+00:02:18 (11.9%)	3:52	15.5 (88.1%)
23	<b>TUCHOLSKI Bartłomiej</b>	<b>635</b>	BYDGOSKIE OKONIE	M-20	7	00:00:04	<b>00:19:22.45</b>	<b>00:19:26.45</b>	+00:02:19 (12.0%)	3:52	15.5 (88.1%)
24	<b>KOZŁOWSKI Rafał</b>	<b>394</b>	RUN PASJA	M-40	4	00:00:02	<b>00:19:23.25</b>	<b>00:19:25.90</b>	+00:02:20 (12.1%)	3:52	15.5 (88.1%)
25	<b>ŚLEFARSKI Jacek</b>	<b>48</b>		M-30	12	00:00:04	<b>00:19:25.40</b>	<b>00:19:29.90</b>	+00:02:22 (12.2%)	3:53	15.5 (88.1%)
26	<b>FRĄCZ-ZAKRZEWSKI Dawid</b>	<b>1426</b>	LOTTO BYDGOSTIA	M-10	2	00:00:01	<b>00:19:26.10</b>	<b>00:19:27.60</b>	+00:02:23 (12.3%)	3:53	15.4 (87.5%)
27	<b>SZYMCZAK Nicolas</b>	<b>881</b>	LOTTO BYDGOSTIA	M-10	3	00:00:01	<b>00:19:27.20</b>	<b>00:19:28.75</b>	+00:02:24 (12.4%)	3:53	15.4 (87.5%)
28	<b>PIEKARSKI Marek</b>	<b>337</b>	RESTAURACJA KING FU BYDGOSZCZ	M-40	5	00:00:01	<b>00:19:30.55</b>	<b>00:19:32.30</b>	+00:02:27 (12.6%)	3:54	15.4 (87.5%)
29	<b>KUROWSKI Kamil</b>	<b>29</b>	HTB	M-30	13	00:00:04	<b>00:19:36.10</b>	<b>00:19:40.40</b>	+00:02:33 (13.0%)	3:55	15.3 (86.9%)
30	<b>FLOREK Paweł</b>	<b>47</b>	RE MEDIA BYDGOSZCZ	M-30	14	00:00:03	<b>00:19:43.85</b>	<b>00:19:47.70</b>	+00:02:40 (13.6%)	3:56	15.2 (86.4%)
31	<b>MACKOWSKI Maciej</b>	<b>194</b>	MYSLECINEKBDG	M-30	15	00:00:03	<b>00:19:44.55</b>	<b>00:19:47.95</b>	+00:02:41 (13.6%)	3:56	15.2 (86.4%)
32	<b>PILCH Artur</b>	<b>32</b>	KLINIKA TRIATHLONU TEAM	M-30	16	00:00:03	<b>00:19:45.45</b>	<b>00:19:48.50</b>	+00:02:42 (13.7%)	3:57	15.2 (86.4%)
33	<b>RYCZAK Maja</b>	<b>1311</b>		K-20	1	00:00:03	<b>00:19:46.10</b>	<b>00:19:50.05</b>	+00:02:43 (13.7%)	3:57	15.2 (86.4%)
34	<b>GRALIK Jędrzej</b>	<b>1396</b>	BYDGOSKIE OKONIE	M-20	8	00:00:04	<b>00:19:47.20</b>	<b>00:19:51.50</b>	+00:02:44 (13.8%)	3:57	15.2 (86.4%)
35	<b>KUŁAKOWSKI Krzysztof</b>	<b>385</b>	RUN PASJA BYDGOSZCZ	M-30	17	00:00:04	<b>00:19:54.35</b>	<b>00:19:58.45</b>	+00:02:51 (14.3%)	3:58	15.1 (85.8%)
36	<b>BUKOWIŃSKI Michał</b>	<b>751</b>	KLUB HANI & ANTKA	M-30	18	00:00:06	<b>00:19:55.00</b>	<b>00:20:01.15</b>	+00:02:51 (14.4%)	3:59	15.1 (85.8%)
37	<b>HAIZE Tomek</b>	<b>179</b>		M-30	19	00:00:04	<b>00:20:01.05</b>	<b>00:20:05.25</b>	+00:02:58 (14.8%)	4:00	15 (85.2%)
38	<b>BEDRA Robert</b>	<b>249</b>		M-30	20	00:00:03	<b>00:20:01.45</b>	<b>00:20:04.85</b>	+00:02:58 (14.8%)	4:00	15 (85.2%)
39	<b>BAŁDYGA Daniel</b>	<b>1329</b>	1BLOG	M-30	21	00:00:09	<b>00:20:06.65</b>	<b>00:20:16.15</b>	+00:03:03 (15.2%)	4:01	14.9 (84.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
40	<b>KŁOSOWSKI Marcin</b>	<b>729</b>	WWW.JABEX.COM.PL	M-40	6	00:00:02	<b>00:20:11.20</b>	<b>00:20:13.25</b>	+00:03:08 (15.5%)	4:02	14.9 (84.7%)
41	<b>GRACZYKOWSKI Jakub</b>	<b>786</b>	BYDGOSZCZ TRIATHLON TEAM	M-20	9	00:00:02	<b>00:20:11.35</b>	<b>00:20:14.00</b>	+00:03:08 (15.5%)	4:02	14.9 (84.7%)
42	<b>CIECHANOWSKI Bartłomiej</b>	<b>1484</b>	SEROCK	M-10	4	00:00:04	<b>00:20:13.65</b>	<b>00:20:18.35</b>	+00:03:10 (15.7%)	4:02	14.8 (84.1%)
43	<b>ŚLUSARSKI Przemysław</b>	<b>335</b>	BRZOZOWA TEAM	M-30	22	00:00:03	<b>00:20:16.55</b>	<b>00:20:20.00</b>	+00:03:13 (15.9%)	4:03	14.8 (84.1%)
44	<b>BIAŁY Dawid</b>	<b>1046</b>	SPÓJNIA BIAŁE BŁOTA	M-20	10	00:00:05	<b>00:20:18.25</b>	<b>00:20:23.95</b>	+00:03:15 (16.0%)	4:03	14.8 (84.1%)
45	<b>KURDELSKI Kamil</b>	<b>329</b>		M-20	11	00:00:03	<b>00:20:20.05</b>	<b>00:20:23.20</b>	+00:03:17 (16.1%)	4:04	14.8 (84.1%)
46	<b>PRZYBYLSKI Maciej</b>	<b>1471</b>		M-40	7	00:00:00	<b>00:20:20.35</b>	<b>00:20:20.35</b>	+00:03:17 (16.2%)	4:04	14.8 (84.1%)
47	<b>SZLINGER Jakub</b>	<b>190</b>		M-30	23	00:00:08	<b>00:20:21.25</b>	<b>00:20:29.40</b>	+00:03:18 (16.2%)	4:04	14.7 (83.5%)
48	<b>WOJDAT Marta</b>	<b>242</b>	FIT-MAX GYM, ASW BLACK PANTHER, BDG THRIATLON TEAM	K-20	2	00:00:04	<b>00:20:22.35</b>	<b>00:20:26.35</b>	+00:03:19 (16.3%)	4:04	14.7 (83.5%)
49	<b>RYDLEWSKI Marek</b>	<b>862</b>	RUN BYDGOSZCZ	M-40	8	00:00:05	<b>00:20:22.75</b>	<b>00:20:28.00</b>	+00:03:19 (16.3%)	4:04	14.7 (83.5%)
50	<b>SKUBISZEWSKI Damian</b>	<b>605</b>	ARMIA CHRYSTUSA	M-20	12	00:00:06	<b>00:20:25.25</b>	<b>00:20:31.30</b>	+00:03:22 (16.5%)	4:05	14.7 (83.5%)
51	<b>PILEWSKI Mikołaj</b>	<b>599</b>	BYDGOSZCZ TRIATHLON TEAM	M-20	13	00:00:05	<b>00:20:26.75</b>	<b>00:20:32.15</b>	+00:03:23 (16.6%)	4:05	14.7 (83.5%)
52	<b>SZYMAŃSKI Krystian</b>	<b>1441</b>		M-30	24	00:00:07	<b>00:20:28.80</b>	<b>00:20:36.55</b>	+00:03:25 (16.7%)	4:05	14.6 (83.0%)
53	<b>RZEPKA Andrzej</b>	<b>1344</b>	BRODNICA BIEGA	M-40	9	00:00:06	<b>00:20:29.50</b>	<b>00:20:35.55</b>	+00:03:26 (16.8%)	4:05	14.6 (83.0%)
54	<b>DZIAŁOSZYŃSKI Łukasz</b>	<b>541</b>		M-20	14	00:00:00	<b>00:20:30.25</b>	<b>00:20:30.25</b>	+00:03:27 (16.8%)	4:06	14.6 (83.0%)
55	<b>KOWALSKI Jacek</b>	<b>922</b>		M-30	25	00:00:03	<b>00:20:30.85</b>	<b>00:20:34.25</b>	+00:03:27 (16.9%)	4:06	14.6 (83.0%)
56	<b>MUCHA Marcin</b>	<b>219</b>	BATRUN	M-30	26	00:00:08	<b>00:20:33.80</b>	<b>00:20:41.95</b>	+00:03:30 (17.1%)	4:06	14.6 (83.0%)
57	<b>LEPRINCE Ludovic</b>	<b>932</b>		M-40	10	00:00:05	<b>00:20:33.90</b>	<b>00:20:39.40</b>	+00:03:30 (17.1%)	4:06	14.6 (83.0%)
58	<b>BOINSKI Rafal</b>	<b>223</b>		M-30	27	00:00:08	<b>00:20:34.15</b>	<b>00:20:42.95</b>	+00:03:31 (17.1%)	4:06	14.6 (83.0%)
59	<b>KUBIŃSKI Jakub</b>	<b>1045</b>	BYDGOSZCZ TRIATHLON TEAM	M-20	15	00:00:04	<b>00:20:34.85</b>	<b>00:20:39.25</b>	+00:03:31 (17.2%)	4:07	14.6 (83.0%)
60	<b>KOZIŃSKI Marek</b>	<b>1365</b>	RUN BYDGOSZCZ	M-30	28	00:00:05	<b>00:20:36.05</b>	<b>00:20:41.05</b>	+00:03:33 (17.2%)	4:07	14.6 (83.0%)
61	<b>OLSZEWSKI Arkadiusz</b>	<b>673</b>	INOWROCŁAW BIEGA	M-20	16	00:00:04	<b>00:20:36.40</b>	<b>00:20:41.00</b>	+00:03:33 (17.3%)	4:07	14.6 (83.0%)
62	<b>KUJAWA Piotr</b>	<b>1132</b>	RUN BYDGOSZCZ	M-40	11	00:00:04	<b>00:20:38.55</b>	<b>00:20:43.50</b>	+00:03:35 (17.4%)	4:07	14.5 (82.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
63	<b>DĄBROWSKI Paweł</b>	<b>154</b>		M-20	17	00:00:05	<b>00:20:39.10</b>	<b>00:20:44.50</b>	+00:03:36 (17.4%)	4:07	14.5 (82.4%)
64	<b>FELKNER Kamil</b>	<b>1342</b>		M-10	5	00:00:48	<b>00:20:40.15</b>	<b>00:21:28.55</b>	+00:03:37 (17.5%)	4:08	14.5 (82.4%)
65	<b>WARSZAWSKI Przemysław</b>	<b>448</b>		M-20	18	00:00:05	<b>00:20:42.65</b>	<b>00:20:48.35</b>	+00:03:39 (17.7%)	4:08	14.5 (82.4%)
66	<b>BRZUCHALSKI Mati</b>	<b>566</b>		M-20	19	00:00:20	<b>00:20:44.60</b>	<b>00:21:04.85</b>	+00:03:41 (17.8%)	4:08	14.5 (82.4%)
67	<b>MIŁOSIERNY Oskar</b>	<b>803</b>	BBL SZUBIN	M-10	6	00:00:10	<b>00:20:44.90</b>	<b>00:20:55.30</b>	+00:03:41 (17.8%)	4:09	14.5 (82.4%)
68	<b>SZULC Jarosław</b>	<b>1472</b>	SZULC TEAM	M-30	29	00:00:10	<b>00:20:47.20</b>	<b>00:20:57.95</b>	+00:03:44 (18.0%)	4:09	14.4 (81.8%)
69	<b>HAMERSKI Dawid</b>	<b>198</b>	GORDON RUN	M-20	20	00:00:07	<b>00:20:47.45</b>	<b>00:20:55.30</b>	+00:03:44 (18.0%)	4:09	14.4 (81.8%)
70	<b>SZATTEN Dawid</b>	<b>573</b>		M-30	30	00:00:10	<b>00:20:51.40</b>	<b>00:21:02.35</b>	+00:03:48 (18.2%)	4:10	14.4 (81.8%)
71	<b>ZWIEWKA Sebastian</b>	<b>636</b>	SPÓJNIA BIAŁE BŁOTA	M-40	12	00:00:06	<b>00:20:51.80</b>	<b>00:20:58.30</b>	+00:03:48 (18.3%)	4:10	14.4 (81.8%)
72	<b>WOŹNIAKOWSKA Agata</b>	<b>63</b>	RUN BYDGOSZCZ	K-30	2	00:00:04	<b>00:20:54.85</b>	<b>00:20:59.40</b>	+00:03:51 (18.5%)	4:11	14.3 (81.3%)
73	<b>RUDNICKI Michał</b>	<b>139</b>	TASAK TEAM	M-30	31	00:00:09	<b>00:20:57.40</b>	<b>00:21:07.10</b>	+00:03:54 (18.6%)	4:11	14.3 (81.3%)
74	<b>GURDAK Leszek</b>	<b>254</b>		M-40	13	00:00:10	<b>00:20:58.70</b>	<b>00:21:09.45</b>	+00:03:55 (18.7%)	4:11	14.3 (81.3%)
75	<b>WILK Łukasz</b>	<b>62</b>		M-30	32	00:00:06	<b>00:20:59.50</b>	<b>00:21:06.30</b>	+00:03:56 (18.8%)	4:12	14.3 (81.3%)
76	<b>KUBIS Roman</b>	<b>859</b>	RUN PASJA	M-40	14	00:00:04	<b>00:21:02.25</b>	<b>00:21:06.80</b>	+00:03:59 (19.0%)	4:12	14.3 (81.3%)
77	<b>KISIEL Tomasz</b>	<b>452</b>	RUN BYDGOSZCZ	M-40	15	00:00:05	<b>00:21:07.75</b>	<b>00:21:13.65</b>	+00:04:04 (19.3%)	4:13	14.2 (80.7%)
78	<b>GRZYWIŃSKI Grzegorz</b>	<b>594</b>		M-30	33	00:00:21	<b>00:21:09.85</b>	<b>00:21:31.20</b>	+00:04:06 (19.4%)	4:14	14.2 (80.7%)
79	<b>GZYL Mikołaj</b>	<b>1073</b>	JANUSZE TRIATHLONU 'EXODUS' TEAM	M-30	34	00:00:09	<b>00:21:11.70</b>	<b>00:21:20.80</b>	+00:04:08 (19.6%)	4:14	14.2 (80.7%)
80	<b>DURCZAK Jerzy</b>	<b>1063</b>		M-30	35	00:00:06	<b>00:21:12.70</b>	<b>00:21:18.75</b>	+00:04:09 (19.6%)	4:14	14.2 (80.7%)
81	<b>WIŚNIEWSKI Piotr</b>	<b>706</b>		M-30	36	00:00:16	<b>00:21:13.50</b>	<b>00:21:30.00</b>	+00:04:10 (19.7%)	4:14	14.1 (80.1%)
82	<b>WUJEK Magdalena</b>	<b>466</b>		K-30	3	00:00:06	<b>00:21:13.65</b>	<b>00:21:20.15</b>	+00:04:10 (19.7%)	4:14	14.1 (80.1%)
83	<b>FULARCZYK-KOZŁOWSKA Magdalena</b>	<b>1119</b>		K-30	4	00:00:01	<b>00:21:14.40</b>	<b>00:21:16.20</b>	+00:04:11 (19.7%)	4:15	14.1 (80.1%)
84	<b>SZCZEBLEWSKI Paweł</b>	<b>1288</b>		M-20	21	00:00:05	<b>00:21:14.50</b>	<b>00:21:20.05</b>	+00:04:11 (19.7%)	4:15	14.1 (80.1%)
85	<b>SZWARC Paweł</b>	<b>817</b>	RUN BYDGOSZCZ	M-30	37	00:00:06	<b>00:21:14.80</b>	<b>00:21:21.00</b>	+00:04:11 (19.7%)	4:15	14.1 (80.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
86	MARTIN Paweł	26		M-30	38	00:00:12	00:21:18.45	00:21:30.65	+00:04:15 (20.0%)	4:15	14.1 (80.1%)
87	LEWICKI Artur	979	LEGE ARTIS	M-40	16	00:00:12	00:21:18.70	00:21:31.50	+00:04:15 (20.0%)	4:15	14.1 (80.1%)
88	BRZOZOWSKI Mariusz	703		M-50	1	00:00:09	00:21:18.75	00:21:27.95	+00:04:15 (20.0%)	4:15	14.1 (80.1%)
89	PALIGA Mateusz	1151		M-20	22	00:00:03	00:21:21.00	00:21:24.45	+00:04:17 (20.1%)	4:16	14.1 (80.1%)
90	KRUCZKOWSKI Jakub	797	MKS EMDEK BYDGOSZCZ	M-10	7	00:00:04	00:21:23.35	00:21:27.85	+00:04:20 (20.3%)	4:16	14 (79.5%)
91	WENDA Dawid	563	SZKOŁA JAZDY TOMAS	M-20	23	00:00:09	00:21:23.75	00:21:32.95	+00:04:20 (20.3%)	4:16	14 (79.5%)
92	DOMALEWSKI Łukasz	87		M-20	24	00:00:10	00:21:24.05	00:21:34.45	+00:04:21 (20.3%)	4:16	14 (79.5%)
93	SIUDA Sebastian	16		M-40	17	00:00:11	00:21:24.80	00:21:36.05	+00:04:21 (20.4%)	4:17	14 (79.5%)
94	GRZECHOWIAK Krzysztof	71		M-30	39	00:00:11	00:21:25.70	00:21:37.05	+00:04:22 (20.4%)	4:17	14 (79.5%)
95	TRZCIŃSKI Tomasz	1436		M-20	25	00:00:06	00:21:26.60	00:21:33.25	+00:04:23 (20.5%)	4:17	14 (79.5%)
96	TRZCIŃSKI Franciszek	224	SIR START	M-50	2	00:00:06	00:21:26.80	00:21:33.45	+00:04:23 (20.5%)	4:17	14 (79.5%)
97	ŁUKOMSKI Marcin	1001	BENEFITKSO	M-30	40	00:00:35	00:21:27.00	00:22:02.10	+00:04:23 (20.5%)	4:17	14 (79.5%)
98	PAWLACZYK Szymon	627	TRISPACE	M-30	41	00:00:06	00:21:28.70	00:21:34.75	+00:04:25 (20.6%)	4:17	14 (79.5%)
99	GURNA Jolanta	1435		K-50	1	00:00:06	00:21:29.90	00:21:36.40	+00:04:26 (20.7%)	4:18	14 (79.5%)
100	ROSZAK Zbigniew	942		M-20	26	00:00:02	00:21:29.95	00:21:32.00	+00:04:26 (20.7%)	4:18	14 (79.5%)
101	GUZOWSKI Rafał	542	TCMS PESA	M-20	27	00:00:47	00:21:30.60	00:22:17.75	+00:04:27 (20.7%)	4:18	14 (79.5%)
102	LEWANDOWSKI Rafał	1061	B4SPORT.PL	M-30	42	00:00:08	00:21:31.45	00:21:40.30	+00:04:28 (20.8%)	4:18	13.9 (79.0%)
102	KOŁACKI Jarosław	524		M-20	28	00:00:24	00:21:31.45	00:21:55.85	+00:04:28 (20.8%)	4:18	13.9 (79.0%)
104	SKUZA Sebastian	616		M-20	29	00:00:14	00:21:31.90	00:21:46.55	+00:04:28 (20.8%)	4:18	13.9 (79.0%)
105	RUDOL Sebastian	152		M-40	18	00:00:16	00:21:32.25	00:21:48.70	+00:04:29 (20.8%)	4:18	13.9 (79.0%)
106	GRZELCZAK Jakub	1247		M-30	43	00:00:18	00:21:34.00	00:21:52.55	+00:04:30 (20.9%)	4:18	13.9 (79.0%)
107	PRZYBYLSKI Bartek	1022	RUN BDG	M-20	30	00:00:36	00:21:34.40	00:22:11.05	+00:04:31 (21.0%)	4:19	13.9 (79.0%)
108	NIEWIAROWSKI Paweł	474		M-20	31	00:00:24	00:21:36.20	00:22:00.90	+00:04:33 (21.1%)	4:19	13.9 (79.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
109	WANTOWSKA Aleksandra	1077	TEAM KOPEĆ	K-20	3	00:00:03	00:21:38.05	00:21:41.75	+00:04:35 (21.2%)	4:19	13.9 (79.0%)
109	WARCZAK Kuba	195	TEAMOCHAL	M-30	44	00:00:16	00:21:38.05	00:21:54.30	+00:04:35 (21.2%)	4:19	13.9 (79.0%)
111	KALACZYŃSKI Miłosz	732		M-10	8	00:00:11	00:21:39.35	00:21:50.95	+00:04:36 (21.3%)	4:19	13.9 (79.0%)
112	DĘBSKI Adrian	900		M-30	45	00:00:11	00:21:42.30	00:21:53.85	+00:04:39 (21.4%)	4:20	13.8 (78.4%)
113	GRALIK Kacper	860	BYDGOSKIE OKONIE	M-20	32	00:00:07	00:21:45.90	00:21:53.15	+00:04:42 (21.7%)	4:21	13.8 (78.4%)
113	MALICKI Łukasz	236	KLINIKA TRIATHLONU TEAM	M-30	46	00:00:13	00:21:45.90	00:21:59.80	+00:04:42 (21.7%)	4:21	13.8 (78.4%)
115	HOŁTYN Patryk	1092		M-20	33	00:01:03	00:21:47.10	00:22:50.85	+00:04:44 (21.7%)	4:21	13.8 (78.4%)
116	IGNACZAK Jarosław	491		M-30	47	00:00:15	00:21:47.90	00:22:03.60	+00:04:44 (21.8%)	4:21	13.8 (78.4%)
117	RETLEWSKI Adam	533		M-20	34	00:00:22	00:21:49.15	00:22:11.55	+00:04:46 (21.9%)	4:21	13.8 (78.4%)
118	FILIPEK Patryk	903		M-20	35	00:00:26	00:21:49.20	00:22:15.75	+00:04:46 (21.9%)	4:21	13.8 (78.4%)
119	TUBAJA Albert	20	KABEL TEAM BYDGOSZCZ	M-40	19	00:00:08	00:21:50.05	00:21:58.05	+00:04:47 (21.9%)	4:22	13.7 (77.8%)
120	CIEPŁOWSKI Robert	837	IPA BYDGOSZCZ	M-30	48	00:00:16	00:21:50.90	00:22:07.40	+00:04:47 (22.0%)	4:22	13.7 (77.8%)
121	TOMASZEWSKI Jordan	115	AFLOFARM RUNNING TEAM	M-30	49	00:00:05	00:21:51.70	00:21:57.10	+00:04:48 (22.0%)	4:22	13.7 (77.8%)
122	TOKARSKI Paweł	675		M-10	9	00:00:07	00:21:52.00	00:21:59.30	+00:04:48 (22.0%)	4:22	13.7 (77.8%)
123	WITKOWSKI Piotr	1200	VIVA LA VIDA	M-20	36	00:00:06	00:21:53.85	00:21:59.95	+00:04:50 (22.1%)	4:22	13.7 (77.8%)
124	DOBROGOWSKI Piotr	962		M-10	10	00:00:10	00:21:54.05	00:22:04.15	+00:04:51 (22.1%)	4:22	13.7 (77.8%)
125	TATULIŃSKA Aleksandra	390	RUN BYDGOSZCZ	K-30	5	00:00:04	00:21:56.15	00:22:00.95	+00:04:53 (22.3%)	4:23	13.7 (77.8%)
126	SZELA Leszek	458		M-40	20	00:00:19	00:21:56.95	00:22:15.95	+00:04:53 (22.3%)	4:23	13.7 (77.8%)
127	ŁAZ Kamil	184	RUN BYDGOSZCZ	M-30	50	00:00:04	00:21:57.05	00:22:01.35	+00:04:54 (22.3%)	4:23	13.7 (77.8%)
128	RENC Patryk	905		M-20	37	00:00:11	00:21:57.50	00:22:08.85	+00:04:54 (22.3%)	4:23	13.7 (77.8%)
129	NOWAK Rafał	1457		M-20	38	00:00:03	00:21:58.05	00:22:01.20	+00:04:55 (22.4%)	4:23	13.7 (77.8%)
129	TORCHALSKI Krzysztof	131	RUN PASJA	M-50	3	00:00:11	00:21:58.05	00:22:09.60	+00:04:55 (22.4%)	4:23	13.7 (77.8%)
131	WIŚNIEWSKI Paweł	612		M-20	39	00:00:16	00:21:58.35	00:22:14.90	+00:04:55 (22.4%)	4:23	13.7 (77.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
132	TEKLIŃSKI Dawid	1347	WTORKOWY TRENING	M-30	51	00:01:07	00:21:58.60	00:23:06.15	+00:04:55 (22.4%)	4:23	13.6 (77.3%)
133	GROSKOP Grzegorz	1145	GREGORIAN RUN TEAM	M-20	40	00:00:02	00:21:59.75	00:22:02.55	+00:04:56 (22.5%)	4:24	13.6 (77.3%)
134	WŁODARCZYK Wojciech	1240		M-50	4	00:00:14	00:21:59.85	00:22:14.45	+00:04:56 (22.5%)	4:24	13.6 (77.3%)
135	WENDA Mateusz	562	SZKOŁA JAZDY TOMAS	M-20	41	00:00:09	00:22:00.00	00:22:09.90	+00:04:56 (22.5%)	4:24	13.6 (77.3%)
136	ZBORAŁA Dawid	527	D&M	M-20	42	00:00:09	00:22:00.15	00:22:09.55	+00:04:57 (22.5%)	4:24	13.6 (77.3%)
137	ZBORAŁA Mateusz	548	D&M	M-20	43	00:00:08	00:22:02.00	00:22:10.25	+00:04:58 (22.6%)	4:24	13.6 (77.3%)
138	DOBROGOWSKI Łukasz	994	CROSS TEAM BYDGOSZCZ	M-20	44	00:00:00	00:22:04.25	00:22:04.25	+00:05:01 (22.7%)	4:24	13.6 (77.3%)
139	ANDRYSIAK Tomasz	107		M-40	21	00:00:09	00:22:05.50	00:22:14.80	+00:05:02 (22.8%)	4:25	13.6 (77.3%)
140	JACIUBEK Andrzej	1123	NIEZRZESZONY	M-50	5	00:00:14	00:22:09.35	00:22:23.40	+00:05:06 (23.0%)	4:25	13.5 (76.7%)
141	NADRATOWSKI Maciej	261	KABEL TEAM BYDGOSZCZ	M-40	22	00:00:08	00:22:10.30	00:22:18.95	+00:05:07 (23.1%)	4:26	13.5 (76.7%)
142	RUTKOWSKI Tomasz	490		M-40	23	00:00:12	00:22:11.55	00:22:24.50	+00:05:08 (23.2%)	4:26	13.5 (76.7%)
143	PAUKA Łukasz	1419		M-30	52	00:00:07	00:22:11.95	00:22:19.20	+00:05:08 (23.2%)	4:26	13.5 (76.7%)
144	BAGROWSKI Marek	690	UMK COLLEGIUM MEDICUM RATOWNICTWO MEDYCZNE JANOWO BIEGA	M-50	6	00:00:10	00:22:12.10	00:22:22.55	+00:05:09 (23.2%)	4:26	13.5 (76.7%)
145	WNĘK Natalia	835	KLINIKA TRIATHLONU	K-20	4	00:00:21	00:22:12.95	00:22:34.45	+00:05:09 (23.2%)	4:26	13.5 (76.7%)
146	MAKOWSKI Sławomir	398	RUN BYDGOSZCZ	M-40	24	00:01:05	00:22:13.20	00:23:18.25	+00:05:10 (23.3%)	4:26	13.5 (76.7%)
147	MAGDZIARZ Jakub	110		M-30	53	00:00:17	00:22:14.35	00:22:31.85	+00:05:11 (23.3%)	4:26	13.5 (76.7%)
148	ŚWITAJ Mateusz	582		M-10	11	00:00:02	00:22:15.85	00:22:18.20	+00:05:12 (23.4%)	4:27	13.5 (76.7%)
149	ROSIAK Dariusz	164	#ZAWSZEPOZLOTO	M-20	45	00:00:22	00:22:16.40	00:22:39.15	+00:05:13 (23.4%)	4:27	13.5 (76.7%)
150	ŁYSZCZARZ Błażej	561		M-30	54	00:00:14	00:22:16.75	00:22:31.40	+00:05:13 (23.5%)	4:27	13.5 (76.7%)
151	KUTOWSKI Przemysław	30		M-30	55	00:00:07	00:22:16.95	00:22:24.20	+00:05:13 (23.5%)	4:27	13.5 (76.7%)
152	PIKOR Patryk	696		M-10	12	00:01:32	00:22:20.85	00:23:53.35	+00:05:17 (23.7%)	4:28	13.4 (76.1%)
153	WĘGRZYNOWSKI Sławomir	46	KABEL TEAM BYDGOSZCZ	M-40	25	00:00:08	00:22:22.20	00:22:30.75	+00:05:19 (23.8%)	4:28	13.4 (76.1%)
154	BILSKI Marcin	166	OPONEO.PL	M-30	56	00:00:37	00:22:22.65	00:22:59.75	+00:05:19 (23.8%)	4:28	13.4 (76.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
155	<b>PALIGA Antoni</b>	<b>1152</b>		M-40	26	00:00:02	<b>00:22:23.75</b>	<b>00:22:26.70</b>	+00:05:20 (23.9%)	4:28	13.4 (76.1%)
156	<b>KOTLAREK Dawid</b>	<b>420</b>	PLAYBALLE	M-20	46	00:00:18	<b>00:22:24.85</b>	<b>00:22:43.15</b>	+00:05:21 (23.9%)	4:29	13.4 (76.1%)
157	<b>STRABEL Bartosz</b>	<b>1066</b>		M-20	47	00:00:06	<b>00:22:26.05</b>	<b>00:22:32.75</b>	+00:05:23 (24.0%)	4:29	13.4 (76.1%)
158	<b>WEISBROT Paweł</b>	<b>678</b>	OSP RATOWNIK	M-20	48	00:00:21	<b>00:22:26.25</b>	<b>00:22:47.75</b>	+00:05:23 (24.0%)	4:29	13.4 (76.1%)
159	<b>KULKA Marek</b>	<b>1226</b>		M-50	7	00:00:15	<b>00:22:28.15</b>	<b>00:22:44.05</b>	+00:05:25 (24.1%)	4:29	13.3 (75.6%)
160	<b>NOWAK Ewelina</b>	<b>1010</b>	TRIAMATOR - EWELINA NOWAK	K-20	5	00:00:08	<b>00:22:29.85</b>	<b>00:22:38.15</b>	+00:05:26 (24.2%)	4:30	13.3 (75.6%)
161	<b>PALACZ Wioletta</b>	<b>799</b>		K-30	6	00:00:09	<b>00:22:33.70</b>	<b>00:22:42.85</b>	+00:05:30 (24.4%)	4:30	13.3 (75.6%)
162	<b>OWCZARSKI Krzysztof</b>	<b>966</b>		M-30	57	00:00:07	<b>00:22:38.25</b>	<b>00:22:45.65</b>	+00:05:35 (24.7%)	4:31	13.3 (75.6%)
163	<b>HASS Adam</b>	<b>418</b>		M-30	58	00:00:10	<b>00:22:41.55</b>	<b>00:22:51.95</b>	+00:05:38 (24.9%)	4:32	13.2 (75.0%)
164	<b>STĘPSKI Marek</b>	<b>973</b>		M-40	27	00:00:06	<b>00:22:41.95</b>	<b>00:22:48.90</b>	+00:05:38 (24.9%)	4:32	13.2 (75.0%)
165	<b>KARPACZ Jarek</b>	<b>61</b>		M-20	49	00:00:29	<b>00:22:42.65</b>	<b>00:23:11.95</b>	+00:05:39 (24.9%)	4:32	13.2 (75.0%)
