

BYDGOSKI BIEG NIEPODLEGŁOŚCI 2016

B4SPORT

Organizator: Aktywna Bydgoszcz
Data: 2016-11-11
Miejsce: Bydgoszcz
Dystans: 5 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	KOŚMIEJA Marcin	38	TKKF KOLEJARZ	M-30	1	00:00:02	00:17:03.05	00:17:05.45		3:24	17.6 (100%)
2	GUZMANN Mateusz	1380		M-10	1	00:00:01	00:17:13.50	00:17:15.25	+00:00:10 (1.0%)	3:26	17.4 (98.9%)
3	BONKOWSKI Piotr	8	HARDCORE NAKŁO NAD NOTECIĄ	M-20	1	00:00:01	00:17:24.05	00:17:26.00	+00:00:21 (2.0%)	3:29	17.2 (97.7%)
4	LUTOWSKI Wojciech	530	TKKF KOLEJARZ BYDGOSZCZ	M-30	2	00:00:01	00:17:42.05	00:17:43.80	+00:00:39 (3.7%)	3:32	16.9 (96.0%)
5	MYSZKIEWICZ Maciej	1040		M-20	2	00:00:01	00:17:44.45	00:17:45.95	+00:00:41 (3.9%)	3:32	16.9 (96.0%)
6	DEPTUŁA Grzegorz	1015	VII LICEUM OGÓLNOKSZTAŁCĄCE W BYDGOSZCZY	M-30	3	00:00:03	00:18:09.20	00:18:12.20	+00:01:06 (6.1%)	3:37	16.5 (93.8%)
7	SZENK Marta	1175		K-30	1	00:00:01	00:18:17.25	00:18:18.55	+00:01:14 (6.8%)	3:39	16.4 (93.2%)
8	SOSNOWSKI Krzysztof	928	B4SPORT	M-30	4	00:00:02	00:18:19.90	00:18:22.25	+00:01:16 (7.0%)	3:40	16.4 (93.2%)
9	KLÓSKA Fabian	389	SPÓJNIA BIAŁE BŁOTA	M-20	3	00:00:02	00:18:28.70	00:18:31.35	+00:01:25 (7.7%)	3:41	16.2 (92.0%)
10	MRUK Tomasz	480	CZARNE STOPY.SM	M-40	1	00:00:02	00:18:37.85	00:18:40.50	+00:01:34 (8.5%)	3:43	16.1 (91.5%)
11	CZYŻNIKIEWICZ Paweł	677	WOOLFIK.PL	M-20	4	00:00:00	00:18:38.65	00:18:38.65	+00:01:35 (8.5%)	3:43	16.1 (91.5%)
12	TACZKOWSKI Jarosław	931	B4SPORT	M-40	2	00:00:02	00:18:40.20	00:18:42.55	+00:01:37 (8.7%)	3:44	16.1 (91.5%)
13	STRYCHALSKI Tomasz	403	BYDGOSZCZ RUN PROJECT	M-30	5	00:00:03	00:18:45.95	00:18:49.05	+00:01:42 (9.1%)	3:45	16 (90.9%)
14	SKIBA Łukasz	974	OSF TEAM 1 BRYGADA LOGISTYCZNA	M-20	5	00:00:01	00:18:47.35	00:18:49.10	+00:01:44 (9.3%)	3:45	16 (90.9%)
15	EJSMONT Krzysztof	407		M-30	6	00:00:02	00:19:04.60	00:19:06.70	+00:02:01 (10.6%)	3:48	15.7 (89.2%)
16	KOLMAJER Rafał	402	RUN BYDGOSZCZ	M-30	7	00:00:03	00:19:09.80	00:19:13.65	+00:02:06 (11.0%)	3:50	15.7 (89.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
17	KWIATKOWSKI Damian	565	RUN BYDGOSZCZ	M-20	6	00:00:03	00:19:09.95	00:19:13.80	+00:02:06 (11.0%)	3:50	15.7 (89.2%)
18	ABDOUL Romaric	1362	PRO-PRAWO DO ŻYCIA	M-30	8	00:00:10	00:19:11.05	00:19:22.00	+00:02:08 (11.1%)	3:50	15.6 (88.6%)
19	BORCZYKOWSKI Rafał	926	BRAK	M-30	9	00:00:03	00:19:16.15	00:19:19.45	+00:02:13 (11.5%)	3:51	15.6 (88.6%)
19	FUZ Marek	270	KABEL TEAM BYDGOSZCZ	M-40	3	00:00:03	00:19:16.15	00:19:19.45	+00:02:13 (11.5%)	3:51	15.6 (88.6%)
21	WOLLANDT Paweł	1103		M-30	10	00:00:05	00:19:18.60	00:19:23.80	+00:02:15 (11.7%)	3:51	15.5 (88.1%)
22	TOMCZYŃSKI Bartosz	840		M-30	11	00:00:03	00:19:21.15	00:19:24.75	+00:02:18 (11.9%)	3:52	15.5 (88.1%)
23	TUCHOLSKI Bartłomiej	635	BYDGOSKIE OKONIE	M-20	7	00:00:04	00:19:22.45	00:19:26.45	+00:02:19 (12.0%)	3:52	15.5 (88.1%)
24	KOZŁOWSKI Rafał	394	RUN PASJA	M-40	4	00:00:02	00:19:23.25	00:19:25.90	+00:02:20 (12.1%)	3:52	15.5 (88.1%)
25	ŚLEFARSKI Jacek	48		M-30	12	00:00:04	00:19:25.40	00:19:29.90	+00:02:22 (12.2%)	3:53	15.5 (88.1%)
26	FRĄCZ-ZAKRZEWSKI Dawid	1426	LOTTO BYDGOSTIA	M-10	2	00:00:01	00:19:26.10	00:19:27.60	+00:02:23 (12.3%)	3:53	15.4 (87.5%)
27	SZYMCZAK Nicolas	881	LOTTO BYDGOSTIA	M-10	3	00:00:01	00:19:27.20	00:19:28.75	+00:02:24 (12.4%)	3:53	15.4 (87.5%)
28	PIEKARSKI Marek	337	RESTAURACJA KING FU BYDGOSZCZ	M-40	5	00:00:01	00:19:30.55	00:19:32.30	+00:02:27 (12.6%)	3:54	15.4 (87.5%)
29	KUROWSKI Kamil	29	HTB	M-30	13	00:00:04	00:19:36.10	00:19:40.40	+00:02:33 (13.0%)	3:55	15.3 (86.9%)
30	FLOREK Paweł	47	RE MEDIA BYDGOSZCZ	M-30	14	00:00:03	00:19:43.85	00:19:47.70	+00:02:40 (13.6%)	3:56	15.2 (86.4%)
31	MACKOWSKI Maciej	194	MYSLECINEKBDG	M-30	15	00:00:03	00:19:44.55	00:19:47.95	+00:02:41 (13.6%)	3:56	15.2 (86.4%)
32	PILCH Artur	32	KLINIKA TRIATHLONU TEAM	M-30	16	00:00:03	00:19:45.45	00:19:48.50	+00:02:42 (13.7%)	3:57	15.2 (86.4%)
33	RYCZAK Maja	1311		K-20	1	00:00:03	00:19:46.10	00:19:50.05	+00:02:43 (13.7%)	3:57	15.2 (86.4%)
34	GRALIK Jędrzej	1396	BYDGOSKIE OKONIE	M-20	8	00:00:04	00:19:47.20	00:19:51.50	+00:02:44 (13.8%)	3:57	15.2 (86.4%)
35	KUŁAKOWSKI Krzysztof	385	RUN PASJA BYDGOSZCZ	M-30	17	00:00:04	00:19:54.35	00:19:58.45	+00:02:51 (14.3%)	3:58	15.1 (85.8%)
36	BUKOWIŃSKI Michał	751	KLUB HANI & ANTKA	M-30	18	00:00:06	00:19:55.00	00:20:01.15	+00:02:51 (14.4%)	3:59	15.1 (85.8%)
37	HAIZE Tomek	179		M-30	19	00:00:04	00:20:01.05	00:20:05.25	+00:02:58 (14.8%)	4:00	15 (85.2%)
38	BEDRA Robert	249		M-30	20	00:00:03	00:20:01.45	00:20:04.85	+00:02:58 (14.8%)	4:00	15 (85.2%)
39	BAŁDYGA Daniel	1329	1BLOG	M-30	21	00:00:09	00:20:06.65	00:20:16.15	+00:03:03 (15.2%)	4:01	14.9 (84.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
40	KŁOSOWSKI Marcin	729	WWW.JABEX.COM.PL	M-40	6	00:00:02	00:20:11.20	00:20:13.25	+00:03:08 (15.5%)	4:02	14.9 (84.7%)
41	GRACZYKOWSKI Jakub	786	BYDGOSZCZ TRIATHLON TEAM	M-20	9	00:00:02	00:20:11.35	00:20:14.00	+00:03:08 (15.5%)	4:02	14.9 (84.7%)
42	CIECHANOWSKI Bartłomiej	1484	SEROCK	M-10	4	00:00:04	00:20:13.65	00:20:18.35	+00:03:10 (15.7%)	4:02	14.8 (84.1%)
43	ŚLUSARSKI Przemysław	335	BRZOZOWA TEAM	M-30	22	00:00:03	00:20:16.55	00:20:20.00	+00:03:13 (15.9%)	4:03	14.8 (84.1%)
44	BIAŁY Dawid	1046	SPÓJNIA BIAŁE BŁOTA	M-20	10	00:00:05	00:20:18.25	00:20:23.95	+00:03:15 (16.0%)	4:03	14.8 (84.1%)
45	KURDELSKI Kamil	329		M-20	11	00:00:03	00:20:20.05	00:20:23.20	+00:03:17 (16.1%)	4:04	14.8 (84.1%)
46	PRZYBYLSKI Maciej	1471		M-40	7	00:00:00	00:20:20.35	00:20:20.35	+00:03:17 (16.2%)	4:04	14.8 (84.1%)
47	SZLINGER Jakub	190		M-30	23	00:00:08	00:20:21.25	00:20:29.40	+00:03:18 (16.2%)	4:04	14.7 (83.5%)
48	WOJDAT Marta	242	FIT-MAX GYM, ASW BLACK PANTHER, BDG THRIATLON TEAM	K-20	2	00:00:04	00:20:22.35	00:20:26.35	+00:03:19 (16.3%)	4:04	14.7 (83.5%)
49	RYDLEWSKI Marek	862	RUN BYDGOSZCZ	M-40	8	00:00:05	00:20:22.75	00:20:28.00	+00:03:19 (16.3%)	4:04	14.7 (83.5%)
50	SKUBISZEWSKI Damian	605	ARMIA CHRYSTUSA	M-20	12	00:00:06	00:20:25.25	00:20:31.30	+00:03:22 (16.5%)	4:05	14.7 (83.5%)
51	PILEWSKI Mikołaj	599	BYDGOSZCZ TRIATHLON TEAM	M-20	13	00:00:05	00:20:26.75	00:20:32.15	+00:03:23 (16.6%)	4:05	14.7 (83.5%)
52	SZYMAŃSKI Krystian	1441		M-30	24	00:00:07	00:20:28.80	00:20:36.55	+00:03:25 (16.7%)	4:05	14.6 (83.0%)
53	RZEPKA Andrzej	1344	BRODNICA BIEGA	M-40	9	00:00:06	00:20:29.50	00:20:35.55	+00:03:26 (16.8%)	4:05	14.6 (83.0%)
54	DZIAŁOSZYŃSKI Łukasz	541		M-20	14	00:00:00	00:20:30.25	00:20:30.25	+00:03:27 (16.8%)	4:06	14.6 (83.0%)
55	KOWALSKI Jacek	922		M-30	25	00:00:03	00:20:30.85	00:20:34.25	+00:03:27 (16.9%)	4:06	14.6 (83.0%)
56	MUCHA Marcin	219	BATRUN	M-30	26	00:00:08	00:20:33.80	00:20:41.95	+00:03:30 (17.1%)	4:06	14.6 (83.0%)
57	LEPRINCE Ludovic	932		M-40	10	00:00:05	00:20:33.90	00:20:39.40	+00:03:30 (17.1%)	4:06	14.6 (83.0%)
58	BOINSKI Rafal	223		M-30	27	00:00:08	00:20:34.15	00:20:42.95	+00:03:31 (17.1%)	4:06	14.6 (83.0%)
59	KUBIŃSKI Jakub	1045	BYDGOSZCZ TRIATHLON TEAM	M-20	15	00:00:04	00:20:34.85	00:20:39.25	+00:03:31 (17.2%)	4:07	14.6 (83.0%)
60	KOZIŃSKI Marek	1365	RUN BYDGOSZCZ	M-30	28	00:00:05	00:20:36.05	00:20:41.05	+00:03:33 (17.2%)	4:07	14.6 (83.0%)
61	OLSZEWSKI Arkadiusz	673	INOWROCŁAW BIEGA	M-20	16	00:00:04	00:20:36.40	00:20:41.00	+00:03:33 (17.3%)	4:07	14.6 (83.0%)
62	KUJAWA Piotr	1132	RUN BYDGOSZCZ	M-40	11	00:00:04	00:20:38.55	00:20:43.50	+00:03:35 (17.4%)	4:07	14.5 (82.4%)

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63	DĄBROWSKI Paweł	154		M-20	17	00:00:05	00:20:39.10	00:20:44.50	+00:03:36 (17.4%)	4:07	14.5 (82.4%)
64	FELKNER Kamil	1342		M-10	5	00:00:48	00:20:40.15	00:21:28.55	+00:03:37 (17.5%)	4:08	14.5 (82.4%)
65	WARSZAWSKI Przemysław	448		M-20	18	00:00:05	00:20:42.65	00:20:48.35	+00:03:39 (17.7%)	4:08	14.5 (82.4%)
66	BRZUCHALSKI Mati	566		M-20	19	00:00:20	00:20:44.60	00:21:04.85	+00:03:41 (17.8%)	4:08	14.5 (82.4%)
67	MIŁOSIERNY Oskar	803	BBL SZUBIN	M-10	6	00:00:10	00:20:44.90	00:20:55.30	+00:03:41 (17.8%)	4:09	14.5 (82.4%)
68	SZULC Jarosław	1472	SZULC TEAM	M-30	29	00:00:10	00:20:47.20	00:20:57.95	+00:03:44 (18.0%)	4:09	14.4 (81.8%)
69	HAMERSKI Dawid	198	GORDON RUN	M-20	20	00:00:07	00:20:47.45	00:20:55.30	+00:03:44 (18.0%)	4:09	14.4 (81.8%)
70	SZATTEN Dawid	573		M-30	30	00:00:10	00:20:51.40	00:21:02.35	+00:03:48 (18.2%)	4:10	14.4 (81.8%)
71	ZWIEWKA Sebastian	636	SPÓJNIA BIAŁE BŁOTA	M-40	12	00:00:06	00:20:51.80	00:20:58.30	+00:03:48 (18.3%)	4:10	14.4 (81.8%)
72	WOŹNIAKOWSKA Agata	63	RUN BYDGOSZCZ	K-30	2	00:00:04	00:20:54.85	00:20:59.40	+00:03:51 (18.5%)	4:11	14.3 (81.3%)
73	RUDNICKI Michał	139	TASAK TEAM	M-30	31	00:00:09	00:20:57.40	00:21:07.10	+00:03:54 (18.6%)	4:11	14.3 (81.3%)
74	GURDAK Leszek	254		M-40	13	00:00:10	00:20:58.70	00:21:09.45	+00:03:55 (18.7%)	4:11	14.3 (81.3%)
75	WILK Łukasz	62		M-30	32	00:00:06	00:20:59.50	00:21:06.30	+00:03:56 (18.8%)	4:12	14.3 (81.3%)
76	KUBIS Roman	859	RUN PASJA	M-40	14	00:00:04	00:21:02.25	00:21:06.80	+00:03:59 (19.0%)	4:12	14.3 (81.3%)
77	KISIEL Tomasz	452	RUN BYDGOSZCZ	M-40	15	00:00:05	00:21:07.75	00:21:13.65	+00:04:04 (19.3%)	4:13	14.2 (80.7%)
78	GRZYWIŃSKI Grzegorz	594		M-30	33	00:00:21	00:21:09.85	00:21:31.20	+00:04:06 (19.4%)	4:14	14.2 (80.7%)
79	GZYL Mikołaj	1073	JANUSZE TRIATHLONU 'EXODUS' TEAM	M-30	34	00:00:09	00:21:11.70	00:21:20.80	+00:04:08 (19.6%)	4:14	14.2 (80.7%)
80	DURCZAK Jerzy	1063		M-30	35	00:00:06	00:21:12.70	00:21:18.75	+00:04:09 (19.6%)	4:14	14.2 (80.7%)
81	WIŚNIEWSKI Piotr	706		M-30	36	00:00:16	00:21:13.50	00:21:30.00	+00:04:10 (19.7%)	4:14	14.1 (80.1%)
82	WUJEK Magdalena	466		K-30	3	00:00:06	00:21:13.65	00:21:20.15	+00:04:10 (19.7%)	4:14	14.1 (80.1%)
83	FULARCZYK-KOZŁOWSKA Magdalena	1119		K-30	4	00:00:01	00:21:14.40	00:21:16.20	+00:04:11 (19.7%)	4:15	14.1 (80.1%)
84	SZCZEBLEWSKI Paweł	1288		M-20	21	00:00:05	00:21:14.50	00:21:20.05	+00:04:11 (19.7%)	4:15	14.1 (80.1%)
85	SZWARC Paweł	817	RUN BYDGOSZCZ	M-30	37	00:00:06	00:21:14.80	00:21:21.00	+00:04:11 (19.7%)	4:15	14.1 (80.1%)

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86	MARTIN Paweł	26		M-30	38	00:00:12	00:21:18.45	00:21:30.65	+00:04:15 (20.0%)	4:15	14.1 (80.1%)
87	LEWICKI Artur	979	LEGE ARTIS	M-40	16	00:00:12	00:21:18.70	00:21:31.50	+00:04:15 (20.0%)	4:15	14.1 (80.1%)
88	BRZOZOWSKI Mariusz	703		M-50	1	00:00:09	00:21:18.75	00:21:27.95	+00:04:15 (20.0%)	4:15	14.1 (80.1%)
89	PALIGA Mateusz	1151		M-20	22	00:00:03	00:21:21.00	00:21:24.45	+00:04:17 (20.1%)	4:16	14.1 (80.1%)
90	KRUCZKOWSKI Jakub	797	MKS EMDEK BYDGOSZCZ	M-10	7	00:00:04	00:21:23.35	00:21:27.85	+00:04:20 (20.3%)	4:16	14 (79.5%)
91	WENDA Dawid	563	SZKOŁA JAZDY TOMAS	M-20	23	00:00:09	00:21:23.75	00:21:32.95	+00:04:20 (20.3%)	4:16	14 (79.5%)
92	DOMALEWSKI Łukasz	87		M-20	24	00:00:10	00:21:24.05	00:21:34.45	+00:04:21 (20.3%)	4:16	14 (79.5%)
93	SIUDA Sebastian	16		M-40	17	00:00:11	00:21:24.80	00:21:36.05	+00:04:21 (20.4%)	4:17	14 (79.5%)
94	GRZECHOWIAK Krzysztof	71		M-30	39	00:00:11	00:21:25.70	00:21:37.05	+00:04:22 (20.4%)	4:17	14 (79.5%)
95	TRZCIŃSKI Tomasz	1436		M-20	25	00:00:06	00:21:26.60	00:21:33.25	+00:04:23 (20.5%)	4:17	14 (79.5%)
96	TRZCIŃSKI Franciszek	224	SIR START	M-50	2	00:00:06	00:21:26.80	00:21:33.45	+00:04:23 (20.5%)	4:17	14 (79.5%)
97	ŁUKOMSKI Marcin	1001	BENEFITKSO	M-30	40	00:00:35	00:21:27.00	00:22:02.10	+00:04:23 (20.5%)	4:17	14 (79.5%)
98	PAWLACZYK Szymon	627	TRISPACE	M-30	41	00:00:06	00:21:28.70	00:21:34.75	+00:04:25 (20.6%)	4:17	14 (79.5%)
99	GURNA Jolanta	1435		K-50	1	00:00:06	00:21:29.90	00:21:36.40	+00:04:26 (20.7%)	4:18	14 (79.5%)
100	ROSZAK Zbigniew	942		M-20	26	00:00:02	00:21:29.95	00:21:32.00	+00:04:26 (20.7%)	4:18	14 (79.5%)
101	GUZOWSKI Rafał	542	TCMS PESA	M-20	27	00:00:47	00:21:30.60	00:22:17.75	+00:04:27 (20.7%)	4:18	14 (79.5%)
102	LEWANDOWSKI Rafał	1061	B4SPORT.PL	M-30	42	00:00:08	00:21:31.45	00:21:40.30	+00:04:28 (20.8%)	4:18	13.9 (79.0%)
102	KOŁACKI Jarosław	524		M-20	28	00:00:24	00:21:31.45	00:21:55.85	+00:04:28 (20.8%)	4:18	13.9 (79.0%)
104	SKUZA Sebastian	616		M-20	29	00:00:14	00:21:31.90	00:21:46.55	+00:04:28 (20.8%)	4:18	13.9 (79.0%)
105	RUDOL Sebastian	152		M-40	18	00:00:16	00:21:32.25	00:21:48.70	+00:04:29 (20.8%)	4:18	13.9 (79.0%)
106	GRZELCZAK Jakub	1247		M-30	43	00:00:18	00:21:34.00	00:21:52.55	+00:04:30 (20.9%)	4:18	13.9 (79.0%)
107	PRZYBYLSKI Bartek	1022	RUN BDG	M-20	30	00:00:36	00:21:34.40	00:22:11.05	+00:04:31 (21.0%)	4:19	13.9 (79.0%)
108	NIEWIAROWSKI Paweł	474		M-20	31	00:00:24	00:21:36.20	00:22:00.90	+00:04:33 (21.1%)	4:19	13.9 (79.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
109	WANTOWSKA Aleksandra	1077	TEAM KOPEĆ	K-20	3	00:00:03	00:21:38.05	00:21:41.75	+00:04:35 (21.2%)	4:19	13.9 (79.0%)
109	WARCZAK Kuba	195	TEAMOCHAL	M-30	44	00:00:16	00:21:38.05	00:21:54.30	+00:04:35 (21.2%)	4:19	13.9 (79.0%)
111	KALACZYŃSKI Miłosz	732		M-10	8	00:00:11	00:21:39.35	00:21:50.95	+00:04:36 (21.3%)	4:19	13.9 (79.0%)
112	DĘBSKI Adrian	900		M-30	45	00:00:11	00:21:42.30	00:21:53.85	+00:04:39 (21.4%)	4:20	13.8 (78.4%)
113	GRALIK Kacper	860	BYDGOSKIE OKONIE	M-20	32	00:00:07	00:21:45.90	00:21:53.15	+00:04:42 (21.7%)	4:21	13.8 (78.4%)
113	MALICKI Łukasz	236	KLINIKA TRIATHLONU TEAM	M-30	46	00:00:13	00:21:45.90	00:21:59.80	+00:04:42 (21.7%)	4:21	13.8 (78.4%)
115	HOŁTYN Patryk	1092		M-20	33	00:01:03	00:21:47.10	00:22:50.85	+00:04:44 (21.7%)	4:21	13.8 (78.4%)
116	IGNACZAK Jarosław	491		M-30	47	00:00:15	00:21:47.90	00:22:03.60	+00:04:44 (21.8%)	4:21	13.8 (78.4%)
117	RETLEWSKI Adam	533		M-20	34	00:00:22	00:21:49.15	00:22:11.55	+00:04:46 (21.9%)	4:21	13.8 (78.4%)
118	FILIPEK Patryk	903		M-20	35	00:00:26	00:21:49.20	00:22:15.75	+00:04:46 (21.9%)	4:21	13.8 (78.4%)
119	TUBAJA Albert	20	KABEL TEAM BYDGOSZCZ	M-40	19	00:00:08	00:21:50.05	00:21:58.05	+00:04:47 (21.9%)	4:22	13.7 (77.8%)
120	CIEPŁOWSKI Robert	837	IPA BYDGOSZCZ	M-30	48	00:00:16	00:21:50.90	00:22:07.40	+00:04:47 (22.0%)	4:22	13.7 (77.8%)
121	TOMASZEWSKI Jordan	115	AFLOFARM RUNNING TEAM	M-30	49	00:00:05	00:21:51.70	00:21:57.10	+00:04:48 (22.0%)	4:22	13.7 (77.8%)
122	TOKARSKI Paweł	675		M-10	9	00:00:07	00:21:52.00	00:21:59.30	+00:04:48 (22.0%)	4:22	13.7 (77.8%)
123	WITKOWSKI Piotr	1200	VIVA LA VIDA	M-20	36	00:00:06	00:21:53.85	00:21:59.95	+00:04:50 (22.1%)	4:22	13.7 (77.8%)
124	DOBROGOWSKI Piotr	962		M-10	10	00:00:10	00:21:54.05	00:22:04.15	+00:04:51 (22.1%)	4:22	13.7 (77.8%)
125	TATULIŃSKA Aleksandra	390	RUN BYDGOSZCZ	K-30	5	00:00:04	00:21:56.15	00:22:00.95	+00:04:53 (22.3%)	4:23	13.7 (77.8%)
126	SZELA Leszek	458		M-40	20	00:00:19	00:21:56.95	00:22:15.95	+00:04:53 (22.3%)	4:23	13.7 (77.8%)
127	ŁAZ Kamil	184	RUN BYDGOSZCZ	M-30	50	00:00:04	00:21:57.05	00:22:01.35	+00:04:54 (22.3%)	4:23	13.7 (77.8%)
128	RENC Patryk	905		M-20	37	00:00:11	00:21:57.50	00:22:08.85	+00:04:54 (22.3%)	4:23	13.7 (77.8%)
129	NOWAK Rafał	1457		M-20	38	00:00:03	00:21:58.05	00:22:01.20	+00:04:55 (22.4%)	4:23	13.7 (77.8%)
129	TORCHALSKI Krzysztof	131	RUN PASJA	M-50	3	00:00:11	00:21:58.05	00:22:09.60	+00:04:55 (22.4%)	4:23	13.7 (77.8%)
131	WIŚNIEWSKI Paweł	612		M-20	39	00:00:16	00:21:58.35	00:22:14.90	+00:04:55 (22.4%)	4:23	13.7 (77.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
132	TEKLIŃSKI Dawid	1347	WTORKOWY TRENING	M-30	51	00:01:07	00:21:58.60	00:23:06.15	+00:04:55 (22.4%)	4:23	13.6 (77.3%)
133	GROSKOP Grzegorz	1145	GREGORIAN RUN TEAM	M-20	40	00:00:02	00:21:59.75	00:22:02.55	+00:04:56 (22.5%)	4:24	13.6 (77.3%)
134	WŁODARCZYK Wojciech	1240		M-50	4	00:00:14	00:21:59.85	00:22:14.45	+00:04:56 (22.5%)	4:24	13.6 (77.3%)
135	WENDA Mateusz	562	SZKOŁA JAZDY TOMAS	M-20	41	00:00:09	00:22:00.00	00:22:09.90	+00:04:56 (22.5%)	4:24	13.6 (77.3%)
136	ZBORAŁA Dawid	527	D&M	M-20	42	00:00:09	00:22:00.15	00:22:09.55	+00:04:57 (22.5%)	4:24	13.6 (77.3%)
137	ZBORAŁA Mateusz	548	D&M	M-20	43	00:00:08	00:22:02.00	00:22:10.25	+00:04:58 (22.6%)	4:24	13.6 (77.3%)
138	DOBROGOWSKI Łukasz	994	CROSS TEAM BYDGOSZCZ	M-20	44	00:00:00	00:22:04.25	00:22:04.25	+00:05:01 (22.7%)	4:24	13.6 (77.3%)
139	ANDRYSIAK Tomasz	107		M-40	21	00:00:09	00:22:05.50	00:22:14.80	+00:05:02 (22.8%)	4:25	13.6 (77.3%)
140	JACIUBEK Andrzej	1123	NIEZRZESZONY	M-50	5	00:00:14	00:22:09.35	00:22:23.40	+00:05:06 (23.0%)	4:25	13.5 (76.7%)
141	NADRATOWSKI Maciej	261	KABEL TEAM BYDGOSZCZ	M-40	22	00:00:08	00:22:10.30	00:22:18.95	+00:05:07 (23.1%)	4:26	13.5 (76.7%)
142	RUTKOWSKI Tomasz	490		M-40	23	00:00:12	00:22:11.55	00:22:24.50	+00:05:08 (23.2%)	4:26	13.5 (76.7%)
143	PAUKA Łukasz	1419		M-30	52	00:00:07	00:22:11.95	00:22:19.20	+00:05:08 (23.2%)	4:26	13.5 (76.7%)
144	BAGROWSKI Marek	690	UMK COLLEGIUM MEDICUM RATOWNICTWO MEDYCZNE JANOWO BIEGA	M-50	6	00:00:10	00:22:12.10	00:22:22.55	+00:05:09 (23.2%)	4:26	13.5 (76.7%)
145	WNĘK Natalia	835	KLINIKA TRIATHLONU	K-20	4	00:00:21	00:22:12.95	00:22:34.45	+00:05:09 (23.2%)	4:26	13.5 (76.7%)
146	MAKOWSKI Sławomir	398	RUN BYDGOSZCZ	M-40	24	00:01:05	00:22:13.20	00:23:18.25	+00:05:10 (23.3%)	4:26	13.5 (76.7%)
147	MAGDZIARZ Jakub	110		M-30	53	00:00:17	00:22:14.35	00:22:31.85	+00:05:11 (23.3%)	4:26	13.5 (76.7%)
148	ŚWITAJ Mateusz	582		M-10	11	00:00:02	00:22:15.85	00:22:18.20	+00:05:12 (23.4%)	4:27	13.5 (76.7%)
149	ROSIAK Dariusz	164	#ZAWSZEPOZLOTO	M-20	45	00:00:22	00:22:16.40	00:22:39.15	+00:05:13 (23.4%)	4:27	13.5 (76.7%)
150	ŁYSZCZARZ Błażej	561		M-30	54	00:00:14	00:22:16.75	00:22:31.40	+00:05:13 (23.5%)	4:27	13.5 (76.7%)
151	KUTOWSKI Przemysław	30		M-30	55	00:00:07	00:22:16.95	00:22:24.20	+00:05:13 (23.5%)	4:27	13.5 (76.7%)
152	PIKOR Patryk	696		M-10	12	00:01:32	00:22:20.85	00:23:53.35	+00:05:17 (23.7%)	4:28	13.4 (76.1%)
153	WĘGRZYNOWSKI Sławomir	46	KABEL TEAM BYDGOSZCZ	M-40	25	00:00:08	00:22:22.20	00:22:30.75	+00:05:19 (23.8%)	4:28	13.4 (76.1%)
154	BILSKI Marcin	166	OPONEO.PL	M-30	56	00:00:37	00:22:22.65	00:22:59.75	+00:05:19 (23.8%)	4:28	13.4 (76.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
155	PALIGA Antoni	1152		M-40	26	00:00:02	00:22:23.75	00:22:26.70	+00:05:20 (23.9%)	4:28	13.4 (76.1%)
156	KOTLAREK Dawid	420	PLAYBALLE	M-20	46	00:00:18	00:22:24.85	00:22:43.15	+00:05:21 (23.9%)	4:29	13.4 (76.1%)
157	STRABEL Bartosz	1066		M-20	47	00:00:06	00:22:26.05	00:22:32.75	+00:05:23 (24.0%)	4:29	13.4 (76.1%)
158	WEISBROT Paweł	678	OSP RATOWNIK	M-20	48	00:00:21	00:22:26.25	00:22:47.75	+00:05:23 (24.0%)	4:29	13.4 (76.1%)
159	KULKA Marek	1226		M-50	7	00:00:15	00:22:28.15	00:22:44.05	+00:05:25 (24.1%)	4:29	13.3 (75.6%)
160	NOWAK Ewelina	1010	TRIAMATOR - EWELINA NOWAK	K-20	5	00:00:08	00:22:29.85	00:22:38.15	+00:05:26 (24.2%)	4:30	13.3 (75.6%)
161	PALACZ Wioletta	799		K-30	6	00:00:09	00:22:33.70	00:22:42.85	+00:05:30 (24.4%)	4:30	13.3 (75.6%)
162	OWCZARSKI Krzysztof	966		M-30	57	00:00:07	00:22:38.25	00:22:45.65	+00:05:35 (24.7%)	4:31	13.3 (75.6%)
163	HASS Adam	418		M-30	58	00:00:10	00:22:41.55	00:22:51.95	+00:05:38 (24.9%)	4:32	13.2 (75.0%)
164	STĘPSKI Marek	973		M-40	27	00:00:06	00:22:41.95	00:22:48.90	+00:05:38 (24.9%)	4:32	13.2 (75.0%)
165	KARPACZ Jarek	61		M-20	49	00:00:29	00:22:42.65	00:23:11.95	+00:05:39 (24.9%)	4:32	13.2 (75.0%)
166	SIUDA Mariusz	256		M-30	59	00:00:05	00:22:43.35	00:22:48.60	+00:05:40 (25.0%)	4:32	13.2 (75.0%)
167	DERING Tomasz	471	BYDGOSKIE ŻÓŁWIE	M-30	60	00:00:42	00:22:43.85	00:23:26.35	+00:05:40 (25.0%)	4:32	13.2 (75.0%)
168	APANASIEWICZ Bartosz	638	RUN PASJA	M-30	61	00:00:21	00:22:44.15	00:23:06.00	+00:05:41 (25.0%)	4:33	13.2 (75.0%)
169	WOŹNIAK Anna	305	RUN PASJA	K-30	7	00:00:21	00:22:44.55	00:23:06.00	+00:05:41 (25.0%)	4:33	13.2 (75.0%)
170	ORNOWSKI Zbigniew	1385	WTORKOWY TRENING	M-40	28	00:00:14	00:22:44.90	00:22:59.10	+00:05:41 (25.0%)	4:33	13.2 (75.0%)
171	LIPSKI Krzysztof	808	RUN BYDGOSZCZ	M-40	29	00:01:15	00:22:45.00	00:24:00.25	+00:05:41 (25.1%)	4:33	13.2 (75.0%)
172	FOLERZYŃSKI Dawid	726	SPÓJNIA BIAŁE BŁOTA	M-10	13	00:00:07	00:22:45.10	00:22:52.10	+00:05:42 (25.1%)	4:33	13.2 (75.0%)
173	WRÓBEL Mateusz	1364	1990	M-20	50	00:00:04	00:22:45.20	00:22:50.00	+00:05:42 (25.1%)	4:33	13.2 (75.0%)
173	KUCHCZYŃSKI Jakub	1389	BKS BYDGOSZCZ	M-10	14	00:00:19	00:22:45.20	00:23:05.10	+00:05:42 (25.1%)	4:33	13.2 (75.0%)
175	SOKOŁOWSKI Tomasz	1006		M-30	62	00:00:19	00:22:45.65	00:23:05.15	+00:05:42 (25.1%)	4:33	13.2 (75.0%)
176	GRZELCZAK Marta	1462		K-30	8	00:00:17	00:22:45.80	00:23:03.20	+00:05:42 (25.1%)	4:33	13.2 (75.0%)
177	WIDŹGOWSKI Przemysław	153		M-30	63	00:00:08	00:22:46.95	00:22:55.55	+00:05:43 (25.2%)	4:33	13.2 (75.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
178	DACH Łukasz	1374		M-30	64	00:00:06	00:22:48.00	00:22:54.50	+00:05:44 (25.2%)	4:33	13.2 (75.0%)
179	TYMOSIAK Mateusz	505	SPÓJNIA BIAŁE BŁOTA	M-20	51	00:00:17	00:22:49.35	00:23:06.70	+00:05:46 (25.3%)	4:33	13.1 (74.4%)
180	DĘBSKI Rafał	901		M-20	52	00:00:35	00:22:49.85	00:23:24.85	+00:05:46 (25.3%)	4:33	13.1 (74.4%)
181	KARASZEWSKI Marcin	1074		M-30	65	00:00:29	00:22:49.90	00:23:19.70	+00:05:46 (25.3%)	4:34	13.1 (74.4%)
182	FILARECKA Agnieszka	1495	ASF BY TRISPEACE	K-30	9	00:00:05	00:22:51.00	00:22:56.80	+00:05:47 (25.4%)	4:34	13.1 (74.4%)
183	NISZCZOTA Karol	504		M-40	30	00:00:48	00:22:51.10	00:23:39.85	+00:05:48 (25.4%)	4:34	13.1 (74.4%)
184	BANASZAK Monika	1420	RUN-PASJA BYDGOSZCZ	K-30	10	00:00:20	00:22:51.75	00:23:11.85	+00:05:48 (25.4%)	4:34	13.1 (74.4%)
185	CYL Dawid	1116	RUN BYDGOSZCZ	M-30	66	00:00:28	00:22:52.50	00:23:21.00	+00:05:49 (25.5%)	4:34	13.1 (74.4%)
186	GRECHUTA Tomasz	439		M-30	67	00:00:15	00:22:54.75	00:23:09.80	+00:05:51 (25.6%)	4:34	13.1 (74.4%)
186	PRZYBYTKOWSKI Marek	44		M-20	53	00:00:30	00:22:54.75	00:23:25.25	+00:05:51 (25.6%)	4:35	13.1 (74.4%)
188	SOBCZAK Marcin	260	CZARNE STOPY.SM	M-30	68	00:00:36	00:22:54.90	00:23:30.90	+00:05:51 (25.6%)	4:34	13.1 (74.4%)
189	BASIŃSKI Łukasz	43		M-20	54	00:00:30	00:22:55.20	00:23:25.50	+00:05:52 (25.6%)	4:35	13.1 (74.4%)
190	WRZYSZCZ Mateusz	953		M-10	15	00:00:10	00:22:56.40	00:23:06.55	+00:05:53 (25.7%)	4:35	13.1 (74.4%)
191	GACKOWSKI Krzysztof	1445		M-40	31	00:00:06	00:22:56.70	00:23:03.15	+00:05:53 (25.7%)	4:35	13.1 (74.4%)
192	BUSSE Piotr	265		M-30	69	00:00:16	00:22:57.75	00:23:14.50	+00:05:54 (25.7%)	4:35	13.1 (74.4%)
193	SKORNIA Eliza	1307		K-20	6	00:00:15	00:22:58.15	00:23:13.45	+00:05:55 (25.8%)	4:35	13.1 (74.4%)
194	NAGORZYSKI Arkadiusz	352		M-30	70	00:00:00	00:22:58.20	00:22:58.20	+00:05:55 (25.8%)	4:35	13.1 (74.4%)
195	BUTRYM Piotr	141		M-30	71	00:00:28	00:23:01.20	00:23:29.75	+00:05:58 (25.9%)	4:36	13 (73.9%)
196	MENDEL Magdalena	613		K-20	7	00:00:13	00:23:03.10	00:23:16.15	+00:06:00 (26.0%)	4:36	13 (73.9%)
197	HOŁOWNIA Wojciech	266		M-50	8	00:00:14	00:23:03.15	00:23:17.20	+00:06:00 (26.0%)	4:36	13 (73.9%)
198	WNUK Sławomir	806		M-40	32	00:00:30	00:23:04.20	00:23:35.15	+00:06:01 (26.1%)	4:37	13 (73.9%)
198	MICHALAK Martyna	1284		K-10	1	00:00:37	00:23:04.20	00:23:41.95	+00:06:01 (26.1%)	4:36	13 (73.9%)
200	KILAN Kacper	1227		M-10	16	00:00:44	00:23:04.60	00:23:48.75	+00:06:01 (26.1%)	4:36	13 (73.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
201	RATAJ Zuzanna	75	KOBIETY BIEGAJĄ / POLONIA BYDGOSZCZ SEKCJA LA	K-30	11	00:00:13	00:23:05.10	00:23:18.80	+00:06:02 (26.1%)	4:37	13 (73.9%)
202	CHOLEWIŃSKI Andrzej	1341	HURAGAN MIEDZYŃ	M-10	17	00:00:05	00:23:06.95	00:23:12.45	+00:06:03 (26.2%)	4:37	13 (73.9%)
203	KUCHCZYŃSKI Adam	1386	BÓL TO ŚCIEMA	M-40	33	00:00:00	00:23:08.10	00:23:08.10	+00:06:05 (26.3%)	4:37	13 (73.9%)
204	RUDOL Małgorzata	66		K-30	12	00:00:29	00:23:08.25	00:23:37.60	+00:06:05 (26.3%)	4:37	13 (73.9%)
205	GACKOWSKI Michał	461		M-30	72	00:00:27	00:23:08.75	00:23:36.70	+00:06:05 (26.3%)	4:37	13 (73.9%)
206	GÓRECKI Łukasz	710	BYDGOSKIE OKONIE	M-30	73	00:01:19	00:23:09.20	00:24:28.35	+00:06:06 (26.4%)	4:37	13 (73.9%)
207	ZAGRODNIK Miłosz	1156	ZAGIO TEAM	M-30	74	00:00:17	00:23:09.40	00:23:26.60	+00:06:06 (26.4%)	4:37	13 (73.9%)
208	KULBAKA Dawid	232		M-30	75	00:00:32	00:23:13.30	00:23:45.95	+00:06:10 (26.6%)	4:38	12.9 (73.3%)
209	KOWALIKOWSKI Daniel	363		M-20	55	00:00:15	00:23:14.25	00:23:30.20	+00:06:11 (26.6%)	4:39	12.9 (73.3%)
210	NOWAK Paweł	1207	HUNTER GYM	M-20	56	00:01:45	00:23:14.80	00:25:00.70	+00:06:11 (26.7%)	4:39	12.9 (73.3%)
211	KULIKOWSKI Tomasz	854		M-20	57	00:01:04	00:23:16.25	00:24:21.15	+00:06:13 (26.7%)	4:39	12.9 (73.3%)
212	SZARLEJ Marcin	31		M-30	76	00:00:31	00:23:16.30	00:23:48.15	+00:06:13 (26.7%)	4:39	12.9 (73.3%)
213	ŚWIĘCICKI Andrzej	917		M-40	34	00:00:48	00:23:16.65	00:24:05.25	+00:06:13 (26.7%)	4:39	12.9 (73.3%)
214	SENDROWICZ Mariusz	1043		M-30	77	00:00:21	00:23:16.70	00:23:38.05	+00:06:13 (26.8%)	4:39	12.9 (73.3%)
215	SIKORSKI Jarek	899	RUN BYDGOSZCZ	M-30	78	00:00:18	00:23:17.60	00:23:36.35	+00:06:14 (26.8%)	4:39	12.9 (73.3%)
216	WYSOCKI Jerzy	569	CZARNE STOPY.SM	M-50	9	00:00:32	00:23:17.75	00:23:50.10	+00:06:14 (26.8%)	4:39	12.9 (73.3%)
217	SZRAMSKA Violetta	1089		K-40	1	00:00:25	00:23:18.60	00:23:44.20	+00:06:15 (26.9%)	4:39	12.9 (73.3%)
218	SOWIŃSKI Jakub	870		M-20	58	00:00:22	00:23:19.20	00:23:41.60	+00:06:16 (26.9%)	4:39	12.9 (73.3%)
219	RUDOL Magdalena	171		K-40	2	00:00:17	00:23:19.80	00:23:37.60	+00:06:16 (26.9%)	4:40	12.9 (73.3%)
220	KRUCZKOWSKI Adam	802		M-40	35	00:00:13	00:23:21.90	00:23:34.95	+00:06:18 (27.0%)	4:40	12.8 (72.7%)
221	SUŚ Cyprian	689	N-BIKE ACADEMY	M-10	18	00:00:12	00:23:22.45	00:23:35.10	+00:06:19 (27.1%)	4:40	12.8 (72.7%)
222	JOACHIMIAK Dariusz	206	KLINIKA TRIATHLONU TEAM	M-20	59	00:00:22	00:23:24.15	00:23:46.25	+00:06:21 (27.1%)	4:40	12.8 (72.7%)
223	BIAŁOUS Krzysztof	658		M-50	10	00:00:11	00:23:24.20	00:23:35.45	+00:06:21 (27.1%)	4:40	12.8 (72.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
224	MEJSNER-HERMELIN Monika	161	KANCELARIA HMM	K-30	13	00:00:15	00:23:24.75	00:23:39.95	+00:06:21 (27.2%)	4:40	12.8 (72.7%)
225	CHOJNACKI Kacper	619		M-10	19	00:00:34	00:23:25.25	00:23:59.30	+00:06:22 (27.2%)	4:41	12.8 (72.7%)
226	HERMELIN Wojciech	137	KANCELARIA HMM	M-30	79	00:00:14	00:23:25.40	00:23:40.30	+00:06:22 (27.2%)	4:41	12.8 (72.7%)
226	KANCLERZEWSKI Stanisław	671		M-40	36	00:00:18	00:23:25.40	00:23:43.80	+00:06:22 (27.2%)	4:41	12.8 (72.7%)
228	KOFI KUFEL Mateusz	1		M-20	60	00:01:35	00:23:25.45	00:25:01.30	+00:06:22 (27.2%)	4:41	12.8 (72.7%)
229	JANYSKA Adam	167	UKS KOPERNIK BYDGOSZCZ	M-10	20	00:00:13	00:23:25.95	00:23:39.00	+00:06:22 (27.2%)	4:41	12.8 (72.7%)
230	PASTOR Andrzej	451	THE PASTORS	M-40	37	00:00:25	00:23:28.20	00:23:53.20	+00:06:25 (27.4%)	4:41	12.8 (72.7%)
231	ROSINSKI Przemysław	1033		M-30	80	00:00:32	00:23:29.05	00:24:01.15	+00:06:26 (27.4%)	4:41	12.8 (72.7%)
232	GROCHOWSKI Jakub	170	JW1515	M-30	81	00:00:30	00:23:30.05	00:24:00.55	+00:06:27 (27.4%)	4:42	12.8 (72.7%)
233	WEISBROT Magdalena	267		K-20	8	00:00:21	00:23:30.80	00:23:51.95	+00:06:27 (27.5%)	4:42	12.8 (72.7%)
234	WALENCIAK Jarosław	73	CZARNE STOPY.SM	M-40	38	00:00:39	00:23:31.70	00:24:11.15	+00:06:28 (27.5%)	4:42	12.7 (72.2%)
235	KREŃSKI Tomasz	883		M-30	82	00:00:14	00:23:32.65	00:23:47.55	+00:06:29 (27.6%)	4:42	12.7 (72.2%)
236	LUBIŃSKI Robert	225		M-30	83	00:00:15	00:23:33.75	00:23:49.45	+00:06:30 (27.6%)	4:42	12.7 (72.2%)
237	SOCHACKI Jakub	664		M-20	61	00:00:18	00:23:33.85	00:23:52.25	+00:06:30 (27.6%)	4:42	12.7 (72.2%)
237	PIOTROWSKI Dariusz	116		M-40	39	00:00:36	00:23:33.85	00:24:10.20	+00:06:30 (27.6%)	4:42	12.7 (72.2%)
239	ZIÓŁKOWSKI Mieczysław	761	ZGUBIŁEM SPONSORA	M-50	11	00:00:06	00:23:34.25	00:23:41.10	+00:06:31 (27.7%)	4:43	12.7 (72.2%)
240	PAUKA Szymon	1411		M-30	84	00:00:07	00:23:35.40	00:23:42.80	+00:06:32 (27.7%)	4:43	12.7 (72.2%)
241	BARTCZAK Patryk	58		M-20	62	00:00:22	00:23:37.65	00:24:00.35	+00:06:34 (27.8%)	4:43	12.7 (72.2%)
242	SCHMIDT Marcin	951		M-30	85	00:00:43	00:23:37.95	00:24:21.15	+00:06:34 (27.9%)	4:43	12.7 (72.2%)
243	LULIŃSKI Igor	9		M-20	63	00:00:15	00:23:38.55	00:23:53.75	+00:06:35 (27.9%)	4:43	12.7 (72.2%)
244	WIERZCHOSŁAWSKI Tomasz	1032		M-20	64	00:00:32	00:23:39.05	00:24:11.85	+00:06:36 (27.9%)	4:43	12.7 (72.2%)
245	ŚWIERCZYŃSKI Marcin	584	TO TYLKO TRIATHLON	M-30	86	00:00:26	00:23:39.30	00:24:05.55	+00:06:36 (27.9%)	4:43	12.7 (72.2%)
246	BANKERT Radosław	697		M-30	87	00:00:12	00:23:39.35	00:23:51.35	+00:06:36 (27.9%)	4:43	12.7 (72.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
247	STRYCHALSKI Filip	430		M-10	21	00:00:25	00:23:39.65	00:24:04.65	+00:06:36 (27.9%)	4:43	12.7 (72.2%)
248	BAŁYS Krzysztof	37		M-20	65	00:00:23	00:23:41.50	00:24:04.55	+00:06:38 (28.0%)	4:44	12.7 (72.2%)
249	PRZERACKA Dominika	885	BYDGOSZCZ	K-10	2	00:00:46	00:23:42.30	00:24:29.05	+00:06:39 (28.1%)	4:44	12.6 (71.6%)
250	OSSOWSKI Marcin	503		M-30	88	00:00:40	00:23:42.40	00:24:22.60	+00:06:39 (28.1%)	4:44	12.7 (72.2%)
251	NIEDBALSKI Dominik	1191		M-20	66	00:00:21	00:23:42.60	00:24:03.70	+00:06:39 (28.1%)	4:44	12.7 (72.2%)
252	BEDNAREK Paweł	529	GORDON RUN	M-20	67	00:00:37	00:23:42.85	00:24:20.55	+00:06:39 (28.1%)	4:44	12.6 (71.6%)
253	LATOS Piotr	1415		M-30	89	00:00:41	00:23:43.00	00:24:24.30	+00:06:39 (28.1%)	4:44	12.6 (71.6%)
254	STANGRECKA Agnieszka	293		K-30	14	00:00:25	00:23:43.35	00:24:09.05	+00:06:40 (28.1%)	4:44	12.6 (71.6%)
255	SZUBERGA Damian	176		M-20	68	00:00:06	00:23:43.65	00:23:50.45	+00:06:40 (28.1%)	4:44	12.6 (71.6%)
256	BYCZKOWSKI Michał	682		M-10	22	00:00:19	00:23:44.60	00:24:04.10	+00:06:41 (28.2%)	4:45	12.6 (71.6%)
257	PROC Łukasz	434		M-30	90	00:00:18	00:23:45.35	00:24:03.75	+00:06:42 (28.2%)	4:45	12.6 (71.6%)
258	ŚWIERCZYŃSKI Michał	600		M-10	23	00:00:26	00:23:46.05	00:24:12.90	+00:06:43 (28.3%)	4:45	12.6 (71.6%)
259	ŁABENDA Robert	850		M-30	91	00:01:08	00:23:46.95	00:24:55.40	+00:06:43 (28.3%)	4:45	12.6 (71.6%)
260	ZYZIK Michał	1427		M-20	69	00:00:08	00:23:47.30	00:23:55.55	+00:06:44 (28.3%)	4:45	12.6 (71.6%)
261	NIEDBALSKI Paweł	1186	EURO TIM SQUAD	M-30	92	00:00:22	00:23:47.45	00:24:09.60	+00:06:44 (28.3%)	4:45	12.6 (71.6%)
262	JURSKI Robert	643		M-40	40	00:00:20	00:23:48.30	00:24:08.90	+00:06:45 (28.4%)	4:45	12.6 (71.6%)
263	TRZCIŃSKI Eugeniusz	250	SZWEDEROWO	M-50	12	00:00:11	00:23:48.95	00:24:00.70	+00:06:45 (28.4%)	4:45	12.6 (71.6%)
264	BISKUPSKA Rita	1359	KLINIKA TRIATHLONU	K-20	9	00:00:12	00:23:49.15	00:24:01.95	+00:06:46 (28.4%)	4:45	12.6 (71.6%)
265	BIAŁOWAŚ Dariusz	151		M-40	41	00:00:35	00:23:49.25	00:24:25.15	+00:06:46 (28.4%)	4:46	12.6 (71.6%)
266	RUDOL Dominik	91		M-10	24	00:00:31	00:23:49.40	00:24:21.15	+00:06:46 (28.4%)	4:46	12.6 (71.6%)
267	DERING Hanna	468	BYDGOSKIE ŻÓŁWIE	K-30	15	00:00:42	00:23:49.70	00:24:31.90	+00:06:46 (28.4%)	4:45	12.6 (71.6%)
268	ROTHE Dawid	140		M-30	93	00:00:07	00:23:50.80	00:23:58.65	+00:06:47 (28.5%)	4:46	12.6 (71.6%)
269	PROBANT Mirosław	577		M-40	42	00:00:25	00:23:53.40	00:24:18.90	+00:06:50 (28.6%)	4:46	12.6 (71.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
270	KARPIŃSKI Daniel	623	BIEG DOŻYNKOWY NOWA WIEŚ WIELKA	M-30	94	00:00:19	00:24:06.25	00:24:25.95	+00:07:03 (29.3%)	4:49	12.4 (70.5%)
271	GEHRKE Szymon	162		M-30	95	00:00:19	00:24:06.85	00:24:25.85	+00:07:03 (29.3%)	4:49	12.4 (70.5%)
272	BRYCKI Łukasz	670		M-30	96	00:00:20	00:24:07.25	00:24:27.95	+00:07:04 (29.3%)	4:49	12.4 (70.5%)
273	SKWARCZYŃSKI Radek	1293	DELHAN	M-20	70	00:01:07	00:24:08.05	00:25:15.75	+00:07:05 (29.3%)	4:49	12.4 (70.5%)
274	GRYGIEL Mateusz	1052		M-30	97	00:01:22	00:24:08.80	00:25:31.00	+00:07:05 (29.4%)	4:49	12.4 (70.5%)
275	DEMBEK Dawid	1422		M-20	71	00:01:07	00:24:08.85	00:25:16.70	+00:07:05 (29.4%)	4:49	12.4 (70.5%)
276	KOZICKI Marcin	570	BYDGOSKIE ŻÓŁWIE	M-30	98	00:00:41	00:24:09.90	00:24:51.10	+00:07:06 (29.4%)	4:50	12.4 (70.5%)
277	LADA Przemysław	1478	STALE BIEGAM - NOVA TRADING	M-30	99	00:00:48	00:24:10.30	00:24:58.30	+00:07:07 (29.5%)	4:50	12.4 (70.5%)
278	QUAAS Łukasz	290	RUN PASJA	M-30	100	00:00:46	00:24:10.90	00:24:57.10	+00:07:07 (29.5%)	4:50	12.4 (70.5%)
279	GRZESIAK Magdalena	653		K-30	16	00:00:17	00:24:11.30	00:24:28.65	+00:07:08 (29.5%)	4:50	12.4 (70.5%)
280	MALINOWSKI Igor	1088	BTW	M-10	25	00:00:24	00:24:11.35	00:24:35.50	+00:07:08 (29.5%)	4:50	12.4 (70.5%)