166	<b>SIUDA Mariusz</b>	<b>256</b>		M-30	59	00:00:05	<b>00:22:43.35</b>	<b>00:22:48.60</b>	+00:05:40 (25.0%)	4:32	13.2 (75.0%)
167	<b>DERING Tomasz</b>	<b>471</b>	BYDGOSKIE ŻÓŁWIE	M-30	60	00:00:42	<b>00:22:43.85</b>	<b>00:23:26.35</b>	+00:05:40 (25.0%)	4:32	13.2 (75.0%)
168	<b>APANASIEWICZ Bartosz</b>	<b>638</b>	RUN PASJA	M-30	61	00:00:21	<b>00:22:44.15</b>	<b>00:23:06.00</b>	+00:05:41 (25.0%)	4:33	13.2 (75.0%)
169	<b>WOŹNIAK Anna</b>	<b>305</b>	RUN PASJA	K-30	7	00:00:21	<b>00:22:44.55</b>	<b>00:23:06.00</b>	+00:05:41 (25.0%)	4:33	13.2 (75.0%)
170	<b>ORNOWSKI Zbigniew</b>	<b>1385</b>	WTORKOWY TRENING	M-40	28	00:00:14	<b>00:22:44.90</b>	<b>00:22:59.10</b>	+00:05:41 (25.0%)	4:33	13.2 (75.0%)
171	<b>LIPSKI Krzysztof</b>	<b>808</b>	RUN BYDGOSZCZ	M-40	29	00:01:15	<b>00:22:45.00</b>	<b>00:24:00.25</b>	+00:05:41 (25.1%)	4:33	13.2 (75.0%)
172	<b>FOLERZYŃSKI Dawid</b>	<b>726</b>	SPÓJNIA BIAŁE BŁOTA	M-10	13	00:00:07	<b>00:22:45.10</b>	<b>00:22:52.10</b>	+00:05:42 (25.1%)	4:33	13.2 (75.0%)
173	<b>WRÓBEL Mateusz</b>	<b>1364</b>	1990	M-20	50	00:00:04	<b>00:22:45.20</b>	<b>00:22:50.00</b>	+00:05:42 (25.1%)	4:33	13.2 (75.0%)
173	<b>KUCHCZYŃSKI Jakub</b>	<b>1389</b>	BKS BYDGOSZCZ	M-10	14	00:00:19	<b>00:22:45.20</b>	<b>00:23:05.10</b>	+00:05:42 (25.1%)	4:33	13.2 (75.0%)
175	<b>SOKOŁOWSKI Tomasz</b>	<b>1006</b>		M-30	62	00:00:19	<b>00:22:45.65</b>	<b>00:23:05.15</b>	+00:05:42 (25.1%)	4:33	13.2 (75.0%)
176	<b>GRZELCZAK Marta</b>	<b>1462</b>		K-30	8	00:00:17	<b>00:22:45.80</b>	<b>00:23:03.20</b>	+00:05:42 (25.1%)	4:33	13.2 (75.0%)
177	<b>WIDŹGOWSKI Przemysław</b>	<b>153</b>		M-30	63	00:00:08	<b>00:22:46.95</b>	<b>00:22:55.55</b>	+00:05:43 (25.2%)	4:33	13.2 (75.0%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
178	<b>DACH Łukasz</b>	<b>1374</b>		M-30	64	00:00:06	<b>00:22:48.00</b>	<b>00:22:54.50</b>	+00:05:44 (25.2%)	4:33	13.2 (75.0%)
179	<b>TYMOSIAK Mateusz</b>	<b>505</b>	SPÓJNIA BIAŁE BŁOTA	M-20	51	00:00:17	<b>00:22:49.35</b>	<b>00:23:06.70</b>	+00:05:46 (25.3%)	4:33	13.1 (74.4%)
180	<b>DĘBSKI Rafał</b>	<b>901</b>		M-20	52	00:00:35	<b>00:22:49.85</b>	<b>00:23:24.85</b>	+00:05:46 (25.3%)	4:33	13.1 (74.4%)
181	<b>KARASZEWSKI Marcin</b>	<b>1074</b>		M-30	65	00:00:29	<b>00:22:49.90</b>	<b>00:23:19.70</b>	+00:05:46 (25.3%)	4:34	13.1 (74.4%)
182	<b>FILARECKA Agnieszka</b>	<b>1495</b>	ASF BY TRISPEACE	K-30	9	00:00:05	<b>00:22:51.00</b>	<b>00:22:56.80</b>	+00:05:47 (25.4%)	4:34	13.1 (74.4%)
183	<b>NISZCZOTA Karol</b>	<b>504</b>		M-40	30	00:00:48	<b>00:22:51.10</b>	<b>00:23:39.85</b>	+00:05:48 (25.4%)	4:34	13.1 (74.4%)
184	<b>BANASZAK Monika</b>	<b>1420</b>	RUN-PASJA BYDGOSZCZ	K-30	10	00:00:20	<b>00:22:51.75</b>	<b>00:23:11.85</b>	+00:05:48 (25.4%)	4:34	13.1 (74.4%)
185	<b>CYL Dawid</b>	<b>1116</b>	RUN BYDGOSZCZ	M-30	66	00:00:28	<b>00:22:52.50</b>	<b>00:23:21.00</b>	+00:05:49 (25.5%)	4:34	13.1 (74.4%)
186	<b>GRECHUTA Tomasz</b>	<b>439</b>		M-30	67	00:00:15	<b>00:22:54.75</b>	<b>00:23:09.80</b>	+00:05:51 (25.6%)	4:34	13.1 (74.4%)
186	<b>PRZYBYTKOWSKI Marek</b>	<b>44</b>		M-20	53	00:00:30	<b>00:22:54.75</b>	<b>00:23:25.25</b>	+00:05:51 (25.6%)	4:35	13.1 (74.4%)
188	<b>SOBCZAK Marcin</b>	<b>260</b>	CZARNE STOPY.SM	M-30	68	00:00:36	<b>00:22:54.90</b>	<b>00:23:30.90</b>	+00:05:51 (25.6%)	4:34	13.1 (74.4%)
189	<b>BASIŃSKI Łukasz</b>	<b>43</b>		M-20	54	00:00:30	<b>00:22:55.20</b>	<b>00:23:25.50</b>	+00:05:52 (25.6%)	4:35	13.1 (74.4%)
190	<b>WRZYSZCZ Mateusz</b>	<b>953</b>		M-10	15	00:00:10	<b>00:22:56.40</b>	<b>00:23:06.55</b>	+00:05:53 (25.7%)	4:35	13.1 (74.4%)
191	<b>GACKOWSKI Krzysztof</b>	<b>1445</b>		M-40	31	00:00:06	<b>00:22:56.70</b>	<b>00:23:03.15</b>	+00:05:53 (25.7%)	4:35	13.1 (74.4%)
192	<b>BUSSE Piotr</b>	<b>265</b>		M-30	69	00:00:16	<b>00:22:57.75</b>	<b>00:23:14.50</b>	+00:05:54 (25.7%)	4:35	13.1 (74.4%)
193	<b>SKORNIA Eliza</b>	<b>1307</b>		K-20	6	00:00:15	<b>00:22:58.15</b>	<b>00:23:13.45</b>	+00:05:55 (25.8%)	4:35	13.1 (74.4%)
194	<b>NAGORZYSKI Arkadiusz</b>	<b>352</b>		M-30	70	00:00:00	<b>00:22:58.20</b>	<b>00:22:58.20</b>	+00:05:55 (25.8%)	4:35	13.1 (74.4%)
195	<b>BUTRYM Piotr</b>	<b>141</b>		M-30	71	00:00:28	<b>00:23:01.20</b>	<b>00:23:29.75</b>	+00:05:58 (25.9%)	4:36	13 (73.9%)
196	<b>MENDEL Magdalena</b>	<b>613</b>		K-20	7	00:00:13	<b>00:23:03.10</b>	<b>00:23:16.15</b>	+00:06:00 (26.0%)	4:36	13 (73.9%)
197	<b>HOŁOWNIA Wojciech</b>	<b>266</b>		M-50	8	00:00:14	<b>00:23:03.15</b>	<b>00:23:17.20</b>	+00:06:00 (26.0%)	4:36	13 (73.9%)
198	<b>WNUK Sławomir</b>	<b>806</b>		M-40	32	00:00:30	<b>00:23:04.20</b>	<b>00:23:35.15</b>	+00:06:01 (26.1%)	4:37	13 (73.9%)
198	<b>MICHALAK Martyna</b>	<b>1284</b>		K-10	1	00:00:37	<b>00:23:04.20</b>	<b>00:23:41.95</b>	+00:06:01 (26.1%)	4:36	13 (73.9%)
200	<b>KILAN Kacper</b>	<b>1227</b>		M-10	16	00:00:44	<b>00:23:04.60</b>	<b>00:23:48.75</b>	+00:06:01 (26.1%)	4:36	13 (73.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
201	<b>RATAJ Zuzanna</b>	<b>75</b>	KOBIETY BIEGAJĄ / POLONIA BYDGOSZCZ SEKCJA LA	K-30	11	00:00:13	<b>00:23:05.10</b>	<b>00:23:18.80</b>	+00:06:02 (26.1%)	4:37	13 (73.9%)
202	<b>CHOLEWIŃSKI Andrzej</b>	<b>1341</b>	HURAGAN MIEDZYŃ	M-10	17	00:00:05	<b>00:23:06.95</b>	<b>00:23:12.45</b>	+00:06:03 (26.2%)	4:37	13 (73.9%)
203	<b>KUCHCZYŃSKI Adam</b>	<b>1386</b>	BÓL TO ŚCIEMA	M-40	33	00:00:00	<b>00:23:08.10</b>	<b>00:23:08.10</b>	+00:06:05 (26.3%)	4:37	13 (73.9%)
204	<b>RUDOL Małgorzata</b>	<b>66</b>		K-30	12	00:00:29	<b>00:23:08.25</b>	<b>00:23:37.60</b>	+00:06:05 (26.3%)	4:37	13 (73.9%)
205	<b>GACKOWSKI Michał</b>	<b>461</b>		M-30	72	00:00:27	<b>00:23:08.75</b>	<b>00:23:36.70</b>	+00:06:05 (26.3%)	4:37	13 (73.9%)
206	<b>GÓRECKI Łukasz</b>	<b>710</b>	BYDGOSKIE OKONIE	M-30	73	00:01:19	<b>00:23:09.20</b>	<b>00:24:28.35</b>	+00:06:06 (26.4%)	4:37	13 (73.9%)
207	<b>ZAGRODNIK Miłosz</b>	<b>1156</b>	ZAGIO TEAM	M-30	74	00:00:17	<b>00:23:09.40</b>	<b>00:23:26.60</b>	+00:06:06 (26.4%)	4:37	13 (73.9%)
208	<b>KULBAKA Dawid</b>	<b>232</b>		M-30	75	00:00:32	<b>00:23:13.30</b>	<b>00:23:45.95</b>	+00:06:10 (26.6%)	4:38	12.9 (73.3%)
209	<b>KOWALIKOWSKI Daniel</b>	<b>363</b>		M-20	55	00:00:15	<b>00:23:14.25</b>	<b>00:23:30.20</b>	+00:06:11 (26.6%)	4:39	12.9 (73.3%)
210	<b>NOWAK Paweł</b>	<b>1207</b>	HUNTER GYM	M-20	56	00:01:45	<b>00:23:14.80</b>	<b>00:25:00.70</b>	+00:06:11 (26.7%)	4:39	12.9 (73.3%)
211	<b>KULIKOWSKI Tomasz</b>	<b>854</b>		M-20	57	00:01:04	<b>00:23:16.25</b>	<b>00:24:21.15</b>	+00:06:13 (26.7%)	4:39	12.9 (73.3%)
212	<b>SZARLEJ Marcin</b>	<b>31</b>		M-30	76	00:00:31	<b>00:23:16.30</b>	<b>00:23:48.15</b>	+00:06:13 (26.7%)	4:39	12.9 (73.3%)
213	<b>ŚWIĘCICKI Andrzej</b>	<b>917</b>		M-40	34	00:00:48	<b>00:23:16.65</b>	<b>00:24:05.25</b>	+00:06:13 (26.7%)	4:39	12.9 (73.3%)
214	<b>SENDROWICZ Mariusz</b>	<b>1043</b>		M-30	77	00:00:21	<b>00:23:16.70</b>	<b>00:23:38.05</b>	+00:06:13 (26.8%)	4:39	12.9 (73.3%)
215	<b>SIKORSKI Jarek</b>	<b>899</b>	RUN BYDGOSZCZ	M-30	78	00:00:18	<b>00:23:17.60</b>	<b>00:23:36.35</b>	+00:06:14 (26.8%)	4:39	12.9 (73.3%)
216	<b>WYSOCKI Jerzy</b>	<b>569</b>	CZARNE STOPY.SM	M-50	9	00:00:32	<b>00:23:17.75</b>	<b>00:23:50.10</b>	+00:06:14 (26.8%)	4:39	12.9 (73.3%)
217	<b>SZRAMSKA Violetta</b>	<b>1089</b>		K-40	1	00:00:25	<b>00:23:18.60</b>	<b>00:23:44.20</b>	+00:06:15 (26.9%)	4:39	12.9 (73.3%)
218	<b>SOWIŃSKI Jakub</b>	<b>870</b>		M-20	58	00:00:22	<b>00:23:19.20</b>	<b>00:23:41.60</b>	+00:06:16 (26.9%)	4:39	12.9 (73.3%)
219	<b>RUDOL Magdalena</b>	<b>171</b>		K-40	2	00:00:17	<b>00:23:19.80</b>	<b>00:23:37.60</b>	+00:06:16 (26.9%)	4:40	12.9 (73.3%)
220	<b>KRUCZKOWSKI Adam</b>	<b>802</b>		M-40	35	00:00:13	<b>00:23:21.90</b>	<b>00:23:34.95</b>	+00:06:18 (27.0%)	4:40	12.8 (72.7%)
221	<b>SUŚ Cyprian</b>	<b>689</b>	N-BIKE ACADEMY	M-10	18	00:00:12	<b>00:23:22.45</b>	<b>00:23:35.10</b>	+00:06:19 (27.1%)	4:40	12.8 (72.7%)
222	<b>JOACHIMIAK Dariusz</b>	<b>206</b>	KLINIKA TRIATHLONU TEAM	M-20	59	00:00:22	<b>00:23:24.15</b>	<b>00:23:46.25</b>	+00:06:21 (27.1%)	4:40	12.8 (72.7%)
223	<b>BIAŁOUS Krzysztof</b>	<b>658</b>		M-50	10	00:00:11	<b>00:23:24.20</b>	<b>00:23:35.45</b>	+00:06:21 (27.1%)	4:40	12.8 (72.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
224	<b>MEJSNER-HERMELIN Monika</b>	<b>161</b>	KANCELARIA HMM	K-30	13	00:00:15	<b>00:23:24.75</b>	<b>00:23:39.95</b>	+00:06:21 (27.2%)	4:40	12.8 (72.7%)
225	<b>CHOJNACKI Kacper</b>	<b>619</b>		M-10	19	00:00:34	<b>00:23:25.25</b>	<b>00:23:59.30</b>	+00:06:22 (27.2%)	4:41	12.8 (72.7%)
226	<b>HERMELIN Wojciech</b>	<b>137</b>	KANCELARIA HMM	M-30	79	00:00:14	<b>00:23:25.40</b>	<b>00:23:40.30</b>	+00:06:22 (27.2%)	4:41	12.8 (72.7%)
226	<b>KANCLERZEWSKI Stanisław</b>	<b>671</b>		M-40	36	00:00:18	<b>00:23:25.40</b>	<b>00:23:43.80</b>	+00:06:22 (27.2%)	4:41	12.8 (72.7%)
228	<b>KOFI KUFEL Mateusz</b>	<b>1</b>		M-20	60	00:01:35	<b>00:23:25.45</b>	<b>00:25:01.30</b>	+00:06:22 (27.2%)	4:41	12.8 (72.7%)
229	<b>JANYSKA Adam</b>	<b>167</b>	UKS KOPERNIK BYDGOSZCZ	M-10	20	00:00:13	<b>00:23:25.95</b>	<b>00:23:39.00</b>	+00:06:22 (27.2%)	4:41	12.8 (72.7%)
230	<b>PASTOR Andrzej</b>	<b>451</b>	THE PASTORS	M-40	37	00:00:25	<b>00:23:28.20</b>	<b>00:23:53.20</b>	+00:06:25 (27.4%)	4:41	12.8 (72.7%)
231	<b>ROSINSKI Przemysław</b>	<b>1033</b>		M-30	80	00:00:32	<b>00:23:29.05</b>	<b>00:24:01.15</b>	+00:06:26 (27.4%)	4:41	12.8 (72.7%)
232	<b>GROCHOWSKI Jakub</b>	<b>170</b>	JW1515	M-30	81	00:00:30	<b>00:23:30.05</b>	<b>00:24:00.55</b>	+00:06:27 (27.4%)	4:42	12.8 (72.7%)
233	<b>WEISBROT Magdalena</b>	<b>267</b>		K-20	8	00:00:21	<b>00:23:30.80</b>	<b>00:23:51.95</b>	+00:06:27 (27.5%)	4:42	12.8 (72.7%)
234	<b>WALENCIAK Jarosław</b>	<b>73</b>	CZARNE STOPY.SM	M-40	38	00:00:39	<b>00:23:31.70</b>	<b>00:24:11.15</b>	+00:06:28 (27.5%)	4:42	12.7 (72.2%)
235	<b>KREŃSKI Tomasz</b>	<b>883</b>		M-30	82	00:00:14	<b>00:23:32.65</b>	<b>00:23:47.55</b>	+00:06:29 (27.6%)	4:42	12.7 (72.2%)
236	<b>LUBIŃSKI Robert</b>	<b>225</b>		M-30	83	00:00:15	<b>00:23:33.75</b>	<b>00:23:49.45</b>	+00:06:30 (27.6%)	4:42	12.7 (72.2%)
237	<b>SOCHACKI Jakub</b>	<b>664</b>		M-20	61	00:00:18	<b>00:23:33.85</b>	<b>00:23:52.25</b>	+00:06:30 (27.6%)	4:42	12.7 (72.2%)
237	<b>PIOTROWSKI Dariusz</b>	<b>116</b>		M-40	39	00:00:36	<b>00:23:33.85</b>	<b>00:24:10.20</b>	+00:06:30 (27.6%)	4:42	12.7 (72.2%)
239	<b>ZIÓŁKOWSKI Mieczysław</b>	<b>761</b>	ZGUBIŁEM SPONSORA	M-50	11	00:00:06	<b>00:23:34.25</b>	<b>00:23:41.10</b>	+00:06:31 (27.7%)	4:43	12.7 (72.2%)
240	<b>PAUKA Szymon</b>	<b>1411</b>		M-30	84	00:00:07	<b>00:23:35.40</b>	<b>00:23:42.80</b>	+00:06:32 (27.7%)	4:43	12.7 (72.2%)
241	<b>BARTCZAK Patryk</b>	<b>58</b>		M-20	62	00:00:22	<b>00:23:37.65</b>	<b>00:24:00.35</b>	+00:06:34 (27.8%)	4:43	12.7 (72.2%)
242	<b>SCHMIDT Marcin</b>	<b>951</b>		M-30	85	00:00:43	<b>00:23:37.95</b>	<b>00:24:21.15</b>	+00:06:34 (27.9%)	4:43	12.7 (72.2%)
243	<b>LULIŃSKI Igor</b>	<b>9</b>		M-20	63	00:00:15	<b>00:23:38.55</b>	<b>00:23:53.75</b>	+00:06:35 (27.9%)	4:43	12.7 (72.2%)
244	<b>WIERZCHOSŁAWSKI Tomasz</b>	<b>1032</b>		M-20	64	00:00:32	<b>00:23:39.05</b>	<b>00:24:11.85</b>	+00:06:36 (27.9%)	4:43	12.7 (72.2%)
245	<b>ŚWIERCZYŃSKI Marcin</b>	<b>584</b>	TO TYLKO TRIATHLON	M-30	86	00:00:26	<b>00:23:39.30</b>	<b>00:24:05.55</b>	+00:06:36 (27.9%)	4:43	12.7 (72.2%)
246	<b>BANKERT Radosław</b>	<b>697</b>		M-30	87	00:00:12	<b>00:23:39.35</b>	<b>00:23:51.35</b>	+00:06:36 (27.9%)	4:43	12.7 (72.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
247	<b>STRYCHALSKI Filip</b>	<b>430</b>		M-10	21	00:00:25	<b>00:23:39.65</b>	<b>00:24:04.65</b>	+00:06:36 (27.9%)	4:43	12.7 (72.2%)
248	<b>BAŁYS Krzysztof</b>	<b>37</b>		M-20	65	00:00:23	<b>00:23:41.50</b>	<b>00:24:04.55</b>	+00:06:38 (28.0%)	4:44	12.7 (72.2%)
249	<b>PRZERACKA Dominika</b>	<b>885</b>	BYDGOSZCZ	K-10	2	00:00:46	<b>00:23:42.30</b>	<b>00:24:29.05</b>	+00:06:39 (28.1%)	4:44	12.6 (71.6%)
250	<b>OSSOWSKI Marcin</b>	<b>503</b>		M-30	88	00:00:40	<b>00:23:42.40</b>	<b>00:24:22.60</b>	+00:06:39 (28.1%)	4:44	12.7 (72.2%)
251	<b>NIEDBALSKI Dominik</b>	<b>1191</b>		M-20	66	00:00:21	<b>00:23:42.60</b>	<b>00:24:03.70</b>	+00:06:39 (28.1%)	4:44	12.7 (72.2%)
252	<b>BEDNAREK Paweł</b>	<b>529</b>	GORDON RUN	M-20	67	00:00:37	<b>00:23:42.85</b>	<b>00:24:20.55</b>	+00:06:39 (28.1%)	4:44	12.6 (71.6%)
253	<b>LATOS Piotr</b>	<b>1415</b>		M-30	89	00:00:41	<b>00:23:43.00</b>	<b>00:24:24.30</b>	+00:06:39 (28.1%)	4:44	12.6 (71.6%)
254	<b>STANGRECKA Agnieszka</b>	<b>293</b>		K-30	14	00:00:25	<b>00:23:43.35</b>	<b>00:24:09.05</b>	+00:06:40 (28.1%)	4:44	12.6 (71.6%)
255	<b>SZUBERGA Damian</b>	<b>176</b>		M-20	68	00:00:06	<b>00:23:43.65</b>	<b>00:23:50.45</b>	+00:06:40 (28.1%)	4:44	12.6 (71.6%)
256	<b>BYCZKOWSKI Michał</b>	<b>682</b>		M-10	22	00:00:19	<b>00:23:44.60</b>	<b>00:24:04.10</b>	+00:06:41 (28.2%)	4:45	12.6 (71.6%)
257	<b>PROC Łukasz</b>	<b>434</b>		M-30	90	00:00:18	<b>00:23:45.35</b>	<b>00:24:03.75</b>	+00:06:42 (28.2%)	4:45	12.6 (71.6%)
258	<b>ŚWIERCZYŃSKI Michał</b>	<b>600</b>		M-10	23	00:00:26	<b>00:23:46.05</b>	<b>00:24:12.90</b>	+00:06:43 (28.3%)	4:45	12.6 (71.6%)
259	<b>ŁABENDA Robert</b>	<b>850</b>		M-30	91	00:01:08	<b>00:23:46.95</b>	<b>00:24:55.40</b>	+00:06:43 (28.3%)	4:45	12.6 (71.6%)
260	<b>ZYZIK Michał</b>	<b>1427</b>		M-20	69	00:00:08	<b>00:23:47.30</b>	<b>00:23:55.55</b>	+00:06:44 (28.3%)	4:45	12.6 (71.6%)
261	<b>NIEDBALSKI Paweł</b>	<b>1186</b>	EURO TIM SQUAD	M-30	92	00:00:22	<b>00:23:47.45</b>	<b>00:24:09.60</b>	+00:06:44 (28.3%)	4:45	12.6 (71.6%)
262	<b>JURSKI Robert</b>	<b>643</b>		M-40	40	00:00:20	<b>00:23:48.30</b>	<b>00:24:08.90</b>	+00:06:45 (28.4%)	4:45	12.6 (71.6%)
263	<b>TRZCIŃSKI Eugeniusz</b>	<b>250</b>	SZWEDEROWO	M-50	12	00:00:11	<b>00:23:48.95</b>	<b>00:24:00.70</b>	+00:06:45 (28.4%)	4:45	12.6 (71.6%)
264	<b>BISKUPSKA Rita</b>	<b>1359</b>	KLINIKA TRIATHLONU	K-20	9	00:00:12	<b>00:23:49.15</b>	<b>00:24:01.95</b>	+00:06:46 (28.4%)	4:45	12.6 (71.6%)
265	<b>BIAŁOWĄS Dariusz</b>	<b>151</b>		M-40	41	00:00:35	<b>00:23:49.25</b>	<b>00:24:25.15</b>	+00:06:46 (28.4%)	4:46	12.6 (71.6%)
266	<b>RUDOL Dominik</b>	<b>91</b>		M-10	24	00:00:31	<b>00:23:49.40</b>	<b>00:24:21.15</b>	+00:06:46 (28.4%)	4:46	12.6 (71.6%)
267	<b>DERING Hanna</b>	<b>468</b>	BYDGOSKIE ŻÓŁWIE	K-30	15	00:00:42	<b>00:23:49.70</b>	<b>00:24:31.90</b>	+00:06:46 (28.4%)	4:45	12.6 (71.6%)
268	<b>ROTHE Dawid</b>	<b>140</b>		M-30	93	00:00:07	<b>00:23:50.80</b>	<b>00:23:58.65</b>	+00:06:47 (28.5%)	4:46	12.6 (71.6%)
269	<b>PROBANT Mirosław</b>	<b>577</b>		M-40	42	00:00:25	<b>00:23:53.40</b>	<b>00:24:18.90</b>	+00:06:50 (28.6%)	4:46	12.6 (71.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
270	<b>KARPIŃSKI Daniel</b>	<b>623</b>	BIEG DOŻYNKOWY NOWA WIEŚ WIELKA	M-30	94	00:00:19	<b>00:24:06.25</b>	<b>00:24:25.95</b>	+00:07:03 (29.3%)	4:49	12.4 (70.5%)
271	<b>GEHRKE Szymon</b>	<b>162</b>		M-30	95	00:00:19	<b>00:24:06.85</b>	<b>00:24:25.85</b>	+00:07:03 (29.3%)	4:49	12.4 (70.5%)
272	<b>BRYCKI Łukasz</b>	<b>670</b>		M-30	96	00:00:20	<b>00:24:07.25</b>	<b>00:24:27.95</b>	+00:07:04 (29.3%)	4:49	12.4 (70.5%)
273	<b>SKWARCZYŃSKI Radek</b>	<b>1293</b>	DELHAN	M-20	70	00:01:07	<b>00:24:08.05</b>	<b>00:25:15.75</b>	+00:07:05 (29.3%)	4:49	12.4 (70.5%)
274	<b>GRYGIEL Mateusz</b>	<b>1052</b>		M-30	97	00:01:22	<b>00:24:08.80</b>	<b>00:25:31.00</b>	+00:07:05 (29.4%)	4:49	12.4 (70.5%)
275	<b>DEMBEK Dawid</b>	<b>1422</b>		M-20	71	00:01:07	<b>00:24:08.85</b>	<b>00:25:16.70</b>	+00:07:05 (29.4%)	4:49	12.4 (70.5%)
276	<b>KOZICKI Marcin</b>	<b>570</b>	BYDGOSKIE ŻÓŁWIE	M-30	98	00:00:41	<b>00:24:09.90</b>	<b>00:24:51.10</b>	+00:07:06 (29.4%)	4:50	12.4 (70.5%)
277	<b>LADA Przemysław</b>	<b>1478</b>	STALE BIEGAM - NOVA TRADING	M-30	99	00:00:48	<b>00:24:10.30</b>	<b>00:24:58.30</b>	+00:07:07 (29.5%)	4:50	12.4 (70.5%)
278	<b>QUAAS Łukasz</b>	<b>290</b>	RUN PASJA	M-30	100	00:00:46	<b>00:24:10.90</b>	<b>00:24:57.10</b>	+00:07:07 (29.5%)	4:50	12.4 (70.5%)
279	<b>GRZESIAK Magdalena</b>	<b>653</b>		K-30	16	00:00:17	<b>00:24:11.30</b>	<b>00:24:28.65</b>	+00:07:08 (29.5%)	4:50	12.4 (70.5%)
280	<b>MALINOWSKI Igor</b>	<b>1088</b>	BTW	M-10	25	00:00:24	<b>00:24:11.35</b>	<b>00:24:35.50</b>	+00:07:08 (29.5%)	4:50	12.4 (70.5%)
281	<b>KAMPER Jarosław</b>	<b>1108</b>		M-30	101	00:00:20	<b>00:24:11.50</b>	<b>00:24:32.10</b>	+00:07:08 (29.5%)	4:50	12.4 (70.5%)
282	<b>RZEPczyński Łukasz</b>	<b>108</b>		M-30	102	00:00:56	<b>00:24:14.65</b>	<b>00:25:11.55</b>	+00:07:11 (29.7%)	4:51	12.4 (70.5%)
283	<b>KUŻMA Wojciech</b>	<b>1095</b>		M-50	13	00:00:10	<b>00:24:14.90</b>	<b>00:24:25.00</b>	+00:07:11 (29.7%)	4:51	12.4 (70.5%)
284	<b>GOZIMIRSKI Andrzej</b>	<b>1287</b>	SQUASH POINT BYDGOSZCZ	M-60+	1	00:00:03	<b>00:24:16.95</b>	<b>00:24:20.70</b>	+00:07:13 (29.8%)	4:51	12.4 (70.5%)
285	<b>KOŁACZ Anna</b>	<b>387</b>		K-20	10	00:00:47	<b>00:24:17.45</b>	<b>00:25:04.80</b>	+00:07:14 (29.8%)	4:51	12.4 (70.5%)
286	<b>DOBUSZYNSKI Pawel</b>	<b>780</b>		M-30	103	00:00:25	<b>00:24:17.85</b>	<b>00:24:43.45</b>	+00:07:14 (29.8%)	4:51	12.3 (69.9%)
287	<b>DOLATA Grzegorz</b>	<b>595</b>		M-40	43	00:00:38	<b>00:24:18.60</b>	<b>00:24:57.25</b>	+00:07:15 (29.9%)	4:51	12.3 (69.9%)
288	<b>GŁOWSKI Dariusz</b>	<b>18</b>		M-40	44	00:00:15	<b>00:24:19.90</b>	<b>00:24:35.80</b>	+00:07:16 (29.9%)	4:52	12.3 (69.9%)
289	<b>DĄBROWSKI Adam</b>	<b>1168</b>		M-30	104	00:00:29	<b>00:24:20.60</b>	<b>00:24:49.70</b>	+00:07:17 (30.0%)	4:52	12.3 (69.9%)
290	<b>MOLENDĄ Piotr</b>	<b>192</b>		M-20	72	00:00:31	<b>00:24:21.30</b>	<b>00:24:52.75</b>	+00:07:18 (30.0%)	4:52	12.3 (69.9%)
291	<b>NAWROCKI Dariusz</b>	<b>1133</b>	VAUPE TEAM	M-50	14	00:01:14	<b>00:24:23.00</b>	<b>00:25:37.95</b>	+00:07:19 (30.1%)	4:52	12.3 (69.9%)
292	<b>BINDEK Łukasz</b>	<b>100</b>		M-30	105	00:00:20	<b>00:24:23.45</b>	<b>00:24:44.05</b>	+00:07:20 (30.1%)	4:52	12.3 (69.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
293	<b>RYBKA Ilona</b>	<b>313</b>		K-40	3	00:00:15	<b>00:24:24.45</b>	<b>00:24:40.40</b>	+00:07:21 (30.1%)	4:53	12.3 (69.9%)
294	<b>LECH Marek</b>	<b>1320</b>		M-30	106	00:00:21	<b>00:24:25.50</b>	<b>00:24:46.55</b>	+00:07:22 (30.2%)	4:53	12.3 (69.9%)
295	<b>HORYD Justyna</b>	<b>309</b>		K-30	17	00:00:27	<b>00:24:25.90</b>	<b>00:24:53.25</b>	+00:07:22 (30.2%)	4:53	12.3 (69.9%)
296	<b>GAWRYCH Adam</b>	<b>324</b>		M-20	73	00:00:50	<b>00:24:26.20</b>	<b>00:25:16.90</b>	+00:07:23 (30.2%)	4:53	12.3 (69.9%)
297	<b>KUJAWA Sebastian</b>	<b>511</b>	BBL INOWROCŁAW	M-40	45	00:00:26	<b>00:24:28.15</b>	<b>00:24:54.40</b>	+00:07:25 (30.3%)	4:53	12.3 (69.9%)