281	KAMPER Jarosław	1108		M-30	101	00:00:20	00:24:11.50	00:24:32.10	+00:07:08 (29.5%)	4:50	12.4 (70.5%)
282	RZEPczyński Łukasz	108		M-30	102	00:00:56	00:24:14.65	00:25:11.55	+00:07:11 (29.7%)	4:51	12.4 (70.5%)
283	KUŻMA Wojciech	1095		M-50	13	00:00:10	00:24:14.90	00:24:25.00	+00:07:11 (29.7%)	4:51	12.4 (70.5%)
284	GOZIMIRSKI Andrzej	1287	SQUASH POINT BYDGOSZCZ	M-60+	1	00:00:03	00:24:16.95	00:24:20.70	+00:07:13 (29.8%)	4:51	12.4 (70.5%)
285	KOŁACZ Anna	387		K-20	10	00:00:47	00:24:17.45	00:25:04.80	+00:07:14 (29.8%)	4:51	12.4 (70.5%)
286	DOBUSZYNSKI Pawel	780		M-30	103	00:00:25	00:24:17.85	00:24:43.45	+00:07:14 (29.8%)	4:51	12.3 (69.9%)
287	DOLATA Grzegorz	595		M-40	43	00:00:38	00:24:18.60	00:24:57.25	+00:07:15 (29.9%)	4:51	12.3 (69.9%)
288	GŁOWSKI Dariusz	18		M-40	44	00:00:15	00:24:19.90	00:24:35.80	+00:07:16 (29.9%)	4:52	12.3 (69.9%)
289	DĄBROWSKI Adam	1168		M-30	104	00:00:29	00:24:20.60	00:24:49.70	+00:07:17 (30.0%)	4:52	12.3 (69.9%)
290	MOLENDĄ Piotr	192		M-20	72	00:00:31	00:24:21.30	00:24:52.75	+00:07:18 (30.0%)	4:52	12.3 (69.9%)
291	NAWROCKI Dariusz	1133	VAUPE TEAM	M-50	14	00:01:14	00:24:23.00	00:25:37.95	+00:07:19 (30.1%)	4:52	12.3 (69.9%)
292	BINDEK Łukasz	100		M-30	105	00:00:20	00:24:23.45	00:24:44.05	+00:07:20 (30.1%)	4:52	12.3 (69.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
293	RYBKA Ilona	313		K-40	3	00:00:15	00:24:24.45	00:24:40.40	+00:07:21 (30.1%)	4:53	12.3 (69.9%)
294	LECH Marek	1320		M-30	106	00:00:21	00:24:25.50	00:24:46.55	+00:07:22 (30.2%)	4:53	12.3 (69.9%)
295	HORYD Justyna	309		K-30	17	00:00:27	00:24:25.90	00:24:53.25	+00:07:22 (30.2%)	4:53	12.3 (69.9%)
296	GAWRYCH Adam	324		M-20	73	00:00:50	00:24:26.20	00:25:16.90	+00:07:23 (30.2%)	4:53	12.3 (69.9%)
297	KUJAWA Sebastian	511	BBL INOWROCŁAW	M-40	45	00:00:26	00:24:28.15	00:24:54.40	+00:07:25 (30.3%)	4:53	12.3 (69.9%)
298	STANGRECKI Dariusz	289		M-30	107	00:00:26	00:24:29.25	00:24:55.80	+00:07:26 (30.4%)	4:53	12.3 (69.9%)
299	PIASECKI Włodzimierz	421		M-40	46	00:00:04	00:24:29.45	00:24:34.35	+00:07:26 (30.4%)	4:54	12.2 (69.3%)
300	STASZKIEWICZ Lucyna	450	CZARNE STOPY SM	K-40	4	00:00:33	00:24:30.40	00:25:04.00	+00:07:27 (30.4%)	4:54	12.2 (69.3%)
301	MAGDZIARZ Katarzyna	2	KANCELARIA HMM	K-30	18	00:00:19	00:24:30.75	00:24:49.85	+00:07:27 (30.4%)	4:54	12.2 (69.3%)
302	SZULC Rafał	382	RUN BYDGOSZCZ	M-30	108	00:01:07	00:24:31.30	00:25:38.30	+00:07:28 (30.5%)	4:54	12.2 (69.3%)
303	JAŚKIEWICZ Rafał	1044	RÓŻOWE NIEDŹWIADKI TEAM WŁOCŁAWEK	M-30	109	00:00:58	00:24:32.30	00:25:30.40	+00:07:29 (30.5%)	4:54	12.2 (69.3%)
304	RUTKOWSKI Michał	317		M-10	26	00:01:08	00:24:34.20	00:25:42.35	+00:07:31 (30.6%)	4:54	12.2 (69.3%)
305	ADAMSKI Maciej	1180		M-40	47	00:00:00	00:24:34.70	00:24:34.70	+00:07:31 (30.6%)	4:54	12.2 (69.3%)
306	KWIATKOWSKA Bożena	417	TO TYLKO TRIATHLON	K-40	5	00:00:19	00:24:36.40	00:24:55.70	+00:07:33 (30.7%)	4:55	12.2 (69.3%)
307	KLAFETKA Michał	92	KLINIKA TRIATHLONU TEAM	M-20	74	00:00:13	00:24:37.90	00:24:51.15	+00:07:34 (30.8%)	4:55	12.2 (69.3%)
308	WOJCIECHOWSKI Jarosław	1085		M-40	48	00:00:23	00:24:37.95	00:25:01.25	+00:07:34 (30.8%)	4:55	12.2 (69.3%)
309	MYK Rafał	603	TRIFORFUN	M-20	75	00:00:15	00:24:38.85	00:24:54.50	+00:07:35 (30.8%)	4:55	12.2 (69.3%)
310	WOJDAT Dominika	121		K-20	11	00:01:22	00:24:41.50	00:26:04.00	+00:07:38 (30.9%)	4:56	12.1 (68.8%)
311	KNIOŁA Przemysław	1253		M-20	76	00:00:23	00:24:42.25	00:25:05.85	+00:07:39 (31.0%)	4:56	12.1 (68.8%)
312	WOJCIECHOWSKI Grzegorz	1170		M-20	77	00:00:24	00:24:43.80	00:25:08.10	+00:07:40 (31.1%)	4:56	12.1 (68.8%)
312	MYLER Łukasz	801		M-20	78	00:00:57	00:24:43.80	00:25:41.10	+00:07:40 (31.1%)	4:56	12.1 (68.8%)
314	RZEPKA Ewa	1345	BRODNICA BIEGA	K-30	19	00:00:31	00:24:43.95	00:25:15.05	+00:07:40 (31.1%)	4:56	12.1 (68.8%)
315	RABCZYŃSKI Grzegorz	626		M-30	110	00:00:39	00:24:44.30	00:25:23.65	+00:07:41 (31.1%)	4:56	12.1 (68.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
316	NIEDBALSKI Karol	1187	EURO TIM SQAD	M-30	111	00:00:21	00:24:44.90	00:25:06.65	+00:07:41 (31.1%)	4:57	12.1 (68.8%)
317	KOLSKI Radek	1131	VAUPE TEAM	M-40	49	00:01:14	00:24:45.80	00:26:00.45	+00:07:42 (31.1%)	4:57	12.1 (68.8%)
318	MRUGAŁA Bartosz	955		M-20	79	00:00:47	00:24:45.95	00:25:33.45	+00:07:42 (31.2%)	4:57	12.1 (68.8%)
319	KOLANOWSKI Wojciech	990		M-50	15	00:00:17	00:24:46.10	00:25:03.35	+00:07:43 (31.2%)	4:57	12.1 (68.8%)
320	KARLIŃSKI Oskar	1255		M-10	27	00:00:34	00:24:47.20	00:25:21.75	+00:07:44 (31.2%)	4:57	12.1 (68.8%)
321	ZAGOŹDŹON Wioleta	64		K-30	20	00:00:16	00:24:47.90	00:25:04.80	+00:07:44 (31.2%)	4:57	12.1 (68.8%)
322	KWIATKOWSKI Karol	987		M-30	112	00:01:21	00:24:49.15	00:26:10.65	+00:07:46 (31.3%)	4:57	12.1 (68.8%)
323	BARCZEWSKI Marek	411		M-20	80	00:00:19	00:24:51.65	00:25:11.15	+00:07:48 (31.4%)	4:58	12.1 (68.8%)
324	WOŹNY Łukasz	1027		M-30	113	00:00:53	00:24:51.85	00:25:45.30	+00:07:48 (31.4%)	4:58	12.1 (68.8%)
325	JAWORSKA Karolina	1274		K-30	21	00:00:00	00:24:51.90	00:24:51.90	+00:07:48 (31.4%)	4:58	12.1 (68.8%)
326	KOŁODZIEJCZAK Kasia	716		K-10	3	00:00:34	00:24:51.95	00:25:26.00	+00:07:48 (31.4%)	4:58	12.1 (68.8%)
327	KUNDE Tomasz	610	BYDGOSZCZ TRIATHLON TEAM	M-20	81	00:00:18	00:24:52.70	00:25:11.55	+00:07:49 (31.5%)	4:58	12.1 (68.8%)
328	MICHALAK Robert	226	GORDON RUN	M-20	82	00:00:34	00:24:53.90	00:25:28.70	+00:07:50 (31.5%)	4:58	12 (68.2%)
329	ŁAWNICZAK Paweł	819		M-30	114	00:00:44	00:24:54.55	00:25:39.45	+00:07:51 (31.5%)	4:59	12 (68.2%)
330	SZATKOWSKI Marcin	322	RUN LOTTO BYDGOSTIA	M-20	83	00:00:33	00:24:54.70	00:25:28.25	+00:07:51 (31.6%)	4:59	12 (68.2%)
331	WOLSKI Adam	663	BW SQUAD	M-30	115	00:00:40	00:24:54.80	00:25:35.40	+00:07:51 (31.6%)	4:59	12 (68.2%)
332	WADELSKA Joanna	794		K-20	12	00:00:17	00:24:55.00	00:25:12.85	+00:07:51 (31.6%)	4:59	12 (68.2%)
333	TRUDNOWSKI Janusz	543	DRUŻYNA SZPIKU	M-60+	2	00:00:00	00:24:55.20	00:24:55.20	+00:07:52 (31.6%)	4:59	12 (68.2%)
334	SZULC Magdalena	1474	SZULC TEAM	K-30	22	00:00:15	00:24:55.35	00:25:10.95	+00:07:52 (31.6%)	4:59	12 (68.2%)
334	ROSÓŁ Jacek	122		M-30	116	00:00:43	00:24:55.35	00:25:39.15	+00:07:52 (31.6%)	4:59	12 (68.2%)
336	KOLANOWSKA Grażyna	989		K-50	2	00:00:17	00:24:56.35	00:25:14.05	+00:07:53 (31.6%)	4:59	12 (68.2%)
337	RATAJ Krzysztof	113	POLONIA BYDGOSZCZ SLA	M-30	117	00:00:13	00:24:56.75	00:25:09.95	+00:07:53 (31.6%)	4:59	12 (68.2%)
338	SEYDAK Ewelina	1412	RUN PASJA BYDGOSZCZ	K-20	13	00:00:46	00:24:59.20	00:25:46.05	+00:07:56 (31.8%)	5:00	12 (68.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
339	GUMMER Andrzej	1417		M-30	118	00:00:47	00:24:59.60	00:25:46.95	+00:07:56 (31.8%)	4:59	12 (68.2%)
340	BEDNAREK Marta	374		K-30	23	00:00:26	00:24:59.95	00:25:26.50	+00:07:56 (31.8%)	5:00	12 (68.2%)
341	BŁAŻEJEWSKI Dariusz	719		M-40	50	00:01:03	00:25:00.05	00:26:03.90	+00:07:57 (31.8%)	5:00	12 (68.2%)
342	ŚWIETLIK Grzegorz	204	ATLAS RUNNING TEAM	M-30	119	00:00:38	00:25:00.10	00:25:38.40	+00:07:57 (31.8%)	5:00	12 (68.2%)
343	ŚWIETLIK Michalina	211	ATLAS RUNNING TEAM	K-30	24	00:00:37	00:25:00.25	00:25:38.10	+00:07:57 (31.8%)	5:00	12 (68.2%)
344	JAWORSKI Janusz	1093		M-50	16	00:00:09	00:25:01.20	00:25:10.65	+00:07:58 (31.9%)	5:00	12 (68.2%)
345	ŚWIETLIK Piotr	315		M-50	17	00:00:03	00:25:01.65	00:25:04.95	+00:07:58 (31.9%)	5:00	12 (68.2%)
346	SKUPSZ Jędrzej Kazmierz	361		M-20	84	00:00:58	00:25:01.75	00:26:00.00	+00:07:58 (31.9%)	5:00	12 (68.2%)
347	RAUT Wiesław	796	RUN PASJA	M-60+	3	00:00:28	00:25:01.95	00:25:30.00	+00:07:58 (31.9%)	5:00	12 (68.2%)
348	WIECZOREK Waldrmar	125		M-30	120	00:01:48	00:25:02.60	00:26:50.95	+00:07:59 (31.9%)	5:00	12 (68.2%)
349	PIASECKI Radosław	1201		M-20	85	00:01:46	00:25:03.45	00:26:49.55	+00:08:00 (32.0%)	5:00	12 (68.2%)
350	ULATOWSKA Aleksandra	106	BW SQUAD	K-20	14	00:00:44	00:25:03.75	00:25:48.15	+00:08:00 (32.0%)	5:00	12 (68.2%)
351	LASKA Artur	867		M-30	121	00:00:40	00:25:04.00	00:25:44.05	+00:08:00 (32.0%)	5:00	12 (68.2%)
352	MIERZWA Damian	1348		M-20	86	00:00:02	00:25:04.50	00:25:07.15	+00:08:01 (32.0%)	5:01	12 (68.2%)
353	WAWRZYNIAK Andrzej	1298	22.ODN	M-50	18	00:00:44	00:25:05.00	00:25:49.15	+00:08:01 (32.0%)	5:01	12 (68.2%)
354	ROEDING Robert	498		M-40	51	00:00:55	00:25:05.40	00:26:00.60	+00:08:02 (32.0%)	5:01	12 (68.2%)
355	RUDNIK Filip	575	T4F CHOJNICE	M-20	87	00:00:15	00:25:07.45	00:25:22.45	+00:08:04 (32.1%)	5:01	11.9 (67.6%)
356	PALIGA Maciej	698		M-20	88	00:00:36	00:25:10.10	00:25:46.50	+00:08:07 (32.3%)	5:02	11.9 (67.6%)
357	BRZEZIŃSKI Artur	1465	DYNAMO SKARPA	M-20	89	00:00:55	00:25:10.50	00:26:05.70	+00:08:07 (32.3%)	5:02	11.9 (67.6%)
358	KALISZEWSKA Małgorzata	1404	RUN-PASJA	K-30	25	00:00:23	00:25:11.25	00:25:34.25	+00:08:08 (32.3%)	5:02	11.9 (67.6%)
359	BAUMAN Krystian	221	DRUŻYNA SZPIKU	M-30	122	00:00:37	00:25:12.35	00:25:49.75	+00:08:09 (32.4%)	5:02	11.9 (67.6%)
360	CZYŻEWSKI Mateusz	1393		M-20	90	00:00:17	00:25:12.45	00:25:29.50	+00:08:09 (32.4%)	5:02	11.9 (67.6%)
361	STAWCZYK Dariusz	196		M-30	123	00:01:05	00:25:14.70	00:26:19.85	+00:08:11 (32.5%)	5:02	11.9 (67.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
362	NOWAK Tomasz	1091	GORDON RUN	M-40	52	00:00:33	00:25:15.50	00:25:48.75	+00:08:12 (32.5%)	5:03	11.9 (67.6%)
363	STUSIK Arkadiusz	800		M-30	124	00:00:18	00:25:16.50	00:25:34.80	+00:08:13 (32.5%)	5:03	11.9 (67.6%)
364	WÓJTOWICZ Ryszard	1449	WÓJTOWICZ TEAM	M-20	91	00:00:51	00:25:16.55	00:26:08.25	+00:08:13 (32.5%)	5:03	11.9 (67.6%)
365	WOŹNIAK Adam	807		M-30	125	00:01:04	00:25:17.00	00:26:21.25	+00:08:13 (32.6%)	5:03	11.9 (67.6%)
366	ŁYSZCZARZ Radosław	564		M-30	126	00:01:02	00:25:18.50	00:26:20.90	+00:08:15 (32.6%)	5:03	11.9 (67.6%)
367	MOLENDĄ Tomasz	1036		M-30	127	00:00:31	00:25:19.65	00:25:50.90	+00:08:16 (32.7%)	5:03	11.8 (67.0%)
368	MOLENDĄ Patrycja	22	KLINIKA TRIATHLONU TEAM	K-20	15	00:00:12	00:25:20.00	00:25:32.45	+00:08:16 (32.7%)	5:04	11.8 (67.0%)
369	PRZEKWASIŃSKA Anna	15		K-30	26	00:00:19	00:25:20.05	00:25:39.55	+00:08:17 (32.7%)	5:04	11.8 (67.0%)
370	MIKOŁAJCZAK Sławomir	367		M-40	53	00:00:38	00:25:21.20	00:26:00.10	+00:08:18 (32.7%)	5:04	11.8 (67.0%)
371	FILOSEK Paweł	863		M-20	92	00:01:09	00:25:21.70	00:26:31.45	+00:08:18 (32.8%)	5:04	11.8 (67.0%)
372	CHUDZIŃSKI Rafał	1402		M-40	54	00:00:58	00:25:21.85	00:26:19.90	+00:08:18 (32.8%)	5:04	11.8 (67.0%)
373	STRÓŻYK Grażyna	815		K-20	16	00:00:24	00:25:22.60	00:25:47.40	+00:08:19 (32.8%)	5:04	11.8 (67.0%)
373	MIKOŁAJEWSKA Martyna	1230	WTS ASTORIA	K-10	4	00:00:58	00:25:22.60	00:26:20.95	+00:08:19 (32.8%)	5:04	11.8 (67.0%)
375	JASINIECKI Wojciech	205	RUN BYDGOSZCZ	M-30	128	00:01:17	00:25:22.85	00:26:40.45	+00:08:19 (32.8%)	5:04	11.8 (67.0%)
376	BRYLEW Tomasz	742		M-40	55	00:00:44	00:25:23.20	00:26:07.75	+00:08:20 (32.8%)	5:04	11.8 (67.0%)
377	BLEJA Krystian	649	PGB SPORTOWA PACZKA	M-30	129	00:00:42	00:25:23.25	00:26:06.00	+00:08:20 (32.8%)	5:04	11.8 (67.0%)
378	STĘPIEŃ Monika	405		K-30	27	00:01:15	00:25:26.40	00:26:42.25	+00:08:23 (33.0%)	5:05	11.8 (67.0%)
379	OSTROWSKI Mikołaj	892	BYDGOSZCZ	M-10	28	00:00:39	00:25:26.85	00:26:06.30	+00:08:23 (33.0%)	5:05	11.8 (67.0%)
379	LIWOCH Grzegorz	436		M-40	56	00:00:54	00:25:26.85	00:26:21.40	+00:08:23 (33.0%)	5:05	11.8 (67.0%)
381	KALLAS-LIPSKA Anetta	809	RUN BYDGOSZCZ	K-40	6	00:01:14	00:25:27.15	00:26:42.10	+00:08:24 (33.0%)	5:05	11.8 (67.0%)
382	KLISZEWSKI Piotr	437	GWIAZDA BYDGOSZCZ	M-10	29	00:00:37	00:25:27.20	00:26:04.50	+00:08:24 (33.0%)	5:05	11.8 (67.0%)
383	SZEWCUK Sebastian	189		M-30	130	00:00:35	00:25:27.25	00:26:03.10	+00:08:24 (33.0%)	5:05	11.8 (67.0%)
384	DUDZIŃSKA Aleksandra	156		K-40	7	00:01:14	00:25:27.40	00:26:42.15	+00:08:24 (33.0%)	5:05	11.8 (67.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
385	KLISZEWSKI Adam	433	GWIAZDA BYDGOSZCZ	M-10	30	00:00:37	00:25:27.60	00:26:04.65	+00:08:24 (33.0%)	5:05	11.8 (67.0%)
386	SZEWCZUK Małgorzata	180		K-30	28	00:00:34	00:25:28.60	00:26:03.10	+00:08:25 (33.1%)	5:05	11.8 (67.0%)
387	DOMBROWSKA-OSAK Izabela	501		K-30	29	00:00:30	00:25:30.60	00:26:01.20	+00:08:27 (33.2%)	5:06	11.8 (67.0%)
388	ANISZEWSKI Dariusz	349		M-40	57	00:00:00	00:25:30.65	00:25:30.65	+00:08:27 (33.2%)	5:06	11.8 (67.0%)
389	MAJER Magda	50		K-20	17	00:00:27	00:25:32.25	00:25:59.55	+00:08:29 (33.2%)	5:06	11.7 (66.5%)
390	KUREK Piotr	1497		M-40	58	00:00:43	00:25:32.35	00:26:15.70	+00:08:29 (33.2%)	5:06	11.7 (66.5%)
391	SZEFKA Jakub	55		M-20	93	00:00:27	00:25:32.45	00:25:59.45	+00:08:29 (33.2%)	5:06	11.7 (66.5%)
392	SZCZĘSNY Arkadiusz	455	DYNAMO SKARPA	M-30	131	00:00:55	00:25:33.15	00:26:28.45	+00:08:30 (33.3%)	5:06	11.7 (66.5%)
393	KRESIŃSKI Andrzej	1167		M-30	132	00:00:34	00:25:33.20	00:26:07.25	+00:08:30 (33.3%)	5:06	11.7 (66.5%)
394	FRYC Łukasz	59		M-20	94	00:00:26	00:25:33.45	00:25:59.75	+00:08:30 (33.3%)	5:06	11.7 (66.5%)
395	SZCZEBLEWSKI Witold	1019	MOTOTURYSTYKA.COM	M-50	19	00:00:33	00:25:33.50	00:26:06.60	+00:08:30 (33.3%)	5:06	11.7 (66.5%)
395	ANGLART Roman	1162	BYDGOSZCZ	M-50	20	00:00:52	00:25:33.50	00:26:26.20	+00:08:30 (33.3%)	5:06	11.7 (66.5%)
397	LASOTA Klaudia	1278	ASTORIA	K-10	5	00:00:02	00:25:35.00	00:25:37.65	+00:08:31 (33.4%)	5:07	11.7 (66.5%)
398	SAWICKI Mikołaj	1349	ELEKTRONIK BYDGOSZCZ	M-10	31	00:00:19	00:25:35.40	00:25:55.20	+00:08:32 (33.4%)	5:07	11.7 (66.5%)
399	GORCZYCA Rafał	1096		M-30	133	00:01:52	00:25:36.15	00:27:28.70	+00:08:33 (33.4%)	5:07	11.7 (66.5%)
400	MALINOWSKI Waldemar	199	RUN LOTTO BYDGOSTIA	M-40	59	00:01:32	00:25:36.45	00:27:08.65	+00:08:33 (33.4%)	5:07	11.7 (66.5%)
401	KELMAN Marcin	856		M-30	134	00:00:37	00:25:37.70	00:26:14.80	+00:08:34 (33.5%)	5:07	11.7 (66.5%)
402	WOJCIECHOWSKA Emilia	1084		K-40	8	00:00:23	00:25:38.25	00:26:01.25	+00:08:35 (33.5%)	5:07	11.7 (66.5%)
403	FABROWSKI Dawid	5		M-30	135	00:01:36	00:25:39.25	00:27:16.20	+00:08:36 (33.5%)	5:08	11.7 (66.5%)
404	PADRAK Irmina	325	-	K-20	18	00:00:37	00:25:40.90	00:26:18.65	+00:08:37 (33.6%)	5:08	11.7 (66.5%)
405	SOBOTA Piotr	950		M-40	60	00:00:34	00:25:41.35	00:26:16.15	+00:08:38 (33.6%)	5:08	11.7 (66.5%)
406	KIJEWSKI Maciej	843	KABEL TEAM BYDGOSZCZ	M-30	136	00:00:29	00:25:42.40	00:26:11.60	+00:08:39 (33.7%)	5:08	11.7 (66.5%)
407	CHODUR Agnieszka	1098		K-30	30	00:00:51	00:25:43.15	00:26:34.60	+00:08:40 (33.7%)	5:08	11.7 (66.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
408	DROŹDŹ Małgorzata	284	KLONIKTEAM	K-30	31	00:00:36	00:25:43.30	00:26:19.95	+00:08:40 (33.7%)	5:08	11.7 (66.5%)
409	TUREK Mateusz	967		M-20	95	00:00:48	00:25:44.80	00:26:33.75	+00:08:41 (33.8%)	5:09	11.7 (66.5%)
410	ZABDYR Ewelina	1038		K-20	19	00:00:31	00:25:45.00	00:26:16.00	+00:08:41 (33.8%)	5:09	11.7 (66.5%)
411	GRUBICH Arkadiusz	273	BRACIA DALTON	M-30	137	00:00:07	00:25:45.30	00:25:52.55	+00:08:42 (33.8%)	5:09	11.7 (66.5%)
412	GRUBICH Kacper	753		M-10	32	00:00:05	00:25:46.35	00:25:52.15	+00:08:43 (33.8%)	5:09	11.6 (65.9%)
413	DĄBROWSKI Jarosław	525	HORNET DESIGN STUDIO	M-20	96	00:01:21	00:25:46.40	00:27:07.40	+00:08:43 (33.8%)	5:09	11.6 (65.9%)
414	CICIACIUCH Monika	1392	LOTTO-BYDGOSTIA	K-20	20	00:00:02	00:25:46.55	00:25:48.60	+00:08:43 (33.8%)	5:09	11.6 (65.9%)
415	ILNICKI Artur	336		M-30	138	00:00:42	00:25:47.30	00:26:30.20	+00:08:44 (33.9%)	5:09	11.6 (65.9%)
416	ŚWIATLAK Marek	277	SOWA BYDGOSZCZ	M-40	61	00:01:17	00:25:47.40	00:27:05.20	+00:08:44 (33.9%)	5:09	11.6 (65.9%)
417	KISZKA Marcin	482	RUN PASJA	M-30	139	00:00:46	00:25:47.95	00:26:34.35	+00:08:44 (33.9%)	5:09	11.6 (65.9%)
418	MARCINIAK Justyna	489		K-30	32	00:00:29	00:25:48.40	00:26:18.30	+00:08:45 (33.9%)	5:09	11.6 (65.9%)
419	GILL Daniel	764		M-30	140	00:00:06	00:25:49.00	00:25:55.70	+00:08:45 (34.0%)	5:09	11.6 (65.9%)
420	KOZIŃSKI Tomasz	585	BYDGOSKIE ŻÓŁWIE	M-40	62	00:00:42	00:25:49.20	00:26:31.65	+00:08:46 (34.0%)	5:09	11.6 (65.9%)
421	WIŚNIEWSKI Włodzimierz	714		M-50	21	00:01:21	00:25:50.55	00:27:12.25	+00:08:47 (34.0%)	5:10	11.6 (65.9%)
422	BUKOWSKA Anna	602		K-20	21	00:00:26	00:25:51.30	00:26:18.15	+00:08:48 (34.1%)	5:10	11.6 (65.9%)
423	JANKOWSKI Maciej	889		M-10	33	00:00:26	00:25:51.95	00:26:18.20	+00:08:48 (34.1%)	5:10	11.6 (65.9%)
424	NOWAK Adam	285	WUJEK PORADA	M-40	63	00:01:13	00:25:53.10	00:27:06.45	+00:08:50 (34.1%)	5:10	11.6 (65.9%)
425	ŚCIBAK Wojciech	446		M-30	141	00:00:55	00:25:53.35	00:26:48.35	+00:08:50 (34.1%)	5:10	11.6 (65.9%)
426	KOLASIŃSKA Joanna	646	RUN BYDGOSZCZ	K-30	33	00:00:30	00:25:54.45	00:26:24.55	+00:08:51 (34.2%)	5:10	11.6 (65.9%)
427	RACZYCKI Tomasz	1206		M-30	142	00:01:28	00:25:57.90	00:27:26.55	+00:08:54 (34.3%)	5:11	11.6 (65.9%)
428	NOWAKOWSKI Tomasz	1057		M-30	143	00:00:51	00:25:58.20	00:26:49.20	+00:08:55 (34.3%)	5:11	11.6 (65.9%)
429	WIŚNIEWSKI Przemysław	776		M-30	144	00:01:18	00:25:58.30	00:27:16.65	+00:08:55 (34.3%)	5:11	11.6 (65.9%)
430	DRÓŹDŹ Małgorzata	134		K-20	22	00:00:48	00:25:59.90	00:26:48.45	+00:08:56 (34.4%)	5:12	11.5 (65.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
431	BALIŃSKA Anna	622		K-20	23	00:00:32	00:26:00.25	00:26:32.40	+00:08:57 (34.4%)	5:12	11.5 (65.3%)
432	SKONIECZNY Daniel	494	TCMS PESA	M-20	97	00:01:15	00:26:00.65	00:27:16.35	+00:08:57 (34.4%)	5:12	11.5 (65.3%)
433	CIEMNY Tomasz	1113		M-40	64	00:00:56	00:26:01.45	00:26:58.25	+00:08:58 (34.5%)	5:12	11.5 (65.3%)
434	SZULAKOWSKI Tomasz	1292	KURCZE JAK DALEKO	M-40	65	00:01:20	00:26:01.70	00:27:22.40	+00:08:58 (34.5%)	5:12	11.5 (65.3%)
435	PIŃSKA Sylwia	481	BBL INOWROCŁAW	K-30	34	00:00:25	00:26:02.05	00:26:27.05	+00:08:59 (34.5%)	5:12	11.5 (65.3%)
436	KEMPIŃSKA Beata	906		K-30	35	00:00:34	00:26:02.55	00:26:37.40	+00:08:59 (34.5%)	5:12	11.5 (65.3%)
437	KOZAKIEWICZ Marcin	875		M-40	66	00:00:35	00:26:02.90	00:26:38.45	+00:08:59 (34.5%)	5:12	11.5 (65.3%)
438	RYDLEWSKI Andrzej	299	RUN BYDGOSZCZ	M-30	145	00:01:10	00:26:03.50	00:27:14.40	+00:09:00 (34.6%)	5:12	11.5 (65.3%)
439	PLASKOTA Artur	1222		M-20	98	00:01:09	00:26:04.35	00:27:13.45	+00:09:01 (34.6%)	5:12	11.5 (65.3%)
440	ROSZCZYN Dawid	538	AS CROSSFIT	M-20	99	00:01:23	00:26:04.60	00:27:27.75	+00:09:01 (34.6%)	5:12	11.5 (65.3%)
441	WŁODARCZYK Olga	102		K-20	24	00:01:08	00:26:04.70	00:27:13.45	+00:09:01 (34.6%)	5:13	11.5 (65.3%)
442	NIEDBALSKI Piotr	1189	EURO TIM SQAD	M-20	100	00:00:22	00:26:05.35	00:26:27.35	+00:09:02 (34.6%)	5:13	11.5 (65.3%)
443	BRZEZIŃSKI Sławomir	681	CZARNE STOPY.SM	M-30	146	00:01:54	00:26:07.20	00:28:01.85	+00:09:04 (34.7%)	5:13	11.5 (65.3%)
444	ŚLADEWSKI Rafał	935		M-30	147	00:00:14	00:26:08.25	00:26:22.95	+00:09:05 (34.8%)	5:13	11.5 (65.3%)
444	PASIEKA Tomasz	958		M-40	67	00:01:16	00:26:08.25	00:27:24.25	+00:09:05 (34.8%)	5:13	11.5 (65.3%)
446	ULATOWSKA Sylwia	688		K-30	36	00:01:53	00:26:08.45	00:28:01.90	+00:09:05 (34.8%)	5:13	11.5 (65.3%)
447	SZUBERT Maciej	554	HORNET DESIGN STUDIO	M-40	68	00:01:20	00:26:10.30	00:27:30.55	+00:09:07 (34.9%)	5:14	11.5 (65.3%)
448	BŁĄŻEJEWSKI Kacper	512	CB163	M-20	101	00:01:20	00:26:10.95	00:27:31.70	+00:09:07 (34.9%)	5:14	11.5 (65.3%)
449	KADOW Rafał	583		M-30	148	00:00:45	00:26:11.50	00:26:56.70	+00:09:08 (34.9%)	5:14	11.5 (65.3%)
450	WIŚNIEWSKI Piotr	1042	LEGE ARTIS	M-30	149	00:00:40	00:26:11.95	00:26:52.55	+00:09:08 (34.9%)	5:14	11.5 (65.3%)
451	SKÓRCZ Tomasz	1252		M-40	69	00:00:27	00:26:12.20	00:26:39.80	+00:09:09 (34.9%)	5:14	11.5 (65.3%)
452	DOMAŃSKI Marcin	1432		M-20	102	00:01:04	00:26:13.15	00:27:17.30	+00:09:10 (35.0%)	5:14	11.4 (64.8%)
453	MIKOŁAJCZAK Jan	774	GWIAZDA BYDGOSZCZ	M-10	34	00:00:38	00:26:13.40	00:26:52.20	+00:09:10 (35.0%)	5:14	11.4 (64.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
454	TARASZKA Ireneusz	1241	JRG 1 INOWROCŁAW	M-50	22	00:00:34	00:26:13.85	00:26:48.10	+00:09:10 (35.0%)	5:14	11.4 (64.8%)
455	CECHOWSKI Marcin	119		M-30	150	00:00:47	00:26:14.00	00:27:01.95	+00:09:10 (35.0%)	5:14	11.4 (64.8%)
456	POTRZEBOWSKA Agata	295		K-30	37	00:00:47	00:26:15.50	00:27:03.20	+00:09:12 (35.1%)	5:15	11.4 (64.8%)
457	BORZYSZKOWSKI Grzegorz	683	STARY FORDON	M-30	151	00:00:35	00:26:16.90	00:26:52.40	+00:09:13 (35.1%)	5:15	11.4 (64.8%)
458	KARWOWSKI Waldemar	360	BRACIA DALTON	M-40	70	00:00:06	00:26:18.30	00:26:24.35	+00:09:15 (35.2%)	5:15	11.4 (64.8%)
459	KUFEL Łukasz	954		M-20	103	00:00:59	00:26:18.40	00:27:18.05	+00:09:15 (35.2%)	5:15	11.4 (64.8%)
460	KORDAS Jacek	606		M-20	104	00:00:32	00:26:18.60	00:26:51.40	+00:09:15 (35.2%)	5:15	11.4 (64.8%)
460	BUDKIEWICZ Radosław	187		M-20	105	00:01:08	00:26:18.60	00:27:27.35	+00:09:15 (35.2%)	5:15	11.4 (64.8%)
462	STASZKIEWICZ Jakub	441	STASHKY TEAM	M-10	35	00:00:39	00:26:18.70	00:26:58.50	+00:09:15 (35.2%)	5:15	11.4 (64.8%)
463	MASŁOWSKI Mateusz	1459		M-20	106	00:00:03	00:26:19.15	00:26:22.30	+00:09:16 (35.2%)	5:15	11.4 (64.8%)
464	PAWLAK Waldemar	1182	VEGE RUNNERS	M-30	152	00:00:52	00:26:20.10	00:27:12.35	+00:09:17 (35.3%)	5:16	11.4 (64.8%)
465	SCHUMACHER RATAJ Marta	1363		K-30	38	00:00:11	00:26:20.80	00:26:32.55	+00:09:17 (35.3%)	5:16	11.4 (64.8%)
466	MROTEK Katarzyna	1405		K-30	39	00:00:23	00:26:21.25	00:26:44.80	+00:09:18 (35.3%)	5:16	11.4 (64.8%)
467	SZMELTER Michał	1106		M-40	71	00:01:07	00:26:21.70	00:27:29.55	+00:09:18 (35.3%)	5:16	11.4 (64.8%)
468	TUSZYŃSKA Monika	1346		K-40	9	00:00:32	00:26:22.90	00:26:55.30	+00:09:19 (35.4%)	5:16	11.4 (64.8%)
469	GŁADYSZEW Sylwia	1048		K-30	40	00:00:23	00:26:24.70	00:26:47.75	+00:09:21 (35.4%)	5:16	11.4 (64.8%)
469	KROPIDŁOWSKI Bartosz	785		M-30	153	00:01:36	00:26:24.70	00:28:01.40	+00:09:21 (35.4%)	5:17	11.4 (64.8%)
471	PADZIKOWSKA Agnieszka	934		K-30	41	00:00:23	00:26:27.40	00:26:50.65	+00:09:24 (35.6%)	5:17	11.3 (64.2%)
472	MAREK Sławomir	1249	STALE BIEGAM NOVA TRADING	M-30	154	00:00:59	00:26:27.65	00:27:27.25	+00:09:24 (35.6%)	5:17	11.3 (64.2%)
473	GONCERZEWICZ Katarzyna	1428		K-30	42	00:01:00	00:26:27.95	00:27:28.50	+00:09:24 (35.6%)	5:17	11.3 (64.2%)
474	JEZIORSKA Monika	841	ANIOŁY	K-30	43	00:01:00	00:26:29.45	00:27:29.70	+00:09:26 (35.6%)	5:17	11.3 (64.2%)
475	BUDZIAK Bartosz	201		M-40	72	00:01:53	00:26:30.80	00:28:24.30	+00:09:27 (35.7%)	5:18	11.3 (64.2%)
476	MIŚ Michał	1080	LUKS START NAKŁO	M-20	107	00:00:51	00:26:31.30	00:27:22.50	+00:09:28 (35.7%)	5:18	11.3 (64.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
477	SAK Joanna	959		K-20	25	00:00:24	00:26:31.50	00:26:56.40	+00:09:28 (35.7%)	5:18	11.3 (64.2%)
478	HARACEWIAT Michał	826		M-20	108	00:00:42	00:26:31.85	00:27:14.30	+00:09:28 (35.7%)	5:18	11.3 (64.2%)
479	FUZ Emilia	287		K-20	26	00:01:18	00:26:33.55	00:27:51.80	+00:09:30 (35.8%)	5:18	11.3 (64.2%)
480	HILLER Andrzej	1169		M-10	36	00:01:28	00:26:33.70	00:28:02.65	+00:09:30 (35.8%)	5:18	11.3 (64.2%)
481	BYSTRZYŃSKI Jan	1173		M-30	155	00:00:22	00:26:34.00	00:26:56.55	+00:09:30 (35.8%)	5:18	11.3 (64.2%)
482	ŁOBOCKI Krzysztof	1338		M-30	156	00:01:27	00:26:35.30	00:28:02.45	+00:09:32 (35.9%)	5:19	11.3 (64.2%)
483	BESSER Joanna	1069		K-20	27	00:00:18	00:26:35.75	00:26:54.50	+00:09:32 (35.9%)	5:19	11.3 (64.2%)
484	KAMPER Małgorzata	1109		K-40	10	00:00:20	00:26:35.90	00:26:56.75	+00:09:32 (35.9%)	5:19	11.3 (64.2%)
485	MADEJ Adam	871		M-20	109	00:01:01	00:26:35.95	00:27:37.15	+00:09:32 (35.9%)	5:19	11.3 (64.2%)
486	BRZUSKIEWICZ Sławomir	1454		M-40	73	00:00:43	00:26:37.00	00:27:20.35	+00:09:33 (35.9%)	5:19	11.3 (64.2%)
487	TWARDOWSKI Bartosz	775		M-20	110	00:00:29	00:26:37.05	00:27:06.05	+00:09:34 (35.9%)	5:19	11.3 (64.2%)
488	POTRZEBOWSKI Marek	304		M-30	157	00:00:48	00:26:37.20	00:27:25.35	+00:09:34 (35.9%)	5:19	11.3 (64.2%)
489	WALKOWIAK Rafał	707		M-20	111	00:00:24	00:26:37.35	00:27:01.80	+00:09:34 (36.0%)	5:19	11.3 (64.2%)
490	PORAZINSKA Viktoria	614		K-40	11	00:00:51	00:26:39.00	00:27:30.60	+00:09:35 (36.0%)	5:19	11.3 (64.2%)
491	KAROLEWSKI Krzysztof	1328		M-20	112	00:00:46	00:26:39.05	00:27:25.15	+00:09:36 (36.0%)	5:19	11.3 (64.2%)
492	GRACZKOWSKA Mirosława	1416		K-40	12	00:00:50	00:26:39.10	00:27:29.90	+00:09:36 (36.0%)	5:19	11.3 (64.2%)
493	SZAFKOWSKI Arkadiusz	144	SOLECCY BIEGACZE	M-40	74	00:00:35	00:26:39.50	00:27:14.90	+00:09:36 (36.0%)	5:19	11.3 (64.2%)
494	WARCHOŁ Marcin	1225	CAŁY TWÓJ	M-10	37	00:00:10	00:26:39.60	00:26:50.05	+00:09:36 (36.0%)	5:20	11.3 (64.2%)
495	WARCHOŁ Ryszard	1224	CAŁY TWÓJ	M-40	75	00:00:10	00:26:39.75	00:26:50.35	+00:09:36 (36.0%)	5:20	11.3 (64.2%)
496	KONDEL Kamil	733		M-30	158	00:00:43	00:26:40.10	00:27:23.30	+00:09:37 (36.1%)	5:20	11.3 (64.2%)
497	ANDRZEJEWSKA Sylwia	888		K-20	28	00:00:47	00:26:40.15	00:27:28.00	+00:09:37 (36.1%)	5:20	11.2 (63.6%)
498	SZOSTAK Tomasz	988	MBANK	M-40	76	00:01:00	00:26:40.20	00:27:40.80	+00:09:37 (36.1%)	5:20	11.3 (64.2%)
499	GRUCHAŁA Wojciech	632		M-50	23	00:00:34	00:26:40.65	00:27:14.65	+00:09:37 (36.1%)	5:20	11.3 (64.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
500	BAK Lidia	700	ZESPÓŁ SZKÓŁ CHEMICZNYCH	K-10	6	00:00:32	00:26:40.90	00:27:13.00	+00:09:37 (36.1%)	5:20	11.2 (63.6%)
501	NUNZEK Agnieszka	263		K-40	13	00:00:29	00:26:41.25	00:27:11.15	+00:09:38 (36.1%)	5:20	11.2 (63.6%)
502	WOJCIESZAK Dariusz	1229		M-50	24	00:00:53	00:26:41.45	00:27:35.40	+00:09:38 (36.1%)	5:20	11.2 (63.6%)
503	MOKOS Tomasz	510	BBL INOWROCŁAW	M-30	159	00:01:04	00:26:42.75	00:27:47.65	+00:09:39 (36.2%)	5:20	11.2 (63.6%)
504	GIŻA Wioletta	191	POLONIA BYDGOSZCZ SEKCJA LA	K-30	44	00:00:30	00:26:42.80	00:27:13.00	+00:09:39 (36.2%)	5:20	11.2 (63.6%)
505	ŚWIATOWY Daria	1049		K-20	29	00:00:27	00:26:43.15	00:27:10.50	+00:09:40 (36.2%)	5:20	11.2 (63.6%)
506	GOLEC Wojciech	1302		M-30	160	00:00:52	00:26:43.55	00:27:36.40	+00:09:40 (36.2%)	5:20	11.2 (63.6%)
507	WEGNER Roman	1398		M-50	25	00:00:52	00:26:43.65	00:27:35.65	+00:09:40 (36.2%)	5:20	11.2 (63.6%)
508	CZYŻEWSKA Justyna	810		K-30	45	00:00:19	00:26:44.55	00:27:04.05	+00:09:41 (36.2%)	5:21	11.2 (63.6%)
509	GÓRNA Karolina	546	BIEGAM BO LUBIĘ INOWROCŁAW	K-20	30	00:00:26	00:26:44.70	00:27:11.55	+00:09:41 (36.2%)	5:21	11.2 (63.6%)
510	FALKOWSKA - WIERCZEWSKA Natalia	1453		K-30	46	00:00:47	00:26:45.85	00:27:32.90	+00:09:42 (36.3%)	5:21	11.2 (63.6%)
511	CHMIELEWSKI Ireneusz	651	CZARNE STOPY.SM	M-50	26	00:00:38	00:26:48.60	00:27:27.05	+00:09:45 (36.4%)	5:21	11.2 (63.6%)
512	HARASIMCZYK Weronika	676		K-20	31	00:00:42	00:26:48.65	00:27:31.45	+00:09:45 (36.4%)	5:21	11.2 (63.6%)
513	MAŁECKI Tomasz	674		M-30	161	00:00:58	00:26:49.10	00:27:47.65	+00:09:46 (36.4%)	5:21	11.2 (63.6%)
514	GÓZDŹ Tomasz	999	JAŚ BIEGA	M-30	162	00:00:57	00:26:50.45	00:27:48.20	+00:09:47 (36.5%)	5:22	11.2 (63.6%)
515	MAJCHERCZAK Dawid	772		M-20	113	00:01:25	00:26:50.60	00:28:16.45	+00:09:47 (36.5%)	5:22	11.2 (63.6%)
516	ŻERDZIŃSKI Marcin	993		M-Open	1	00:01:25	00:26:50.70	00:28:16.45	+00:09:47 (36.5%)	5:22	11.2 (63.6%)
517	CICHULSKA QUAAS Izabela	271	RUN PASJA	K-30	47	00:00:59	00:26:50.85	00:27:50.20	+00:09:47 (36.5%)	5:22	11.2 (63.6%)
518	JAWORSKI Krzysztof	773		M-40	77	00:01:25	00:26:51.20	00:28:16.75	+00:09:48 (36.5%)	5:22	11.2 (63.6%)
519	GÓZDŹ Milena	1126	JAŚ BIEGA	K-40	14	00:00:56	00:26:51.45	00:27:48.40	+00:09:48 (36.5%)	5:22	11.2 (63.6%)
520	PŁACZKOWSKI Rafał	1143	ŚLIMAKI BARCIN	M-30	163	00:00:24	00:26:51.50	00:27:16.20	+00:09:48 (36.5%)	5:22	11.2 (63.6%)
521	CZARNECKA - PIJAROWSKA Dominika	887		K-30	48	00:01:14	00:26:52.35	00:28:06.60	+00:09:49 (36.5%)	5:22	11.2 (63.6%)
522	BYCZKOWSKI Zenon	479		M-50	27	00:00:49	00:26:53.90	00:27:43.60	+00:09:50 (36.6%)	5:22	11.2 (63.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
523	MUSS Karolina	379		K-40	15	00:01:40	00:26:55.50	00:28:35.80	+00:09:52 (36.7%)	5:23	11.1 (63.1%)
524	ORNATOWSKI Marcin	24	GORDON RUN	M-30	164	00:00:36	00:26:55.80	00:27:31.80	+00:09:52 (36.7%)	5:23	11.1 (63.1%)
525	KWIATKOWSKI Daniel	193	KLINIKA TRIATHLONU TEAM	M-20	114	00:00:16	00:26:56.10	00:27:12.85	+00:09:53 (36.7%)	5:23	11.1 (63.1%)
526	FORTUNIAK Patrycja	160		K-Open	1	00:00:41	00:26:57.05	00:27:38.60	+00:09:54 (36.7%)	5:23	11.1 (63.1%)
527	GRAMOWSKI Jakub	1174		M-20	115	00:00:57	00:26:57.25	00:27:54.50	+00:09:54 (36.7%)	5:23	11.1 (63.1%)
528	PERA Marek	495		M-30	165	00:01:05	00:26:59.70	00:28:04.90	+00:09:56 (36.8%)	5:23	11.1 (63.1%)
529	BELLUCCI Monica	939		K-20	32	00:00:00	00:27:00.10	00:27:00.10	+00:09:57 (36.9%)	5:24	11.1 (63.1%)
530	ROŚ Sławek	283	ARMIA CHRYSYUSA	M-20	116	00:00:51	00:27:01.40	00:27:52.60	+00:09:58 (36.9%)	5:24	11.1 (63.1%)
531	KOBYLARZ Mariusz	916	BYDGOSZCZ	M-30	166	00:00:51	00:27:02.05	00:27:53.05	+00:09:59 (36.9%)	5:24	11.1 (63.1%)
532	TRZÓSŁO Dorota	756	TKKF WODNIK	K-30	49	00:01:29	00:27:02.95	00:28:31.95	+00:09:59 (37.0%)	5:24	11.1 (63.1%)
533	TWARDOWSKI Wojciech	408	RUN BYDGOSZCZ	M-40	78	00:01:10	00:27:03.55	00:28:14.15	+00:10:00 (37.0%)	5:24	11.1 (63.1%)
534	SZTURO Lidia	911		K-30	50	00:00:36	00:27:04.30	00:27:40.30	+00:10:01 (37.0%)	5:24	11.1 (63.1%)
535	BIERNAT Magdalena	925	PKO DREAM TEAM	K-30	51	00:00:32	00:27:04.40	00:27:37.20	+00:10:01 (37.0%)	5:25	11.1 (63.1%)
536	WARACZEWSKI Paweł	368		M-30	167	00:01:03	00:27:04.45	00:28:08.30	+00:10:01 (37.0%)	5:25	11.1 (63.1%)
537	GADOMSKA Maria	333	RUN BYDGOSZCZ	K-60+	1	00:00:49	00:27:06.70	00:27:55.85	+00:10:03 (37.1%)	5:25	11.1 (63.1%)
538	SZUBARTOWSKA Pola	1283		K-10	7	00:00:35	00:27:08.40	00:27:43.80	+00:10:05 (37.2%)	5:25	11.1 (63.1%)
539	SZUBARTOWSKI Robert	1282		M-40	79	00:00:34	00:27:10.10	00:27:44.90	+00:10:07 (37.2%)	5:26	11 (62.5%)
540	JARZYŃSKI Maciej	453		M-20	117	00:01:41	00:27:12.85	00:28:54.45	+00:10:09 (37.3%)	5:26	11 (62.5%)
541	JANKOWSKA Katarzyna	1009		K-40	16	00:00:31	00:27:12.90	00:27:44.35	+00:10:09 (37.3%)	5:26	11 (62.5%)
542	KAROLEWSKI Marek	237		M-60+	4	00:00:45	00:27:13.50	00:27:58.90	+00:10:10 (37.4%)	5:26	11 (62.5%)
543	CZAJA Jarosław	1273		M-30	168	00:01:07	00:27:14.15	00:28:21.50	+00:10:11 (37.4%)	5:26	11 (62.5%)
544	GRALAK Mikołaj	1195		M-10	38	00:00:13	00:27:15.05	00:27:28.80	+00:10:12 (37.4%)	5:27	11 (62.5%)
545	STRABEL Maria	1068		K-50	3	00:00:23	00:27:15.15	00:27:38.35	+00:10:12 (37.4%)	5:27	11 (62.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
546	BIERNAT Justyna	927	MKS INOWROCLAW	K-10	8	00:00:00	00:27:15.90	00:27:15.90	+00:10:12 (37.5%)	5:27	11 (62.5%)
547	SIEKIERSKI Tomasz	104		M-40	80	00:01:44	00:27:19.75	00:29:04.35	+00:10:16 (37.6%)	5:28	11 (62.5%)
548	RATAJ Monika	838		K-20	33	00:01:13	00:27:19.85	00:28:33.00	+00:10:16 (37.6%)	5:28	11 (62.5%)
549	ŻARKOWSKI Krzysztof	27	KABEL TEAM BYDGOSZCZ	M-40	81	00:00:44	00:27:19.95	00:28:04.55	+00:10:16 (37.6%)	5:28	11 (62.5%)
549	LEWANDOWSKI Michał	873		M-30	169	00:01:02	00:27:19.95	00:28:22.00	+00:10:16 (37.6%)	5:28	11 (62.5%)
551	ADACH Paweł	877	POLSKA	M-30	170	00:01:01	00:27:20.00	00:28:21.70	+00:10:16 (37.6%)	5:28	11 (62.5%)
552	NOWAK Damian	1460		M-10	39	00:00:09	00:27:22.25	00:27:32.10	+00:10:19 (37.7%)	5:28	11 (62.5%)
553	OŻGA Agnieszka	896		K-20	34	00:00:36	00:27:22.95	00:27:59.70	+00:10:19 (37.7%)	5:28	11 (62.5%)
554	MASŁOWSKI Kamil	1456		M-20	118	00:00:10	00:27:23.55	00:27:34.35	+00:10:20 (37.8%)	5:28	10.9 (61.9%)
555	WIERZCHOSŁAWSKI Mateusz	1387		M-20	119	00:00:38	00:27:24.15	00:28:03.00	+00:10:21 (37.8%)	5:29	10.9 (61.9%)
556	MLICKI Marcin	136		M-40	82	00:01:08	00:27:24.95	00:28:33.40	+00:10:21 (37.8%)	5:29	10.9 (61.9%)
557	STRZAŁKOWSKI Sergiusz	907		M-10	40	00:01:11	00:27:25.50	00:28:36.80	+00:10:22 (37.8%)	5:29	10.9 (61.9%)
558	CHYLIŃSKI Michał	874		M-30	171	00:01:01	00:27:26.00	00:28:27.00	+00:10:22 (37.8%)	5:29	10.9 (61.9%)
559	FUZ Gabriela	280	KABEL TEAM BYDGOSZCZ	K-40	17	00:01:18	00:27:26.05	00:28:44.35	+00:10:23 (37.8%)	5:29	10.9 (61.9%)
560	DULIŃSKA Dorota	1480	TRISPACE	K-40	18	00:01:22	00:27:27.25	00:28:50.15	+00:10:24 (37.9%)	5:29	10.9 (61.9%)
561	SIUDA Marek	746		M-40	83	00:01:01	00:27:27.90	00:28:29.60	+00:10:24 (37.9%)	5:29	10.9 (61.9%)
562	CEMKE Magdalena	1184		K-20	35	00:00:13	00:27:29.15	00:27:42.80	+00:10:26 (38.0%)	5:29	10.9 (61.9%)
563	KAPELIŃSKI Adrian	216		M-20	120	00:00:00	00:27:31.20	00:27:31.20	+00:10:28 (38.0%)	5:30	10.9 (61.9%)
563	WOLAN Magdalena	791		K-30	52	00:01:20	00:27:31.20	00:28:51.60	+00:10:28 (38.0%)	5:30	10.9 (61.9%)
565	RAKAŁOWICZ Justyna	1064		K-30	53	00:00:30	00:27:31.55	00:28:01.90	+00:10:28 (38.1%)	5:30	10.9 (61.9%)