298	<b>STANGRECKI Dariusz</b>	<b>289</b>		M-30	107	00:00:26	<b>00:24:29.25</b>	<b>00:24:55.80</b>	+00:07:26 (30.4%)	4:53	12.3 (69.9%)
299	<b>PIASECKI Włodzimierz</b>	<b>421</b>		M-40	46	00:00:04	<b>00:24:29.45</b>	<b>00:24:34.35</b>	+00:07:26 (30.4%)	4:54	12.2 (69.3%)
300	<b>STASZKIEWICZ Lucyna</b>	<b>450</b>	CZARNE STOPY SM	K-40	4	00:00:33	<b>00:24:30.40</b>	<b>00:25:04.00</b>	+00:07:27 (30.4%)	4:54	12.2 (69.3%)
301	<b>MAGDZIARZ Katarzyna</b>	<b>2</b>	KANCELARIA HMM	K-30	18	00:00:19	<b>00:24:30.75</b>	<b>00:24:49.85</b>	+00:07:27 (30.4%)	4:54	12.2 (69.3%)
302	<b>SZULC Rafał</b>	<b>382</b>	RUN BYDGOSZCZ	M-30	108	00:01:07	<b>00:24:31.30</b>	<b>00:25:38.30</b>	+00:07:28 (30.5%)	4:54	12.2 (69.3%)
303	<b>JAŚKIEWICZ Rafał</b>	<b>1044</b>	RÓŻOWE NIEDŹWIADKI TEAM WŁOCŁAWEK	M-30	109	00:00:58	<b>00:24:32.30</b>	<b>00:25:30.40</b>	+00:07:29 (30.5%)	4:54	12.2 (69.3%)
304	<b>RUTKOWSKI Michał</b>	<b>317</b>		M-10	26	00:01:08	<b>00:24:34.20</b>	<b>00:25:42.35</b>	+00:07:31 (30.6%)	4:54	12.2 (69.3%)
305	<b>ADAMSKI Maciej</b>	<b>1180</b>		M-40	47	00:00:00	<b>00:24:34.70</b>	<b>00:24:34.70</b>	+00:07:31 (30.6%)	4:54	12.2 (69.3%)
306	<b>KWIATKOWSKA Bożena</b>	<b>417</b>	TO TYLKO TRIATHLON	K-40	5	00:00:19	<b>00:24:36.40</b>	<b>00:24:55.70</b>	+00:07:33 (30.7%)	4:55	12.2 (69.3%)
307	<b>KLAFETKA Michał</b>	<b>92</b>	KLINIKA TRIATHLONU TEAM	M-20	74	00:00:13	<b>00:24:37.90</b>	<b>00:24:51.15</b>	+00:07:34 (30.8%)	4:55	12.2 (69.3%)
308	<b>WOJCIECHOWSKI Jarosław</b>	<b>1085</b>		M-40	48	00:00:23	<b>00:24:37.95</b>	<b>00:25:01.25</b>	+00:07:34 (30.8%)	4:55	12.2 (69.3%)
309	<b>MYK Rafał</b>	<b>603</b>	TRIFORFUN	M-20	75	00:00:15	<b>00:24:38.85</b>	<b>00:24:54.50</b>	+00:07:35 (30.8%)	4:55	12.2 (69.3%)
310	<b>WOJDAT Dominika</b>	<b>121</b>		K-20	11	00:01:22	<b>00:24:41.50</b>	<b>00:26:04.00</b>	+00:07:38 (30.9%)	4:56	12.1 (68.8%)
311	<b>KNIOŁA Przemysław</b>	<b>1253</b>		M-20	76	00:00:23	<b>00:24:42.25</b>	<b>00:25:05.85</b>	+00:07:39 (31.0%)	4:56	12.1 (68.8%)
312	<b>WOJCIECHOWSKI Grzegorz</b>	<b>1170</b>		M-20	77	00:00:24	<b>00:24:43.80</b>	<b>00:25:08.10</b>	+00:07:40 (31.1%)	4:56	12.1 (68.8%)
312	<b>MYLER Łukasz</b>	<b>801</b>		M-20	78	00:00:57	<b>00:24:43.80</b>	<b>00:25:41.10</b>	+00:07:40 (31.1%)	4:56	12.1 (68.8%)
314	<b>RZEPKA Ewa</b>	<b>1345</b>	BRODNICA BIEGA	K-30	19	00:00:31	<b>00:24:43.95</b>	<b>00:25:15.05</b>	+00:07:40 (31.1%)	4:56	12.1 (68.8%)
315	<b>RABCZYŃSKI Grzegorz</b>	<b>626</b>		M-30	110	00:00:39	<b>00:24:44.30</b>	<b>00:25:23.65</b>	+00:07:41 (31.1%)	4:56	12.1 (68.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
316	<b>NIEBALSKI Karol</b>	<b>1187</b>	EURO TIM SQAD	M-30	111	00:00:21	<b>00:24:44.90</b>	<b>00:25:06.65</b>	+00:07:41 (31.1%)	4:57	12.1 (68.8%)
317	<b>KOLSKI Radek</b>	<b>1131</b>	VAUPE TEAM	M-40	49	00:01:14	<b>00:24:45.80</b>	<b>00:26:00.45</b>	+00:07:42 (31.1%)	4:57	12.1 (68.8%)
318	<b>MRUGAŁA Bartosz</b>	<b>955</b>		M-20	79	00:00:47	<b>00:24:45.95</b>	<b>00:25:33.45</b>	+00:07:42 (31.2%)	4:57	12.1 (68.8%)
319	<b>KOLANOWSKI Wojciech</b>	<b>990</b>		M-50	15	00:00:17	<b>00:24:46.10</b>	<b>00:25:03.35</b>	+00:07:43 (31.2%)	4:57	12.1 (68.8%)
320	<b>KARLIŃSKI Oskar</b>	<b>1255</b>		M-10	27	00:00:34	<b>00:24:47.20</b>	<b>00:25:21.75</b>	+00:07:44 (31.2%)	4:57	12.1 (68.8%)
321	<b>ZAGOŹDŹON Wioleta</b>	<b>64</b>		K-30	20	00:00:16	<b>00:24:47.90</b>	<b>00:25:04.80</b>	+00:07:44 (31.2%)	4:57	12.1 (68.8%)
322	<b>KWIATKOWSKI Karol</b>	<b>987</b>		M-30	112	00:01:21	<b>00:24:49.15</b>	<b>00:26:10.65</b>	+00:07:46 (31.3%)	4:57	12.1 (68.8%)
323	<b>BARCZEWSKI Marek</b>	<b>411</b>		M-20	80	00:00:19	<b>00:24:51.65</b>	<b>00:25:11.15</b>	+00:07:48 (31.4%)	4:58	12.1 (68.8%)
324	<b>WOŹNY Łukasz</b>	<b>1027</b>		M-30	113	00:00:53	<b>00:24:51.85</b>	<b>00:25:45.30</b>	+00:07:48 (31.4%)	4:58	12.1 (68.8%)
325	<b>JAWORSKA Karolina</b>	<b>1274</b>		K-30	21	00:00:00	<b>00:24:51.90</b>	<b>00:24:51.90</b>	+00:07:48 (31.4%)	4:58	12.1 (68.8%)
326	<b>KOŁODZIEJCZAK Kasia</b>	<b>716</b>		K-10	3	00:00:34	<b>00:24:51.95</b>	<b>00:25:26.00</b>	+00:07:48 (31.4%)	4:58	12.1 (68.8%)
327	<b>KUNDE Tomasz</b>	<b>610</b>	BYDGOSZCZ TRIATHLON TEAM	M-20	81	00:00:18	<b>00:24:52.70</b>	<b>00:25:11.55</b>	+00:07:49 (31.5%)	4:58	12.1 (68.8%)
328	<b>MICHALAK Robert</b>	<b>226</b>	GORDON RUN	M-20	82	00:00:34	<b>00:24:53.90</b>	<b>00:25:28.70</b>	+00:07:50 (31.5%)	4:58	12 (68.2%)
329	<b>ŁAWNICZAK Paweł</b>	<b>819</b>		M-30	114	00:00:44	<b>00:24:54.55</b>	<b>00:25:39.45</b>	+00:07:51 (31.5%)	4:59	12 (68.2%)
330	<b>SZATKOWSKI Marcin</b>	<b>322</b>	RUN LOTTO BYDGOSTIA	M-20	83	00:00:33	<b>00:24:54.70</b>	<b>00:25:28.25</b>	+00:07:51 (31.6%)	4:59	12 (68.2%)
331	<b>WOLSKI Adam</b>	<b>663</b>	BW SQUAD	M-30	115	00:00:40	<b>00:24:54.80</b>	<b>00:25:35.40</b>	+00:07:51 (31.6%)	4:59	12 (68.2%)
332	<b>WADELSKA Joanna</b>	<b>794</b>		K-20	12	00:00:17	<b>00:24:55.00</b>	<b>00:25:12.85</b>	+00:07:51 (31.6%)	4:59	12 (68.2%)
333	<b>TRUDNOWSKI Janusz</b>	<b>543</b>	DRUŻYNA SZPIKU	M-60+	2	00:00:00	<b>00:24:55.20</b>	<b>00:24:55.20</b>	+00:07:52 (31.6%)	4:59	12 (68.2%)
334	<b>SZULC Magdalena</b>	<b>1474</b>	SZULC TEAM	K-30	22	00:00:15	<b>00:24:55.35</b>	<b>00:25:10.95</b>	+00:07:52 (31.6%)	4:59	12 (68.2%)
334	<b>ROSÓŁ Jacek</b>	<b>122</b>		M-30	116	00:00:43	<b>00:24:55.35</b>	<b>00:25:39.15</b>	+00:07:52 (31.6%)	4:59	12 (68.2%)
336	<b>KOLANOWSKA Grażyna</b>	<b>989</b>		K-50	2	00:00:17	<b>00:24:56.35</b>	<b>00:25:14.05</b>	+00:07:53 (31.6%)	4:59	12 (68.2%)
337	<b>RATAJ Krzysztof</b>	<b>113</b>	POLONIA BYDGOSZCZ SLA	M-30	117	00:00:13	<b>00:24:56.75</b>	<b>00:25:09.95</b>	+00:07:53 (31.6%)	4:59	12 (68.2%)
338	<b>SEYDAK Ewelina</b>	<b>1412</b>	RUN PASJA BYDGOSZCZ	K-20	13	00:00:46	<b>00:24:59.20</b>	<b>00:25:46.05</b>	+00:07:56 (31.8%)	5:00	12 (68.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
339	<b>GUMMER Andrzej</b>	<b>1417</b>		M-30	118	00:00:47	<b>00:24:59.60</b>	<b>00:25:46.95</b>	+00:07:56 (31.8%)	4:59	12 (68.2%)
340	<b>BEDNAREK Marta</b>	<b>374</b>		K-30	23	00:00:26	<b>00:24:59.95</b>	<b>00:25:26.50</b>	+00:07:56 (31.8%)	5:00	12 (68.2%)
341	<b>BŁAŻEJewski Dariusz</b>	<b>719</b>		M-40	50	00:01:03	<b>00:25:00.05</b>	<b>00:26:03.90</b>	+00:07:57 (31.8%)	5:00	12 (68.2%)
342	<b>ŚWIETLIK Grzegorz</b>	<b>204</b>	ATLAS RUNNING TEAM	M-30	119	00:00:38	<b>00:25:00.10</b>	<b>00:25:38.40</b>	+00:07:57 (31.8%)	5:00	12 (68.2%)
343	<b>ŚWIETLIK Michalina</b>	<b>211</b>	ATLAS RUNNING TEAM	K-30	24	00:00:37	<b>00:25:00.25</b>	<b>00:25:38.10</b>	+00:07:57 (31.8%)	5:00	12 (68.2%)
344	<b>JAWORSKI Janusz</b>	<b>1093</b>		M-50	16	00:00:09	<b>00:25:01.20</b>	<b>00:25:10.65</b>	+00:07:58 (31.9%)	5:00	12 (68.2%)
345	<b>ŚWIETLIK Piotr</b>	<b>315</b>		M-50	17	00:00:03	<b>00:25:01.65</b>	<b>00:25:04.95</b>	+00:07:58 (31.9%)	5:00	12 (68.2%)
346	<b>SKUPSZ Jędrzej Kazmierz</b>	<b>361</b>		M-20	84	00:00:58	<b>00:25:01.75</b>	<b>00:26:00.00</b>	+00:07:58 (31.9%)	5:00	12 (68.2%)
347	<b>RAUT Wiesław</b>	<b>796</b>	RUN PASJA	M-60+	3	00:00:28	<b>00:25:01.95</b>	<b>00:25:30.00</b>	+00:07:58 (31.9%)	5:00	12 (68.2%)
348	<b>WIECZOREK Waldrmar</b>	<b>125</b>		M-30	120	00:01:48	<b>00:25:02.60</b>	<b>00:26:50.95</b>	+00:07:59 (31.9%)	5:00	12 (68.2%)
349	<b>PIASECKI Radosław</b>	<b>1201</b>		M-20	85	00:01:46	<b>00:25:03.45</b>	<b>00:26:49.55</b>	+00:08:00 (32.0%)	5:00	12 (68.2%)
350	<b>ULATOWSKA Aleksandra</b>	<b>106</b>	BW SQUAD	K-20	14	00:00:44	<b>00:25:03.75</b>	<b>00:25:48.15</b>	+00:08:00 (32.0%)	5:00	12 (68.2%)
351	<b>LASKA Artur</b>	<b>867</b>		M-30	121	00:00:40	<b>00:25:04.00</b>	<b>00:25:44.05</b>	+00:08:00 (32.0%)	5:00	12 (68.2%)
352	<b>MIERZWA Damian</b>	<b>1348</b>		M-20	86	00:00:02	<b>00:25:04.50</b>	<b>00:25:07.15</b>	+00:08:01 (32.0%)	5:01	12 (68.2%)
353	<b>WAWRZY尼亚K Andrzej</b>	<b>1298</b>	22.ODN	M-50	18	00:00:44	<b>00:25:05.00</b>	<b>00:25:49.15</b>	+00:08:01 (32.0%)	5:01	12 (68.2%)
354	<b>ROEDING Robert</b>	<b>498</b>		M-40	51	00:00:55	<b>00:25:05.40</b>	<b>00:26:00.60</b>	+00:08:02 (32.0%)	5:01	12 (68.2%)
355	<b>RUDNIK Filip</b>	<b>575</b>	T4F CHOJNICE	M-20	87	00:00:15	<b>00:25:07.45</b>	<b>00:25:22.45</b>	+00:08:04 (32.1%)	5:01	11.9 (67.6%)
356	<b>PALIGA Maciej</b>	<b>698</b>		M-20	88	00:00:36	<b>00:25:10.10</b>	<b>00:25:46.50</b>	+00:08:07 (32.3%)	5:02	11.9 (67.6%)
357	<b>BRZEZIŃSKI Artur</b>	<b>1465</b>	DYNAMO SKARPA	M-20	89	00:00:55	<b>00:25:10.50</b>	<b>00:26:05.70</b>	+00:08:07 (32.3%)	5:02	11.9 (67.6%)
358	<b>KALISZEWSKA Małgorzata</b>	<b>1404</b>	RUN-PASJA	K-30	25	00:00:23	<b>00:25:11.25</b>	<b>00:25:34.25</b>	+00:08:08 (32.3%)	5:02	11.9 (67.6%)
359	<b>BAUMAN Krystian</b>	<b>221</b>	DRUŻYNA SZPIKU	M-30	122	00:00:37	<b>00:25:12.35</b>	<b>00:25:49.75</b>	+00:08:09 (32.4%)	5:02	11.9 (67.6%)
360	<b>CZYŻEWSKI Mateusz</b>	<b>1393</b>		M-20	90	00:00:17	<b>00:25:12.45</b>	<b>00:25:29.50</b>	+00:08:09 (32.4%)	5:02	11.9 (67.6%)
361	<b>STAWCZYK Dariusz</b>	<b>196</b>		M-30	123	00:01:05	<b>00:25:14.70</b>	<b>00:26:19.85</b>	+00:08:11 (32.5%)	5:02	11.9 (67.6%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
362	<b>NOWAK Tomasz</b>	<b>1091</b>	GORDON RUN	M-40	52	00:00:33	<b>00:25:15.50</b>	<b>00:25:48.75</b>	+00:08:12 (32.5%)	5:03	11.9 (67.6%)
363	<b>STUSIK Arkadiusz</b>	<b>800</b>		M-30	124	00:00:18	<b>00:25:16.50</b>	<b>00:25:34.80</b>	+00:08:13 (32.5%)	5:03	11.9 (67.6%)
364	<b>WÓJTOWICZ Ryszard</b>	<b>1449</b>	WÓJTOWICZ TEAM	M-20	91	00:00:51	<b>00:25:16.55</b>	<b>00:26:08.25</b>	+00:08:13 (32.5%)	5:03	11.9 (67.6%)
365	<b>WOŹNIAK Adam</b>	<b>807</b>		M-30	125	00:01:04	<b>00:25:17.00</b>	<b>00:26:21.25</b>	+00:08:13 (32.6%)	5:03	11.9 (67.6%)
366	<b>ŁYSZCZARZ Radosław</b>	<b>564</b>		M-30	126	00:01:02	<b>00:25:18.50</b>	<b>00:26:20.90</b>	+00:08:15 (32.6%)	5:03	11.9 (67.6%)
367	<b>MOLENDĄ Tomasz</b>	<b>1036</b>		M-30	127	00:00:31	<b>00:25:19.65</b>	<b>00:25:50.90</b>	+00:08:16 (32.7%)	5:03	11.8 (67.0%)
368	<b>MOLENDĄ Patrycja</b>	<b>22</b>	KLINIKA TRIATHLONU TEAM	K-20	15	00:00:12	<b>00:25:20.00</b>	<b>00:25:32.45</b>	+00:08:16 (32.7%)	5:04	11.8 (67.0%)
369	<b>PRZEKWASIŃSKA Anna</b>	<b>15</b>		K-30	26	00:00:19	<b>00:25:20.05</b>	<b>00:25:39.55</b>	+00:08:17 (32.7%)	5:04	11.8 (67.0%)
370	<b>MIKOŁAJCZAK Sławomir</b>	<b>367</b>		M-40	53	00:00:38	<b>00:25:21.20</b>	<b>00:26:00.10</b>	+00:08:18 (32.7%)	5:04	11.8 (67.0%)
371	<b>FILOSEK Paweł</b>	<b>863</b>		M-20	92	00:01:09	<b>00:25:21.70</b>	<b>00:26:31.45</b>	+00:08:18 (32.8%)	5:04	11.8 (67.0%)
372	<b>CHUDZIŃSKI Rafał</b>	<b>1402</b>		M-40	54	00:00:58	<b>00:25:21.85</b>	<b>00:26:19.90</b>	+00:08:18 (32.8%)	5:04	11.8 (67.0%)
373	<b>STRÓŻYK Grażyna</b>	<b>815</b>		K-20	16	00:00:24	<b>00:25:22.60</b>	<b>00:25:47.40</b>	+00:08:19 (32.8%)	5:04	11.8 (67.0%)
373	<b>MIKOŁAJEWSKA Martyna</b>	<b>1230</b>	WTS ASTORIA	K-10	4	00:00:58	<b>00:25:22.60</b>	<b>00:26:20.95</b>	+00:08:19 (32.8%)	5:04	11.8 (67.0%)
375	<b>JASINIECKI Wojciech</b>	<b>205</b>	RUN BYDGOSZCZ	M-30	128	00:01:17	<b>00:25:22.85</b>	<b>00:26:40.45</b>	+00:08:19 (32.8%)	5:04	11.8 (67.0%)
376	<b>BRYLEW Tomasz</b>	<b>742</b>		M-40	55	00:00:44	<b>00:25:23.20</b>	<b>00:26:07.75</b>	+00:08:20 (32.8%)	5:04	11.8 (67.0%)
377	<b>BLEJA Krystian</b>	<b>649</b>	PGB SPORTOWA PACZKA	M-30	129	00:00:42	<b>00:25:23.25</b>	<b>00:26:06.00</b>	+00:08:20 (32.8%)	5:04	11.8 (67.0%)
378	<b>STĘPIEŃ Monika</b>	<b>405</b>		K-30	27	00:01:15	<b>00:25:26.40</b>	<b>00:26:42.25</b>	+00:08:23 (33.0%)	5:05	11.8 (67.0%)
379	<b>OSTROWSKI Mikołaj</b>	<b>892</b>	BYDGOSZCZ	M-10	28	00:00:39	<b>00:25:26.85</b>	<b>00:26:06.30</b>	+00:08:23 (33.0%)	5:05	11.8 (67.0%)
379	<b>LIWOCH Grzegorz</b>	<b>436</b>		M-40	56	00:00:54	<b>00:25:26.85</b>	<b>00:26:21.40</b>	+00:08:23 (33.0%)	5:05	11.8 (67.0%)
381	<b>KALLAS-LIPSKA Anetta</b>	<b>809</b>	RUN BYDGOSZCZ	K-40	6	00:01:14	<b>00:25:27.15</b>	<b>00:26:42.10</b>	+00:08:24 (33.0%)	5:05	11.8 (67.0%)
382	<b>KLISZEWSKI Piotr</b>	<b>437</b>	GWIAZDA BYDGOSZCZ	M-10	29	00:00:37	<b>00:25:27.20</b>	<b>00:26:04.50</b>	+00:08:24 (33.0%)	5:05	11.8 (67.0%)
383	<b>SZEWCUK Sebastian</b>	<b>189</b>		M-30	130	00:00:35	<b>00:25:27.25</b>	<b>00:26:03.10</b>	+00:08:24 (33.0%)	5:05	11.8 (67.0%)
384	<b>DUDZIŃSKA Aleksandra</b>	<b>156</b>		K-40	7	00:01:14	<b>00:25:27.40</b>	<b>00:26:42.15</b>	+00:08:24 (33.0%)	5:05	11.8 (67.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
385	KLISZEWSKI Adam	433	GWIAZDA BYDGOSZCZ	M-10	30	00:00:37	00:25:27.60	00:26:04.65	+00:08:24 (33.0%)	5:05	11.8 (67.0%)
386	SZEWCZUK Małgorzata	180		K-30	28	00:00:34	00:25:28.60	00:26:03.10	+00:08:25 (33.1%)	5:05	11.8 (67.0%)
387	DOMBROWSKA-OSAK Izabela	501		K-30	29	00:00:30	00:25:30.60	00:26:01.20	+00:08:27 (33.2%)	5:06	11.8 (67.0%)
388	ANISZEWSKI Dariusz	349		M-40	57	00:00:00	00:25:30.65	00:25:30.65	+00:08:27 (33.2%)	5:06	11.8 (67.0%)
389	MAJER Magda	50		K-20	17	00:00:27	00:25:32.25	00:25:59.55	+00:08:29 (33.2%)	5:06	11.7 (66.5%)
390	KUREK Piotr	1497		M-40	58	00:00:43	00:25:32.35	00:26:15.70	+00:08:29 (33.2%)	5:06	11.7 (66.5%)
391	SZEFKA Jakub	55		M-20	93	00:00:27	00:25:32.45	00:25:59.45	+00:08:29 (33.2%)	5:06	11.7 (66.5%)
392	SZCZĘSNY Arkadiusz	455	DYNAMO SKARPA	M-30	131	00:00:55	00:25:33.15	00:26:28.45	+00:08:30 (33.3%)	5:06	11.7 (66.5%)
393	KRESIŃSKI Andrzej	1167		M-30	132	00:00:34	00:25:33.20	00:26:07.25	+00:08:30 (33.3%)	5:06	11.7 (66.5%)
394	FRYC Łukasz	59		M-20	94	00:00:26	00:25:33.45	00:25:59.75	+00:08:30 (33.3%)	5:06	11.7 (66.5%)
395	SZCZEBLEWSKI Witold	1019	MOTOTURYSTYKA.COM	M-50	19	00:00:33	00:25:33.50	00:26:06.60	+00:08:30 (33.3%)	5:06	11.7 (66.5%)
395	ANGLART Roman	1162	BYDGOSZCZ	M-50	20	00:00:52	00:25:33.50	00:26:26.20	+00:08:30 (33.3%)	5:06	11.7 (66.5%)
397	LASOTA Klaudia	1278	ASTORIA	K-10	5	00:00:02	00:25:35.00	00:25:37.65	+00:08:31 (33.4%)	5:07	11.7 (66.5%)
398	SAWICKI Mikołaj	1349	ELEKTRONIK BYDGOSZCZ	M-10	31	00:00:19	00:25:35.40	00:25:55.20	+00:08:32 (33.4%)	5:07	11.7 (66.5%)
399	GORCZYCA Rafał	1096		M-30	133	00:01:52	00:25:36.15	00:27:28.70	+00:08:33 (33.4%)	5:07	11.7 (66.5%)
400	MALINOWSKI Waldemar	199	RUN LOTTO BYDGOSTIA	M-40	59	00:01:32	00:25:36.45	00:27:08.65	+00:08:33 (33.4%)	5:07	11.7 (66.5%)
401	KELMAN Marcin	856		M-30	134	00:00:37	00:25:37.70	00:26:14.80	+00:08:34 (33.5%)	5:07	11.7 (66.5%)
402	WOJCIECHOWSKA Emilia	1084		K-40	8	00:00:23	00:25:38.25	00:26:01.25	+00:08:35 (33.5%)	5:07	11.7 (66.5%)
403	FABROWSKI Dawid	5		M-30	135	00:01:36	00:25:39.25	00:27:16.20	+00:08:36 (33.5%)	5:08	11.7 (66.5%)
404	PADRAK Irmina	325	-	K-20	18	00:00:37	00:25:40.90	00:26:18.65	+00:08:37 (33.6%)	5:08	11.7 (66.5%)
405	SOBOTA Piotr	950		M-40	60	00:00:34	00:25:41.35	00:26:16.15	+00:08:38 (33.6%)	5:08	11.7 (66.5%)
406	KIJEWSKI Maciej	843	KABEL TEAM BYDGOSZCZ	M-30	136	00:00:29	00:25:42.40	00:26:11.60	+00:08:39 (33.7%)	5:08	11.7 (66.5%)
407	CHODUR Agnieszka	1098		K-30	30	00:00:51	00:25:43.15	00:26:34.60	+00:08:40 (33.7%)	5:08	11.7 (66.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
408	<b>DROŹDŹ Małgorzata</b>	<b>284</b>	KLONIKTEAM	K-30	31	00:00:36	<b>00:25:43.30</b>	<b>00:26:19.95</b>	+00:08:40 (33.7%)	5:08	11.7 (66.5%)
409	<b>TUREK Mateusz</b>	<b>967</b>		M-20	95	00:00:48	<b>00:25:44.80</b>	<b>00:26:33.75</b>	+00:08:41 (33.8%)	5:09	11.7 (66.5%)
410	<b>ZABDYR Ewelina</b>	<b>1038</b>		K-20	19	00:00:31	<b>00:25:45.00</b>	<b>00:26:16.00</b>	+00:08:41 (33.8%)	5:09	11.7 (66.5%)
411	<b>GRUBICH Arkadiusz</b>	<b>273</b>	BRACIA DALTON	M-30	137	00:00:07	<b>00:25:45.30</b>	<b>00:25:52.55</b>	+00:08:42 (33.8%)	5:09	11.7 (66.5%)
412	<b>GRUBICH Kacper</b>	<b>753</b>		M-10	32	00:00:05	<b>00:25:46.35</b>	<b>00:25:52.15</b>	+00:08:43 (33.8%)	5:09	11.6 (65.9%)
413	<b>DĄBROWSKI Jarosław</b>	<b>525</b>	HORNET DESIGN STUDIO	M-20	96	00:01:21	<b>00:25:46.40</b>	<b>00:27:07.40</b>	+00:08:43 (33.8%)	5:09	11.6 (65.9%)
414	<b>CICIACIUCH Monika</b>	<b>1392</b>	LOTTO-BYDGOSTIA	K-20	20	00:00:02	<b>00:25:46.55</b>	<b>00:25:48.60</b>	+00:08:43 (33.8%)	5:09	11.6 (65.9%)
415	<b>ILNICKI Artur</b>	<b>336</b>		M-30	138	00:00:42	<b>00:25:47.30</b>	<b>00:26:30.20</b>	+00:08:44 (33.9%)	5:09	11.6 (65.9%)
416	<b>ŚWIATLAK Marek</b>	<b>277</b>	SOWA BYDGOSZCZ	M-40	61	00:01:17	<b>00:25:47.40</b>	<b>00:27:05.20</b>	+00:08:44 (33.9%)	5:09	11.6 (65.9%)
417	<b>KISZKA Marcin</b>	<b>482</b>	RUN PASJA	M-30	139	00:00:46	<b>00:25:47.95</b>	<b>00:26:34.35</b>	+00:08:44 (33.9%)	5:09	11.6 (65.9%)
418	<b>MARCINIAK Justyna</b>	<b>489</b>		K-30	32	00:00:29	<b>00:25:48.40</b>	<b>00:26:18.30</b>	+00:08:45 (33.9%)	5:09	11.6 (65.9%)
419	<b>GILL Daniel</b>	<b>764</b>		M-30	140	00:00:06	<b>00:25:49.00</b>	<b>00:25:55.70</b>	+00:08:45 (34.0%)	5:09	11.6 (65.9%)
420	<b>KOZIŃSKI Tomasz</b>	<b>585</b>	BYDGOSKIE ŻÓŁWIE	M-40	62	00:00:42	<b>00:25:49.20</b>	<b>00:26:31.65</b>	+00:08:46 (34.0%)	5:09	11.6 (65.9%)
421	<b>WIŚNIEWSKI Włodzimierz</b>	<b>714</b>		M-50	21	00:01:21	<b>00:25:50.55</b>	<b>00:27:12.25</b>	+00:08:47 (34.0%)	5:10	11.6 (65.9%)
422	<b>BUKOWSKA Anna</b>	<b>602</b>		K-20	21	00:00:26	<b>00:25:51.30</b>	<b>00:26:18.15</b>	+00:08:48 (34.1%)	5:10	11.6 (65.9%)
423	<b>JANKOWSKI Maciej</b>	<b>889</b>		M-10	33	00:00:26	<b>00:25:51.95</b>	<b>00:26:18.20</b>	+00:08:48 (34.1%)	5:10	11.6 (65.9%)
424	<b>NOWAK Adam</b>	<b>285</b>	WUJEK PORADA	M-40	63	00:01:13	<b>00:25:53.10</b>	<b>00:27:06.45</b>	+00:08:50 (34.1%)	5:10	11.6 (65.9%)
425	<b>ŚCIBAK Wojciech</b>	<b>446</b>		M-30	141	00:00:55	<b>00:25:53.35</b>	<b>00:26:48.35</b>	+00:08:50 (34.1%)	5:10	11.6 (65.9%)
426	<b>KOLASIŃSKA Joanna</b>	<b>646</b>	RUN BYDGOSZCZ	K-30	33	00:00:30	<b>00:25:54.45</b>	<b>00:26:24.55</b>	+00:08:51 (34.2%)	5:10	11.6 (65.9%)
427	<b>RACZYCKI Tomasz</b>	<b>1206</b>		M-30	142	00:01:28	<b>00:25:57.90</b>	<b>00:27:26.55</b>	+00:08:54 (34.3%)	5:11	11.6 (65.9%)
428	<b>NOWAKOWSKI Tomasz</b>	<b>1057</b>		M-30	143	00:00:51	<b>00:25:58.20</b>	<b>00:26:49.20</b>	+00:08:55 (34.3%)	5:11	11.6 (65.9%)
429	<b>WIŚNIEWSKI Przemysław</b>	<b>776</b>		M-30	144	00:01:18	<b>00:25:58.30</b>	<b>00:27:16.65</b>	+00:08:55 (34.3%)	5:11	11.6 (65.9%)
430	<b>DRÓŹDŹ Małgorzata</b>	<b>134</b>		K-20	22	00:00:48	<b>00:25:59.90</b>	<b>00:26:48.45</b>	+00:08:56 (34.4%)	5:12	11.5 (65.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
431	BALIŃSKA Anna	622		K-20	23	00:00:32	00:26:00.25	00:26:32.40	+00:08:57 (34.4%)	5:12	11.5 (65.3%)
432	SKONIECZNY Daniel	494	TCMS PESA	M-20	97	00:01:15	00:26:00.65	00:27:16.35	+00:08:57 (34.4%)	5:12	11.5 (65.3%)