566	DUDZIAK Tomasz	588		M-30	172	00:00:26	00:27:32.40	00:27:58.40	+00:10:29 (38.1%)	5:30	10.9 (61.9%)
567	SKÓRCZ Małgorzata	1251		K-40	19	00:00:28	00:27:32.80	00:28:00.90	+00:10:29 (38.1%)	5:30	10.9 (61.9%)
568	GROBELNA Angelika	1055		K-40	20	00:00:51	00:27:33.75	00:28:25.05	+00:10:30 (38.1%)	5:30	10.9 (61.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
569	GRALAK Martyna	21		K-10	9	00:00:13	00:27:33.95	00:27:47.20	+00:10:30 (38.1%)	5:30	10.9 (61.9%)
570	KAPELIŃSKI Sebastian	213		M-20	121	00:00:47	00:27:35.55	00:28:22.60	+00:10:32 (38.2%)	5:31	10.9 (61.9%)
571	STASZKIEWICZ Radosław	443	CZARNE STOPY SM	M-40	84	00:01:04	00:27:36.85	00:28:41.05	+00:10:33 (38.3%)	5:31	10.9 (61.9%)
572	WAWRZYNIAK Karolina	1124		K-30	54	00:00:41	00:27:37.35	00:28:18.55	+00:10:34 (38.3%)	5:31	10.9 (61.9%)
573	PŁACZKOWSKA Magdalena	1125		K-30	55	00:00:40	00:27:38.65	00:28:19.15	+00:10:35 (38.3%)	5:31	10.8 (61.4%)
574	KOWALSKA Anna	1295		K-20	36	00:01:29	00:27:39.50	00:29:09.20	+00:10:36 (38.4%)	5:32	10.8 (61.4%)
575	ZALEWSKI Sebastian	665		M-20	122	00:00:35	00:27:40.40	00:28:15.60	+00:10:37 (38.4%)	5:32	10.8 (61.4%)
576	STANKIEWICZ Dariusz	1390	BÓL TO ŚCIEMA	M-40	85	00:00:58	00:27:40.70	00:28:39.65	+00:10:37 (38.4%)	5:32	10.8 (61.4%)
577	MAĆKOWIAK Kasia	844	-	K-30	56	00:01:30	00:27:40.75	00:29:10.90	+00:10:37 (38.4%)	5:32	10.8 (61.4%)
578	ADAMCZYK Sonia	1059	KLUB ZDROWEGO STYLU ŻYCIA	K-20	37	00:01:10	00:27:40.80	00:28:51.45	+00:10:37 (38.4%)	5:32	10.8 (61.4%)
579	JESZKA Patryk	894	BBL SZUBIN	M-20	123	00:00:29	00:27:41.95	00:28:11.55	+00:10:38 (38.4%)	5:32	10.8 (61.4%)
580	JANKOWSKI Tomasz Michał	886		M-50	28	00:00:00	00:27:42.35	00:27:42.35	+00:10:39 (38.5%)	5:32	10.8 (61.4%)
581	GAPINSKA Patrycja	1216		K-30	57	00:00:09	00:27:43.05	00:27:52.75	+00:10:40 (38.5%)	5:32	10.8 (61.4%)
582	BARANOWSKA Julia	1071		K-10	10	00:01:11	00:27:43.15	00:28:54.35	+00:10:40 (38.5%)	5:32	10.8 (61.4%)
583	MAŁECKA Izabela	432		K-30	58	00:01:15	00:27:43.60	00:28:59.40	+00:10:40 (38.5%)	5:32	10.8 (61.4%)
584	GUDELL Radosław	10		M-40	86	00:01:29	00:27:43.75	00:29:13.30	+00:10:40 (38.5%)	5:32	10.8 (61.4%)
585	STĘPSKI Sławomir	981		M-10	41	00:01:12	00:27:44.25	00:28:57.05	+00:10:41 (38.5%)	5:33	10.8 (61.4%)
586	SIUDA Anita	788		K-20	38	00:00:07	00:27:44.40	00:27:52.25	+00:10:41 (38.5%)	5:33	10.8 (61.4%)
586	OSSOWSKI Tomek	1482		M-20	124	00:00:10	00:27:44.40	00:27:54.50	+00:10:41 (38.5%)	5:32	10.8 (61.4%)
588	KUDŁA Monika	1399		K-30	59	00:01:29	00:27:44.65	00:29:14.50	+00:10:41 (38.5%)	5:33	10.8 (61.4%)
589	ROGALSKA Justyna	975		K-20	39	00:01:34	00:27:44.75	00:29:19.65	+00:10:41 (38.5%)	5:33	10.8 (61.4%)
590	JÓZEFIAK Alicja	486	VEGE RUNNERS	K-20	40	00:00:12	00:27:44.85	00:27:56.85	+00:10:41 (38.6%)	5:32	10.8 (61.4%)
591	CIECHANOWSKA Agnieszka	1481		K-20	41	00:00:09	00:27:45.30	00:27:54.80	+00:10:42 (38.6%)	5:33	10.8 (61.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
592	ZABOROWSKI Robert	827	PGB SPORTOWA PACZKA	M-30	173	00:00:51	00:27:45.35	00:28:36.75	+00:10:42 (38.6%)	5:33	10.8 (61.4%)
593	JÓZEFIAK Magdalena	522		K-50	4	00:00:11	00:27:45.40	00:27:56.75	+00:10:42 (38.6%)	5:33	10.8 (61.4%)
594	BRĄCZYK Ewa	833	TKKF WODNIK	K-40	21	00:01:29	00:27:46.20	00:29:16.05	+00:10:43 (38.6%)	5:33	10.8 (61.4%)
595	SIWIŃSKA Elżbieta	960	BBL INOWROCŁAW	K-50	5	00:00:26	00:27:47.90	00:28:14.80	+00:10:44 (38.7%)	5:33	10.8 (61.4%)
596	MATUSZEWSKA Monika	377		K-30	60	00:01:26	00:27:48.00	00:29:14.20	+00:10:44 (38.7%)	5:33	10.8 (61.4%)
597	ROSZCZYN Michał	517		M-20	125	00:01:23	00:27:48.25	00:29:12.00	+00:10:45 (38.7%)	5:33	10.8 (61.4%)
598	HASEK Patryk	936		M-20	126	00:01:22	00:27:48.55	00:29:11.35	+00:10:45 (38.7%)	5:33	10.8 (61.4%)
599	BARNIGIEL Agnieszka	19		K-40	22	00:00:11	00:27:48.75	00:28:00.10	+00:10:45 (38.7%)	5:33	10.8 (61.4%)
600	RYBARCZYK Michał	1257		M-30	174	00:00:57	00:27:49.05	00:28:46.65	+00:10:46 (38.7%)	5:33	10.8 (61.4%)
601	MALIŃSKI Wojciech	175		M-30	175	00:00:57	00:27:49.50	00:28:46.65	+00:10:46 (38.7%)	5:33	10.8 (61.4%)
602	KISIEL Krystian	53		M-20	127	00:01:04	00:27:50.35	00:28:54.80	+00:10:47 (38.8%)	5:34	10.8 (61.4%)
603	KLINIKOWSKI Jacek	326	KOCHAM ŻYCIE I...	M-40	87	00:01:19	00:27:50.90	00:29:10.55	+00:10:47 (38.8%)	5:34	10.8 (61.4%)
604	ZYGMUNT Robert	908		M-40	88	00:00:47	00:27:52.15	00:28:39.30	+00:10:49 (38.8%)	5:34	10.8 (61.4%)
605	KUBOWICZ Piotr	291	MAŁGOŚ TEAM	M-40	89	00:01:19	00:27:52.45	00:29:11.90	+00:10:49 (38.8%)	5:34	10.8 (61.4%)
606	DROŻ Marcin	84		M-10	42	00:01:38	00:27:53.25	00:29:32.15	+00:10:50 (38.9%)	5:34	10.8 (61.4%)
607	KRYSZTOFIAK Robert	301		M-40	90	00:00:52	00:27:53.35	00:28:45.45	+00:10:50 (38.9%)	5:34	10.8 (61.4%)
608	NIEDBALSKI Grzegorz	872	RUN BYDGOSZCZ	M-50	29	00:01:16	00:27:53.85	00:29:10.55	+00:10:50 (38.9%)	5:34	10.8 (61.4%)
609	FAC Daria	1130		K-20	42	00:01:23	00:27:54.70	00:29:18.15	+00:10:51 (38.9%)	5:35	10.7 (60.8%)
610	NIKOŁAJEW Monika	142		K-30	61	00:00:58	00:27:55.15	00:28:54.10	+00:10:52 (38.9%)	5:35	10.7 (60.8%)
611	KROPIŃSKA Monika	1142		K-20	43	00:01:14	00:27:55.80	00:29:09.80	+00:10:52 (39.0%)	5:35	10.7 (60.8%)
612	ZDZIAREK Artur	770		M-30	176	00:00:46	00:27:56.85	00:28:43.45	+00:10:53 (39.0%)	5:35	10.7 (60.8%)
613	STĘPIEŃ Michał	310	GALACTICA	M-30	177	00:01:26	00:27:57.05	00:29:23.30	+00:10:54 (39.0%)	5:35	10.7 (60.8%)
614	BŁAŻEJAK Krzysztofa	99	RUN BYDGOSZCZ	K-30	62	00:01:12	00:27:57.90	00:29:10.65	+00:10:54 (39.0%)	5:35	10.7 (60.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
615	WOJTYSIAK Szymon	1076	BYDGOSKIE OKONIE	M-20	128	00:00:53	00:27:58.00	00:28:51.15	+00:10:54 (39.0%)	5:35	10.7 (60.8%)
616	MUCYK Małgosia	672		K-30	63	00:00:38	00:27:58.10	00:28:36.25	+00:10:55 (39.0%)	5:35	10.7 (60.8%)
617	LEMAŃCZYK Zygmunt	300	RUN BYDGOSZCZ	M-40	91	00:01:12	00:27:58.20	00:29:11.05	+00:10:55 (39.0%)	5:35	10.7 (60.8%)
618	KURTYSIAK Roman	534		M-50	30	00:00:42	00:27:58.25	00:28:40.45	+00:10:55 (39.0%)	5:35	10.7 (60.8%)
619	DURAJEWSKI Mateusz	500		M-20	129	00:01:29	00:27:59.85	00:29:28.85	+00:10:56 (39.1%)	5:35	10.7 (60.8%)
620	GRZONKA Emilia	172		K-20	44	00:00:49	00:28:00.35	00:28:49.60	+00:10:57 (39.1%)	5:36	10.7 (60.8%)
621	SOBOTA Beata	557		K-30	64	00:00:33	00:28:02.50	00:28:35.65	+00:10:59 (39.2%)	5:36	10.7 (60.8%)
622	NIEDBALSKA Monika	1259	EURO TIM SQAD	K-20	45	00:00:21	00:28:03.65	00:28:25.30	+00:11:00 (39.2%)	5:36	10.7 (60.8%)
623	GORDON Roman	721	RUN BYDGOSZCZ	M-60+	5	00:01:18	00:28:07.20	00:29:25.90	+00:11:04 (39.4%)	5:37	10.7 (60.8%)
624	HARACEWIAT Cezary	650		M-50	31	00:00:38	00:28:08.30	00:28:47.25	+00:11:05 (39.4%)	5:37	10.7 (60.8%)
625	SEROCKI Kornel	593		M-20	130	00:00:38	00:28:08.50	00:28:47.30	+00:11:05 (39.4%)	5:37	10.7 (60.8%)
626	SEROCKI Bartosz	590	FRANEK I RÓŻA	M-30	178	00:00:38	00:28:08.70	00:28:47.05	+00:11:05 (39.4%)	5:37	10.7 (60.8%)
627	IWAN Remigiusz	209		M-30	179	00:01:01	00:28:08.90	00:29:10.10	+00:11:05 (39.4%)	5:37	10.7 (60.8%)
628	SROCZYŃSKA Marta	393	POLONIA BYDGOSZCZ SLA	K-20	46	00:00:59	00:28:10.10	00:29:09.80	+00:11:07 (39.5%)	5:38	10.7 (60.8%)
629	KNIOŁA Alina	629	OSP JADWIŻYN	K-20	47	00:00:00	00:28:10.40	00:28:10.40	+00:11:07 (39.5%)	5:38	10.7 (60.8%)
630	SIEŃSKI Jacek	1079	RUN BYDGOSZCZ	M-50	32	00:01:14	00:28:10.70	00:29:25.10	+00:11:07 (39.5%)	5:38	10.6 (60.2%)
631	BALCERZAK Dorota	328	BBL INOWROCŁAW	K-40	23	00:00:26	00:28:10.75	00:28:37.30	+00:11:07 (39.5%)	5:38	10.6 (60.2%)
631	OLEKSY Ilona	463		K-30	65	00:01:11	00:28:10.75	00:29:22.70	+00:11:07 (39.5%)	5:38	10.6 (60.2%)
633	KULCZYCKA Agnieszka	281		K-20	48	00:00:56	00:28:10.90	00:29:07.00	+00:11:07 (39.5%)	5:38	10.6 (60.2%)
634	LEMIEŻ Andrzej	680		M-30	180	00:00:14	00:28:11.05	00:28:25.55	+00:11:08 (39.5%)	5:38	10.6 (60.2%)
635	KACZAN Małgorzata	559	SOLECCY BIEGACZE	K-30	66	00:00:14	00:28:11.35	00:28:25.35	+00:11:08 (39.5%)	5:38	10.6 (60.2%)
636	WYPORKIEWICZ Jerzy	1031		M-40	92	00:00:49	00:28:13.35	00:29:02.90	+00:11:10 (39.6%)	5:38	10.6 (60.2%)
637	MALICKA Beata	782	BYDGOSCY BIEGACZE	K-50	6	00:01:26	00:28:13.60	00:29:39.90	+00:11:10 (39.6%)	5:38	10.6 (60.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
638	SZYMBORSKA Patrycja	178		K-20	49	00:01:08	00:28:13.65	00:29:22.25	+00:11:10 (39.6%)	5:38	10.6 (60.2%)
639	PAWLACZYK-MATELA Emilia	634	BYDGOSKA GAZELA	K-30	67	00:00:24	00:28:16.90	00:28:41.70	+00:11:13 (39.7%)	5:39	10.6 (60.2%)
640	BANACH Jan	182	KLINIKA TRIATHLONU TEAM	M-20	131	00:00:45	00:28:17.10	00:29:02.60	+00:11:14 (39.7%)	5:39	10.6 (60.2%)
641	DZIERŻAWSKA Aneta	1099		K-30	68	00:01:12	00:28:17.55	00:29:29.75	+00:11:14 (39.7%)	5:39	10.6 (60.2%)
642	PIECZARA Michał	567	KLINIKA TRIATHLONU TEAM	M-20	132	00:00:46	00:28:18.10	00:29:04.30	+00:11:15 (39.8%)	5:39	10.6 (60.2%)
643	PAPIS Piotr	1128	BACKONIK	M-30	181	00:01:19	00:28:18.80	00:29:38.15	+00:11:15 (39.8%)	5:39	10.6 (60.2%)
644	BRYŚ Bartłomiej	117		M-20	133	00:00:40	00:28:18.85	00:28:59.75	+00:11:15 (39.8%)	5:39	10.6 (60.2%)
645	FILOSEK Marcin	914		M-30	182	00:01:09	00:28:19.00	00:29:28.35	+00:11:15 (39.8%)	5:39	10.6 (60.2%)
646	KRZYŻANOWSKI Wojciech	321		M-40	93	00:01:21	00:28:20.10	00:29:41.10	+00:11:17 (39.8%)	5:40	10.6 (60.2%)
647	RZEPCZYNSKI Tomasz	499	BR DYNAMO SKARPA	M-40	94	00:00:56	00:28:20.60	00:29:17.20	+00:11:17 (39.8%)	5:40	10.6 (60.2%)
648	PAWELEC Pola	1425		K-10	11	00:01:02	00:28:20.70	00:29:22.90	+00:11:17 (39.8%)	5:40	10.6 (60.2%)
649	WIŚNIEWSKA-KACZOR Iga	1047		K-20	50	00:00:21	00:28:21.05	00:28:42.10	+00:11:18 (39.9%)	5:40	10.6 (60.2%)
650	HOŁOWNIA Karolina	227		K-20	51	00:00:13	00:28:22.45	00:28:35.65	+00:11:19 (39.9%)	5:40	10.6 (60.2%)
651	WITUCKA Malwina	1111		K-20	52	00:01:02	00:28:23.60	00:29:26.05	+00:11:20 (39.9%)	5:40	10.6 (60.2%)
652	MYCZKO Dariusz	645	CPR BYDGOSZCZ	M-30	183	00:00:36	00:28:23.85	00:29:00.05	+00:11:20 (40.0%)	5:40	10.6 (60.2%)
653	OWCZAREK Agnieszka	1333		K-20	53	00:00:13	00:28:24.50	00:28:38.20	+00:11:21 (40.0%)	5:41	10.6 (60.2%)
654	KILANOWSKI Dariusz	829		M-30	184	00:01:11	00:28:24.55	00:29:35.75	+00:11:21 (40.0%)	5:40	10.6 (60.2%)
655	FILIPEK Mirosława	553		K-30	69	00:00:13	00:28:24.75	00:28:38.50	+00:11:21 (40.0%)	5:41	10.6 (60.2%)
656	RYDELSKA Kinga	514		K-40	24	00:00:39	00:28:25.10	00:29:04.15	+00:11:22 (40.0%)	5:41	10.6 (60.2%)
657	WIELUŃSKA Dorota	652		K-20	54	00:00:31	00:28:27.15	00:28:58.15	+00:11:24 (40.1%)	5:41	10.5 (59.7%)
658	TOMCZAK Krzysztof	1205		M-20	134	00:00:08	00:28:27.40	00:28:36.05	+00:11:24 (40.1%)	5:41	10.5 (59.7%)
658	WITKOWSKA Paulina	1199	VIVA LA VIDA	K-30	70	00:00:19	00:28:27.40	00:28:47.30	+00:11:24 (40.1%)	5:41	10.5 (59.7%)
660	WITKOWSKI Tomasz	1198	VIVA LA VIDA	M-30	185	00:00:20	00:28:27.45	00:28:47.55	+00:11:24 (40.1%)	5:41	10.5 (59.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
661	BRZozowski Krzysztof	126		M-20	135	00:01:41	00:28:27.75	00:30:08.80	+00:11:24 (40.1%)	5:41	10.5 (59.7%)
662	Szczygieł Michał	992		M-30	186	00:01:10	00:28:28.75	00:29:38.80	+00:11:25 (40.1%)	5:41	10.5 (59.7%)
663	BIERNACKI Piotr	1271		M-30	187	00:01:09	00:28:28.90	00:29:38.45	+00:11:25 (40.1%)	5:41	10.5 (59.7%)
664	WRZYSZCZ Damian	919		M-10	43	00:00:39	00:28:29.30	00:29:08.65	+00:11:26 (40.1%)	5:41	10.5 (59.7%)
665	WRZYSZCZ Marzena	620		K-30	71	00:00:39	00:28:29.50	00:29:09.00	+00:11:26 (40.2%)	5:42	10.5 (59.7%)
666	NOWAK Łukasz	146	VIRTUAL RUNNER CLUB	M-30	188	00:01:21	00:28:30.40	00:29:52.05	+00:11:27 (40.2%)	5:42	10.5 (59.7%)
667	JACKOWIAK-ZALEWSKA Agnieszka	766		K-30	72	00:01:26	00:28:30.45	00:29:57.15	+00:11:27 (40.2%)	5:42	10.5 (59.7%)
668	STYKAŁA Adrianna	248		K-10	12	00:01:25	00:28:31.55	00:29:57.00	+00:11:28 (40.2%)	5:42	10.5 (59.7%)
669	STYKAŁA Magdalena	246		K-40	25	00:01:25	00:28:32.00	00:29:57.30	+00:11:28 (40.2%)	5:42	10.5 (59.7%)
670	CYGAN Marcin	1149		M-40	95	00:00:50	00:28:32.60	00:29:23.30	+00:11:29 (40.3%)	5:42	10.5 (59.7%)
671	BANASZAK Krzysztof	1060		M-30	189	00:00:49	00:28:32.75	00:29:22.55	+00:11:29 (40.3%)	5:42	10.5 (59.7%)
672	BRODA Piotr	298		M-40	96	00:00:50	00:28:33.20	00:29:23.20	+00:11:30 (40.3%)	5:42	10.5 (59.7%)
673	GNIOT Henryk	618		M-40	97	00:01:25	00:28:34.15	00:30:00.00	+00:11:31 (40.3%)	5:43	10.5 (59.7%)
674	CYGAN Magdalena	1150		K-40	26	00:00:48	00:28:34.45	00:29:23.30	+00:11:31 (40.3%)	5:43	10.5 (59.7%)
675	KRUKOWSKA Joanna	1431		K-20	55	00:01:04	00:28:34.75	00:29:39.60	+00:11:31 (40.3%)	5:43	10.5 (59.7%)
676	GNIOT Bożena	615		K-30	73	00:01:24	00:28:35.05	00:29:59.45	+00:11:32 (40.3%)	5:43	10.5 (59.7%)
677	BUŁAT Adam	760		M-20	136	00:01:07	00:28:35.25	00:29:42.60	+00:11:32 (40.4%)	5:43	10.5 (59.7%)
678	SPIRYDOWICZ Piotr	1297		M-30	190	00:01:09	00:28:35.30	00:29:44.65	+00:11:32 (40.4%)	5:43	10.5 (59.7%)
679	FLEJTER Artur	1401		M-50	33	00:01:34	00:28:35.80	00:30:09.80	+00:11:32 (40.4%)	5:43	10.5 (59.7%)
680	SMOLIŃSKA Beata	158		K-30	74	00:00:02	00:28:36.35	00:28:39.30	+00:11:33 (40.4%)	5:43	10.5 (59.7%)
681	BACKO Aurelia	1118		K-20	56	00:00:20	00:28:36.60	00:28:57.20	+00:11:33 (40.4%)	5:43	10.5 (59.7%)
682	GIŻA Damian	244	POLONIA	M-30	191	00:00:30	00:28:37.70	00:29:08.65	+00:11:34 (40.4%)	5:43	10.5 (59.7%)
683	HANCZEWSKA Sonia	655		K-20	57	00:00:11	00:28:39.95	00:28:51.60	+00:11:36 (40.5%)	5:44	10.5 (59.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
684	SIEWERT Hanna	148		K-30	75	00:00:57	00:28:40.40	00:29:38.15	+00:11:37 (40.5%)	5:44	10.5 (59.7%)
685	CISZEWSKA Emilia	560		K-30	76	00:00:41	00:28:40.45	00:29:22.15	+00:11:37 (40.5%)	5:44	10.5 (59.7%)
686	BASZANOWSKI Tomasz	852		M-30	192	00:00:29	00:28:41.75	00:29:11.10	+00:11:38 (40.6%)	5:44	10.5 (59.7%)
687	SKARBEEK Emilia	1081		K-10	13	00:00:22	00:28:42.10	00:29:04.65	+00:11:39 (40.6%)	5:44	10.5 (59.7%)
688	MIKUŁA Tomasz	241	GORDON RUN	M-30	193	00:01:31	00:28:42.30	00:30:14.00	+00:11:39 (40.6%)	5:44	10.4 (59.1%)
689	SKARBEEK Marek	1082		M-40	98	00:00:22	00:28:42.45	00:29:04.45	+00:11:39 (40.6%)	5:44	10.5 (59.7%)
690	MICHTA Iwona	1306	SPÓJNIA BIAŁE BŁOTA	K-30	77	00:01:22	00:28:43.20	00:30:05.40	+00:11:40 (40.6%)	5:44	10.4 (59.1%)
691	ŁUKASIEWICZ Krzysztof	532		M-30	194	00:01:34	00:28:43.65	00:30:17.90	+00:11:40 (40.6%)	5:44	10.4 (59.1%)
692	DZIAMSKI Wojciech	1208		M-30	195	00:01:33	00:28:44.55	00:30:17.85	+00:11:41 (40.7%)	5:44	10.4 (59.1%)
693	IWAN Przemysław	212		M-10	44	00:01:00	00:28:44.75	00:29:45.25	+00:11:41 (40.7%)	5:45	10.4 (59.1%)
694	POTKA Katarzyna	114		K-30	78	00:01:45	00:28:45.35	00:30:30.50	+00:11:42 (40.7%)	5:45	10.4 (59.1%)
695	WIŚNIEWSKI Szymon	722		M-10	45	00:01:22	00:28:46.00	00:30:08.20	+00:11:42 (40.7%)	5:45	10.4 (59.1%)
696	RUDOL Damian	78		M-30	196	00:01:44	00:28:46.10	00:30:30.80	+00:11:43 (40.7%)	5:45	10.4 (59.1%)
697	PROCZEK Jakub	668		M-20	137	00:00:23	00:28:49.25	00:29:12.85	+00:11:46 (40.8%)	5:45	10.4 (59.1%)
698	LIBERA Agata	781		K-30	79	00:00:26	00:28:50.15	00:29:16.15	+00:11:47 (40.9%)	5:46	10.4 (59.1%)
699	BRYWCZYŃSKA Justyna	307		K-30	80	00:00:45	00:28:51.85	00:29:37.05	+00:11:48 (40.9%)	5:46	10.4 (59.1%)
700	NITKA Adam	1351		M-40	99	00:01:15	00:28:51.90	00:30:07.60	+00:11:48 (40.9%)	5:46	10.4 (59.1%)
700	SMERLIŃSKI Robert	508	BRAK	M-30	197	00:01:21	00:28:51.90	00:30:13.40	+00:11:48 (40.9%)	5:46	10.4 (59.1%)
702	WIŚNIEWSKI Maksymilian	717		M-10	46	00:01:21	00:28:52.50	00:30:13.80	+00:11:49 (40.9%)	5:46	10.4 (59.1%)
703	KOŁODZIEJSKI Daniel	1021		M-30	198	00:00:35	00:28:52.65	00:29:28.50	+00:11:49 (41.0%)	5:46	10.4 (59.1%)
704	JASTRZEMBSKI Tomasz	556	DYNAMO SKARPA	M-30	199	00:01:52	00:28:53.85	00:30:46.45	+00:11:50 (41.0%)	5:46	10.4 (59.1%)
705	FAC Dorota	1129		K-30	81	00:01:23	00:28:56.20	00:30:20.10	+00:11:53 (41.1%)	5:47	10.4 (59.1%)
706	KLÓSKA Roman	401		M-40	100	00:01:36	00:28:57.90	00:30:34.85	+00:11:54 (41.1%)	5:47	10.4 (59.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
707	MUSIAŁA Adam	1423		M-30	200	00:00:30	00:28:59.45	00:29:29.95	+00:11:56 (41.2%)	5:47	10.4 (59.1%)
708	PATRZAŁEK Oskar	464		M-10	47	00:01:46	00:29:00.85	00:30:47.55	+00:11:57 (41.2%)	5:48	10.3 (58.5%)