433	CIEMNY Tomasz	1113		M-40	64	00:00:56	00:26:01.45	00:26:58.25	+00:08:58 (34.5%)	5:12	11.5 (65.3%)
434	SZULAKOWSKI Tomasz	1292	KURCZE JAK DALEKO	M-40	65	00:01:20	00:26:01.70	00:27:22.40	+00:08:58 (34.5%)	5:12	11.5 (65.3%)
435	PIŃSKA Sylwia	481	BBL INOWROCŁAW	K-30	34	00:00:25	00:26:02.05	00:26:27.05	+00:08:59 (34.5%)	5:12	11.5 (65.3%)
436	KEMPIŃSKA Beata	906		K-30	35	00:00:34	00:26:02.55	00:26:37.40	+00:08:59 (34.5%)	5:12	11.5 (65.3%)
437	KOZAKIEWICZ Marcin	875		M-40	66	00:00:35	00:26:02.90	00:26:38.45	+00:08:59 (34.5%)	5:12	11.5 (65.3%)
438	RYDLEWSKI Andrzej	299	RUN BYDGOSZCZ	M-30	145	00:01:10	00:26:03.50	00:27:14.40	+00:09:00 (34.6%)	5:12	11.5 (65.3%)
439	PLASKOTA Artur	1222		M-20	98	00:01:09	00:26:04.35	00:27:13.45	+00:09:01 (34.6%)	5:12	11.5 (65.3%)
440	ROSZCZYN Dawid	538	AS CROSSFIT	M-20	99	00:01:23	00:26:04.60	00:27:27.75	+00:09:01 (34.6%)	5:12	11.5 (65.3%)
441	WŁODARCZYK Olga	102		K-20	24	00:01:08	00:26:04.70	00:27:13.45	+00:09:01 (34.6%)	5:13	11.5 (65.3%)
442	NIEDBALSKI Piotr	1189	EURO TIM SQAD	M-20	100	00:00:22	00:26:05.35	00:26:27.35	+00:09:02 (34.6%)	5:13	11.5 (65.3%)
443	BRZEZIŃSKI Sławomir	681	CZARNE STOPY.SM	M-30	146	00:01:54	00:26:07.20	00:28:01.85	+00:09:04 (34.7%)	5:13	11.5 (65.3%)
444	ŚLADEWSKI Rafał	935		M-30	147	00:00:14	00:26:08.25	00:26:22.95	+00:09:05 (34.8%)	5:13	11.5 (65.3%)
444	PASIEKA Tomasz	958		M-40	67	00:01:16	00:26:08.25	00:27:24.25	+00:09:05 (34.8%)	5:13	11.5 (65.3%)
446	ULATOWSKA Sylwia	688		K-30	36	00:01:53	00:26:08.45	00:28:01.90	+00:09:05 (34.8%)	5:13	11.5 (65.3%)
447	SZUBERT Maciej	554	HORNET DESIGN STUDIO	M-40	68	00:01:20	00:26:10.30	00:27:30.55	+00:09:07 (34.9%)	5:14	11.5 (65.3%)
448	BŁĄŻEJEWSKI Kacper	512	CB163	M-20	101	00:01:20	00:26:10.95	00:27:31.70	+00:09:07 (34.9%)	5:14	11.5 (65.3%)
449	KADOW Rafał	583		M-30	148	00:00:45	00:26:11.50	00:26:56.70	+00:09:08 (34.9%)	5:14	11.5 (65.3%)
450	WIŚNIEWSKI Piotr	1042	LEGE ARTIS	M-30	149	00:00:40	00:26:11.95	00:26:52.55	+00:09:08 (34.9%)	5:14	11.5 (65.3%)
451	SKÓRCZ Tomasz	1252		M-40	69	00:00:27	00:26:12.20	00:26:39.80	+00:09:09 (34.9%)	5:14	11.5 (65.3%)
452	DOMAŃSKI Marcin	1432		M-20	102	00:01:04	00:26:13.15	00:27:17.30	+00:09:10 (35.0%)	5:14	11.4 (64.8%)
453	MIKOŁAJCZAK Jan	774	GWIAZDA BYDGOSZCZ	M-10	34	00:00:38	00:26:13.40	00:26:52.20	+00:09:10 (35.0%)	5:14	11.4 (64.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
454	TARASZKA Ireneusz	1241	JRG 1 INOWROCŁAW	M-50	22	00:00:34	00:26:13.85	00:26:48.10	+00:09:10 (35.0%)	5:14	11.4 (64.8%)
455	CECHOWSKI Marcin	119		M-30	150	00:00:47	00:26:14.00	00:27:01.95	+00:09:10 (35.0%)	5:14	11.4 (64.8%)
456	POTRZEBOWSKA Agata	295		K-30	37	00:00:47	00:26:15.50	00:27:03.20	+00:09:12 (35.1%)	5:15	11.4 (64.8%)
457	BORZYSZKOWSKI Grzegorz	683	STARY FORDON	M-30	151	00:00:35	00:26:16.90	00:26:52.40	+00:09:13 (35.1%)	5:15	11.4 (64.8%)
458	KARWOWSKI Waldemar	360	BRACIA DALTON	M-40	70	00:00:06	00:26:18.30	00:26:24.35	+00:09:15 (35.2%)	5:15	11.4 (64.8%)
459	KUFEL Łukasz	954		M-20	103	00:00:59	00:26:18.40	00:27:18.05	+00:09:15 (35.2%)	5:15	11.4 (64.8%)
460	KORDAS Jacek	606		M-20	104	00:00:32	00:26:18.60	00:26:51.40	+00:09:15 (35.2%)	5:15	11.4 (64.8%)
460	BUDKIEWICZ Radosław	187		M-20	105	00:01:08	00:26:18.60	00:27:27.35	+00:09:15 (35.2%)	5:15	11.4 (64.8%)
462	STASZKIEWICZ Jakub	441	STASHKY TEAM	M-10	35	00:00:39	00:26:18.70	00:26:58.50	+00:09:15 (35.2%)	5:15	11.4 (64.8%)
463	MASŁOWSKI Mateusz	1459		M-20	106	00:00:03	00:26:19.15	00:26:22.30	+00:09:16 (35.2%)	5:15	11.4 (64.8%)
464	PAWLAK Waldemar	1182	VEGE RUNNERS	M-30	152	00:00:52	00:26:20.10	00:27:12.35	+00:09:17 (35.3%)	5:16	11.4 (64.8%)
465	SCHUMACHER RATAJ Marta	1363		K-30	38	00:00:11	00:26:20.80	00:26:32.55	+00:09:17 (35.3%)	5:16	11.4 (64.8%)
466	MROTEK Katarzyna	1405		K-30	39	00:00:23	00:26:21.25	00:26:44.80	+00:09:18 (35.3%)	5:16	11.4 (64.8%)
467	SZMELTER Michał	1106		M-40	71	00:01:07	00:26:21.70	00:27:29.55	+00:09:18 (35.3%)	5:16	11.4 (64.8%)
468	TUSZYŃSKA Monika	1346		K-40	9	00:00:32	00:26:22.90	00:26:55.30	+00:09:19 (35.4%)	5:16	11.4 (64.8%)
469	GŁADYSZEW Sylwia	1048		K-30	40	00:00:23	00:26:24.70	00:26:47.75	+00:09:21 (35.4%)	5:16	11.4 (64.8%)
469	KROPIDŁOWSKI Bartosz	785		M-30	153	00:01:36	00:26:24.70	00:28:01.40	+00:09:21 (35.4%)	5:17	11.4 (64.8%)
471	PADZIKOWSKA Agnieszka	934		K-30	41	00:00:23	00:26:27.40	00:26:50.65	+00:09:24 (35.6%)	5:17	11.3 (64.2%)
472	MAREK Sławomir	1249	STALE BIEGAM NOVA TRADING	M-30	154	00:00:59	00:26:27.65	00:27:27.25	+00:09:24 (35.6%)	5:17	11.3 (64.2%)
473	GONCERZEWICZ Katarzyna	1428		K-30	42	00:01:00	00:26:27.95	00:27:28.50	+00:09:24 (35.6%)	5:17	11.3 (64.2%)
474	JEZIORSKA Monika	841	ANIOŁY	K-30	43	00:01:00	00:26:29.45	00:27:29.70	+00:09:26 (35.6%)	5:17	11.3 (64.2%)
475	BUDZIAK Bartosz	201		M-40	72	00:01:53	00:26:30.80	00:28:24.30	+00:09:27 (35.7%)	5:18	11.3 (64.2%)
476	MIŚ Michał	1080	LUKS START NAKŁO	M-20	107	00:00:51	00:26:31.30	00:27:22.50	+00:09:28 (35.7%)	5:18	11.3 (64.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
477	SAK Joanna	959		K-20	25	00:00:24	00:26:31.50	00:26:56.40	+00:09:28 (35.7%)	5:18	11.3 (64.2%)
478	HARACEWIAT Michał	826		M-20	108	00:00:42	00:26:31.85	00:27:14.30	+00:09:28 (35.7%)	5:18	11.3 (64.2%)
479	FUZ Emilia	287		K-20	26	00:01:18	00:26:33.55	00:27:51.80	+00:09:30 (35.8%)	5:18	11.3 (64.2%)
480	HILLER Andrzej	1169		M-10	36	00:01:28	00:26:33.70	00:28:02.65	+00:09:30 (35.8%)	5:18	11.3 (64.2%)
481	BYSTRZYŃSKI Jan	1173		M-30	155	00:00:22	00:26:34.00	00:26:56.55	+00:09:30 (35.8%)	5:18	11.3 (64.2%)
482	ŁOBOCKI Krzysztof	1338		M-30	156	00:01:27	00:26:35.30	00:28:02.45	+00:09:32 (35.9%)	5:19	11.3 (64.2%)
483	BESSER Joanna	1069		K-20	27	00:00:18	00:26:35.75	00:26:54.50	+00:09:32 (35.9%)	5:19	11.3 (64.2%)
484	KAMPER Małgorzata	1109		K-40	10	00:00:20	00:26:35.90	00:26:56.75	+00:09:32 (35.9%)	5:19	11.3 (64.2%)
485	MADEJ Adam	871		M-20	109	00:01:01	00:26:35.95	00:27:37.15	+00:09:32 (35.9%)	5:19	11.3 (64.2%)
486	BRZUSKIEWICZ Sławomir	1454		M-40	73	00:00:43	00:26:37.00	00:27:20.35	+00:09:33 (35.9%)	5:19	11.3 (64.2%)
487	TWARDOWSKI Bartosz	775		M-20	110	00:00:29	00:26:37.05	00:27:06.05	+00:09:34 (35.9%)	5:19	11.3 (64.2%)
488	POTRZEBOWSKI Marek	304		M-30	157	00:00:48	00:26:37.20	00:27:25.35	+00:09:34 (35.9%)	5:19	11.3 (64.2%)
489	WALKOWIAK Rafał	707		M-20	111	00:00:24	00:26:37.35	00:27:01.80	+00:09:34 (36.0%)	5:19	11.3 (64.2%)
490	PORAZINSKA Viktoria	614		K-40	11	00:00:51	00:26:39.00	00:27:30.60	+00:09:35 (36.0%)	5:19	11.3 (64.2%)
491	KAROLEWSKI Krzysztof	1328		M-20	112	00:00:46	00:26:39.05	00:27:25.15	+00:09:36 (36.0%)	5:19	11.3 (64.2%)
492	GRACZKOWSKA Mirosława	1416		K-40	12	00:00:50	00:26:39.10	00:27:29.90	+00:09:36 (36.0%)	5:19	11.3 (64.2%)
493	SZAFKOWSKI Arkadiusz	144	SOLECCY BIEGACZE	M-40	74	00:00:35	00:26:39.50	00:27:14.90	+00:09:36 (36.0%)	5:19	11.3 (64.2%)
494	WARCHOŁ Marcin	1225	CAŁY TWÓJ	M-10	37	00:00:10	00:26:39.60	00:26:50.05	+00:09:36 (36.0%)	5:20	11.3 (64.2%)
495	WARCHOŁ Ryszard	1224	CAŁY TWÓJ	M-40	75	00:00:10	00:26:39.75	00:26:50.35	+00:09:36 (36.0%)	5:20	11.3 (64.2%)
496	KONDEL Kamil	733		M-30	158	00:00:43	00:26:40.10	00:27:23.30	+00:09:37 (36.1%)	5:20	11.3 (64.2%)
497	ANDRZEJEWSKA Sylwia	888		K-20	28	00:00:47	00:26:40.15	00:27:28.00	+00:09:37 (36.1%)	5:20	11.2 (63.6%)
498	SZOSTAK Tomasz	988	MBANK	M-40	76	00:01:00	00:26:40.20	00:27:40.80	+00:09:37 (36.1%)	5:20	11.3 (64.2%)
499	GRUCHAŁA Wojciech	632		M-50	23	00:00:34	00:26:40.65	00:27:14.65	+00:09:37 (36.1%)	5:20	11.3 (64.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
500	<b>BAK Lidia</b>	<b>700</b>	ZESPÓŁ SZKÓŁ CHEMICZNYCH	K-10	6	00:00:32	<b>00:26:40.90</b>	<b>00:27:13.00</b>	+00:09:37 (36.1%)	5:20	11.2 (63.6%)
501	<b>NUNZEK Agnieszka</b>	<b>263</b>		K-40	13	00:00:29	<b>00:26:41.25</b>	<b>00:27:11.15</b>	+00:09:38 (36.1%)	5:20	11.2 (63.6%)
502	<b>WOJCIESZAK Dariusz</b>	<b>1229</b>		M-50	24	00:00:53	<b>00:26:41.45</b>	<b>00:27:35.40</b>	+00:09:38 (36.1%)	5:20	11.2 (63.6%)
503	<b>MOKOS Tomasz</b>	<b>510</b>	BBL INOWROCŁAW	M-30	159	00:01:04	<b>00:26:42.75</b>	<b>00:27:47.65</b>	+00:09:39 (36.2%)	5:20	11.2 (63.6%)
504	<b>GIŻA Wioletta</b>	<b>191</b>	POLONIA BYDGOSZCZ SEKCJA LA	K-30	44	00:00:30	<b>00:26:42.80</b>	<b>00:27:13.00</b>	+00:09:39 (36.2%)	5:20	11.2 (63.6%)
505	<b>ŚWIATOWY Daria</b>	<b>1049</b>		K-20	29	00:00:27	<b>00:26:43.15</b>	<b>00:27:10.50</b>	+00:09:40 (36.2%)	5:20	11.2 (63.6%)
506	<b>GOLEC Wojciech</b>	<b>1302</b>		M-30	160	00:00:52	<b>00:26:43.55</b>	<b>00:27:36.40</b>	+00:09:40 (36.2%)	5:20	11.2 (63.6%)
507	<b>WEGNER Roman</b>	<b>1398</b>		M-50	25	00:00:52	<b>00:26:43.65</b>	<b>00:27:35.65</b>	+00:09:40 (36.2%)	5:20	11.2 (63.6%)
508	<b>CZYŻEWSKA Justyna</b>	<b>810</b>		K-30	45	00:00:19	<b>00:26:44.55</b>	<b>00:27:04.05</b>	+00:09:41 (36.2%)	5:21	11.2 (63.6%)
509	<b>GÓRNA Karolina</b>	<b>546</b>	BIEGAM BO LUBIĘ INOWROCŁAW	K-20	30	00:00:26	<b>00:26:44.70</b>	<b>00:27:11.55</b>	+00:09:41 (36.2%)	5:21	11.2 (63.6%)
510	<b>FALKOWSKA - WIERCZEWSKA Natalia</b>	<b>1453</b>		K-30	46	00:00:47	<b>00:26:45.85</b>	<b>00:27:32.90</b>	+00:09:42 (36.3%)	5:21	11.2 (63.6%)
511	<b>CHMIELEWSKI Ireneusz</b>	<b>651</b>	CZARNE STOPY.SM	M-50	26	00:00:38	<b>00:26:48.60</b>	<b>00:27:27.05</b>	+00:09:45 (36.4%)	5:21	11.2 (63.6%)
512	<b>HARASIMCZYK Weronika</b>	<b>676</b>		K-20	31	00:00:42	<b>00:26:48.65</b>	<b>00:27:31.45</b>	+00:09:45 (36.4%)	5:21	11.2 (63.6%)
513	<b>MAŁECKI Tomasz</b>	<b>674</b>		M-30	161	00:00:58	<b>00:26:49.10</b>	<b>00:27:47.65</b>	+00:09:46 (36.4%)	5:21	11.2 (63.6%)
514	<b>GÓZDŹ Tomasz</b>	<b>999</b>	JAŚ BIEGA	M-30	162	00:00:57	<b>00:26:50.45</b>	<b>00:27:48.20</b>	+00:09:47 (36.5%)	5:22	11.2 (63.6%)
515	<b>MAJCHERCZAK Dawid</b>	<b>772</b>		M-20	113	00:01:25	<b>00:26:50.60</b>	<b>00:28:16.45</b>	+00:09:47 (36.5%)	5:22	11.2 (63.6%)
516	<b>ŻERDZIŃSKI Marcin</b>	<b>993</b>		M-Open	1	00:01:25	<b>00:26:50.70</b>	<b>00:28:16.45</b>	+00:09:47 (36.5%)	5:22	11.2 (63.6%)
517	<b>CICHULSKA QUAAS Izabela</b>	<b>271</b>	RUN PASJA	K-30	47	00:00:59	<b>00:26:50.85</b>	<b>00:27:50.20</b>	+00:09:47 (36.5%)	5:22	11.2 (63.6%)
518	<b>JAWORSKI Krzysztof</b>	<b>773</b>		M-40	77	00:01:25	<b>00:26:51.20</b>	<b>00:28:16.75</b>	+00:09:48 (36.5%)	5:22	11.2 (63.6%)
519	<b>GÓZDŹ Milena</b>	<b>1126</b>	JAŚ BIEGA	K-40	14	00:00:56	<b>00:26:51.45</b>	<b>00:27:48.40</b>	+00:09:48 (36.5%)	5:22	11.2 (63.6%)
520	<b>PŁACZKOWSKI Rafał</b>	<b>1143</b>	ŚLIMAKI BARCIN	M-30	163	00:00:24	<b>00:26:51.50</b>	<b>00:27:16.20</b>	+00:09:48 (36.5%)	5:22	11.2 (63.6%)
521	<b>CZARNECKA - PIJAROWSKA Dominika</b>	<b>887</b>		K-30	48	00:01:14	<b>00:26:52.35</b>	<b>00:28:06.60</b>	+00:09:49 (36.5%)	5:22	11.2 (63.6%)
522	<b>BYCZKOWSKI Zenon</b>	<b>479</b>		M-50	27	00:00:49	<b>00:26:53.90</b>	<b>00:27:43.60</b>	+00:09:50 (36.6%)	5:22	11.2 (63.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
523	MUSS Karolina	379		K-40	15	00:01:40	00:26:55.50	00:28:35.80	+00:09:52 (36.7%)	5:23	11.1 (63.1%)
524	ORNATOWSKI Marcin	24	GORDON RUN	M-30	164	00:00:36	00:26:55.80	00:27:31.80	+00:09:52 (36.7%)	5:23	11.1 (63.1%)
525	KWIATKOWSKI Daniel	193	KLINIKA TRIATHLONU TEAM	M-20	114	00:00:16	00:26:56.10	00:27:12.85	+00:09:53 (36.7%)	5:23	11.1 (63.1%)
526	FORTUNIAK Patrycja	160		K-Open	1	00:00:41	00:26:57.05	00:27:38.60	+00:09:54 (36.7%)	5:23	11.1 (63.1%)
527	GRAMOWSKI Jakub	1174		M-20	115	00:00:57	00:26:57.25	00:27:54.50	+00:09:54 (36.7%)	5:23	11.1 (63.1%)
528	PERA Marek	495		M-30	165	00:01:05	00:26:59.70	00:28:04.90	+00:09:56 (36.8%)	5:23	11.1 (63.1%)
529	BELLUCCI Monica	939		K-20	32	00:00:00	00:27:00.10	00:27:00.10	+00:09:57 (36.9%)	5:24	11.1 (63.1%)
530	ROŚ Sławek	283	ARMIA CHRYSYUSA	M-20	116	00:00:51	00:27:01.40	00:27:52.60	+00:09:58 (36.9%)	5:24	11.1 (63.1%)
531	KOBYLARZ Mariusz	916	BYDGOSZCZ	M-30	166	00:00:51	00:27:02.05	00:27:53.05	+00:09:59 (36.9%)	5:24	11.1 (63.1%)
532	TRZÓSŁO Dorota	756	TKKF WODNIK	K-30	49	00:01:29	00:27:02.95	00:28:31.95	+00:09:59 (37.0%)	5:24	11.1 (63.1%)
533	TWARDOWSKI Wojciech	408	RUN BYDGOSZCZ	M-40	78	00:01:10	00:27:03.55	00:28:14.15	+00:10:00 (37.0%)	5:24	11.1 (63.1%)
534	SZTURO Lidia	911		K-30	50	00:00:36	00:27:04.30	00:27:40.30	+00:10:01 (37.0%)	5:24	11.1 (63.1%)
535	BIERNAT Magdalena	925	PKO DREAM TEAM	K-30	51	00:00:32	00:27:04.40	00:27:37.20	+00:10:01 (37.0%)	5:25	11.1 (63.1%)
536	WARACZEWSKI Paweł	368		M-30	167	00:01:03	00:27:04.45	00:28:08.30	+00:10:01 (37.0%)	5:25	11.1 (63.1%)
537	GADOMSKA Maria	333	RUN BYDGOSZCZ	K-60+	1	00:00:49	00:27:06.70	00:27:55.85	+00:10:03 (37.1%)	5:25	11.1 (63.1%)
538	SZUBARTOWSKA Pola	1283		K-10	7	00:00:35	00:27:08.40	00:27:43.80	+00:10:05 (37.2%)	5:25	11.1 (63.1%)
539	SZUBARTOWSKI Robert	1282		M-40	79	00:00:34	00:27:10.10	00:27:44.90	+00:10:07 (37.2%)	5:26	11 (62.5%)
540	JARZYŃSKI Maciej	453		M-20	117	00:01:41	00:27:12.85	00:28:54.45	+00:10:09 (37.3%)	5:26	11 (62.5%)
541	JANKOWSKA Katarzyna	1009		K-40	16	00:00:31	00:27:12.90	00:27:44.35	+00:10:09 (37.3%)	5:26	11 (62.5%)
542	KAROLEWSKI Marek	237		M-60+	4	00:00:45	00:27:13.50	00:27:58.90	+00:10:10 (37.4%)	5:26	11 (62.5%)
543	CZAJA Jarosław	1273		M-30	168	00:01:07	00:27:14.15	00:28:21.50	+00:10:11 (37.4%)	5:26	11 (62.5%)
544	GRALAK Mikołaj	1195		M-10	38	00:00:13	00:27:15.05	00:27:28.80	+00:10:12 (37.4%)	5:27	11 (62.5%)
545	STRABEL Maria	1068		K-50	3	00:00:23	00:27:15.15	00:27:38.35	+00:10:12 (37.4%)	5:27	11 (62.5%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
546	<b>BIERNAT Justyna</b>	<b>927</b>	MKS INOWROCLAW	K-10	8	00:00:00	<b>00:27:15.90</b>	<b>00:27:15.90</b>	+00:10:12 (37.5%)	5:27	11 (62.5%)
547	<b>SIEKIERSKI Tomasz</b>	<b>104</b>		M-40	80	00:01:44	<b>00:27:19.75</b>	<b>00:29:04.35</b>	+00:10:16 (37.6%)	5:28	11 (62.5%)
548	<b>RATAJ Monika</b>	<b>838</b>		K-20	33	00:01:13	<b>00:27:19.85</b>	<b>00:28:33.00</b>	+00:10:16 (37.6%)	5:28	11 (62.5%)
549	<b>ŻARKOWSKI Krzysztof</b>	<b>27</b>	KABEL TEAM BYDGOSZCZ	M-40	81	00:00:44	<b>00:27:19.95</b>	<b>00:28:04.55</b>	+00:10:16 (37.6%)	5:28	11 (62.5%)
549	<b>LEWANDOWSKI Michał</b>	<b>873</b>		M-30	169	00:01:02	<b>00:27:19.95</b>	<b>00:28:22.00</b>	+00:10:16 (37.6%)	5:28	11 (62.5%)
551	<b>ADACH Paweł</b>	<b>877</b>	POLSKA	M-30	170	00:01:01	<b>00:27:20.00</b>	<b>00:28:21.70</b>	+00:10:16 (37.6%)	5:28	11 (62.5%)
552	<b>NOWAK Damian</b>	<b>1460</b>		M-10	39	00:00:09	<b>00:27:22.25</b>	<b>00:27:32.10</b>	+00:10:19 (37.7%)	5:28	11 (62.5%)
553	<b>OŻGA Agnieszka</b>	<b>896</b>		K-20	34	00:00:36	<b>00:27:22.95</b>	<b>00:27:59.70</b>	+00:10:19 (37.7%)	5:28	11 (62.5%)
554	<b>MASŁOWSKI Kamil</b>	<b>1456</b>		M-20	118	00:00:10	<b>00:27:23.55</b>	<b>00:27:34.35</b>	+00:10:20 (37.8%)	5:28	10.9 (61.9%)
555	<b>WIERZCHOSŁAWSKI Mateusz</b>	<b>1387</b>		M-20	119	00:00:38	<b>00:27:24.15</b>	<b>00:28:03.00</b>	+00:10:21 (37.8%)	5:29	10.9 (61.9%)
556	<b>MLICKI Marcin</b>	<b>136</b>		M-40	82	00:01:08	<b>00:27:24.95</b>	<b>00:28:33.40</b>	+00:10:21 (37.8%)	5:29	10.9 (61.9%)
557	<b>STRZAŁKOWSKI Sergiusz</b>	<b>907</b>		M-10	40	00:01:11	<b>00:27:25.50</b>	<b>00:28:36.80</b>	+00:10:22 (37.8%)	5:29	10.9 (61.9%)
558	<b>CHYLIŃSKI Michał</b>	<b>874</b>		M-30	171	00:01:01	<b>00:27:26.00</b>	<b>00:28:27.00</b>	+00:10:22 (37.8%)	5:29	10.9 (61.9%)
559	<b>FUZ Gabriela</b>	<b>280</b>	KABEL TEAM BYDGOSZCZ	K-40	17	00:01:18	<b>00:27:26.05</b>	<b>00:28:44.35</b>	+00:10:23 (37.8%)	5:29	10.9 (61.9%)
560	<b>DULIŃSKA Dorota</b>	<b>1480</b>	TRISPACE	K-40	18	00:01:22	<b>00:27:27.25</b>	<b>00:28:50.15</b>	+00:10:24 (37.9%)	5:29	10.9 (61.9%)
561	<b>SIUDA Marek</b>	<b>746</b>		M-40	83	00:01:01	<b>00:27:27.90</b>	<b>00:28:29.60</b>	+00:10:24 (37.9%)	5:29	10.9 (61.9%)
562	<b>CEMKE Magdalena</b>	<b>1184</b>		K-20	35	00:00:13	<b>00:27:29.15</b>	<b>00:27:42.80</b>	+00:10:26 (38.0%)	5:29	10.9 (61.9%)
563	<b>KAPELIŃSKI Adrian</b>	<b>216</b>		M-20	120	00:00:00	<b>00:27:31.20</b>	<b>00:27:31.20</b>	+00:10:28 (38.0%)	5:30	10.9 (61.9%)
563	<b>WOLAN Magdalena</b>	<b>791</b>		K-30	52	00:01:20	<b>00:27:31.20</b>	<b>00:28:51.60</b>	+00:10:28 (38.0%)	5:30	10.9 (61.9%)
565	<b>RAKAŁOWICZ Justyna</b>	<b>1064</b>		K-30	53	00:00:30	<b>00:27:31.55</b>	<b>00:28:01.90</b>	+00:10:28 (38.1%)	5:30	10.9 (61.9%)
566	<b>DUDZIAK Tomasz</b>	<b>588</b>		M-30	172	00:00:26	<b>00:27:32.40</b>	<b>00:27:58.40</b>	+00:10:29 (38.1%)	5:30	10.9 (61.9%)
567	<b>SKÓRCZ Małgorzata</b>	<b>1251</b>		K-40	19	00:00:28	<b>00:27:32.80</b>	<b>00:28:00.90</b>	+00:10:29 (38.1%)	5:30	10.9 (61.9%)
568	<b>GROBELNA Angelika</b>	<b>1055</b>		K-40	20	00:00:51	<b>00:27:33.75</b>	<b>00:28:25.05</b>	+00:10:30 (38.1%)	5:30	10.9 (61.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
569	<b>GRALAK Martyna</b>	<b>21</b>		K-10	9	00:00:13	<b>00:27:33.95</b>	<b>00:27:47.20</b>	+00:10:30 (38.1%)	5:30	10.9 (61.9%)
570	<b>KAPELIŃSKI Sebastian</b>	<b>213</b>		M-20	121	00:00:47	<b>00:27:35.55</b>	<b>00:28:22.60</b>	+00:10:32 (38.2%)	5:31	10.9 (61.9%)
571	<b>STASZKIEWICZ Radosław</b>	<b>443</b>	CZARNE STOPY SM	M-40	84	00:01:04	<b>00:27:36.85</b>	<b>00:28:41.05</b>	+00:10:33 (38.3%)	5:31	10.9 (61.9%)
572	<b>WAWRZY尼亚K Karolina</b>	<b>1124</b>		K-30	54	00:00:41	<b>00:27:37.35</b>	<b>00:28:18.55</b>	+00:10:34 (38.3%)	5:31	10.9 (61.9%)
573	<b>PŁACZKOWSKA Magdalena</b>	<b>1125</b>		K-30	55	00:00:40	<b>00:27:38.65</b>	<b>00:28:19.15</b>	+00:10:35 (38.3%)	5:31	10.8 (61.4%)
574	<b>KOWALSKA Anna</b>	<b>1295</b>		K-20	36	00:01:29	<b>00:27:39.50</b>	<b>00:29:09.20</b>	+00:10:36 (38.4%)	5:32	10.8 (61.4%)
575	<b>ZALEWSKI Sebastian</b>	<b>665</b>		M-20	122	00:00:35	<b>00:27:40.40</b>	<b>00:28:15.60</b>	+00:10:37 (38.4%)	5:32	10.8 (61.4%)
576	<b>STANKIEWICZ Dariusz</b>	<b>1390</b>	BÓL TO ŚCIEMA	M-40	85	00:00:58	<b>00:27:40.70</b>	<b>00:28:39.65</b>	+00:10:37 (38.4%)	5:32	10.8 (61.4%)
577	<b>MAĆKOWIAK Kasia</b>	<b>844</b>	-	K-30	56	00:01:30	<b>00:27:40.75</b>	<b>00:29:10.90</b>	+00:10:37 (38.4%)	5:32	10.8 (61.4%)
578	<b>ADAMCZYK Sonia</b>	<b>1059</b>	KLUB ZDROWEGO STYLU ŻYCIA	K-20	37	00:01:10	<b>00:27:40.80</b>	<b>00:28:51.45</b>	+00:10:37 (38.4%)	5:32	10.8 (61.4%)
579	<b>JESZKA Patryk</b>	<b>894</b>	BBL SZUBIN	M-20	123	00:00:29	<b>00:27:41.95</b>	<b>00:28:11.55</b>	+00:10:38 (38.4%)	5:32	10.8 (61.4%)
580	<b>JANKOWSKI Tomasz Michał</b>	<b>886</b>		M-50	28	00:00:00	<b>00:27:42.35</b>	<b>00:27:42.35</b>	+00:10:39 (38.5%)	5:32	10.8 (61.4%)
581	<b>GAPINSKA Patrycja</b>	<b>1216</b>		K-30	57	00:00:09	<b>00:27:43.05</b>	<b>00:27:52.75</b>	+00:10:40 (38.5%)	5:32	10.8 (61.4%)
582	<b>BARANOWSKA Julia</b>	<b>1071</b>		K-10	10	00:01:11	<b>00:27:43.15</b>	<b>00:28:54.35</b>	+00:10:40 (38.5%)	5:32	10.8 (61.4%)
583	<b>MAŁECKA Izabela</b>	<b>432</b>		K-30	58	00:01:15	<b>00:27:43.60</b>	<b>00:28:59.40</b>	+00:10:40 (38.5%)	5:32	10.8 (61.4%)
584	<b>GUDELL Radosław</b>	<b>10</b>		M-40	86	00:01:29	<b>00:27:43.75</b>	<b>00:29:13.30</b>	+00:10:40 (38.5%)	5:32	10.8 (61.4%)
585	<b>STĘPSKI Sławomir</b>	<b>981</b>		M-10	41	00:01:12	<b>00:27:44.25</b>	<b>00:28:57.05</b>	+00:10:41 (38.5%)	5:33	10.8 (61.4%)
586	<b>SIUDA Anita</b>	<b>788</b>		K-20	38	00:00:07	<b>00:27:44.40</b>	<b>00:27:52.25</b>	+00:10:41 (38.5%)	5:33	10.8 (61.4%)
586	<b>OSSOWSKI Tomek</b>	<b>1482</b>		M-20	124	00:00:10	<b>00:27:44.40</b>	<b>00:27:54.50</b>	+00:10:41 (38.5%)	5:32	10.8 (61.4%)
588	<b>KUDŁA Monika</b>	<b>1399</b>		K-30	59	00:01:29	<b>00:27:44.65</b>	<b>00:29:14.50</b>	+00:10:41 (38.5%)	5:33	10.8 (61.4%)
589	<b>ROGALSKA Justyna</b>	<b>975</b>		K-20	39	00:01:34	<b>00:27:44.75</b>	<b>00:29:19.65</b>	+00:10:41 (38.5%)	5:33	10.8 (61.4%)
590	<b>JÓZEFIAK Alicja</b>	<b>486</b>	VEGE RUNNERS	K-20	40	00:00:12	<b>00:27:44.85</b>	<b>00:27:56.85</b>	+00:10:41 (38.6%)	5:32	10.8 (61.4%)
591	<b>CIECHANOWSKA Agnieszka</b>	<b>1481</b>		K-20	41	00:00:09	<b>00:27:45.30</b>	<b>00:27:54.80</b>	+00:10:42 (38.6%)	5:33	10.8 (61.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
592	ZABOROWSKI Robert	827	PGB SPORTOWA PACZKA	M-30	173	00:00:51	00:27:45.35	00:28:36.75	+00:10:42 (38.6%)	5:33	10.8 (61.4%)
593	JÓZEFIAK Magdalena	522		K-50	4	00:00:11	00:27:45.40	00:27:56.75	+00:10:42 (38.6%)	5:33	10.8 (61.4%)
594	BRĄCZYK Ewa	833	TKKF WODNIK	K-40	21	00:01:29	00:27:46.20	00:29:16.05	+00:10:43 (38.6%)	5:33	10.8 (61.4%)
595	SIWIŃSKA Elżbieta	960	BBL INOWROCŁAW	K-50	5	00:00:26	00:27:47.90	00:28:14.80	+00:10:44 (38.7%)	5:33	10.8 (61.4%)
596	MATUSZEWSKA Monika	377		K-30	60	00:01:26	00:27:48.00	00:29:14.20	+00:10:44 (38.7%)	5:33	10.8 (61.4%)
597	ROSZCZYN Michał	517		M-20	125	00:01:23	00:27:48.25	00:29:12.00	+00:10:45 (38.7%)	5:33	10.8 (61.4%)
598	HASEK Patryk	936		M-20	126	00:01:22	00:27:48.55	00:29:11.35	+00:10:45 (38.7%)	5:33	10.8 (61.4%)
599	BARNIGIEL Agnieszka	19		K-40	22	00:00:11	00:27:48.75	00:28:00.10	+00:10:45 (38.7%)	5:33	10.8 (61.4%)
600	RYBARCZYK Michał	1257		M-30	174	00:00:57	00:27:49.05	00:28:46.65	+00:10:46 (38.7%)	5:33	10.8 (61.4%)
601	MALIŃSKI Wojciech	175		M-30	175	00:00:57	00:27:49.50	00:28:46.65	+00:10:46 (38.7%)	5:33	10.8 (61.4%)
602	KISIEL Krystian	53		M-20	127	00:01:04	00:27:50.35	00:28:54.80	+00:10:47 (38.8%)	5:34	10.8 (61.4%)
603	KLINIKOWSKI Jacek	326	KOCHAM ŻYCIE I...	M-40	87	00:01:19	00:27:50.90	00:29:10.55	+00:10:47 (38.8%)	5:34	10.8 (61.4%)
604	ZYGMUNT Robert	908		M-40	88	00:00:47	00:27:52.15	00:28:39.30	+00:10:49 (38.8%)	5:34	10.8 (61.4%)
605	KUBOWICZ Piotr	291	MAŁGOŚ TEAM	M-40	89	00:01:19	00:27:52.45	00:29:11.90	+00:10:49 (38.8%)	5:34	10.8 (61.4%)
606	DROŻ Marcin	84		M-10	42	00:01:38	00:27:53.25	00:29:32.15	+00:10:50 (38.9%)	5:34	10.8 (61.4%)
607	KRYSZTOFIAK Robert	301		M-40	90	00:00:52	00:27:53.35	00:28:45.45	+00:10:50 (38.9%)	5:34	10.8 (61.4%)
608	NIEDBALSKI Grzegorz	872	RUN BYDGOSZCZ	M-50	29	00:01:16	00:27:53.85	00:29:10.55	+00:10:50 (38.9%)	5:34	10.8 (61.4%)
609	FAC Daria	1130		K-20	42	00:01:23	00:27:54.70	00:29:18.15	+00:10:51 (38.9%)	5:35	10.7 (60.8%)
610	NIKOLAJEW Monika	142		K-30	61	00:00:58	00:27:55.15	00:28:54.10	+00:10:52 (38.9%)	5:35	10.7 (60.8%)
611	KROPIŃSKA Monika	1142		K-20	43	00:01:14	00:27:55.80	00:29:09.80	+00:10:52 (39.0%)	5:35	10.7 (60.8%)
612	ZDZIAREK Artur	770		M-30	176	00:00:46	00:27:56.85	00:28:43.45	+00:10:53 (39.0%)	5:35	10.7 (60.8%)
613	STĘPIEŃ Michał	310	GALACTICA	M-30	177	00:01:26	00:27:57.05	00:29:23.30	+00:10:54 (39.0%)	5:35	10.7 (60.8%)
614	BŁAŻEJAK Krzysztofa	99	RUN BYDGOSZCZ	K-30	62	00:01:12	00:27:57.90	00:29:10.65	+00:10:54 (39.0%)	5:35	10.7 (60.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
615	<b>WOJTYSIAK Szymon</b>	<b>1076</b>	BYDGOSKIE OKONIE	M-20	128	00:00:53	<b>00:27:58.00</b>	<b>00:28:51.15</b>	+00:10:54 (39.0%)	5:35	10.7 (60.8%)
616	<b>MUCYK Małgosia</b>	<b>672</b>		K-30	63	00:00:38	<b>00:27:58.10</b>	<b>00:28:36.25</b>	+00:10:55 (39.0%)	5:35	10.7 (60.8%)
617	<b>LEMAŃCZYK Zygmunt</b>	<b>300</b>	RUN BYDGOSZCZ	M-40	91	00:01:12	<b>00:27:58.20</b>	<b>00:29:11.05</b>	+00:10:55 (39.0%)	5:35	10.7 (60.8%)
618	<b>KURTYSIAK Roman</b>	<b>534</b>		M-50	30	00:00:42	<b>00:27:58.25</b>	<b>00:28:40.45</b>	+00:10:55 (39.0%)	5:35	10.7 (60.8%)
619	<b>DURAJEWSKI Mateusz</b>	<b>500</b>		M-20	129	00:01:29	<b>00:27:59.85</b>	<b>00:29:28.85</b>	+00:10:56 (39.1%)	5:35	10.7 (60.8%)
620	<b>GRZONKA Emilia</b>	<b>172</b>		K-20	44	00:00:49	<b>00:28:00.35</b>	<b>00:28:49.60</b>	+00:10:57 (39.1%)	5:36	10.7 (60.8%)
621	<b>SOBOTA Beata</b>	<b>557</b>		K-30	64	00:00:33	<b>00:28:02.50</b>	<b>00:28:35.65</b>	+00:10:59 (39.2%)	5:36	10.7 (60.8%)
622	<b>NIEDBALSKA Monika</b>	<b>1259</b>	EURO TIM SQAD	K-20	45	00:00:21	<b>00:28:03.65</b>	<b>00:28:25.30</b>	+00:11:00 (39.2%)	5:36	10.7 (60.8%)
623	<b>GORDON Roman</b>	<b>721</b>	RUN BYDGOSZCZ	M-60+	5	00:01:18	<b>00:28:07.20</b>	<b>00:29:25.90</b>	+00:11:04 (39.4%)	5:37	10.7 (60.8%)
624	<b>HARACEWIAT Cezary</b>	<b>650</b>		M-50	31	00:00:38	<b>00:28:08.30</b>	<b>00:28:47.25</b>	+00:11:05 (39.4%)	5:37	10.7 (60.8%)
625	<b>SEROCKI Kornel</b>	<b>593</b>		M-20	130	00:00:38	<b>00:28:08.50</b>	<b>00:28:47.30</b>	+00:11:05 (39.4%)	5:37	10.7 (60.8%)
626	<b>SEROCKI Bartosz</b>	<b>590</b>	FRANEK I RÓŻA	M-30	178	00:00:38	<b>00:28:08.70</b>	<b>00:28:47.05</b>	+00:11:05 (39.4%)	5:37	10.7 (60.8%)
627	<b>IWAN Remigiusz</b>	<b>209</b>		M-30	179	00:01:01	<b>00:28:08.90</b>	<b>00:29:10.10</b>	+00:11:05 (39.4%)	5:37	10.7 (60.8%)
628	<b>SROCZYŃSKA Marta</b>	<b>393</b>	POLONIA BYDGOSZCZ SLA	K-20	46	00:00:59	<b>00:28:10.10</b>	<b>00:29:09.80</b>	+00:11:07 (39.5%)	5:38	10.7 (60.8%)
629	<b>KNIOŁA Alina</b>	<b>629</b>	OSP JADWIŻYN	K-20	47	00:00:00	<b>00:28:10.40</b>	<b>00:28:10.40</b>	+00:11:07 (39.5%)	5:38	10.7 (60.8%)
630	<b>SIEŃSKI Jacek</b>	<b>1079</b>	RUN BYDGOSZCZ	M-50	32	00:01:14	<b>00:28:10.70</b>	<b>00:29:25.10</b>	+00:11:07 (39.5%)	5:38	10.6 (60.2%)
631	<b>BALCERZAK Dorota</b>	<b>328</b>	BBL INOWROCŁAW	K-40	23	00:00:26	<b>00:28:10.75</b>	<b>00:28:37.30</b>	+00:11:07 (39.5%)	5:38	10.6 (60.2%)
631	<b>OLEKSY Ilona</b>	<b>463</b>		K-30	65	00:01:11	<b>00:28:10.75</b>	<b>00:29:22.70</b>	+00:11:07 (39.5%)	5:38	10.6 (60.2%)
633	<b>KULCZYCKA Agnieszka</b>	<b>281</b>		K-20	48	00:00:56	<b>00:28:10.90</b>	<b>00:29:07.00</b>	+00:11:07 (39.5%)	5:38	10.6 (60.2%)
634	<b>LEMIEŻ Andrzej</b>	<b>680</b>		M-30	180	00:00:14	<b>00:28:11.05</b>	<b>00:28:25.55</b>	+00:11:08 (39.5%)	5:38	10.6 (60.2%)
635	<b>KACZAN Małgorzata</b>	<b>559</b>	SOLECCY BIEGACZE	K-30	66	00:00:14	<b>00:28:11.35</b>	<b>00:28:25.35</b>	+00:11:08 (39.5%)	5:38	10.6 (60.2%)
636	<b>WYPORKIEWICZ Jerzy</b>	<b>1031</b>		M-40	92	00:00:49	<b>00:28:13.35</b>	<b>00:29:02.90</b>	+00:11:10 (39.6%)	5:38	10.6 (60.2%)
637	<b>MALICKA Beata</b>	<b>782</b>	BYDGOSCY BIEGACZE	K-50	6	00:01:26	<b>00:28:13.60</b>	<b>00:29:39.90</b>	+00:11:10 (39.6%)	5:38	10.6 (60.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
638	<b>SZYMBORSKA Patrycja</b>	<b>178</b>		K-20	49	00:01:08	<b>00:28:13.65</b>	<b>00:29:22.25</b>	+00:11:10 (39.6%)	5:38	10.6 (60.2%)
639	<b>PAWLACZYK-MATELA Emilia</b>	<b>634</b>	BYDGOSKA GAZELA	K-30	67	00:00:24	<b>00:28:16.90</b>	<b>00:28:41.70</b>	+00:11:13 (39.7%)	5:39	10.6 (60.2%)
640	<b>BANACH Jan</b>	<b>182</b>	KLINIKA TRIATHLONU TEAM	M-20	131	00:00:45	<b>00:28:17.10</b>	<b>00:29:02.60</b>	+00:11:14 (39.7%)	5:39	10.6 (60.2%)
641	<b>DZIERŻAWSKA Aneta</b>	<b>1099</b>		K-30	68	00:01:12	<b>00:28:17.55</b>	<b>00:29:29.75</b>	+00:11:14 (39.7%)	5:39	10.6 (60.2%)
642	<b>PIECZARA Michał</b>	<b>567</b>	KLINIKA TRIATHLONU TEAM	M-20	132	00:00:46	<b>00:28:18.10</b>	<b>00:29:04.30</b>	+00:11:15 (39.8%)	5:39	10.6 (60.2%)
643	<b>PAPIS Piotr</b>	<b>1128</b>	BACKONIK	M-30	181	00:01:19	<b>00:28:18.80</b>	<b>00:29:38.15</b>	+00:11:15 (39.8%)	5:39	10.6 (60.2%)
644	<b>BRYŚ Bartłomiej</b>	<b>117</b>		M-20	133	00:00:40	<b>00:28:18.85</b>	<b>00:28:59.75</b>	+00:11:15 (39.8%)	5:39	10.6 (60.2%)
645	<b>FILOSEK Marcin</b>	<b>914</b>		M-30	182	00:01:09	<b>00:28:19.00</b>	<b>00:29:28.35</b>	+00:11:15 (39.8%)	5:39	10.6 (60.2%)
646	<b>KRZYŻANOWSKI Wojciech</b>	<b>321</b>		M-40	93	00:01:21	<b>00:28:20.10</b>	<b>00:29:41.10</b>	+00:11:17 (39.8%)	5:40	10.6 (60.2%)
647	<b>RZEPCZYNSKI Tomasz</b>	<b>499</b>	BR DYNAMO SKARPA	M-40	94	00:00:56	<b>00:28:20.60</b>	<b>00:29:17.20</b>	+00:11:17 (39.8%)	5:40	10.6 (60.2%)
648	<b>PAWELEC Pola</b>	<b>1425</b>		K-10	11	00:01:02	<b>00:28:20.70</b>	<b>00:29:22.90</b>	+00:11:17 (39.8%)	5:40	10.6 (60.2%)
649	<b>WIŚNIEWSKA-KACZOR Iga</b>	<b>1047</b>		K-20	50	00:00:21	<b>00:28:21.05</b>	<b>00:28:42.10</b>	+00:11:18 (39.9%)	5:40	10.6 (60.2%)
650	<b>HOŁOWNIA Karolina</b>	<b>227</b>		K-20	51	00:00:13	<b>00:28:22.45</b>	<b>00:28:35.65</b>	+00:11:19 (39.9%)	5:40	10.6 (60.2%)
651	<b>WITUCKA Malwina</b>	<b>1111</b>		K-20	52	00:01:02	<b>00:28:23.60</b>	<b>00:29:26.05</b>	+00:11:20 (39.9%)	5:40	10.6 (60.2%)
652	<b>MYCZKO Dariusz</b>	<b>645</b>	CPR BYDGOSZCZ	M-30	183	00:00:36	<b>00:28:23.85</b>	<b>00:29:00.05</b>	+00:11:20 (40.0%)	5:40	10.6 (60.2%)
653	<b>OWCZAREK Agnieszka</b>	<b>1333</b>		K-20	53	00:00:13	<b>00:28:24.50</b>	<b>00:28:38.20</b>	+00:11:21 (40.0%)	5:41	10.6 (60.2%)
654	<b>KILANOWSKI Dariusz</b>	<b>829</b>		M-30	184	00:01:11	<b>00:28:24.55</b>	<b>00:29:35.75</b>	+00:11:21 (40.0%)	5:40	10.6 (60.2%)
655	<b>FILIPEK Mirosława</b>	<b>553</b>		K-30	69	00:00:13	<b>00:28:24.75</b>	<b>00:28:38.50</b>	+00:11:21 (40.0%)	5:41	10.6 (60.2%)
656	<b>RYDELSKA Kinga</b>	<b>514</b>		K-40	24	00:00:39	<b>00:28:25.10</b>	<b>00:29:04.15</b>	+00:11:22 (40.0%)	5:41	10.6 (60.2%)
657	<b>WIELUŃSKA Dorota</b>	<b>652</b>		K-20	54	00:00:31	<b>00:28:27.15</b>	<b>00:28:58.15</b>	+00:11:24 (40.1%)	5:41	10.5 (59.7%)
658	<b>TOMCZAK Krzysztof</b>	<b>1205</b>		M-20	134	00:00:08	<b>00:28:27.40</b>	<b>00:28:36.05</b>	+00:11:24 (40.1%)	5:41	10.5 (59.7%)
658	<b>WITKOWSKA Paulina</b>	<b>1199</b>	VIVA LA VIDA	K-30	70	00:00:19	<b>00:28:27.40</b>	<b>00:28:47.30</b>	+00:11:24 (40.1%)	5:41	10.5 (59.7%)
660	<b>WITKOWSKI Tomasz</b>	<b>1198</b>	VIVA LA VIDA	M-30	185	00:00:20	<b>00:28:27.45</b>	<b>00:28:47.55</b>	+00:11:24 (40.1%)	5:41	10.5 (59.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
661	<b>BRZozowski Krzysztof</b>	<b>126</b>		M-20	135	00:01:41	<b>00:28:27.75</b>	<b>00:30:08.80</b>	+00:11:24 (40.1%)	5:41	10.5 (59.7%)
662	<b>Szczygieł Michał</b>	<b>992</b>		M-30	186	00:01:10	<b>00:28:28.75</b>	<b>00:29:38.80</b>	+00:11:25 (40.1%)	5:41	10.5 (59.7%)
663	<b>BIERNACKI Piotr</b>	<b>1271</b>		M-30	187	00:01:09	<b>00:28:28.90</b>	<b>00:29:38.45</b>	+00:11:25 (40.1%)	5:41	10.5 (59.7%)
664	<b>WRZYSZCZ Damian</b>	<b>919</b>		M-10	43	00:00:39	<b>00:28:29.30</b>	<b>00:29:08.65</b>	+00:11:26 (40.1%)	5:41	10.5 (59.7%)
665	<b>WRZYSZCZ Marzena</b>	<b>620</b>		K-30	71	00:00:39	<b>00:28:29.50</b>	<b>00:29:09.00</b>	+00:11:26 (40.2%)	5:42	10.5 (59.7%)
666	<b>NOWAK Łukasz</b>	<b>146</b>	VIRTUAL RUNNER CLUB	M-30	188	00:01:21	<b>00:28:30.40</b>	<b>00:29:52.05</b>	+00:11:27 (40.2%)	5:42	10.5 (59.7%)
667	<b>JACKOWIAK-ZALEWSKA Agnieszka</b>	<b>766</b>		K-30	72	00:01:26	<b>00:28:30.45</b>	<b>00:29:57.15</b>	+00:11:27 (40.2%)	5:42	10.5 (59.7%)
668	<b>STYKAŁA Adrianna</b>	<b>248</b>		K-10	12	00:01:25	<b>00:28:31.55</b>	<b>00:29:57.00</b>	+00:11:28 (40.2%)	5:42	10.5 (59.7%)
669	<b>STYKAŁA Magdalena</b>	<b>246</b>		K-40	25	00:01:25	<b>00:28:32.00</b>	<b>00:29:57.30</b>	+00:11:28 (40.2%)	5:42	10.5 (59.7%)
670	<b>CYGAN Marcin</b>	<b>1149</b>		M-40	95	00:00:50	<b>00:28:32.60</b>	<b>00:29:23.30</b>	+00:11:29 (40.3%)	5:42	10.5 (59.7%)
671	<b>BANASZAK Krzysztof</b>	<b>1060</b>		M-30	189	00:00:49	<b>00:28:32.75</b>	<b>00:29:22.55</b>	+00:11:29 (40.3%)	5:42	10.5 (59.7%)
672	<b>BRODA Piotr</b>	<b>298</b>		M-40	96	00:00:50	<b>00:28:33.20</b>	<b>00:29:23.20</b>	+00:11:30 (40.3%)	5:42	10.5 (59.7%)
673	<b>GNIOT Henryk</b>	<b>618</b>		M-40	97	00:01:25	<b>00:28:34.15</b>	<b>00:30:00.00</b>	+00:11:31 (40.3%)	5:43	10.5 (59.7%)
674	<b>CYGAN Magdalena</b>	<b>1150</b>		K-40	26	00:00:48	<b>00:28:34.45</b>	<b>00:29:23.30</b>	+00:11:31 (40.3%)	5:43	10.5 (59.7%)
675	<b>KRUKOWSKA Joanna</b>	<b>1431</b>		K-20	55	00:01:04	<b>00:28:34.75</b>	<b>00:29:39.60</b>	+00:11:31 (40.3%)	5:43	10.5 (59.7%)
676	<b>GNIOT Bożena</b>	<b>615</b>		K-30	73	00:01:24	<b>00:28:35.05</b>	<b>00:29:59.45</b>	+00:11:32 (40.3%)	5:43	10.5 (59.7%)
677	<b>BUŁAT Adam</b>	<b>760</b>		M-20	136	00:01:07	<b>00:28:35.25</b>	<b>00:29:42.60</b>	+00:11:32 (40.4%)	5:43	10.5 (59.7%)
678	<b>SPIRYDOWICZ Piotr</b>	<b>1297</b>		M-30	190	00:01:09	<b>00:28:35.30</b>	<b>00:29:44.65</b>	+00:11:32 (40.4%)	5:43	10.5 (59.7%)
679	<b>FLEJTER Artur</b>	<b>1401</b>		M-50	33	00:01:34	<b>00:28:35.80</b>	<b>00:30:09.80</b>	+00:11:32 (40.4%)	5:43	10.5 (59.7%)
680	<b>SMOLIŃSKA Beata</b>	<b>158</b>		K-30	74	00:00:02	<b>00:28:36.35</b>	<b>00:28:39.30</b>	+00:11:33 (40.4%)	5:43	10.5 (59.7%)
681	<b>BACKO Aurelia</b>	<b>1118</b>		K-20	56	00:00:20	<b>00:28:36.60</b>	<b>00:28:57.20</b>	+00:11:33 (40.4%)	5:43	10.5 (59.7%)
682	<b>GIŻA Damian</b>	<b>244</b>	POLONIA	M-30	191	00:00:30	<b>00:28:37.70</b>	<b>00:29:08.65</b>	+00:11:34 (40.4%)	5:43	10.5 (59.7%)
683	<b>HANCZEWSKA Sonia</b>	<b>655</b>		K-20	57	00:00:11	<b>00:28:39.95</b>	<b>00:28:51.60</b>	+00:11:36 (40.5%)	5:44	10.5 (59.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
684	<b>SIEWERT Hanna</b>	<b>148</b>		K-30	75	00:00:57	<b>00:28:40.40</b>	<b>00:29:38.15</b>	+00:11:37 (40.5%)	5:44	10.5 (59.7%)
685	<b>CISZEWSKA Emilia</b>	<b>560</b>		K-30	76	00:00:41	<b>00:28:40.45</b>	<b>00:29:22.15</b>	+00:11:37 (40.5%)	5:44	10.5 (59.7%)
686	<b>BASZANOWSKI Tomasz</b>	<b>852</b>		M-30	192	00:00:29	<b>00:28:41.75</b>	<b>00:29:11.10</b>	+00:11:38 (40.6%)	5:44	10.5 (59.7%)
687	<b>SKARBEEK Emilia</b>	<b>1081</b>		K-10	13	00:00:22	<b>00:28:42.10</b>	<b>00:29:04.65</b>	+00:11:39 (40.6%)	5:44	10.5 (59.7%)
688	<b>MIKUŁA Tomasz</b>	<b>241</b>	GORDON RUN	M-30	193	00:01:31	<b>00:28:42.30</b>	<b>00:30:14.00</b>	+00:11:39 (40.6%)	5:44	10.4 (59.1%)
689	<b>SKARBEEK Marek</b>	<b>1082</b>		M-40	98	00:00:22	<b>00:28:42.45</b>	<b>00:29:04.45</b>	+00:11:39 (40.6%)	5:44	10.5 (59.7%)
690	<b>MICHTA Iwona</b>	<b>1306</b>	SPÓJNIA BIAŁE BŁOTA	K-30	77	00:01:22	<b>00:28:43.20</b>	<b>00:30:05.40</b>	+00:11:40 (40.6%)	5:44	10.4 (59.1%)
691	<b>ŁUKASIEWICZ Krzysztof</b>	<b>532</b>		M-30	194	00:01:34	<b>00:28:43.65</b>	<b>00:30:17.90</b>	+00:11:40 (40.6%)	5:44	10.4 (59.1%)
692	<b>DZIAMSKI Wojciech</b>	<b>1208</b>		M-30	195	00:01:33	<b>00:28:44.55</b>	<b>00:30:17.85</b>	+00:11:41 (40.7%)	5:44	10.4 (59.1%)
693	<b>IWAN Przemysław</b>	<b>212</b>		M-10	44	00:01:00	<b>00:28:44.75</b>	<b>00:29:45.25</b>	+00:11:41 (40.7%)	5:45	10.4 (59.1%)
694	<b>POTKA Katarzyna</b>	<b>114</b>		K-30	78	00:01:45	<b>00:28:45.35</b>	<b>00:30:30.50</b>	+00:11:42 (40.7%)	5:45	10.4 (59.1%)
695	<b>WIŚNIEWSKI Szymon</b>	<b>722</b>		M-10	45	00:01:22	<b>00:28:46.00</b>	<b>00:30:08.20</b>	+00:11:42 (40.7%)	5:45	10.4 (59.1%)
696	<b>RUDOL Damian</b>	<b>78</b>		M-30	196	00:01:44	<b>00:28:46.10</b>	<b>00:30:30.80</b>	+00:11:43 (40.7%)	5:45	10.4 (59.1%)
697	<b>PROCZEK Jakub</b>	<b>668</b>		M-20	137	00:00:23	<b>00:28:49.25</b>	<b>00:29:12.85</b>	+00:11:46 (40.8%)	5:45	10.4 (59.1%)
698	<b>LIBERA Agata</b>	<b>781</b>		K-30	79	00:00:26	<b>00:28:50.15</b>	<b>00:29:16.15</b>	+00:11:47 (40.9%)	5:46	10.4 (59.1%)
699	<b>BRYWCZYŃSKA Justyna</b>	<b>307</b>		K-30	80	00:00:45	<b>00:28:51.85</b>	<b>00:29:37.05</b>	+00:11:48 (40.9%)	5:46	10.4 (59.1%)
700	<b>NITKA Adam</b>	<b>1351</b>		M-40	99	00:01:15	<b>00:28:51.90</b>	<b>00:30:07.60</b>	+00:11:48 (40.9%)	5:46	10.4 (59.1%)
700	<b>SMERLIŃSKI Robert</b>	<b>508</b>	BRAK	M-30	197	00:01:21	<b>00:28:51.90</b>	<b>00:30:13.40</b>	+00:11:48 (40.9%)	5:46	10.4 (59.1%)
702	<b>WIŚNIEWSKI Maksymilian</b>	<b>717</b>		M-10	46	00:01:21	<b>00:28:52.50</b>	<b>00:30:13.80</b>	+00:11:49 (40.9%)	5:46	10.4 (59.1%)
703	<b>KOŁODZIEJSKI Daniel</b>	<b>1021</b>		M-30	198	00:00:35	<b>00:28:52.65</b>	<b>00:29:28.50</b>	+00:11:49 (41.0%)	5:46	10.4 (59.1%)
704	<b>JASTRZEMBSKI Tomasz</b>	<b>556</b>	DYNAMO SKARPA	M-30	199	00:01:52	<b>00:28:53.85</b>	<b>00:30:46.45</b>	+00:11:50 (41.0%)	5:46	10.4 (59.1%)
705	<b>FAC Dorota</b>	<b>1129</b>		K-30	81	00:01:23	<b>00:28:56.20</b>	<b>00:30:20.10</b>	+00:11:53 (41.1%)	5:47	10.4 (59.1%)
706	<b>KLÓSKA Roman</b>	<b>401</b>		M-40	100	00:01:36	<b>00:28:57.90</b>	<b>00:30:34.85</b>	+00:11:54 (41.1%)	5:47	10.4 (59.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
707	MUSIAŁA Adam	1423		M-30	200	00:00:30	00:28:59.45	00:29:29.95	+00:11:56 (41.2%)	5:47	10.4 (59.1%)
708	PATRZAŁEK Oskar	464		M-10	47	00:01:46	00:29:00.85	00:30:47.55	+00:11:57 (41.2%)	5:48	10.3 (58.5%)
709	BICZKOWSKA Magdalena	416	RUN BYDGOSZCZ	K-30	82	00:01:16	00:29:01.00	00:30:17.50	+00:11:57 (41.2%)	5:48	10.3 (58.5%)
709	GORGOL Renata	642	RUN BYDGOSZCZ	K-40	27	00:01:16	00:29:01.00	00:30:17.85	+00:11:57 (41.2%)	5:48	10.3 (58.5%)
711	BASZANOWSKA Sylwia	847		K-40	28	00:00:30	00:29:01.05	00:29:31.75	+00:11:58 (41.2%)	5:48	10.3 (58.5%)
712	STEFANOWICZ Wojciech	986	RUN BYDGOSZCZ	M-30	201	00:01:17	00:29:01.10	00:30:18.40	+00:11:58 (41.2%)	5:48	10.3 (58.5%)
713	NALEŻYTY Piotr	1319		M-30	202	00:01:45	00:29:01.35	00:30:46.85	+00:11:58 (41.2%)	5:48	10.3 (58.5%)
714	GÓRSKI Marian	571	SOLECCYBIEGACZE	M-50	34	00:00:08	00:29:01.65	00:29:10.15	+00:11:58 (41.3%)	5:48	10.3 (58.5%)
715	KAPOLIŃSKI Stanisław	207		M-40	101	00:00:46	00:29:02.15	00:29:48.45	+00:11:59 (41.3%)	5:48	10.3 (58.5%)
716	POLAKIEWICZ Dariusz	754	KLUB ZDROWIA BYDGOSZCZ	M-50	35	00:00:07	00:29:02.20	00:29:09.80	+00:11:59 (41.3%)	5:48	10.3 (58.5%)
717	NOWAK Natalia	1458		K-10	14	00:00:00	00:29:03.85	00:29:03.85	+00:12:00 (41.3%)	5:48	10.3 (58.5%)
718	HAUS Katarzyna	656	BBL SZUBIN	K-40	29	00:00:31	00:29:04.95	00:29:35.95	+00:12:01 (41.4%)	5:48	10.3 (58.5%)
719	GORGOL Tomasz	640	RUN BYDGOSZCZ	M-30	203	00:01:12	00:29:05.10	00:30:17.65	+00:12:02 (41.4%)	5:49	10.3 (58.5%)
720	BOROWIEC Wioleta	662	BBL SZUBIN	K-30	83	00:00:30	00:29:05.15	00:29:36.05	+00:12:02 (41.4%)	5:49	10.3 (58.5%)
721	GRUCHAŁA Paweł	621		M-20	138	00:00:32	00:29:05.65	00:29:38.60	+00:12:02 (41.4%)	5:49	10.3 (58.5%)