709	BICZKOWSKA Magdalena	416	RUN BYDGOSZCZ	K-30	82	00:01:16	00:29:01.00	00:30:17.50	+00:11:57 (41.2%)	5:48	10.3 (58.5%)
709	GORGOL Renata	642	RUN BYDGOSZCZ	K-40	27	00:01:16	00:29:01.00	00:30:17.85	+00:11:57 (41.2%)	5:48	10.3 (58.5%)
711	BASZANOWSKA Sylwia	847		K-40	28	00:00:30	00:29:01.05	00:29:31.75	+00:11:58 (41.2%)	5:48	10.3 (58.5%)
712	STEFANOWICZ Wojciech	986	RUN BYDGOSZCZ	M-30	201	00:01:17	00:29:01.10	00:30:18.40	+00:11:58 (41.2%)	5:48	10.3 (58.5%)
713	NALEŻYTY Piotr	1319		M-30	202	00:01:45	00:29:01.35	00:30:46.85	+00:11:58 (41.2%)	5:48	10.3 (58.5%)
714	GÓRSKI Marian	571	SOLECCYBIEGACZE	M-50	34	00:00:08	00:29:01.65	00:29:10.15	+00:11:58 (41.3%)	5:48	10.3 (58.5%)
715	KAPELIŃSKI Stanisław	207		M-40	101	00:00:46	00:29:02.15	00:29:48.45	+00:11:59 (41.3%)	5:48	10.3 (58.5%)
716	POLAKIEWICZ Dariusz	754	KLUB ZDROWIA BYDGOSZCZ	M-50	35	00:00:07	00:29:02.20	00:29:09.80	+00:11:59 (41.3%)	5:48	10.3 (58.5%)
717	NOWAK Natalia	1458		K-10	14	00:00:00	00:29:03.85	00:29:03.85	+00:12:00 (41.3%)	5:48	10.3 (58.5%)
718	HAUS Katarzyna	656	BBL SZUBIN	K-40	29	00:00:31	00:29:04.95	00:29:35.95	+00:12:01 (41.4%)	5:48	10.3 (58.5%)
719	GORGOL Tomasz	640	RUN BYDGOSZCZ	M-30	203	00:01:12	00:29:05.10	00:30:17.65	+00:12:02 (41.4%)	5:49	10.3 (58.5%)
720	BOROWIEC Wioleta	662	BBL SZUBIN	K-30	83	00:00:30	00:29:05.15	00:29:36.05	+00:12:02 (41.4%)	5:49	10.3 (58.5%)
721	GRUCHAŁA Paweł	621		M-20	138	00:00:32	00:29:05.65	00:29:38.60	+00:12:02 (41.4%)	5:49	10.3 (58.5%)
722	KLONOWSKI Sławomir	14		M-40	102	00:01:27	00:29:06.35	00:30:33.75	+00:12:03 (41.4%)	5:49	10.3 (58.5%)
723	DARNOWSKI Bartosz	704		M-30	204	00:01:44	00:29:06.75	00:30:51.40	+00:12:03 (41.4%)	5:49	10.3 (58.5%)
724	DĘBSKI Arkadiusz	902		M-50	36	00:00:36	00:29:07.70	00:29:44.05	+00:12:04 (41.5%)	5:49	10.3 (58.5%)
725	BURY Tomasz	580		M-30	205	00:00:10	00:29:08.20	00:29:19.00	+00:12:05 (41.5%)	5:49	10.3 (58.5%)
726	ANTKOWIAK Bartek	493	TCMS PESA	M-20	139	00:01:16	00:29:08.60	00:30:25.00	+00:12:05 (41.5%)	5:49	10.3 (58.5%)
727	KLISZEWSKI Maciej	435	GWIAZDA BYDGOSZCZ	M-10	48	00:01:30	00:29:08.70	00:30:39.45	+00:12:05 (41.5%)	5:49	10.3 (58.5%)
728	FLOREK Milena	54	RE MEDIA BYDGOSZCZ	K-30	84	00:00:38	00:29:08.95	00:29:47.75	+00:12:05 (41.5%)	5:49	10.3 (58.5%)
729	KLISZEWSKI Damian	428		M-40	103	00:01:30	00:29:09.40	00:30:39.60	+00:12:06 (41.5%)	5:49	10.3 (58.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
730	MARĆ Robert	531		M-40	104	00:01:12	00:29:10.75	00:30:22.85	+00:12:07 (41.6%)	5:50	10.3 (58.5%)
731	DOMŻALSKA Sławomira	1331		K-40	30	00:01:41	00:29:10.85	00:30:52.75	+00:12:07 (41.6%)	5:50	10.3 (58.5%)
732	MARĆ Klara	539		K-10	15	00:01:10	00:29:11.65	00:30:22.55	+00:12:08 (41.6%)	5:50	10.3 (58.5%)
733	KRZYŻAŃSKI Kacper	86	BYDGOSZCZ TRIATHLON TEAM	M-10	49	00:01:37	00:29:12.25	00:30:49.55	+00:12:09 (41.6%)	5:50	10.3 (58.5%)
734	PIECYK-CZAJA Sonia	1272		K-30	85	00:01:07	00:29:12.30	00:30:19.50	+00:12:09 (41.6%)	5:50	10.3 (58.5%)
735	MAĆKOWIAK Magdalena	341		K-20	58	00:01:03	00:29:13.40	00:30:16.65	+00:12:10 (41.7%)	5:50	10.3 (58.5%)
736	STĘPIEŃ Bogdan	350		M-20	140	00:01:02	00:29:13.85	00:30:16.65	+00:12:10 (41.7%)	5:50	10.3 (58.5%)
736	STOKŁOSA Maciej	330		M-20	141	00:01:31	00:29:13.85	00:30:45.05	+00:12:10 (41.7%)	5:50	10.3 (58.5%)
738	DZIERŻAWSKI Łukasz	1090		M-30	206	00:01:12	00:29:14.60	00:30:26.70	+00:12:11 (41.7%)	5:50	10.3 (58.5%)
739	BONKOWSKI Wojciech	798		M-30	207	00:01:00	00:29:15.25	00:30:15.45	+00:12:12 (41.7%)	5:51	10.3 (58.5%)
740	KOLASA Robert	1018		M-30	208	00:01:09	00:29:15.35	00:30:25.00	+00:12:12 (41.7%)	5:51	10.3 (58.5%)
741	MAJEWICZ Sylwia	1277		K-20	59	00:00:40	00:29:15.65	00:29:56.40	+00:12:12 (41.7%)	5:51	10.3 (58.5%)
742	RZEPECKA Katarzyna	72		K-30	86	00:01:17	00:29:16.60	00:30:33.80	+00:12:13 (41.8%)	5:51	10.3 (58.5%)
743	SZALA Paweł	69		M-20	142	00:01:36	00:29:16.85	00:30:52.85	+00:12:13 (41.8%)	5:51	10.3 (58.5%)
744	BUSSE Jagoda	279		K-30	87	00:00:27	00:29:17.10	00:29:44.85	+00:12:14 (41.8%)	5:51	10.2 (58.0%)
744	KWIATKOWSKI Paweł	56		M-30	209	00:01:01	00:29:17.10	00:30:18.40	+00:12:14 (41.8%)	5:51	10.2 (58.0%)
746	OBREMSKA Natalia	497		K-20	60	00:01:39	00:29:18.20	00:30:57.60	+00:12:15 (41.8%)	5:51	10.2 (58.0%)
747	PAPROCKA Małgorzata	834		K-40	31	00:00:44	00:29:18.85	00:30:03.25	+00:12:15 (41.8%)	5:51	10.2 (58.0%)
748	KOCZOROWSKI Maciej	391		M-10	50	00:00:25	00:29:19.25	00:29:44.25	+00:12:16 (41.8%)	5:51	10.2 (58.0%)
749	ROPINSKA Kamila	1373	WTORKOWY TRENING	K-30	88	00:01:06	00:29:19.45	00:30:25.95	+00:12:16 (41.9%)	5:51	10.2 (58.0%)
750	PARUCKI Zbigniew	378		M-50	37	00:00:25	00:29:19.60	00:29:45.10	+00:12:16 (41.9%)	5:52	10.2 (58.0%)
751	KAPUSTA Anna	692	PGB SPORTOWA PACZKA	K-30	89	00:01:37	00:29:20.00	00:30:57.95	+00:12:16 (41.9%)	5:52	10.2 (58.0%)
752	KAPUSTA Maciej	718		M-30	210	00:01:37	00:29:21.55	00:30:59.05	+00:12:18 (41.9%)	5:52	10.2 (58.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
753	KRZYŻAŃSKI Przemysław	70	BYDGOSZCZ TRIATHLON TEAM	M-40	105	00:01:35	00:29:22.70	00:30:58.50	+00:12:19 (42.0%)	5:52	10.2 (58.0%)
754	ŁABUŚ-CENTEK Marta	812		K-30	90	00:00:49	00:29:22.80	00:30:12.35	+00:12:19 (42.0%)	5:52	10.2 (58.0%)
755	URBANSKI Piotr	320	RUN TEAM PRUSZCZ	M-40	106	00:01:24	00:29:23.20	00:30:47.55	+00:12:20 (42.0%)	5:52	10.2 (58.0%)
756	SOKÓŁ Krystyna	163		K-20	61	00:01:03	00:29:23.35	00:30:27.05	+00:12:20 (42.0%)	5:52	10.2 (58.0%)
756	URBANSKI Hubert	339	RUN TEAM PRUSZCZ	M-10	51	00:01:24	00:29:23.35	00:30:48.00	+00:12:20 (42.0%)	5:52	10.2 (58.0%)
758	ANDRYSZAK Vanessa	1313	GIMNAZJUM NWW	K-10	16	00:00:42	00:29:23.75	00:30:05.75	+00:12:20 (42.0%)	5:52	10.2 (58.0%)
759	ANDRYSZAK Piotr	1312		M-40	107	00:00:42	00:29:23.80	00:30:05.95	+00:12:20 (42.0%)	5:52	10.2 (58.0%)
760	KOZŁOWSKI Mirosław	1266		M-50	38	00:01:09	00:29:23.85	00:30:33.20	+00:12:20 (42.0%)	5:52	10.2 (58.0%)
761	KUGACZ Aneta	410	RUN BYDGOSZCZ	K-30	91	00:01:07	00:29:24.95	00:30:32.65	+00:12:21 (42.0%)	5:53	10.2 (58.0%)
762	WRÓBLEWSKI Kewin	846		M-10	52	00:00:07	00:29:25.65	00:29:33.35	+00:12:22 (42.1%)	5:53	10.2 (58.0%)
763	WASILEWSKA-MICHALAK Agata	1394		K-30	92	00:01:35	00:29:25.75	00:31:01.55	+00:12:22 (42.1%)	5:53	10.2 (58.0%)
764	WASILEWSKA Martyna	1011		K-30	93	00:01:35	00:29:26.00	00:31:01.55	+00:12:22 (42.1%)	5:53	10.2 (58.0%)
765	BIŁYK Marta	1026		K-30	94	00:00:52	00:29:26.90	00:30:19.75	+00:12:23 (42.1%)	5:53	10.2 (58.0%)
766	GIŁKA Gosia	120	BW SQUAD	K-20	62	00:00:42	00:29:27.65	00:30:10.15	+00:12:24 (42.1%)	5:53	10.2 (58.0%)
767	MIKA Monika	723		K-20	63	00:00:32	00:29:27.70	00:30:00.65	+00:12:24 (42.1%)	5:53	10.2 (58.0%)
768	GUZMANN Dorota	1381	AKADEMIA BIEGANIA GRUDZIĄDZ	K-40	32	00:01:06	00:29:28.40	00:30:34.40	+00:12:25 (42.1%)	5:53	10.2 (58.0%)
769	MICHALSKA Aleksandra	1397		K-40	33	00:00:39	00:29:29.95	00:30:09.45	+00:12:26 (42.2%)	5:54	10.2 (58.0%)
770	MELLEM-ZWIEWKA Małgorzata	631	BIEGAJĄCE BABECZKI	K-30	95	00:01:17	00:29:30.05	00:30:47.35	+00:12:27 (42.2%)	5:54	10.2 (58.0%)
771	RYCZAK Julia	506		K-10	17	00:00:04	00:29:30.45	00:29:34.65	+00:12:27 (42.2%)	5:54	10.2 (58.0%)
772	WASZAK Konrad	1410	FORDON NA CO DZIEŃ	M-20	143	00:00:44	00:29:31.15	00:30:15.15	+00:12:28 (42.2%)	5:54	10.2 (58.0%)
773	STOKŁOSA Natalia	792		K-30	96	00:01:45	00:29:33.85	00:31:19.35	+00:12:30 (42.3%)	5:54	10.1 (57.4%)
774	KRZYŻELEWSKA - SUŚ Anna	691	BYDZIA POWER	K-40	34	00:01:17	00:29:34.70	00:30:52.20	+00:12:31 (42.4%)	5:55	10.1 (57.4%)
775	BANASIEWICZ Arek	1050	OLIMPIASPORT.PL	M-30	211	00:01:44	00:29:34.90	00:31:19.45	+00:12:31 (42.4%)	5:55	10.1 (57.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
776	SKORECKI Aleksander	644	BYDGOSZCZ TRIATHLON TEAM	M-20	144	00:01:36	00:29:35.30	00:31:12.20	+00:12:32 (42.4%)	5:55	10.1 (57.4%)
777	JARZEMSKI Marcin	95	BYDGOSZCZ TRIATHLON TEAM	M-20	145	00:01:37	00:29:35.55	00:31:12.75	+00:12:32 (42.4%)	5:55	10.1 (57.4%)
778	NIEDBAŁA Mariusz	259	ASW BLACK PANTHER	M-20	146	00:01:06	00:29:35.85	00:30:42.25	+00:12:32 (42.4%)	5:55	10.1 (57.4%)
779	PIETKUN Ryszard	654		M-50	39	00:01:10	00:29:35.95	00:30:46.55	+00:12:32 (42.4%)	5:55	10.1 (57.4%)
780	JĘDRZEJCZAK Aleksandra	217		K-20	64	00:01:06	00:29:36.05	00:30:42.45	+00:12:33 (42.4%)	5:55	10.1 (57.4%)
781	KLIMCZAK Katarzyna	669		K-Open	2	00:00:18	00:29:36.30	00:29:54.30	+00:12:33 (42.4%)	5:55	10.1 (57.4%)
781	ĆWIKLIŃSKA Anna	282	KLONIKTEAM	K-30	97	00:01:24	00:29:36.30	00:31:01.15	+00:12:33 (42.4%)	5:55	10.1 (57.4%)
783	ZWOLAK Mateusz	890		M-Open	2	00:00:18	00:29:36.55	00:29:55.10	+00:12:33 (42.4%)	5:55	10.1 (57.4%)
784	KAMIŃSKA Katarzyna	380	B4SPORT	K-30	98	00:00:58	00:29:36.80	00:30:35.50	+00:12:33 (42.4%)	5:55	10.1 (57.4%)
785	WIŚNIEWSKI Wojciech	357		M-40	108	00:00:58	00:29:37.20	00:30:35.85	+00:12:34 (42.4%)	5:55	10.1 (57.4%)
786	NIEDBALSKI Edward	1190		M-60+	6	00:00:22	00:29:37.25	00:29:59.35	+00:12:34 (42.4%)	5:55	10.1 (57.4%)
787	CZYŻEWSKI Wojciech	1264		M-40	109	00:00:41	00:29:37.85	00:30:19.70	+00:12:34 (42.5%)	5:55	10.1 (57.4%)
788	JÓŻWIK Sebastian	1005		M-20	147	00:00:40	00:29:38.75	00:30:18.95	+00:12:35 (42.5%)	5:55	10.1 (57.4%)
789	WEŁNIŃSKA Ola	157		K-20	65	00:00:39	00:29:39.50	00:30:18.95	+00:12:36 (42.5%)	5:55	10.1 (57.4%)
790	CHODOR Tomasz	687		M-40	110	00:01:19	00:29:39.60	00:30:59.55	+00:12:36 (42.5%)	5:56	10.1 (57.4%)
791	RACIBORSKI Grzegorz	308	TASAK TEAM	M-30	212	00:01:24	00:29:39.80	00:31:03.85	+00:12:36 (42.5%)	5:55	10.1 (57.4%)
792	GODZIK Kamil	472	BR DYNAMO SKARPA	M-40	111	00:00:55	00:29:39.85	00:30:34.85	+00:12:36 (42.5%)	5:55	10.1 (57.4%)
793	JARZEMSKA Alicja	112	BYDGOSZCZ TRIATHLON TEAM	K-20	66	00:01:36	00:29:40.25	00:31:16.90	+00:12:37 (42.5%)	5:56	10.1 (57.4%)
794	JAŹDŻEWSKI Jarosław	262		M-30	213	00:01:32	00:29:40.70	00:31:13.60	+00:12:37 (42.5%)	5:56	10.1 (57.4%)
795	SZPERA Joanna	303		K-40	35	00:00:55	00:29:40.90	00:30:36.55	+00:12:37 (42.6%)	5:56	10.1 (57.4%)
796	SZALA Monika	574		K-30	99	00:01:26	00:29:41.00	00:31:07.80	+00:12:37 (42.6%)	5:56	10.1 (57.4%)
797	JAŹDŻEWSKA Alicja	234		K-30	100	00:01:31	00:29:41.70	00:31:13.50	+00:12:38 (42.6%)	5:56	10.1 (57.4%)
798	WILCZYŃSKA Iga	470		K-10	18	00:01:11	00:29:42.10	00:30:53.75	+00:12:39 (42.6%)	5:56	10.1 (57.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
799	BUSZTA Julia	1105		K-10	19	00:01:12	00:29:42.20	00:30:54.40	+00:12:39 (42.6%)	5:56	10.1 (57.4%)
800	WILCZYŃSKI Jacek	467		M-40	112	00:01:11	00:29:42.30	00:30:53.95	+00:12:39 (42.6%)	5:56	10.1 (57.4%)
801	SOBOWIEC Szymon	757	SOBOWIEC TEAM	M-40	113	00:01:10	00:29:43.00	00:30:53.60	+00:12:39 (42.6%)	5:56	10.1 (57.4%)
802	BUSZTA Artur	1104	KLUB ZDROWEGO STYLU ŻYCIA	M-30	214	00:01:11	00:29:43.25	00:30:54.55	+00:12:40 (42.6%)	5:56	10.1 (57.4%)
803	SOBOWIEC Mirka	759	SOBOWIEC TEAM	K-30	101	00:01:10	00:29:43.35	00:30:53.50	+00:12:40 (42.6%)	5:56	10.1 (57.4%)
804	KRUK Łukasz	319		M-10	53	00:01:17	00:29:45.05	00:31:02.05	+00:12:42 (42.7%)	5:57	10.1 (57.4%)
805	KRUK Szymon	316		M-10	54	00:01:16	00:29:45.65	00:31:02.25	+00:12:42 (42.7%)	5:57	10.1 (57.4%)
806	STOKŁOSA Kamil	790		M-30	215	00:01:45	00:29:46.40	00:31:32.35	+00:12:43 (42.7%)	5:57	10.1 (57.4%)
807	DŻOBIŃSKI Dawid	965		M-30	216	00:00:52	00:29:46.45	00:30:39.20	+00:12:43 (42.7%)	5:57	10.1 (57.4%)
808	KRUK Krzysztof	311		M-40	114	00:01:17	00:29:46.75	00:31:04.45	+00:12:43 (42.7%)	5:57	10.1 (57.4%)
809	WIŚNIEWSKA Karina	771		K-10	20	00:01:17	00:29:47.00	00:31:04.20	+00:12:43 (42.8%)	5:57	10.1 (57.4%)
810	PODOSEK Magdalena	1254		K-30	102	00:01:02	00:29:49.30	00:30:52.25	+00:12:46 (42.8%)	5:58	10.1 (57.4%)
811	SZATKOWSKA Beata	40		K-50	7	00:01:40	00:29:50.80	00:31:30.95	+00:12:47 (42.9%)	5:58	10.1 (57.4%)
812	RYDLEWSKA Kinga	930	RUN BYDGOSZCZ	K-30	103	00:00:22	00:29:51.05	00:30:13.20	+00:12:48 (42.9%)	5:58	10.1 (57.4%)
813	KASPRZAK Wojciech	1188		M-30	217	00:00:42	00:29:51.10	00:30:33.55	+00:12:48 (42.9%)	5:58	10.1 (57.4%)
814	OSZUBSKI Kazimierz	944		M-40	115	00:00:43	00:29:52.10	00:30:35.90	+00:12:49 (42.9%)	5:58	10 (56.8%)
815	RONKIEWICZ Bartosz	913	SPORT FACTORY	M-30	218	00:01:01	00:29:53.45	00:30:55.15	+00:12:50 (43.0%)	5:58	10 (56.8%)
816	KALACZYŃSKI Grzegorz	724		M-40	116	00:01:18	00:29:53.60	00:31:11.95	+00:12:50 (43.0%)	5:58	10 (56.8%)
817	WRZYSZCZ Adam	910	BYDGOSZCZ	M-40	117	00:00:41	00:29:53.70	00:30:35.55	+00:12:50 (43.0%)	5:58	10 (56.8%)
818	RONKIEWICZ Dominika	915	SPORT FACTORY	K-10	21	00:01:00	00:29:54.60	00:30:55.40	+00:12:51 (43.0%)	5:59	10 (56.8%)
819	WOJTOWICZ Milena	1315		K-20	67	00:01:18	00:29:55.00	00:31:13.85	+00:12:51 (43.0%)	5:59	10 (56.8%)
819	WOJTOWICZ Dawid	1314		M-30	219	00:01:19	00:29:55.00	00:31:14.15	+00:12:51 (43.0%)	5:59	10 (56.8%)
819	NALEWALSKA Justyna	13		K-20	68	00:01:26	00:29:55.00	00:31:21.25	+00:12:51 (43.0%)	5:59	10 (56.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
822	RONKIEWICZ Dorota	909	SPORT FACTORY	K-40	36	00:01:00	00:29:55.20	00:30:55.45	+00:12:52 (43.0%)	5:59	10 (56.8%)
823	PRZERACKI Mirosław	879	BYDGOSZCZ	M-40	118	00:00:41	00:29:55.85	00:30:36.95	+00:12:52 (43.0%)	5:59	10 (56.8%)
824	MIKOŁAJCZAK Magdalena	769		K-40	37	00:00:52	00:29:57.00	00:30:49.25	+00:12:53 (43.1%)	5:59	10 (56.8%)
825	ROGAŁA Damian	1488	BKS POLONIA JUDO BYDGOSZCZ	M-30	220	00:00:14	00:29:57.15	00:30:11.45	+00:12:54 (43.1%)	5:59	10 (56.8%)
826	FLORCZAK Monika	1217	KLUB RTV EURO AGD	K-30	104	00:01:08	00:29:57.95	00:31:06.45	+00:12:54 (43.1%)	5:59	10 (56.8%)
827	MIKOŁAJCZAK Jędrzej	778	GWIAZDA BYDGOSZCZ	M-10	55	00:00:52	00:29:59.00	00:30:51.05	+00:12:55 (43.1%)	5:59	10 (56.8%)
828	SUSZEK Katarzyna	177		K-30	105	00:01:32	00:30:00.45	00:31:33.05	+00:12:57 (43.2%)	6:00	10 (56.8%)
829	DROŻ Krzysztof	3		M-50	40	00:01:39	00:30:01.60	00:31:41.10	+00:12:58 (43.2%)	6:00	10 (56.8%)
830	RADZIŃSKA Joanna	143		K-30	106	00:00:39	00:30:01.65	00:30:41.35	+00:12:58 (43.2%)	6:00	10 (56.8%)
830	STASIEWSKA Julia	294		K-10	22	00:00:55	00:30:01.65	00:30:56.85	+00:12:58 (43.2%)	6:00	10 (56.8%)
832	LENC Agnieszka	165	POLONIA BYDGOSZCZ SEKCJA LA	K-30	107	00:01:00	00:30:02.35	00:31:02.35	+00:12:59 (43.2%)	6:00	10 (56.8%)
833	BUKOWSKI Rafał	1194		M-40	119	00:01:32	00:30:03.25	00:31:35.95	+00:13:00 (43.3%)	6:00	10 (56.8%)
834	MICHALAK- WIECHA Ewa	730		K-40	38	00:00:12	00:30:03.35	00:30:15.95	+00:13:00 (43.3%)	6:00	10 (56.8%)
835	WALCZYNA Leszek	904	BYDGOSZCZ	M-50	41	00:00:45	00:30:04.75	00:30:50.25	+00:13:01 (43.3%)	6:01	10 (56.8%)
836	CHOLEWIŃSKI Dariusz	1340	HURAGAN MIEDZYŃ	M-40	120	00:00:04	00:30:05.35	00:30:10.15	+00:13:02 (43.3%)	6:01	10 (56.8%)
837	PRZERACKA Monika	882	BYDGOSZCZ	K-20	69	00:00:44	00:30:05.65	00:30:50.55	+00:13:02 (43.3%)	6:01	10 (56.8%)
838	PIÓRKOWSKA Aga	159		K-30	108	00:01:30	00:30:06.05	00:31:36.35	+00:13:03 (43.4%)	6:01	10 (56.8%)
839	CZYŻEWSKA ŁYSKO Monika	1265		K-40	39	00:00:41	00:30:06.90	00:30:48.45	+00:13:03 (43.4%)	6:01	10 (56.8%)
840	WINIECKA Beata	1280		K-40	40	00:01:12	00:30:07.05	00:31:19.05	+00:13:04 (43.4%)	6:01	10 (56.8%)
841	MIKOŁAJEWSKI Jacek	203		M-30	221	00:01:01	00:30:07.10	00:31:08.95	+00:13:04 (43.4%)	6:01	10 (56.8%)
842	MAJEWSKA Monika	1395		K-30	109	00:00:56	00:30:07.85	00:31:04.45	+00:13:04 (43.4%)	6:01	10 (56.8%)
843	GACKOWSKA Marta	1355		K-20	70	00:01:43	00:30:08.60	00:31:52.20	+00:13:05 (43.4%)	6:01	10 (56.8%)
844	MOROSZCZAK Bogumił	738	SPÓJNIA BIAŁE BŁOTA	M-40	121	00:01:14	00:30:10.15	00:31:25.00	+00:13:07 (43.5%)	6:02	9.9 (56.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
844	BEJGER Łukasz	545	TCMS PESA	M-10	56	00:01:16	00:30:10.15	00:31:27.00	+00:13:07 (43.5%)	6:02	9.9 (56.3%)
846	MOROSZCZAK Dominika	779	SPÓJNIA BIAŁE BŁOTA	K-30	110	00:01:14	00:30:10.35	00:31:25.05	+00:13:07 (43.5%)	6:02	9.9 (56.3%)
847	KITOWSKI Przemysław	845		M-30	222	00:01:07	00:30:10.60	00:31:18.55	+00:13:07 (43.5%)	6:02	9.9 (56.3%)
848	MOROSZCZAK Lea	755	SPÓJNIA BIAŁE BŁOTA	K-10	23	00:01:14	00:30:10.90	00:31:25.05	+00:13:07 (43.5%)	6:02	9.9 (56.3%)
849	PATRZAŁEK Tomasz	457		M-40	122	00:01:46	00:30:11.35	00:31:58.00	+00:13:08 (43.5%)	6:02	9.9 (56.3%)