722	KLONOWSKI Sławomir	14		M-40	102	00:01:27	00:29:06.35	00:30:33.75	+00:12:03 (41.4%)	5:49	10.3 (58.5%)
723	DARNOWSKI Bartosz	704		M-30	204	00:01:44	00:29:06.75	00:30:51.40	+00:12:03 (41.4%)	5:49	10.3 (58.5%)
724	DĘBSKI Arkadiusz	902		M-50	36	00:00:36	00:29:07.70	00:29:44.05	+00:12:04 (41.5%)	5:49	10.3 (58.5%)
725	BURY Tomasz	580		M-30	205	00:00:10	00:29:08.20	00:29:19.00	+00:12:05 (41.5%)	5:49	10.3 (58.5%)
726	ANTKOWIAK Bartek	493	TCMS PESA	M-20	139	00:01:16	00:29:08.60	00:30:25.00	+00:12:05 (41.5%)	5:49	10.3 (58.5%)
727	KLISZEWSKI Maciej	435	GWIAZDA BYDGOSZCZ	M-10	48	00:01:30	00:29:08.70	00:30:39.45	+00:12:05 (41.5%)	5:49	10.3 (58.5%)
728	FLOREK Milena	54	RE MEDIA BYDGOSZCZ	K-30	84	00:00:38	00:29:08.95	00:29:47.75	+00:12:05 (41.5%)	5:49	10.3 (58.5%)
729	KLISZEWSKI Damian	428		M-40	103	00:01:30	00:29:09.40	00:30:39.60	+00:12:06 (41.5%)	5:49	10.3 (58.5%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
730	<b>MARĆ Robert</b>	<b>531</b>		M-40	104	00:01:12	<b>00:29:10.75</b>	<b>00:30:22.85</b>	+00:12:07 (41.6%)	5:50	10.3 (58.5%)
731	<b>DOMŻALSKA Sławomira</b>	<b>1331</b>		K-40	30	00:01:41	<b>00:29:10.85</b>	<b>00:30:52.75</b>	+00:12:07 (41.6%)	5:50	10.3 (58.5%)
732	<b>MARĆ Klara</b>	<b>539</b>		K-10	15	00:01:10	<b>00:29:11.65</b>	<b>00:30:22.55</b>	+00:12:08 (41.6%)	5:50	10.3 (58.5%)
733	<b>KRZYŻAŃSKI Kacper</b>	<b>86</b>	BYDGOSZCZ TRIATHLON TEAM	M-10	49	00:01:37	<b>00:29:12.25</b>	<b>00:30:49.55</b>	+00:12:09 (41.6%)	5:50	10.3 (58.5%)
734	<b>PIECYK-CZAJA Sonia</b>	<b>1272</b>		K-30	85	00:01:07	<b>00:29:12.30</b>	<b>00:30:19.50</b>	+00:12:09 (41.6%)	5:50	10.3 (58.5%)
735	<b>MAĆKOWIAK Magdalena</b>	<b>341</b>		K-20	58	00:01:03	<b>00:29:13.40</b>	<b>00:30:16.65</b>	+00:12:10 (41.7%)	5:50	10.3 (58.5%)
736	<b>STĘPIEŃ Bogdan</b>	<b>350</b>		M-20	140	00:01:02	<b>00:29:13.85</b>	<b>00:30:16.65</b>	+00:12:10 (41.7%)	5:50	10.3 (58.5%)
736	<b>STOKŁOSA Maciej</b>	<b>330</b>		M-20	141	00:01:31	<b>00:29:13.85</b>	<b>00:30:45.05</b>	+00:12:10 (41.7%)	5:50	10.3 (58.5%)
738	<b>DZIERŻAWSKI Łukasz</b>	<b>1090</b>		M-30	206	00:01:12	<b>00:29:14.60</b>	<b>00:30:26.70</b>	+00:12:11 (41.7%)	5:50	10.3 (58.5%)
739	<b>BONKOWSKI Wojciech</b>	<b>798</b>		M-30	207	00:01:00	<b>00:29:15.25</b>	<b>00:30:15.45</b>	+00:12:12 (41.7%)	5:51	10.3 (58.5%)
740	<b>KOLASA Robert</b>	<b>1018</b>		M-30	208	00:01:09	<b>00:29:15.35</b>	<b>00:30:25.00</b>	+00:12:12 (41.7%)	5:51	10.3 (58.5%)
741	<b>MAJEWICZ Sylwia</b>	<b>1277</b>		K-20	59	00:00:40	<b>00:29:15.65</b>	<b>00:29:56.40</b>	+00:12:12 (41.7%)	5:51	10.3 (58.5%)
742	<b>RZEPECKA Katarzyna</b>	<b>72</b>		K-30	86	00:01:17	<b>00:29:16.60</b>	<b>00:30:33.80</b>	+00:12:13 (41.8%)	5:51	10.3 (58.5%)
743	<b>SZALA Paweł</b>	<b>69</b>		M-20	142	00:01:36	<b>00:29:16.85</b>	<b>00:30:52.85</b>	+00:12:13 (41.8%)	5:51	10.3 (58.5%)
744	<b>BUSSE Jagoda</b>	<b>279</b>		K-30	87	00:00:27	<b>00:29:17.10</b>	<b>00:29:44.85</b>	+00:12:14 (41.8%)	5:51	10.2 (58.0%)
744	<b>KWIATKOWSKI Paweł</b>	<b>56</b>		M-30	209	00:01:01	<b>00:29:17.10</b>	<b>00:30:18.40</b>	+00:12:14 (41.8%)	5:51	10.2 (58.0%)
746	<b>OBREMSKA Natalia</b>	<b>497</b>		K-20	60	00:01:39	<b>00:29:18.20</b>	<b>00:30:57.60</b>	+00:12:15 (41.8%)	5:51	10.2 (58.0%)
747	<b>PAPROCKA Małgorzata</b>	<b>834</b>		K-40	31	00:00:44	<b>00:29:18.85</b>	<b>00:30:03.25</b>	+00:12:15 (41.8%)	5:51	10.2 (58.0%)
748	<b>KOCZOROWSKI Maciej</b>	<b>391</b>		M-10	50	00:00:25	<b>00:29:19.25</b>	<b>00:29:44.25</b>	+00:12:16 (41.8%)	5:51	10.2 (58.0%)
749	<b>ROPINSKA Kamila</b>	<b>1373</b>	WTORKOWY TRENING	K-30	88	00:01:06	<b>00:29:19.45</b>	<b>00:30:25.95</b>	+00:12:16 (41.9%)	5:51	10.2 (58.0%)
750	<b>PARUCKI Zbigniew</b>	<b>378</b>		M-50	37	00:00:25	<b>00:29:19.60</b>	<b>00:29:45.10</b>	+00:12:16 (41.9%)	5:52	10.2 (58.0%)
751	<b>KAPUSTA Anna</b>	<b>692</b>	PGB SPORTOWA PACZKA	K-30	89	00:01:37	<b>00:29:20.00</b>	<b>00:30:57.95</b>	+00:12:16 (41.9%)	5:52	10.2 (58.0%)
752	<b>KAPUSTA Maciej</b>	<b>718</b>		M-30	210	00:01:37	<b>00:29:21.55</b>	<b>00:30:59.05</b>	+00:12:18 (41.9%)	5:52	10.2 (58.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
753	<b>KRZYŻAŃSKI Przemysław</b>	<b>70</b>	BYDGOSZCZ TRIATHLON TEAM	M-40	105	00:01:35	<b>00:29:22.70</b>	<b>00:30:58.50</b>	+00:12:19 (42.0%)	5:52	10.2 (58.0%)
754	<b>ŁABUŚ-CENTEK Marta</b>	<b>812</b>		K-30	90	00:00:49	<b>00:29:22.80</b>	<b>00:30:12.35</b>	+00:12:19 (42.0%)	5:52	10.2 (58.0%)
755	<b>URBANSKI Piotr</b>	<b>320</b>	RUN TEAM PRUSZCZ	M-40	106	00:01:24	<b>00:29:23.20</b>	<b>00:30:47.55</b>	+00:12:20 (42.0%)	5:52	10.2 (58.0%)
756	<b>SOKÓŁ Krystyna</b>	<b>163</b>		K-20	61	00:01:03	<b>00:29:23.35</b>	<b>00:30:27.05</b>	+00:12:20 (42.0%)	5:52	10.2 (58.0%)
756	<b>URBANSKI Hubert</b>	<b>339</b>	RUN TEAM PRUSZCZ	M-10	51	00:01:24	<b>00:29:23.35</b>	<b>00:30:48.00</b>	+00:12:20 (42.0%)	5:52	10.2 (58.0%)
758	<b>ANDRYSZAK Vanessa</b>	<b>1313</b>	GIMNAZJUM NWW	K-10	16	00:00:42	<b>00:29:23.75</b>	<b>00:30:05.75</b>	+00:12:20 (42.0%)	5:52	10.2 (58.0%)
759	<b>ANDRYSZAK Piotr</b>	<b>1312</b>		M-40	107	00:00:42	<b>00:29:23.80</b>	<b>00:30:05.95</b>	+00:12:20 (42.0%)	5:52	10.2 (58.0%)
760	<b>KOZŁOWSKI Mirosław</b>	<b>1266</b>		M-50	38	00:01:09	<b>00:29:23.85</b>	<b>00:30:33.20</b>	+00:12:20 (42.0%)	5:52	10.2 (58.0%)
761	<b>KUGACZ Aneta</b>	<b>410</b>	RUN BYDGOSZCZ	K-30	91	00:01:07	<b>00:29:24.95</b>	<b>00:30:32.65</b>	+00:12:21 (42.0%)	5:53	10.2 (58.0%)
762	<b>WRÓBLEWSKI Kewin</b>	<b>846</b>		M-10	52	00:00:07	<b>00:29:25.65</b>	<b>00:29:33.35</b>	+00:12:22 (42.1%)	5:53	10.2 (58.0%)
763	<b>WASILEWSKA-MICHALAK Agata</b>	<b>1394</b>		K-30	92	00:01:35	<b>00:29:25.75</b>	<b>00:31:01.55</b>	+00:12:22 (42.1%)	5:53	10.2 (58.0%)
764	<b>WASILEWSKA Martyna</b>	<b>1011</b>		K-30	93	00:01:35	<b>00:29:26.00</b>	<b>00:31:01.55</b>	+00:12:22 (42.1%)	5:53	10.2 (58.0%)
765	<b>BIŁYK Marta</b>	<b>1026</b>		K-30	94	00:00:52	<b>00:29:26.90</b>	<b>00:30:19.75</b>	+00:12:23 (42.1%)	5:53	10.2 (58.0%)
766	<b>GIŁKA Gosia</b>	<b>120</b>	BW SQUAD	K-20	62	00:00:42	<b>00:29:27.65</b>	<b>00:30:10.15</b>	+00:12:24 (42.1%)	5:53	10.2 (58.0%)
767	<b>MIKA Monika</b>	<b>723</b>		K-20	63	00:00:32	<b>00:29:27.70</b>	<b>00:30:00.65</b>	+00:12:24 (42.1%)	5:53	10.2 (58.0%)
768	<b>GUZMANN Dorota</b>	<b>1381</b>	AKADEMIA BIEGANIA GRUDZIĄDZ	K-40	32	00:01:06	<b>00:29:28.40</b>	<b>00:30:34.40</b>	+00:12:25 (42.1%)	5:53	10.2 (58.0%)
769	<b>MICHALSKA Aleksandra</b>	<b>1397</b>		K-40	33	00:00:39	<b>00:29:29.95</b>	<b>00:30:09.45</b>	+00:12:26 (42.2%)	5:54	10.2 (58.0%)
770	<b>MELLEM-ZWIEWKA Małgorzata</b>	<b>631</b>	BIEGAJĄCE BABECZKI	K-30	95	00:01:17	<b>00:29:30.05</b>	<b>00:30:47.35</b>	+00:12:27 (42.2%)	5:54	10.2 (58.0%)
771	<b>RYCZAK Julia</b>	<b>506</b>		K-10	17	00:00:04	<b>00:29:30.45</b>	<b>00:29:34.65</b>	+00:12:27 (42.2%)	5:54	10.2 (58.0%)
772	<b>WASZAK Konrad</b>	<b>1410</b>	FORDON NA CO DZIEŃ	M-20	143	00:00:44	<b>00:29:31.15</b>	<b>00:30:15.15</b>	+00:12:28 (42.2%)	5:54	10.2 (58.0%)
773	<b>STOKŁOSA Natalia</b>	<b>792</b>		K-30	96	00:01:45	<b>00:29:33.85</b>	<b>00:31:19.35</b>	+00:12:30 (42.3%)	5:54	10.1 (57.4%)
774	<b>KRZYŻELEWSKA - SUŚ Anna</b>	<b>691</b>	BYDZIA POWER	K-40	34	00:01:17	<b>00:29:34.70</b>	<b>00:30:52.20</b>	+00:12:31 (42.4%)	5:55	10.1 (57.4%)
775	<b>BANASIEWICZ Arek</b>	<b>1050</b>	OLIMPIASPORT.PL	M-30	211	00:01:44	<b>00:29:34.90</b>	<b>00:31:19.45</b>	+00:12:31 (42.4%)	5:55	10.1 (57.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
776	<b>SKORECKI Aleksander</b>	<b>644</b>	BYDGOSZCZ TRIATHLON TEAM	M-20	144	00:01:36	<b>00:29:35.30</b>	<b>00:31:12.20</b>	+00:12:32 (42.4%)	5:55	10.1 (57.4%)
777	<b>JARZEMSKI Marcin</b>	<b>95</b>	BYDGOSZCZ TRIATHLON TEAM	M-20	145	00:01:37	<b>00:29:35.55</b>	<b>00:31:12.75</b>	+00:12:32 (42.4%)	5:55	10.1 (57.4%)
778	<b>NIEDBAŁA Mariusz</b>	<b>259</b>	ASW BLACK PANTHER	M-20	146	00:01:06	<b>00:29:35.85</b>	<b>00:30:42.25</b>	+00:12:32 (42.4%)	5:55	10.1 (57.4%)
779	<b>PIETKUN Ryszard</b>	<b>654</b>		M-50	39	00:01:10	<b>00:29:35.95</b>	<b>00:30:46.55</b>	+00:12:32 (42.4%)	5:55	10.1 (57.4%)
780	<b>JĘDRZEJCZAK Aleksandra</b>	<b>217</b>		K-20	64	00:01:06	<b>00:29:36.05</b>	<b>00:30:42.45</b>	+00:12:33 (42.4%)	5:55	10.1 (57.4%)
781	<b>KLIMCZAK Katarzyna</b>	<b>669</b>		K-Open	2	00:00:18	<b>00:29:36.30</b>	<b>00:29:54.30</b>	+00:12:33 (42.4%)	5:55	10.1 (57.4%)
781	<b>ĆWIKLIŃSKA Anna</b>	<b>282</b>	KLONIKTEAM	K-30	97	00:01:24	<b>00:29:36.30</b>	<b>00:31:01.15</b>	+00:12:33 (42.4%)	5:55	10.1 (57.4%)
783	<b>ZWOLAK Mateusz</b>	<b>890</b>		M-Open	2	00:00:18	<b>00:29:36.55</b>	<b>00:29:55.10</b>	+00:12:33 (42.4%)	5:55	10.1 (57.4%)
784	<b>KAMIŃSKA Katarzyna</b>	<b>380</b>	B4SPORT	K-30	98	00:00:58	<b>00:29:36.80</b>	<b>00:30:35.50</b>	+00:12:33 (42.4%)	5:55	10.1 (57.4%)
785	<b>WIŚNIEWSKI Wojciech</b>	<b>357</b>		M-40	108	00:00:58	<b>00:29:37.20</b>	<b>00:30:35.85</b>	+00:12:34 (42.4%)	5:55	10.1 (57.4%)
786	<b>NIEDBALSKI Edward</b>	<b>1190</b>		M-60+	6	00:00:22	<b>00:29:37.25</b>	<b>00:29:59.35</b>	+00:12:34 (42.4%)	5:55	10.1 (57.4%)
787	<b>CZYŻEWSKI Wojciech</b>	<b>1264</b>		M-40	109	00:00:41	<b>00:29:37.85</b>	<b>00:30:19.70</b>	+00:12:34 (42.5%)	5:55	10.1 (57.4%)
788	<b>JÓŻWIK Sebastian</b>	<b>1005</b>		M-20	147	00:00:40	<b>00:29:38.75</b>	<b>00:30:18.95</b>	+00:12:35 (42.5%)	5:55	10.1 (57.4%)
789	<b>WEŁNIŃSKA Ola</b>	<b>157</b>		K-20	65	00:00:39	<b>00:29:39.50</b>	<b>00:30:18.95</b>	+00:12:36 (42.5%)	5:55	10.1 (57.4%)
790	<b>CHODOR Tomasz</b>	<b>687</b>		M-40	110	00:01:19	<b>00:29:39.60</b>	<b>00:30:59.55</b>	+00:12:36 (42.5%)	5:56	10.1 (57.4%)
791	<b>RACIBORSKI Grzegorz</b>	<b>308</b>	TASAK TEAM	M-30	212	00:01:24	<b>00:29:39.80</b>	<b>00:31:03.85</b>	+00:12:36 (42.5%)	5:55	10.1 (57.4%)
792	<b>GODZIK Kamil</b>	<b>472</b>	BR DYNAMO SKARPA	M-40	111	00:00:55	<b>00:29:39.85</b>	<b>00:30:34.85</b>	+00:12:36 (42.5%)	5:55	10.1 (57.4%)
793	<b>JARZEMSKA Alicja</b>	<b>112</b>	BYDGOSZCZ TRIATHLON TEAM	K-20	66	00:01:36	<b>00:29:40.25</b>	<b>00:31:16.90</b>	+00:12:37 (42.5%)	5:56	10.1 (57.4%)
794	<b>JAŹDŻEWSKI Jarosław</b>	<b>262</b>		M-30	213	00:01:32	<b>00:29:40.70</b>	<b>00:31:13.60</b>	+00:12:37 (42.5%)	5:56	10.1 (57.4%)
795	<b>SZPERA Joanna</b>	<b>303</b>		K-40	35	00:00:55	<b>00:29:40.90</b>	<b>00:30:36.55</b>	+00:12:37 (42.6%)	5:56	10.1 (57.4%)
796	<b>SZALA Monika</b>	<b>574</b>		K-30	99	00:01:26	<b>00:29:41.00</b>	<b>00:31:07.80</b>	+00:12:37 (42.6%)	5:56	10.1 (57.4%)
797	<b>JAŹDŻEWSKA Alicja</b>	<b>234</b>		K-30	100	00:01:31	<b>00:29:41.70</b>	<b>00:31:13.50</b>	+00:12:38 (42.6%)	5:56	10.1 (57.4%)
798	<b>WILCZYŃSKA Iga</b>	<b>470</b>		K-10	18	00:01:11	<b>00:29:42.10</b>	<b>00:30:53.75</b>	+00:12:39 (42.6%)	5:56	10.1 (57.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
799	<b>BUSZTA Julia</b>	<b>1105</b>		K-10	19	00:01:12	<b>00:29:42.20</b>	<b>00:30:54.40</b>	+00:12:39 (42.6%)	5:56	10.1 (57.4%)
800	<b>WILCZYŃSKI Jacek</b>	<b>467</b>		M-40	112	00:01:11	<b>00:29:42.30</b>	<b>00:30:53.95</b>	+00:12:39 (42.6%)	5:56	10.1 (57.4%)
801	<b>SOBOWIEC Szymon</b>	<b>757</b>	SOBOWIEC TEAM	M-40	113	00:01:10	<b>00:29:43.00</b>	<b>00:30:53.60</b>	+00:12:39 (42.6%)	5:56	10.1 (57.4%)
802	<b>BUSZTA Artur</b>	<b>1104</b>	KLUB ZDROWEGO STYLU ŻYCIA	M-30	214	00:01:11	<b>00:29:43.25</b>	<b>00:30:54.55</b>	+00:12:40 (42.6%)	5:56	10.1 (57.4%)
803	<b>SOBOWIEC Mirka</b>	<b>759</b>	SOBOWIEC TEAM	K-30	101	00:01:10	<b>00:29:43.35</b>	<b>00:30:53.50</b>	+00:12:40 (42.6%)	5:56	10.1 (57.4%)
804	<b>KRUK Łukasz</b>	<b>319</b>		M-10	53	00:01:17	<b>00:29:45.05</b>	<b>00:31:02.05</b>	+00:12:42 (42.7%)	5:57	10.1 (57.4%)
805	<b>KRUK Szymon</b>	<b>316</b>		M-10	54	00:01:16	<b>00:29:45.65</b>	<b>00:31:02.25</b>	+00:12:42 (42.7%)	5:57	10.1 (57.4%)
806	<b>STOKŁOSA Kamil</b>	<b>790</b>		M-30	215	00:01:45	<b>00:29:46.40</b>	<b>00:31:32.35</b>	+00:12:43 (42.7%)	5:57	10.1 (57.4%)
807	<b>DŻOBIŃSKI Dawid</b>	<b>965</b>		M-30	216	00:00:52	<b>00:29:46.45</b>	<b>00:30:39.20</b>	+00:12:43 (42.7%)	5:57	10.1 (57.4%)
808	<b>KRUK Krzysztof</b>	<b>311</b>		M-40	114	00:01:17	<b>00:29:46.75</b>	<b>00:31:04.45</b>	+00:12:43 (42.7%)	5:57	10.1 (57.4%)
809	<b>WIŚNIEWSKA Karina</b>	<b>771</b>		K-10	20	00:01:17	<b>00:29:47.00</b>	<b>00:31:04.20</b>	+00:12:43 (42.8%)	5:57	10.1 (57.4%)
810	<b>PODOSEK Magdalena</b>	<b>1254</b>		K-30	102	00:01:02	<b>00:29:49.30</b>	<b>00:30:52.25</b>	+00:12:46 (42.8%)	5:58	10.1 (57.4%)
811	<b>SZATKOWSKA Beata</b>	<b>40</b>		K-50	7	00:01:40	<b>00:29:50.80</b>	<b>00:31:30.95</b>	+00:12:47 (42.9%)	5:58	10.1 (57.4%)
812	<b>RYDLEWSKA Kinga</b>	<b>930</b>	RUN BYDGOSZCZ	K-30	103	00:00:22	<b>00:29:51.05</b>	<b>00:30:13.20</b>	+00:12:48 (42.9%)	5:58	10.1 (57.4%)
813	<b>KASPRZAK Wojciech</b>	<b>1188</b>		M-30	217	00:00:42	<b>00:29:51.10</b>	<b>00:30:33.55</b>	+00:12:48 (42.9%)	5:58	10.1 (57.4%)
814	<b>OSZUBSKI Kazimierz</b>	<b>944</b>		M-40	115	00:00:43	<b>00:29:52.10</b>	<b>00:30:35.90</b>	+00:12:49 (42.9%)	5:58	10 (56.8%)
815	<b>RONKIEWICZ Bartosz</b>	<b>913</b>	SPORT FACTORY	M-30	218	00:01:01	<b>00:29:53.45</b>	<b>00:30:55.15</b>	+00:12:50 (43.0%)	5:58	10 (56.8%)
816	<b>KALACZYŃSKI Grzegorz</b>	<b>724</b>		M-40	116	00:01:18	<b>00:29:53.60</b>	<b>00:31:11.95</b>	+00:12:50 (43.0%)	5:58	10 (56.8%)
817	<b>WRZYSZCZ Adam</b>	<b>910</b>	BYDGOSZCZ	M-40	117	00:00:41	<b>00:29:53.70</b>	<b>00:30:35.55</b>	+00:12:50 (43.0%)	5:58	10 (56.8%)
818	<b>RONKIEWICZ Dominika</b>	<b>915</b>	SPORT FACTORY	K-10	21	00:01:00	<b>00:29:54.60</b>	<b>00:30:55.40</b>	+00:12:51 (43.0%)	5:59	10 (56.8%)
819	<b>WOJTOWICZ Milena</b>	<b>1315</b>		K-20	67	00:01:18	<b>00:29:55.00</b>	<b>00:31:13.85</b>	+00:12:51 (43.0%)	5:59	10 (56.8%)
819	<b>WOJTOWICZ Dawid</b>	<b>1314</b>		M-30	219	00:01:19	<b>00:29:55.00</b>	<b>00:31:14.15</b>	+00:12:51 (43.0%)	5:59	10 (56.8%)
819	<b>NALEWALSKA Justyna</b>	<b>13</b>		K-20	68	00:01:26	<b>00:29:55.00</b>	<b>00:31:21.25</b>	+00:12:51 (43.0%)	5:59	10 (56.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
822	<b>RONKIEWICZ Dorota</b>	<b>909</b>	SPORT FACTORY	K-40	36	00:01:00	<b>00:29:55.20</b>	<b>00:30:55.45</b>	+00:12:52 (43.0%)	5:59	10 (56.8%)
823	<b>PRZERACKI Mirosław</b>	<b>879</b>	BYDGOSZCZ	M-40	118	00:00:41	<b>00:29:55.85</b>	<b>00:30:36.95</b>	+00:12:52 (43.0%)	5:59	10 (56.8%)
824	<b>MIKOŁAJCZAK Magdalena</b>	<b>769</b>		K-40	37	00:00:52	<b>00:29:57.00</b>	<b>00:30:49.25</b>	+00:12:53 (43.1%)	5:59	10 (56.8%)
825	<b>ROGAŁA Damian</b>	<b>1488</b>	BKS POLONIA JUDO BYDGOSZCZ	M-30	220	00:00:14	<b>00:29:57.15</b>	<b>00:30:11.45</b>	+00:12:54 (43.1%)	5:59	10 (56.8%)
826	<b>FLORCZAK Monika</b>	<b>1217</b>	KLUB RTV EURO AGD	K-30	104	00:01:08	<b>00:29:57.95</b>	<b>00:31:06.45</b>	+00:12:54 (43.1%)	5:59	10 (56.8%)
827	<b>MIKOŁAJCZAK Jędrzej</b>	<b>778</b>	GWIAZDA BYDGOSZCZ	M-10	55	00:00:52	<b>00:29:59.00</b>	<b>00:30:51.05</b>	+00:12:55 (43.1%)	5:59	10 (56.8%)
828	<b>SUSZEK Katarzyna</b>	<b>177</b>		K-30	105	00:01:32	<b>00:30:00.45</b>	<b>00:31:33.05</b>	+00:12:57 (43.2%)	6:00	10 (56.8%)
829	<b>DROŹ Krzysztof</b>	<b>3</b>		M-50	40	00:01:39	<b>00:30:01.60</b>	<b>00:31:41.10</b>	+00:12:58 (43.2%)	6:00	10 (56.8%)
830	<b>RADZIŃSKA Joanna</b>	<b>143</b>		K-30	106	00:00:39	<b>00:30:01.65</b>	<b>00:30:41.35</b>	+00:12:58 (43.2%)	6:00	10 (56.8%)
830	<b>STASIEWSKA Julia</b>	<b>294</b>		K-10	22	00:00:55	<b>00:30:01.65</b>	<b>00:30:56.85</b>	+00:12:58 (43.2%)	6:00	10 (56.8%)
832	<b>LENC Agnieszka</b>	<b>165</b>	POLONIA BYDGOSZCZ SEKCJA LA	K-30	107	00:01:00	<b>00:30:02.35</b>	<b>00:31:02.35</b>	+00:12:59 (43.2%)	6:00	10 (56.8%)
833	<b>BUKOWSKI Rafał</b>	<b>1194</b>		M-40	119	00:01:32	<b>00:30:03.25</b>	<b>00:31:35.95</b>	+00:13:00 (43.3%)	6:00	10 (56.8%)
834	<b>MICHALAK- WIECHA Ewa</b>	<b>730</b>		K-40	38	00:00:12	<b>00:30:03.35</b>	<b>00:30:15.95</b>	+00:13:00 (43.3%)	6:00	10 (56.8%)
835	<b>WALCZYNA Leszek</b>	<b>904</b>	BYDGOSZCZ	M-50	41	00:00:45	<b>00:30:04.75</b>	<b>00:30:50.25</b>	+00:13:01 (43.3%)	6:01	10 (56.8%)
836	<b>CHOLEWIŃSKI Dariusz</b>	<b>1340</b>	HURAGAN MIEDZYŃ	M-40	120	00:00:04	<b>00:30:05.35</b>	<b>00:30:10.15</b>	+00:13:02 (43.3%)	6:01	10 (56.8%)
837	<b>PRZERACKA Monika</b>	<b>882</b>	BYDGOSZCZ	K-20	69	00:00:44	<b>00:30:05.65</b>	<b>00:30:50.55</b>	+00:13:02 (43.3%)	6:01	10 (56.8%)
838	<b>PIÓRKOWSKA Aga</b>	<b>159</b>		K-30	108	00:01:30	<b>00:30:06.05</b>	<b>00:31:36.35</b>	+00:13:03 (43.4%)	6:01	10 (56.8%)
839	<b>CZYŻEWSKA ŁYSKO Monika</b>	<b>1265</b>		K-40	39	00:00:41	<b>00:30:06.90</b>	<b>00:30:48.45</b>	+00:13:03 (43.4%)	6:01	10 (56.8%)
840	<b>WINIECKA Beata</b>	<b>1280</b>		K-40	40	00:01:12	<b>00:30:07.05</b>	<b>00:31:19.05</b>	+00:13:04 (43.4%)	6:01	10 (56.8%)
841	<b>MIKOŁAJEWSKI Jacek</b>	<b>203</b>		M-30	221	00:01:01	<b>00:30:07.10</b>	<b>00:31:08.95</b>	+00:13:04 (43.4%)	6:01	10 (56.8%)
842	<b>MAJEWSKA Monika</b>	<b>1395</b>		K-30	109	00:00:56	<b>00:30:07.85</b>	<b>00:31:04.45</b>	+00:13:04 (43.4%)	6:01	10 (56.8%)
843	<b>GACKOWSKA Marta</b>	<b>1355</b>		K-20	70	00:01:43	<b>00:30:08.60</b>	<b>00:31:52.20</b>	+00:13:05 (43.4%)	6:01	10 (56.8%)
844	<b>MOROSZCZAK Bogumił</b>	<b>738</b>	SPÓJNIA BIAŁE BŁOTA	M-40	121	00:01:14	<b>00:30:10.15</b>	<b>00:31:25.00</b>	+00:13:07 (43.5%)	6:02	9.9 (56.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
844	<b>BEJGER Łukasz</b>	<b>545</b>	TCMS PESA	M-10	56	00:01:16	<b>00:30:10.15</b>	<b>00:31:27.00</b>	+00:13:07 (43.5%)	6:02	9.9 (56.3%)
846	<b>MOROSZCZAK Dominika</b>	<b>779</b>	SPÓJNIA BIAŁE BŁOTA	K-30	110	00:01:14	<b>00:30:10.35</b>	<b>00:31:25.05</b>	+00:13:07 (43.5%)	6:02	9.9 (56.3%)
847	<b>KITOWSKI Przemysław</b>	<b>845</b>		M-30	222	00:01:07	<b>00:30:10.60</b>	<b>00:31:18.55</b>	+00:13:07 (43.5%)	6:02	9.9 (56.3%)
848	<b>MOROSZCZAK Lea</b>	<b>755</b>	SPÓJNIA BIAŁE BŁOTA	K-10	23	00:01:14	<b>00:30:10.90</b>	<b>00:31:25.05</b>	+00:13:07 (43.5%)	6:02	9.9 (56.3%)
849	<b>PATRZAŁEK Tomasz</b>	<b>457</b>		M-40	122	00:01:46	<b>00:30:11.35</b>	<b>00:31:58.00</b>	+00:13:08 (43.5%)	6:02	9.9 (56.3%)
850	<b>KANIEWSKA Alicja</b>	<b>1371</b>	AKADEMIA BIEGANIA	K-40	41	00:01:06	<b>00:30:11.55</b>	<b>00:31:18.25</b>	+00:13:08 (43.5%)	6:02	9.9 (56.3%)
851	<b>KI Bartłomiej</b>	<b>1041</b>		M-20	148	00:00:31	<b>00:30:12.95</b>	<b>00:30:44.70</b>	+00:13:09 (43.6%)	6:02	9.9 (56.3%)
852	<b>WYSOCKA Karolina</b>	<b>1003</b>		K-20	71	00:01:05	<b>00:30:14.35</b>	<b>00:31:19.95</b>	+00:13:11 (43.6%)	6:02	9.9 (56.3%)
853	<b>JACHIMOWSKA Malwina</b>	<b>1452</b>		K-20	72	00:01:38	<b>00:30:15.15</b>	<b>00:31:53.95</b>	+00:13:12 (43.6%)	6:03	9.9 (56.3%)
854	<b>RASZKOWSKA Klaudia</b>	<b>1451</b>		K-20	73	00:01:38	<b>00:30:15.25</b>	<b>00:31:53.45</b>	+00:13:12 (43.6%)	6:03	9.9 (56.3%)
855	<b>SZMATUŁA Elżbieta</b>	<b>376</b>		K-20	74	00:01:38	<b>00:30:15.75</b>	<b>00:31:53.85</b>	+00:13:12 (43.7%)	6:03	9.9 (56.3%)
856	<b>MALINOWSKI Mateusz</b>	<b>1117</b>		M-20	149	00:01:22	<b>00:30:16.15</b>	<b>00:31:38.25</b>	+00:13:13 (43.7%)	6:03	9.9 (56.3%)
857	<b>OSSOWSKI Łukasz</b>	<b>1094</b>		M-30	223	00:01:53	<b>00:30:17.00</b>	<b>00:32:10.15</b>	+00:13:13 (43.7%)	6:03	9.9 (56.3%)
858	<b>SZNAJDROWSKI Jerzy</b>	<b>980</b>		M-20	150	00:01:43	<b>00:30:18.90</b>	<b>00:32:02.00</b>	+00:13:15 (43.8%)	6:03	9.9 (56.3%)
859	<b>NOSKOWIAK-BAJNO Alicja</b>	<b>920</b>		K-30	111	00:00:28	<b>00:30:19.50</b>	<b>00:30:48.15</b>	+00:13:16 (43.8%)	6:04	9.9 (56.3%)
860	<b>KAWALERSKI Krzysztof</b>	<b>1114</b>		M-40	123	00:01:32	<b>00:30:20.00</b>	<b>00:31:52.90</b>	+00:13:16 (43.8%)	6:04	9.9 (56.3%)
861	<b>KALINOWSKA Patrycja</b>	<b>924</b>		K-20	75	00:00:28	<b>00:30:20.10</b>	<b>00:30:48.15</b>	+00:13:17 (43.8%)	6:04	9.9 (56.3%)
862	<b>MAJEWICZ Violetta</b>	<b>1276</b>		K-50	8	00:00:41	<b>00:30:22.10</b>	<b>00:31:04.05</b>	+00:13:19 (43.9%)	6:04	9.9 (56.3%)
863	<b>KOWALIKOWSKA Marta</b>	<b>601</b>	TRIFORFUN	K-20	76	00:00:16	<b>00:30:24.85</b>	<b>00:30:41.00</b>	+00:13:21 (43.9%)	6:05	9.9 (56.3%)
864	<b>MĄDRZYŃSKA Kamila</b>	<b>777</b>		K-20	77	00:01:27	<b>00:30:25.75</b>	<b>00:31:52.75</b>	+00:13:22 (44.0%)	6:05	9.9 (56.3%)
865	<b>TSHISENSE Marta</b>	<b>1223</b>	CAŁA TWOJA	K-40	42	00:01:39	<b>00:30:26.30</b>	<b>00:32:05.50</b>	+00:13:23 (44.0%)	6:05	9.9 (56.3%)
866	<b>MODRZEWSKI Łukasz</b>	<b>210</b>		M-40	124	00:00:15	<b>00:30:30.40</b>	<b>00:30:46.05</b>	+00:13:27 (44.1%)	6:06	9.8 (55.7%)
867	<b>DOBRZAŃSKI Dariusz</b>	<b>1296</b>		M-20	151	00:01:09	<b>00:30:31.10</b>	<b>00:31:41.05</b>	+00:13:28 (44.1%)	6:06	9.8 (55.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
868	LEWANDOWSKA Sylwia	1305		K-30	112	00:01:22	00:30:31.30	00:31:54.25	+00:13:28 (44.1%)	6:06	9.8 (55.7%)
869	KORALEWSKI Jakub	1165		M-20	152	00:01:00	00:30:31.45	00:31:31.65	+00:13:28 (44.1%)	6:06	9.8 (55.7%)
870	SOBCZYŃSKA Aleksandra	111		K-20	78	00:01:40	00:30:31.75	00:32:12.50	+00:13:28 (44.1%)	6:06	9.8 (55.7%)
871	JACOBI Maciej	520		M-20	153	00:01:07	00:30:33.30	00:31:40.40	+00:13:30 (44.2%)	6:06	9.8 (55.7%)
872	KATLEWSKA Marika	98		K-30	113	00:00:24	00:30:33.90	00:30:58.10	+00:13:30 (44.2%)	6:06	9.8 (55.7%)
873	NIEWIADOMSKI Filip	617	BBL INOWROCŁAW	M-10	57	00:00:49	00:30:34.05	00:31:23.85	+00:13:31 (44.2%)	6:06	9.8 (55.7%)
874	NIEWIADOMSKI Waldemar	625	BBL INOWROCŁAW	M-40	125	00:00:50	00:30:34.35	00:31:24.45	+00:13:31 (44.2%)	6:06	9.8 (55.7%)
875	BIALAS Oliwia	578		K-30	114	00:00:45	00:30:34.55	00:31:19.95	+00:13:31 (44.2%)	6:06	9.8 (55.7%)
876	SOSNA Mikołaj	1020		M-30	224	00:00:45	00:30:34.95	00:31:20.05	+00:13:31 (44.2%)	6:07	9.8 (55.7%)
877	NIEWIADOMSKA Katarzyna	609	BBL INOWROCŁAW	K-30	115	00:00:49	00:30:35.40	00:31:24.75	+00:13:32 (44.3%)	6:07	9.8 (55.7%)
878	CHRÓŚCIŃSKA Justyna	4	GORDON RUN	K-20	79	00:01:01	00:30:36.05	00:31:37.75	+00:13:33 (44.3%)	6:07	9.8 (55.7%)
879	STRZESZAK Sylwia	647		K-20	80	00:00:15	00:30:37.20	00:30:52.25	+00:13:34 (44.3%)	6:07	9.8 (55.7%)
880	KISZKA Justyna	444	RUNPASJA	K-30	116	00:01:02	00:30:37.40	00:31:39.45	+00:13:34 (44.3%)	6:07	9.8 (55.7%)
881	CZESZUMSKA Karolina	1408		K-30	117	00:01:03	00:30:38.00	00:31:41.55	+00:13:34 (44.3%)	6:07	9.8 (55.7%)
882	PAWELEC Witold	1430		M-10	58	00:01:02	00:30:38.05	00:31:40.50	+00:13:35 (44.3%)	6:07	9.8 (55.7%)
883	ZATOŃ Bożena	103	RUN PASJA	K-50	9	00:01:01	00:30:38.50	00:31:39.90	+00:13:35 (44.4%)	6:07	9.8 (55.7%)
884	KOSTECKA Mariola	1463		K-30	118	00:00:09	00:30:39.25	00:30:48.95	+00:13:36 (44.4%)	6:07	9.8 (55.7%)
885	WARCZAK Celina	251		K-30	119	00:00:55	00:30:39.60	00:31:35.25	+00:13:36 (44.4%)	6:08	9.8 (55.7%)
886	KMIEĆ Norbert	540		M-40	126	00:00:49	00:30:39.70	00:31:28.75	+00:13:36 (44.4%)	6:07	9.8 (55.7%)
887	MARĆ Aga	528		K-40	43	00:01:11	00:30:39.85	00:31:51.25	+00:13:36 (44.4%)	6:08	9.8 (55.7%)
888	BYRTEK Grzegorz	173		M-40	127	00:00:48	00:30:40.20	00:31:28.95	+00:13:37 (44.4%)	6:08	9.8 (55.7%)
889	PIĄTEK Lidia	648	BIEGAJĄCE BABECZKI	K-30	120	00:01:18	00:30:40.45	00:31:59.15	+00:13:37 (44.4%)	6:08	9.8 (55.7%)
890	JAWORSKI Paweł	1260		M-30	225	00:01:02	00:30:41.10	00:31:43.75	+00:13:38 (44.4%)	6:08	9.8 (55.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
891	<b>MALATYŃSKA Barbara</b>	<b>1238</b>		K-40	44	00:01:16	<b>00:30:42.70</b>	<b>00:31:59.10</b>	+00:13:39 (44.5%)	6:08	9.8 (55.7%)
892	<b>KOWALSKA Angelika</b>	<b>725</b>	RUN PASJA	K-30	121	00:01:16	<b>00:30:42.75</b>	<b>00:31:59.15</b>	+00:13:39 (44.5%)	6:08	9.8 (55.7%)
893	<b>ŻYTNIEWSKA Joanna</b>	<b>1383</b>	RUN PASJA	K-30	122	00:01:15	<b>00:30:43.20</b>	<b>00:31:59.10</b>	+00:13:40 (44.5%)	6:08	9.8 (55.7%)
894	<b>BŁACHEWICZ Magdalena</b>	<b>878</b>		K-30	123	00:01:41	<b>00:30:43.55</b>	<b>00:32:25.45</b>	+00:13:40 (44.5%)	6:08	9.8 (55.7%)
895	<b>BRZozowski Krzysztof</b>	<b>1086</b>		M-30	226	00:01:43	<b>00:30:43.70</b>	<b>00:32:26.85</b>	+00:13:40 (44.5%)	6:08	9.8 (55.7%)
896	<b>ŻURAWSKI Michał</b>	<b>972</b>	RUN LOTTO-BYDGOSTIA	M-40	128	00:01:31	<b>00:30:44.55</b>	<b>00:32:15.95</b>	+00:13:41 (44.5%)	6:08	9.8 (55.7%)
897	<b>PRZEWOŹNIAK Marta</b>	<b>763</b>		K-20	81	00:01:40	<b>00:30:45.20</b>	<b>00:32:25.30</b>	+00:13:42 (44.6%)	6:09	9.8 (55.7%)
898	<b>PODGÓRSKI Jakub</b>	<b>127</b>		M-20	154	00:01:22	<b>00:30:46.20</b>	<b>00:32:08.85</b>	+00:13:43 (44.6%)	6:09	9.8 (55.7%)
899	<b>ANTCZAK Filip</b>	<b>976</b>		M-30	227	00:00:34	<b>00:30:46.30</b>	<b>00:31:20.45</b>	+00:13:43 (44.6%)	6:09	9.8 (55.7%)
900	<b>ANTCZAK Karolina</b>	<b>984</b>		K-30	124	00:00:33	<b>00:30:46.50</b>	<b>00:31:20.25</b>	+00:13:43 (44.6%)	6:09	9.7 (55.1%)
901	<b>JURUŚ Jolanta</b>	<b>948</b>		K-50	10	00:00:43	<b>00:30:46.60</b>	<b>00:31:30.30</b>	+00:13:43 (44.6%)	6:09	9.7 (55.1%)
902	<b>JUNKA Karolina</b>	<b>748</b>		K-20	82	00:01:39	<b>00:30:47.80</b>	<b>00:32:27.45</b>	+00:13:44 (44.6%)	6:09	9.7 (55.1%)
903	<b>PIOTROWSKA Beata</b>	<b>1023</b>	TRISTYLE.PL	K-30	125	00:00:23	<b>00:30:49.40</b>	<b>00:31:12.70</b>	+00:13:46 (44.7%)	6:09	9.7 (55.1%)
904	<b>KOSECKA Justyna</b>	<b>961</b>		K-30	126	00:01:15	<b>00:30:49.95</b>	<b>00:32:05.25</b>	+00:13:46 (44.7%)	6:10	9.7 (55.1%)
905	<b>CHOJNACKA Monika</b>	<b>1281</b>		K-30	127	00:01:40	<b>00:30:50.10</b>	<b>00:32:31.05</b>	+00:13:47 (44.7%)	6:10	9.7 (55.1%)
906	<b>PASIEKA Magda</b>	<b>957</b>		K-30	128	00:01:15	<b>00:30:50.40</b>	<b>00:32:05.55</b>	+00:13:47 (44.7%)	6:10	9.7 (55.1%)
907	<b>JUNKA Małgorzata</b>	<b>857</b>		K-40	45	00:01:38	<b>00:30:50.50</b>	<b>00:32:29.30</b>	+00:13:47 (44.7%)	6:10	9.7 (55.1%)
908	<b>PANKOWSKI Bogusław</b>	<b>25</b>		M-50	42	00:01:20	<b>00:30:52.60</b>	<b>00:32:12.95</b>	+00:13:49 (44.8%)	6:10	9.7 (55.1%)
909	<b>MUCHA-BOINSKA Ania</b>	<b>235</b>		K-30	129	00:00:48	<b>00:30:52.90</b>	<b>00:31:41.45</b>	+00:13:49 (44.8%)	6:10	9.7 (55.1%)
910	<b>HILLER Marta</b>	<b>923</b>		K-10	24	00:01:28	<b>00:30:55.25</b>	<b>00:32:23.45</b>	+00:13:52 (44.9%)	6:11	9.7 (55.1%)
911	<b>HILLER Marta</b>	<b>1148</b>		K-20	83	00:01:27	<b>00:30:55.45</b>	<b>00:32:23.35</b>	+00:13:52 (44.9%)	6:11	9.7 (55.1%)
912	<b>PRZEWOŹNIAK Rafał</b>	<b>758</b>		M-20	155	00:01:40	<b>00:30:57.15</b>	<b>00:32:37.40</b>	+00:13:54 (44.9%)	6:11	9.7 (55.1%)
913	<b>BYCZYŃSKI Michał</b>	<b>1447</b>		M-20	156	00:01:47	<b>00:30:57.65</b>	<b>00:32:45.30</b>	+00:13:54 (44.9%)	6:11	9.7 (55.1%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
914	STASIEWSKI Mariusz	130	TRISPACE	M-40	129	00:00:00	00:30:58.35	00:30:58.35	+00:13:55 (44.9%)	6:11	9.7 (55.1%)
915	KLUGIEWICZ Dorota	933		K-40	46	00:00:48	00:31:02.60	00:31:50.60	+00:13:59 (45.1%)	6:12	9.7 (55.1%)
916	SKORNIA Agata	1308		K-40	47	00:01:37	00:31:03.80	00:32:41.75	+00:14:00 (45.1%)	6:12	9.7 (55.1%)
917	MALAK Maciej	302		M-20	157	00:00:55	00:31:03.95	00:31:59.75	+00:14:00 (45.1%)	6:12	9.7 (55.1%)
917	SKORNIA Marika	1309		K-20	84	00:01:37	00:31:03.95	00:32:41.45	+00:14:00 (45.1%)	6:12	9.7 (55.1%)
919	OSAK Paweł	496		M-30	228	00:00:32	00:31:05.50	00:31:37.75	+00:14:02 (45.2%)	6:13	9.7 (55.1%)
920	DEPKA Agnieszka	133		K-30	130	00:01:32	00:31:06.50	00:32:38.60	+00:14:03 (45.2%)	6:13	9.6 (54.5%)
921	RASSALSKA-KAUSA Jola	118		K-30	131	00:00:27	00:31:06.55	00:31:33.85	+00:14:03 (45.2%)	6:13	9.6 (54.5%)
922	MENDEL Patryk	821		M-20	158	00:01:04	00:31:07.55	00:32:12.05	+00:14:04 (45.2%)	6:13	9.6 (54.5%)
922	PŁACZKOWSKA Justyna	42	WEEKENDOWY BIEGACZ	K-20	85	00:01:27	00:31:07.55	00:32:34.80	+00:14:04 (45.2%)	6:13	9.6 (54.5%)
924	WOJCIEKIEWICZ Tomasz	1442	EXPRESS BYDGOSKI	M-60+	7	00:01:20	00:31:10.05	00:32:30.55	+00:14:07 (45.3%)	6:14	9.6 (54.5%)
925	KORENKIEWICZ Łukasz	1097		M-40	130	00:01:14	00:31:10.10	00:32:24.35	+00:14:07 (45.3%)	6:14	9.6 (54.5%)
926	KORENKIEWICZ Leszek	1232		M-60+	8	00:01:13	00:31:11.25	00:32:24.80	+00:14:08 (45.3%)	6:14	9.6 (54.5%)
926	NURKIEWICZ Zofia	864		K-10	25	00:01:47	00:31:11.25	00:32:58.60	+00:14:08 (45.3%)	6:14	9.6 (54.5%)
928	SZTEJKA Jolanta	477	BENEFITKSO	K-30	132	00:01:29	00:31:11.55	00:32:40.90	+00:14:08 (45.3%)	6:14	9.6 (54.5%)
929	NURKIEWICZ Dobrosława	596		K-40	48	00:01:48	00:31:12.30	00:33:00.60	+00:14:09 (45.4%)	6:14	9.6 (54.5%)
930	NURKIEWICZ Franciszek	598		M-10	59	00:01:47	00:31:12.70	00:33:00.65	+00:14:09 (45.4%)	6:14	9.6 (54.5%)
931	GACKOWSKI Jarek	715	TRISTYLE.PL	M-40	131	00:00:00	00:31:13.10	00:31:13.10	+00:14:10 (45.4%)	6:14	9.6 (54.5%)
932	NURKIEWICZ Jarosław	597		M-40	132	00:01:47	00:31:13.30	00:33:00.90	+00:14:10 (45.4%)	6:14	9.6 (54.5%)
933	GRZECHOWIAK Anna	94		K-20	86	00:00:02	00:31:13.40	00:31:15.90	+00:14:10 (45.4%)	6:14	9.6 (54.5%)
934	BRAĞIEL Anna	109	VEGE RUNNERS	K-30	133	00:01:49	00:31:14.25	00:33:03.55	+00:14:11 (45.4%)	6:14	9.6 (54.5%)
935	BRAĞIEL Jakub	105	VEGE RUNNERS	M-30	229	00:01:48	00:31:14.70	00:33:03.40	+00:14:11 (45.4%)	6:15	9.6 (54.5%)
936	ŁAŃCUCKA Agnieszka	1072		K-40	49	00:00:29	00:31:17.50	00:31:47.10	+00:14:14 (45.5%)	6:15	9.6 (54.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
937	<b>SOBCZYŃSKA Katarzyna</b>	<b>12</b>		K-20	87	00:01:28	<b>00:31:18.60</b>	<b>00:32:46.60</b>	+00:14:15 (45.5%)	6:15	9.6 (54.5%)
938	<b>SZYBKA Angelika</b>	<b>969</b>		K-20	88	00:01:15	<b>00:31:20.55</b>	<b>00:32:36.40</b>	+00:14:17 (45.6%)	6:16	9.6 (54.5%)
939	<b>ŁĄCZNA Agnieszka</b>	<b>1353</b>		K-30	134	00:00:24	<b>00:31:20.70</b>	<b>00:31:44.70</b>	+00:14:17 (45.6%)	6:16	9.6 (54.5%)
940	<b>PALIŃSKI Grzegorz</b>	<b>1444</b>		M-30	230	00:01:27	<b>00:31:22.00</b>	<b>00:32:49.70</b>	+00:14:18 (45.6%)	6:16	9.6 (54.5%)
941	<b>BURCHARDT Mirka</b>	<b>1039</b>	RWT W BYDGOSZCZY	K-60+	2	00:00:16	<b>00:31:23.30</b>	<b>00:31:40.05</b>	+00:14:20 (45.7%)	6:16	9.6 (54.5%)
942	<b>SZYBKA Marcin</b>	<b>502</b>		M-30	231	00:01:15	<b>00:31:25.65</b>	<b>00:32:40.95</b>	+00:14:22 (45.7%)	6:17	9.5 (54.0%)
943	<b>KACZMAREK Anna</b>	<b>364</b>		K-30	135	00:01:03	<b>00:31:28.15</b>	<b>00:32:31.75</b>	+00:14:25 (45.8%)	6:17	9.5 (54.0%)
944	<b>BUBLIK Aleksandra</b>	<b>513</b>		K-20	89	00:01:40	<b>00:31:28.25</b>	<b>00:33:08.25</b>	+00:14:25 (45.8%)	6:17	9.5 (54.0%)
945	<b>MEGER Agnieszka</b>	<b>429</b>		K-30	136	00:01:17	<b>00:31:29.55</b>	<b>00:32:47.30</b>	+00:14:26 (45.9%)	6:18	9.5 (54.0%)
946	<b>GLISZCZYŃSKI Kacper</b>	<b>712</b>		M-10	60	00:00:51	<b>00:31:29.70</b>	<b>00:32:20.85</b>	+00:14:26 (45.9%)	6:17	9.5 (54.0%)
947	<b>FRANCISZKIEWICZ Monika</b>	<b>956</b>		K-20	90	00:00:45	<b>00:31:29.95</b>	<b>00:32:15.75</b>	+00:14:26 (45.9%)	6:18	9.5 (54.0%)
948	<b>BUSZTA Anna</b>	<b>1101</b>	KLUB ZDROWEGO STYLU ŻYCIA	K-30	137	00:01:11	<b>00:31:32.75</b>	<b>00:32:44.35</b>	+00:14:29 (45.9%)	6:18	9.5 (54.0%)
949	<b>KWIATKOWSKI Władysław</b>	<b>1317</b>		M-60+	9	00:00:12	<b>00:31:33.75</b>	<b>00:31:46.25</b>	+00:14:30 (46.0%)	6:18	9.5 (54.0%)
950	<b>CHOIŃSKA Dagmara</b>	<b>253</b>		K-30	138	00:01:10	<b>00:31:33.95</b>	<b>00:32:44.90</b>	+00:14:30 (46.0%)	6:18	9.5 (54.0%)
951	<b>DANIELEK Adam</b>	<b>848</b>		M-30	232	00:01:39	<b>00:31:34.00</b>	<b>00:33:13.50</b>	+00:14:30 (46.0%)	6:18	9.5 (54.0%)
952	<b>KOBYLARZ Paulina Róża</b>	<b>996</b>		K-20	91	00:01:16	<b>00:31:35.75</b>	<b>00:32:52.65</b>	+00:14:32 (46.0%)	6:19	9.5 (54.0%)
953	<b>LISOWSKI Sebastian</b>	<b>813</b>		M-30	233	00:01:41	<b>00:31:37.70</b>	<b>00:33:19.60</b>	+00:14:34 (46.1%)	6:19	9.5 (54.0%)
954	<b>NAWROCKA Joanna</b>	<b>1134</b>	VAUPE TEAM	K-30	139	00:01:14	<b>00:31:38.75</b>	<b>00:32:52.75</b>	+00:14:35 (46.1%)	6:19	9.5 (54.0%)
955	<b>PIETRZAK Marta</b>	<b>342</b>	BBL INOWROCLAW	K-40	50	00:00:52	<b>00:31:39.00</b>	<b>00:32:31.85</b>	+00:14:35 (46.1%)	6:19	9.5 (54.0%)
956	<b>KRUSIK Aleksandra</b>	<b>727</b>	ALBATROSY	K-20	92	00:00:33	<b>00:31:39.25</b>	<b>00:32:12.80</b>	+00:14:36 (46.1%)	6:19	9.5 (54.0%)
956	<b>GLISZCZYŃSKA Joanna</b>	<b>699</b>		K-20	93	00:00:51	<b>00:31:39.25</b>	<b>00:32:31.00</b>	+00:14:36 (46.1%)	6:20	9.5 (54.0%)
956	<b>JARZĄBEK Michał</b>	<b>709</b>		M-20	159	00:00:51	<b>00:31:39.25</b>	<b>00:32:31.00</b>	+00:14:36 (46.1%)	6:20	9.5 (54.0%)
959	<b>JENCZEWSKI Szymon</b>	<b>736</b>	ALBATROSY	M-20	160	00:00:32	<b>00:31:40.30</b>	<b>00:32:12.95</b>	+00:14:37 (46.2%)	6:20	9.5 (54.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
960	KLIMKIEWICZ Maciej	1178		M-40	133	00:01:33	00:31:42.45	00:33:15.75	+00:14:39 (46.2%)	6:20	9.5 (54.0%)
961	CYRULEWSKI Mateusz	666		M-20	161	00:01:27	00:31:42.95	00:33:10.65	+00:14:39 (46.2%)	6:20	9.5 (54.0%)
962	TOKARSKA Alicja	946	VEGE RUNNERS	K-30	140	00:01:41	00:31:43.85	00:33:25.15	+00:14:40 (46.3%)	6:20	9.5 (54.0%)
963	PIASECKI Damian	558		M-30	234	00:00:56	00:31:44.35	00:32:40.35	+00:14:41 (46.3%)	6:20	9.5 (54.0%)
964	ŚLESIŃSKA Ewa	1054		K-40	51	00:00:53	00:31:47.75	00:32:41.35	+00:14:44 (46.4%)	6:21	9.4 (53.4%)
965	OSZUŚCIK Karol	1434		M-30	235	00:01:06	00:31:49.15	00:32:55.15	+00:14:46 (46.4%)	6:21	9.4 (53.4%)
966	OSZUŚCIK Agata	1433		K-30	141	00:01:05	00:31:49.30	00:32:55.10	+00:14:46 (46.4%)	6:22	9.4 (53.4%)
967	ZARĘBSKA Sylwia	1058		K-20	94	00:00:54	00:31:50.80	00:32:45.00	+00:14:47 (46.5%)	6:22	9.4 (53.4%)
968	NAPIÓRKOWSKA Ewa	492		K-50	11	00:01:31	00:31:54.75	00:33:25.85	+00:14:51 (46.6%)	6:22	9.4 (53.4%)
969	SMOLEŃ Joanna	820		K-30	142	00:01:42	00:31:56.00	00:33:38.50	+00:14:52 (46.6%)	6:23	9.4 (53.4%)
970	KUBIAK Małgorzata	1159		K-30	143	00:01:25	00:32:00.25	00:33:25.35	+00:14:57 (46.7%)	6:24	9.4 (53.4%)
971	JAKUBIEC Adrianna	816	SOLECCY BIEGACZE	K-20	95	00:01:25	00:32:00.65	00:33:25.65	+00:14:57 (46.7%)	6:24	9.4 (53.4%)
972	ZAWISZEWSKI Adam	1056		M-30	236	00:00:54	00:32:01.15	00:32:55.90	+00:14:58 (46.7%)	6:24	9.4 (53.4%)
973	KARDACH Magdalena	145	ALLIANZ RUNNING TEAM	K-30	144	00:01:41	00:32:05.30	00:33:47.10	+00:15:02 (46.9%)	6:25	9.3 (52.8%)
974	KROLL Agnieszka	422	RUN BYDGOSZCZ	K-20	96	00:00:22	00:32:06.05	00:32:28.60	+00:15:03 (46.9%)	6:25	9.3 (52.8%)
975	KITOWSKA Anna	855		K-30	145	00:01:07	00:32:06.30	00:33:14.00	+00:15:03 (46.9%)	6:25	9.3 (52.8%)
976	PAZDERSKA Aleksandra	155		K-30	146	00:00:37	00:32:07.15	00:32:44.85	+00:15:04 (46.9%)	6:25	9.3 (52.8%)
977	ZIELIŃSKI Stanisław	68	GORDON RUN	M-30	237	00:00:36	00:32:08.60	00:32:45.30	+00:15:05 (47.0%)	6:25	9.3 (52.8%)
978	PARUCKI Paweł	369	SPÓJNIA BIAŁE BŁOTA	M-20	162	00:00:24	00:32:08.90	00:32:33.40	+00:15:05 (47.0%)	6:25	9.3 (52.8%)
979	JAGODZIŃSKA Julita	375		K-20	97	00:00:24	00:32:08.95	00:32:33.15	+00:15:05 (47.0%)	6:25	9.3 (52.8%)
980	BRYWCZYŃSKI Krystian	314		M-30	238	00:00:45	00:32:09.90	00:32:55.40	+00:15:06 (47.0%)	6:26	9.3 (52.8%)
981	WESOŁOWSKI Michał	371	GORZEŃ RUN	M-30	239	00:01:31	00:32:10.30	00:33:41.45	+00:15:07 (47.0%)	6:26	9.3 (52.8%)
982	KO-KO Anna	185	GORZEN RUN	K-30	147	00:01:31	00:32:10.60	00:33:41.65	+00:15:07 (47.0%)	6:26	9.3 (52.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
983	<b>GACKOWSKI Jarosław</b>	<b>1358</b>		M-50	43	00:01:43	<b>00:32:12.35</b>	<b>00:33:56.25</b>	+00:15:09 (47.1%)	6:26	9.3 (52.8%)
984	<b>LEPERT Monika</b>	<b>876</b>	BBL SZUBIN	K-20	98	00:00:29	<b>00:32:12.45</b>	<b>00:32:41.65</b>	+00:15:09 (47.1%)	6:26	9.3 (52.8%)
985	<b>MALICKA Maria</b>	<b>264</b>	MALMEDIA	K-30	148	00:01:26	<b>00:32:15.05</b>	<b>00:33:41.85</b>	+00:15:12 (47.1%)	6:27	9.3 (52.8%)
986	<b>SZCZĘSNY Bartosz</b>	<b>1407</b>		M-20	163	00:01:39	<b>00:32:15.10</b>	<b>00:33:54.85</b>	+00:15:12 (47.1%)	6:27	9.3 (52.8%)
987	<b>GÓRSKA Paulina</b>	<b>1075</b>		K-30	149	00:01:26	<b>00:32:16.30</b>	<b>00:33:42.50</b>	+00:15:13 (47.2%)	6:27	9.3 (52.8%)
988	<b>PISKORSKA Marta</b>	<b>814</b>	SOLECCY BIEGACZE	K-30	150	00:01:24	<b>00:32:16.55</b>	<b>00:33:41.50</b>	+00:15:13 (47.2%)	6:27	9.3 (52.8%)
989	<b>GRACZYK Przemysław</b>	<b>660</b>		M-20	164	00:01:46	<b>00:32:16.95</b>	<b>00:34:03.10</b>	+00:15:13 (47.2%)	6:27	9.3 (52.8%)
990	<b>BŁASZKIEWICZ Marzena</b>	<b>258</b>		K-30	151	00:00:28	<b>00:32:17.35</b>	<b>00:32:46.20</b>	+00:15:14 (47.2%)	6:27	9.3 (52.8%)
991	<b>WERLING Daniel</b>	<b>462</b>		M-20	165	00:01:34	<b>00:32:18.90</b>	<b>00:33:53.10</b>	+00:15:15 (47.2%)	6:27	9.3 (52.8%)
992	<b>DOBROWOLSKI Krzysztof</b>	<b>1354</b>		M-40	134	00:01:19	<b>00:32:20.65</b>	<b>00:33:40.10</b>	+00:15:17 (47.3%)	6:28	9.3 (52.8%)
993	<b>PÓŁGĘSEK Rafał</b>	<b>1122</b>	SOLECCY BIEGACZE	M-40	135	00:01:26	<b>00:32:21.90</b>	<b>00:33:48.20</b>	+00:15:18 (47.3%)	6:28	9.3 (52.8%)
994	<b>GOLA Grzegorz</b>	<b>1120</b>		M-40	136	00:01:45	<b>00:32:26.95</b>	<b>00:34:11.95</b>	+00:15:23 (47.5%)	6:29	9.2 (52.3%)
995	<b>GOTOWICZ Mariusz</b>	<b>929</b>		M-50	44	00:01:02	<b>00:32:28.55</b>	<b>00:33:30.95</b>	+00:15:25 (47.5%)	6:29	9.2 (52.3%)
996	<b>MIELCAREK Małgorzata</b>	<b>943</b>		K-40	52	00:01:01	<b>00:32:29.25</b>	<b>00:33:31.10</b>	+00:15:26 (47.5%)	6:30	9.2 (52.3%)
997	<b>MALCZEWSKA Mirka</b>	<b>822</b>	SPORT FAKTORY	K-50	12	00:01:36	<b>00:32:29.95</b>	<b>00:34:06.50</b>	+00:15:26 (47.5%)	6:30	9.2 (52.3%)
998	<b>ZAGÓRSKI Artur</b>	<b>1236</b>		M-20	166	00:00:12	<b>00:32:30.05</b>	<b>00:32:42.25</b>	+00:15:27 (47.5%)	6:30	9.2 (52.3%)
999	<b>WITKOWSKI Artur</b>	<b>1250</b>	WWW.EUROPROGRES.PL	M-40	137	00:01:00	<b>00:32:30.25</b>	<b>00:33:31.10</b>	+00:15:27 (47.5%)	6:30	9.2 (52.3%)