850	KANIEWSKA Alicja	1371	AKADEMIA BIEGANIA	K-40	41	00:01:06	00:30:11.55	00:31:18.25	+00:13:08 (43.5%)	6:02	9.9 (56.3%)
851	KI Bartłomiej	1041		M-20	148	00:00:31	00:30:12.95	00:30:44.70	+00:13:09 (43.6%)	6:02	9.9 (56.3%)
852	WYSOCKA Karolina	1003		K-20	71	00:01:05	00:30:14.35	00:31:19.95	+00:13:11 (43.6%)	6:02	9.9 (56.3%)
853	JACHIMOWSKA Malwina	1452		K-20	72	00:01:38	00:30:15.15	00:31:53.95	+00:13:12 (43.6%)	6:03	9.9 (56.3%)
854	RASZKOWSKA Klaudia	1451		K-20	73	00:01:38	00:30:15.25	00:31:53.45	+00:13:12 (43.6%)	6:03	9.9 (56.3%)
855	SZMATUŁA Elżbieta	376		K-20	74	00:01:38	00:30:15.75	00:31:53.85	+00:13:12 (43.7%)	6:03	9.9 (56.3%)
856	MALINOWSKI Mateusz	1117		M-20	149	00:01:22	00:30:16.15	00:31:38.25	+00:13:13 (43.7%)	6:03	9.9 (56.3%)
857	OSSOWSKI Łukasz	1094		M-30	223	00:01:53	00:30:17.00	00:32:10.15	+00:13:13 (43.7%)	6:03	9.9 (56.3%)
858	SZNAJDROWSKI Jerzy	980		M-20	150	00:01:43	00:30:18.90	00:32:02.00	+00:13:15 (43.8%)	6:03	9.9 (56.3%)
859	NOSKOWIAK-BAJNO Alicja	920		K-30	111	00:00:28	00:30:19.50	00:30:48.15	+00:13:16 (43.8%)	6:04	9.9 (56.3%)
860	KAWALERSKI Krzysztof	1114		M-40	123	00:01:32	00:30:20.00	00:31:52.90	+00:13:16 (43.8%)	6:04	9.9 (56.3%)
861	KALINOWSKA Patrycja	924		K-20	75	00:00:28	00:30:20.10	00:30:48.15	+00:13:17 (43.8%)	6:04	9.9 (56.3%)
862	MAJEWICZ Violetta	1276		K-50	8	00:00:41	00:30:22.10	00:31:04.05	+00:13:19 (43.9%)	6:04	9.9 (56.3%)
863	KOWALIKOWSKA Marta	601	TRIFORFUN	K-20	76	00:00:16	00:30:24.85	00:30:41.00	+00:13:21 (43.9%)	6:05	9.9 (56.3%)
864	MĄDRZYŃSKA Kamila	777		K-20	77	00:01:27	00:30:25.75	00:31:52.75	+00:13:22 (44.0%)	6:05	9.9 (56.3%)
865	TSHISENSE Marta	1223	CAŁA TWOJA	K-40	42	00:01:39	00:30:26.30	00:32:05.50	+00:13:23 (44.0%)	6:05	9.9 (56.3%)
866	MODRZEWSKI Łukasz	210		M-40	124	00:00:15	00:30:30.40	00:30:46.05	+00:13:27 (44.1%)	6:06	9.8 (55.7%)
867	DOBRZAŃSKI Dariusz	1296		M-20	151	00:01:09	00:30:31.10	00:31:41.05	+00:13:28 (44.1%)	6:06	9.8 (55.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
868	LEWANDOWSKA Sylwia	1305		K-30	112	00:01:22	00:30:31.30	00:31:54.25	+00:13:28 (44.1%)	6:06	9.8 (55.7%)
869	KORALEWSKI Jakub	1165		M-20	152	00:01:00	00:30:31.45	00:31:31.65	+00:13:28 (44.1%)	6:06	9.8 (55.7%)
870	SOBCZYŃSKA Aleksandra	111		K-20	78	00:01:40	00:30:31.75	00:32:12.50	+00:13:28 (44.1%)	6:06	9.8 (55.7%)
871	JACOBI Maciej	520		M-20	153	00:01:07	00:30:33.30	00:31:40.40	+00:13:30 (44.2%)	6:06	9.8 (55.7%)
872	KATLEWSKA Marika	98		K-30	113	00:00:24	00:30:33.90	00:30:58.10	+00:13:30 (44.2%)	6:06	9.8 (55.7%)
873	NIEWIADOMSKI Filip	617	BBL INOWROCŁAW	M-10	57	00:00:49	00:30:34.05	00:31:23.85	+00:13:31 (44.2%)	6:06	9.8 (55.7%)
874	NIEWIADOMSKI Waldemar	625	BBL INOWROCŁAW	M-40	125	00:00:50	00:30:34.35	00:31:24.45	+00:13:31 (44.2%)	6:06	9.8 (55.7%)
875	BIALAS Oliwia	578		K-30	114	00:00:45	00:30:34.55	00:31:19.95	+00:13:31 (44.2%)	6:06	9.8 (55.7%)
876	SOSNA Mikołaj	1020		M-30	224	00:00:45	00:30:34.95	00:31:20.05	+00:13:31 (44.2%)	6:07	9.8 (55.7%)
877	NIEWIADOMSKA Katarzyna	609	BBL INOWROCŁAW	K-30	115	00:00:49	00:30:35.40	00:31:24.75	+00:13:32 (44.3%)	6:07	9.8 (55.7%)
878	CHRÓŚCIŃSKA Justyna	4	GORDON RUN	K-20	79	00:01:01	00:30:36.05	00:31:37.75	+00:13:33 (44.3%)	6:07	9.8 (55.7%)
879	STRZESZAK Sylwia	647		K-20	80	00:00:15	00:30:37.20	00:30:52.25	+00:13:34 (44.3%)	6:07	9.8 (55.7%)
880	KISZKA Justyna	444	RUNPASJA	K-30	116	00:01:02	00:30:37.40	00:31:39.45	+00:13:34 (44.3%)	6:07	9.8 (55.7%)
881	CZESZUMSKA Karolina	1408		K-30	117	00:01:03	00:30:38.00	00:31:41.55	+00:13:34 (44.3%)	6:07	9.8 (55.7%)
882	PAWELEC Witold	1430		M-10	58	00:01:02	00:30:38.05	00:31:40.50	+00:13:35 (44.3%)	6:07	9.8 (55.7%)
883	ZATOŃ Bożena	103	RUN PASJA	K-50	9	00:01:01	00:30:38.50	00:31:39.90	+00:13:35 (44.4%)	6:07	9.8 (55.7%)
884	KOSTECKA Mariola	1463		K-30	118	00:00:09	00:30:39.25	00:30:48.95	+00:13:36 (44.4%)	6:07	9.8 (55.7%)
885	WARCZAK Celina	251		K-30	119	00:00:55	00:30:39.60	00:31:35.25	+00:13:36 (44.4%)	6:08	9.8 (55.7%)
886	KMIEĆ Norbert	540		M-40	126	00:00:49	00:30:39.70	00:31:28.75	+00:13:36 (44.4%)	6:07	9.8 (55.7%)
887	MARĆ Aga	528		K-40	43	00:01:11	00:30:39.85	00:31:51.25	+00:13:36 (44.4%)	6:08	9.8 (55.7%)
888	BYRTEK Grzegorz	173		M-40	127	00:00:48	00:30:40.20	00:31:28.95	+00:13:37 (44.4%)	6:08	9.8 (55.7%)
889	PIĄTEK Lidia	648	BIEGAJĄCE BABECZKI	K-30	120	00:01:18	00:30:40.45	00:31:59.15	+00:13:37 (44.4%)	6:08	9.8 (55.7%)
890	JAWORSKI Paweł	1260		M-30	225	00:01:02	00:30:41.10	00:31:43.75	+00:13:38 (44.4%)	6:08	9.8 (55.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
891	MALATYŃSKA Barbara	1238		K-40	44	00:01:16	00:30:42.70	00:31:59.10	+00:13:39 (44.5%)	6:08	9.8 (55.7%)
892	KOWALSKA Angelika	725	RUN PASJA	K-30	121	00:01:16	00:30:42.75	00:31:59.15	+00:13:39 (44.5%)	6:08	9.8 (55.7%)
893	ŻYTNIEWSKA Joanna	1383	RUN PASJA	K-30	122	00:01:15	00:30:43.20	00:31:59.10	+00:13:40 (44.5%)	6:08	9.8 (55.7%)
894	BŁACHEWICZ Magdalena	878		K-30	123	00:01:41	00:30:43.55	00:32:25.45	+00:13:40 (44.5%)	6:08	9.8 (55.7%)
895	BRZOZOWSKI Krzysztof	1086		M-30	226	00:01:43	00:30:43.70	00:32:26.85	+00:13:40 (44.5%)	6:08	9.8 (55.7%)
896	ŻURAWSKI Michał	972	RUN LOTTO-BYDGOSTIA	M-40	128	00:01:31	00:30:44.55	00:32:15.95	+00:13:41 (44.5%)	6:08	9.8 (55.7%)
897	PRZEWOŹNIAK Marta	763		K-20	81	00:01:40	00:30:45.20	00:32:25.30	+00:13:42 (44.6%)	6:09	9.8 (55.7%)
898	PODGÓRSKI Jakub	127		M-20	154	00:01:22	00:30:46.20	00:32:08.85	+00:13:43 (44.6%)	6:09	9.8 (55.7%)
899	ANTCZAK Filip	976		M-30	227	00:00:34	00:30:46.30	00:31:20.45	+00:13:43 (44.6%)	6:09	9.8 (55.7%)
900	ANTCZAK Karolina	984		K-30	124	00:00:33	00:30:46.50	00:31:20.25	+00:13:43 (44.6%)	6:09	9.7 (55.1%)
901	JURUŚ Jolanta	948		K-50	10	00:00:43	00:30:46.60	00:31:30.30	+00:13:43 (44.6%)	6:09	9.7 (55.1%)
902	JUNKA Karolina	748		K-20	82	00:01:39	00:30:47.80	00:32:27.45	+00:13:44 (44.6%)	6:09	9.7 (55.1%)
903	PIOTROWSKA Beata	1023	TRISTYLE.PL	K-30	125	00:00:23	00:30:49.40	00:31:12.70	+00:13:46 (44.7%)	6:09	9.7 (55.1%)
904	KOSECKA Justyna	961		K-30	126	00:01:15	00:30:49.95	00:32:05.25	+00:13:46 (44.7%)	6:10	9.7 (55.1%)
905	CHOJNACKA Monika	1281		K-30	127	00:01:40	00:30:50.10	00:32:31.05	+00:13:47 (44.7%)	6:10	9.7 (55.1%)
906	PASIEKA Magda	957		K-30	128	00:01:15	00:30:50.40	00:32:05.55	+00:13:47 (44.7%)	6:10	9.7 (55.1%)
907	JUNKA Małgorzata	857		K-40	45	00:01:38	00:30:50.50	00:32:29.30	+00:13:47 (44.7%)	6:10	9.7 (55.1%)
908	PANKOWSKI Bogusław	25		M-50	42	00:01:20	00:30:52.60	00:32:12.95	+00:13:49 (44.8%)	6:10	9.7 (55.1%)
909	MUCHA-BOINSKA Ania	235		K-30	129	00:00:48	00:30:52.90	00:31:41.45	+00:13:49 (44.8%)	6:10	9.7 (55.1%)
910	HILLER Marta	923		K-10	24	00:01:28	00:30:55.25	00:32:23.45	+00:13:52 (44.9%)	6:11	9.7 (55.1%)
911	HILLER Marta	1148		K-20	83	00:01:27	00:30:55.45	00:32:23.35	+00:13:52 (44.9%)	6:11	9.7 (55.1%)
912	PRZEWOŹNIAK Rafał	758		M-20	155	00:01:40	00:30:57.15	00:32:37.40	+00:13:54 (44.9%)	6:11	9.7 (55.1%)
913	BYCZYŃSKI Michał	1447		M-20	156	00:01:47	00:30:57.65	00:32:45.30	+00:13:54 (44.9%)	6:11	9.7 (55.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
914	STASIEWSKI Mariusz	130	TRISPACE	M-40	129	00:00:00	00:30:58.35	00:30:58.35	+00:13:55 (44.9%)	6:11	9.7 (55.1%)
915	KLUGIEWICZ Dorota	933		K-40	46	00:00:48	00:31:02.60	00:31:50.60	+00:13:59 (45.1%)	6:12	9.7 (55.1%)
916	SKORNIA Agata	1308		K-40	47	00:01:37	00:31:03.80	00:32:41.75	+00:14:00 (45.1%)	6:12	9.7 (55.1%)
917	MALAK Maciej	302		M-20	157	00:00:55	00:31:03.95	00:31:59.75	+00:14:00 (45.1%)	6:12	9.7 (55.1%)
917	SKORNIA Marika	1309		K-20	84	00:01:37	00:31:03.95	00:32:41.45	+00:14:00 (45.1%)	6:12	9.7 (55.1%)
919	OSAK Paweł	496		M-30	228	00:00:32	00:31:05.50	00:31:37.75	+00:14:02 (45.2%)	6:13	9.7 (55.1%)
920	DEPKA Agnieszka	133		K-30	130	00:01:32	00:31:06.50	00:32:38.60	+00:14:03 (45.2%)	6:13	9.6 (54.5%)
921	RASSALSKA-KAUSA Jola	118		K-30	131	00:00:27	00:31:06.55	00:31:33.85	+00:14:03 (45.2%)	6:13	9.6 (54.5%)
922	MENDEL Patryk	821		M-20	158	00:01:04	00:31:07.55	00:32:12.05	+00:14:04 (45.2%)	6:13	9.6 (54.5%)
922	PŁACZKOWSKA Justyna	42	WEEKENDOWY BIEGACZ	K-20	85	00:01:27	00:31:07.55	00:32:34.80	+00:14:04 (45.2%)	6:13	9.6 (54.5%)
924	WOJCIEKIEWICZ Tomasz	1442	EXPRESS BYDGOSKI	M-60+	7	00:01:20	00:31:10.05	00:32:30.55	+00:14:07 (45.3%)	6:14	9.6 (54.5%)
925	KORENKIEWICZ Łukasz	1097		M-40	130	00:01:14	00:31:10.10	00:32:24.35	+00:14:07 (45.3%)	6:14	9.6 (54.5%)
926	KORENKIEWICZ Leszek	1232		M-60+	8	00:01:13	00:31:11.25	00:32:24.80	+00:14:08 (45.3%)	6:14	9.6 (54.5%)
926	NURKIEWICZ Zofia	864		K-10	25	00:01:47	00:31:11.25	00:32:58.60	+00:14:08 (45.3%)	6:14	9.6 (54.5%)
928	SZTEJKA Jolanta	477	BENEFITKSO	K-30	132	00:01:29	00:31:11.55	00:32:40.90	+00:14:08 (45.3%)	6:14	9.6 (54.5%)
929	NURKIEWICZ Dobrosława	596		K-40	48	00:01:48	00:31:12.30	00:33:00.60	+00:14:09 (45.4%)	6:14	9.6 (54.5%)
930	NURKIEWICZ Franciszek	598		M-10	59	00:01:47	00:31:12.70	00:33:00.65	+00:14:09 (45.4%)	6:14	9.6 (54.5%)
931	GACKOWSKI Jarek	715	TRISTYLE.PL	M-40	131	00:00:00	00:31:13.10	00:31:13.10	+00:14:10 (45.4%)	6:14	9.6 (54.5%)
932	NURKIEWICZ Jarosław	597		M-40	132	00:01:47	00:31:13.30	00:33:00.90	+00:14:10 (45.4%)	6:14	9.6 (54.5%)
933	GRZECHOWIAK Anna	94		K-20	86	00:00:02	00:31:13.40	00:31:15.90	+00:14:10 (45.4%)	6:14	9.6 (54.5%)
934	BRAĞIEL Anna	109	VEGE RUNNERS	K-30	133	00:01:49	00:31:14.25	00:33:03.55	+00:14:11 (45.4%)	6:14	9.6 (54.5%)
935	BRAĞIEL Jakub	105	VEGE RUNNERS	M-30	229	00:01:48	00:31:14.70	00:33:03.40	+00:14:11 (45.4%)	6:15	9.6 (54.5%)
936	ŁAŃCUCKA Agnieszka	1072		K-40	49	00:00:29	00:31:17.50	00:31:47.10	+00:14:14 (45.5%)	6:15	9.6 (54.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
937	SOBCZYŃSKA Katarzyna	12		K-20	87	00:01:28	00:31:18.60	00:32:46.60	+00:14:15 (45.5%)	6:15	9.6 (54.5%)
938	SZYBKA Angelika	969		K-20	88	00:01:15	00:31:20.55	00:32:36.40	+00:14:17 (45.6%)	6:16	9.6 (54.5%)
939	ŁĄCZNA Agnieszka	1353		K-30	134	00:00:24	00:31:20.70	00:31:44.70	+00:14:17 (45.6%)	6:16	9.6 (54.5%)
940	PALIŃSKI Grzegorz	1444		M-30	230	00:01:27	00:31:22.00	00:32:49.70	+00:14:18 (45.6%)	6:16	9.6 (54.5%)
941	BURCHARDT Mirka	1039	RWT W BYDGOSZCZY	K-60+	2	00:00:16	00:31:23.30	00:31:40.05	+00:14:20 (45.7%)	6:16	9.6 (54.5%)
942	SZYBKA Marcin	502		M-30	231	00:01:15	00:31:25.65	00:32:40.95	+00:14:22 (45.7%)	6:17	9.5 (54.0%)
943	KACZMAREK Anna	364		K-30	135	00:01:03	00:31:28.15	00:32:31.75	+00:14:25 (45.8%)	6:17	9.5 (54.0%)
944	BUBLIK Aleksandra	513		K-20	89	00:01:40	00:31:28.25	00:33:08.25	+00:14:25 (45.8%)	6:17	9.5 (54.0%)
945	MEGER Agnieszka	429		K-30	136	00:01:17	00:31:29.55	00:32:47.30	+00:14:26 (45.9%)	6:18	9.5 (54.0%)
946	GLISZCZYŃSKI Kacper	712		M-10	60	00:00:51	00:31:29.70	00:32:20.85	+00:14:26 (45.9%)	6:17	9.5 (54.0%)
947	FRANCISZKIEWICZ Monika	956		K-20	90	00:00:45	00:31:29.95	00:32:15.75	+00:14:26 (45.9%)	6:18	9.5 (54.0%)
948	BUSZTA Anna	1101	KLUB ZDROWEGO STYLU ŻYCIA	K-30	137	00:01:11	00:31:32.75	00:32:44.35	+00:14:29 (45.9%)	6:18	9.5 (54.0%)
949	KWIATKOWSKI Władysław	1317		M-60+	9	00:00:12	00:31:33.75	00:31:46.25	+00:14:30 (46.0%)	6:18	9.5 (54.0%)
950	CHOIŃSKA Dagmara	253		K-30	138	00:01:10	00:31:33.95	00:32:44.90	+00:14:30 (46.0%)	6:18	9.5 (54.0%)
951	DANIELEK Adam	848		M-30	232	00:01:39	00:31:34.00	00:33:13.50	+00:14:30 (46.0%)	6:18	9.5 (54.0%)
952	KOBYLARZ Paulina Róża	996		K-20	91	00:01:16	00:31:35.75	00:32:52.65	+00:14:32 (46.0%)	6:19	9.5 (54.0%)
953	LISOWSKI Sebastian	813		M-30	233	00:01:41	00:31:37.70	00:33:19.60	+00:14:34 (46.1%)	6:19	9.5 (54.0%)
954	NAWROCKA Joanna	1134	VAUPE TEAM	K-30	139	00:01:14	00:31:38.75	00:32:52.75	+00:14:35 (46.1%)	6:19	9.5 (54.0%)
955	PIETRZAK Marta	342	BBL INOWROCŁAW	K-40	50	00:00:52	00:31:39.00	00:32:31.85	+00:14:35 (46.1%)	6:19	9.5 (54.0%)
956	KRUSIK Aleksandra	727	ALBATROSY	K-20	92	00:00:33	00:31:39.25	00:32:12.80	+00:14:36 (46.1%)	6:19	9.5 (54.0%)
956	GLISZCZYŃSKA Joanna	699		K-20	93	00:00:51	00:31:39.25	00:32:31.00	+00:14:36 (46.1%)	6:20	9.5 (54.0%)
956	JARZĄBEK Michał	709		M-20	159	00:00:51	00:31:39.25	00:32:31.00	+00:14:36 (46.1%)	6:20	9.5 (54.0%)
959	JENCZEWSKI Szymon	736	ALBATROSY	M-20	160	00:00:32	00:31:40.30	00:32:12.95	+00:14:37 (46.2%)	6:20	9.5 (54.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
960	KLIMKIEWICZ Maciej	1178		M-40	133	00:01:33	00:31:42.45	00:33:15.75	+00:14:39 (46.2%)	6:20	9.5 (54.0%)
961	CYRULEWSKI Mateusz	666		M-20	161	00:01:27	00:31:42.95	00:33:10.65	+00:14:39 (46.2%)	6:20	9.5 (54.0%)
962	TOKARSKA Alicja	946	VEGE RUNNERS	K-30	140	00:01:41	00:31:43.85	00:33:25.15	+00:14:40 (46.3%)	6:20	9.5 (54.0%)
963	PIASECKI Damian	558		M-30	234	00:00:56	00:31:44.35	00:32:40.35	+00:14:41 (46.3%)	6:20	9.5 (54.0%)
964	ŚLESIŃSKA Ewa	1054		K-40	51	00:00:53	00:31:47.75	00:32:41.35	+00:14:44 (46.4%)	6:21	9.4 (53.4%)
965	OSZUŚCIK Karol	1434		M-30	235	00:01:06	00:31:49.15	00:32:55.15	+00:14:46 (46.4%)	6:21	9.4 (53.4%)
966	OSZUŚCIK Agata	1433		K-30	141	00:01:05	00:31:49.30	00:32:55.10	+00:14:46 (46.4%)	6:22	9.4 (53.4%)
967	ZARĘBSKA Sylwia	1058		K-20	94	00:00:54	00:31:50.80	00:32:45.00	+00:14:47 (46.5%)	6:22	9.4 (53.4%)
968	NAPIÓRKOWSKA Ewa	492		K-50	11	00:01:31	00:31:54.75	00:33:25.85	+00:14:51 (46.6%)	6:22	9.4 (53.4%)
969	SMOLEŃ Joanna	820		K-30	142	00:01:42	00:31:56.00	00:33:38.50	+00:14:52 (46.6%)	6:23	9.4 (53.4%)
970	KUBIAK Małgorzata	1159		K-30	143	00:01:25	00:32:00.25	00:33:25.35	+00:14:57 (46.7%)	6:24	9.4 (53.4%)
971	JAKUBIEC Adrianna	816	SOLECCY BIEGACZE	K-20	95	00:01:25	00:32:00.65	00:33:25.65	+00:14:57 (46.7%)	6:24	9.4 (53.4%)
972	ZAWISZEWSKI Adam	1056		M-30	236	00:00:54	00:32:01.15	00:32:55.90	+00:14:58 (46.7%)	6:24	9.4 (53.4%)
973	KARDACH Magdalena	145	ALLIANZ RUNNING TEAM	K-30	144	00:01:41	00:32:05.30	00:33:47.10	+00:15:02 (46.9%)	6:25	9.3 (52.8%)
974	KROLL Agnieszka	422	RUN BYDGOSZCZ	K-20	96	00:00:22	00:32:06.05	00:32:28.60	+00:15:03 (46.9%)	6:25	9.3 (52.8%)
975	KITOWSKA Anna	855		K-30	145	00:01:07	00:32:06.30	00:33:14.00	+00:15:03 (46.9%)	6:25	9.3 (52.8%)
976	PAZDERSKA Aleksandra	155		K-30	146	00:00:37	00:32:07.15	00:32:44.85	+00:15:04 (46.9%)	6:25	9.3 (52.8%)
977	ZIELIŃSKI Stanisław	68	GORDON RUN	M-30	237	00:00:36	00:32:08.60	00:32:45.30	+00:15:05 (47.0%)	6:25	9.3 (52.8%)
978	PARUCKI Paweł	369	SPÓJNIA BIAŁE BŁOTA	M-20	162	00:00:24	00:32:08.90	00:32:33.40	+00:15:05 (47.0%)	6:25	9.3 (52.8%)
979	JAGODZIŃSKA Julita	375		K-20	97	00:00:24	00:32:08.95	00:32:33.15	+00:15:05 (47.0%)	6:25	9.3 (52.8%)
980	BRYWCZYŃSKI Krystian	314		M-30	238	00:00:45	00:32:09.90	00:32:55.40	+00:15:06 (47.0%)	6:26	9.3 (52.8%)
981	WESOŁOWSKI Michał	371	GORZEŃ RUN	M-30	239	00:01:31	00:32:10.30	00:33:41.45	+00:15:07 (47.0%)	6:26	9.3 (52.8%)
982	KO-KO Anna	185	GORZEN RUN	K-30	147	00:01:31	00:32:10.60	00:33:41.65	+00:15:07 (47.0%)	6:26	9.3 (52.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
983	GACKOWSKI Jarosław	1358		M-50	43	00:01:43	00:32:12.35	00:33:56.25	+00:15:09 (47.1%)	6:26	9.3 (52.8%)
984	LEPERT Monika	876	BBL SZUBIN	K-20	98	00:00:29	00:32:12.45	00:32:41.65	+00:15:09 (47.1%)	6:26	9.3 (52.8%)
985	MALICKA Maria	264	MALMEDIA	K-30	148	00:01:26	00:32:15.05	00:33:41.85	+00:15:12 (47.1%)	6:27	9.3 (52.8%)
986	SZCZĘŚNY Bartosz	1407		M-20	163	00:01:39	00:32:15.10	00:33:54.85	+00:15:12 (47.1%)	6:27	9.3 (52.8%)
987	GÓRSKA Paulina	1075		K-30	149	00:01:26	00:32:16.30	00:33:42.50	+00:15:13 (47.2%)	6:27	9.3 (52.8%)
988	PISKORSKA Marta	814	SOLECCY BIEGACZE	K-30	150	00:01:24	00:32:16.55	00:33:41.50	+00:15:13 (47.2%)	6:27	9.3 (52.8%)
989	GRACZYK Przemysław	660		M-20	164	00:01:46	00:32:16.95	00:34:03.10	+00:15:13 (47.2%)	6:27	9.3 (52.8%)
990	BŁASZKIEWICZ Marzena	258		K-30	151	00:00:28	00:32:17.35	00:32:46.20	+00:15:14 (47.2%)	6:27	9.3 (52.8%)
991	WERLING Daniel	462		M-20	165	00:01:34	00:32:18.90	00:33:53.10	+00:15:15 (47.2%)	6:27	9.3 (52.8%)
992	DOBROWOLSKI Krzysztof	1354		M-40	134	00:01:19	00:32:20.65	00:33:40.10	+00:15:17 (47.3%)	6:28	9.3 (52.8%)
993	PÓŁGĘSEK Rafał	1122	SOLECCY BIEGACZE	M-40	135	00:01:26	00:32:21.90	00:33:48.20	+00:15:18 (47.3%)	6:28	9.3 (52.8%)
994	GOLA Grzegorz	1120		M-40	136	00:01:45	00:32:26.95	00:34:11.95	+00:15:23 (47.5%)	6:29	9.2 (52.3%)
995	GOTOWICZ Mariusz	929		M-50	44	00:01:02	00:32:28.55	00:33:30.95	+00:15:25 (47.5%)	6:29	9.2 (52.3%)
996	MIELCAREK Małgorzata	943		K-40	52	00:01:01	00:32:29.25	00:33:31.10	+00:15:26 (47.5%)	6:30	9.2 (52.3%)
997	MALCZEWSKA Mirka	822	SPORT FAKTORY	K-50	12	00:01:36	00:32:29.95	00:34:06.50	+00:15:26 (47.5%)	6:30	9.2 (52.3%)
998	ZAGÓRSKI Artur	1236		M-20	166	00:00:12	00:32:30.05	00:32:42.25	+00:15:27 (47.5%)	6:30	9.2 (52.3%)
999	WITKOWSKI Artur	1250	WWW.EUROPROGRES.PL	M-40	137	00:01:00	00:32:30.25	00:33:31.10	+00:15:27 (47.5%)	6:30	9.2 (52.3%)
1000	ROJEWSKA Beata	731		K-40	53	00:00:11	00:32:31.20	00:32:42.95	+00:15:28 (47.6%)	6:30	9.2 (52.3%)
1001	ZUZA-WITKOWSKA Anna	218		K-40	54	00:01:49	00:32:31.40	00:34:20.85	+00:15:28 (47.6%)	6:30	9.2 (52.3%)
1002	THIEDE Magdalena	327	BYDGOSKI PARK PRZEMYSŁOWO - TECHNOLOGICZNY	K-20	99	00:01:02	00:32:32.30	00:33:35.25	+00:15:29 (47.6%)	6:30	9.2 (52.3%)
1003	WITKOWSKI Paweł	222		M-10	61	00:01:48	00:32:32.40	00:34:20.70	+00:15:29 (47.6%)	6:30	9.2 (52.3%)
1004	KOCZOROWSKI Ireneusz	384		M-40	138	00:00:00	00:32:33.20	00:32:33.20	+00:15:30 (47.6%)	6:30	9.2 (52.3%)
1005	PANTKOWSKI Jakub	460		M-20	167	00:01:42	00:32:34.35	00:34:16.75	+00:15:31 (47.7%)	6:30	9.2 (52.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1005	MAREK Ewelina	1448	SZCZĘŚLIWA MĘŻATKA :)	K-20	100	00:01:45	00:32:34.35	00:34:19.55	+00:15:31 (47.7%)	6:30	9.2 (52.3%)
1007	MENDEL Karolina	630		K-10	26	00:00:29	00:32:37.35	00:33:07.15	+00:15:34 (47.7%)	6:31	9.2 (52.3%)
1008	ROSZCZYN Kamil	551		M-10	62	00:01:24	00:32:38.00	00:34:02.20	+00:15:34 (47.8%)	6:31	9.2 (52.3%)
1009	FLASIŃSKA Angelika	238		K-20	101	00:01:42	00:32:45.25	00:34:27.65	+00:15:42 (47.9%)	6:33	9.2 (52.3%)
1010	ŻARCZYŃSKA Dorota	1016		K-20	102	00:01:42	00:32:45.30	00:34:27.60	+00:15:42 (47.9%)	6:33	9.2 (52.3%)
1011	BARTOS Arkadiusz	1469		M-40	139	00:01:28	00:32:47.40	00:34:16.20	+00:15:44 (48.0%)	6:33	9.1 (51.7%)
1012	BARTOS Ligia	1470		K-40	55	00:01:28	00:32:48.25	00:34:16.65	+00:15:45 (48.0%)	6:33	9.1 (51.7%)
1013	SOMKA Lena	1492	BIEG	K-20	103	00:01:23	00:32:57.50	00:34:21.05	+00:15:54 (48.3%)	6:35	9.1 (51.7%)
1014	MARZECKI Ignacy	346	AS CROSSFIT	M-20	168	00:01:43	00:32:58.35	00:34:42.15	+00:15:55 (48.3%)	6:35	9.1 (51.7%)
1015	BRZozowska Anna	1087		K-30	152	00:01:43	00:32:58.85	00:34:42.25	+00:15:55 (48.3%)	6:35	9.1 (51.7%)
1016	RATAJCZAK Aurelia	891	RUN BYDGOSZCZ	K-30	153	00:01:36	00:32:58.95	00:34:35.55	+00:15:55 (48.3%)	6:35	9.1 (51.7%)
1017	CILSKA Agnieszka	1500	PANI	K-30	154	00:01:29	00:33:01.70	00:34:31.25	+00:15:58 (48.4%)	6:36	9.1 (51.7%)
1018	BOSIACKI Mateusz	997	RUN BYDGOSZCZ	M-20	169	00:01:23	00:33:03.10	00:34:26.85	+00:16:00 (48.4%)	6:36	9.1 (51.7%)
1019	PERTEK Joanna	7		K-20	104	00:01:23	00:33:03.75	00:34:27.20	+00:16:00 (48.4%)	6:36	9.1 (51.7%)
1020	MELLE M Anna	6		K-20	105	00:01:23	00:33:03.90	00:34:27.20	+00:16:00 (48.4%)	6:36	9.1 (51.7%)
1021	FINGAS Natalia	516		K-20	106	00:01:05	00:33:10.60	00:34:16.30	+00:16:07 (48.6%)	6:38	9 (51.1%)
1022	NOWICKIA Iza	168		K-30	155	00:01:00	00:33:12.70	00:34:12.80	+00:16:09 (48.7%)	6:38	9 (51.1%)
1023	DUDZIAK Michał	297	CPR BYDGOSZCZ	M-20	170	00:00:33	00:33:12.75	00:33:46.40	+00:16:09 (48.7%)	6:38	9 (51.1%)
1024	PIJAROWSKI Milan	941		M-10	63	00:01:14	00:33:13.00	00:34:27.55	+00:16:09 (48.7%)	6:38	9 (51.1%)
1025	KULCZYK Albert	952	LEGE ARTIS	M-20	171	00:01:47	00:33:13.30	00:35:00.35	+00:16:10 (48.7%)	6:38	9 (51.1%)
1026	NOWICKA Michalina	849		K-10	27	00:00:59	00:33:13.55	00:34:12.85	+00:16:10 (48.7%)	6:38	9 (51.1%)
1027	RYBARCZYK Anna	1258		K-20	107	00:01:41	00:33:14.10	00:34:55.35	+00:16:11 (48.7%)	6:38	9 (51.1%)
1028	WOJTCZAK Izabela	1491		K-20	108	00:00:31	00:33:14.60	00:33:46.45	+00:16:11 (48.7%)	6:39	9 (51.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1029	NOWICKI Adam	149		M-40	140	00:01:00	00:33:14.85	00:34:14.85	+00:16:11 (48.7%)	6:38	9 (51.1%)
1030	NOWAK Karol	483	BIEGNĘ PIERWSZY RAZ W ŻYCIU	M-30	240	00:00:45	00:33:15.30	00:34:00.80	+00:16:12 (48.7%)	6:39	9 (51.1%)
1031	MARĆ Natalia	487	BIEGNĘ PIERWSZY RAZ W ŻYCIU	K-30	156	00:00:44	00:33:16.35	00:34:00.75	+00:16:13 (48.8%)	6:39	9 (51.1%)
1032	PAWLAK Maciej	1406		M-30	241	00:01:40	00:33:16.45	00:34:57.05	+00:16:13 (48.8%)	6:39	9 (51.1%)
1033	PROKOPOWICZ Agnieszka	424		K-30	157	00:01:18	00:33:16.95	00:34:35.85	+00:16:13 (48.8%)	6:39	9 (51.1%)
1034	SKIERA Krzysztof	1475	RUN BYDOSZCZ	M-40	141	00:01:18	00:33:17.65	00:34:35.65	+00:16:14 (48.8%)	6:39	9 (51.1%)
1035	ZAMIATOWSKA Kinga	536	RUN BYDGOSZCZ	K-30	158	00:01:18	00:33:17.85	00:34:36.40	+00:16:14 (48.8%)	6:39	9 (51.1%)
1036	KONARZEWSKA Jolanta	469		K-40	56	00:01:18	00:33:17.90	00:34:36.75	+00:16:14 (48.8%)	6:39	9 (51.1%)
1037	DOCZEKALSKA Paulina	1473	RUN BYDGOSZCZ	K-30	159	00:01:18	00:33:17.95	00:34:36.20	+00:16:14 (48.8%)	6:39	9 (51.1%)
1038	DEPTUŁA Stanisław	412		M-10	64	00:01:31	00:33:21.80	00:34:52.90	+00:16:18 (48.9%)	6:40	9 (51.1%)
1039	BILKIEWICZ Anna Maria	1424		K-40	57	00:01:25	00:33:22.40	00:34:47.40	+00:16:19 (48.9%)	6:40	9 (51.1%)
1040	PAWLAK Żaneta	362		K-40	58	00:00:34	00:33:23.35	00:33:57.50	+00:16:20 (48.9%)	6:40	9 (51.1%)
1041	ZAUER Magda	1024		K-Open	3	00:00:56	00:33:35.15	00:34:31.65	+00:16:32 (49.2%)	6:43	8.9 (50.6%)
1042	ŚLESIŃSKA Patrycja	1053		K-20	109	00:00:56	00:33:35.70	00:34:31.90	+00:16:32 (49.2%)	6:43	8.9 (50.6%)
1043	ŻABIŃSKI Radosław	426	SELEK TEAM	M-30	242	00:00:58	00:33:40.30	00:34:38.85	+00:16:37 (49.4%)	6:44	8.9 (50.6%)
1044	PASTERNAK Marcin	1029	SELEK TEAM	M-30	243	00:00:57	00:33:40.90	00:34:38.85	+00:16:37 (49.4%)	6:44	8.9 (50.6%)
1045	MALICKI Bartosz	1007		M-30	244	00:00:00	00:33:42.10	00:33:42.10	+00:16:39 (49.4%)	6:44	8.9 (50.6%)
1046	PASTERNAK Kamil	1065	APC	M-30	245	00:00:57	00:33:42.85	00:34:40.00	+00:16:39 (49.4%)	6:44	8.9 (50.6%)
1047	LEWICKA Antonina	985	LEGE ARTIS	K-10	28	00:01:06	00:33:48.90	00:34:54.90	+00:16:45 (49.6%)	6:45	8.9 (50.6%)
1048	WITKOWSKA Marta	323		K-20	110	00:01:40	00:33:56.90	00:35:37.15	+00:16:53 (49.8%)	6:47	8.8 (50.0%)
1049	PAWSKI Przemysław	970		M-20	172	00:01:34	00:33:57.50	00:35:32.05	+00:16:54 (49.8%)	6:47	8.8 (50.0%)
1050	ROGALSKA Marcelina	978		K-20	111	00:01:34	00:33:57.85	00:35:32.15	+00:16:54 (49.8%)	6:47	8.8 (50.0%)
1051	PATRZAŁEK Małgorzata	459		K-40	59	00:01:47	00:34:01.40	00:35:48.75	+00:16:58 (49.9%)	6:48	8.8 (50.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1052	OSTASZ Katarzyna	1468		K-20	112	00:01:00	00:34:05.35	00:35:05.35	+00:17:02 (50.0%)	6:49	8.8 (50.0%)
1053	KWIATKOWSKA Paulina	1164		K-10	29	00:00:50	00:34:08.75	00:34:59.15	+00:17:05 (50.1%)	6:49	8.8 (50.0%)
1054	ROMAN Marta	1166		K-10	30	00:00:50	00:34:13.45	00:35:03.55	+00:17:10 (50.2%)	6:50	8.8 (50.0%)
1055	ZIELIŃSKA Justyna	897	SOLECCY BIEGACZE	K-30	160	00:00:13	00:34:16.70	00:34:30.20	+00:17:13 (50.3%)	6:51	8.8 (50.0%)
1056	KLUCZYŃSKA Blanka	404		K-30	161	00:01:25	00:34:19.35	00:35:45.05	+00:17:16 (50.3%)	6:52	8.7 (49.4%)
1057	STYKAŁA Sebastian	257		M-40	142	00:01:24	00:34:20.45	00:35:45.30	+00:17:17 (50.3%)	6:52	8.7 (49.4%)
1058	KONOPIŃSKA Agnieszka	440	RUN BYDGOSZCZ	K-30	162	00:01:18	00:34:23.60	00:35:41.95	+00:17:20 (50.4%)	6:52	8.7 (49.4%)
1059	PIETRASZAK Tomasz	1017	RUN BYDGOSZCZ	M-40	143	00:01:13	00:34:23.65	00:35:37.35	+00:17:20 (50.4%)	6:52	8.7 (49.4%)
1060	ORNATOWSKA Magdalena	35	GORDON RUN	K-30	163	00:00:38	00:34:31.55	00:35:09.70	+00:17:28 (50.6%)	6:54	8.7 (49.4%)
1061	SOKOŁOWSKI Piotr	344	GORDON RUN	M-30	246	00:00:38	00:34:32.25	00:35:11.10	+00:17:29 (50.6%)	6:54	8.7 (49.4%)
1062	SOKOŁOWSKA Justyna	17		K-30	164	00:00:37	00:34:32.75	00:35:10.00	+00:17:29 (50.6%)	6:54	8.7 (49.4%)
1063	BRZozowska Patrycja	1237		K-20	113	00:00:11	00:34:35.30	00:34:46.65	+00:17:32 (50.7%)	6:55	8.7 (49.4%)
1064	GÓRSKA Małgorzata	535		K-20	114	00:00:54	00:34:37.05	00:35:31.15	+00:17:34 (50.7%)	6:55	8.7 (49.4%)
1065	SZNAJDROWSKA Judyta	983		K-20	115	00:01:43	00:34:42.65	00:36:26.15	+00:17:39 (50.9%)	6:56	8.6 (48.9%)
1066	JANKOWSKA Marta	787		K-10	31	00:01:47	00:34:43.05	00:36:30.25	+00:17:40 (50.9%)	6:56	8.6 (48.9%)
1067	SZNAJDROWSKI Mateusz	977		M-20	173	00:01:43	00:34:43.10	00:36:26.70	+00:17:40 (50.9%)	6:56	8.6 (48.9%)
1068	JANKOWSKI Rafał	783		M-40	144	00:01:46	00:34:43.75	00:36:30.45	+00:17:40 (50.9%)	6:56	8.6 (48.9%)
1069	GRZESZAK Sławomir	208		M-20	174	00:01:44	00:34:45.50	00:36:29.75	+00:17:42 (50.9%)	6:57	8.6 (48.9%)
1070	SIEWIERSKI Łukasz	1183		M-30	247	00:01:45	00:34:54.05	00:36:39.70	+00:17:51 (51.1%)	6:58	8.6 (48.9%)
1071	MUSS Urszula	1192	SKLEP BIEGACZA BYDGOSZCZ	K-40	60	00:00:46	00:34:57.00	00:35:43.55	+00:17:53 (51.2%)	6:59	8.6 (48.9%)
1072	MUSS Aleksander	861	SKLEP BIEGACZA BYDGOSZCZ	M-40	145	00:00:46	00:34:57.55	00:35:43.75	+00:17:54 (51.2%)	6:59	8.6 (48.9%)
1073	RASSMUS Joanna	611		K-20	116	00:01:28	00:35:01.15	00:36:29.25	+00:17:58 (51.3%)	7:00	8.6 (48.9%)
1074	LIWOCH Lidia	442		K-40	61	00:01:01	00:35:03.80	00:36:05.50	+00:18:00 (51.4%)	7:00	8.6 (48.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1075	WAWERKA Aleksandra	949		K-20	117	00:00:08	00:35:05.65	00:35:14.45	+00:18:02 (51.4%)	7:01	8.5 (48.3%)
1076	GRALAK Jacek	1261		M-40	146	00:00:14	00:35:21.30	00:35:35.80	+00:18:18 (51.8%)	7:04	8.5 (48.3%)
1077	GROCHOWALSKI Arkadiusz	318	GROSZKI	M-40	147	00:01:30	00:35:27.80	00:36:58.15	+00:18:24 (51.9%)	7:05	8.5 (48.3%)
1078	KRZYŻAŃSKI Pola	79	BYDGOSZCZ TRIATHLON TEAM	K-10	32	00:01:38	00:35:34.10	00:37:12.30	+00:18:31 (52.1%)	7:06	8.4 (47.7%)
1079	MUSIAŁ Elwira	65	BYDGOSZCZ TRIATHLON TEAM	K-30	165	00:01:37	00:35:34.65	00:37:12.15	+00:18:31 (52.1%)	7:07	8.4 (47.7%)
1080	DANELSKA Anna	526	WEEKENDOWY BIEGACZ	K-20	118	00:01:27	00:35:34.70	00:37:02.10	+00:18:31 (52.1%)	7:07	8.4 (47.7%)
1081	RASSALSKA Roma	129		K-30	166	00:00:28	00:35:39.40	00:36:08.05	+00:18:36 (52.2%)	7:08	8.4 (47.7%)
1082	KUBERSKI Daniel	340		M-30	248	00:00:28	00:35:39.50	00:36:08.25	+00:18:36 (52.2%)	7:08	8.4 (47.7%)
1083	DARNOWSKA Aleksandra	708		K-30	167	00:01:43	00:36:02.25	00:37:45.55	+00:18:59 (52.7%)	7:12	8.3 (47.2%)
1084	LIBERA Sabina	135	PARKRUN BYDGOSZCZ	K-40	62	00:01:37	00:36:04.40	00:37:42.10	+00:19:01 (52.7%)	7:13	8.3 (47.2%)
1085	TOMASZEWSKA Marta	1035		K-20	119	00:00:33	00:36:07.15	00:36:40.75	+00:19:04 (52.8%)	7:13	8.3 (47.2%)
1086	KASPRZAK Ewa	1135		K-30	168	00:00:44	00:36:07.35	00:36:51.65	+00:19:04 (52.8%)	7:13	8.3 (47.2%)
1087	KASPRZAK Nikola	1127	EWA I WOJTEK	K-10	33	00:00:44	00:36:07.45	00:36:51.75	+00:19:04 (52.8%)	7:13	8.3 (47.2%)
1088	SCHNEIDER Joanna	1211		K-30	169	00:00:38	00:36:07.85	00:36:45.85	+00:19:04 (52.8%)	7:13	8.3 (47.2%)
1089	TUTLEWSKA Natalia	1219		K-20	120	00:00:37	00:36:07.95	00:36:45.80	+00:19:04 (52.8%)	7:13	8.3 (47.2%)
1090	MAŁAWA Kasia	413	BENEFITKSO	K-20	121	00:01:29	00:36:13.15	00:37:42.40	+00:19:10 (52.9%)	7:14	8.3 (47.2%)
1091	LISOWSKI Mikołaj	823	SP-14	M-10	65	00:01:43	00:36:15.60	00:37:58.80	+00:19:12 (53.0%)	7:15	8.3 (47.2%)
1092	KORPAS Mikołaj	1161	BYDGOSKA SEKCJA KARATE KYOKUSHINKAIKAN	M-10	66	00:00:01	00:36:35.80	00:36:37.40	+00:19:32 (53.4%)	7:19	8.2 (46.6%)
1093	GORZYCKI Dariusz	1158	BYDGOSKA SEKCJA KARATE KYOKUSHINKAIKAN	M-40	148	00:00:02	00:36:36.65	00:36:38.75	+00:19:33 (53.4%)	7:19	8.2 (46.6%)
1094	TUCZYŃSKI Sylwester	1078	BYDGOSKIE OKONIE	M-20	175	00:00:00	00:36:38.90	00:36:38.90	+00:19:35 (53.5%)	7:19	8.2 (46.6%)
1095	STARZYŃSKA Magdalena	331	KANCELARIA ADWOKACKA SAPERE AUDE PIOTR STARZYŃSKI	K-30	170	00:01:06	00:36:44.45	00:37:50.55	+00:19:41 (53.6%)	7:20	8.2 (46.6%)
1096	STARZYŃSKI Piotr	252	KANCELARIA ADWOKACKA SAPERE AUDE PIOTR STARZYŃSKI	M-30	249	00:01:06	00:36:44.65	00:37:50.95	+00:19:41 (53.6%)	7:20	8.2 (46.6%)
1097	SZMELTER Jagoda	1110		K-20	122	00:01:40	00:37:08.65	00:38:49.20	+00:20:05 (54.1%)	7:25	8.1 (46.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1098	ŻAL Robert	90	SPÓJNIA BIAŁE BŁOTA	M-30	250	00:01:39	00:37:09.30	00:38:48.65	+00:20:06 (54.1%)	7:25	8.1 (46.0%)
1099	ŻAL Patrycja	711		K-10	34	00:01:38	00:37:09.80	00:38:48.60	+00:20:06 (54.1%)	7:26	8.1 (46.0%)
1100	ŻAL Marcin	705		M-10	67	00:01:38	00:37:10.05	00:38:48.60	+00:20:07 (54.1%)	7:26	8.1 (46.0%)
1101	ŻAL Jolanta	82	SPÓJNIA BIAŁE BŁOTA	K-30	171	00:01:38	00:37:10.35	00:38:48.75	+00:20:07 (54.1%)	7:26	8.1 (46.0%)
1102	WOJCIESZAK Przemysław	1235		M-20	176	00:00:53	00:37:13.10	00:38:06.55	+00:20:10 (54.2%)	7:26	8.1 (46.0%)
1103	JASTRZEMBSKI Krzysztof	633	KOCHAM TATĘ!!!	M-10	68	00:01:49	00:37:17.30	00:39:07.05	+00:20:14 (54.3%)	7:27	8 (45.5%)
1104	GRENDA-JASTRZEMBSKA Anna	637		K-30	172	00:01:49	00:37:18.75	00:39:08.60	+00:20:15 (54.3%)	7:27	8 (45.5%)
1105	JASTRZEMBSKI Edmund	272	SILESIA MARATHON TEAM	M-40	149	00:01:49	00:37:19.65	00:39:08.95	+00:20:16 (54.3%)	7:27	8 (45.5%)
1106	SAWICKA Alicja	1350		K-40	63	00:01:40	00:37:45.30	00:39:26.00	+00:20:42 (54.8%)	7:33	7.9 (44.9%)
1107	FRANKOWSKA Teresa	1391		K-50	13	00:01:39	00:37:58.35	00:39:37.50	+00:20:55 (55.1%)	7:35	7.9 (44.9%)
1108	RUDNICKA Karolina	147	TASAK TEAM	K-30	173	00:00:56	00:37:59.50	00:38:55.50	+00:20:56 (55.1%)	7:35	7.9 (44.9%)
1109	DROŻ Katarzyna	49		K-10	35	00:01:38	00:38:01.40	00:39:40.30	+00:20:58 (55.2%)	7:36	7.9 (44.9%)
1110	GROCHOWALSKA Marzena	181	GROSZKI	K-30	174	00:01:30	00:38:04.95	00:39:35.10	+00:21:01 (55.2%)	7:37	7.9 (44.9%)
1111	FOLERZYŃSKA Sandra	744		K-20	123	00:00:54	00:38:05.05	00:38:59.30	+00:21:02 (55.2%)	7:37	7.9 (44.9%)
1112	GROCHOWALSKA Maja	183	GROSZKI	K-10	36	00:01:29	00:38:05.45	00:39:35.15	+00:21:02 (55.2%)	7:37	7.9 (44.9%)
1113	ZNANIECKI Michał	586	BBL INOWROCŁAW	M-40	150	00:01:34	00:38:08.55	00:39:42.70	+00:21:05 (55.3%)	7:37	7.9 (44.9%)
1114	ZNANIECKI Dominika	552	BYDGOSZCZ NA START	K-30	175	00:01:33	00:38:08.90	00:39:42.85	+00:21:05 (55.3%)	7:37	7.9 (44.9%)
1115	ZNANIECKA Karolina	587	BBL INOWROCŁAW	K-20	124	00:01:33	00:38:09.55	00:39:42.85	+00:21:06 (55.3%)	7:37	7.9 (44.9%)
1116	ZNANIECKI Wojciech	547	BYDGOSZCZ NA START	M-30	251	00:01:33	00:38:09.65	00:39:43.15	+00:21:06 (55.3%)	7:38	7.9 (44.9%)
1117	POLAKIEWICZ Elzbieta	765	KLUB ZDROWIA BYDGOSZCZ	K-60+	3	00:00:07	00:38:28.80	00:38:36.50	+00:21:25 (55.7%)	7:41	7.8 (44.3%)
1118	RUTKOWSKI Adam	667		M-40	151	00:01:30	00:38:33.00	00:40:03.65	+00:21:29 (55.8%)	7:42	7.8 (44.3%)
1119	RUTKOWSKA Ania	1323		K-40	64	00:01:30	00:38:33.70	00:40:03.90	+00:21:30 (55.8%)	7:42	7.8 (44.3%)
1120	PILECKI Gustaw	1303	BRZOZA BIEGA	M-60+	10	00:00:27	00:38:33.75	00:39:01.50	+00:21:30 (55.8%)	7:42	7.8 (44.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1121	PLIT Klaudia	555	III LO BYDGOSZCZ	K-10	37	00:01:43	00:38:44.30	00:40:27.50	+00:21:41 (56.0%)	7:44	7.7 (43.8%)
1122	KOWALSKA Klaudia	388	III LO W BYDGOSZCZY	K-10	38	00:01:42	00:38:44.55	00:40:27.30	+00:21:41 (56.0%)	7:45	7.7 (43.8%)
1123	ZGIEP Julia	1356		K-10	39	00:01:10	00:38:58.60	00:40:08.90	+00:21:55 (56.3%)	7:47	7.7 (43.8%)
1124	ZGIEP Agnieszka	1357		K-30	176	00:01:10	00:39:01.85	00:40:11.90	+00:21:58 (56.3%)	7:48	7.7 (43.8%)
1125	PIJAROWSKA Angelika	123		K-20	125	00:00:02	00:39:40.95	00:39:43.45	+00:22:37 (57.0%)	7:56	7.6 (43.2%)
1126	NADOLNA Aurelia	169	WEEKENDOWY BIEGACZ	K-30	177	00:01:42	00:40:34.65	00:42:16.95	+00:23:31 (58.0%)	8:06	7.4 (42.0%)
1127	REGENT Daniel	1176		M-40	152	00:00:54	00:40:43.20	00:41:37.30	+00:23:40 (58.1%)	8:08	7.4 (42.0%)
1128	REGENT Alicja	1177		K-10	40	00:00:53	00:40:43.55	00:41:37.50	+00:23:40 (58.1%)	8:08	7.4 (42.0%)
1129	DŁUGOŁĘCKI Dariusz	869	RUN BDG	M-40	153	00:01:50	00:41:09.10	00:43:00.05	+00:24:06 (58.6%)	8:14	7.3 (41.5%)
1130	KUBIK Monika	128		K-30	178	00:01:50	00:41:09.15	00:42:59.40	+00:24:06 (58.6%)	8:13	7.3 (41.5%)
1131	WIECZOREK Marcin	101		M-30	252	00:01:48	00:41:21.90	00:43:09.90	+00:24:18 (58.8%)	8:16	7.3 (41.5%)
1132	BORUCH Łukasz	991		M-30	253	00:00:08					(0.0%)
1133	JASTRZEMBSKI Stanisław	628	BUSHIDO KARATE BYDGOSZCZ	M-10	69	00:01:49					(0.0%)

Znaleziono 1133 wynik(ów)