1000	<b>ROJEWSKA Beata</b>	<b>731</b>		K-40	53	00:00:11	<b>00:32:31.20</b>	<b>00:32:42.95</b>	+00:15:28 (47.6%)	6:30	9.2 (52.3%)
1001	<b>ZUZA-WITKOWSKA Anna</b>	<b>218</b>		K-40	54	00:01:49	<b>00:32:31.40</b>	<b>00:34:20.85</b>	+00:15:28 (47.6%)	6:30	9.2 (52.3%)
1002	<b>THIEDE Magdalena</b>	<b>327</b>	BYDGOSKI PARK PRZEMYSŁOWO - TECHNOLOGICZNY	K-20	99	00:01:02	<b>00:32:32.30</b>	<b>00:33:35.25</b>	+00:15:29 (47.6%)	6:30	9.2 (52.3%)
1003	<b>WITKOWSKI Paweł</b>	<b>222</b>		M-10	61	00:01:48	<b>00:32:32.40</b>	<b>00:34:20.70</b>	+00:15:29 (47.6%)	6:30	9.2 (52.3%)
1004	<b>KOCZOROWSKI Ireneusz</b>	<b>384</b>		M-40	138	00:00:00	<b>00:32:33.20</b>	<b>00:32:33.20</b>	+00:15:30 (47.6%)	6:30	9.2 (52.3%)
1005	<b>PANTKOWSKI Jakub</b>	<b>460</b>		M-20	167	00:01:42	<b>00:32:34.35</b>	<b>00:34:16.75</b>	+00:15:31 (47.7%)	6:30	9.2 (52.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1005	<b>MAREK Ewelina</b>	<b>1448</b>	SZCZĘŚLIWA MĘŻATKA :)	K-20	100	00:01:45	<b>00:32:34.35</b>	<b>00:34:19.55</b>	+00:15:31 (47.7%)	6:30	9.2 (52.3%)
1007	<b>MENDEL Karolina</b>	<b>630</b>		K-10	26	00:00:29	<b>00:32:37.35</b>	<b>00:33:07.15</b>	+00:15:34 (47.7%)	6:31	9.2 (52.3%)
1008	<b>ROSZCZYN Kamil</b>	<b>551</b>		M-10	62	00:01:24	<b>00:32:38.00</b>	<b>00:34:02.20</b>	+00:15:34 (47.8%)	6:31	9.2 (52.3%)
1009	<b>FLASIŃSKA Angelika</b>	<b>238</b>		K-20	101	00:01:42	<b>00:32:45.25</b>	<b>00:34:27.65</b>	+00:15:42 (47.9%)	6:33	9.2 (52.3%)
1010	<b>ŻARCZYŃSKA Dorota</b>	<b>1016</b>		K-20	102	00:01:42	<b>00:32:45.30</b>	<b>00:34:27.60</b>	+00:15:42 (47.9%)	6:33	9.2 (52.3%)
1011	<b>BARTOS Arkadiusz</b>	<b>1469</b>		M-40	139	00:01:28	<b>00:32:47.40</b>	<b>00:34:16.20</b>	+00:15:44 (48.0%)	6:33	9.1 (51.7%)
1012	<b>BARTOS Ligia</b>	<b>1470</b>		K-40	55	00:01:28	<b>00:32:48.25</b>	<b>00:34:16.65</b>	+00:15:45 (48.0%)	6:33	9.1 (51.7%)
1013	<b>SOMKA Lena</b>	<b>1492</b>	BIEG	K-20	103	00:01:23	<b>00:32:57.50</b>	<b>00:34:21.05</b>	+00:15:54 (48.3%)	6:35	9.1 (51.7%)
1014	<b>MARZECKI Ignacy</b>	<b>346</b>	AS CROSSFIT	M-20	168	00:01:43	<b>00:32:58.35</b>	<b>00:34:42.15</b>	+00:15:55 (48.3%)	6:35	9.1 (51.7%)
1015	<b>BRZozowska Anna</b>	<b>1087</b>		K-30	152	00:01:43	<b>00:32:58.85</b>	<b>00:34:42.25</b>	+00:15:55 (48.3%)	6:35	9.1 (51.7%)
1016	<b>RATAJCZAK Aurelia</b>	<b>891</b>	RUN BYDGOSZCZ	K-30	153	00:01:36	<b>00:32:58.95</b>	<b>00:34:35.55</b>	+00:15:55 (48.3%)	6:35	9.1 (51.7%)
1017	<b>CILSKA Agnieszka</b>	<b>1500</b>	PANI	K-30	154	00:01:29	<b>00:33:01.70</b>	<b>00:34:31.25</b>	+00:15:58 (48.4%)	6:36	9.1 (51.7%)
1018	<b>BOSIACKI Mateusz</b>	<b>997</b>	RUN BYDGOSZCZ	M-20	169	00:01:23	<b>00:33:03.10</b>	<b>00:34:26.85</b>	+00:16:00 (48.4%)	6:36	9.1 (51.7%)
1019	<b>PERTEK Joanna</b>	<b>7</b>		K-20	104	00:01:23	<b>00:33:03.75</b>	<b>00:34:27.20</b>	+00:16:00 (48.4%)	6:36	9.1 (51.7%)
1020	<b>MELLEm Anna</b>	<b>6</b>		K-20	105	00:01:23	<b>00:33:03.90</b>	<b>00:34:27.20</b>	+00:16:00 (48.4%)	6:36	9.1 (51.7%)
1021	<b>FINGAS Natalia</b>	<b>516</b>		K-20	106	00:01:05	<b>00:33:10.60</b>	<b>00:34:16.30</b>	+00:16:07 (48.6%)	6:38	9 (51.1%)
1022	<b>NOWICKIA Iza</b>	<b>168</b>		K-30	155	00:01:00	<b>00:33:12.70</b>	<b>00:34:12.80</b>	+00:16:09 (48.7%)	6:38	9 (51.1%)
1023	<b>DUDZIAK Michał</b>	<b>297</b>	CPR BYDGOSZCZ	M-20	170	00:00:33	<b>00:33:12.75</b>	<b>00:33:46.40</b>	+00:16:09 (48.7%)	6:38	9 (51.1%)
1024	<b>PIJAROWSKI Milan</b>	<b>941</b>		M-10	63	00:01:14	<b>00:33:13.00</b>	<b>00:34:27.55</b>	+00:16:09 (48.7%)	6:38	9 (51.1%)
1025	<b>KULCZYK Albert</b>	<b>952</b>	LEGE ARTIS	M-20	171	00:01:47	<b>00:33:13.30</b>	<b>00:35:00.35</b>	+00:16:10 (48.7%)	6:38	9 (51.1%)
1026	<b>NOWICKA Michalina</b>	<b>849</b>		K-10	27	00:00:59	<b>00:33:13.55</b>	<b>00:34:12.85</b>	+00:16:10 (48.7%)	6:38	9 (51.1%)
1027	<b>RYBARCZYK Anna</b>	<b>1258</b>		K-20	107	00:01:41	<b>00:33:14.10</b>	<b>00:34:55.35</b>	+00:16:11 (48.7%)	6:38	9 (51.1%)
1028	<b>WOJTCZAK Izabela</b>	<b>1491</b>		K-20	108	00:00:31	<b>00:33:14.60</b>	<b>00:33:46.45</b>	+00:16:11 (48.7%)	6:39	9 (51.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1029	<b>NOWICKI Adam</b>	<b>149</b>		M-40	140	00:01:00	<b>00:33:14.85</b>	<b>00:34:14.85</b>	+00:16:11 (48.7%)	6:38	9 (51.1%)
1030	<b>NOWAK Karol</b>	<b>483</b>	BIEGNĘ PIERWSZY RAZ W ŻYCIU	M-30	240	00:00:45	<b>00:33:15.30</b>	<b>00:34:00.80</b>	+00:16:12 (48.7%)	6:39	9 (51.1%)
1031	<b>MARĆ Natalia</b>	<b>487</b>	BIEGNĘ PIERWSZY RAZ W ŻYCIU	K-30	156	00:00:44	<b>00:33:16.35</b>	<b>00:34:00.75</b>	+00:16:13 (48.8%)	6:39	9 (51.1%)
1032	<b>PAWLAK Maciej</b>	<b>1406</b>		M-30	241	00:01:40	<b>00:33:16.45</b>	<b>00:34:57.05</b>	+00:16:13 (48.8%)	6:39	9 (51.1%)
1033	<b>PROKOPOWICZ Agnieszka</b>	<b>424</b>		K-30	157	00:01:18	<b>00:33:16.95</b>	<b>00:34:35.85</b>	+00:16:13 (48.8%)	6:39	9 (51.1%)
1034	<b>SKIERA Krzysztof</b>	<b>1475</b>	RUN BYDOSZCZ	M-40	141	00:01:18	<b>00:33:17.65</b>	<b>00:34:35.65</b>	+00:16:14 (48.8%)	6:39	9 (51.1%)
1035	<b>ZAMIATOWSKA Kinga</b>	<b>536</b>	RUN BYDGOSZCZ	K-30	158	00:01:18	<b>00:33:17.85</b>	<b>00:34:36.40</b>	+00:16:14 (48.8%)	6:39	9 (51.1%)
1036	<b>KONARZEWSKA Jolanta</b>	<b>469</b>		K-40	56	00:01:18	<b>00:33:17.90</b>	<b>00:34:36.75</b>	+00:16:14 (48.8%)	6:39	9 (51.1%)
1037	<b>DOCZEKALSKA Paulina</b>	<b>1473</b>	RUN BYDGOSZCZ	K-30	159	00:01:18	<b>00:33:17.95</b>	<b>00:34:36.20</b>	+00:16:14 (48.8%)	6:39	9 (51.1%)
1038	<b>DEPTUŁA Stanisław</b>	<b>412</b>		M-10	64	00:01:31	<b>00:33:21.80</b>	<b>00:34:52.90</b>	+00:16:18 (48.9%)	6:40	9 (51.1%)
1039	<b>BILKIEWICZ Anna Maria</b>	<b>1424</b>		K-40	57	00:01:25	<b>00:33:22.40</b>	<b>00:34:47.40</b>	+00:16:19 (48.9%)	6:40	9 (51.1%)
1040	<b>PAWLAK Żaneta</b>	<b>362</b>		K-40	58	00:00:34	<b>00:33:23.35</b>	<b>00:33:57.50</b>	+00:16:20 (48.9%)	6:40	9 (51.1%)
1041	<b>ZAUER Magda</b>	<b>1024</b>		K-Open	3	00:00:56	<b>00:33:35.15</b>	<b>00:34:31.65</b>	+00:16:32 (49.2%)	6:43	8.9 (50.6%)
1042	<b>ŚLESIŃSKA Patrycja</b>	<b>1053</b>		K-20	109	00:00:56	<b>00:33:35.70</b>	<b>00:34:31.90</b>	+00:16:32 (49.2%)	6:43	8.9 (50.6%)
1043	<b>ŻABIŃSKI Radosław</b>	<b>426</b>	SELEK TEAM	M-30	242	00:00:58	<b>00:33:40.30</b>	<b>00:34:38.85</b>	+00:16:37 (49.4%)	6:44	8.9 (50.6%)
1044	<b>PASTERNAK Marcin</b>	<b>1029</b>	SELEK TEAM	M-30	243	00:00:57	<b>00:33:40.90</b>	<b>00:34:38.85</b>	+00:16:37 (49.4%)	6:44	8.9 (50.6%)
1045	<b>MALICKI Bartosz</b>	<b>1007</b>		M-30	244	00:00:00	<b>00:33:42.10</b>	<b>00:33:42.10</b>	+00:16:39 (49.4%)	6:44	8.9 (50.6%)
1046	<b>PASTERNAK Kamil</b>	<b>1065</b>	APC	M-30	245	00:00:57	<b>00:33:42.85</b>	<b>00:34:40.00</b>	+00:16:39 (49.4%)	6:44	8.9 (50.6%)
1047	<b>LEWICKA Antonina</b>	<b>985</b>	LEGE ARTIS	K-10	28	00:01:06	<b>00:33:48.90</b>	<b>00:34:54.90</b>	+00:16:45 (49.6%)	6:45	8.9 (50.6%)
1048	<b>WITKOWSKA Marta</b>	<b>323</b>		K-20	110	00:01:40	<b>00:33:56.90</b>	<b>00:35:37.15</b>	+00:16:53 (49.8%)	6:47	8.8 (50.0%)
1049	<b>PAWSKI Przemysław</b>	<b>970</b>		M-20	172	00:01:34	<b>00:33:57.50</b>	<b>00:35:32.05</b>	+00:16:54 (49.8%)	6:47	8.8 (50.0%)
1050	<b>ROGALSKA Marcelina</b>	<b>978</b>		K-20	111	00:01:34	<b>00:33:57.85</b>	<b>00:35:32.15</b>	+00:16:54 (49.8%)	6:47	8.8 (50.0%)
1051	<b>PATRZAŁEK Małgorzata</b>	<b>459</b>		K-40	59	00:01:47	<b>00:34:01.40</b>	<b>00:35:48.75</b>	+00:16:58 (49.9%)	6:48	8.8 (50.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1052	<b>OSTASZ Katarzyna</b>	<b>1468</b>		K-20	112	00:01:00	<b>00:34:05.35</b>	<b>00:35:05.35</b>	+00:17:02 (50.0%)	6:49	8.8 (50.0%)
1053	<b>KWIATKOWSKA Paulina</b>	<b>1164</b>		K-10	29	00:00:50	<b>00:34:08.75</b>	<b>00:34:59.15</b>	+00:17:05 (50.1%)	6:49	8.8 (50.0%)
1054	<b>ROMAN Marta</b>	<b>1166</b>		K-10	30	00:00:50	<b>00:34:13.45</b>	<b>00:35:03.55</b>	+00:17:10 (50.2%)	6:50	8.8 (50.0%)
1055	<b>ZIELIŃSKA Justyna</b>	<b>897</b>	SOLECCY BIEGACZE	K-30	160	00:00:13	<b>00:34:16.70</b>	<b>00:34:30.20</b>	+00:17:13 (50.3%)	6:51	8.8 (50.0%)
1056	<b>KLUCZYŃSKA Blanka</b>	<b>404</b>		K-30	161	00:01:25	<b>00:34:19.35</b>	<b>00:35:45.05</b>	+00:17:16 (50.3%)	6:52	8.7 (49.4%)
1057	<b>STYKAŁA Sebastian</b>	<b>257</b>		M-40	142	00:01:24	<b>00:34:20.45</b>	<b>00:35:45.30</b>	+00:17:17 (50.3%)	6:52	8.7 (49.4%)
1058	<b>KONOPIŃSKA Agnieszka</b>	<b>440</b>	RUN BYDGOSZCZ	K-30	162	00:01:18	<b>00:34:23.60</b>	<b>00:35:41.95</b>	+00:17:20 (50.4%)	6:52	8.7 (49.4%)
1059	<b>PIETRASZAK Tomasz</b>	<b>1017</b>	RUN BYDGOSZCZ	M-40	143	00:01:13	<b>00:34:23.65</b>	<b>00:35:37.35</b>	+00:17:20 (50.4%)	6:52	8.7 (49.4%)
1060	<b>ORNATOWSKA Magdalena</b>	<b>35</b>	GORDON RUN	K-30	163	00:00:38	<b>00:34:31.55</b>	<b>00:35:09.70</b>	+00:17:28 (50.6%)	6:54	8.7 (49.4%)
1061	<b>SOKOŁOWSKI Piotr</b>	<b>344</b>	GORDON RUN	M-30	246	00:00:38	<b>00:34:32.25</b>	<b>00:35:11.10</b>	+00:17:29 (50.6%)	6:54	8.7 (49.4%)
1062	<b>SOKOŁOWSKA Justyna</b>	<b>17</b>		K-30	164	00:00:37	<b>00:34:32.75</b>	<b>00:35:10.00</b>	+00:17:29 (50.6%)	6:54	8.7 (49.4%)
1063	<b>BRZozowska Patrycja</b>	<b>1237</b>		K-20	113	00:00:11	<b>00:34:35.30</b>	<b>00:34:46.65</b>	+00:17:32 (50.7%)	6:55	8.7 (49.4%)
1064	<b>GÓRSKA Małgorzata</b>	<b>535</b>		K-20	114	00:00:54	<b>00:34:37.05</b>	<b>00:35:31.15</b>	+00:17:34 (50.7%)	6:55	8.7 (49.4%)
1065	<b>SZNAJDROWSKA Judyta</b>	<b>983</b>		K-20	115	00:01:43	<b>00:34:42.65</b>	<b>00:36:26.15</b>	+00:17:39 (50.9%)	6:56	8.6 (48.9%)
1066	<b>JANKOWSKA Marta</b>	<b>787</b>		K-10	31	00:01:47	<b>00:34:43.05</b>	<b>00:36:30.25</b>	+00:17:40 (50.9%)	6:56	8.6 (48.9%)
1067	<b>SZNAJDROWSKI Mateusz</b>	<b>977</b>		M-20	173	00:01:43	<b>00:34:43.10</b>	<b>00:36:26.70</b>	+00:17:40 (50.9%)	6:56	8.6 (48.9%)
1068	<b>JANKOWSKI Rafał</b>	<b>783</b>		M-40	144	00:01:46	<b>00:34:43.75</b>	<b>00:36:30.45</b>	+00:17:40 (50.9%)	6:56	8.6 (48.9%)
1069	<b>GRZESZAK Sławomir</b>	<b>208</b>		M-20	174	00:01:44	<b>00:34:45.50</b>	<b>00:36:29.75</b>	+00:17:42 (50.9%)	6:57	8.6 (48.9%)
1070	<b>SIEWIERSKI Łukasz</b>	<b>1183</b>		M-30	247	00:01:45	<b>00:34:54.05</b>	<b>00:36:39.70</b>	+00:17:51 (51.1%)	6:58	8.6 (48.9%)
1071	<b>MUSS Urszula</b>	<b>1192</b>	SKLEP BIEGACZA BYDGOSZCZ	K-40	60	00:00:46	<b>00:34:57.00</b>	<b>00:35:43.55</b>	+00:17:53 (51.2%)	6:59	8.6 (48.9%)
1072	<b>MUSS Aleksander</b>	<b>861</b>	SKLEP BIEGACZA BYDGOSZCZ	M-40	145	00:00:46	<b>00:34:57.55</b>	<b>00:35:43.75</b>	+00:17:54 (51.2%)	6:59	8.6 (48.9%)
1073	<b>RASSMUS Joanna</b>	<b>611</b>		K-20	116	00:01:28	<b>00:35:01.15</b>	<b>00:36:29.25</b>	+00:17:58 (51.3%)	7:00	8.6 (48.9%)
1074	<b>LIWOCH Lidia</b>	<b>442</b>		K-40	61	00:01:01	<b>00:35:03.80</b>	<b>00:36:05.50</b>	+00:18:00 (51.4%)	7:00	8.6 (48.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1075	WAWERKA Aleksandra	949		K-20	117	00:00:08	00:35:05.65	00:35:14.45	+00:18:02 (51.4%)	7:01	8.5 (48.3%)
1076	GRALAK Jacek	1261		M-40	146	00:00:14	00:35:21.30	00:35:35.80	+00:18:18 (51.8%)	7:04	8.5 (48.3%)
1077	GROCHOWALSKI Arkadiusz	318	GROSZKI	M-40	147	00:01:30	00:35:27.80	00:36:58.15	+00:18:24 (51.9%)	7:05	8.5 (48.3%)
1078	KRZYŻAŃSKI Pola	79	BYDGOSZCZ TRIATHLON TEAM	K-10	32	00:01:38	00:35:34.10	00:37:12.30	+00:18:31 (52.1%)	7:06	8.4 (47.7%)
1079	MUSIAŁ Elwira	65	BYDGOSZCZ TRIATHLON TEAM	K-30	165	00:01:37	00:35:34.65	00:37:12.15	+00:18:31 (52.1%)	7:07	8.4 (47.7%)
1080	DANELSKA Anna	526	WEEKENDOWY BIEGACZ	K-20	118	00:01:27	00:35:34.70	00:37:02.10	+00:18:31 (52.1%)	7:07	8.4 (47.7%)
1081	RASSALSKA Roma	129		K-30	166	00:00:28	00:35:39.40	00:36:08.05	+00:18:36 (52.2%)	7:08	8.4 (47.7%)
1082	KUBERSKI Daniel	340		M-30	248	00:00:28	00:35:39.50	00:36:08.25	+00:18:36 (52.2%)	7:08	8.4 (47.7%)
1083	DARNOWSKA Aleksandra	708		K-30	167	00:01:43	00:36:02.25	00:37:45.55	+00:18:59 (52.7%)	7:12	8.3 (47.2%)
1084	LIBERA Sabina	135	PARKRUN BYDGOSZCZ	K-40	62	00:01:37	00:36:04.40	00:37:42.10	+00:19:01 (52.7%)	7:13	8.3 (47.2%)
1085	TOMASZEWSKA Marta	1035		K-20	119	00:00:33	00:36:07.15	00:36:40.75	+00:19:04 (52.8%)	7:13	8.3 (47.2%)
1086	KASPRZAK Ewa	1135		K-30	168	00:00:44	00:36:07.35	00:36:51.65	+00:19:04 (52.8%)	7:13	8.3 (47.2%)
1087	KASPRZAK Nikola	1127	EWA I WOJTEK	K-10	33	00:00:44	00:36:07.45	00:36:51.75	+00:19:04 (52.8%)	7:13	8.3 (47.2%)
1088	SCHNEIDER Joanna	1211		K-30	169	00:00:38	00:36:07.85	00:36:45.85	+00:19:04 (52.8%)	7:13	8.3 (47.2%)
1089	TUTLEWSKA Natalia	1219		K-20	120	00:00:37	00:36:07.95	00:36:45.80	+00:19:04 (52.8%)	7:13	8.3 (47.2%)
1090	MAŁAWA Kasia	413	BENEFITKSO	K-20	121	00:01:29	00:36:13.15	00:37:42.40	+00:19:10 (52.9%)	7:14	8.3 (47.2%)
1091	LISOWSKI Mikołaj	823	SP-14	M-10	65	00:01:43	00:36:15.60	00:37:58.80	+00:19:12 (53.0%)	7:15	8.3 (47.2%)
1092	KORPAS Mikołaj	1161	BYDGOSKA SEKCJA KARATE KYOKUSHINKAIKAN	M-10	66	00:00:01	00:36:35.80	00:36:37.40	+00:19:32 (53.4%)	7:19	8.2 (46.6%)
1093	GORZYCKI Dariusz	1158	BYDGOSKA SEKCJA KARATE KYOKUSHINKAIKAN	M-40	148	00:00:02	00:36:36.65	00:36:38.75	+00:19:33 (53.4%)	7:19	8.2 (46.6%)
1094	TUCZYŃSKI Sylwester	1078	BYDGOSKIE OKONIE	M-20	175	00:00:00	00:36:38.90	00:36:38.90	+00:19:35 (53.5%)	7:19	8.2 (46.6%)
1095	STARZYŃSKA Magdalena	331	KANCELARIA ADWOKACKA SAPERE AUDE PIOTR STARZYŃSKI	K-30	170	00:01:06	00:36:44.45	00:37:50.55	+00:19:41 (53.6%)	7:20	8.2 (46.6%)
1096	STARZYŃSKI Piotr	252	KANCELARIA ADWOKACKA SAPERE AUDE PIOTR STARZYŃSKI	M-30	249	00:01:06	00:36:44.65	00:37:50.95	+00:19:41 (53.6%)	7:20	8.2 (46.6%)
1097	SZMELTER Jagoda	1110		K-20	122	00:01:40	00:37:08.65	00:38:49.20	+00:20:05 (54.1%)	7:25	8.1 (46.0%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1098	<b>ŻAL Robert</b>	<b>90</b>	SPÓJNIA BIAŁE BŁOTA	M-30	250	00:01:39	<b>00:37:09.30</b>	<b>00:38:48.65</b>	+00:20:06 (54.1%)	7:25	8.1 (46.0%)
1099	<b>ŻAL Patrycja</b>	<b>711</b>		K-10	34	00:01:38	<b>00:37:09.80</b>	<b>00:38:48.60</b>	+00:20:06 (54.1%)	7:26	8.1 (46.0%)
1100	<b>ŻAL Marcin</b>	<b>705</b>		M-10	67	00:01:38	<b>00:37:10.05</b>	<b>00:38:48.60</b>	+00:20:07 (54.1%)	7:26	8.1 (46.0%)
1101	<b>ŻAL Jolanta</b>	<b>82</b>	SPÓJNIA BIAŁE BŁOTA	K-30	171	00:01:38	<b>00:37:10.35</b>	<b>00:38:48.75</b>	+00:20:07 (54.1%)	7:26	8.1 (46.0%)
1102	<b>WOJCIESZAK Przemysław</b>	<b>1235</b>		M-20	176	00:00:53	<b>00:37:13.10</b>	<b>00:38:06.55</b>	+00:20:10 (54.2%)	7:26	8.1 (46.0%)
1103	<b>JASTRZEMBSKI Krzysztof</b>	<b>633</b>	KOCHAM TATĘ!!!	M-10	68	00:01:49	<b>00:37:17.30</b>	<b>00:39:07.05</b>	+00:20:14 (54.3%)	7:27	8 (45.5%)
1104	<b>GRENDA-JASTRZEMBSKA Anna</b>	<b>637</b>		K-30	172	00:01:49	<b>00:37:18.75</b>	<b>00:39:08.60</b>	+00:20:15 (54.3%)	7:27	8 (45.5%)
1105	<b>JASTRZEMBSKI Edmund</b>	<b>272</b>	SILESIA MARATHON TEAM	M-40	149	00:01:49	<b>00:37:19.65</b>	<b>00:39:08.95</b>	+00:20:16 (54.3%)	7:27	8 (45.5%)
1106	<b>SAWICKA Alicja</b>	<b>1350</b>		K-40	63	00:01:40	<b>00:37:45.30</b>	<b>00:39:26.00</b>	+00:20:42 (54.8%)	7:33	7.9 (44.9%)
1107	<b>FRANKOWSKA Teresa</b>	<b>1391</b>		K-50	13	00:01:39	<b>00:37:58.35</b>	<b>00:39:37.50</b>	+00:20:55 (55.1%)	7:35	7.9 (44.9%)
1108	<b>RUDNICKA Karolina</b>	<b>147</b>	TASAK TEAM	K-30	173	00:00:56	<b>00:37:59.50</b>	<b>00:38:55.50</b>	+00:20:56 (55.1%)	7:35	7.9 (44.9%)
1109	<b>DROŻ Katarzyna</b>	<b>49</b>		K-10	35	00:01:38	<b>00:38:01.40</b>	<b>00:39:40.30</b>	+00:20:58 (55.2%)	7:36	7.9 (44.9%)
1110	<b>GROCHOWALSKA Marzena</b>	<b>181</b>	GROSZKI	K-30	174	00:01:30	<b>00:38:04.95</b>	<b>00:39:35.10</b>	+00:21:01 (55.2%)	7:37	7.9 (44.9%)
1111	<b>FOLERZYŃSKA Sandra</b>	<b>744</b>		K-20	123	00:00:54	<b>00:38:05.05</b>	<b>00:38:59.30</b>	+00:21:02 (55.2%)	7:37	7.9 (44.9%)
1112	<b>GROCHOWALSKA Maja</b>	<b>183</b>	GROSZKI	K-10	36	00:01:29	<b>00:38:05.45</b>	<b>00:39:35.15</b>	+00:21:02 (55.2%)	7:37	7.9 (44.9%)
1113	<b>ZNANIECKI Michał</b>	<b>586</b>	BBL INOWROCŁAW	M-40	150	00:01:34	<b>00:38:08.55</b>	<b>00:39:42.70</b>	+00:21:05 (55.3%)	7:37	7.9 (44.9%)
1114	<b>ZNANIECKI Dominika</b>	<b>552</b>	BYDGOSZCZ NA START	K-30	175	00:01:33	<b>00:38:08.90</b>	<b>00:39:42.85</b>	+00:21:05 (55.3%)	7:37	7.9 (44.9%)
1115	<b>ZNANIECKA Karolina</b>	<b>587</b>	BBL INOWROCŁAW	K-20	124	00:01:33	<b>00:38:09.55</b>	<b>00:39:42.85</b>	+00:21:06 (55.3%)	7:37	7.9 (44.9%)
1116	<b>ZNANIECKI Wojciech</b>	<b>547</b>	BYDGOSZCZ NA START	M-30	251	00:01:33	<b>00:38:09.65</b>	<b>00:39:43.15</b>	+00:21:06 (55.3%)	7:38	7.9 (44.9%)
1117	<b>POLAKIEWICZ Elzbieta</b>	<b>765</b>	KLUB ZDROWIA BYDGOSZCZ	K-60+	3	00:00:07	<b>00:38:28.80</b>	<b>00:38:36.50</b>	+00:21:25 (55.7%)	7:41	7.8 (44.3%)
1118	<b>RUTKOWSKI Adam</b>	<b>667</b>		M-40	151	00:01:30	<b>00:38:33.00</b>	<b>00:40:03.65</b>	+00:21:29 (55.8%)	7:42	7.8 (44.3%)
1119	<b>RUTKOWSKA Ania</b>	<b>1323</b>		K-40	64	00:01:30	<b>00:38:33.70</b>	<b>00:40:03.90</b>	+00:21:30 (55.8%)	7:42	7.8 (44.3%)
1120	<b>PILECKI Gustaw</b>	<b>1303</b>	BRZOZA BIEGA	M-60+	10	00:00:27	<b>00:38:33.75</b>	<b>00:39:01.50</b>	+00:21:30 (55.8%)	7:42	7.8 (44.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1121	<b>PLIT Klaudia</b>	<b>555</b>	III LO BYDGOSZCZ	K-10	37	00:01:43	<b>00:38:44.30</b>	<b>00:40:27.50</b>	+00:21:41 (56.0%)	7:44	7.7 (43.8%)
1122	<b>KOWALSKA Klaudia</b>	<b>388</b>	III LO W BYDGOSZCZY	K-10	38	00:01:42	<b>00:38:44.55</b>	<b>00:40:27.30</b>	+00:21:41 (56.0%)	7:45	7.7 (43.8%)
1123	<b>ZGIEP Julia</b>	<b>1356</b>		K-10	39	00:01:10	<b>00:38:58.60</b>	<b>00:40:08.90</b>	+00:21:55 (56.3%)	7:47	7.7 (43.8%)
1124	<b>ZGIEP Agnieszka</b>	<b>1357</b>		K-30	176	00:01:10	<b>00:39:01.85</b>	<b>00:40:11.90</b>	+00:21:58 (56.3%)	7:48	7.7 (43.8%)
1125	<b>PIJAROWSKA Angelika</b>	<b>123</b>		K-20	125	00:00:02	<b>00:39:40.95</b>	<b>00:39:43.45</b>	+00:22:37 (57.0%)	7:56	7.6 (43.2%)
1126	<b>NADOLNA Aurelia</b>	<b>169</b>	WEEKENDOWY BIEGACZ	K-30	177	00:01:42	<b>00:40:34.65</b>	<b>00:42:16.95</b>	+00:23:31 (58.0%)	8:06	7.4 (42.0%)
1127	<b>REGENT Daniel</b>	<b>1176</b>		M-40	152	00:00:54	<b>00:40:43.20</b>	<b>00:41:37.30</b>	+00:23:40 (58.1%)	8:08	7.4 (42.0%)
1128	<b>REGENT Alicja</b>	<b>1177</b>		K-10	40	00:00:53	<b>00:40:43.55</b>	<b>00:41:37.50</b>	+00:23:40 (58.1%)	8:08	7.4 (42.0%)
1129	<b>DŁUGOŁĘCKI Dariusz</b>	<b>869</b>	RUN BDG	M-40	153	00:01:50	<b>00:41:09.10</b>	<b>00:43:00.05</b>	+00:24:06 (58.6%)	8:14	7.3 (41.5%)
1130	<b>KUBIK Monika</b>	<b>128</b>		K-30	178	00:01:50	<b>00:41:09.15</b>	<b>00:42:59.40</b>	+00:24:06 (58.6%)	8:13	7.3 (41.5%)
1131	<b>WIECZOREK Marcin</b>	<b>101</b>		M-30	252	00:01:48	<b>00:41:21.90</b>	<b>00:43:09.90</b>	+00:24:18 (58.8%)	8:16	7.3 (41.5%)
1132	<b>BORUCH Łukasz</b>	<b>991</b>		M-30	253	00:00:08					(0.0%)
1133	<b>JASTRZEMBSKI Stanisław</b>	<b>628</b>	BUSHIDO KARATE BYDGOSZCZ	M-10	69	00:01:49					(0.0%)

Znaleziono 1133 wynik(ów)